
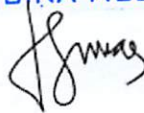


**Certificate Of Health Assessment**

Name	Age	Position	Department
TOMMIE R MALONDA	50 yo	ASST. INSPECTOR	-

COMPANY :
<b>INSPEKTINDO SINERGI PERSADA, PT</b>

CONCLUSION	
FIT TO WORK	
FIT WITH MEDICAL NOTE	✓
TEMPORARY UNFIT	
UNFIT	

Issued Date	Doctors Name	Prepared By
12 August 2021	Jennifer Tannus Tan, MD	
Expired Date		Verified By
12 August 2022	dr. Muhammad Ilyas, Sp.Ok SIP : 29/B.15b/31.74.04.1004.02.009.K.1/3/-1.779.3/e/2019	 PT. KARTIKA BINA MEDIKATAMA

No. Formulir : FM-DR-008-05  
 No. Revisi : 00  
 Tanggal Terbit : 2 Mei 2011

Certificate Number : MP-BOP/1-20210812/130914  
 MCU Validity Check  
<https://mcu-validasi.medikaplaza.com>

**PT. KARTIKA BINA MEDIKATAMA**

## TO WHOM IT MAY CONCERN

### *Kepada yang berkepentingan*

This is certify that today Thursday, 12 August 2021 Medika Plaza Clinic has performed urine drug screening and/or breath alcohol test to :


*Dengan ini menyatakan bahwa, pada hari ini Kamis, 12 Agustus 2021 Medika Plaza Clinic telah melakukan urine drug screening dan/atau breath alcohol test kepada :*

### **TOMMIE R MALONDA**

With the results are as follows :  
Dengan hasil sebagai berikut :

Drugs Test <i>Uji Obat</i>	Result <i>Hasil</i>		
<b>URINE DRUGS SCREENING</b>			
- Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Met-Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Cocain	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- THC/Canabis/Marijuana	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Morphine/Opiates	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- P C P/Phencyclidine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Barbiturate	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Benzodiazepin	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Methadone	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Propoxyphene	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Oxycodone	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- MDMA	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- 6-MAM	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
<b>BREATH ALCOHOL TEST</b>			
- Alcohol	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A

Jakarta, August 12, 2021



PT. KARTIKA BINA MEDIKATAMA

( dr. Dian Wahyu Tanjungsari, Sp.PK )

Clinical Patologist

**PT. KARTIKA BINA MEDIKATAMA**

# **HEALTH ASSESSMENT REPORT**

*Of*

**TOMMIE R MALONDA**

**01.00085150**

**Thursday, 12 August 2021**

## **MP BELTWAY CLINIC**

Beltway Office Park, Annex Building, Ground Floor

Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550

Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098

[www.medikaplaza.com](http://www.medikaplaza.com)

## MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor  
Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550  
Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098  
www.medikaplaza.com

### PATIENT DATA

MedRec.	: 01.00085150	EMPLOY. STATUS	: Employee
NAME	: TOMMIE R MALONDA	BIRTHDATE	: 07 June 1971
EMPLOYEE No.	: -	SEX	: Male
JOB TITLE	: ASST. INSPECTOR	STATUS	: Married
COMP. NAME	: INSPEKTINDO SINERGI PERSADA, PT	NASIONALITY	: INDONESIA

### SUMMARY

#### MEDICAL FINDING :

1. Dyslipidemia
2. Anti Hbs Non Reactive
3. Mild conductive hearing loss of both ears
4. Decreasing of visual acuity of both eyes
5. Prehypertension
6. Decayed, radix, prothesa, and missing teeth


Your fitness status is fit with medical note :

1. Dyslipidemia
2. Decreasing of visual acuity of both eyes

#### SUGGESTION :

1. Low fat and carbohydrate diet and exercise regularly minimal 3 times a week. Consultation with an Internist for further evaluation of dyslipidemia
2. Need to get Hepatitis B vaccination (booster)
3. Avoid noisy environment and use earplug properly while working at noisy work environment to prevent further hearing impairment
4. You need to wear the glasses for both vision and consultation with an Ophthalmologist for further evaluation of decreasing of visual acuity of both eyes
5. Low salt diet and monitor your blood pressure regularly minimal once in two weeks. Consultation with a Cardiologist, if your blood pressure tends to increase
6. Consultation with a Dentist for dental care, minimal once a year or better once in six month

#### Responsible Doctor

  
Jennifer Tamara Tan, MD

#### Notes:

If you need the further information or consultation, please contact us via :

Email : - beltway.doctor@medikaplaza.com  
- Rezkha.Amalia@medikaplaza.com  
- Puteri.Melati@medikaplaza.com

Telepon Klinik : (62-21) 8086 6099

## CLINICAL EVALUATION

Name : TOMMIE R MALONDA	Sex : Male	MR : 01.00085150	Visit : 12/08/2021
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 07 June 1971	

EXAMINATION	RESULT	NOTES
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### ANAMNESA

#### PRESENT COMPLAINT AND HISTORY OF PRESENT

#### ILLNESS

Present complaint	No complaint
-------------------	--------------

#### MEDICAL HISTORY

Alergy	No
Imunisasi	Yes
Surgery	No
Hospitalization	No
Disease	No

#### LIFE STYLE

Alcohol intake	No	
Smoking	Yes	Moderate smoker
Exercise	No	

#### FAMILY MEDICAL HISTORY

Diabetes Melitus	No
Hypertension	No
Heart disease	No
Lung TB	No
Kidney disease	No
Astma	No
Mental disease	No
Epilepsy	No
Cancer	No
Color blind	No
Stroke	No
Liver disease	No
Bone & joint	No
Others disease	No

