

## Certificate Of Health Assessment

Name	Age	Position	Department
JEFRIZAL NALDI	30 yo	INSPECTOR	-

### COMPANY :

**INSPEKTINDO SINERGI PERSADA, PT**

### CONCLUSION

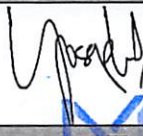

FIT TO WORK

FIT WITH MEDICAL NOTE

✓

TEMPORARY UNFIT

UNFIT

Issued Date	Doctors Name	Prepared By
11 October 2021	<b>Yosephine Simanungkalit, MD</b> PKTK : KEP.043/BINWASK3-PNK3/KK/II/2018	
Expired Date		Verified By
11 October 2022	<b>dr. Muhammad Ilyas, Sp.Ok</b> SIP : 29/B.15b/31.74.04.1004.02.009.K.1/3/-1.779.3/e/2019	 PT. KARTIKA BINA MEDIKATAMA

No. Formulir : FM-DR-008-05  
 No. Revisi : 00  
 Tanggal Terbit : 2 Mei 2011

Certificate Number : MP-BOP/I-20211011/131885  
 MCU Validity Check  
<https://mcu-validasi.medikaplaaza.com>

**PT. KARTIKA BINA MEDIKATAMA**

## TO WHOM IT MAY CONCERN

### *Kepada yang berkepentingan*

This is certify that today Monday, 11 October 2021 Medika Plaza Clinic has performed urine drug screening and/or breath alcohol test to :

*Dengan ini menyatakan bahwa, pada hari ini Senin, 11 Oktober 2021 Medika Plaza Clinic telah melakukan urine drug screening dan/atau breath alcohol test kepada :*

### **JEFRIZAL NALDI**

With the results are as follows :  
*Dengan hasil sebagai berikut :*

<u>Drugs Test</u> <i>Uji Obat</i>	<u>Result</u> <i>Hasil</i>		
<b>URINE DRUGS SCREENING</b>			
- Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Met-Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Cocain	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- THC/Canabis/Marijuana	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Morphine/Opiates	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- P C P/Phencyclidine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Barbiturate	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Benzodiazepin	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Methadone	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Propoxyphene	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Oxycodone	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- MDMA	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- 6-MAM	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
<b>BREATH ALCOHOL TEST</b>			
- Alcohol	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A

Jakarta, October 11, 2021



**PT. KARTIKA BINA MEDIKATAMA**  
( dr. Petty Atmadja, Sp.PK )

Clinical Patologist

**PT. KARTIKA BINA MEDIKATAMA**

HEAD OFFICE : BELTWAY OFFICE PARK, TOWER C, 2<sup>nd</sup> Floor, Jl. TB. Simatupang Kav 41. Jakarta Selatan 12550, Phone : +62 21 808 66 088, Fax : +62 21 808 66 089

BELTWAY CLINIC : BELTWAY OFFICE PARK, ANNEX BUILDING, Ground Floor, Jl. TB. Simatupang Kav 41. Jakarta Selatan 12550, Phone : +62 21 808 66 099, Fax : +62 21 808 66 098

WTC 2 CLINIC : World Trade Center 2, Lower Ground Floor, Jl. Jend. Sudirman Kav 29. Jakarta Selatan 12920, Phone : +62 21 295 22 611, Fax : +62 21 295 22 610

www.medikaplaza.com

# **HEALTH ASSESSMENT REPORT**

*Of*

**JEFRIZAL NALDI**

**01.00080404**

**Monday, 11 October 2021**

## **MP BELTWAY CLINIC**

Beltway Office Park, Annex Building, Ground Floor

Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550

Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098

[www.medikaplaza.com](http://www.medikaplaza.com)

## MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor  
Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550  
Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098  
www.medikapla.com

### PATIENT DATA

MedRec.	: 01.00080404	EMPLOY. STATUS	: Employee
NAME	: JEFRIZAL NALDI	BIRTHDATE	: 22 July 1991
EMPLOYEE No.	: -	SEX	: Male
JOB TITLE	: INSPECTOR	STATUS	: Single
COMP. NAME	: INSPEKTINDO SINERGI PERSADA, PT	NASIONALITY	: INDONESIA

### SUMMARY

#### MEDICAL FINDING :

1. Increase ESR count
2. Non reactive anti HBs
3. Calculus, stain, necrosis pulpa, decayed and missing teeth
4. Decreasing of visual acuity of both eyes

Your fitness status is fit with medical note:  
Increase ESR count

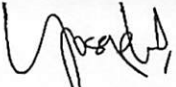
#### PERCEPTIONS OF EXPOSURE BY WORKERS :

- Heat Stress (2019)
- Vibration (2019)
- Working around rotating machinery (2015)
- Involving height (Since 2019, around 2 meters, using PPE)
- Others (Offshore/onshore)
- Manual Handling (2019)

#### SUGGESTION :

1. Consultation with an Internist for further evaluation of Increase ESR count
2. Need to get Hepatitis B vaccination (booster)
3. Consultation with a Dentist for dental care, minimal once a year or better once in six month
4. You need to wear glasses for distant vision

#### Responsible Doctor



Yosephine Sumanungkalit, MD

#### Notes:

If you need the further information or consultation, please contact us via :

Email : - beltway.doctor@medikapla.com  
- Rezkha.Amalia@medikapla.com  
- Puteri.Melati@medikapla.com

Telepon Klinik : (62-21) 8086 6099

**CLINICAL EVALUATION**

Name : JEFRIZAL NALDI      Sex : Male      MR : 01.00080404      Visit : 11/10/2021

Comp.: INSPEKTINDO SINERGI PERSADA, PT      DOB : 22 July 1991

EXAMINATION	RESULT	NOTES
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**ANAMNESA****PRESENT COMPLAINT AND HISTORY OF PRESENT****ILLNESS**

Present complaint

No complaint

**MEDICAL HISTORY**

Alergy	No
Imunisasi	Yes
Surgery	No
Hospitalization	No
Disease	No

**LIFE STYLE**

Alcohol intake	No
Smoking	No
Exercise	No

**FAMILY MEDICAL HISTORY**

Diabetes Melitus	No
Hypertension	No
Heart disease	No
Lung TB	No
Kidney disease	No
Astma	No
Mental disease	No
Epilepsy	No
Cancer	No
Color blind	No
Stroke	No
Liver disease	No
Bone & joint	No
Others disease	No

**WORK EXPOSURE**

Noise	No	
Heat Stress	Yes	2019
Cold Stress	No	
Vibration	Yes	2019
Involving height	Yes	Since 2019, around 2 meters, using PPE
Radiation	No	
Dust	No	

## CLINICAL EVALUATION

Name : JEFRIZAL NALDI	Sex : Male	MR : 01.00080404	Visit : 11/10/2021
Comp.: INSPEKTINDO SINERGI PERSADA, PT		DOB : 22 July 1991	

