



MEDIKA PLAZA
INDONESIA


MEDIKA PLAZA HEALTH & MEDICAL SERVICES

Medical Screening Questionnaire And Examination Record

Surname: ISKANDAR		Forenames: DESTARIKA		
Address: SAWANGAN DEPOK		Tel No: 081212501515		
Date of Birth: 28-12-1977				
GP's Name:				
GP's Address:				
Date of Last Offshore Medical:		Offshore Occupation/Job Title: INSPECTOR		
Emergency Response Role :				
Social / Occupational History		Yes	No	Comments
(1)	Do you smoke? If so, how many per day?	✓		6 atau 8 Batang
(2)	If an ex-smoker, when did you give up?			
(3)	Average weekly alcohol consumption: state quantity and type.		✓	
(4)	Have you been exposed to any known occupational hazard such as noise, radiation, dusts, asbestos, chemicals or lead?		✓	
(5)	Do you use protective clothing, safety glasses or hearing protection?		✓	
(6)	Have you ever developed any medical condition in connection with your occupation? If so, please give details eg hearing loss/skin condition/wheeze/backache/muscle strain/blood disease?		✓	
(7)	Have you suffered any industrial injury? If so, please give details:		✓	
(8)	Have you ever had any previous audiometric screening? Was this normal? State when and where.		✓	
(9)	Have you ever had any previous lung function screening? Was this normal? State when and where.		✓	
(10)	Have you ever been rejected from employment on medical ground?		✓	
(11)	Have you ever received compensation, or is there any industrial claim pending?		✓	
(12)	Have you ever been medivaced from an offshore installation?			
Examining Physician's comments :				

**Medical Screening Questionnaire And
 Examination Record (cont'd)**

Do you have, or have you been diagnosed as suffering from any of the following? <i>(Please circle and elaborate)</i>		
Please circle and elaborate		
(1) Chest pain/heart pain	Yes	<input checked="" type="radio"/> No
(2) High blood pressure / stroke	Yes	<input checked="" type="radio"/> No
(3) Asthma / Epilepsy/Diabetes	Yes	<input checked="" type="radio"/> No
(4) Peptic ulcer disease	Yes	<input checked="" type="radio"/> No
(5) Kidney disease (eg stones)	Yes	<input checked="" type="radio"/> No
(6) Psychiatric disorder (eg anxiety, depression)	Yes	<input checked="" type="radio"/> No
(7) Tuberculosis	Yes	<input checked="" type="radio"/> No
(8) Cancer	Yes	<input checked="" type="radio"/> No
Do any of your immediate family (parents/brothers/sisters) have a history of any of the above conditions? Please specify :		

Do you currently have any of the following?		
(1) Backache/joint or muscular pain	Yes	<input checked="" type="radio"/> No
(2) Hernia/rupture	Yes	<input checked="" type="radio"/> No
(3) Visual impairment	Yes	<input checked="" type="radio"/> No
(4) Perforated eardrum / discharge from ear	Yes	<input checked="" type="radio"/> No
(5) Recurrent indigestion	Yes	<input checked="" type="radio"/> No
(6) Jaundice/hepatitis/gall bladder disease	Yes	<input checked="" type="radio"/> No
(7) Change in bowel habit/diarrhoea	Yes	<input checked="" type="radio"/> No
(8) Blood in stools/piles/haemorrhoids	Yes	<input checked="" type="radio"/> No
(9) Shortness of breath/coughing up blood	Yes	<input checked="" type="radio"/> No
(10) Recurrent bronchitis/pneumonia	Yes	<input checked="" type="radio"/> No
(11) Blood in urine/kidney complications/stones	Yes	<input checked="" type="radio"/> No
(12) Headaches/migraine/dizziness	Yes	<input checked="" type="radio"/> No
Physician's comments :		
I certify that the above information is correct :		
 Signed : [Employee]		

* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

**Medical Screening Questionnaire And
 Examination Record (cont'd)**

Medical Examination

To Be Completed By Examining Physician

Photographic ID :	Passport number :	
	Driver's license number :	
	Other :	

Height	Weight	BMI	BP	Pulse	FEV ₁	FVC	FEV ₁ / FVC	Urinalysis		
								Protein	Blood	Glucose
167 cm	52.6 kg	18.86 kg/m ²	120/ 80 mmHg	73 x/m				-	-	-

Vision Distance			Vision Near			Colour		VDU
L	Aided L	Both	L	Aided L	Both	Normal	Abnormal	
20/ 20			J ₁			✓		
R	Aided R		R	Aided R				
20/ 20			J ₁					

	Normal	Abnormal	Comments
Audiometric Screening		✓	Decreasing of hearing acuity on high frequency of right ear and mild conductive hearing loss of left ear
Substance Abuse Screening	✓		
Stool Culture (Catering Crew)			
Further investigations			(has been consulted to internist)
Blood tests		✓	Hypercholesterolemia, Non reactive anti Hbs
Chest X-Ray	✓		
Electrocardiograph (ECG) / Treadmill	✓		
Spirometry			
USG	✓		

* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

**Medical Screening Questionnaire And
 Examination Record (cont'd)**

	Normal	Abnormal	Comments
1. Eyes/pupils	✓		Missing, decayed, radix, and calculus teeth
2. Ear, nose and throat	✓		
3. Teeth		✓	
4. Lungs/chest	✓		
5. Cardiovascular	✓		
6. Abdomen	✓		
7. Hernial orifices	✓		
8. Genitourinary	✓		
9. Musculoskeletal	✓		
10. Skin	✓		
11. Varicose veins	✓		
12. Neurological	✓		
Physician to comment on any abnormalities :			

Certification	Comment/Reason
Fit for offshore work as per Oil & Gas UK guidelines	✓
Fit for restricted offshore work following discussion with operating company's medical adviser	
Temporarily unfit for offshore work	
Permanently unfit for offshore work	


Physician's signature :  **Dr. YUNIANTI LAFAU**
 General Practitioner
 Print name PT. KARTIKA 
 Date of examination : 11/08/2020

* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

Unrestricted Offshore Work Certificate

Medical Certificate of Fitness for Offshore Work

(Issued in accordance with Oil and gas UK Guidelines)

Name :	ISKANDAR DESTARIKA
Date of Birth :	28 December 1977
Employing Company Name :	INSPEKTINDO SINERGI PERSADA, PT
Occupation :	INSPECTOR
<p>This individual has been examined in accordance with Oil & Gas UK Guidelines and is Medical Fit for Unrestricted To The Job Described At Offshore Work</p>	
Examining Physician Name :	dr. Frans Denis Martogi
Oil & Gas UK PIN No. :	OGUK/2017/2465
Date of Examination :	11 August 2020
Date of Expiry of Certificate :	11 August 2022
Signed :	

PT. KARTIKA BINA MEDIKATAMA

PT. KARTIKA BINA MEDIKATAMA

MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor
Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550
Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098
www.medikaplaza.com

PATIENT DATA

MedRec.	: 01.00079161	EMPLOY. STATUS	: PreEmploye
NAME	: ISKANDAR DESTARIKA	BIRTHDATE	: 28 December 1977
EMPLOYEE No.	: -	SEX	: Male
JOB TITLE	: INSPECTOR	STATUS	: Married
COMP. NAME	: INSPEKTINDO SINERGI PERSADA, PT	NASIONALITY	: INDONESIA

SUMMARY

MEDICAL FINDING :

1. Hypercholesterolemia (has been consulted to internist)
2. Non reactive anti HBs
3. Leucocyturia (+1)
4. Decreasing of hearing acuity on high frequency of right ear and mild conductive hearing loss at left ear
5. Missing, decayed, radix, and calculus teeth

Your fitness status is fit for unrestricted to the job described at offshore work.

