

## PERSONAL DATA

No. MCU	:	2264/GMI-MCU/IX/2020
No. Badge	:	-
Nama	:	<b>RIESKY FETRIAN, Tn.</b>
Umur	:	24 tahun
Perusahaan	:	<b>PT. INSPEKTINDO SINERGI PERSADA</b>
Jabatan	:	Project Administrator
Tgl Pemeriksaan	:	26/09/2020
Alamat	:	Jl. Blora II Rt 21 No.38 Klandasan Ilir Balikpapan Utara



**PT. INSPEKTINDO SINERGI PERSADA**

**HEALTH AND MEDICAL SURVEILLANCE  
TAHUN 2020**



NAMA : RIESKY FETRIAN .....

TANGGAL LAHIR : 03-07-1996 .....

JENIS KELAMIN : Laki-Laki .....

S/N : .....

IGG : .....

DEPT/SERVICE : .....

LOKASI KERJA : Schlumberger .....

JENIS PEMERIKSAAN :  Pre-employment  
 Annual  
 Pre-retirement

## Medical Department

## HEALTH SURVEILLANCE

Isilah firmulir ini dengan sebenarnya dan selengkap-lengkapnya. Apabila ada hal-hal yang kurang dipahami segera hubungi dokter atau perawat.

## IDENTITAS PEGAWAI

1. Posisi
2. Golongan Darah
3. Status
4. Jumlah anak
5. Alamat sekarang
6. No. Extension Telpo.

P.RJECT ADMINISTRATION  
 A / B / AB / O Rhesus : + / -  
 (1) Belum kawin (2) Kawin (3) Janda (4) Duda (5) Cerai  
 Anak laki-laki ..... Orang, Anak Perempuan ..... orang  
 JL. BIORA II RT 21, NO 38, Kecamatan Ii, C.....  
 . Bolikkapen kota  
 Telpon/Hp. 085393896928  
 Kantor : ..... Kamar (untuk lapangan) .....

HANYA UNTUK CALON KARYAWAN : RIWAYAT PEKERJAAN

No.	Posisi	Lama Kerja	Perusahaan	Lama paparan dalam jam/hari					
				Bising	Debu	Kimia	Radiasi	Ergonomi	Elektromagnetik
1	P.RJECT ADMINISTRASI (8 JAM )								
	PT INSPEKTINDO SINERGI PERGADA								

HANYA UNTUK KARYAWAN : RIWAYAT PEKERJAAN

Tuliskan lama kerja pada masing-masing tempat kerja yang sesuai dengan posisi anda. Jumlah jam harus sesuai dengan lama kerja dalam sehari.

1. Office : ..... jam/hari
2. Warehouse : ..... jam/hari
3. Workshop : ..... jam/hari
4. Process area : ..... jam/hari
5. Well/Offshore : ..... jam/hari

PETUNJUK PENGISIAN : ISILAH NOMOR YANG SESUAI DENGAN JAWABAN ANDA PADA KOTAK JAWABAN YANG TELAH TERSEDIA DI SAMPING KANAN. JANGAN MELINGKARI ATAU MENCORET PILIHAN JAWABAN

## RIWAYAT KESEHATAN

1. Selama 1 tahun terakhir ini, apakah anda pernah sakit :

- a. Tekanan darah tinggi 1. Ya 2. Tidak  1
- b. Tekanan darah rendah 1. Ya 2. Tidak  2
- c. Jantung 1. Ya 2. Tidak  2
- d. Stroke 1. Ya 2. Tidak  2
- e. Kencing Manis 1. Ya 2. Tidak  2

f. Timbul benjolan/tumor	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
g. Ayan / Gangguan syaraf	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
h. Asma	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
i. Batu ginjal	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
j. Alergi	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 1
k. Thypus	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
l. TBC	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
m. Malaria	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
n. Penyakit kelamin	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
o. Kuning / Hepatitis	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
p. Gangguan jiwa	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
q. Takut pada ketinggian	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
r. Mata	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
s. Hidung	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 1
t. Telinga	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
u. Gigi / mulut	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
v. Lambung	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
w. Wasir	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
x. Kulit	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
y. Sendi - sendi	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
z. Kandungan	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2

#### RIWAYAT KECELAKAAN KERJA DAN PERAWATAN DI RUMAH SAKIT

1. Dalam satu tahun terakhir apakah Anda pernah mengalami kecelakaan akibat kerja ?      1. Ya      2. Tidak       2  
*Bila tidak, langsung ke no. 6*
2. Bila YA, berapa kali dalam setahun terakhir Anda mengalami kecelakaan ?
3. Apakah Anda perlu mendapatkan perawatan di rumah sakit karena kecelakaan tersebut ?      1. Ya      2. Tidak
4. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan akibat kecelakaan tersebut ?
5. Apakah timbul gangguan fungsi maupun kecacatan setelah sembuh ?      1. Ya      2. Tidak
6. Dalam satu tahun terakhir apakah Anda pernah dirawat di rumah sakit ?      1. Ya      2. Tidak       2  
*Bila tidak, langsung ke no. 8*
7. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan dalam satu tahun terakhir ?
8. Apakah Anda menderita penyakit yang dikontrol terus menerus selama satu tahun terakhir ?      1. Ya      2. Tidak       2

## KEBIASAAN MEROKOK

1. Apakah anda pernah merokok ?
2. Sejak umur berapa Anda mulai merokok untuk pertama kalinya ?
3. Apakah saat ini Anda merokok ?
  
4. Berapa banyak rokok yang Anda isap setiap harinya ?
5. Jenis rokok apa yang Anda isap ? (DITULIS MEREK)
  
6. Seberapa sering Anda menghisap dalam-dalam asap rokok ?
  
7. Berapa menit sehabis bangun tidur Anda mulai merokok?
8. Apakah Anda lebih banyak merokok dalam jam pertama di pagi hari ?
9. Apakah sulit untuk tidak merokok di tempat yang dilarang merokok ?
10. Apakah Anda tetap merokok di saat Anda sedang sakit ?
11. Dalam satu hari, rokok manakah yang sulit di lewatkan ?  
*Dari no. 11 langsung ke pertanyaan alkohol*
12. Apakah anda ingin berhenti merokok?
13. Bila Ya, apakah Anda bersedia untuk mengikuti program Berhenti Merokok?
  
14. Sudah berapa lama Anda berhenti merokok ? (tahun)

1. Ya      2. Tidak   
*Bila tidak, langsung ke alkohol*

1. Ya, setiap hari  
 2. Ya, tidak setiap hari  
 3. Tidak - bila tidak langsung ke no. 14

1. Kadar nikotin rendah  
 2. Kadar nikotin sedang  
 3. Kadar nikotin tinggi
1. Tidak pernah  
 2. Kadang-kadang  
 3. Selalu

1. Ya      2. Tidak

1. Ya      2. Tidak

1. Ya      2. Tidak   
1. Rokok pertama di pagi   
2. Rokok lainnya

1. Ya      2. Tidak

1. Ya      2. Tidak

*Langsung ke pertanyaan alkohol*

<input type="checkbox"/>	<input type="checkbox"/>
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## KONSUMSI ALKOHOL

1. Apakah Anda pernah minum minuman beralkohol ?
2. Apakah Anda minum minuman beralkohol dalam 12 bulan terakhir ?
3. Apakah Anda minum minuman beralkohol dalam 4 minggu terakhir ?
4. Berapa kali Anda minum minuman beralkohol dalam sebulan ?
5. Berapa banyak minuman beralkohol yang Anda habiskan tiap kalinya ? (diperkirakan dalam satuan cc)

1. Ya      2. Tidak   
*Bila tidak, langsung ke olahraga*

1. Ya      2. Tidak   
*Bila tidak, langsung ke olahraga*

1. Ya      2. Tidak   
*Bila tidak, langsung ke olahraga*

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

## AKTIFITAS FISIK DAN OLAHRAGA

1. Berapa banyak waktuyang Anda habiskan untuk duduk setiap harinya ? (dalam menit, dan termasuk waktu yang dihabiskan untuk duduk di tempat kerja maupun di waktu luang)
2. Berapa kali Anda berolahraga dalam sebulan ?
3. Berapa lama wattu yang Anda habiskan untuk berolahraga tiap kalinya ? (dalam menit)
4. Bagaimana intensitas olahraga yang Anda lakukan ?

3  0  0

3  X  
 6  0

1. Ringan      4. Berat   
2. Sedang      5. Sangat berat  
3. Cukup berat

## POLA KONSUMSI BAHAN MAKANAN

1. Berapa hari dalam seminggu biasanya Anda makan buah-buahan ?
2. Berapa hari dalam seminggu biasanya Anda makan sayur-sayuran ?

## RIWAYAT PENYAKIT KELUARGA

1. Apakah ada diantara Ayah/Ibu Anda menderita penyakit berikut
  - a. Tekanan darah tinggi  1. Ya  2. Tidak  2
  - b. Penyakit jantung  1. Ya  2. Tidak  2
  - c. Stroke  1. Ya  2. Tidak  2
  - d. Kencing manis  1. Ya  2. Tidak  2
  - e. Kanker  1. Ya  2. Tidak  2
  - f. Alergi  1. Ya  2. Tidak  1
  - g. Asma  1. Ya  2. Tidak  2
2. Apakah ada saudara kandung Anda menderita penyakit berikut
  - a. Tekanan darah tinggi  1. Ya  2. Tidak  2
  - b. Penyakit jantung  1. Ya  2. Tidak  2
  - c. Stroke  1. Ya  2. Tidak  2
  - d. Kencing manis  1. Ya  2. Tidak  2
  - e. Kanker  1. Ya  2. Tidak  2
  - f. Alergi  1. Ya  2. Tidak  1
  - g. Asma  1. Ya  2. Tidak  2
3. Di antara Ayah/Ibu/Saudara Kandung Anda, apakah ada yang meninggal karena penyakit-penyakit di atas pada usia kurang dari 45 tahun untuk laki-laki dan 55 tahun untuk perempuan ?  1. Ya  2. Tidak  2

## UNTUK KARYAWAN WANITA

1. Apakah saat ini Anda sedang hamil ?  1. Ya  2. Tidak
2. Berapa bulan umur kehamilan Anda saat ini ?   
Bila tidak, langsung ke no. 3
3. Berapa jumlah kehamilan yang pernah Anda alami (termasuk kehamilan kali ini) ?
4. Berapa jumlah keguguran yang pernah Anda alami ?
5. Kapan hari pertama haid terakhir Anda ?  /  /
6. Berapa umur Anda pada saat haid pertama ?
7. Berapa banyak pada saat Anda haid ?  1. Banyak  2. Sedikit
8. Apakah dalam satu tahun terakhir pola haid Anda teratur ?  1. Ya  2. Tidak
9. Apakah ada rasa sakit yang berhubungan dengan haid ?  1. Ya  2. Tidak
10. Apakah Anda sering menderita keputihan ?  1. Ya  2. Tidak

## KELUARGA BERENCANA

1. Apakah keluarga Anda mengikut keluarga berencana ?      1. Ya      2. Tidak        
Bila tidak langsung ke Vaksinasi
2. Bila YA, metode KB apa yang Anda gunakan ?
- |           |              |                          |
|-----------|--------------|--------------------------|
| 1. Kondom | 5. IUD       | <input type="checkbox"/> |
| 2. Pil    | 6. Vasektomi | <input type="checkbox"/> |
| 3. Suntik | 7. Tubektomi | <input type="checkbox"/> |
| 4. Susuk  | 8. Lainnya   | <input type="checkbox"/> |

## RIWAYAT VAKSINASI

1. Apakah anda pernah mendapatkan vaksinasi tetanus ?      1. Ya      3. Tidak tahu       7  
2. Apakah Anda pernah mendapatkan vaksinasi hepatitis ?      1. Ya      3. Tidak tahu       3  
2. Tidak

## DONOR DARAH

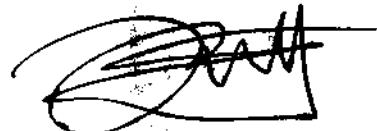
1. Bersediakah Anda mendonorkan darah bila dibutuhkan ?      1. Ya      2. Tidak       1  
2. Kapan Anda melakukan donor darah terakhir ?      