EXAMINATION	RESULT	NOTES
Toxic chemical	No	
Irritating fluid	No	
Smoke	No	
Bacterium/Virus/Parasite	No	
Blood	No	
Animal	No	
Operating heavy mobile equipment	No	
Manual Handling	Yes	2019
Sitting continuously over 4 hours	No	
Stand continuously over 4 hours	No	
Using monitor screen more than 4 hours per day	No	
Exposure	No	
Unergonomic body positions	No	
Shift work	No	
Work is not accordance with skills and knowledge	No	
Workload does not accordance with time	No	
Work conflict	No	
Inappropriate task	No	
Career barriers	No	
Family conflict	No	
Working arround rotating machinery	Yes	2015
Administration work	No	
Handling food product	No	
Others	Yes	Offshore/onshore
<b>PHYSICAL EXAMINATION</b>		
General Appearance	Good	
Body shape	Athleticus	
<b>VITAL SIGN</b>		
Body Weight	51.7 Kg	
Body Height	167 Cm	
BMI	18.53 Kg/m2	
Normal Weight	51.59 - 69.72 Kg	
BMI Conclusion	Normal	
Blood Pressure	100/80 mmHg	
Pulse	78 x/minute	
Body Temperature	36.6 °C	
RR	20	

## CLINICAL EVALUATION

Name : JEFRIZAL NALDI	Sex : Male	MR : 01.00080404	Visit : 11/10/2021
Comp.: INSPEKTINDO SINERGI PERSADA, PT		DOB : 22 July 1991	

EXAMINATION	RESULT	NOTES
Neck Circumference	35 Cm	
Arm Circumference	25 Cm	
Chest size	80 Cm	
Abdominal Circumference	66 Cm	
<b>SKIN</b>		
Skin	Normal	
<b>EYE</b>		
Left	Normal	
Right	Normal	
<b>ENT</b>		
Auricle	Normal	
Ear canal	Normal	
Drums	Normal	
Septum/Conchae	Not Examined	
Sinuses	Not Examined	
Pharynx	Not Examined	
Tonsil	Not Examined	
<b>MOUTH</b>		
Gum	Normal	
Dental	Abnormal	Calculus, stain, necrosis pulpa, decayed and missing teeth
<b>NECK</b>		
General	Normal	
Thyroid Gland	Normal	
<b>CHEST</b>		
Form	Normal	
Lung	Normal	
Heart	Normal	
Breast	Normal	
<b>ABDOMEN</b>		
Form	Flat	
Palpation	Supple	
Liver	Not Palpable	
Spleen	Not Palpable	
Kidney	No Ballotment	
-	No	
Hernia inguinal	No	

## CLINICAL EVALUATION

Name : JEFRIZAL NALDI      Sex : Male      MR : 01.00080404      Visit : 11/10/2021

Comp.: INSPEKTINDO SINERGI PERSADA, PT      DOB : 22 July 1991

EXAMINATION	RESULT	NOTES
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### EXTRIMITIES

Bones, joint	Normal
Muscles, tonus	Normal
Fingernails	Normal
Hand	Normal
Foot	Normal

### RECTAL EXAMINATION

Hemorrhoid	Negative
Rectum	Not Examined

### SENSORIK EXAMINATION

Tes Raba	Normal
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### MOTORIK EXAMINATION

Tes Grip	Normal
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### REFLEX EXAMINATION

Physiologic reflex	Normal
Patologic reflex	Normal

### OTHERS EXAMINATION

Coordination	Normal
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### LYMPHE SYSTEM

Submandibula	Normal
Neck Gland	Normal
Armpit gland	Normal
Inguinal	Normal

### MUSKULOSKLETAL EXAMINATION

Lhermitte Test	Negative
Spurling Test	Negative
Neers Test	Negative
Yergason Test	Negative
Phalen Test	Negative
Tinel Test	Negative
Finkelstein Test	Negative
Straight Leg Raise Test	Negative



## OPHTHALMOLOGY DIAGNOSTIC

Name : JEFRIZAL NALDI	Sex : Male	MR : 01.00080404	Visit : 11/10/2021
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Comp.: INSPEKTINDO SINERGI PERSADA, PT	DOB : 22 July 1991
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EXAMINATION	Right	Left
Reading	-	
Previous Glasses	-	
Without Glasses	Distant	20/25
	Near	J1
Correction	Distant	S-0.25 20/20
	Near	-
Depth Perception	-	
Tonometry	13.0 mmHg	15.0 mmHg
Funduscopy	NORMAL	NORMAL
Visual Fields	Normal	
Colour Blind Test	Normal	

Impression : Myopia simplex ODS

## RADIOLOGY DIAGNOSTIC

Name : JEFRIZAL NALDI

Sex : Male

MR : 01.00080404

Visit : 11/10/2021

Comp.: INSPEKTINDO SINERGI PERSADA, PT

DOB : 22 July 1991

### EXAMINATION

### RESULT

THORAX PA

No abnormality seen in both lungs.  
Normal bronchovascular markings in both hili.  
The heart is normal in size and shape.  
The mediastinum is not widened.  
Both sinus and diaphragms are good.  
No evidence of pleural effusion.

Impression

Normal heart and lungs

## RADIOLOGY DIAGNOSTIC

Name : JEFRIZAL NALDI

Sex : Male

MR : 01.00080404

Visit : 11/10/2021

Comp. : INSPEKTINDO SINERGI PERSADA, PT

DOB : 22 July 1991

### EXAMINATION

### RESULT

USG ABDOMEN

LIVER:

Normal in size and contour, smooth surface, echoes structure parenchyme which are homogenous. No sign of SOL.

Intrahepatic vascularity and billiary tract are normal.

GALL BLADDER:

Normal in size, contour and surface. No sign of SOL/ sludge/ stone.

BOTH KIDNEYS:

Normal in size, contour and surface. No sign of obstruction/ stone/ SOL.

PANCREAS:

Normal in size, contour and surface. No sign of SOL.

LIEN:

Normal in size and contour, the echoes are homogenous. No sign of SOL.

URINARY BLADDER:

Normal in size, contour and surface. No sign of stone/ SOL.

PROSTATE AND VESICULA SEMINALIS:

Normal in size and contour which are homogenous echoes and no sign of focal lesion/ SOL.

Impression

Normal Sonography.