PERCEPTIONS OF EXPOSURE BY WORKERS :

- Noise
- Vibration
- Dust
- Toxic chemical
- Involving height
- Others (Onshore/offshore)
- Radiation
- Manual Handling

SUGGESTION :

1. Low fat diet and exercise regularly minimal 3 times a week. Consultation with an Internist for further evaluation of hypercholesterolemia
2. Need to get Hepatitis B vaccination (booster)
3. Drink more water at least 2lt/day (8-10 glasses/day). Repeat urinalysis after 2 weeks
4. Avoid noisy environment and use earplug properly while working at noisy work environment to prevent further hearing impairment
5. Consultation with a Dentist for dental care, minimal once a year or better once in six month

Responsible Doctor


Yuniarti Lafau MD

Notes:

If you need the further information or consultation, please contact us via :

Email : - beltway.doctor@medikaplaza.com
- beltway.doctor2@medikaplaza.com

Telepon Klinik : (62-21) 8086 6000

Certificate Of Health Assessment

Name	Age	Position	Department
ISKANDAR DESTARIKA	42 yo	INSPECTOR	-

COMPANY :

INSPEKTINDO SINERGI PERSADA, PT

CONCLUSION



FIT TO WORK

FIT WITH MEDICAL NOTE

✓

TEMPORARY UNFIT

UNFIT

Issued Date	Doctors Name	Prepared By
11 August 2020	Yunianti Lafau, MD	
Expired Date	Verified By	
11 August 2021	dr. Muhammad Ilyas, Sp.Ok <small>SIP : 29/B.15b/31.74.04.1004.02.009.K.1/3/-1.779.3/e/2019</small>	 PT. KARTIKA BINA MEDIKATAMA

No. Formulir : FM-DR-008-05
 No. Revisi : 00
 Tanggal Terbit : 2 Mei 2011

Certificate Number : **MP-BOP/1-20200811/124750**

MCU Validity Check

<https://mcu-validasi.medikaplaza.com>

TO WHOM IT MAY CONCERN

Kepada yang berkepentingan

This is certify that today Tuesday, 11 August 2020 Medika Plaza Clinic has performed urine drug screening and/or breath alcohol test to :

Dengan ini menyatakan bahwa, pada hari ini Selasa, 11 Agustus 2020 Medika Plaza Clinic telah melakukan urine drug screening dan/atau breath alcohol test kepada :

ISKANDAR DESTARIKA

With the results are as follows :

Dengan hasil sebagai berikut :

Drugs Test <i>Uji Obat</i>	Result <i>Hasil</i>		
URINE DRUGS SCREENING			
- Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Met-Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Cocain	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- THC/Canabis/Marijuana	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Morphine/Opiates	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- P C P/Phencyclidine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Barbiturate	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Benzodiazepin	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Methadone	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Propoxyphene	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Oxycodone	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- MDMA	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- 6-MAM	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
BREATH ALCOHOL TEST			
- Alcohol	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A

Jakarta, August 11, 2020



PT. KARTIKA BINA MEDIKATAMA
 (dr. Dian Wahyu Tanjungsari, Sp.PK)
 Clinical Patologist

HEALTH ASSESSMENT REPORT

Of

ISKANDAR DESTARIKA

01.00079161

Tuesday, 11 August 2020

MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor

Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550

Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098

www.medikaplaza.com

MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor
Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550
Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098
www.medikaplaza.com

PATIENT DATA

MedRec.	: 01.00079161	EMPLOY. STATUS	: PreEmployee
NAME	: ISKANDAR DESTARIKA	BIRTHDATE	: 28 December 1977
EMPLOYEE No.	: -	SEX	: Male
JOB TITLE	: INSPECTOR	STATUS	: Married
COMP. NAME	: INSPEKTINDO SINERGI PERSADA, PT	NASIONALITY	: INDONESIA

SUMMARY

MEDICAL FINDING :

1. Hypercholesterolemia
2. Non reactive anti HBs
3. Leucocyturia (+1)
4. Decreasing of hearing acuity on high frequency of right ear and mild conductive hearing loss at left ear
5. Missing, decayed, radix, and calculus teeth

Your fitness status is fit with medical note:
Hypercholesterolemia

PERCEPTIONS OF EXPOSURE BY WORKERS :

- Noise
- Vibration
- Dust
- Toxic chemical
- Involving height
- Others (Onshore/offshore)
- Radiation
- Manual Handling

SUGGESTION :

1. Low fat diet and exercise regularly minimal 3 times a week. Consultation with an Internist for further evaluation of hypercholesterolemia
2. Need to get Hepatitis B vaccination (booster)
3. Drink more water at least 2lt/day (8-10 glasses/day). Repeat urinalysis after 2 weeks
4. Avoid noisy environment and use earplug properly while working at noisy work environment to prevent further hearing impairment
5. Consultation with a Dentist for dental care, minimal once a year or better once in six month

Responsible Doctor


Yunianty Afray, MD

Notes:

If you need the further information or consultation, please contact us via :

Email : - beltway.doctor@medikaplaza.com
- beltway.doctor2@medikaplaza.com
Telepon Klinik : (62-21) 8086 6000

CLINICAL EVALUATION

Name : ISKANDAR DESTARIKA	Sex : Male	MR : 01.00079161	Visit : 11/08/2020
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 28 December 1977	

EXAMINATION	RESULT	NOTES
-------------	--------	-------

ANAMNESA

PRESENT COMPLAINT AND HISTORY OF PRESENT

ILLNESS

Present complaint

No complaint

MEDICAL HISTORY

Alergy	No
Imunisasi	Yes
Surgery	No
Hospitalization	No
Disease	No

LIFE STYLE

Alcohol intake	No
Smoking	Yes Mild smoker
Exercise	Yes

FAMILY MEDICAL HISTORY

Diabetes Melitus	Yes Grandfather
Hypertension	No
Heart disease	No
Lung TB	No
Kidney disease	No
Astma	No
Mental disease	No
Epilepsy	No
Cancer	No
Color blind	No
Stroke	No
Liver disease	No
Bone & joint	No
Others disease	No

WORK EXPOSURE

Noise	Yes
Heat Stress	No
Cold Stress	No
Vibration	Yes
Involving height	Yes
Radiation	Yes
Dust	Yes

CLINICAL EVALUATION

Name : ISKANDAR DESTARIKA	Sex : Male	MR : 01.00079161	Visit : 11/08/2020
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 28 December 1977	

EXAMINATION	RESULT	NOTES
Toxic chemical	Yes	
Irritating fluid	No	
Smoke	No	
Bacterium/Virus/Parasite	No	
Blood	No	
Animal	No	
Operating heavy mobile equipment	No	
Manual Handling	Yes	
Sitting continuously over 4 hours	No	
Stand continuously over 4 hours	No	
Using monitor screen more than 4 hours per day	No	
Exposure	No	
Unergonomic body positions	No	
Shift work	No	
Work is not accordance with skills and knowledge	No	
Workload does not accordance with time	No	
Work conflict	No	
Inappropriate task	No	
Career barriers	No	
Family conflict	No	
Working around rotating machinery	No	
Administration work	No	
Handling food product	No	
Others	Yes	Onshore/offshore
PHYSICAL EXAMINATION		
General Appearance	Good	
Body shape	Athleticus	
VITAL SIGN		
Body Weight	52.6 Kg	
Body Height	167 Cm	
BMI	18.86 Kg/m2	
Normal Weight	51.59 - 69.72 Kg	
BMI Conclusion	Normal	
Blood Pressure	120/80 mmHg	
Pulse	73 x/minute	
Body Temperature	36.3 °C	
RR	18	

CLINICAL EVALUATION

Name : ISKANDAR DESTARIKA

Sex : Male

MR : 01.00079161

Visit : 11/08/2020

Comp. : INSPEKTINDO SINERGI PERSADA, PT

DOB : 28 December 1977

EXAMINATION	RESULT	NOTES
Neck Circumference	32 Cm	
Arm Circumference	27 Cm	
Chest size	79 Cm	
Abdominal Circumference	74 Cm	
SKIN		
Skin	Normal	
EYE		
Left	Normal	
Right	Normal	
ENT		
Auricle	Normal	
Ear canal	Normal	
Drums	Normal	
Septum/Conchae	Normal	
Sinuses	Normal	
Pharynx	Normal	
Tonsil	Normal	
MOUTH		
Gum	Normal	
Dental	Abnormal	Missing, decayed, radix, and calculus teeth
NECK		
General	Normal	
Thyroid Gland	Normal	
CHEST		
Form	Normal	
Lung	Normal	
Heart	Normal	
Breast	Normal	
ABDOMEN		
Form	Flat	
Palpation	Supple	
Liver	Not Palpable	
Spleen	Not Palpable	
Kidney	No Ballotment	
-	No	
Hernia inguinal	No	
EXTRIMITIES		