2	5	/	0	6	/	1	4
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**Formulir tersebut di atas telah saya isi dengan benar dan sesungguhnya.**

Balikpapan, 26 September 2020

Nama dan tanda tangan karyawan



(RIESKY FETRIANI)

## MEDICAL CHECK UP -2020

## PHYSICAL EXAMINATION

NAME	RIESKY FETRIAN, Tn.		S/N	-	DEPT	-
<b>I. VITAL SIGN</b>						
Blood Pressure (supine)	130/70	mmHg	Pulse	72	x/m	Respiration
Weight (W)	59	kg	Height (H)	175	cm	BMI

(\*) BMI = W / H<sup>2</sup> (Underweight = <18, Normal 18-25, Overweight 25-30, Obese > 30)

## II. PHYSICAL EXAMINATION

No	PHYSICAL		A = ABNORMAL; N = NORMAL	A	N	Describe abnormalities in detail (circle words of importance and explain)
1	GENERAL APPEARANCE		Appearance age/ Nutritional/ Development/ Mental & emotional status/Posture/Gait/Speech		✓	
2	HEAD / SCALP		Size/Shape/Tender over sinuses/ Hair/ Eruption/ Masses/Bruit		✓	
3	EYES		Conjunctiva /Sclera/ Cornea/ Pupils/ Ptosis/ Tension/ Eye lid/Bruit/Reflex/ Range of Movement		✓	
4	EARS		Ext. canal/Membran perforation/ Discharge/ Tophi/ Hearing problem/ Mastoids		✓	
5	NOSE / SINUSES		Septum/obstruction/ Turbinete /Discharges		✓	
6	MOUTH / THROAT		Odor/Lips/Tongue/Tonsils/ Gums/ Pharynx		✓	
7	TEETH		Caries ©, Filling(F), Missing (M), Radix®	✓		Caries, Missing
8	NECK		Adenopathy/Thyroid/Carotids/ Tracheal/ Veins/ Mass/ Spine/ Motion/ Bruit		✓	
9	BACK / SPINE		Kyphosis/Scoliosis/ Lordosis/ Mobility/ CVA/ Bone/ Tenderness/ Other deformities		✓	
10	THORAX		Symmetry/Movement/Contour / Tender		✓	
11	BREAST		Size/Consistency/ Nipples/ Areola / Discharge/ Palpable mass/ endermess/ Nodes/ Scars		✓	
12	HEART		Rate/Rhythm/Apical/Impulse/Trills/ Quality of sound/Intensity/Splitting/Extra sound/Murmurs		✓	
13	CHEST / LUNG		Excursion/Dullness or Hyper-resonance of percussion/ Quality of breath sound/ Rales/ Wheezing/Ronchi/ Bruit		✓	
14	ABDOMEN		Bowel sounds/ Appearance/ Liver/ Spleen/ Masses/ Hernias/ Murmur/ Contour/ Tenderness/ Bruit/ Nodes		✓	
15	GROIN		Hernia/Inguinal nodes/Femoral pulses		✓	
16	GENITAL	MALE	Penis/Testis/Scrotum epididymis/ Varicocele/ Scars/ Discharge/ Circumcised/ Piercing		✓	
		FEMALE	Vulva/Vagina/ Cervix/ Uterus/ Adnexae/ Rectocele/ Bartholini gland/ Urethra/ Discharge			
17	EXTREMITIES		Deformity/Clubbing/Cyanosis/Edema/Nail/ Peripheral pulses/ Calf tenderness/Joints for swelling/ ROM		✓	
18	JOINTS		ROM/ Swelling / Inflammation /Deformity		✓	
19	SKIN		Color/Birthmark/Scars/ Tattoos /Texture/Rash/ Eczema / ulcers/Piercing		✓	
20	NEUROLOGICAL		Reflexes/Cranial nerve/Tremor/Paralysis/Motoric/ Sensor (touch,prick,vibrate)/ Coordination/ Romberg		✓	Romberg Test : Negative
21	MUSCULAR SYSTEM		Strength/Wasting/Development		✓	
22	RECTAL EXAM.		Sphincter tonus/ Hemorrhoids/ Fissure/ Masses /Prostate		✓	

## SUPPORTIVE INVESTIGATIONS

### I. VISION

Vision	Unaided		With Spectacles		Depth Perception	Colour Blindness	
	Left	Right	Left	Right			Normal
Distant	20/70	20/30					Red - Green Absent
Near	20/70	20/30				✓	
Visual fields (Normal > 70°)		Left	85°	Right	85°		Colour Blind

### II. LABORATORIUM SUMMARY

	Normal	<b>COMMENT:</b>	See attached result
✓	Abnormal		Cholesterol 231 mg/dl (Meningkat), LDL 157 mg/dl (Meningkat)

### III. CHEST X-RAY

Pneumoconiosis	Yes	No	✓	See attached result
If Yes – ILO Classification				
Evidence of TB	Yes	No	✓	
Other Abnormalities				
<b>COMMENT</b>	Foto Thorax Normal			

### IV. ECG (Optional for over 35 years of age)

Normal	✓	Abnormal	(specify) : Sinus Arrhythmia, HR : 72 bpm	See attached result
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### V. TREADMILL (Optional for over 35 years of age)

Normal	✓	Abnormal	(specify) : Negative Ischemic Response, 13 Mets.	See attached result
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### VI. SPIROMETRY (Optional for dust exposure, respiratory chronic disease, ....)

Test	Observed	Predicted	% Prediction	See attached result
VC				%
FVC				%
FEV 1				%
FEV/FVC				%

### VII. AUDIOMETRY (Optional for noise exposure, previous hearing problem, ....)

CONCLUSION		Change since last audiometric examination	Yes	See attached result
✓ Normal		If Yes, what change :	No	
Abnormal		Recommended Action:		
		Refer to safety department:	<input type="checkbox"/> Yes / <input type="checkbox"/> No	



## TO BE COMPLETED BY THE EMPLOYEE

In order to process your Med-Track report and to upload it in the confidential eMed-Track web site, we require your authorization. If you are attending an International SOS recommended medical center, please fill in Option 1. If you are attending another medical center of your choice, please fill in Option 2.

**IN ALL CASES PLEASE DATE AND SIGN AT THE BOTTOM OF THE PAGE.**

• **Option 1: Medical examination performed by an SOS recommended medical center**

(For list of recommended medical centers, see: <http://www.internationalsos.com/private/schlumberger/Medtrack/>)

I do authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to International SOS and the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached Consent Form Option 1. (Please fill in pages 3 and 5. The examining physician will fill in pages 6 and 7.)

I do not authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to any third party, including International SOS and the Schlumberger Medical Department. Please fill in below.

Medical center : GRAND MEDICA ..... Name of doctor : .....

Medical exam date : 26 September 2020

*And return only page 1 and 2 to :*

International SOS  
Med-Track Department  
12/14 rue d'Alsace  
92300 Levallois Perret, France  
Fax : +33 1 55 63 32 42  
[emedtrack@internationalsos.com](mailto:emedtrack@internationalsos.com)

• **Option 2: Medical examination performed by a medical center of your choice, And not on the list of centers recommended by International SOS**

I agree to send my confidential medical data to International SOS and I agree to the subsequent transfer to the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached Consent Form Option 2. (Please fill in pages 4 and 5. The examining physician will fill in pages 6 and 7.)

For rapid processing please ensure that the entire Med-Track report is sent as rapidly as possible to :  
*International SOS*

Med-Track Department  
12/14 rue d'Alsace  
92300 Levallois Perret, France  
Fax : +33 1 55 63 32 42  
[emedtrack@internationalsos.com](mailto:emedtrack@internationalsos.com)

I do not agree to send my confidential medical data to International SOS (and I do not agree to the subsequent transfer to the Schlumberger Medical Department).  
Please fill in below.

Medical center: ..... Name of doctor: .....

Medical exam date : .....

*And return only page 1 and 2 to:*

International SOS  
Med-Track Department  
12/14 rue d'Alsace  
92300 Levallois Perret, France  
Fax : +33 1 55 63 32 42  
[emedtrack@internationalsos.com](mailto:emedtrack@internationalsos.com)

**IMPORTANT: MUST BE FILLED IN BEFORE RETURNING TO INTERNATIONAL SOS**

# TO BE COMPLETED BY THE EMPLOYEE

## CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

### OPTION 1 :

#### **Medical examination performed by an International SOS recommended medical center**

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

### INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS and its contractors (the licensed physician(s) and medical staff who perform this medical examination) may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with, and cause its contractors (the licensed physician(s) and medical staff who perform this medical examination) to comply with, EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) I acknowledge and expressly agree that without prejudice to paragraph (f), International SOS shall not be liable for the accuracy or medical conclusions of the medical examination carried out by its contractors (the licensed physician(s) and medical staff who perform this medical examination).
- (h) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (i) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (j) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (k) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination will be sent by the licensed physician(s) and medical staff who perform this medical examination to Schlumberger Medical Department, and International SOS, and processed by said parties.

**I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.**

**I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).**

Full name: RIESLY FETRIAN

Date (day/month/year): 26/09/2020 Employee's signature: 

# TO BE COMPLETED BY THE EMPLOYEE

## CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

### OPTION 2:

#### Medical examination performed by a medical center of your choice, and not on the list of centers recommended by International SOS

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

### INFORMATION AND CONSENT

I am informed of, and agree to, the following:  
(a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).

(b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data. Such processing will start once I will have transferred the questionnaire attached, filled in by the licensed physician that I have selected for the performance of my medical examination, and the results of the medical tests carried out by such licensed physician, to SOS which will transfer my personal data to Schlumberger Medical Department.

(c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.

(d) I undertake to provide complete and accurate data.

(e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.

(f) International SOS they collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with EU personal data protection laws and national laws adopted pursuant thereto, and data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.

(g) My personal data for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.

(h) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track Department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.

(i) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.

(j) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination that I will send to International SOS will be processed by Schlumberger Medical Department and International SOS.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website (<http://www.internationalsos.com/private/schlumberger/Medtrack>).

Full name: RICHARD VAN

Date (day/month/year): 22/07/2010 Employee's signature: [Signature]

LAST NAME ..... PETRIAN ..... FIRST NAME ..... RICKY .....

