

NO REG : CPA1904200013  
NO TRANS : 190422-0371Print Date : 23.04.2019  
Print Time : 7:47**DATA PRIBADI**  
*PERSONAL DATA*

<b>Nomor Formulir</b> <i>Formulir Number</i>	ISP-02	
<b>Nama Lengkap</b> <i>Full Name</i>	Aldrin Saputro	
<b>Alamat</b> <i>Address</i>	PT. Inspektindo Sinergi Persada	
<b>Tanggal Lahir</b> <i>Date of birth</i>	23.10.1998	<b>Umur</b> 20 <i>Age</i>
<b>Kelamin</b> <i>Sex</i>	Laki-laki	
<b>Status Perkawinan</b> <i>Marital Status</i>	-	
<b>Pekerjaan</b> <i>Occupation</i>	Calon Karyawan	
<b>Department / NIK</b> <i>Department / NIK</i>	- / CPA1904200013	
<b>Kebangsaan</b> <i>Nationality</i>	Indonesia	
<b>Check Up Terakhir</b> <i>Last Medical Check Up</i>		
<b>Jenis Medical Check Up</b> <i>Type of Medical Check Up</i>	Medical Check Up Calon Karyawan	
<b>Tanggal Pemeriksaan</b> <i>Date of examination</i>	20.04.2019	



No Peg : CPA1904200013  
 Nama : Aldrin Saputro

No Form : ISP-02

**PEMERIKSAAN FISIK**

Tinggi Badan : 170.00 cm	Tekanan Darah : 120/80 mmHg
Berat Badan : 80 kg	Denyut Nadi : 76 x / menit
BMI : 27.68 (Obesitas)	RR : Normal (20)

Visus	Visus Kanan : 20/20	Visus Kiri : 20/20
Mata	<input type="checkbox"/> Tidak ada Kelainan <input checked="" type="checkbox"/> Terdapat Kelainan Kiri : Silindris : C-1.75	
Kulit	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
THT	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
Gigi & Mulut	<input type="checkbox"/> Tidak ada Kelainan <input checked="" type="checkbox"/> Terdapat Kelainan Radix : 2.6   Kalkulus : RA-RB	
KGB	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
Paru-paru	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
Jantung	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
Perut	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
Ginjal	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
Saraf	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan
Kelainan Lain	<input checked="" type="checkbox"/> Tidak ada Kelainan	<input type="checkbox"/> Terdapat Kelainan

EKG : Normal  
           Normal Sinus Rythm

Treadmill : Normal  
           Negative Ischemic Response

No Peg : CPA1904200013  
Nama : Aldrin Saputro

No Form : ISP-02

**LAPORAN SPESIFIK****AUDIOMETRI :**

	250	500	1000	1500	2000	3000	4000	6000	8000
Right ear	10	15	5	10	10	15	20	25	15
Left ear	20	15	10	10	5	10	20	10	10

Result : ADS Dalam Batas Normal

**SPIROMETRI :**

VC : 84%  
FCV : 67%  
FEV1<sub>0</sub> : 67%  
Result : Restriksi Ringan, Obstruksi Ringan



Bangsai/Poli : CHECKUP  
Umur/Seks : 20Th / Laki-laki  
Tanggal Lahir : 23-10-1998  
Tanggal Terima : 20-04-2019 09:04  
Tanggal Cetak : 20-04-2019 14:10  
Halaman : 1 / 3

Pasien : ALDRIN SAPUTRO  
Alamat : CAKAR PT ISP  
No. Pasien : 00  
No. Lab : 19031947  
No. Reg : CPA1904200013  
Dokter : dr. Ignatius Billy Koeswoyo

Info Klinik :

RUTIN

T E S

HASIL

UNIT

NILAI RUJUKAN

HEMATOLOGI

Darah Lengkap

HEMATOLOGI	HASIL	UNIT	NILAI RUJUKAN
Hemoglobin	16.9	g/dL	
Jumlah Lekosit	H 12.5	$10^3/uL$	13.0 - 18.0
Hitung Jenis			5.0 - 10.0
Basofil	0	%	
Eosinofil	2	%	0 - 1
Batang	L 0	%	1 - 3
Segmen	68	%	2 - 6
Limfosit	24	%	50 - 70
Monosit	6	%	20 - 40
Jumlah Eritrosit	5.77	$10^6/uL$	2 - 8
Hematokrit	49.4	%	4.60 - 6.20
MCV	85.6	fL	40.0 - 54.0
MCH	29.3	pg	80.0 - 96.0
MCHC	34.2	g/dL	27.0 - 31.0
Jumlah Trombosit	326	$10^3/uL$	32.0 - 36.0
Laju Endap Darah	10	mm/jam	150 - 400
			0 - 15

KIMIA DARAH

ALT (SGPT)	25	U/L	0 - 45
AST (SGOT)	20	U/L	13 - 33
Gamma GT	35	U/L	5 - 86
Trigliserida	114	mg/dL	50 - 150
Kolesterol Total	134	mg/dL	100 - 200
HDL Direk	L 35	mg/dL	>= 40
LDL Direk	95	mg/dL	0 - 130

Glukosa Puasa

Glukosa Darah Puasa	97	mg/dL	60 - 100
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Ureum Darah

Ureum Darah	28	mg/dL	15 - 40
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Kreatinin Darah

Kreatinin Darah	0.92	mg/dL	0.8 - 1.3
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Asam Urat

Asam Urat	H 7.8	mg/dL	3.5 - 7.2
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SEROLOGI



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 Tanggal Terima : 20-04-2019 09:04  
 Tanggal Cetak : 20-04-2019 14:10  
 Halaman : 2 / 3

Pasien : **ALDRIN SAPUTRO**  
 Alamat : CAKAR PT ISP  
 No. Pasien : 00  
 No. Lab : 19031947  
 No. Reg : CPA1904200013  
 Dokter : dr. Ignatius Billy Koeswoyo