CLINICAL EVALUATION

Name : ISKANDAR DESTARIKA	Sex : Male	MR : 01.00079161	Visit : 11/08/2020
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 28 December 1977	

EXAMINATION	RESULT	NOTES
Bones, joint	Normal	
Muscles, tonus	Normal	
Fingernails	Normal	
Hand	Normal	
Foot	Normal	
RECTAL EXAMINATION		
Hemorrhoid	Negative	
Rectum	Normal	
SENSORIK EXAMINATION		
Tes Raba	Normal	
MOTORIK EXAMINATION		
Tes Grip	Normal	
REFLEX EXAMINATION		
Physiologic reflex	Normal	
Patologic reflex	Normal	
OTHERS EXAMINATION		
Coordination	Normal	
LYMPHE SYSTEM		
Submandibula	Normal	
Neck Gland	Normal	
Armpit gland	Normal	
Inguinal	Normal	

OPHTHALMOLOGY DIAGNOSTIC

Name : ISKANDAR DESTARIKA	Sex : Male	MR : 01.00079161	Visit : 11/08/2020
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 28 December 1977	

EXAMINATION		Right	Left
Reading		-	
Previous Glasses		-	-
Without Glasses	Distant	20/20	20/20
	Near	J2	J2
Correction	Distant	-	-
	Near	S+1.25 J1	S+1.25 J1
Depth Perception		-	
Tonometry		14.0 mmHg	13.0 mmHg
Funduscopy		NORMAL	NORMAL
Visual Fields		-	
Colour Blind Test		Normal	

Impression : Presbyopia

RADIOLOGY DIAGNOSTIC

Name : ISKANDAR DESTARIKA

Sex : Male

MR : 01.00079161

Visit : 11/08/2020

Comp. : INSPEKTINDO SINERGI PERSADA, PT

DOB : 28 December 1977

EXAMINATION**RESULT**

THORAX PA

No abnormality seen in both lungs.
Normal bronchovascular markings in both hili.
The heart is normal in size and shape.
The mediastinum is not widened.
Both sinus and diaphragms are good.
No evidence of pleural effusion.

Impression

Normal heart and lungs

RADIOLOGY DIAGNOSTIC

Name : ISKANDAR DESTARIKA

Sex : Male

MR : 01.00079161

Visit : 11/08/2020

Comp.: INSPEKTINDO SINERGI PERSADA, PT

DOB : 28 December 1977

EXAMINATION**RESULT**

USG ABDOMEN

LIVER:

Normal in size and contour, smooth surface, echoes structure parenchyme which are homogenous. No sign of SOL.

Intrahepatic vascularity and billiary tract are normal.

GALL BLADDER:

Normal in size, contour and surface. No sign of SOL/ sludge/ stone.

RIGHT KIDNEY :

Normal in size, contour and surface. No sign of obstruction/ stone/ SOL.

LEFT KIDNEY:

Normal in size, contour and surface. No sign of obstruction/ stone/ SOL.

PANCREAS:

Normal in size, contour and surface. No sign of SOL.

LIEN:

Normal in size and contour, the echoes are homogenous. No sign of SOL.

URINARY BLADDER:

Normal in size, contour and surface. No sign of stone/ SOL.

PROSTATE AND VESICULA SEMINALIS:

Normal in size and contour which are homogenous echoes and no sign of focal lesion/ SOL.

Impression

Normal sonography

LABORATORY RESULT

Name : ISKANDAR DESTARIKA	MR : 01.00079161	Visit : 11/08/2020	#Lab : IN71322594375
Comp. : INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 28 December 1977	

EXAMINATION	RESULT	NORMAL RANGE
-------------	--------	--------------

HEMATOLOGI

ABO/Rh Typing "A" Rh(+) positive

Automated Blood Count

White Blood Cell (WBC)	7.2	3.8 - 11.0
Erythrocyte (RBC)	5.1	4.4 - 5.9
Haemoglobin	15.6	13.2 - 17.3
Hematocrit	45	40 - 52
Thrombocytes	296	150 - 440

MCV, MCH, MCHC

MCV	88	80 - 100
MCH	30	26 - 34
MCHC	34.6	32 - 36
ESR	4	0 - 10

Differential Count

Basophils	0	0 - 1
Eosinophil	4	2 - 4
Bands / Stab	3	3 - 5
Neutrophils	51	50 - 70
Lymphocytes	36	25 - 40
Monocytes	6	2 - 8

BLD CHEMISTRY/LIPID PROFILE

Total Cholesterol	258 *	Normal/Desireable: <200 Borderline High: 200-239 High: >=240
HDL Cholesterol	61.4 *	Normal : >40 - <60 Low HDL : <40 Desireable : >=60
LDL Cholesterol	172 *	Optimal: <100 Near/Above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: >=190
Triglycerides	121	Normal : <150 Borderline High: 150-199 High : 200-499 Very High : >=500

BLD CHEMISTRY/KIDNEY FUNCTION

LABORATORY RESULT

Name : ISKANDAR DESTARIKA

MR : 01.00079161

Visit : 11/08/2020

#Lab : IN71322594375

Comp. : INSPEKTINDO SINERGI PERSADA, PT

Sex : Male

DOB : 28 December 1977

EXAMINATION	RESULT	NORMAL RANGE
Ureum	18.9	10.0 - 50.0
Creatinine	1.0	0.6- 1.3
Uric Acid	3.55	3.50 - 7.20

BLD CHEMISTRY/LIVER FUNCTION

Total Bilirubin	0.60	0.1 - 1.0
Direct Bilirubin	0.15	0.0 - 0.2
Indirect Bilirubin	0.45	0.0 - 0.8
SGOT(AST)	15	13 - 45
SGPT (ALT)	18	13 - 50
Alkaline Phosphatase	66	30 - 120
Gamma GT	30	0 - 50
Albumin	4.6	3.5 - 5.5
Globulin	2.60	2.3 - 3.5
Total Protein	7.2	6.6 - 8.7

BLD CHEMISTRY/DIABETES

Glucose Fasting	94	< 100
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

Blood Glucose 2 PP

Blood Sugar 2 Hours PP	110	< 140
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

SEROLOGI / IMUNOLOGI

HBsAg (Quantitative)	0.00	0.00 - 0.03
Anti Hbs (Quantitative)	0.2 *	>= 5.0

TOXICOLOGY - DRUGS SCREENING

Methadone	Negative	Negative
Phencyclidine	Negative	Negative
THC/Marijuana	Negative	Negative
Amphetamine	Negative	Negative
Benzodiazepines	Negative	Negative
Opiat	Negative	Negative
Cocain	Negative	Negative
Metamphetamine	Negative	Negative
Alcohol	Negative	Negative

URINALYSIS**Complete Urine Analysis**

LABORATORY RESULT

Name : ISKANDAR DESTARIKA	MR : 01.00079161	Visit : 11/08/2020	#Lab : IN71322594375
Comp. : INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 28 December 1977	

EXAMINATION	RESULT	NORMAL RANGE
-------------	--------	--------------

Macroscopic

Color	Light Yellow	
Turbidity	Clear	Clear
Specific Gravity	1.009	1.000 - 1.030
pH	6.5	4.5 - 8.0
Leucocyte	Positive 1 (75)	Negative
Glucose	Negative	Negative
Nitrit	Negative	Negative
Bilirubin	Negative	Negative
Blood	Negative	Negative
Urobilinogen	Normal	Normal
Protein	Negative	Negative
Keton	Negative	Negative

Microscopic

RBC	0-1	0 - 1
WBC	3-5	0 - 4
Cylinder	Negative	
Epithels Squamous	0-1	5 - 15
Crystals	Negative	
Bacteria	Negative	- Negative
Others	Negative	

