

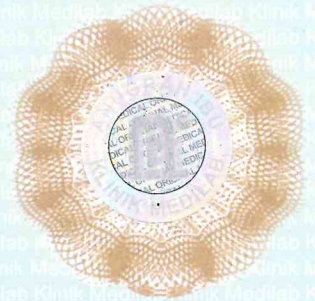


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PUSAT PEMERIKSAAN KESEHATAN TENAGA KERJA

Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433
Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024
E-mail: customercare@medilab-clinic.com, Website: www.medilab-clinic.com




HEALTH SCREENING REPORT

Preemployment Physical Examination

102

CONFIDENTIAL

No. Medical Record : 
00028/001/IX/ISP/19

PERSONAL DATA

Name : JOSUA SAHAT PARULIAN SINAGA
 Birthday/Gender/Emp. ID : 3 July 1992 / Male /
 Father's Name : SIHAR MARLON SINAGA
 Address : PERUM CITRA BATAM BLOK C NO 194, BATAM
 Occupation : -
 Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT
 Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM



MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Allergic Rhinitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Bronchial Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	5. Peptic Ulcer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Echolalia	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Bloody Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

CLINICAL EXAMINATION

Weight : 73 Kg	Height : 164 Cm	3. Cardiovascular System	Yes/Abnormal	No/Normal	
BMI : 27.14		a. Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
		Systolic / Diastolic : 110 / 72 mm Hg			
		Pulse : 76 / min			
1. Vision	Yes/Abnormal	No/Normal			
a. Distant Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	b. Heart Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(Should be at least 6/12 in both eyes with or without glasses)			c. Varicose Veins	<input checked="" type="checkbox"/>	<input type="checkbox"/>
b. Near Vision	<input type="checkbox"/>	<input type="checkbox"/>	4. Respiratory System	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(Should be at least J2 in both eyes with or without glasses)			5. Skin-Chronic Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Colour Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Abdomen	<input type="checkbox"/>	<input checked="" type="checkbox"/>
d. Any Organic Eye Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Locomotor/Neurological	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Hearing	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Endocrine disorders	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(Unable to hear ordinary conversation at 2 m)			9. Mental State	<input type="checkbox"/>	<input checked="" type="checkbox"/>

LABORATORY TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Blood Count	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Urine Feme	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Other Laboratory Test	<input checked="" type="checkbox"/>	<input type="checkbox"/>

OTHER TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Audiometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Spirometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. ECG (if indicated)	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Chest X-Ray	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Remarks: Overweight E66, Bilateral Varicose Grade 1 I83.9, Lab: Total Cholesterol E78.0 244 mg/dl VHR, HDL E78.4 47 mg/dl BHR, Triglyceride E78.1 319 mg/dl HR, Cholesterol Ratio E78 5.2 AR, Nuchter: Pre-Diabetes R73.01 107 mg/dl

CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is **TEMPORARY UNFIT** for duties mentioned above.

ADVICE :

Regular Exercise and Reduce Weight, Legs Exercise, Consultation to Internist, Low Sugar Diet

Date of Exam : 23 September 2019



Authentic Signature



DR. EBIEY YUDI SANTOKO



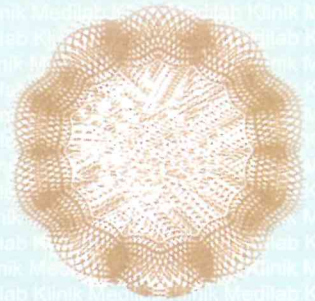
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LABORATORY REPORT

BLOOD COUNT

Test Name	Result	Unit	Reference Range	
HGB	14.1	gr/dl	M: 13.2 - 17.3	F: 11.7 - 15.5
WBC	9.3	10 ³ /mm ³	M: 3.8 - 10.6	F: 3.6 - 11.0
RBC	4.88	10 ⁶ /mm ³	M: 4.4 - 5.9	F: 3.8 - 5.2
ESR	2	mm/hr	M: 0 - 10	F: 0 - 20
HCT	42.0	%	M: 40 - 52	F: 35 - 47
PLT	274	10 ³ /mm ³	150 - 440	
Differential Count				
- LYM	33.7	%	25	- 40
- MON	5.9	%	2	- 8
- GRA	60.4	%	43	- 76

URINE FEME

Macroscopy	Result
- pH	5
- Specific Gravity	1.010
- Glucosaa	Negative
- Protein	Negative
- Ketones	Negative
- Bilirubin	Negative
- Urobilinogen	Normal
- Nitrit	Negative
- Blood	Negative
- Leucocytes	Negative

X-RAY REPORT

Chest PA:
 Show no Abnormalities.
 There is no evidence of pulmonary tuberculosis or other pulmonary,pleural or mediastinal lesions.
 The size,shape and position of the heart are within limits of normal variations.
 Bony structures of the thorax show no abnormalities.