Info Klinik :

RUTIN

**T E S**

	HASIL	UNIT	NILAI RUJUKAN
HBsAg	non reaktif		non reaktif

**URINALISA**

**Lengkap**

Warna	Kuning Muda		Kuning
Kejernihan	jernih		Jernih
Protein	negatif		Negatif
Glukosa	negatif		Negatif
pH	5.5		5.0 - 7.0
Berat Jenis	1.030		1.005 - 1.030
Bilirubin	negatif		Negatif
Urobilinogen	1.00	mg/dL	0.10 - 1.90
Keton	negatif		Negatif
Darah Samar	negatif		Negatif
Lekosit Esterase	negatif		Negatif
Nitrit	negatif		Negatif
Sedimen	negatif		Negatif
Eritrosit	1	/uL	<3
Lekosit	6	/uL	<10
Silinder	negatif		<10
Sel Epitel	(+)		(+)
Kristal	negatif		Negatif
Lain-lain	negatif		Negatif

**TINJA**

**Faeces Rutin**

Warna	coklat		Coklat
Konsistensi	lembek		Lembek
Lendir	negatif		Negatif
Darah	negatif		Negatif
Mikroskopik	negatif		Negatif
Eritrosit	0-2	/lpb	
Lekosit	2-4	/lpb	
Epitel	positif		
Telur Cacing	negatif		Negatif
Amuba	negatif		Negatif
Pencernaan	negatif		Negatif



Bangsai/Poli : CHECKUP  
 Umur/Seks : 20Th / Laki-laki  
 Tanggal Lahir : 23-10-1998  
 Tanggal Terima : 20-04-2019 09:04  
 Tanggal Cetak : 20-04-2019 14:10  
 Halaman : 3 / 3

Pasien : **ALDRIN SAPUTRO**  
 Alamat : CAKAR PT ISP  
 No. Pasien : 00  
 No. Lab : 19031947  
 No. Reg : CPA1904200013  
 Dokter : dr. Ignatius Billy Koeswoyo

Info Klinik :

RUTIN

**T E S**

**HASIL**

**UNIT**

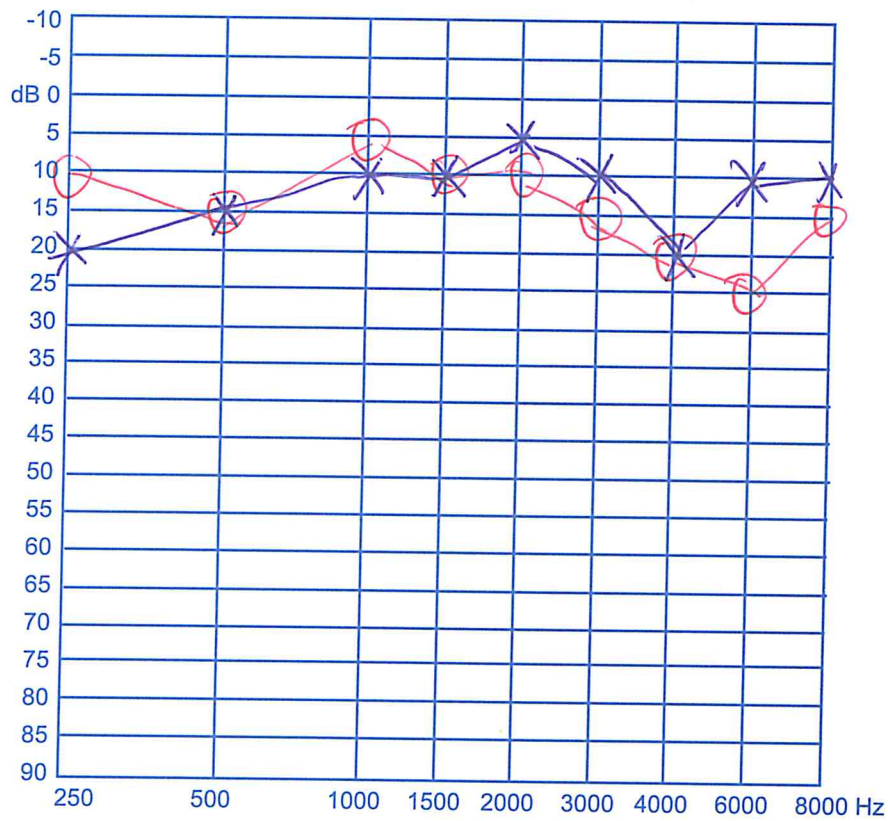
**NILAI RUJUKAN**

T E S	HASIL	UNIT	NILAI RUJUKAN
Amilum	negatif		Negatif
Lemak	negatif		Negatif
Serat	(+) tumbuhan		Negatif
Lain-lain	NEGATIF		Negatif

Otorisasi oleh Eneng Umriah  
 Tanggal Pelaporan : 20-04-2019 14:10

**HASIL PEMERIKSAAN  
AUDIOMETRI**

**ALDRIN SAPUTRO / Male / Ph: 081310190464**  
**DOB: 23-Oct-1998 (20y 5m 29d)**  
 CPA1904200013 / 20-Apr-2019 07:58  
 dr. Ignatius Billy Koeswoyo / INSPEKTINDO SINERGI PERSADA, PT



*AS / W*

*[Signature]*

**Dr. Yan Runtung, Sp.THT**  
 Spesialis Paru, Telinga Hidung & Tenggorokan  
 SIPR. No. Reg. 731120010000000000



# HASIL PEMERIKSAAN SPIROMETRI

AMA 34-0609/02

*Spirolograph alpha touch*

**SPIROMETRY REPORT**  
20/APR/2019, 10:09

ID: 8856  
 NAME: Aldrin S  
 GENDER: MALE D.O.B.: 23/OCT/1998  
 AGE: 20 HEIGHT: 170 cm  
 WEIGHT: 80 kg SMOKER: SMOKER  
 B.M.I.: 27.7 POSTURE: STANDING  
 FEV1%PRED: 67 %  
 PRED. SET: ERS93/POLGAR (90%)