TO BE COMPLETED BY THE EMPLOYEE

**BLOOD TYPE :**

(If known)

O

**PAST MEDICAL HISTORY**

**DO YOU HAVE OR HAVE YOU HAD**

(Check "yes" or "no" column or put a ? if uncertain)

- | Yes No   |
|--|
| <input type="checkbox"/> <input checked="" type="checkbox"/> 1. sinus trouble                  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 2. neck swelling/glands           |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 3. difficulty in vision           |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 4. any ear discharge              |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 5. asthma/bronchitis              |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 6. hayfever/other allergy         |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 7. any skin trouble               |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 8. tuberculosis                   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 9. shortness of breath            |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 10. coughed blood                 |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 11. abdominal pain                |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 12. stomach ulcer                 |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 13. recurrent indigestion         |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 14. jaundice/hepatitis            |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 15. gall bladder disease          |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 16. marked change in bowel habits |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 17. blood in stool                |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 18. change in weight              |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 19. varicose veins                |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 20. lump in breast                |

- | Yes No  |
|---|
| <input type="checkbox"/> <input checked="" type="checkbox"/> 21. cancer   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 22. heart disease  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 23. rheumatic fever  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 24. abnormal heartbeat                                       |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 25. high blood pressure                                      |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 26. stroke   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 27. serious chest pain                                       |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 28. any blood disease  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 29. kidney disease   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 30. painful passage of urine                                 |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 31. blood in urine   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 32. diabetes   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 33. headaches/migraine                                       |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 34. dizziness/fainting                                       |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 35. epilepsy   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 36. joints/spinal trouble                                    |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 37. surgical operation                                       |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 38. accident/fracture  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 39. tropical disease   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 40. fear of heights  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 41. rejected for employment or insurance for medical reasons |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 42. awarded benefits for industrial injury                   |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 43. treated for a mental condition                           |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 44. treated for drinking problem/drug abuse                  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 45. exposed to : Mercury                                     |
| <input type="checkbox"/> <input checked="" type="checkbox"/> Radioactivity  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> Toxic chemicals  |
| <input type="checkbox"/> <input checked="" type="checkbox"/> Excess noise   |

**HAVE YOU EVER BEEN** Yes No

- |   |  |
|---|--|
| <input type="checkbox"/> <input checked="" type="checkbox"/> 41. rejected for employment or insurance for medical reasons | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 42. awarded benefits for industrial injury                   | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 43. treated for a mental condition                           | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 44. treated for drinking problem/drug abuse                  | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 45. exposed to :   |  |
| Mercury   | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| Radioactivity   | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| Toxic chemicals   | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| Excess noise  | <input type="checkbox"/> <input checked="" type="checkbox"/> |

**FOR WOMEN ONLY**

Have you ever had

- |  |  |
|--|--|
| <input type="checkbox"/> <input checked="" type="checkbox"/> 46. an abnormal smear         | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 47. a gynecological treatment | <input type="checkbox"/> <input checked="" type="checkbox"/> |
| <input type="checkbox"/> <input checked="" type="checkbox"/> 48. are you pregnant ?        | <input type="checkbox"/> <input checked="" type="checkbox"/> |

If you have answered "yes" to questions 37, 38 or 39 or if you have or had an illness not mentioned above please detail in ENGLISH and in clear capital letters:

Medication taken regularly :

Do you take preventive malaria medication when in high malaria risk areas ? YES  NO   
If yes, which medication ?

Allergies to medication:

DATES OF LAST VACCINATIONS: (day/month/year)

polio ..... / ..... / .....

hepatitis B ..... / .....

hepatitis A ..... / .....

tetanus ..... / ..... / .....

yellow fever ..... / .....

typhoid ..... / .....

other: ..... , date: ..... / ..... / .....

Other

, date: ..... / ..... / .....

Alcohol consumption: Number of glasses per day: .....

Tobacco: Number of cigarettes per day: .....

LAST NAME ..... PETERIAN ..... FIRST NAME RIGS FM

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH OR TYPE WHENEVER POSSIBLE. NO ABBREVIATIONS PLEASE

DRUG TESTING: for pre-employment medicals only:

Not performed  Performed  Positive  Negative

PLEASE UP DATE VACCINATIONS: Indicate ONLY vaccinations performed during this examination

POLIO  TETANUS  HEPATITIS B  YELLOW FEVER  HEPATITIS A  TYPHOID

OTHER VACCINATIONS PERFORMED: .....

Please make sure patient has correct malaria protection when travelling to high malaria risk areas

MEDICAL EXAMINATION

IF ABNORMAL, PLEASE DETAIL

1. eyes and pupils  normal

abnormal

a .....

2. ear/nose/throat

a .....

3. teeth and mouth  n

C  M

a .....

4. lungs and chest

a .....

5. cardiovascular  n

a .....

6. abdo. viscera  n

a .....

7. hernial orifices

a .....

8. anus and rectum

a .....

9. genito-urinary  n

a .....

10. extremities

a .....

11. musculo-skeletal

a .....

12. skin/varicose vns

a .....

13. neurological/

a .....

mental fitness

14. breast

a .....

HEIGHT	
cms	ft
125	

WEIGHT	
kgs	lbs
59	

BLOOD PRESSURE	
136	70

72

PULSE		
HEARING		
R	<input checked="" type="checkbox"/>	a
L	<input checked="" type="checkbox"/>	a

VISION		n	a
Distant	R	20/20	20/20
	L		
Near	R	20/20	20/20
	L		

COLOR Vision	
Red	Green
Blue	Yellow
Black	White

LAST NAME : FETRIAN

FIRST NAME : RIESKY

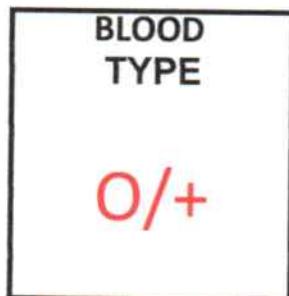
## TO BE COMPLETED BY THE EXAMINING PHYSICIAN

## PARA-CLINICAL EXAMINATION

- ECG       a : Sinus Arrhythmia, HR : 72 bpm  
 Treadmill     a : NEGATIVE ISCHEMIC RESPONSE  
 Chest X Ray     a : Within Normal Limits

## BLOOD ANALYSIS

RBC	4.900.000	/mm3	SGOT (ASAT)	20	U/L
WBC	6800	/mm3	SGPT (ALAT)	13	U/L
NEUTROPHIL	57,7	%	GAMMA GT	22	U/L
EOSINOPHIL	2,5	%	GLYCEMIA	110	mg/dL
BASOPHIL	0	%	CHOLESTEROL TOTAL	231	mg/dL
LYMPHOCYTE	36,5	%	HDL	57	mg/dL
MONOCYTE	4,2	%	LDL	157	mg/dL
HEMATOCRIT	44	%	CREATININE	0,7	mg/dL
HEMOGLOBIN	14,3	g/dL	URIC ACID	6,0	mg/dL
ESR (Sedimentation Rate)	-	mm/h	TRIGLYCERIDES	86	mg/dL



## URINE ANALYSIS

ALBUMIN : -      SUGAR : Negative      BLOOD : Negative      PARASITES : Negative      BLOOD : Negative

## STOOL ANALYSIS

CONCLUSION : FIT IN ALL AREA      Yes  No       MUST BE REASSESSED      Yes  No   
 if you answer No. please detail your reasons)

Detail : .....

DOCTOR'S SIGNATURE

A handwritten signature in black ink, appearing to read "FJ".

MEDICAL CENTER STAMP/SEAL



## EXAMINING PHYSICIAN'S FULL NAME AND ADDRESS

Name : dr. HENDRA A.Z.  
 Forename : -  
 Street : JL. MARSMA R. ISWAHYUDI NO. 19 GUNUNG BAKARAN  
 City : BALIKPAPAN      Country : INDONESIA  
 Tel : 0542 - 7214552      Fax : 0542- 7214553  
 E-mail address : grandmedica@gmail.com

Please write in clear capital letters !

LAST NAME PETRIAN FIRST NAME RIBSKY

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

**Med Track Plus Exam**

**Only for high mobility employees (IM, IC, GM, HCM) over 40 years of age**

If you are over 40 years of age, Schlumberger offers you the possibility of performing a more in-depth health assessment every 3 years in order to check your general wellness. Med Track Plus should be performed at the same time as your usual Med Track exam.

The Med Track Plus health assessment targets in particular the increased cancer and cardiovascular risks inherent to people over 40 years of age. Tests designated below in Med-Track Plus are only recommended and not mandatory.

**EYES :**

Tonometry Right eye (Glaucoma testing) ..... mmHG

Tonometry Left eye (Glaucoma testing) ..... mmHG

**ADDITIONAL BLOOD TESTS :**

PSA ..... ng/ml      TSH ..... UI

CEA ..... µg/l      Alkaline phosphatase ..... UI

**IF ABNORMAL, PLEASE DETAIL**

LUNGS/ Functional Respiratory testing      n      a.....

ABDOMINAL AND PELVIC ECHOGRAPHY       a.....

**CARDIOVASCULAR RISK FACTORS :**

Stress test       a .....

Carotid Echo-Doppler      n      a .....

Cardiac Echography      n      a .....

**FOR MEN ONLY :**

Prostate Echography      n      a .....

**FOR WOMEN ONLY :**

Mammogram      n      a .....

PAP Smear      n      a .....

Doctor's additional comments or conclusions:

Tgl. Skrining : 26/09/2020

No. : 2264

**Bagian A. Identitas Pasien (diisi dengan lengkap oleh pasien yang berkunjung)**

Nama Lengkap: <b>RIESKY FETRIAN, Tn.</b>	Tgl. Lahir: <b>03/07/1996</b>	Umur : <b>24</b> tahun	Jenis Kelamin : <b>Laki-Laki</b>
Nama Perusahaan: <b>PT. INSPEKTINDO SINERGI PERSADA</b>	Alamat Rumah: <b>Jl. Blora II Rt 21 No.38 Klandasan Ilir Balikpapan Utara</b>	Telp./HP : <b>HP : 0853 9389 6928</b>	

**Bagian B. Informasi Riwayat Kesehatan (diisi oleh pasien)**

Berilah tanda centrang (V) pada setiap kolom pertanyaan sesuai keadaan sebenarnya:

Gejala:	Ya	Tidak
1. Apakah anda pernah mengalami demam atau riwayat demam dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Apakah anda pernah mengalami batuk/pilek/nyeri tenggorokan dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Apakah anda pernah mengalami sesak atau kesulitan bernapas (pneumonia) dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Faktor Risiko :**

1. Apakah anda memiliki riwayat perjalanan ke wilayah/negara/kota yang termasuk kategori transmisi lokal dalam waktu 14 hari terakhir.	Ya	Tidak
<input type="checkbox"/> Jakarta <input type="checkbox"/> Menado <input type="checkbox"/> Bandung <input type="checkbox"/> Pontianak <input type="checkbox"/> Yogyakarta <input type="checkbox"/> Solo <input type="checkbox"/> Depok <input type="checkbox"/> Denpasar <input type="checkbox"/> Tanggerang <input type="checkbox"/> <input type="checkbox"/> Bogor <input type="checkbox"/>	<input type="checkbox"/>	
2. Memiliki riwayat paparan salah satu atau lebih:		
a. Riwayat kontak erat dengan kasus konfirmasi COVID-19 ATAU b. Bekerja di fasilitas kesehatan yang berhubungan dengan pasien konfirmasi COVID-19 ATAU c. Memiliki riwayat kontak dengan hewan penular (jika hewan penular sudah teridentifikasi).	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Bagian C. Pemeriksaan Tanda Vital (diisi oleh petugas pemeriksa)**

Pengukuran Suhu Tubuh (°C)	Laju Pernapasan (x/menit)	Laju Nadi (x/menit)
36	20	72

**Bagian D. Pemeriksaan Fisik (diisi oleh dokter pemeriksa)**

Suara Napas	Ronchi	Wheezing
Vesikuler ++	-/-	-/-

**Bagian E. Kategori Penilaian**

	Kesimpulan
• Pasien Dalam Pengawasan (PDP)	Gejala No. 1 + No. 2 + No. 3 DAN faktor risiko No. 1 ATAU Gejala No. 1 ATAU No. 2 DAN salah satu atau lebih Faktor risiko No. 2 ATAU Gejala No.3 (Berat)
• Orang Dalam Pemantauan (ODP)	Gejala No. 1 ATAU No.2 DAN Faktor Risiko No.1 ATAU Gejala No.2 DAN salah satu atau lebih Faktor risiko No. 2
• Orang Tanpa Gejala (OTG)	Tidak ada gejala DAN Memiliki faktor risiko No.2.
• Bukan Termasuk Salah Satunya.	<input checked="" type="checkbox"/>

Saya menyatakan bahwa jawaban dan pernyataan di atas adalah benar dan telah diisi sesuai dengan keadaan yang sesungguhnya. Saya setuju hasil pemeriksaan saya disimpan dalam bentuk dokumen tertulis maupun elektronik dan jika diperlukan informasi medis yang berhubungan dengan pekerjaan saya, dapat diberikan kepada pimpinan perusahaan tempat saya bekerja.