#### WORK EXPOSURE

Noise	Yes
Heat Stress	No
Cold Stress	No
Vibration	Yes
Involving height	No
Radiation	No
Dust	Yes

## CLINICAL EVALUATION

Name : TOMMIE R MALONDA	Sex : Male	MR : 01.00085150	Visit : 12/08/2021
-------------------------	------------	------------------	--------------------

Comp. : INSPEKTINDO SINERGI PERSADA, PT	DOB : 07 June 1971
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EXAMINATION	RESULT	NOTES
Toxic chemical	No	
Irritating fluid	No	
Smoke	No	
Bacterium/Virus/Parasite	No	
Blood	No	
Animal	No	
Operating heavy mobile equipment	No	
Manual Handling	No	
Sitting continuously over 4 hours	No	
Stand continuously over 4 hours	No	
Using monitor screen more than 4 hours per day	No	
Exposure	No	
Unergonomic body positions	No	
Shift work	No	
Work is not accordance with skills and knowledge	No	
Workload does not accordance with time	No	
Work conflict	No	
Inappropriate task	No	
Career barriers	No	
Family conflict	No	
Working around rotating machinery	No	
Administration work	No	
Handling food product	No	
Others	Yes	Onshore
<b>PHYSICAL EXAMINATION</b>		
General Appearance	Good	
Body shape	Athleticus	
<b>VITAL SIGN</b>		
Body Weight	64.9 Kg	
Body Height	167 Cm	
BMI	23.27 Kg/m2	
Normal Weight	51.59 - 69.72 Kg	
BMI Conclusion	Normal	
Blood Pressure	130/80 mmHg	
Pulse	78 x/minute	
Body Temperature	36.5 °C	
RR	20	

## CLINICAL EVALUATION

Name : TOMMIE R MALONDA	Sex : Male	MR : 01.00085150	Visit : 12/08/2021
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 07 June 1971	

EXAMINATION	RESULT	NOTES
Neck Circumference	35 Cm	
Arm Circumference	27 Cm	
Chest size	83 Cm	
Abdominal Circumference	80 Cm	
<b>SKIN</b>		
Skin	Normal	
<b>EYE</b>		
Left	Normal	
Right	Normal	
<b>ENT</b>		
Auricle	Normal	
Ear canal	Normal	
Drums	Normal	
Septum/Conchae	Not Examined	
Sinuses	Not Examined	
Pharynx	Not Examined	
Tonsil	Not Examined	
<b>MOUTH</b>		
Gum	Normal	
Dental	Abnormal	Decayed, radix, prothesa, and missing teeth
<b>NECK</b>		
General	Normal	
Thyroid Gland	Normal	
<b>CHEST</b>		
Form	Normal	
Lung	Normal	
Heart	Normal	
Breast	Normal	
<b>ABDOMEN</b>		
Form	Flat	
Palpation	Supple	
Liver	Not Palpable	
Spleen	Not Palpable	
Kidney	No Ballotment	
-	No	
Hernia inguinal	No	
<b>EXTRIMITIES</b>		

## CLINICAL EVALUATION

Name : TOMMIE R MALONDA      Sex : Male      MR : 01.00085150      Visit : 12/08/2021

Comp. : INSPEKTINDO SINERGI PERSADA, PT      DOB : 07 June 1971

EXAMINATION	RESULT	NOTES
Bones, joint	Normal	
Muscles, tonus	Normal	
Fingernails	Normal	
Hand	Normal	
Foot	Normal	
<b>RECTAL EXAMINATION</b>		
Hemorrhoid	Negative	
Rectum	Normal	
<b>SENSORIK EXAMINATION</b>		
Tes Raba	Normal	
<b>MOTORIK EXAMINATION</b>		
Tes Grip	Normal	
<b>REFLEX EXAMINATION</b>		
Physiologic reflex	Normal	
Patologic reflex	Normal	
<b>OTHERS EXAMINATION</b>		
Coordination	Normal	
<b>LIMPHE SYSTEM</b>		
Submandibula	Normal	
Neck Gland	Normal	
Armpit gland	Normal	
Inguinal	Normal	



## OPHTHALMOLOGY DIAGNOSTIC

Name : TOMMIE R MALONDA      Sex : Male      MR : 01.00085150      Visit : 12/08/2021

Comp. : INSPEKTINDO SINERGI PERSADA, PT      DOB : 07 June 1971

EXAMINATION		Right	Left
Reading		-	-
Previous Glasses		-	-
Without Glasses	Distant	20/100	20/70
	Near	J3	J3
Correction	Distant	S-0.75 C-1.50X140 20/25 PH 20/25	S-1.00 C-0.50X30 20/20
	Near	S+2.00 J1	S+2.00 J1
Depth Perception		-	-
Tonometry		17.0 mmHg	17.0 mmHg
Funduscopy		NORMAL	NORMAL
Visual Fields		Normal	
Colour Blind Test		Normal	

Impression : Astigmatism myopia compositus ODS  
Presbyopia

**RADIOLOGY DIAGNOSTIC****Name** : TOMMIE R MALONDA**Sex** : Male**MR** : 01.00085150**Visit** : 12/08/2021**Comp.** : INSPEKTINDO SINERGI PERSADA, PT**DOB** : 07 June 1971**EXAMINATION****RESULT**

THORAX PA

No abnormality seen in both lungs.  
Normal bronchovascular markings in both hili.  
The heart is normal in size and shape.  
The mediastinum is not widened.  
Both sinus and diaphragms are good.  
No evidence of pleural effusion.