*Abshul Rizwan*

*[Signature]*  
20/4/2019

*Aggy Setiawan, Sp.P*  
Spesialis Paru & Pernapasan - SHLC

**TEST SESSION INFORMATION**

TEST DATE: 20/APR/2019 TEST TIME: 10:07  
 No BLOWS: 3 ACC. CHECK: 26/OCT/2018  
 CAL. ADJ: 24/OCT/2018 DEVICE I.D. : 31195  
 TEMPERATURE: 24 °C

**RESULTS TABLE ( VALUES AT BTPS )**

Parameter	Best Meas	Norm Pred	%PRED	Best 1	Best 2	Best 3
VC	L 3.78	4.52	84	3.78	3.78	3.78
FVC	L 2.88	4.32	67	2.88	2.32	2.21
FEV1	L 2.49	3.69	67	2.49	1.99	-
FEV1R	0.66	0.83	80	0.66	0.53	-
FEV1/FVC	0.86	0.84	102	0.86	0.86	-
PEF	L/s 9.02	9.51	95	9.02	7.34	6.32
FEF25-75	L/s 2.43	4.92	49	2.43	1.99	4.80
FEF25	L/s 5.00	8.09	62	5.00	3.37	5.99
FEF50	L/s 2.92	5.32	55	2.92	2.48	4.96
FEF75	L/s 1.36	2.45	56	1.36	1.11	3.66
PIF	L/s 0.30	8.73	3	-	0.30	-
MVVind	L/min 93	138	67	93	75	-
FET	s 1.96	6.00	33	1.96	2.04	0.86
Rind	KPa/L/s 0.27	-	-	0.27	0.45	-

\*BELOW LLN OR changes of > 12% and > 0.2 L in the FEV1 Post Bronchodilation



No Peg : CPA1904200013  
Nama : Aldrin Saputro

No Form : ISP-02

**KESIMPULAN**

**Hasil pemeriksaan fisik (Physical result)**

1. Kondisi Nutrisi : Obesitas (BMI=27.6)
2. Mata : Silindris (OS=C-1.75)
3. Gigi : Radix 2.6, Kalkulus RA-RB
4. Spirometri : Restriksi Ringan, Obstruksi Ringan

**Saran dan anjuran (Advice)**

1. Konsultasi ke Ahli Gizi
2. Pakai Kacamata sesuai penurunan visus
3. Konsultasi ke Dokter Gigi
4. Lakukan olahraga secara teratur

**Hasil pemeriksaan lab (Laboratory result)**

1. Darah : Jumlah Lekosit meningkat = 12500/ul, Asam Urat meningkat = 7.8 mg/dL
2. Urine dan Faeces : Tidak ada kelainan

**Saran dan anjuran (Advice)**

1. Diet rendah purin dan olahraga teratur, Jika ada keluhan Konsultasi ke Dokter

**Hasil pemeriksaan radiologi (Radiologic result)**

1. Thorax : Tidak tampak kelainan radiologis pada cor dan pulmo
2. USG Abdomen : Mild Fatty Liver. Tidak tampak kelainan pada organ-organ intraabdomen saat ini