Pasien/Karyawan	Petugas Skrining	Dokter Pemeriksa
	 <b>SUPARLAN</b>	 <b>dr. Malikinna ONESIA</b> SIP: 449.1/2/5/P.3/DPMPT/SIP-D/2018



## HASIL PEMERIKSAAN KESEHATAN TAHUN 2020

PT. INPEKTINDO SINERGI PERSADA

Balikpapan, **30/09/2020**

Kepada Yth : <b>RIESKY FETRIAN, Tn.</b>	Umur : 24 tahun	S/N : -
Posisi : Project Administrator	MCU ID : 2264/GMI-MCU/IX/2020	Dept. : -

Berikut adalah kesimpulan hasil pemeriksaan medical check up yang telah dilaksanakan pada tanggal :  
**26/09/2020**

### TEMUAN :

- Berat Badan = 59 Kg (Normal), BMI = 19,27 ; BB Ideal = 55,13 - 76,56 Kg. Lingkar Perut : 72 cm (M : N ≤ 90 cm, F : N ≤ 80 cm).
- Riwayat Kesehatan = Keluhan alergi. Tidak MEROKOK. BEROLAHHRAGA 3x/bulan, Intensitas SEDANG.
- Riwayat Kesehatan Keluarga = Orang tua & saudara (Alergi). Riwayat Vaksinasi = Vak. Tetanus & Vak. Hepatitis : TIDAK TAHU.
- Fisik = TD : 130/70 mmHg (Normal-Tinggi). Gigi : Caries, Missing. Romberg Test : Negatif.
- Fisik = Mata : VOD : 20/30 (Normal), VOS : 20/70 (Mild), VF ODS : 85°. Test Buta Warna : Buta warna parsial. Lab = Darah Lengkap (Hematology) : Dalam batas normal.
- Lab = Urine : Normal. Faeces : Normal. Kimia Darah : Cholesterol 231 mg/dl (Meningkat), LDL 157 mg/dl (Meningkat). Serology = HbsAg : Negative. Gol. Darah : O+.
- Rekam Jantung (EKG) = Sinus arrhythmia, HR : 72 bpm. Treadmill Test = Negative Ischemic Response, 13 Mets (Normal). Rontgen Dada (Thorax) = Normal.
- USG Abdomen = Tidak ada kelainan significant pada organ abdominal. Audiometri = Fungsi pendengaran dalam batas normal.
- Faktor Resiko Jantung Koroner berdasarkan Jakarta Cardiovascular Score = -2 -> Low Risk (CV10 < 10 %)

### STATUS KESEHATAN :

Kategori	CATATAN
<input type="checkbox"/> M-1A	Tidak ditemukan problem kesehatan
<input type="checkbox"/> M-1B	Ditemukan problem kesehatan yang tidak serius
<input checked="" type="checkbox"/> M-2	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko rendah.
<input type="checkbox"/> M-3A	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko sedang
<input type="checkbox"/> M-3B	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko tinggi
<input type="checkbox"/> M-4	Ditemukan keterbatasan fisik untuk melakukan pekerjaan secara normal, hanya cocok untuk pekerjaan ringan.
<input type="checkbox"/> M-5	Dalam perawatan di rumah sakit atau dalam kondisi yang tidak memungkinkan untuk melakukan pekerjaan (status ijin sakit).

### KESIMPULAN :

- |  |                                 |
|--|---------------------------------|
| <input checked="" type="checkbox"/> FIT  | Sebagai : Project Administrator |
| <input type="checkbox"/> UNFIT           | Di : Schlumberger               |
| <input type="checkbox"/> TEMPORARY UNFIT |                                 |



### SARAN - SARAN :

- Pertahankan Berat Badan IDEAL, perhatikan batasan normal Berat Badan.
- Periksa Tekanan Darah secara teratur, DIET RENDAH GARAM, konsultasi rutin ke dokter perusahaan.
- Koreksi tajam pengelihatan jauh dengan Kaca Mata yang tepat. Hindari pekerjaan yang memerlukan KETELITIAN WARNA \_Diskusikan dengan HSE Department.
- Diet RENDAH LEMAK; Batasi Makan GORENGAN; Lakukan pemeriksaan laboratorium LEMAK DARAH 3 bulan kemudian. Tingkatkan aktifitas fisik.
- Konsul ke dokter bila timbul keluhan kesehatan. Banyak minum air putih 2-3 liter/hari. Lakukan perawatan gigi ke dokter GIGI.
- OLAHRAGA secara teratur dan terukur untuk menjaga kesehatan JANTUNG dan KEBUGARAN tubuh.

Bila masih ada hal yang perlu diperjelas, mohon segera menghubungi dokter pemeriksa di 0542-7214552, 0821 5721 3030, 0852 4998 3158.  
Terima kasih atas kerjasamanya.

#### Catatan :

\* Status Medical Check Up ini berlaku sampai dengan tanggal : **26/09/2021**

Mengetahui :

dr. ....



Hormat Kami,  
Dokter Pemeriksa,



dr. Hendra Az

No. SKP : KEP.350/BINWASK3-PNK3/KK/XI/2017



### JAKARTA CARDIOVASCULAR SCORE

Name : RIESKY FETRIAN, Tn.  
 MCU No. : 2264/GMI-MCU/IX/2020  
 Date : 26/09/2020

Age (Years) : 24  
 Job : Project Administrator  
 Company : PT. INSPEKTINDO SINERGI PERSADA

RISK FACTOR		SCORE	RESULT	Points
Sex	Female	0	Male	1
	Male	1		
Age	25-34	-4	24	-4
	35-39	-3		
	40-44	-2		
	45-49	0		
	50-54	1		
	55-59	2		
	60-64	3		
Blood Pressure	Normal	0	130/70	1
	High Normal	1		
	Grade 1 Hypertension	2		
	Grade 2 Hypertension	3		
	Grade 3 Hypertension	4		
BMI (Kg/m2)	13,79-25,99	0	19,27	0
	26,00-29,99	1		
	30,00-35,58	2		
Smoke	Never	0	Never	0
	Ex Smoker	3		
	Smoker	4		
Diabetes Mellitus	No	0	No	0
	Yes	2		
Physical Exercise/Activity	No	2	Medium	0
	Low	1		
	Medium	0		
	High	-3		
TOTAL SCORE				-2
CONCLUSION :		→	LOW RISK (CV10 < 10%)	

NOTES :

Blood Pressure : Normal (<130/<85), High - Normal (130-139/85-89), Grade 1 Hypertension (140-159/90-99), Grade 2 Hypertension (160-179/100-109), Grade 3 Hypertension (>180/>110)

RISK LEVEL :

► -7 to 1 → Low Risk (CV10 < 10%). ► 2 to 4 → Moderate Risk (CV10 = 10-20%). ► ≥ 5 → High Risk (CV10 > 20%)





## HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.  
(Lab. Number) : 2264 /GMI-MCU/IX/2020

Data Pasien (Patient Detail)

<u>Nama</u> (Name)	: RIESKY FETRIAN, Tn.	/	<u>M</u>	<u>Umur</u> (Age)	: 24	<u>Tahun</u> (Years old)
<u>Pekerjaan</u> (Job Position)	: PROJECT ADMINISTRATOR			<u>Dokter</u> (Doctor)	: Dr. Hendra AZ	
<u>Perusahaan</u> (Company)	: PT. INSPEKTINDO SINERGI PERSADA			<u>Tgl Pemeriksaan</u> (Date of Analysis)	: 26 September 2020	

HEMATOLOGY		Hasil / Result	Nilai Normal / Normal Value
Hemoglobine ( Hgb )		14,3	( F:12,0-16,0 g/dL, M:13,0-18,0 g/dL )
Hematocrit ( Hct )		44	( F: 35 - 45%, M: 40 - 50 % )
Erythrocyt (RBC)		4,9	( F:3,8-5,5x10 <sup>12</sup> /sel/mm <sup>3</sup> , M:4,4-5,6x10 <sup>12</sup> /sel/mm <sup>3</sup> )
Leucocyt (WBC)		6,8	( 4,0 - 10,0/mm <sup>3</sup> )
Differential Count			
Basophile		0	0,0 - 2,0%
Eosinophile		2,5	0,5 - 6,0%
Neutrofil		57,7	50,0 - 70,0%
Lymphocyte		36,5	20,0% - 40,0%
Monocyte		4,2	3,0 - 12,0%
MCV		88	80 - 100 fL
MCH		29	27-34 pg/sel
MCHC		32	32-36 g/dL
RDW- CV		12,3	11,0 - 16,0 %
RDW- SD		40,1	35,0 - 56,0 fL
Thrombocyt		183	( 140 - 440 x 10 <sup>3</sup> /mm <sup>3</sup> )
Blood Group / Rhesus		O/+	A B O + / -

BLOOD CHEMISTRY		Hasil / Result	Nilai Normal / Normal Value
Glucose Fasting		110	70- 110 mg/dl
Glucose 2h pp		125	< 180 mg/dl
Cholesterol total		231	Normal : <200mg/dL Borderline :200-240 Tinggi > 240 mg/dl
HDL Cholesterol		57	M:Normal > 55 mg/dl Boorderline 35 - 55 mg/dl Abnormal < 35 mg/dl
LDL Cholesterol		157	F : Normal > 65 mg/dl Borderline 45 - 65 mg/dl Abnormal : < 45 mg/dl
Triglycerides		86	Normal < 130 mg/dL Borderline 130-159 mg/dL Tinggi > 160 mg/dL
Uric Acid		6,0	Normal < 150 mg/dL Bordeline 150 -199 mg/DL Tinggi 200 -499 mg/dL
Creatinine		0,7	( Dewasa M :3,5 - 7,2 mg/dL ) ( Dewasa F : 2,6 - 6,0 mg / dL )
Ureum		28	0,8 - 1,4 mg/dL
Gamma GT		22	10 - 50 mg/dL
SGOT / AST		20	M: 11 - 51 U/L, F: 7 - 33 U/L
SGPT / ALT		13	M : s/d 37 U/L F : s/d31 U/L

SEROLOGY		Hasil / Result	Nilai Normal / Normal Value
HBs Ag		Negative	Negative

URINALYSIS		Hasil / Result	Nilai Normal / Normal Value
<b>MACROS</b>			

Colour	Kuning Jernih	Jernih
Spec.Grav	1,015	1,003 - 1,035
pH	6,5	4,5 - 8
Protein	Negative	< 7,5 mg/dL, 0,075 g/l
Glucose	Negative	< 0,018 mg/dL, < 5 mmol/L
Leucocyt	Negative	< 9 Leu/ $\mu$ L
Ketone	Negative	< 2,5 mg/dL, 0,25 mmol /dl
Urobilin	Negative	<0,2 mg/dL,<3,5 $\mu$ mol/dl
Bilirubin	Negative	<0,4 mg/dL ,<2,5 $\mu$ mol/L
Nitrite	Negative	< 0,05 mg/dl
Blood	Negative	< 0,018 mg/dL,< 5 ery/ $\mu$ L