Impression

Normal heart and lungs.

## RADIOLOGY DIAGNOSTIC

Name : TOMMIE R MALONDA	Sex : Male	MR : 01.00085150	Visit : 12/08/2021
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Comp. : INSPEKTINDO SINERGI PERSADA, PT	DOB : 07 June 1971
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### EXAMINATION

### RESULT

USG ABDOMEN

LIVER:

Normal in size and contour, smooth surface, echoes structure parenchyme which are homogenous. No sign of SOL.

Intrahepatic vascularity and billiary tract are normal.

GALL BLADDER:

Normal in size, contour and surface. No sign of SOL/ sludge/ stone.

BOTH KIDNEYS:

Normal in size, contour and surface. No sign of obstruction/ stone/ SOL.

PANCREAS:

Normal in size, contour and surface. No sign of SOL.

LIEN:

Normal in size and contour, the echoes are homogenous. No sign of SOL.

URINARY BLADDER:

Normal in size, contour and surface. No sign of stone/ SOL.

PROSTATE AND VESICULA SEMINALIS:

Normal in size and contour which are homogenous echoes and no sign of focal lesion/ SOL.

Impression

Normal Sonography.

## LABORATORY RESULT

Name : TOMMIE R MALONDA      MR : 01.00085150      Visit : 12/08/2021      #Lab : IN749826844914

Comp. : INSPEKTINDO SINERGI PERSADA, PT      Sex : Male      DOB : 07 June 1971

EXAMINATION	RESULT	NORMAL RANGE
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### HEMATOLOGI

ABO/Rh Typing      "O" Rh(+) positive

#### Automated Blood Count

White Blood Cell (WBC)	9.4	3.8 - 11.0
Erythrocyte (RBC)	6.0 *	4.4 - 5.9
Haemoglobin	17.8 *	13.2 - 17.3
Hematocrit	49	40 - 52
Thrombocytes	264	150 - 440

#### MCV, MCH, MCHC

MCV	82	80 - 100
MCH	30	26 - 34
MCHC	36.0	32 - 36
ESR	2	0 - 10

#### Differential Count

Basophils	1	0 - 1
Eosinophil	6 *	2 - 4
Bands / Stab	3	3 - 5
Neutrophils	62	50 - 70
Lymphocytes	22 *	25 - 40
Monocytes	6	2 - 8

### BLD CHEMISTRY/LIPID PROFILE

Total Cholesterol	250 *	Normal/Desireable: <200 Borderline High: 200-239 High: >=240
HDL Cholesterol	44.4	Normal : >40 - <60 Low HDL : <40 Desireable : >=60
LDL Cholesterol	63	Optimal: <100 Near/Above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: >=190
Triglycerides	711 *	Normal : <150 Borderline High: 150-199 High : 200-499 Very High : >=500

### BLD CHEMISTRY/KIDNEY FUNCTION

**LABORATORY RESULT**

Name : TOMMIE R MALONDA MR : 01.00085150 Visit : 12/08/2021 #Lab : IN749826844914

Comp. : INSPEKTINDO SINERGI PERSADA, PT Sex : Male DOB : 07 June 1971

EXAMINATION	RESULT	NORMAL RANGE
Ureum	15.6	10.0 - 50.0
Creatinine	0.7	0.6 - 1.3
Uric Acid	5.22	3.50 - 7.20

**BLD CHEMISTRY/LIVER FUNCTION**

Total Bilirubin	0.70	0.1 - 1.0
Direct Bilirubin	0.03	0.0 - 0.2
Indirect Bilirubin	0.67	0.0 - 0.8
SGOT(AST)	20	13 - 45
SGPT (ALT)	21	13 - 50
Alkaline Phosphatase	66	30 - 120
Gamma GT	22	0 - 50
Albumin	4.5	3.5 - 5.5
Globulin	3.50	2.3 - 3.5
Total Protein	8.0	6.6 - 8.7

**BLD CHEMISTRY/DIABETES**

Glucose Fasting	98	< 100
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**Blood Glucose 2 PP**

Blood Sugar 2 Hours PP	99	< 140
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**SEROLOGI / IMUNOLOGI**

HBsAg (Quantitative)	0.00	0.00 - 0.03
Anti Hbs (Quantitative)	0.1 *	>= 5.0

**TOXICOLOGY - DRUGS SCREENING**

Methadone	Negative	Negative
Phencyclidine	Negative	Negative
THC/Marijuana	Negative	Negative
Amphetamine	Negative	Negative
Benzodiazepines	Negative	Negative
Opiat	Negative	Negative
Cocain	Negative	Negative
Metamphetamine	Negative	Negative
Alcohol	Negative	Negative

**URINALYSIS****Complete Urine Analysis**

## LABORATORY RESULT

Name : TOMMIE R MALONDA      MR : 01.00085150      Visit : 12/08/2021      #Lab : IN749826844914

Comp. : INSPEKTINDO SINERGI PERSADA, PT      Sex : Male      DOB : 07 June 1971

EXAMINATION	RESULT	NORMAL RANGE
-------------	--------	--------------

### Macroscopic

Color	Colorless	
Turbidity	Clear	Clear
Specific Gravity	1.007	1.000 - 1.030
pH	7.0	4.5 - 8.0
Leucocyte	Negative	Negative
Glucose	Negative	Negative
Nitrit	Negative	Negative
Bilirubin	Negative	Negative
Blood	Negative	Negative
Urobilinogen	Normal	Normal
Protein	Negative	Negative
Keton	Negative	Negative

### Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 4
Cylinder	Negative	
Epithels Squamous	0-1	5 - 15
Crystals	Negative	
Bacteria	Negative	Negative
Others	Negative	

## STOOL / RECTAL SWAP

### Faeces Complete

#### Macroscopic

Color	Brown	
Consistency	Smooth	
Mucus	Negative	Negative
Blood	Negative	Negative
Pus	Negative	Negative
Parasit	Negative	Negative
Lipid	Negative	Negative

#### Microscopic

RBC	0-1	0 - 1
WBC	0-2	0 - 5
Amoeba	Negative	
Ephitels	Positive	Positive
Worm Eggs	Negative	Negative

## LABORATORY RESULT

Name : TOMMIE R MALONDA	MR : 01.00085150	Visit : 12/08/2021	#Lab : IN749826844914
-------------------------	------------------	--------------------	-----------------------

Comp. : INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 07 June 1971
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EXAMINATION	RESULT	NORMAL RANGE
Yeast	Negative	Negative
Muscle Fiber	Negative	Negative
Others	Negative	Negative
<b>Digestive</b>		
Amylum	Negative	Negative
Fat	Negative	
Fibers	Positive	Positive

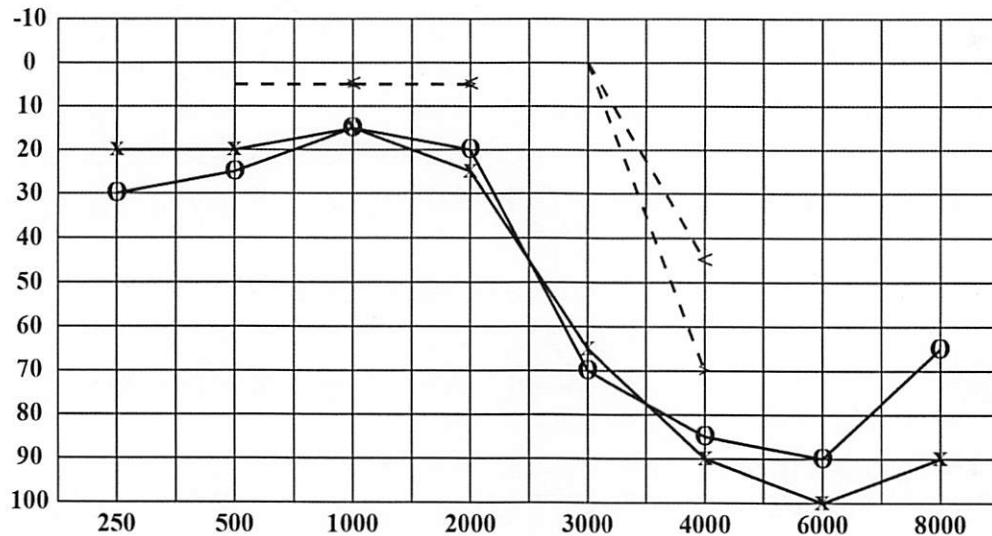
## AUDIOMETRY DIAGNOSTIC

Name : TOMMIE R MALONDA	Sex : Male	MR : 01.00085150	Visit : 12/08/2021
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 07 June 1971	

### RESULT

Left Ear	250	500	1000	2000	3000	4000	6000	8000
AC	20	20	15	25	65	90	100	90
BC	-	5	5	5	-	70	-	-

Right Ear	250	500	1000	2000	3000	4000	6000	8000
AC	30	25	15	20	70	85	90	65
BC	-	5	5	5	-	45	-	-



Conclusion Right Ear : Mild conductive hearing loss = 36.25 dB  
 With decreasing on frequency  
 250Hz, 4000Hz, 6000Hz, 8000Hz