## LABORATORY RESULT

Name : JEFRIZAL NALDI	MR : 01.00080404	Visit : 11/10/2021	#Lab : IN755929919885
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Comp.: INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 22 July 1991
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EXAMINATION	RESULT	NORMAL RANGE
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### HEMATOLOGI

ABO/Rh Typing "O" Rh(+) positive

#### Automated Blood Count

White Blood Cell (WBC)	7.9	3.8 - 11.0
Erythrocyte (RBC)	5.0	4.4 - 5.9
Haemoglobin	14.6	13.2 - 17.3
Hematocrit	44	40 - 52
Thrombocytes	343	150 - 440

#### MCV, MCH, MCHC

MCV	88	80 - 100
MCH	29	26 - 34
MCHC	33.3	32 - 36
ESR	65 *	0 - 10

#### Differential Count

Basophils	1	0 - 1
Eosinophil	1 *	2 - 4
Bands / Stab	4	3 - 5
Neutrophils	60	50 - 70
Lymphocytes	27	25 - 40
Monocytes	7	2 - 8

### BLD CHEMISTRY/LIPID PROFILE

Total Cholesterol	138	Normal/Desireable: <200 Borderline High: 200-239 High: >=240
HDL Cholesterol	67.3 *	Normal : >40 - <60 Low HDL : <40 Desireable : >=60
LDL Cholesterol	61	Optimal: <100 Near/Above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: >=190
Triglycerides	48	Normal : <150 Borderline High: 150-199 High : 200-499 Very High : >=500

### BLD CHEMISTRY/KIDNEY FUNCTION

**LABORATORY RESULT**

Name : JEFRIZAL NALDI	MR : 01.00080404	Visit : 11/10/2021	#Lab : IN755929919885
Comp. : INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 22 July 1991	

EXAMINATION	RESULT	NORMAL RANGE
Ureum	23.2	10.0 - 50.0
Creatinine	0.78	0.60 - 1.30
Uric Acid	4.66	3.50 - 7.20

**BLD CHEMISTRY/LIVER FUNCTION**

Total Bilirubin	0.70	0.1 - 1.0
Direct Bilirubin	0.03	0.0 - 0.2
Indirect Bilirubin	0.67	0.0 - 0.8
SGOT(AST)	21	13 - 45
SGPT (ALT)	28	13 - 50
Alkaline Phosphatase	102	30 - 120
Gamma GT	33	0 - 50
Albumin	4.7	3.5 - 5.5
Globulin	2.60	2.3 - 3.5
Total Protein	7.3	6.6 - 8.7

**BLD CHEMISTRY/DIABETES**

Glucose Fasting	91	< 100
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**Blood Glucose 2 PP**

Blood Sugar 2 Hours PP	77	< 140
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**SEROLOGI / IMUNOLOGI**

HBsAg (Quantitative)	0.00	0.00 - 0.03
Anti Hbs (Quantitative)	0.2 *	>= 5.0

**TOXICOLOGY - DRUGS SCREENING**

Methadone	Negative	Negative
Phencyclidine	Negative	Negative
THC/Marijuana	Negative	Negative
Amphetamine	Negative	Negative
Benzodiazepines	Negative	Negative
Opiat	Negative	Negative
Cocain	Negative	Negative
Metamphetamine	Negative	Negative
Alcohol	Negative	Negative

**URINALYSIS****Complete Urine Analysis**

## LABORATORY RESULT

Name : JEFRIZAL NALDI      MR : 01.00080404      Visit : 11/10/2021      #Lab : IN755929919885

Comp.: INSPEKTINDO SINERGI PERSADA, PT      Sex : Male      DOB : 22 July 1991

EXAMINATION	RESULT	NORMAL RANGE
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### Macroscopic

Color	Light Yellow	
Turbidity	Clear	Clear
Specific Gravity	1.020	1.000 - 1.030
pH	6.5	4.5 - 8.0
Leucocyte	Negative	Negative
Glucose	Negative	Negative
Nitrit	Negative	Negative
Bilirubin	Negative	Negative
Blood	Negative	Negative
Urobilinogen	Normal	Normal
Protein	Negative	Negative
Keton	Negative	Negative

### Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 4
Cylinder	Negative	
Epithels Squamous	0-1	5 - 15
Crystals	Negative	
Bacteria	Negative	Negative
Others	Negative	

## STOOL / RECTAL SWAP

### Faeces Complete

#### Macroscopic

Color	Brown	
Consistency	Smooth	
Mucus	Negative	Negative
Blood	Negative	Negative
Pus	Negative	Negative
Parasit	Negative	Negative
Lipid	Negative	Negative

#### Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 5
Amoeba	Negative	
Ephitels	Positive	Positive
Worm Eggs	Negative	Negative

## LABORATORY RESULT

Name : JEFRIZAL NALDI	MR : 01.00080404	Visit : 11/10/2021	#Lab : IN755929919885
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Comp. : INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 22 July 1991
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EXAMINATION	RESULT	NORMAL RANGE
Yeast	Negative	Negative
Muscle Fiber	Negative	Negative
Others	Negative	Negative
<b>Digestive</b>		
Amylum	Negative	Negative
Fat	Negative	
Fibers	Positive	Positive

# AUDIOMETRY DIAGNOSTIC

Name : JEFRIZAL NALDI

Sex : Male

MR : 01.00080404

Visit : 11/10/2021

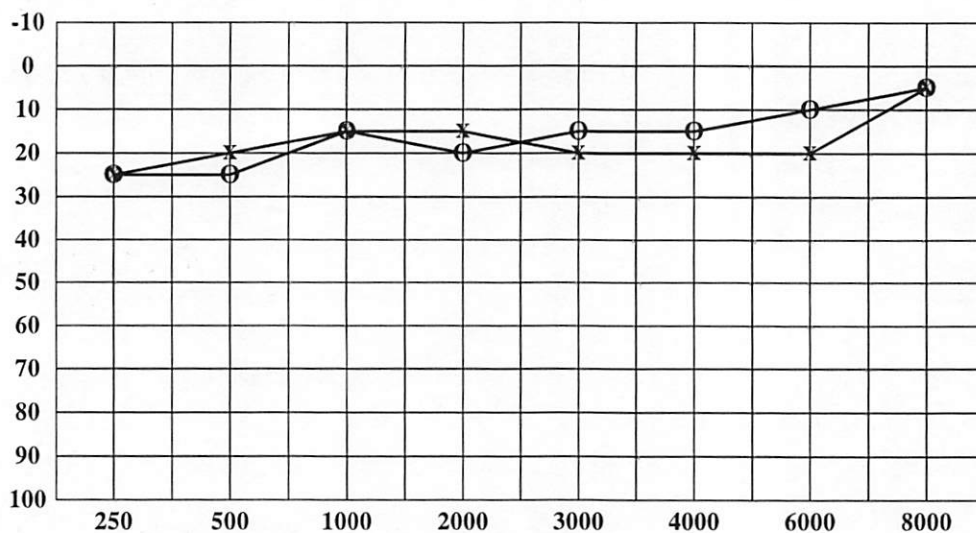
Comp.: INSPEKTINDO SINERGI PERSADA, PT

DOB : 22 July 1991

## RESULT

Left Ear	250	500	1000	2000	3000	4000	6000	8000
AC	25	20	15	15	20	20	20	5
BC	-	-	-	-	-	-	-	-