**Saran dan anjuran (Advice)**

2. Konsultasi ke Dokter Spesialis Penyakit Dalam

**Hasil Keseluruhan**

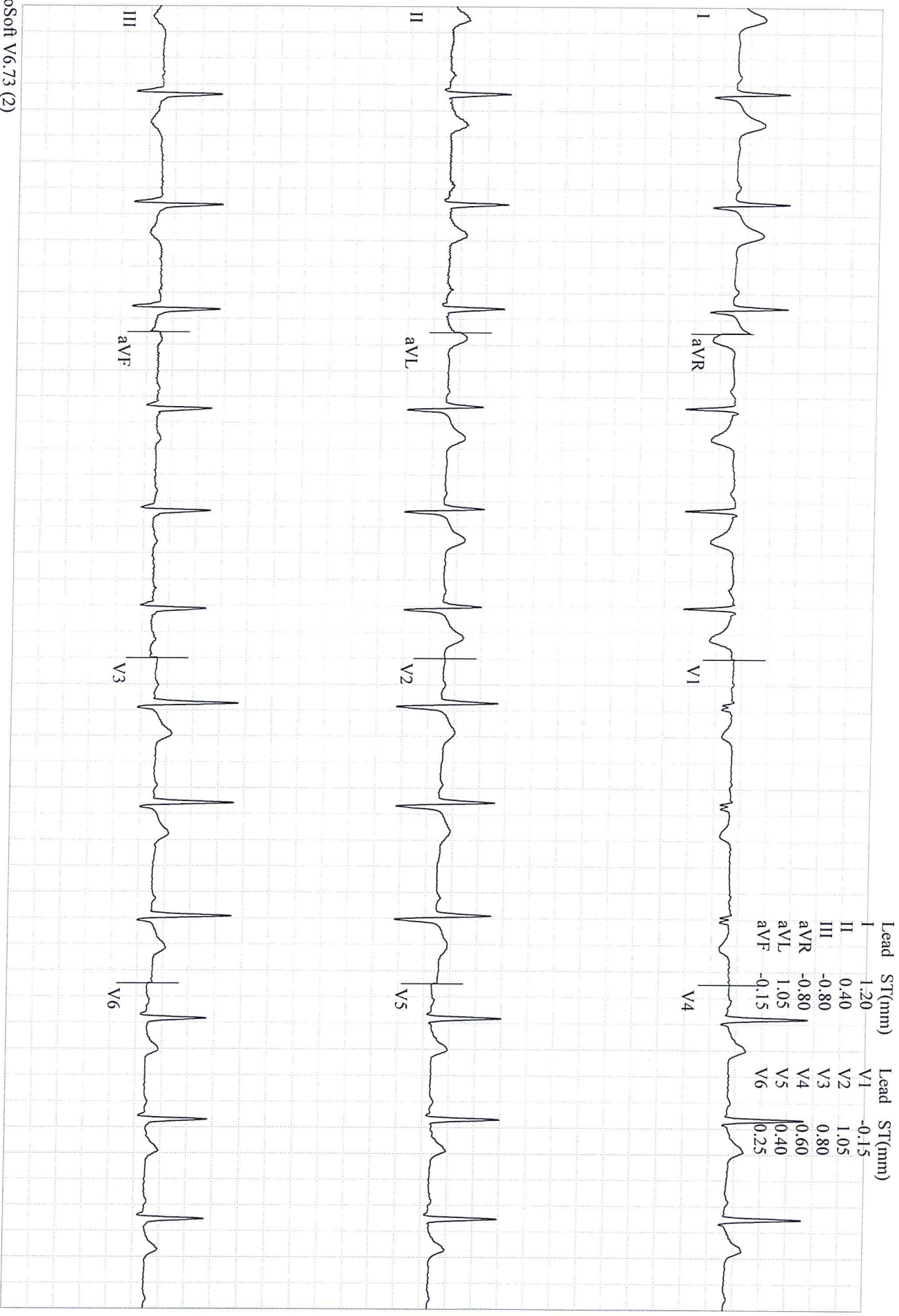
Kurang Baik



**DIET HIPERURISEMIA**

1. Kurangi konsumsi jeroan, daging (kecuali ikan dan ayam) dan kacang-kacangan
2. Banyak minum air putih
3. Buah yang tidak dianjurkan adalah durian

Measured at 60ms Post J (10mm/mV)  
Auto Points





RS. Siloam  
--  
Cikarang

Station  
Telephone:

### EXERCISE STRESS TEST REPORT

Patient Name: Saputro, Aldrin  
Patient ID: 1904200013  
Height: 170 cm  
Weight: 80 kg

DOB: 10/23/1998  
Age: 20yrs  
Gender: Male  
Race: Asian

Study Date: 04/20/2019  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: dr. Himawan Wicaksono, SpJP  
Attending Physician: dr. Himawan Wicaksono, SpJP  
Technician: Ahmad Ramdani

Medications:  
--

Medical History:  
mcu

Reason for Exercise Test:  
mcu

#### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:13	0.00	0.00	98	120/80	
	STANDING	00:22	0.00	0.00	78	120/80	
	HYPERV.	00:14	0.00	0.00	77	120/80	
	WARM-UP	00:48	1.60	0.00	95		
EXERCISE	STAGE 1	03:00	2.70	10.00	113	130/80	
	STAGE 2	03:00	4.00	12.00	129	130/80	
	STAGE 3	03:00	5.30	14.00	153	150/100	
	STAGE 4	02:12	6.70	16.00	171	150/100	
RECOVERY		00:38	2.40	0.00	162		

The patient exercised according to the BRUCE for 11:11 min:s, achieving a work level of Max. METS: 13.30. The resting heart rate of 78 bpm rose to a maximal heart rate of 173 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg , rose to a maximum blood pressure of 150/100 mmHg. The exercise test was stopped due to --.

#### Interpretation

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#### Conclusions

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Physician \_\_\_\_\_

Technician \_\_\_\_\_

Normal resting ECG

chest pain ⊖

arrhythmia ⊖

negative chemie respn  
good time

Dr. Himawan Wicaksono SpJP  
CARDIOLOGIST  
SIP. No. 500103/dinkes/SpJP/013

Tabular Summary

RS. Sioam

Saputro, Aldrin

Patient ID 1904200013

04/20/2019 Male 170 cm 80 kg  
9:43:51 20yrs Asian

Meds:

Test Reason: mcu  
Medical History: mcu

BRUCE: Total Exercise Time 11:11  
Max HR: 173 bpm 86% of max predicted 200 bpm HR at rest: 78  
Max BP: 150/100 mmHg BP at rest: 120/80 Max RPP: 25650 mmHg\*bpm  
Maximum Workload: 13.30 METS  
Max. ST: -1.75 mm, 0.00 mV/s in III; EXERCISE STAGE 4 10:59  
Arrhythmia: A:18, PVC:9, PSVC:13  
ST/HR index: 0.68  $\mu$ V/bpm

Ref. MD: dr. Himawan Wicaksono, SpJP Ordering MD: dr. Himawan Wic  
Technician: Ahmad Ramdani Test Type: Treadmill Stress Test  
Comment:

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (III mm)	Comment
PRETEST	SUPINE	01:13	0.00	0.00	1.0	98	120/80	11760	0	-0.80	
	STANDING	00:22	0.00	0.00	1.0	78	120/80	9360	0	-0.45	
	HYPERV.	00:14	0.00	0.00	1.0	77	120/80	9240	0	-0.40	
	WARM-UP	00:48	1.60	0.00	1.2	95			0	-0.75	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	113	130/80	14690	0	-1.10	
	STAGE 2	03:00	4.00	12.00	7.0	129	130/80	16770	0	-0.90	
	STAGE 3	03:00	5.30	14.00	9.8	153	150/100	22950	0	-0.75	
	STAGE 4	02:12	6.70	16.00	13.3	171	150/100	25650	0	-1.35	
RECOVERY		00:38	2.40	0.00	9.8	162			0	-1.30	