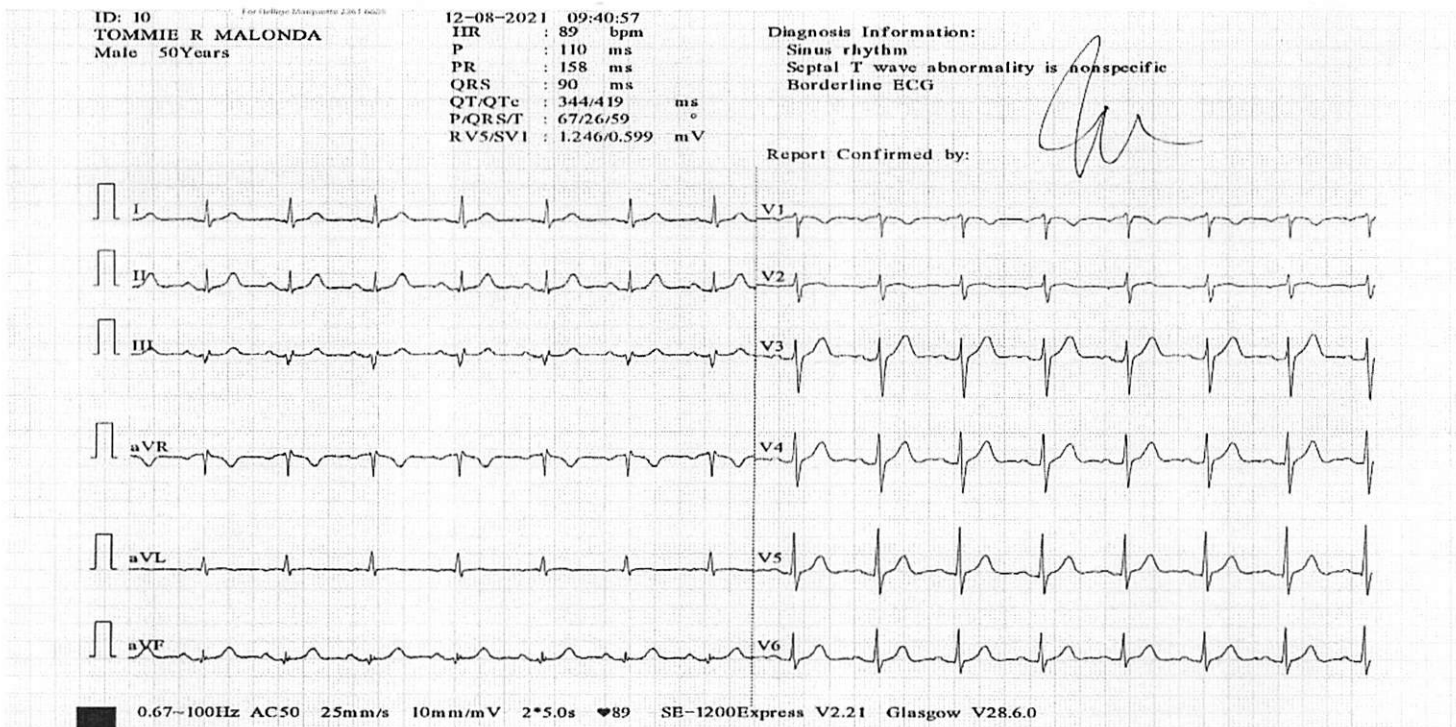
Conclusion Left Ear : Mild conductive hearing loss = 37.5 dB  
 With decreasing on frequency 4000Hz - 8000Hz



## CARDIOLOGY DIAGNOSTIC

Name : TOMMIE R MALONDA	Sex : Male	MR : 01.00085150	Visit : 12/08/2021
Comp. : INSPEKTINDO SINERGI PERSADA, PT		DOB : 07 June 1971	

EXAMINATION	RESULT	Comments :
ELECTROCARDIOGRAPHY	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Normal ECG
TREADMILL	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Treadmill Exercise Test : Negative Cardiopulmonary Fitness Classification : Good METs :13.4





**TOMMIE R MALONDA, TN**

ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

**Patient info**

Born: 6/7/1971  
Age: 50  
Sex: Male  
Weight: 64 kg  
Height: 167 cm  
Smoker:  
Pacemaker:

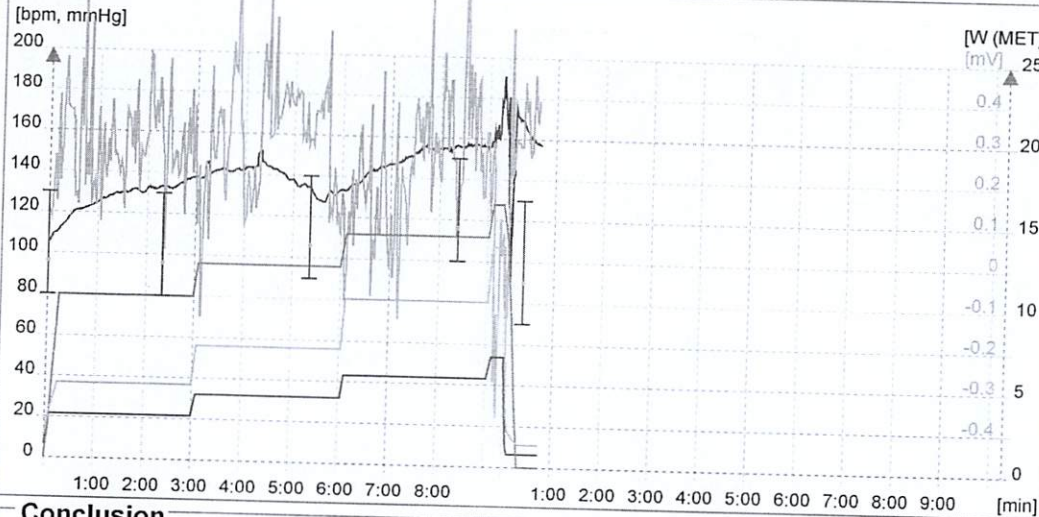
**Medical history**

**Medications**

**Reason for admission**

**Reason for Stop**

**Trends**



**Conclusion**

*[Handwritten signature]*  
*[Handwritten signature]*  
**MP+**  
 PT. KARTIKA BINA MEDIKATAMA

**Staff**

Physician: user  
Technician:

**Test info**

Test date: 8/12/2021  
 Test time: 9:13 AM  
 Stress device: BTL Treadmill  
 Protocol: Bruce  
 Total duration: 09:22  
 Stress achieved: 6.7km/h, 16.0% (~13.4MET) = 134% predicted (~10.5MET) - for 18 sec  
 HR rest: 109  
 HR peak: 181 = 107% predicted (169) --- 09:22 Exercise (13.4MET)  
 Handgrip test:  
 BP rest: 130/80  
 BP peak: 150/100 --- 09:22 Exercise (13.4MET)  
 BP recovery: 130/70  
 DP rest: 14170  
 DP peak: 23438 = 1.7x DP at rest  
 ST depression max: II -1.60mV 09:09 Exercise 13.4MET  
 ST elevation max: aVR 1.50mV 09:09 Exercise 13.4MET  
 ST/HR index: 13.5  $\mu$ V/bpm (abnormal)