Right Ear	250	500	1000	2000	3000	4000	6000	8000
AC	25	25	15	20	15	15	10	5
BC	-	-	-	-	-	-	-	-



< : Right Ear (BC)

> : Left Ear (BC)

O : Right Ear (AC)

X : Left Ear (AC)

Conclusion Right Ear : Hearing threshold = 18.75 dB  
(Within normal limit)

Conclusion Left Ear : Hearing threshold = 17.5 dB  
(Within normal limit)



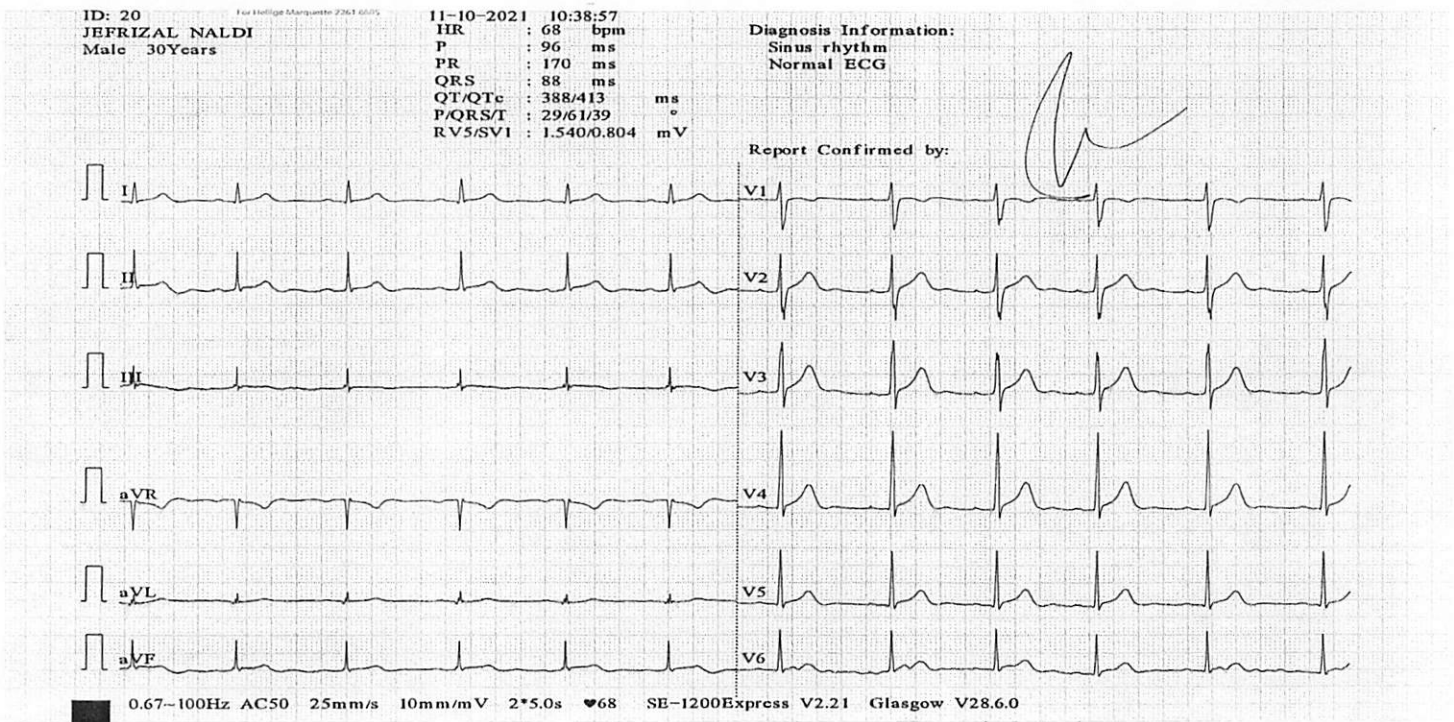
# CARDIOLOGY DIAGNOSTIC

Name : JEFRIZAL NALDI	Sex : Male	MR : 01.00080404	Visit : 11/10/2021
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Comp.: INSPEKTINDO SINERGI PERSADA, PT	DOB : 22 July 1991
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EXAMINATION	RESULT	Comments :
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ELECTROCARDIOGRAPHY	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Normal ECG
TREADMILL	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Treadmill Exercise Test : Negative Cardiopulmonary Fitness Classification : Good METs : 13.4





# JEFRIZAL NALDI, Mr

ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

## Patient info

orn: 7/22/1991  
ge: 30  
ex: Male  
veight: 51 kg  
leight: 167 cm  
moker:  
acemaker:

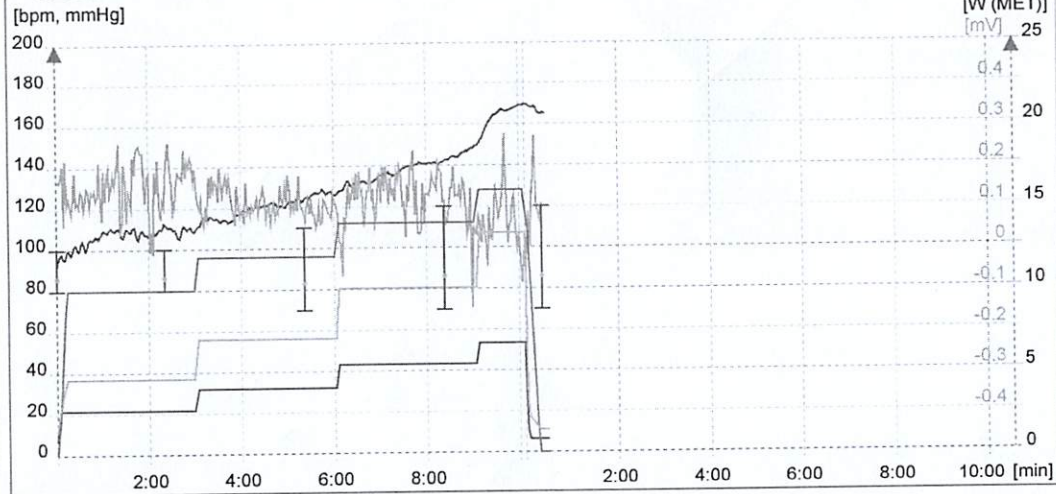
## Medical history

## Medications

## Reason for admission

## Reason for Stop

## Trends



## Conclusion

*[Handwritten signature]*  
 PT. KARTIKA SINAM MEDIKATAMA

## Staff

Physician: user  
Technician:

## Test info

Test date: 10/11/2021  
 Test time: 9:57 AM  
 Stress device: BTL Treadmill  
 Protocol: Bruce  
 Total duration: 10:07  
 Stress achieved: 6.7km/h, 16.0% (~13.4MET) = 99% predicted (~13.5MET) - for 63 sec  
 HR rest: 93  
 HR peak: 169 = 89% predicted (189) --- 10:C Exercise (13.4MET)  
 Handgrip test:  
 BP rest: 100/80  
 BP peak: ---  
 BP recovery: 120/70  
 DP rest: 9300  
 DP peak: 17021 = 1.8x DP at rest  
 ST depression max: aVR -0.38mV 08:37 Exercise 10.1MET  
 ST elevation max: III 0.61mV 09:53 Exercise 13.4ME  
 ST/HR index: 2.6  $\mu$ V/bpm (abnormal)



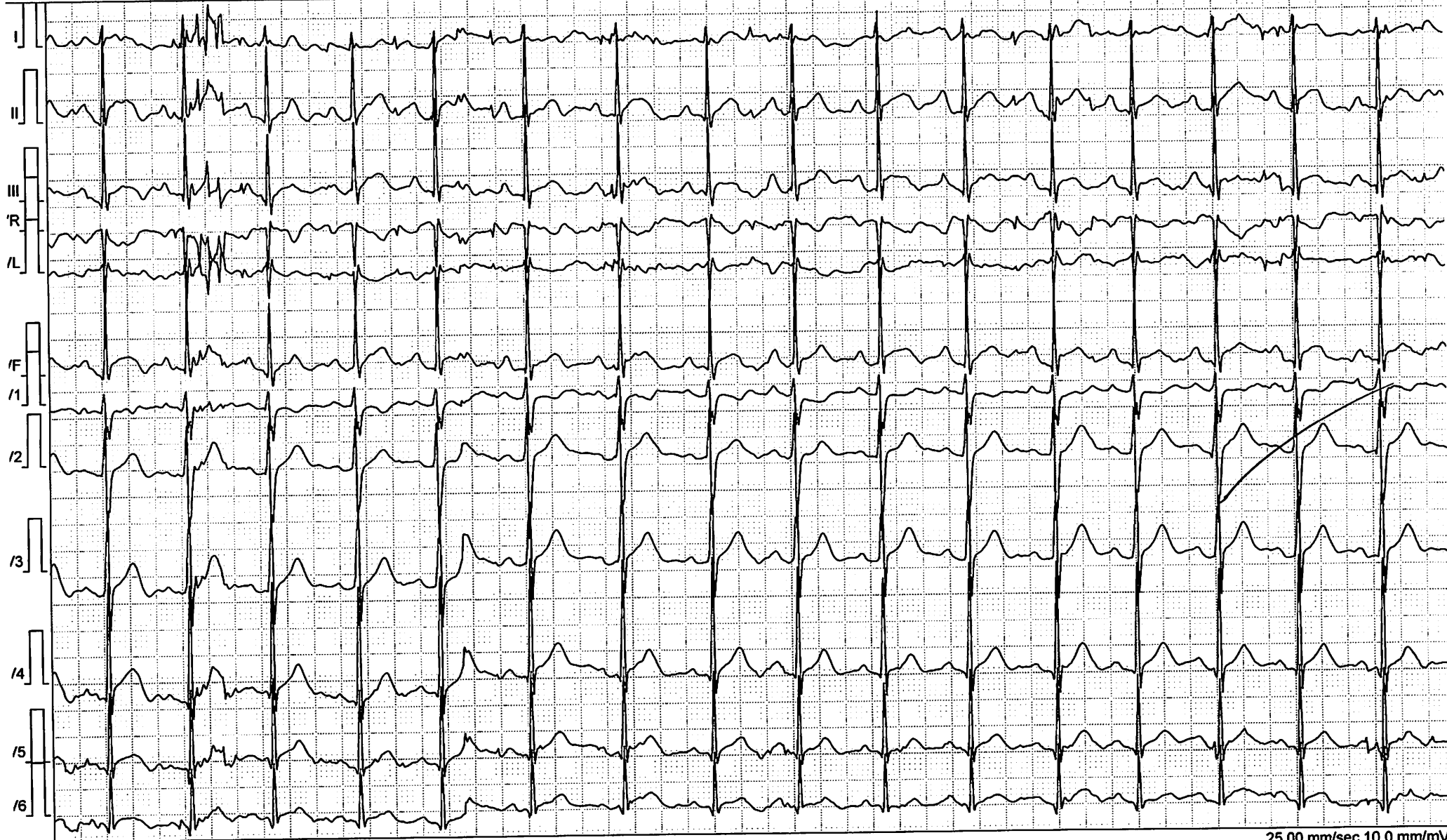
**JEFRIZAL NALDI, Mr**

ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

Time: P 00:05 - Reference

Load: 1.4MET, HR: 93bpm, BP: 100/80



25.00 mm/sec 10.0 mm/mV

Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]