AUDIOMETRY DIAGNOSTIC

Name : ISKANDAR DESTARIKA

Sex : Male

MR : 01.00079161

Visit : 11/08/2020

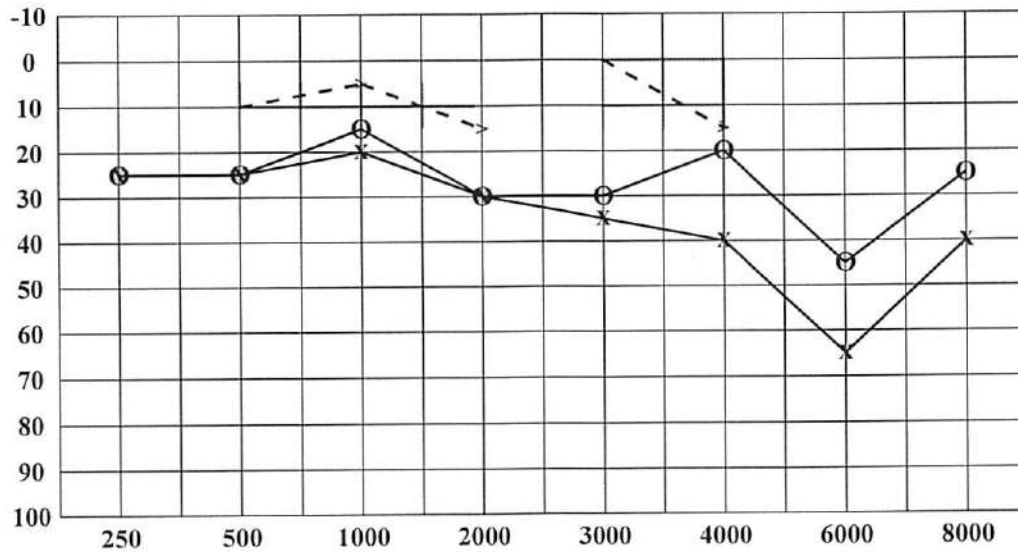
Comp. : INSPEKTINDO SINERGI PERSADA, PT

DOB : 28 December 1977

RESULT

Left Ear	250	500	1000	2000	3000	4000	6000	8000
AC	25	25	20	30	35	40	65	40
BC	-	10	5	15	-	15	-	-

Right Ear	250	500	1000	2000	3000	4000	6000	8000
AC	25	25	15	30	30	20	45	25
BC	-	-	-	-	-	-	-	-



< : Right Ear (BC)
 > : Left Ear (BC)
 O : Right Ear (AC)
 X : Left Ear (AC)

Conclusion Right Ear : Hearing threshold = 22.5 dB
 (Within normal limit)
 With decreasing on frequency 6000Hz

Conclusion Left Ear : Mild conductive hearing loss = 28.75 dB
 With decreasing on frequency 4000Hz - 8000Hz

CARDIOLOGY DIAGNOSTIC

Name : ISKANDAR DESTARIKA

Sex : Male

MR : 01.00079161

Visit : 11/08/2020

Comp.: INSPEKTINDO SINERGI PERSADA, PT

DOB : 28 December 1977

EXAMINATION	RESULT	Comments :
ELECTROCARDIOGRAPHY	Sinus Rythm axis (N), P wave (N), PR int 0.16" ST - T segment (N), aritmia (-)	Normal ECG
TREADMILL	Sinus Rythm axis (N), P wave (N), PR int 0.16" ST - T segment (N), aritmia (-)	Treadmill Exercise Test : Negative Cardiopulmonary Fitness Classification : Good METs :13.4

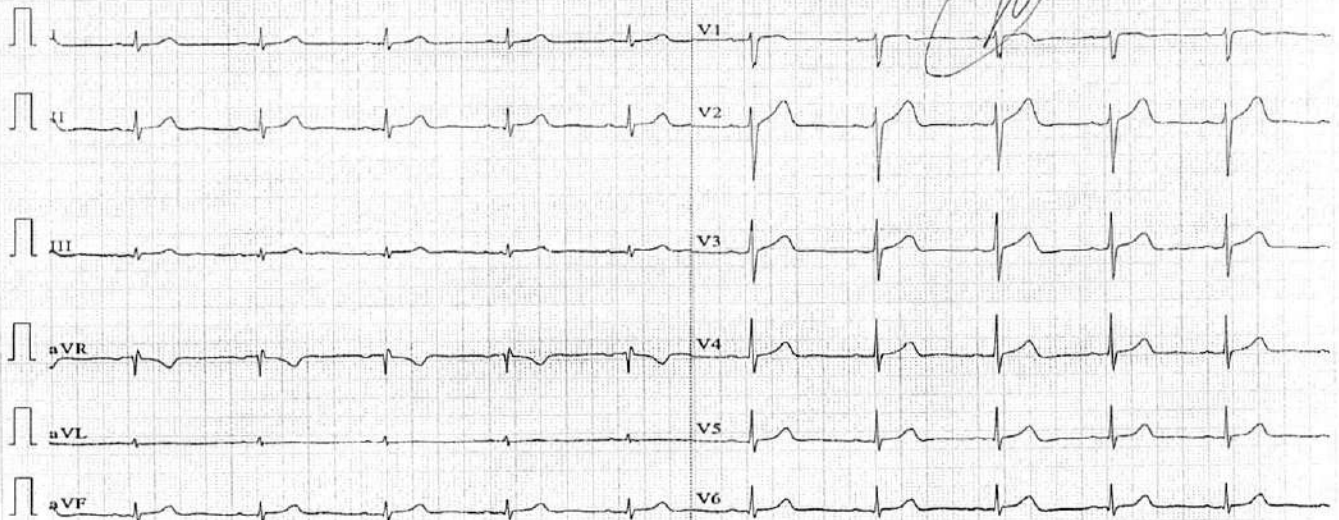
ID: 06
ISKANDAR DESTARIKA
Male 42Years

For Hologic Magnitude 2263 6095

11-08-2020 09:30:14
HR : 63 bpm
P : 94 ms
PR : 156 ms
QRS : 82 ms
QT/QTc : 398/408 ms
P/QRST : 13/30/56
RV5/SV1 : 0.860/0.666 mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:



0.67-100Hz AC50 25mm/s 10mm/mV 2*5.0s ♥63 SE-1200Express V2.21 Glasgow V28.6.0



ISKANDAR DESTARIKA, MR

ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Patient info

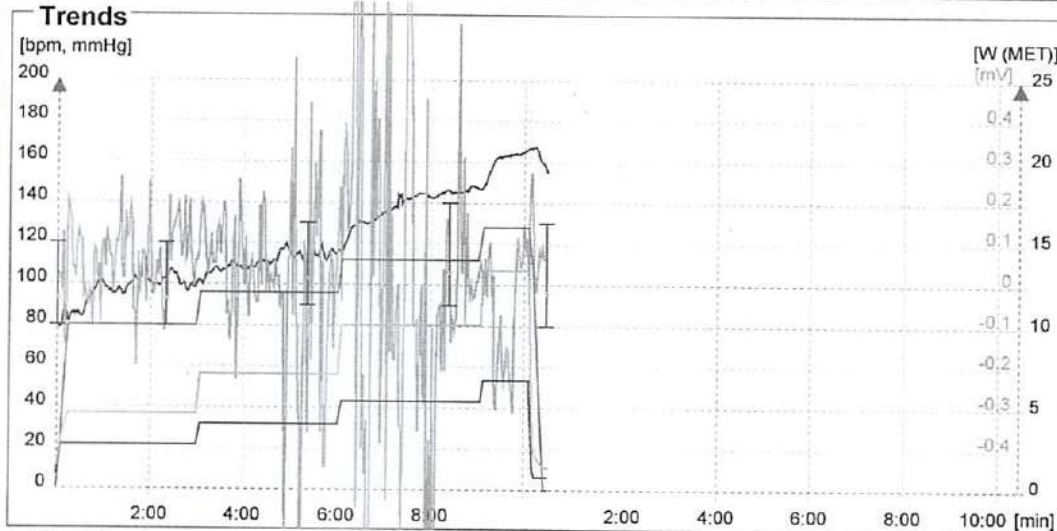
orn: 12/28/1977
ge: 42
ex: Male
veight: 52.6 kg
leight: 167 cm
moker:
acemaker:

Medical history

Medications

Reason for admission

Reason for Stop



Conclusion

Handwritten signature
MP4
 PT. KARTIKA BINA MEDIKATAMA
Handwritten signature

Staff

Physician: user
Technician:

Test info

Test date: 8/11/2020
 Test time: 9:33 AM
 Stress device: BTL Treadmill
 Protocol: Bruce
 Total duration: 10:07
 Stress achieved: 6.7km/h, 16.0% (~13.4MET) = 117% predicted (~11.7MET) - for 6 sec
 HR rest: 81
 HR peak: 165 = 93% predicted (177) --- 10:0 Exercise (13.4MET)
 Handgrip test: ---
 BP rest: 120/80
 BP peak: ---
 BP recovery: 130/80
 DP rest: 9720
 DP peak: 20438 = 2.1x DP at rest
 ST depression max: V6 -1.68mV 06:35 Exercise 10.1MET
 ST elevation max: V6 1.09mV 06:08 Exercise 10.1MET
 ST/HR index: 3.0 μ V/bpm (abnormal)



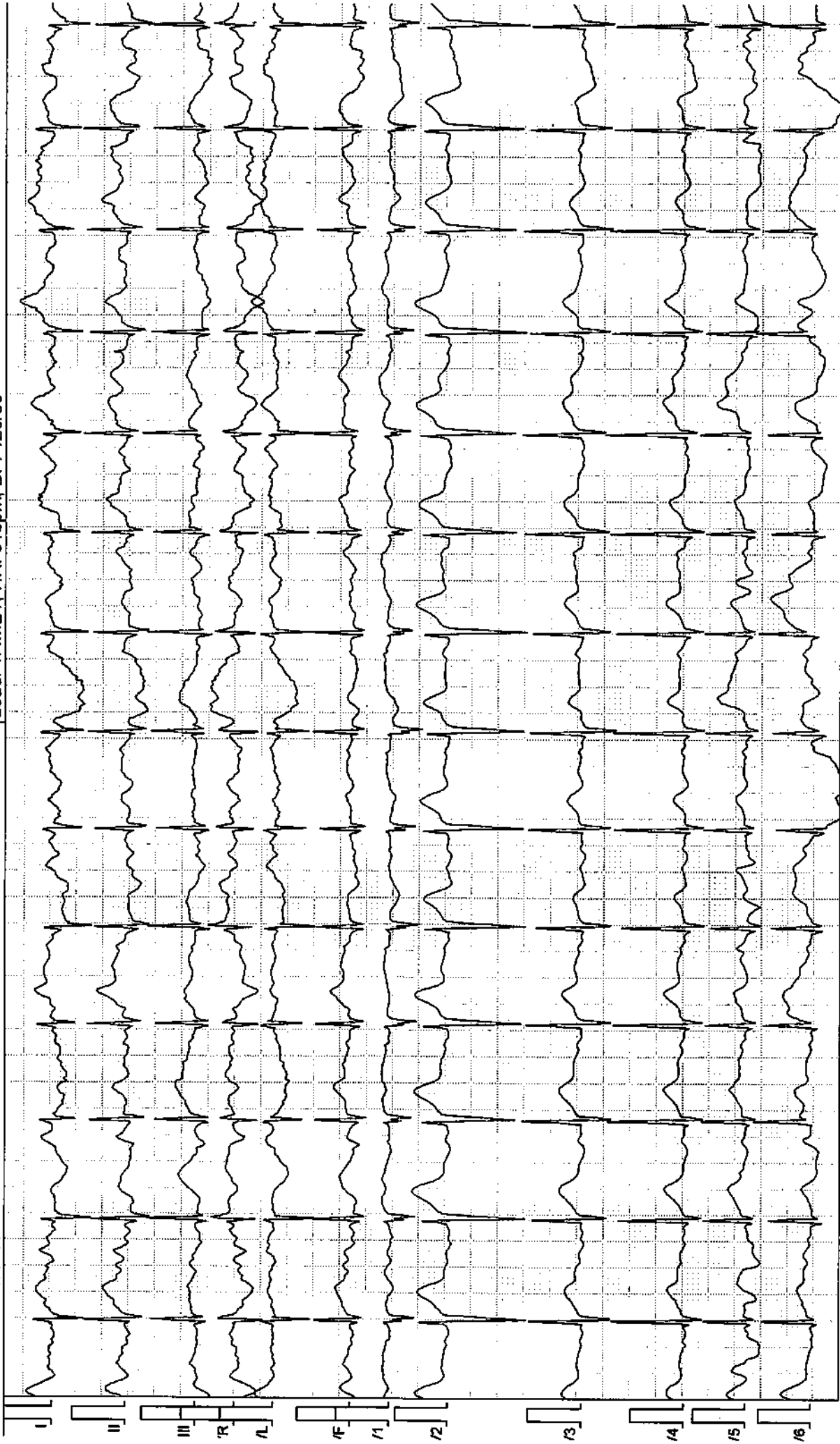
ISKANDAR DESTARIKA, MR

ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Time: P 00:11 - Reference

Load: 1.4MET, HR: 81bpm, BP: 120/80



Filter: 0.07 Spline - 90 Adapt, -50 [Hz]

25.00 mm/sec 10.0 mm/mV



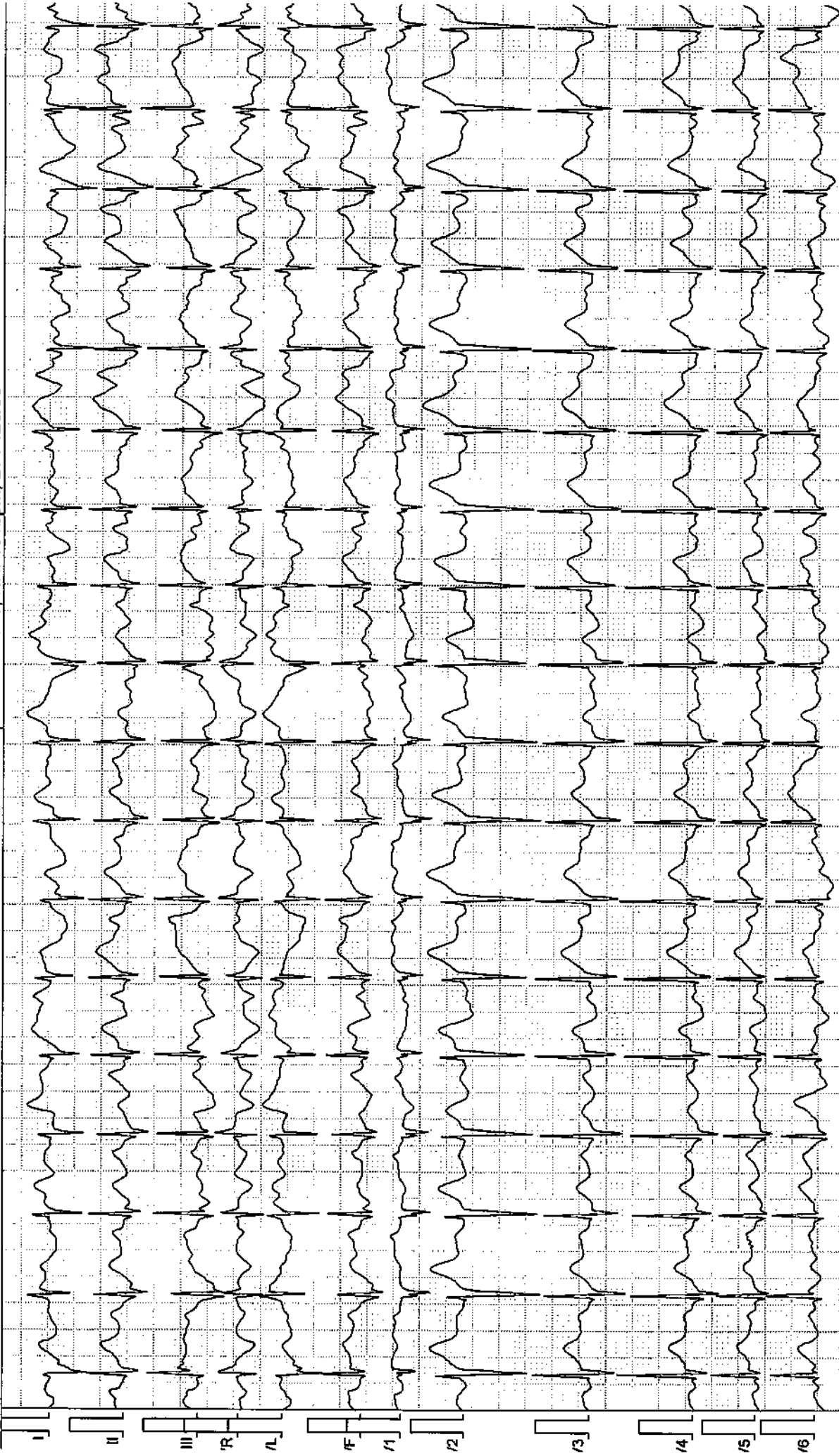
ISKANDAR DESTARIKA, MR

ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Time: E 02:56 - E1

Load: 4.6MET, HR: 101bpm, BP: 120/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