Selected Medians Report

BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE	TEST END RECOVERY
0:00 94 bpm 120/80 mmHg	10:59 171 bpm	11:12 171 bpm 150/100 mmHg	0:18 169 bpm 150/100 mmHg	0:00 94 bpm 120/80 mmHg	10:59 171 bpm	11:12 171 bpm 150/100 mmHg	0:18 169 bpm 150/100 mmHg
I 1.55 mm 1.30 mV/s	I 2.50 2.57	I 2.35 2.11	I 2.50 5.29	V1 -0.20 -0.61	V1 -0.65 -2.15	V1 -0.50 -1.43	V1 -0.45 -1.10
II 0.75 0.73	II 0.95 3.90	II 1.15 3.35	II 1.00 3.31	V2 1.10 1.01	V2 2.10 3.43	V2 2.30 2.80	V2 2.40 5.21
III -0.80 -0.84	III -1.75 -1.60	III -1.35 -0.98	III -1.60 -2.34	V3 0.75 1.02	V3 2.10 4.46	V3 2.40 4.09	V3 2.20 5.12
aVR -1.15 -1.74	aVR -1.75 -3.17	aVR -1.75 -2.58	aVR -1.75 -4.43	V4 0.85 1.01	V4 2.05 5.20	V4 2.20 4.64	V4 1.75 4.66
aVL 1.20 0.81	aVL 2.20 2.10	aVL 1.90 1.40	aVL 2.10 3.74	V5 0.75 0.87	V5 1.20 4.26	V5 1.40 3.74	V5 1.25 3.65
aVF 0.00 0.14	aVF -0.35 1.48	aVF -0.05 1.07	aVF -0.25 0.69	V6 0.50 0.48	V6 0.80 2.77	V6 0.95 2.23	V6 0.60 2.04

GE CardioSoft V6.73 (2)  
10mm/mV 50Hz 0.01-40Hz FRF- HEART V5.4

Unconfirmed

Attending MD: dr. Hinawan Wicaksono, SpJP

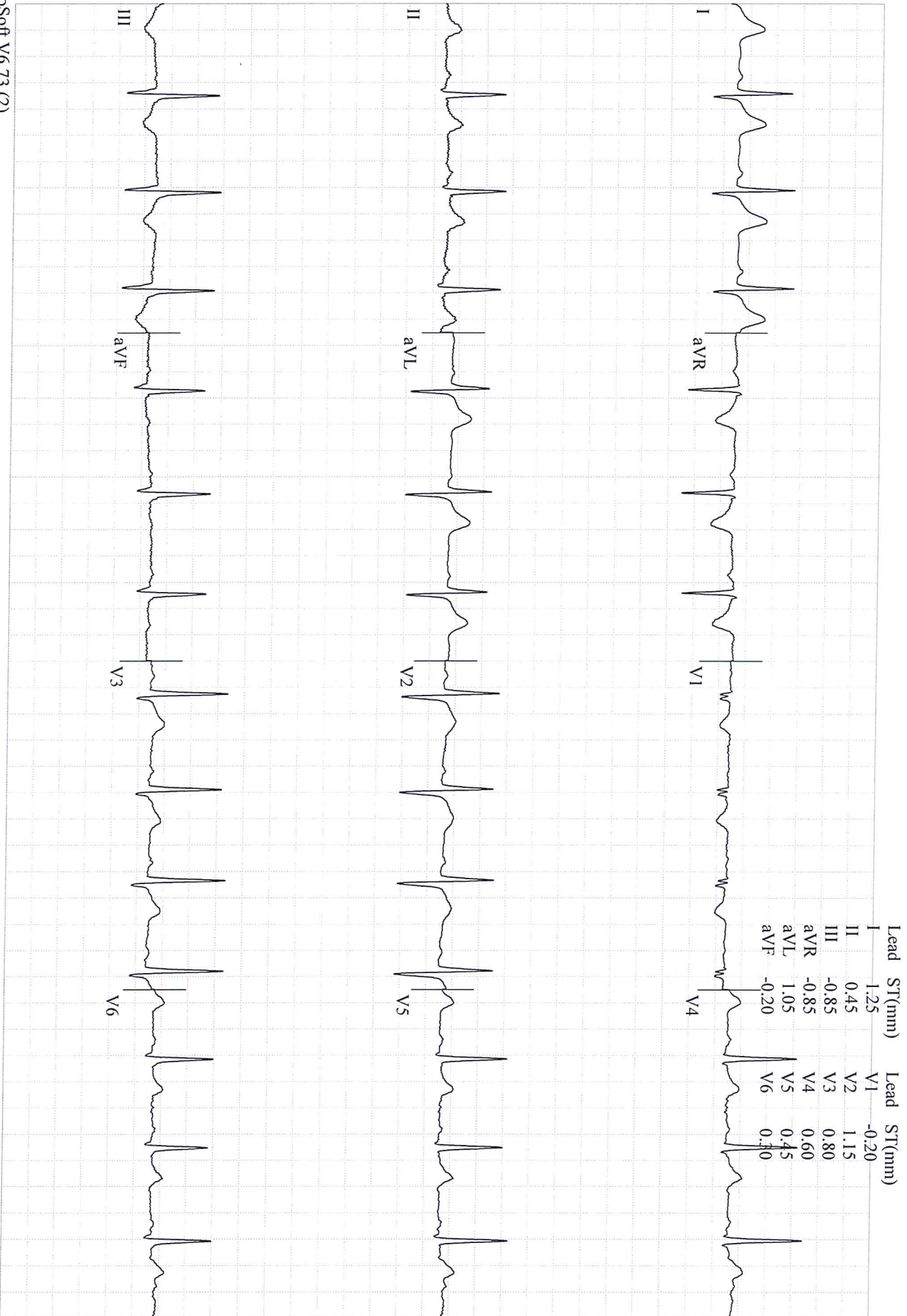
Saputro, Aldrin  
 Patient ID 1904200013  
 04/20/2019  
 9:44:13