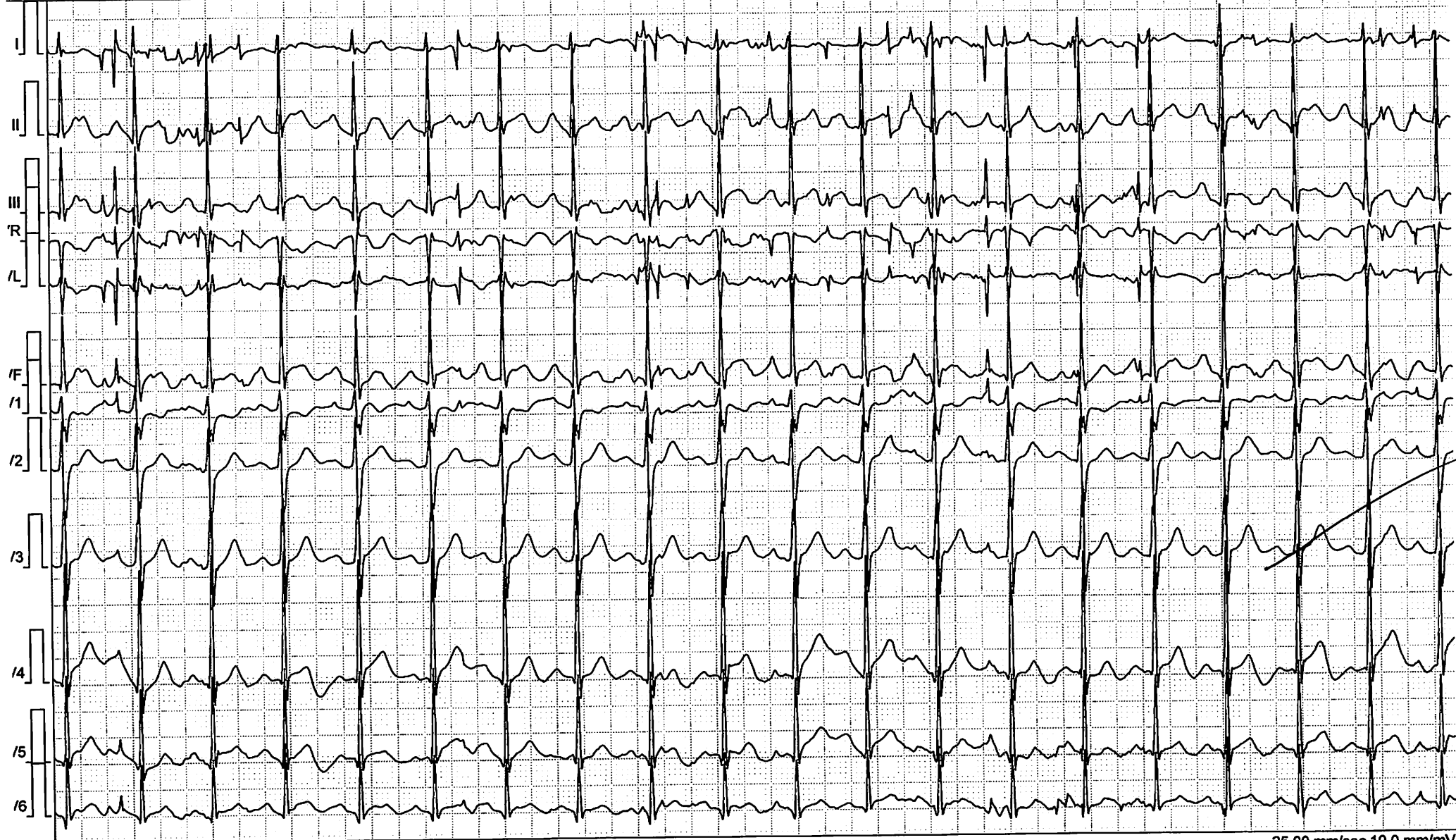
**JEFRIZAL NALDI, Mr**

ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

Time: E 02:56 - E1

Load: 4.6MET, HR: 109bpm, BP: 100/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



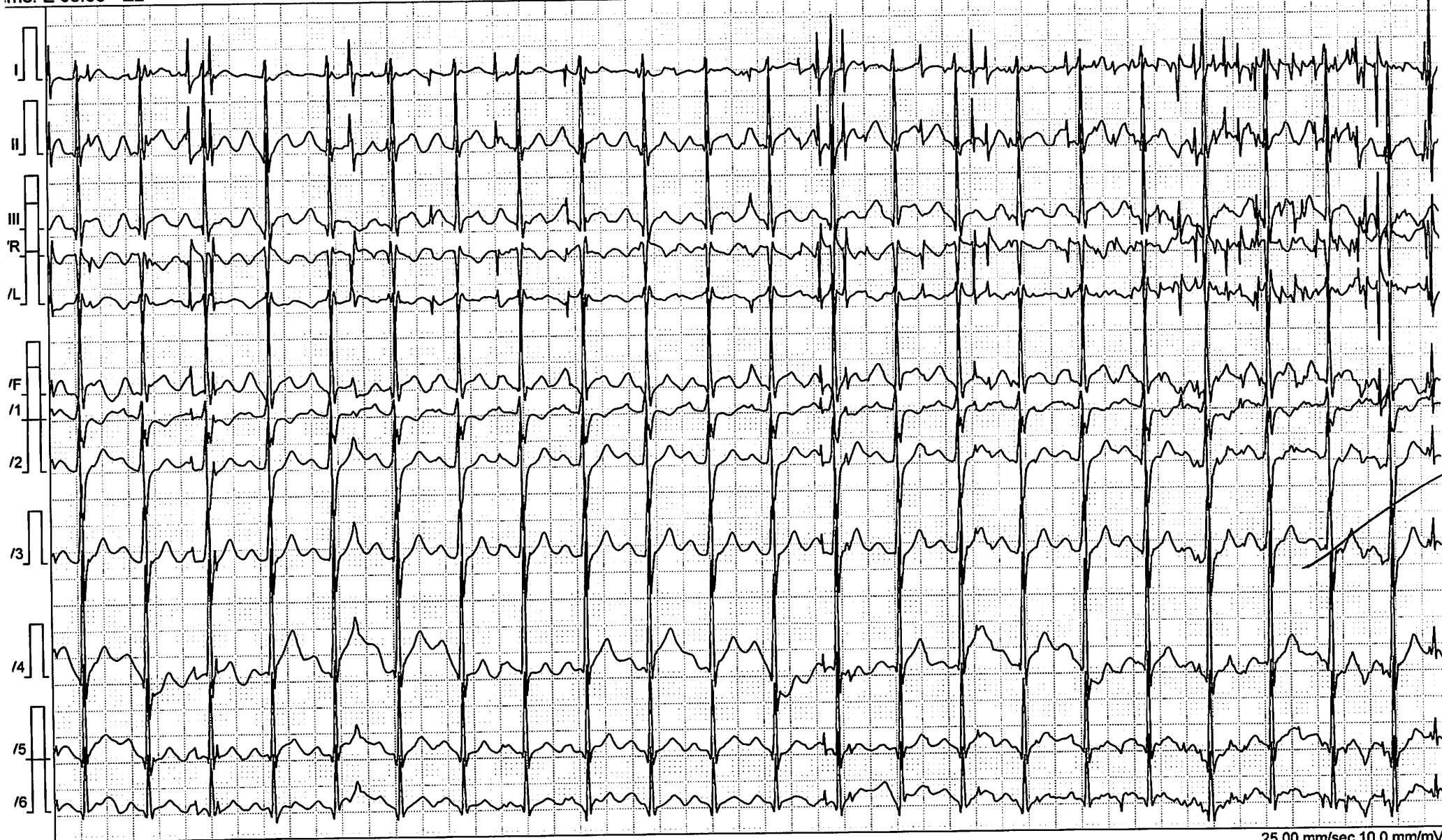
**JEFRIZAL NALDI, Mr**

ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

Time: E 05:58 - E2

Load: 7.0MET, HR: 126bpm, BP: 110/70



25.00 mm/sec 10.0 mm/mV

Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]