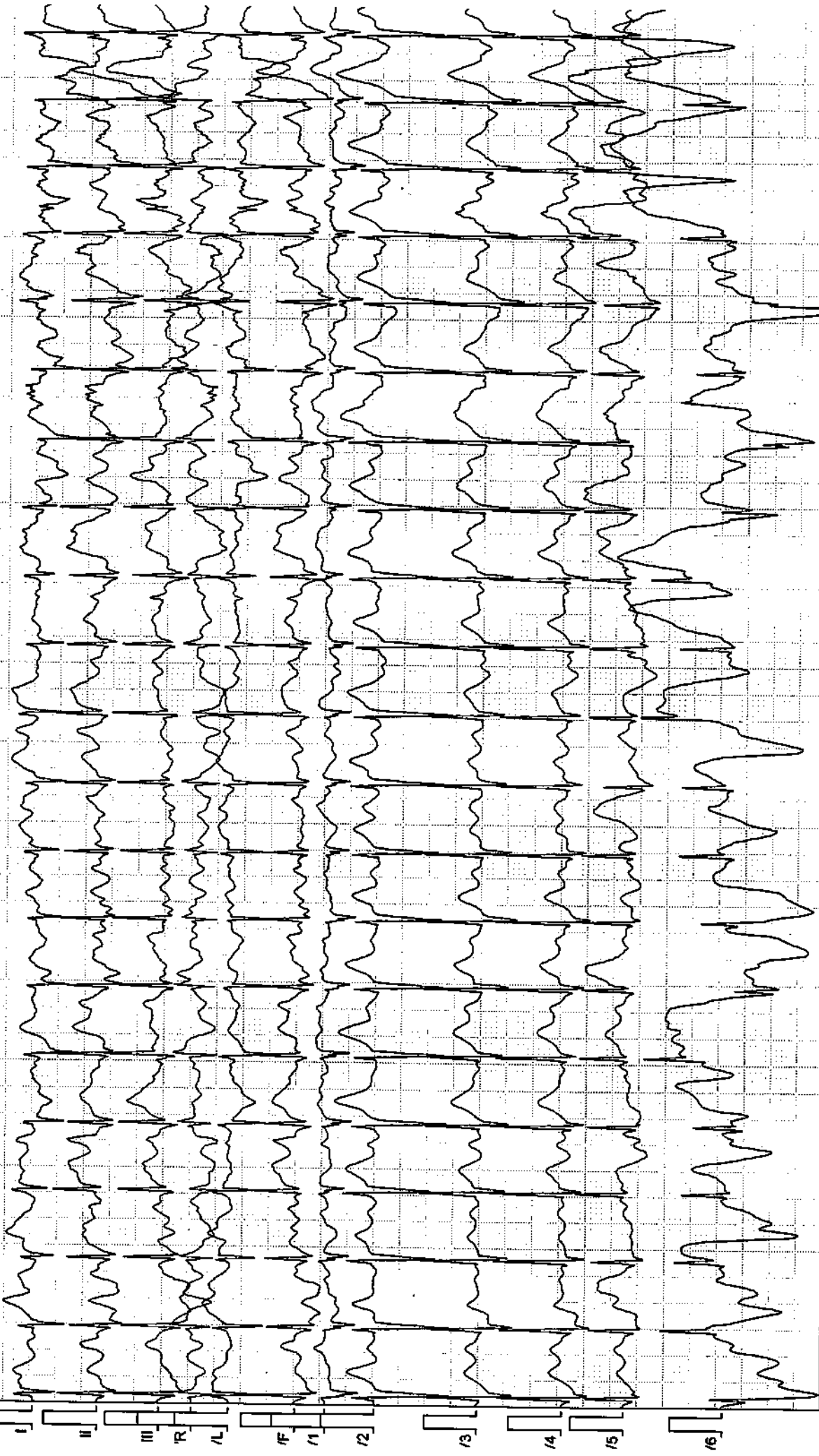
ISKANDAR DESTARIKA, MR

ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Time: E 05:58 - E2

Load: 7.0MET, HR: 117bpm, BP: 130/90



Filter: 0.07 Spline - 90 Adapt, ~50 Hz

25.00 mm/sec 10.0 mm/mV



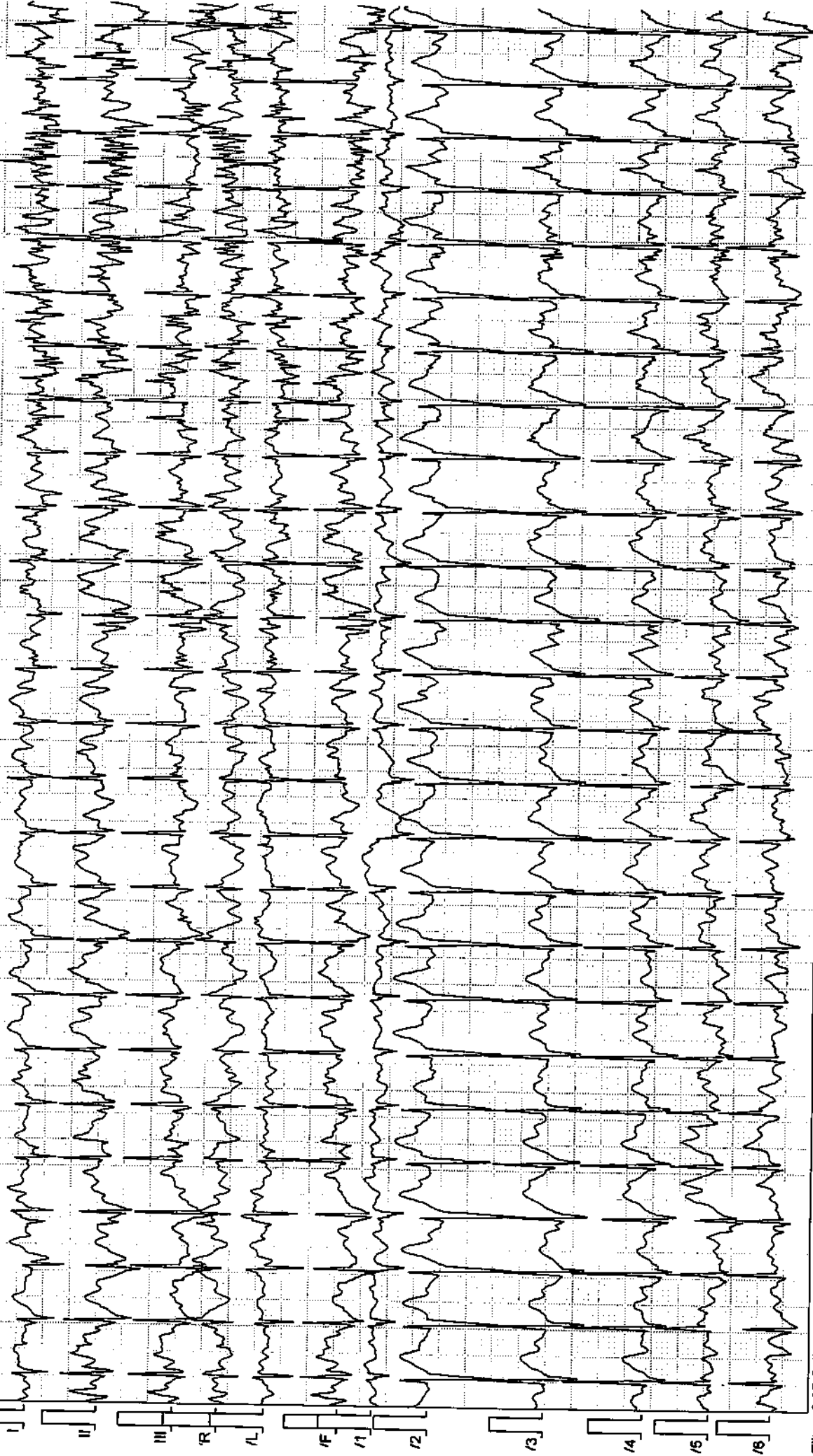
ISKANDAR DESTARIKA, MR

ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Time: E 08:59 - E3

Load: 10.1MET, HR: 147bpm, BP: 140/90



Filter: 0.07 Spline - 90 Adapt, -50 [Hz]