12-Lead Report  
 PRETEST  
 SUPINE  
 00:16  
 80 bpm  
 120/80 mmHg

BRUCE  
 0.0 km/h  
 0.0 %

Measured at 60ms Post J (10mm/mV)  
 Auto Points

RS. Sliam





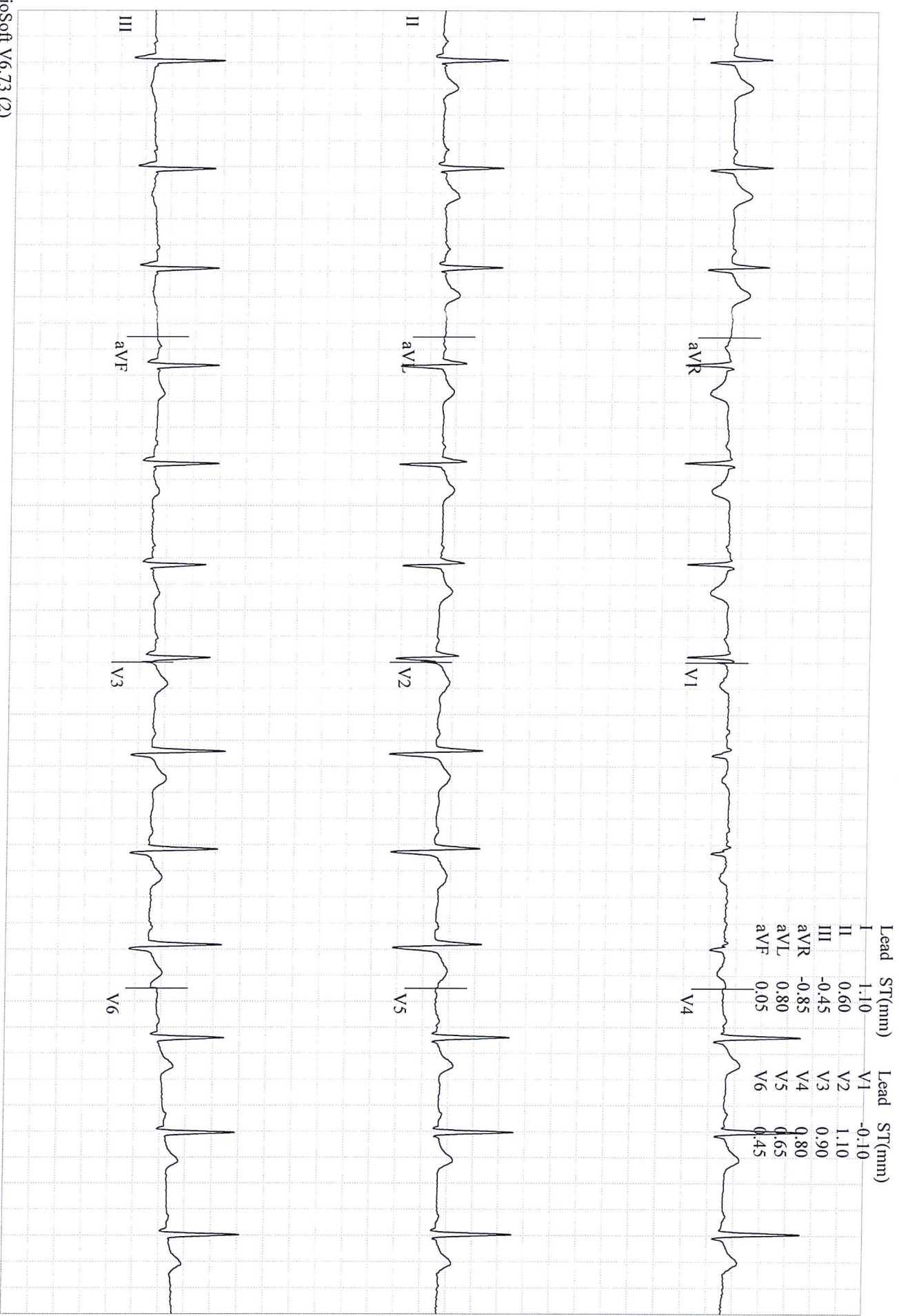
Saputro, Aldrin  
 Patient ID 1904200013  
 04/20/2019  
 9:45:21

12-Lead Report  
 PRETEST  
 STANDING  
 01:24

BRUCE  
 0.0 km/h  
 0.0 %

Measured at 60ms Post J (10mm/mV)  
 Auto Points

RS. Siloam



GE CardioSoft V6.73 (2)  
 25 mm/s 10 mm/mV 50Hz 0.01 - 40Hz FRF- HR(V3,V2)