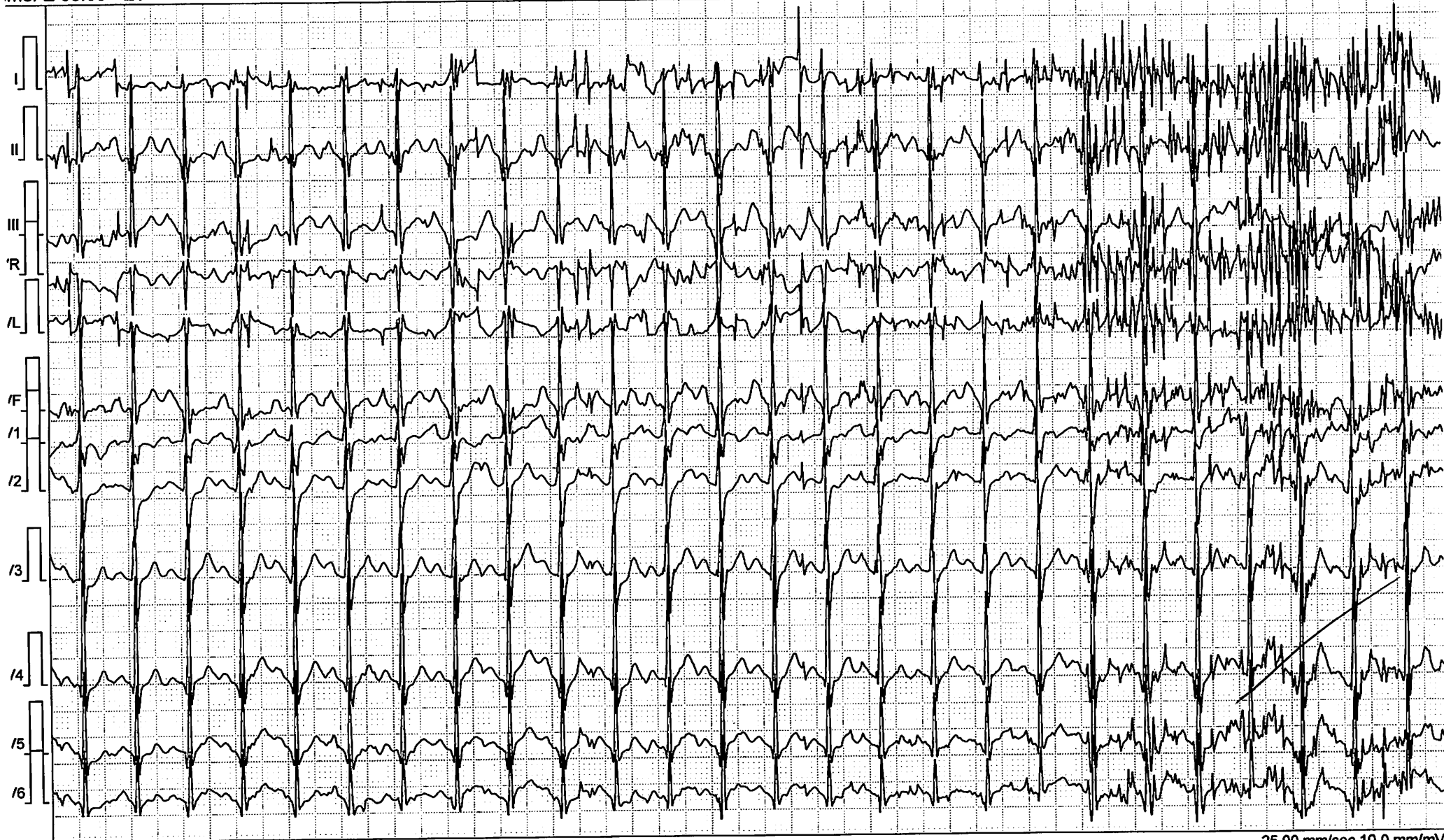
**JEFRIZAL NALDI, Mr**

ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

Time: E 08:59 - E3

Load: 10.1MET, HR: 149bpm, BP: 120/70



25.00 mm/sec 10.0 mm/mV

Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]