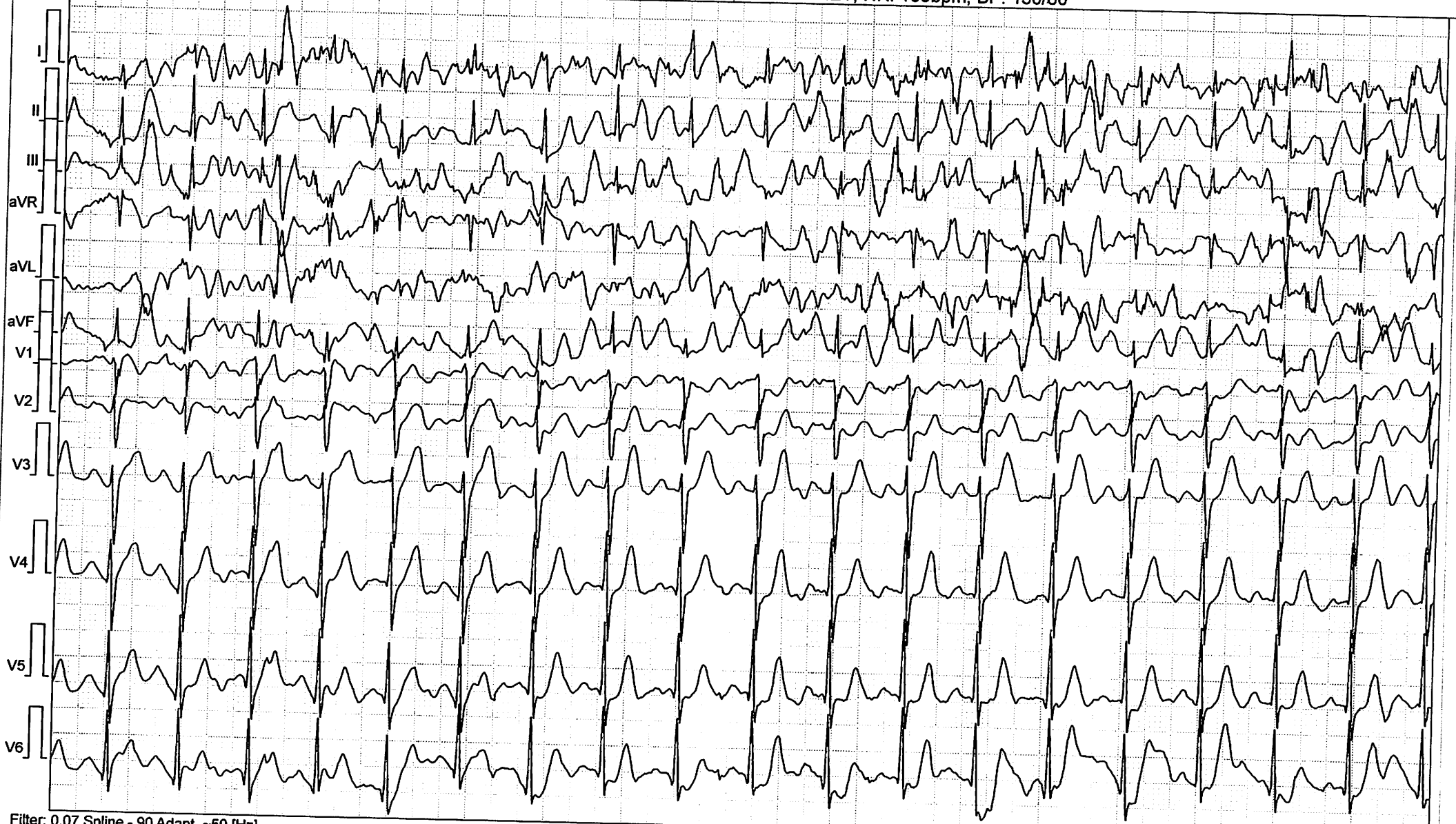
**TOMMIE R MALONDA, TN**

ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

Time: P 00:05 - Reference

Load: 1.4MET, HR: 109bpm, BP: 130/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



**TOMMIE R MALONDA, TN**

ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

Time: E 02:56 - E1

Load: 4.6MET, HR: 138bpm, BP: 130/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