Start of Test: 9:43:51



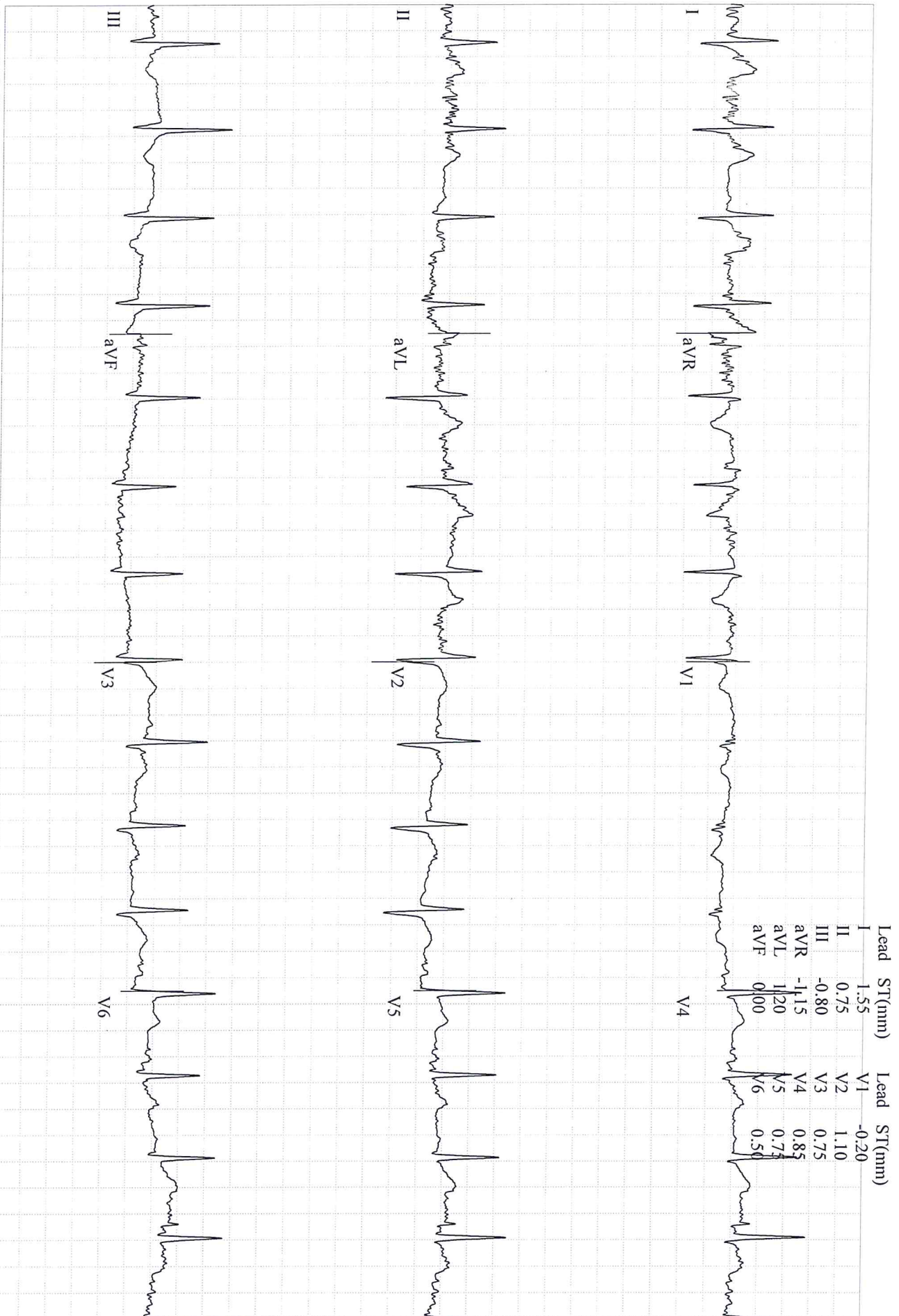
Saputro, Aldrin  
 Patient ID 1904200013  
 04/20/2019  
 9:46:28

12-Lead Report  
 PRETEST  
 WARM-UP  
 02:32

BRUCE  
 1.6 km/h  
 0.0 %

Measured at 60ms Post J (10mm/mV)  
 Auto Points

RS. Siloam



GE CardioSoft V6.73 (2)  
 25 mm/s 10 mm/mV 50Hz 0.01 - 40Hz FRF- HR(V3;V2)