Date of Exam : 23 September 2019



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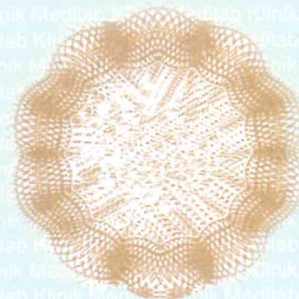


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AUDIOMETRY REPORT

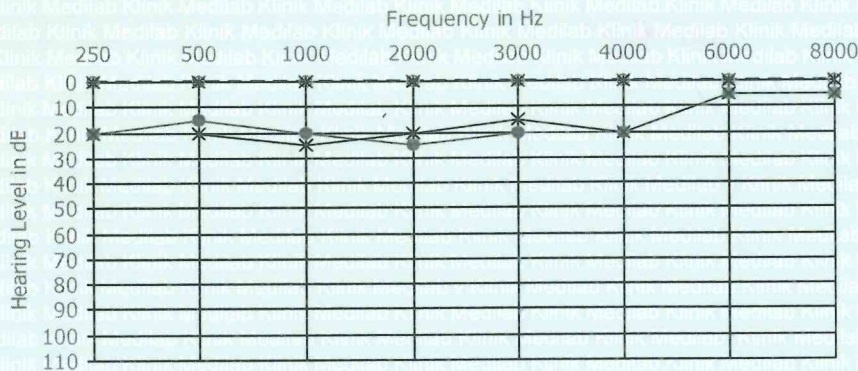
Occupational History

Yes	No
<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Noisy Working Environment	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Present/use of Hearing Protector	
<input type="checkbox"/>	<input type="checkbox"/>
- Period of Working	0.0 years

Medical History/Examination

Yes	No
<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Ear Surgery	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Head/Ear Injury	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Ears Infection	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Ear Drum Perforation	
<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Ear Cerumen	

If Yes, which ear	Left	Right
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Conclusion :

- Audiogram : Normal
- Hearing Impairment : Monaural : R : -7.50 %
L : -5.63 %
Hearing Handicap : -7.188 %
- Not a Noise Induced Hearing Loss

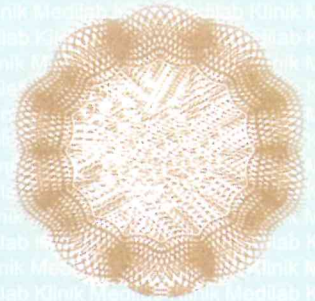
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LABORATORY REPORT

Test Name	Result	Unit	Reference Range
LIVER FUNCTION TEST			
SGOT	21	U/L	M: <= 35 F: <= 31
SGPT	30	U/L	M: <= 45 F: <= 34
Gamma GT	48	U/L	M: <= 49 F: <= 32
LIPID PROFILE TEST			
Total Cholesterol	244	mg/dl	<= 200
HDL - Cholesterol	47	mg/dl	M: > 35 F: > 45
LDL - Cholesterol	133	mg/dl	50 - 140
Triglycerida	319	mg/dl	<= 204
Ratio Cholesterol (Total Chol : HDL)	5.2		M: < 3.4 F: < 3.3
BLOOD SUGAR TEST			
Nuchter	107	mg/dl	< 100
RENAL FUNCTION TEST			
Ureum	25	mg/dl	17 - 43
Creatinine	1.0	mg/dl	M: 0.8 - 1.3 F: 0.5 - 0.9
Uric Acid	7.9	mg/dl	M: 3.6 - 8.2 F: 2.3 - 6.1

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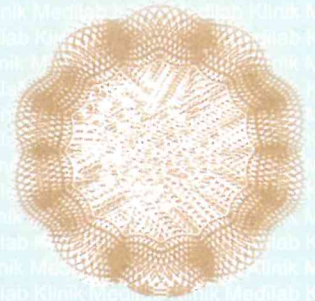


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PULMONARY FUNCTION TEST

Occupation History

	Yes	No
- Dusty Working Environment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Present/use of Protective Equipment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Period of Working	0.0 years	

Medical History

	Yes	No	If Yes, when
- Lung Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Breathlessness/Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Coughed Up Blood	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

	BEST VALUES		
	Pred.	Measured	%Pred.
FVC	4.40	3.87	88
FEV1	3.78	3.40	90
FEV1/FVC	82.4	87.8	107
PEF	9.06	9.00	100
FEF25-75	4.72	4.08	86

FVC Normal Value : 3.690
 FEV1 Normal Value : 3.176
 FEV1/FVC % Normal Value : 87 %
 FVC % Predicted Value : 104 %
 FEV1 % Predicted Value : 107 %
 FEV1/FVC % Predicted Value : 101 %