**TOMMIE R MALONDA, TN**

ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

Time: E 05:58 - E2

Load: 7.0MET, HR: 133bpm, BP: 140/90



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



**TOMMIE R MALONDA, TN**

ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

Time: E 08:59 - E3

Load: 10.1MET, HR: 158bpm, BP: 150/100



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



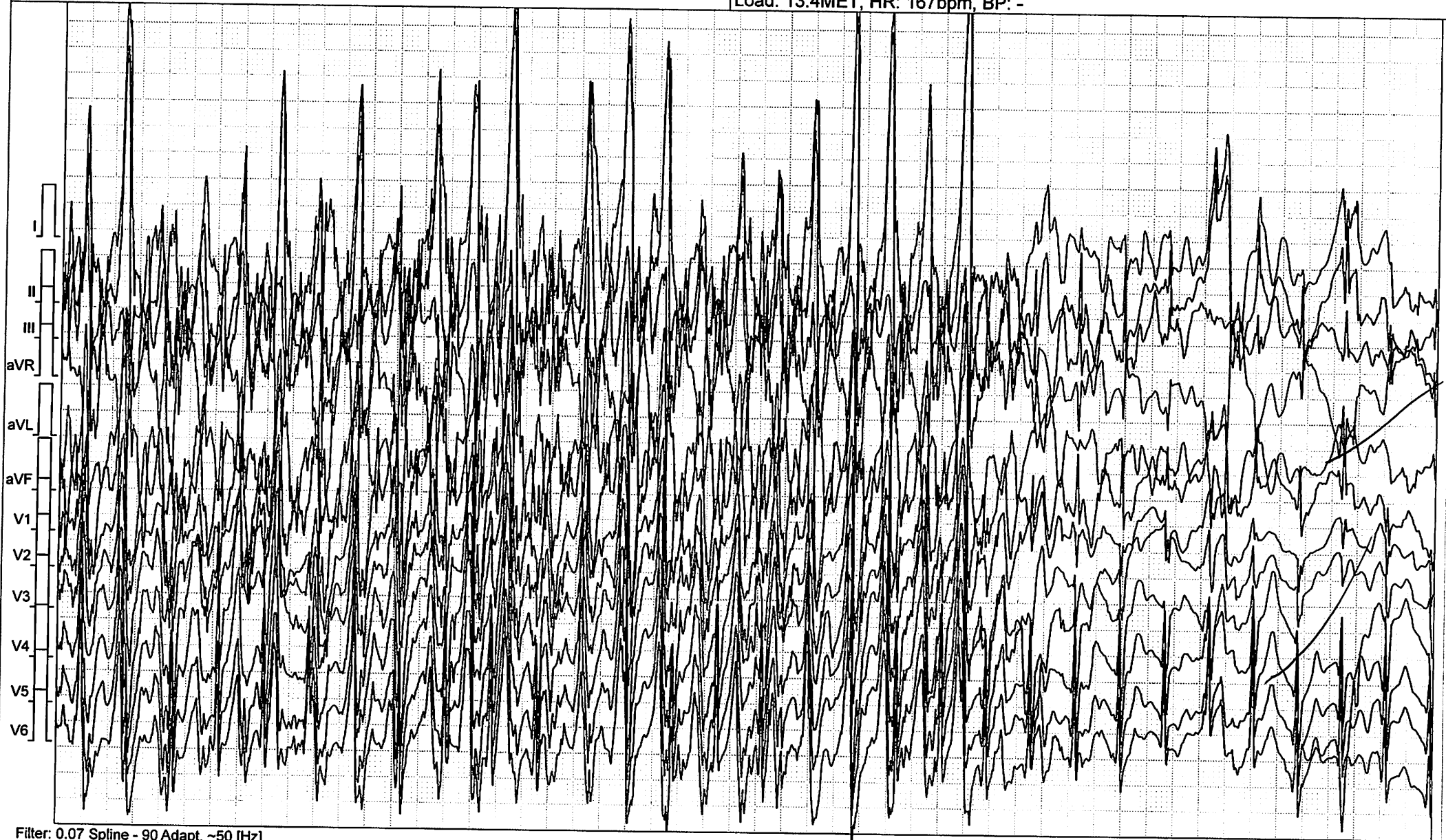
**TOMMIE R MALONDA, TN**

ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

Time: E 09:17 - Peak

Load: 13.4MET, HR: 167bpm, BP: -



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