Start of Test: 9:43:51



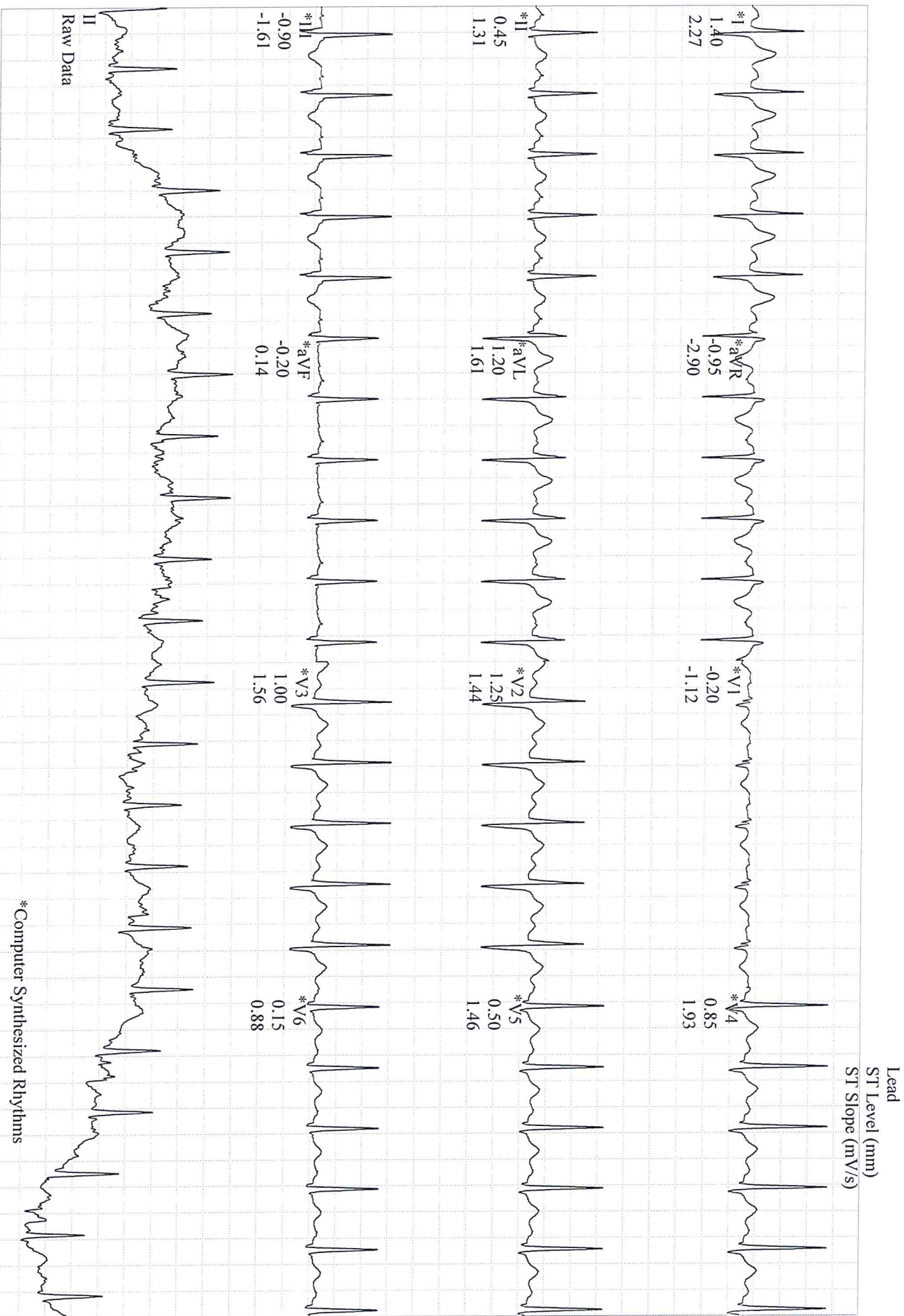


Saputro, Aldrin  
 Patient ID 1904200013  
 04/20/2019  
 9:52:17

Linked Medians  
 EXERCISE  
 STAGE 2  
 129 bpm  
 130/80 mmHg

BRUCE  
 4.0 km/h  
 12.0 %

RS. Sitom



GE CardioSoft V6.73 (2)  
 25 mm/s 10 mm/mV 50Hz 0.01 - 40Hz FRF- HR(V3, V2)

Start of Test: 9:43:51

Page 6

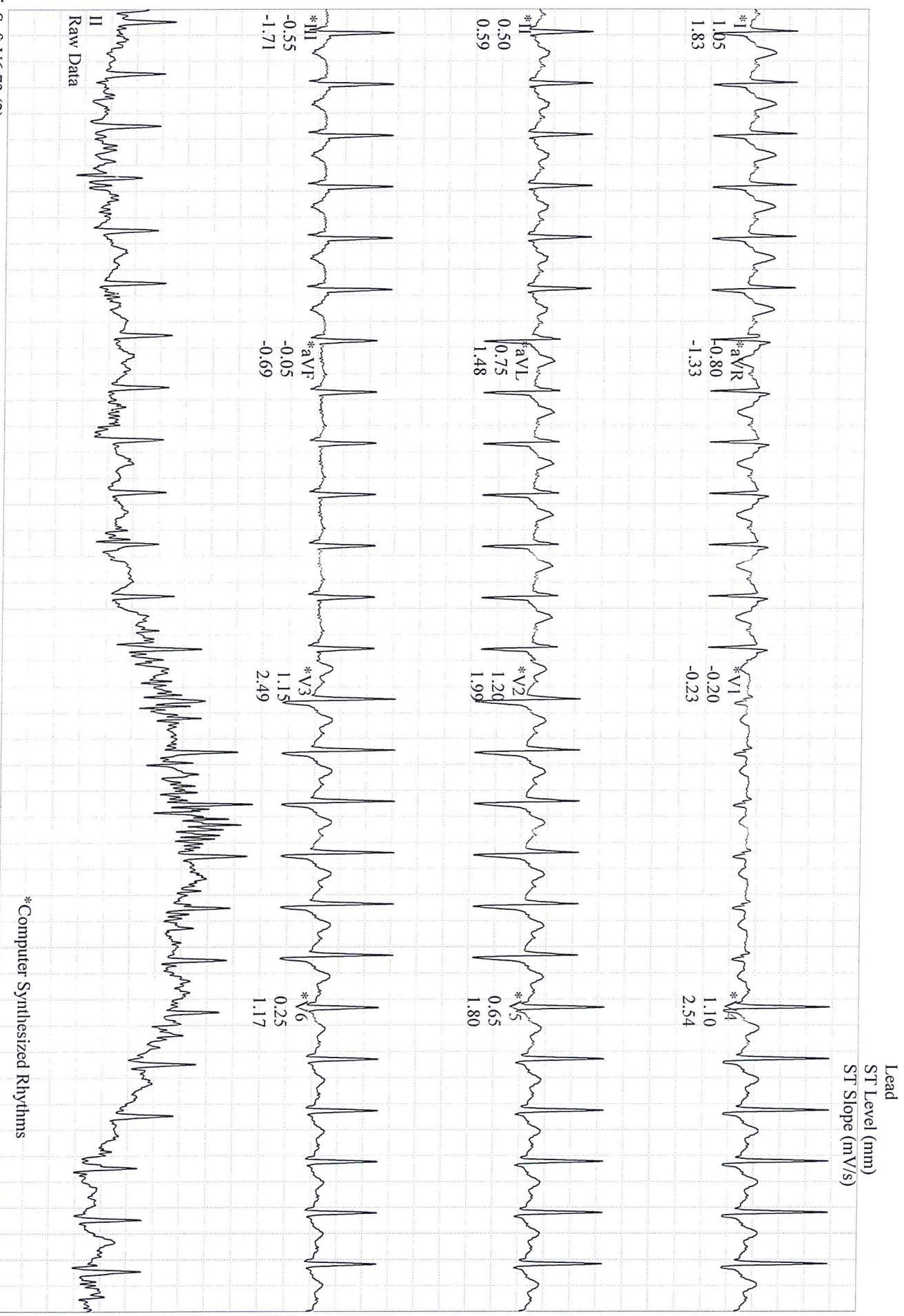


Saputro, Aldrin  
 Patient ID 1904200013  
 04/20/2019  
 9:55:17

Linked Medians  
 EXERCISE  
 STAGE 3  
 150 bpm  
 150/100 mmHg

BRUCE  
 5.4 km/h  
 14.0 %

RS. Sioam



GE CardioSoft V6.73 (2)  
 25 mm/s 10 mm/mV 50Hz 0.01 - 40Hz FRF- HR(V3, V2)

Start of Test: 9:43:51

Saputro, Aldrin  
 Patient ID 1904200013  
 04/20/2019  
 9:57:39

Linked Medians ( PEAK EXERCISE )  
 EXERCISE BRUCE  
 STAGE 4 6.7 km/h  
 11:12 16.0 %  
 171 bpm  
 150/100 mmHg

RS. Sitom