Interpretation : Normal Spirometri

PARAMETER		Pred.	PRE#1	%Pred.	PRE#2	PRE#3
*FVC	L	4.40	3.87	88	3.87	3.87
*FEV1	L	3.78	3.40	90	3.40	3.40
*PEF	L/s	9.06	9.03	100	9.03	9.03
FVC	L	4.40	3.87	88	3.85	3.72
FEV1	L	3.78	3.40	90	3.36	3.28
FEV1/FVC	%	82.4	87.9	107	87.3	88.2

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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993

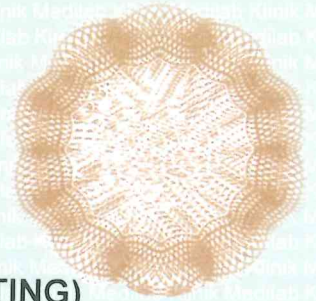


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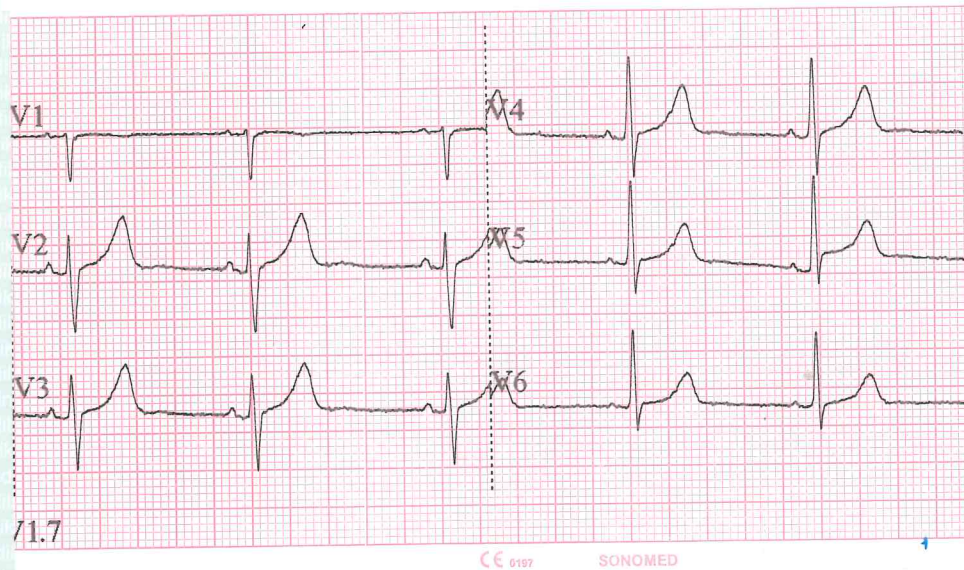
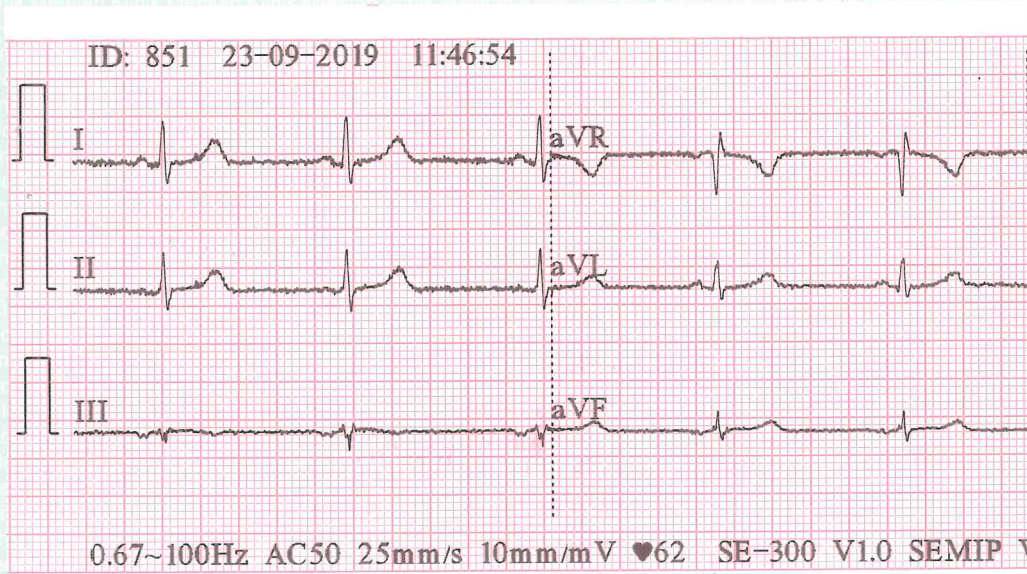
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ELECTROCARDIOGRAM INTERPRETATION (RESTING)

Name : Josua Sahat Parulian Sinaga
Age : 27 years
Sex : Male
Place/Date : Batam, September 23rd 2019
Company's name : INSPEKTINDO SINERGI PERSADA, PT



CONCLUSION : **Normal Resting ECG**
EXAMINER :

dr. Ebiet Yudi Santoko
Examining Physician