edika Plaza Clinic

BTL CardioPoint 2.30.33006.0, DIAG: 2.0.2.0; ECG: BTL-08 ECG, SN: 071D-B-05775

25.00 mm/sec 10.0 mm/mV

Page

BTL CardioPoint - Stress Test



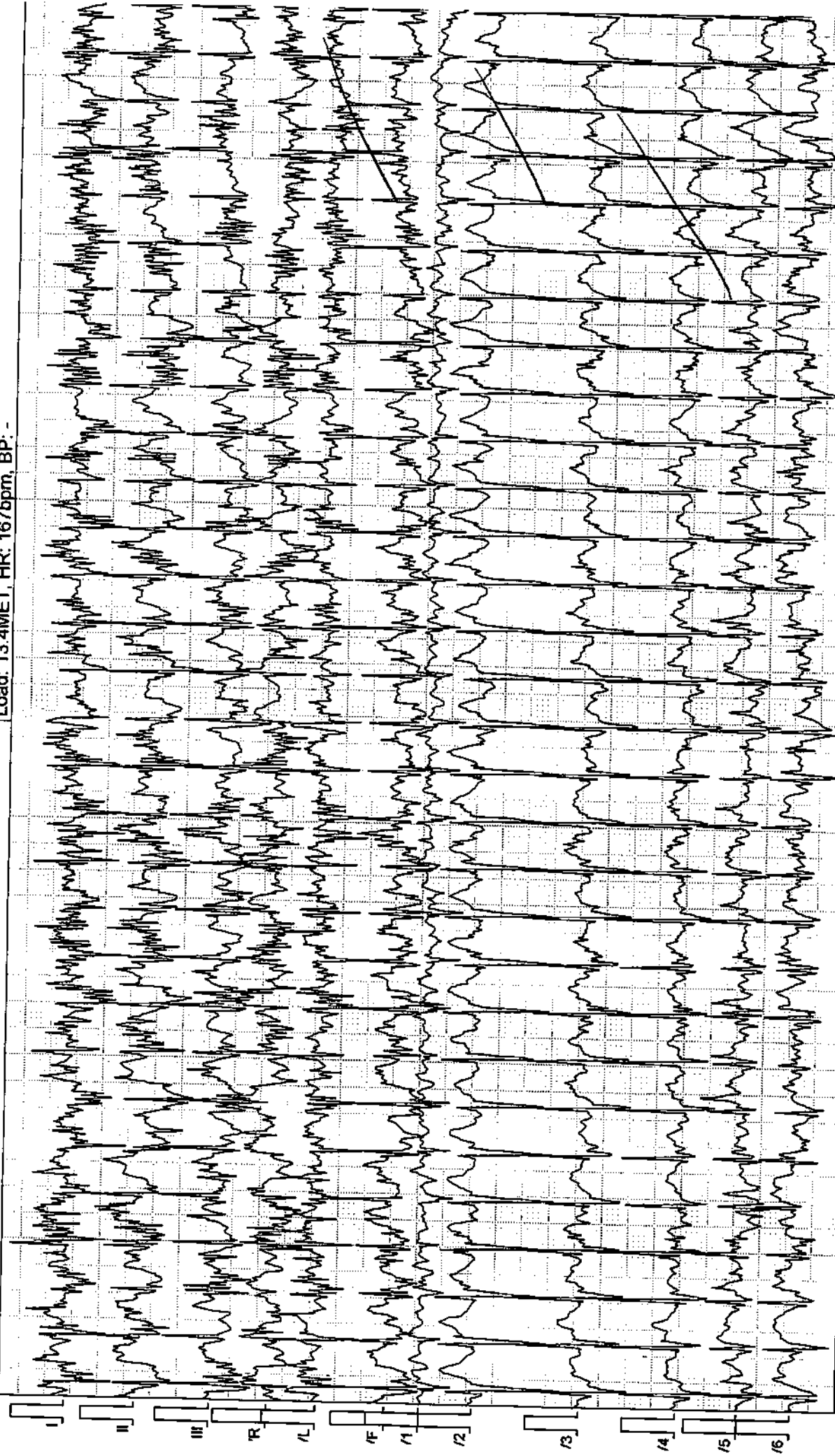
ISKANDAR DESTARIKA, MR

ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Time: E 10:02 - Peak

Load: 13.4MET, HR: 167bpm, BP: -



Filter: 0.07 Spline - 90 Adapt, -50 (Hz)