## HASIL PEMERIKSAAN LABORATORIUM

*Result of Laboratorium Analysis*

**Nomor Lab.**  
(Lab. Number) : 2264 /GMI-MCU/IX/2020

**Data Pasien (Patient Detail)**

<b>Nama (Name)</b> :	RIESKY FETRIAN, Tn.	/	<b>M</b>	<b>Umur (Age)</b> :	24	<b>Tahun (Years old)</b>
<b>Pekerjaan (Job Position)</b> :	PROJECT ADMINISTRATOR			<b>Dokter (Doctor)</b> :	Dr. Hendra AZ	
<b>Perusahaan (Company)</b> :	PT. INSPEKTINDO SINERGI PERSADA			<b>Tgl Pemeriksaan (Date of Analysis)</b> :	26 September 2020	

FAECES	Hasil / Result	Nilai Normal / Normal Value
<b>MACROS</b>		
Colour	Kecoklatan	
Consistency	Lunak	
<b>MICROS</b>		
Mucus	Negative	Negative
Red Blood Cell	Negative	Negative
White Blood Cell	Negative	Negative
Ova	Negative	Negative
Amoeba	Negative	Negative
Others	Negative	Negative

Penanggung Jawab  
Laboratorium,

 **Laboratorium**  
**GRAND Medica**

Dr. Hendra AZ

Analis Laboratorium

Syamsia Am. Ak



<u>Nomor Pasien</u> (Patient Number)	: 2264	<u>Pemeriksaan</u> Examination	: USG WHOLE ABDOMEN
<b>Data Pasien (Patient Detail)</b>			
<u>Nama</u> (Name)	: RIESKY FETRIAN ,TN.	<u>Perusahaan</u> (Company)	: PROJECT ADMINISTRATOR
<u>Umur</u> (Age)	: 24	<u>Tahun</u> (Years old)	: PT. INSPEKTINDO SINERGI PERSADA
<u>Jenis Kelamin</u> (Gender)	: Laki-laki	<u>Tgl Pemeriksaan</u> (Date of Analysis)	: 9/26/2020

Interpretasi Foto oleh Spesialis Radiologi  
*(Interpretation by the Radiologist)*
**USG Abdomen:**

Liver : Bentuk, ukuran dan echotexture dalam batas normal

GB : Dinding normal, batu (-), SOL (-)

Pancreas : Normal

Lien : Normal

Kidney dextra - sinistra : Tampak pelebaran ringan sistem pelvocalyceal kiri, batu (-), SOL (-); Kidney dextra dalam batas normal

Bladder : Dinding normal, batu (-)

Prostat : Ukuran normal, tidak tampak tanda pembesaran

**Kesimpulan Spesialis Radiologi (Radiologist Conclusion)**

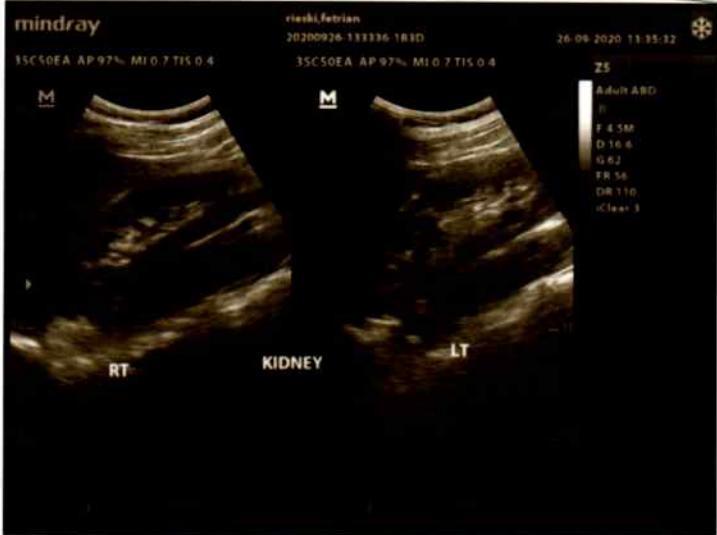
*Tidak tampak kelainan significant pada organ abdominal di atas.*



dr. ABDUL HARIS, Sp.Radiol  
(Radiologist Signature)

Spesialis Radiologi

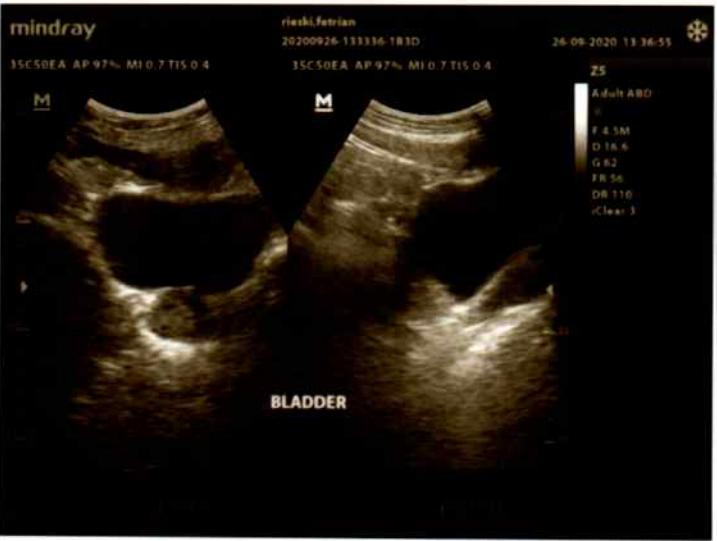




<u>Nomor Pasien</u> (Patient Number)	:	2264
<u>Tgl Pemeriksaan</u> (Date of Analysis)	:	9/26/2020
<u>Data Pasien (Patient Detail)</u>		
Name (Name)	RIESKY FETRIAN ,TN.	
Umur (Age)	:	24 <u>Tahun</u> (Years old)
Jenis Gender	Laki-laki	
<u>Perusahaan:</u> (Company)	PT. INSPEKTINDO SINERGI PERSADA	
<u>Pekerjaan</u> (Occupation)	PROJECT ADMINISTRATOR	
<u>Pemeriksaan</u> Examination	: USG WHOLE ABDOMEN	



<u>Nomor Pasien</u> (Patient Number)	:	2264
<u>Tgl Pemeriksaan</u> (Date of Analysis)	:	9/26/2020
<u>Data Pasien (Patient Detail)</u>		
Name (Name)	RIESKY FETRIAN ,TN.	
Umur (Age)	:	24 <u>Tahun</u> (Years old)
Jenis Gender	Laki-laki	
<u>Perusahaan:</u> (Company)	PT. INSPEKTINDO SINERGI PERSADA	
<u>Pekerjaan</u> (Occupation)	PROJECT ADMINISTRATOR	
<u>Pemeriksaan</u> Examination	: USG WHOLE ABDOMEN	





**Nomor Pasien**

(Patient Number)

:

**Nomor Film**

(Film Number)

: 2264

**Data Pasien (Patient Detail)**

Nama  
(Name) : RIESKY FETRIAN, Tn.

Umur  
(Age) : 24 Tahun  
(years old)

Jenis Kelamin  
(Gender) : Male

Perusahaan  
(Company) : PT. INSPEKTINDO SINERGI PERSADA

Pekerjaan  
(Occupation) : PROJECT ADMINISTRATOR

Tgl Pemeriksaan  
(Date of Analysis) : 26 September 2020

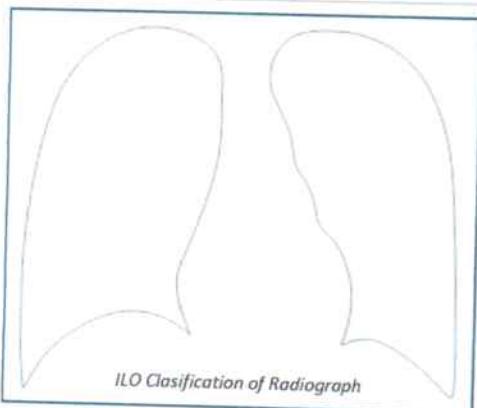
**Rincian Pemeriksaan (Examination Detail)**

Jenis Pemeriksaan  
(Type of Examination) : Thorax

Posisi Penyinaran  
(Exposure Position) : PA

Kondisi Penyinaran  
(Exposure Condition) : kV : 66

mAs : 0.30



ILO Clasification of Radiograph

**Interpretasi Foto Thorak oleh Spesialis Radiologi**  
(Chest X-ray Interpretation by the Radiologist)

1. Kelainan Tulang dan/atau Jaringan Lunak?  
(Skeleton and/or Soft Tissue Abnormalities)
2. Kelainan Bayangan Jantung?  
(Abnormal heart shadows)
3. Kelainan Hilus dan/atau Kelenjar Limfa?  
(Abnormal hilar and/or lymphatic gland)
4. Kelainan Diafragma dan Sudut Costophrenic?  
(Abnormal Diaphragms and Costophrenic angles)
5. Kelainan Paru-paru?  
(Abnormal Lung Fields)
6. Gambaran Lainnya dari Lesi TBC?  
(Any evidence of tubercular lesions)
7. Gambaran Abnormal Lainnya?  
(Detail of Other Abnormalities)

**Penjelasan Keadaan Abnormal**  
(Comment on Abnormalities)

<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →

**Kesimpulan Spesialis Radiologi (Radiologist Conclusion)**

Foto thorax normal

dr. ABDUL HARIS, Sp.Radiol.  
(Radiologist signature)  
**Spesialis Radiologi**

*Grand*  
MEDICA INDONESIA

**Allengers**  
Passion for excellence

## Hearing Function Test Result

## Air Conduction and Bone Conduction Graphic



## Patient Data

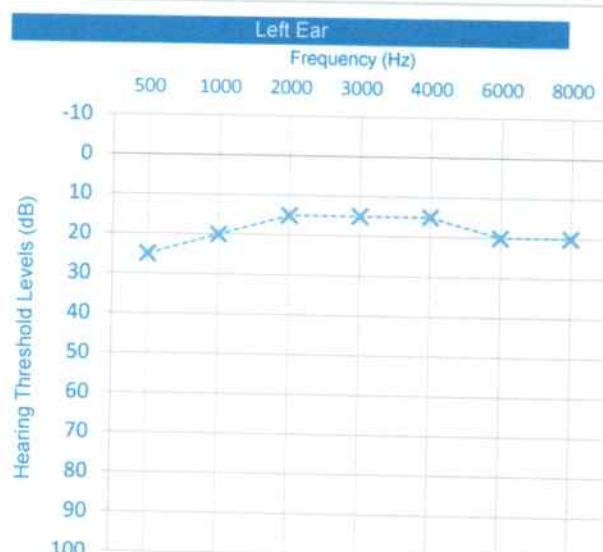
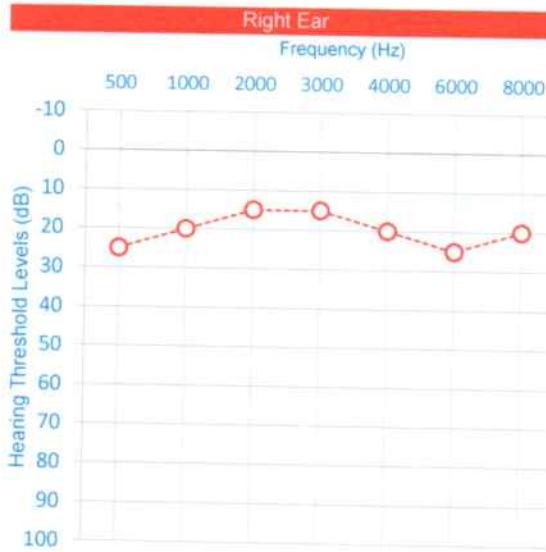
ID Number	2264	Gender	Laki-laki
First Name	RIESKY	Occupation	Project Administrator
Last Name	FETRIAN	Company	PT. Inspektindo Sinergi Persada
Age	24 Yo.	Test Date	26 September 2020

