

SERTIFIKAT / CERTIFICATE

Dengan ini menyatakan bahwa :

This is to certify that

ARIES WANDY ASBAR

Telah berhasil menyelesaikan
has successfully completed

**BASIC OFFSHORE SAFETY
INDUCTION AND EMERGENCY TRAINING**

Balikpapan, May 27, 2019

Sertifikat ini berlaku untuk 3 (tiga) tahun

This certificate is valid for 3 (three) years



TRAINING MANAGER

NOVYAN SAPUTRA

| NO. | KONTEN PELATIHAN : TRAINING CONTENT : | |
|----------------------------|---|--|
| BASIC FIRST AID | | |
| 1 | - Pengenalan Pertolongan Pertama Gawat Darurat (PPGD). - <i>Introduction Emergency First Aid (EFA) / (BLS).</i> | 2 - Rantai Kelangsungan Hidup, BHD, DRABC, RJP/ CPR dan pengenalan alat defibrilasi eksternal otomatis (DEO). - <i>Chain of Survival, BLS, DRABC, RJP/CPR and introduction to automated external defibrillator (AED).</i> |
| 3 | - Survei kedua, posisi pemulihan dan Triase sistem - <i>Secondary survey, recovery position, and triage system</i> | 4 - Sistem Pernafasan dan penanganan sumbatan jalan napas - <i>Breathing system and Treatment of Foreign Body Airway Obstruction (choking)</i> |
| 6 | - Sistem sirkulasi darah, Luka dan Perdarahan (penanganan umum dan khusus) - <i>Wound and Bleeding (general and special treatment).</i> | 6 - Luka Bakar (penanganan umum & khusus). - <i>Burns (general & special treatment)</i> |
| 7 | - Praktek Bantuan Hidup Dasar pada korban dewasa, Resusitasi Jantung Paru (RJP), Posisi Pemulihan, Survei kedua - <i>Basic Life Support (BLS) exercises, Cardiopulmonary resuscitation (CPR), Recovery Position, Secondary Survey</i> | 8 - Penanganan Sumbatan Jalan Napas, Tehnik balutan dan penyangga untuk penanganan perdarahan dan luka bakar - <i>Exercises for bleeding and burn management.</i> |
| BASIC FIRE FIGHTING | | |
| 1 | - Teori Api - <i>Theory Of Fire</i> | 2 - Klasifikasi Kelas Api - <i>Fire Classification</i> |
| 3 | - Teknik Pemadaman Kebakaran - <i>Technique Of fire Fighting</i> | 4 - Type Dari Media Pemadam - <i>Type Of Extinguishing Agents</i> |
| 5 | - Alat Pemadam Api Ringan - <i>Portable Fire Extinguisher</i> | 6 - Penyebab Umum, Pencegahan Bahaya Kebakaran dan Tindakan Pemadaman Kebakaran - <i>General Reason, Fire Hazard control and Fire Fighting of Fire</i> |
| 7 | - Latihan Pemadaman Kebakaran dengan APAR DP, Co2, LW dan Fire Blanket - <i>Fire Fighting Exercise Using Fire Extinguisher DP, Co2, LW and Fire Blanket</i> | |
| SEA SURVIVAL | | |
| 1 | - Pengertian bertahan hidup, pengarah keselamatan, pemberitahuan keselamatan di atas kapal - <i>Definition of survival, safety induction, safety notice on boat</i> | 2 - Peralatan/perengkapan bertahan hidup (Life jacket, Life bouy, EPIRB, life raft Pyrotecnic Distress signal (Flare) - <i>Survival equipments/appliance (Life jacket, Life bouy, EPIRB, life raft Pyrotecnic Distress signal (Flare)</i> |
| 3 | - Bertahan hidup di atas air (Bertahan hidup di air dingin, aspek fisiologis hipotermia, Posisi HELP & HUDDLE, pengobatan pertolongan pertama) - <i>Survival on the water (Cold water survival, Pysiological aspect Hypothermia, HELP & HUDDLE positions, first aid treatment)</i> | 4 - Bertahan hidup di air tropis (terbakar matahari, panas knalpot, stroke) - <i>Tropical water survival (Sun burn, heat exhaust, stroke)</i> |
| 5 | - Sesi praktek (teknik berenang, teknik tarikan, meluruskan life raft menunggu life raft) - <i>Practical session (swimming technique, towing technique, HELP & HUDDLE, life raft righting, life raft boarding)</i> | |
| HUET | | |
| 1 | - Operasi Helicopter lepas pantai dan keselamatan umum - <i>Offshore helicopter operations and general safety</i> | 2 - Psikologi dan Fisiologi dari bertahan hidup di laut - <i>Psychology and physiology of sea survival</i> |
| 3 | - Pelindung pribadi dan teknik penyebaran peralatan emergency, penggunaan dan pengoperasian lifejacket - <i>Personal protective and emergency equipment deployment technique, lifejacket use and operation</i> | 4 - Prosedur meninggalkan helicopter- dipermukaan dan terbalik - <i>Helicopter abandonment procedures-surface and inverted</i> |
| 5 | - Teknik bertahan berkelompok dan perorangan - <i>Individual and group survival techniques</i> | 6 - Penggunaan Liferaft dan cs - <i>Liferaft operation and cs</i> |
| 7 | - Personal protective and emergency equipment deployment techniques - <i>Pelindung pribadi dan teknik penyebaran peralatan emergency</i> | |


HEAD OFFICE :

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B.O.S.I.E.T



ARIES WANDY ASBAR

6896/BOSIET/DJI-BPNV/2019

Validity up to : May 27, 2022

Blood : B