**JEFRIZAL NALDI, Mr**

ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

Time: E 10:02 - Peak

Load: 13.4MET, HR: 169bpm, BP: -



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



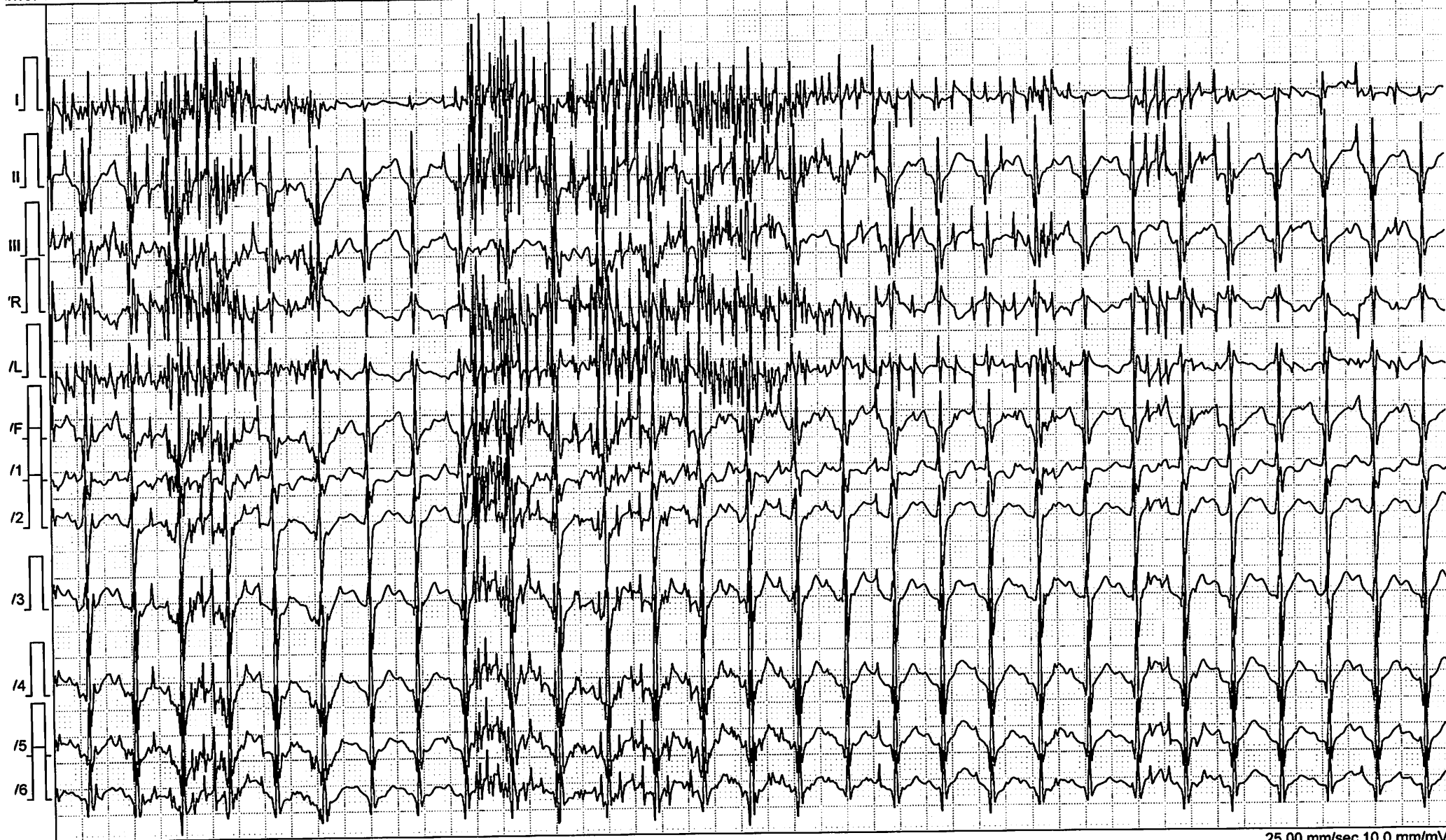
**JEFRIZAL NALDI, Mr**

ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

Time: R 00:10 - Recovery

Load: 1.8MET, HR: 168bpm, BP: 120/70



25.00 mm/sec 10.0 mm/mV

Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

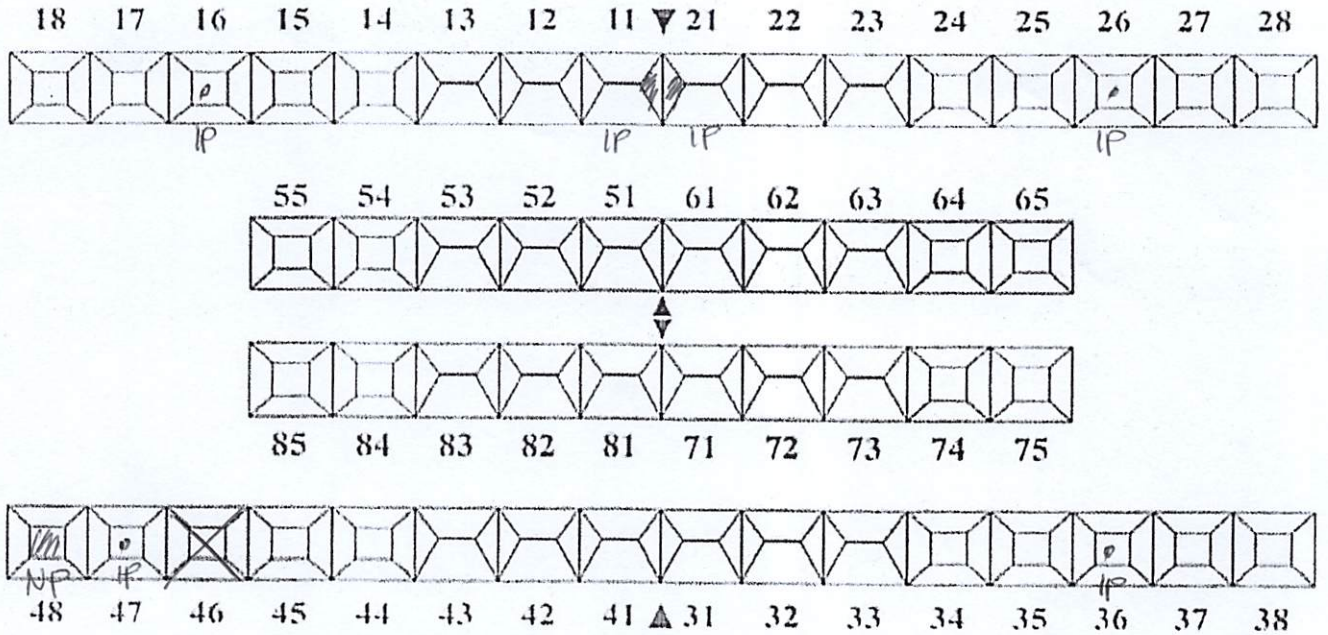


**JEFRIZAL NALDI, Mr**ID: 01.00080404, Born: 7/22/1991 (Male 30), 51 kg, 167 cm  
Test Date: 10/11/2021 9:57:33 AM

MEDIKA PLAZA

Stage	Time	Load			HR bpm	BP mmHg	SpO2 %	ST Level [ mV ], J+: 1/8RR											
		km/h	%	MET				I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Reference	E 00:03	0.8	0.0	1.4	<b>93</b>	100/80	-	0.06	0.23	0.18	-0.15	-0.06	0.21	0.00	0.19	0.27	0.24	0.14	0.09
E 1 stage	E 03:01	2.7	10.0	4.6	<b>110</b>	100/80	-	0.09	0.28	0.19	-0.18	-0.05	0.24	-0.04	0.17	0.28	0.27	0.20	0.13
E 2 stage	E 06:03	4.0	12.0	7.0	<b>127</b>	110/70	-	0.05	0.19	0.15	-0.13	-0.04	0.17	-0.05	0.11	0.21	0.16	0.11	0.09
E 3 stage	E 09:04	5.4	14.0	10.1	<b>148</b>	120/70	-	0.38	0.18	0.11	-0.38	0.13	0.27	-0.02	0.00	0.14	0.19	0.13	0.11
E 4 peak	E 10:07	6.7	16.0	13.4	<b>169</b>	-	-	0.08	0.27	0.16	-0.19	0.01	0.24	-0.11	0.06	0.09	0.04	-0.01	-0.08
Recovery	R 00:20	0.8	16.0	2.5	<b>168</b>	120/70	-	-0.17	0.10	0.11	-0.02	-0.14	0.09	-0.04	0.03	0.07	0.09	0.07	0.03

DENTAL EXAMINATION			
Name: Jefri zal Naldi	Sex: M/F	MR :	Visit : 11/10 21
Comp.: Inspektindo Sinerji	DOB : .....		
ODONTOGRAM			



DIAGNOSA

Calculus +3 dan stain +2

16, 11, 21, 26, 36, 47 = caries

46 = missing

48 = nekrosis

TREATMENT PLANNING

scaling all regio

16, 11, 21, 26, 36, 47 = filling

46 = protesa

48 = exo.

Verified by: drg. Ilona Amalia/drg. Fajar Sulawati/drg. Siti Darjah/drg. Herlina

**PATIENT NAME** : Tn. Jefri 29/ Malde  
**No. RM** : 01.00080404  
**Clinik/MCU/HCU** : ENT

To. Dokter :  
(Counsel)

Kindly please counsel for patient who has take cares of

Diagnose :  
Clinik Summary :

Counsel Request :

Ear : tympanic membrane intact no cerumen  
**COUNSEL ADVISE** nose : Cathu entry, no secrete  
**Finding** : throat : T<sub>1</sub> T<sub>2</sub> no hyperemia  
Ardianely : has throat with nasal limit  
**Diagnosis** :  
Ear nose throat with nasal limit  
**Recomendation** :  
Date : 11 / 10 / 2021  
Time :  
- Uyg ear protection  
Whan way in ray Area EP

Signature

  
IN GRIG CHRISTIANE, Sr. THT-KI  
SIP: 15/B.155/ST.74.04/1.779.3/e/2018  
PT. KARTIKA BINA MEDIKATAMA  
Complete Name

Formulir Number : FM - DR - 008 - 02  
Revisi Number : 00  
Date : 07 Juli 2017