## Occupational Noise Exposure

Type of work		Period of work:	Hearing Protection Worn:
Present	Project Administrator	-	No
Previous	1) - 2) -	-	-
Military Services		-	-

## Otological History / Symptoms

-	Serious Head Injury	-	Bleeding	Detail:
-	Broken Ear Drum	-	Pressure/Fullness	
-	Ear Surgery	-	Pain	
-	Ear Infection	-	Tinnitus	
-	Decrease Hearing	-	Exposure to Loud Blast	
-	Discharge	-	Medication	
-	-	-	-	



O = Right Air Conduction; &lt; = Right Bone Conduction

X = Left Air Conduction &gt; = Left Bone Conduction

## Test Detail

Test Location  Sound Booth  Other  
 Technician  Susi Rindayani, A.Md.Kep

## Hours Away from Noise

< 14 hours  14 - 24 hours  > 24 hours

## Right Ear Observation and Test Result

Canal	Normal							HTL RIGHT	Canal	Normal							HTL LEFT	
Ear Drum	Normal								EAR	Ear Drum	Normal							
Conduction	Frequency (Hz)							Conduction		Frequency (Hz)								
Air	25	20	15	15	20	25	20	16.7	Air	25	20	15	15	15	20	20	15.0	
Bone								0.0	Bone								0.0	

## Left Ear Observation and Test Result

Canal	Normal							HTL RIGHT	Canal	Normal							HTL LEFT	
Ear Drum	Normal								EAR	Ear Drum	Normal							
Conduction	Frequency (Hz)							Conduction		Frequency (Hz)								
Air	25	20	15	15	20	25	20	16.7	Air	25	20	15	15	15	20	20	15.0	
Bone								0.0	Bone								0.0	

## Conclusion / Medical Report

Right Ear : Fungsi pendengaran dalam batas normal.

Left Ear : Fungsi pendengaran dalam batas normal.

Signature



Instrument used  
SIBEL SOUND 400

Standard  
OSHA



**Patient Data**

ID Number	2264	Company	PT. Inspektindo Sinergi
Name	<b>RIESKY FETRIAN, Tn</b>	Occupation	Project Administrator
Gender	Male	Test Date	26 September 2020
DOB / Age	03 July 1996	/ / 24 Yo.	
Height (cm)	175	Weight (kg)	59
		BMI	19.27

**Pre-exercise Test**

Indication	Medical Check Up		
Pre-exercise BP	140/70	mmHg	
Heart Rate	72	bpm	
Respiration	17	x/mnt	
Resting ECG			<i>Abnormal</i>

**Exercise Test Summary**

Exercise Time	12:10	mm:ss	End Stage	4
Max Heart Rate	183	bpm	Target Heart Rate	167 bpm
Max Blood Pressure	150/70	mmHg	Max Heart Rate	109,6 %
Aerobic Capacity	13	METs.	VO2 Max	43.13 ml/kg/min

**Reason Of End**

- Fatigue       Dyspnoe       Angina       Dizziness  
 ST- T segment changes       Maximum HR reach

**ST- T segment changes**

- |  |                          |  |
|--|--------------------------|--|
| <input checked="" type="checkbox"/> No changes | <input type="checkbox"/> | ST-segment depression 0,5 - 1 mm                   |
| <input type="checkbox"/> Upsloping             | <input type="checkbox"/> | Significant changes (ST-segment depression > 1 mm) |

**Abnormal Lead :**
**Classification of Physical Fitness**

- Low       Fair       Average       Good       High

**Blood Pressure Response**

- Normal Response       Hypertensive Response

**Functional Classification**

- Clas I       Clas II       Clas III

**Conclusion / Medical Report**

*Negative Ischemic response,  
FIT to work at Remote.*

**Recommendation :**

Cardiologist Signature

*dr. ACHMAD YUSRI, Sp.JP.  
SPECIALIS JANTUNG DAN PERSIKULIT DAKWAH*



Instrument Used  
 CONTEC 8000S S/N 140203027



26-09-2020 08:38:09

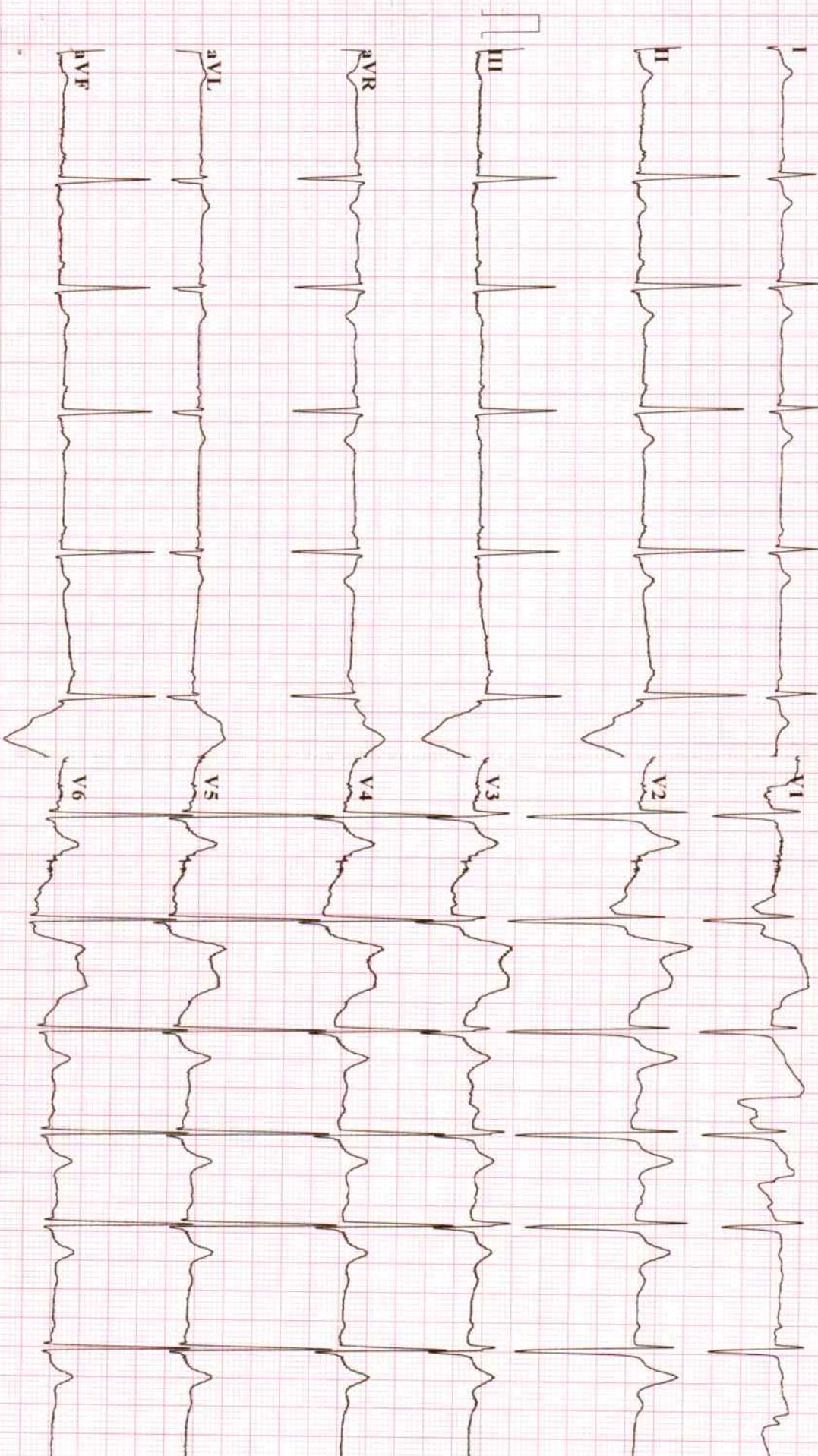
ID : 2264  
Name : Riesky Petrian  
Age : 24 Years  
Gender : Male  
Department: PT. Inspektindo

HR : 72 BPM  
P Dur : 111 ms  
PR int : 168 ms  
QRS Dur : 85 ms  
QT/QTC int : 337/370 ms  
P/QRS/T axis : 39/78/51 °  
RV5/SV1 amp : 2.64/91.152 mV  
RV5+SV1 amp : 3.801 mV  
RV6/SV2 amp : 2.508/2.075 mV

Diagnosis Information:  
821: Sinus Arrhythmia  
304: Left Ventricular Hypertrophy?

Technician : Rinda Amd.Kep  
Report Confirmed by:

dr. ACHMAD YUSRI SPJP  
SESSAUS JANTUNG DAN PEMBULUH DARAH





# Grand Medica Indonesia Stress Exercise Report

ID:2264

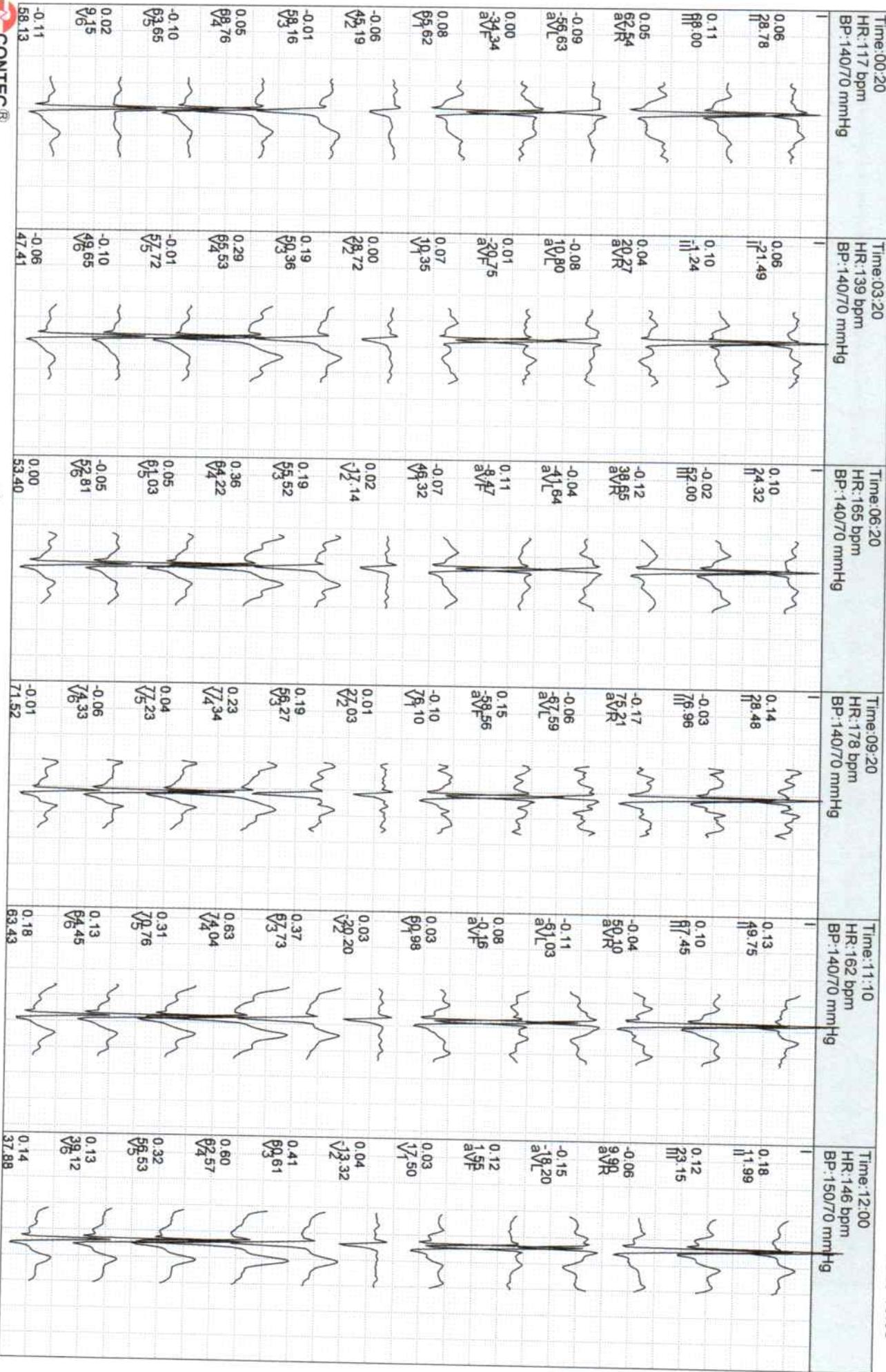
Section:

Name: Riesky Fetrian

Sex: Male

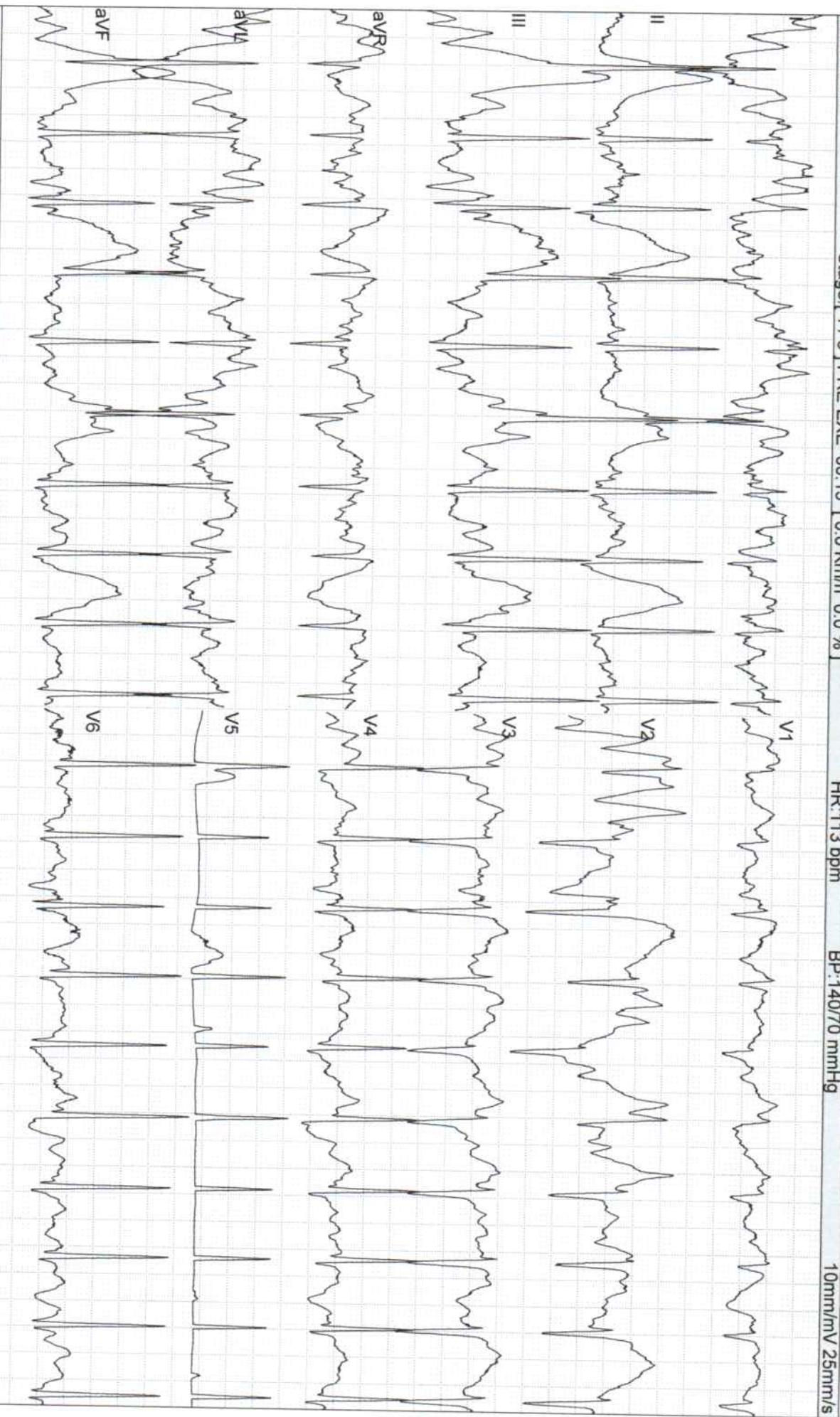
Age: 24

Exam Time: 26-09-2020 10:03



# Grand Medica Indonesia Stress Exercise Report

## ECG Strips



ID:2264

Time:00:13

Stage:[1 / 6] PRE-EXE 00:13 [ 0.0 Km/h 0.0 % ]

Name:Riesky Fetriani

Sex:Male

Age:24

Exam Time:26-09-2020 10:03

10mm/mV 25mm/s

# Grand Medica Indonesia Stress Exercise Report

ID:2264

Section:

Name:Riesky Fetrina

Sex:Male

Age:24

Time:03:06

Stage:[2 / 6] EXE1 02:36 [ 2.7 Km/h 10.0 % ]

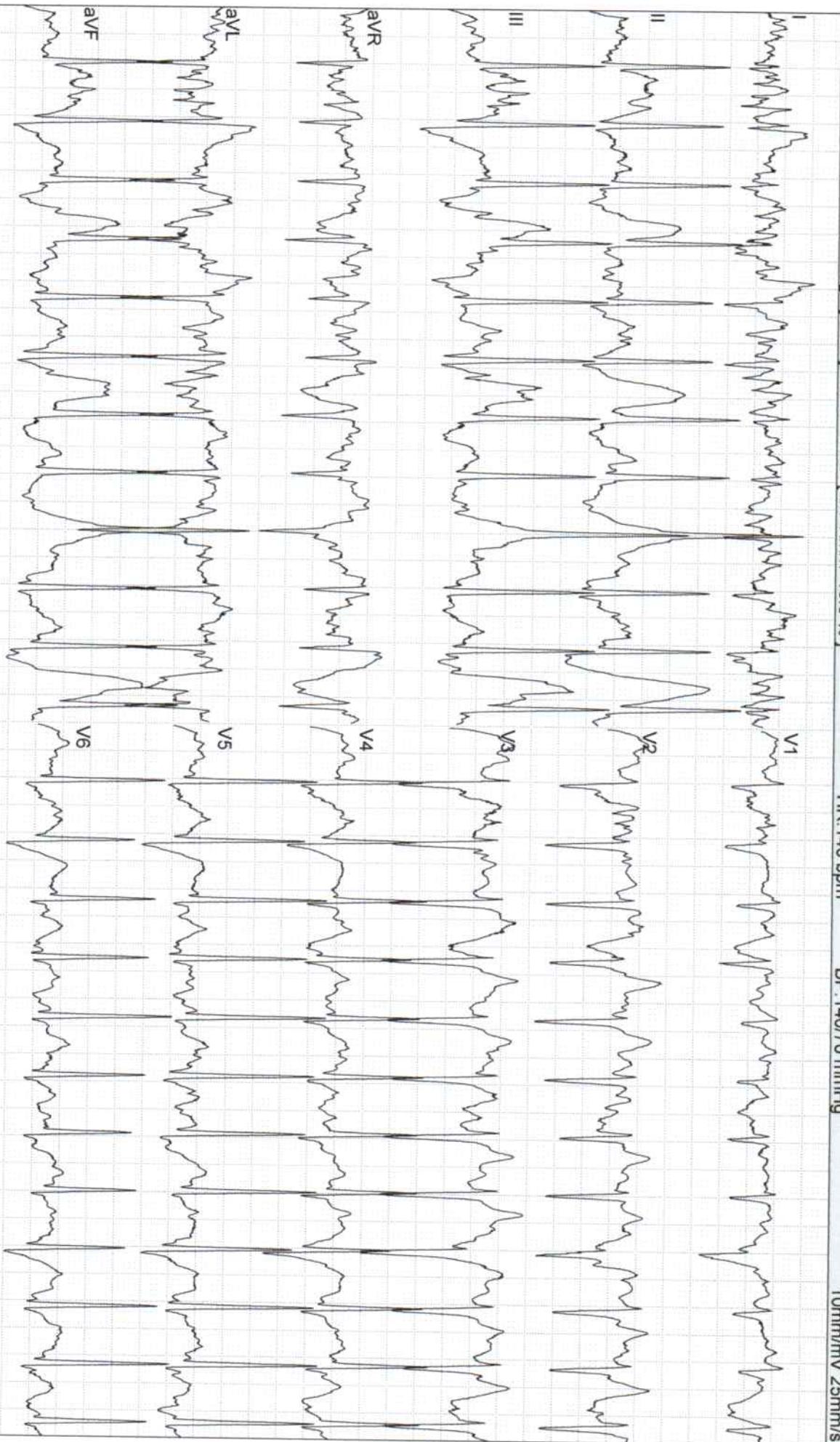
HR:140 bpm

Exam Time:26-09-2020 10:03

BP:140/70 mmHg

10mm/mV 25mm/s

## ECG Strips



# Grand Medica Indonesia Stress Exercise Report

ID:2264

Time:06:23

Stage:[ 3 / 6 ] EXE2 02:53 [ 4.0 Km/h 12.0 % ]

HR:165 bpm

Exam Time:26-09-2020 10:03

Section:

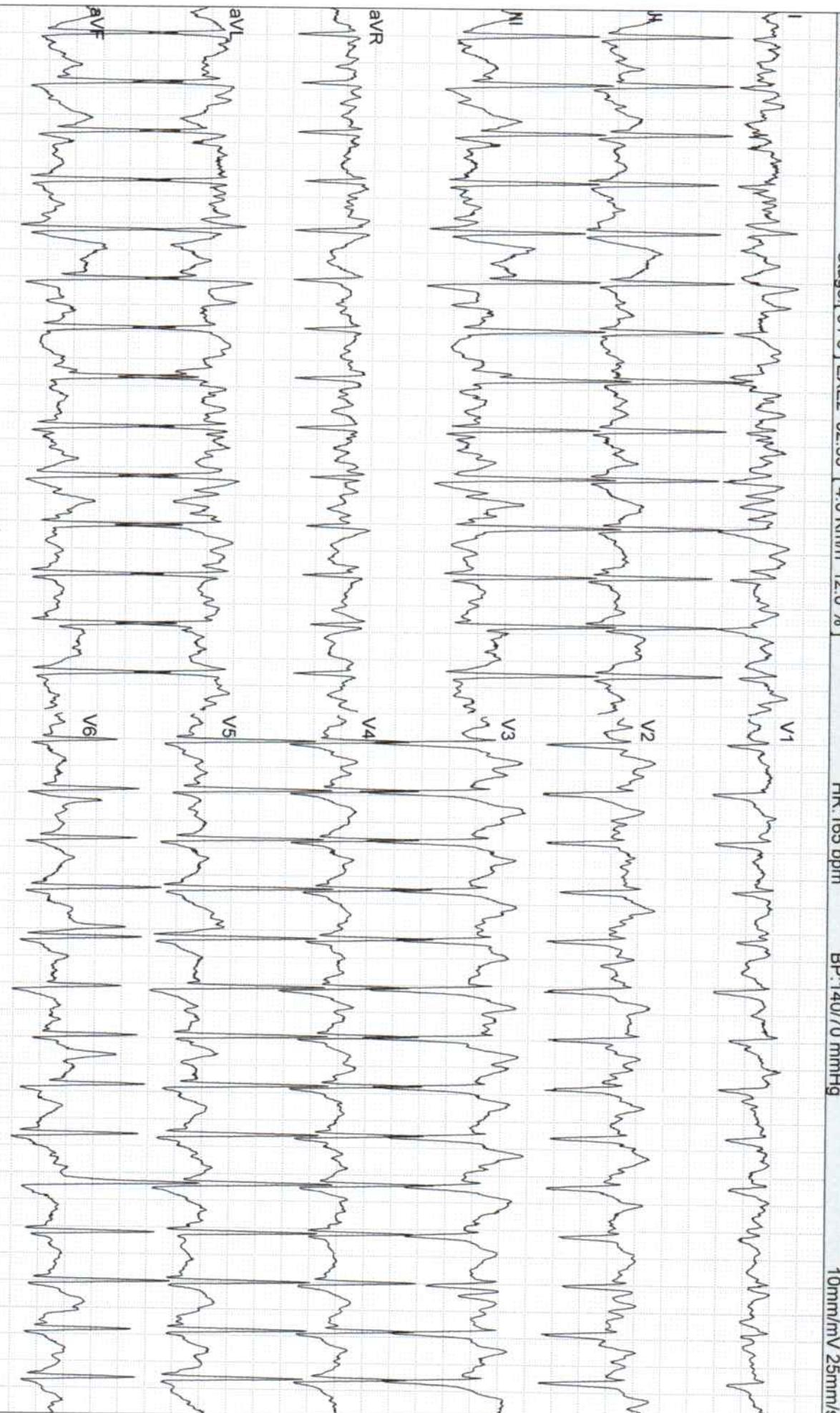
Name:Riesky Fetrian

Sex:Male

Age:24

10mm/mV 25mm/s

## ECG Strips



# Grand Medica Indonesia Stress Exercise Report

ID:2264

Time:08:50

Stage:[4 / 6] EXE3 02:20 [ 5.5 Km/h 14.0 % ]

HR:183 bpm

Exam Time:26-09-2020 10:03

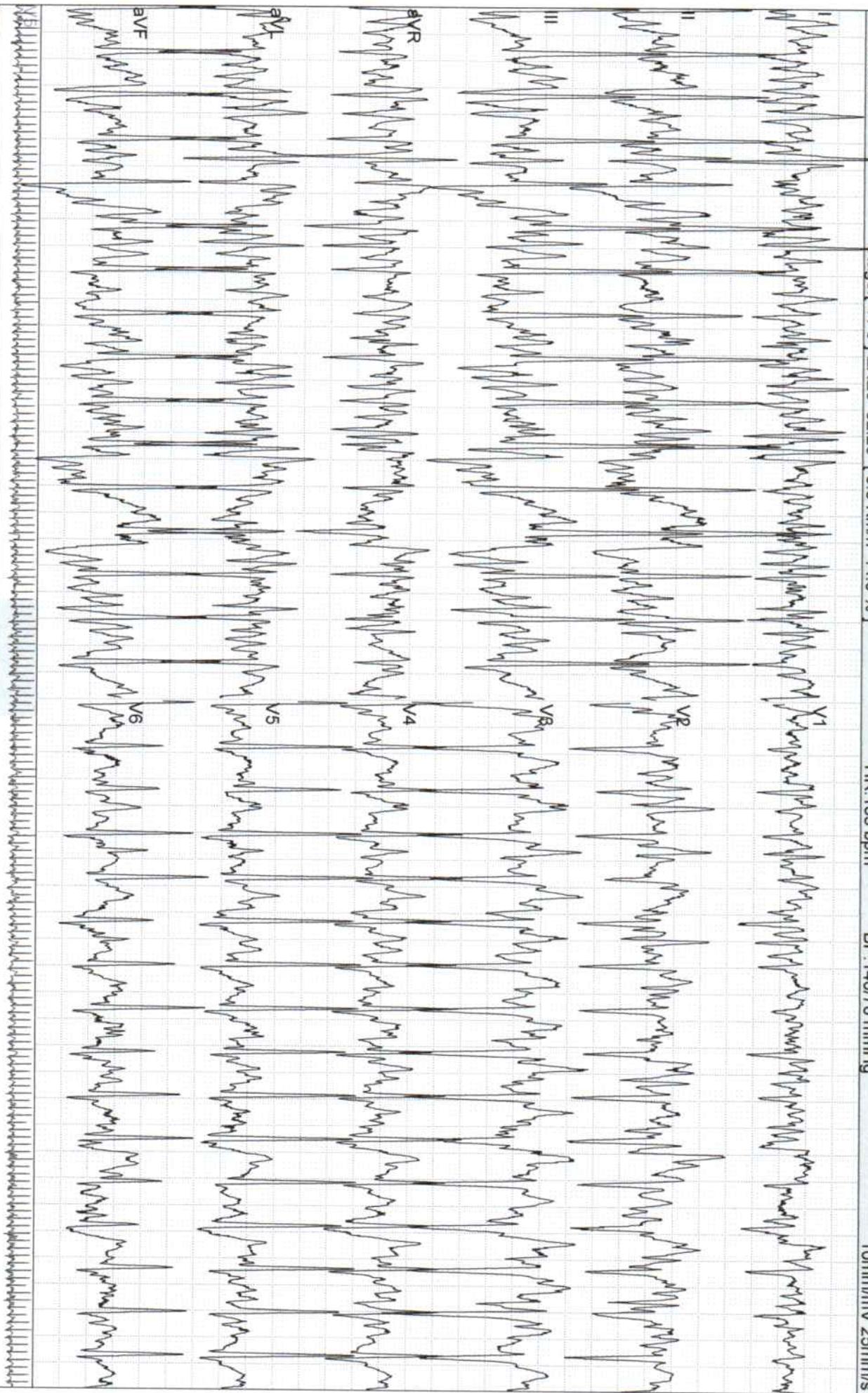
Name:Riesky Fetrian Sex:Male

Age:24

10mm/mV 25mm/s

ECG Strips

Section:



# Grand Medica Indonesia Stress Exercise Report

ID:2264

Time:10:53

Stage:[ 5 / 6 ] EXE4 01:23 [ 6.8 Km/h 16.0 % ]

Name:Riesky Fetriani Sex:Male

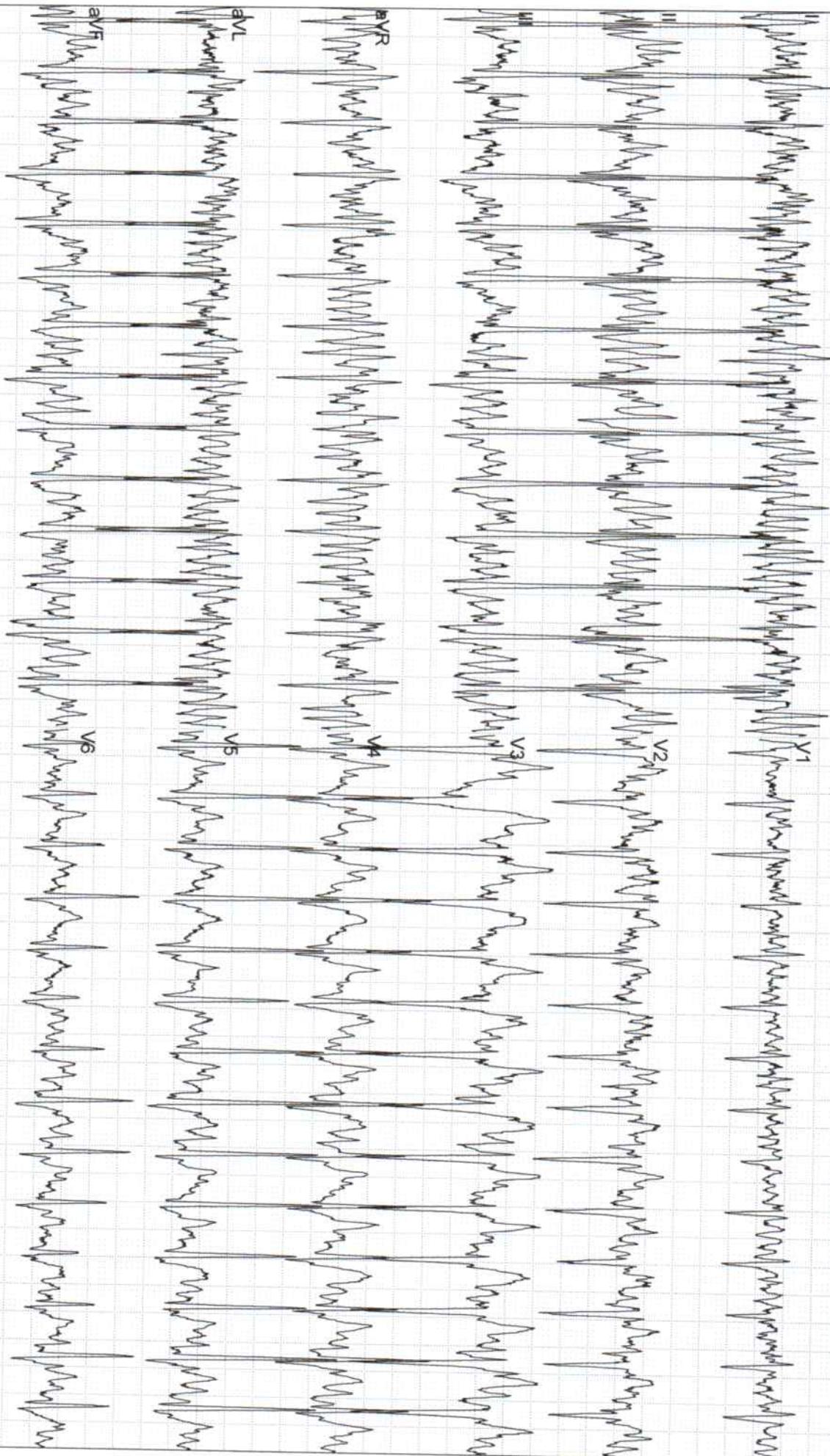
Age:24

Exam Time:26-09-2020 10:03

10mm/mV 25mm/s

Section:

## ECG Strips



# Grand Medica Indonesia Stress Exercise Report

ID:2264

Time:11:53

Stage:[ 6 / 6 ] Recovery 00:35 [ 0.0 Km/h 0.0 % ]

HR:148 bpm

Exam Time:26-09-2020 10:03

Name:Riesky Fetrian Sex:Male

Age:24

10mm/mV 25mm/s

Section:

## ECG Strips