edika Plaza Clinic

25.00 mm/sec 10.0 mm/mV

BTL CardioPoint 2.30.33006.0, DIAG: 2.0.2.0; ECG: BTL-08 ECG, SN: 071D-B-05775

BTL CardioPoint - Stress Test

Page



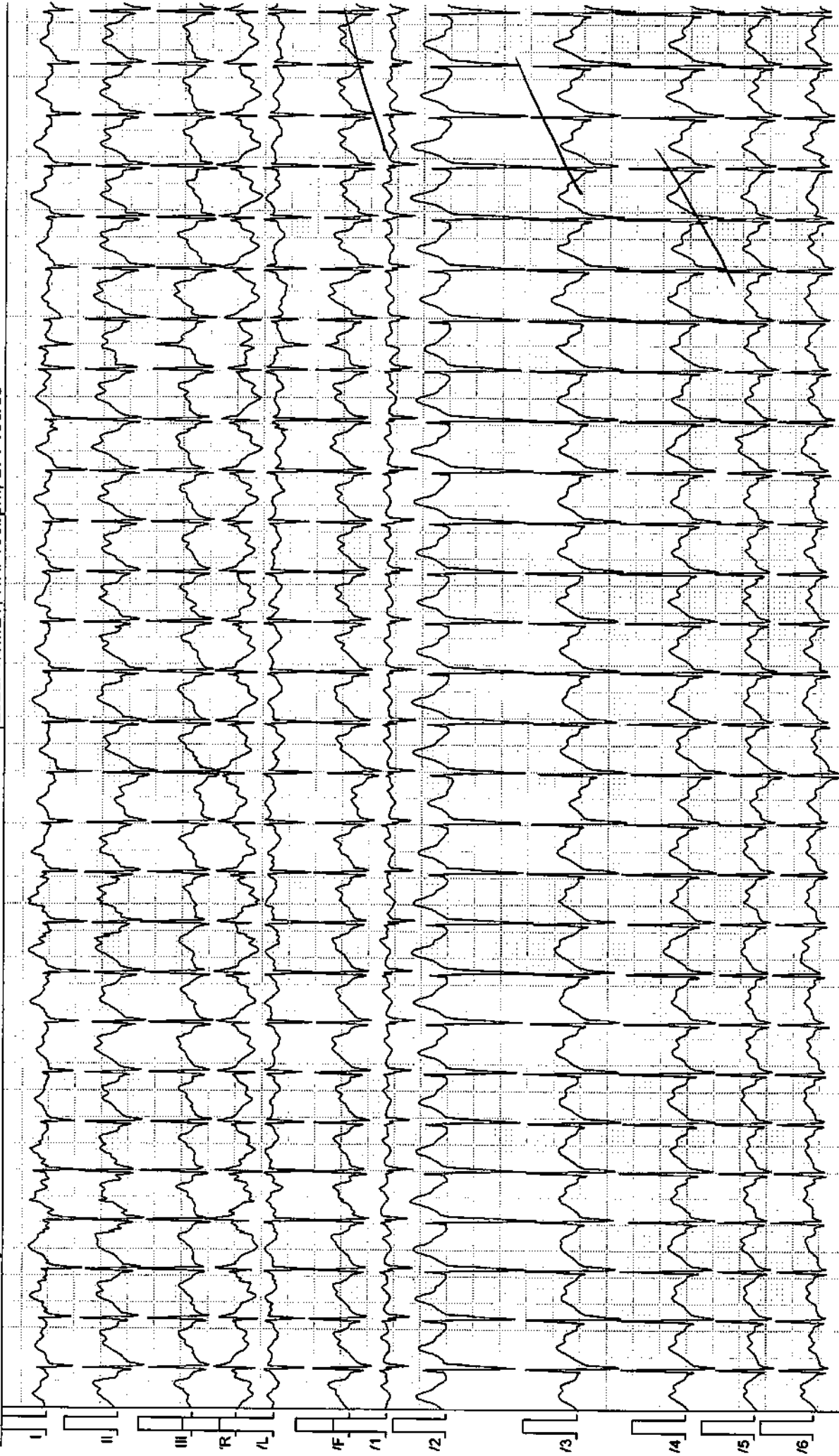
ISKANDAR DESTARIKA, MR

ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Time: R 00:10 - Recovery

Load: 1.8MET, HR: 160bpm, BP: 130/80



Filter: 0.07 Spine - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV

**ISKANDAR DESTARIKA, MR**ID: 01.00079161, Born: 12/28/1977 (Male 42), 52.6 kg, 167 cm
Test Date: 8/11/2020 9:33:31 AM

MEDIKA PLAZA

Stage	Time	Load			HR bpm	BP mmHg	SpO2 %	ST Level [mV], J+: 1/8RR											
		km/h	%	MET				I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Reference	E 00:03	0.8	0.0	1.4	81	120/80	-	-0.17	-0.16	0.02	0.16	-0.10	-0.07	0.02	0.34	0.16	0.11	0.06	0.08
E 1 stage	E 03:01	2.7	10.0	4.6	99	120/80	-	0.08	0.03	-0.04	-0.06	0.06	-0.01	0.04	0.28	0.13	0.10	0.06	-0.07
E 2 stage	E 06:03	4.0	12.0	7.0	115	130/90	-	-0.06	0.26	0.18	-0.20	-0.05	0.23	0.12	0.36	0.25	0.20	0.14	0.31
E 3 stage	E 09:04	5.4	14.0	10.1	148	140/90	-	-0.29	0.28	0.08	-0.24	-0.05	0.16	-0.13	0.16	0.04	-0.03	-0.46	-1.68
E 4 peak	E 10:07	6.7	16.0	13.4	165	-	-	-0.15	-0.32	-0.24	0.12	0.01	-0.25	-0.02	0.16	-0.07	0.04	0.02	0.04
Recovery	R 00:20	0.8	16.0	2.5	160	130/80	-	0.09	0.13	0.02	-0.12	0.04	0.07	0.03	0.28	0.17	0.12	0.06	0.02

DENTAL EXAMINATION

Name: Iskandar Destarika

Sex: M / F

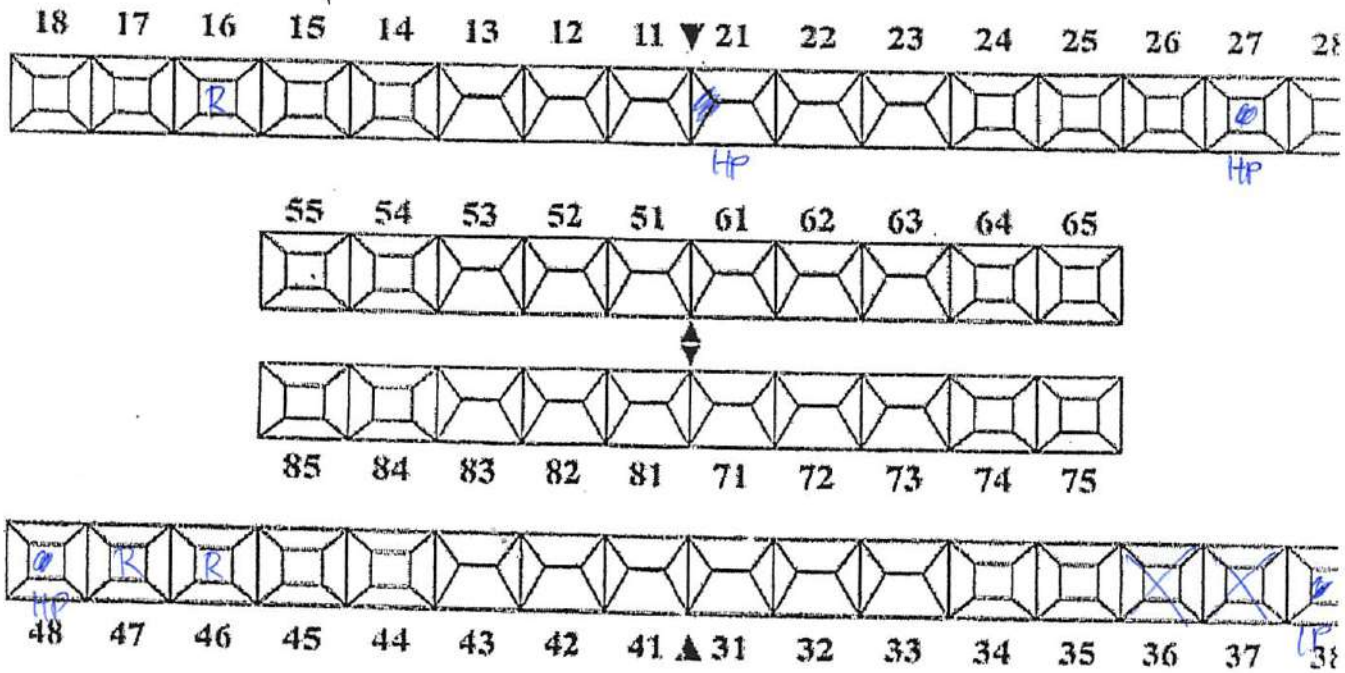
MR :

Visit 11/8/20

Comp.: Inspektindo Sinergi

DOB :

ODONTOGRAM



Calculus t3

DIAGNOSA

calculus bundle.

 21, 27, 48 ⇒ HP.

 16, 47, 46 ⇒ GR.

 38 ⇒ HP.

TREATMENT PLANNING

pro scaling RA + RB

 21, 27, 48 ⇒ pro LC.

 16, 47, 46 ⇒ pro exo

 38 ⇒ pro LC.

Verified by: drg. Ilona Amalia/ drg. Fajar Sulawati/ drg. Siti Darjah/ drg. Herlina

H 11/8/20

NAMA PASIEN : Iskandar Destarika
No. RM : 01.00079161
Klinik/MCU/HCU : CO. ENT

Yth. Ts. Dokter :
(Konsulen)

Mohon konsul Pasien yang kami rawat
dengan,

Diagnosis Kerja :
Ikhtisar Klinik :

Konsul yang diminta :

PENDAPAT KONSULEN

Penemuan :

Diagnosis :

Nasehat/Anjuran :

- Stop smoking
- Uyg ear proteksi
when working in noisy
Area
- Konsultasi dengan

ear: tympanic membrane Intact
nose: anal edging no secret
throat: T2 T2 not hyperemic, pharynx granules
Audiometry: Mild ^{Conductive} hearing disturbance left ear

Tanggal : 11/08/2020

Jam :

Dokter :

Tanda tangan

Dr. MERISTIANA CHRISTIANE, Sp. THT-KL

SIP: 13/B.15b/31.74.04/1.779.3/e/2018

PT. MEDIKA BINA MEDIKATAMA

No. Formulir : FM - DR - 008 - 02
No. Revisi : 00
Tanggal Terbit : 07 Juli 2017