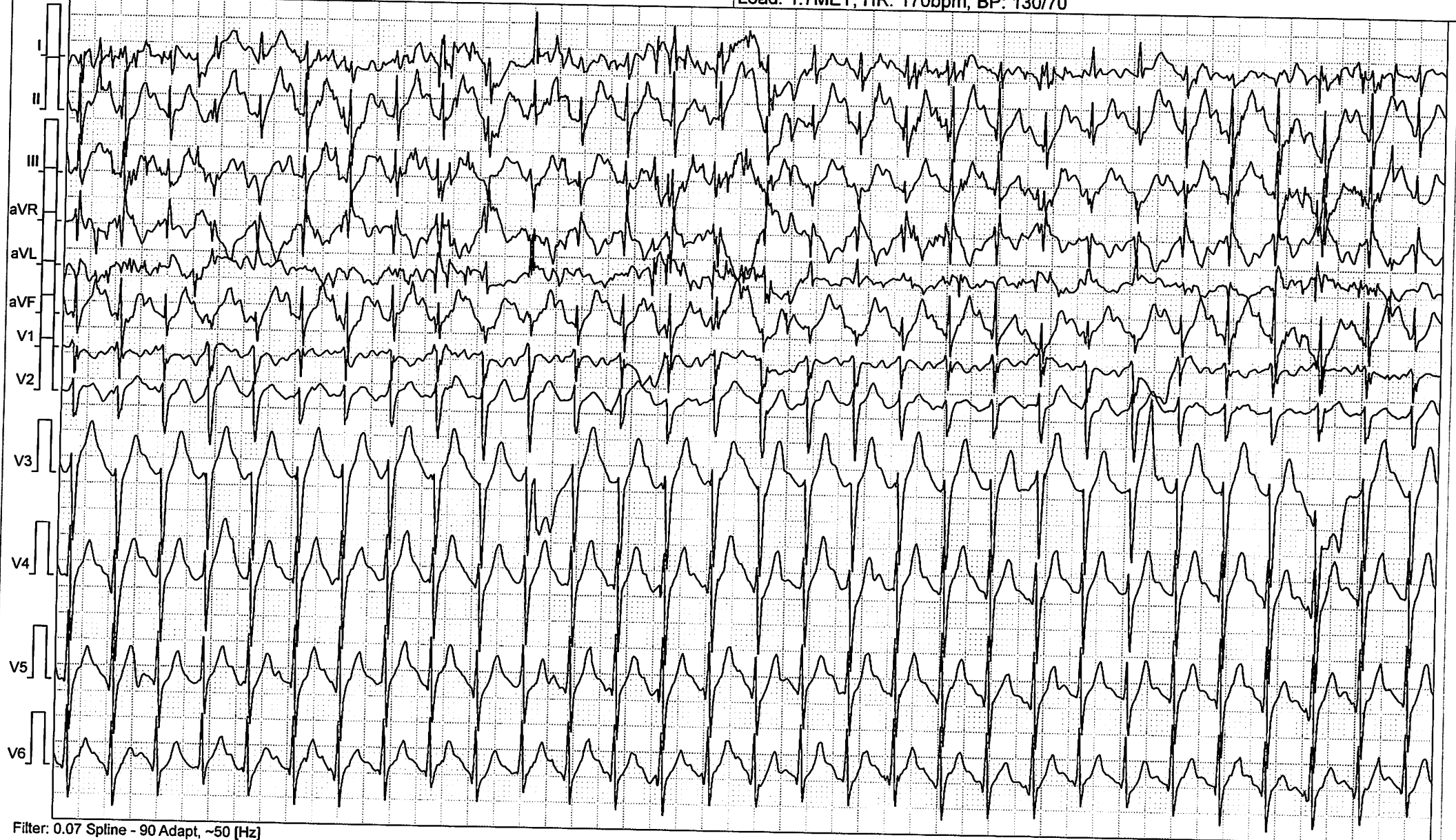
**TOMMIE R MALONDA, TN**

ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

Time: R 00:10 - Recovery

Load: 1.7MET, HR: 170bpm, BP: 130/70



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV

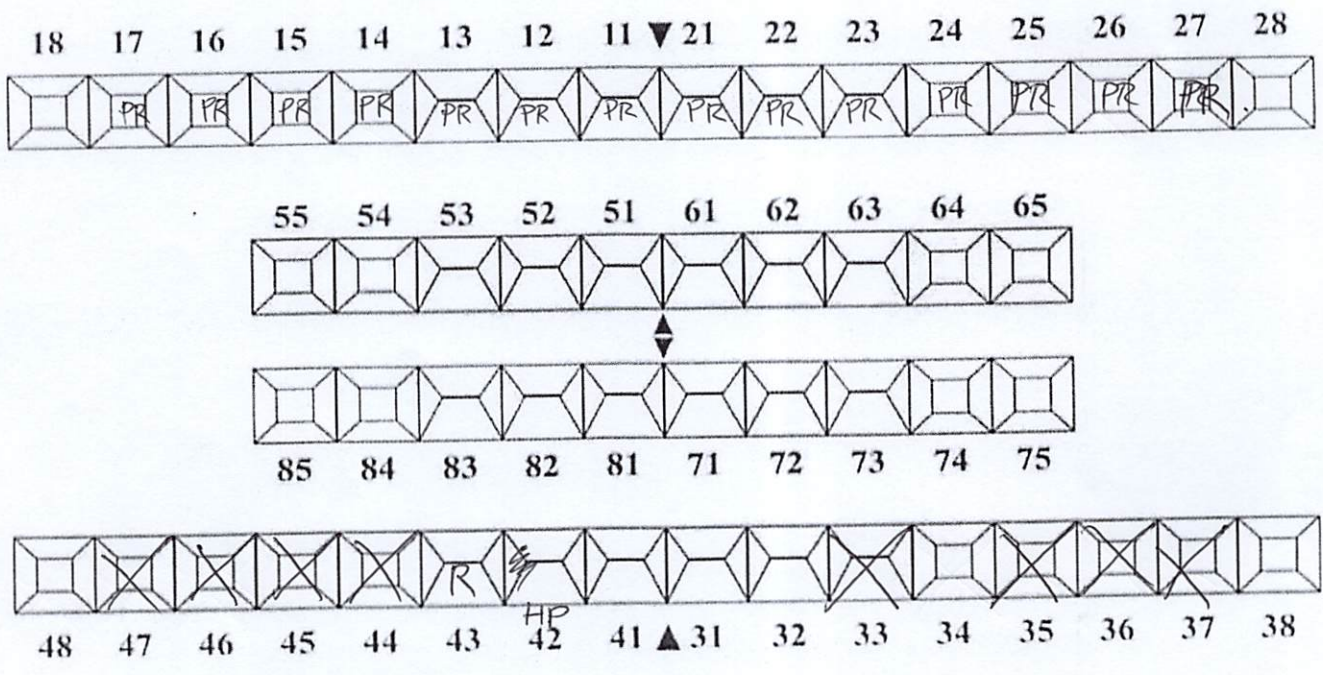


**TOMMIE R MALONDA, TN**ID: 01.00085150, Born: 6/7/1971 (Male 50), 64 kg, 167 cm  
Test Date: 8/12/2021 9:13:16 AM

MEDIKA PLAZA

Stage	Time	Load			HR bpm	BP mmHg	SpO2 %	ST Level [ mV ], J+: 1/8RR											
		km/h	%	MET				I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Reference	E 00:00	0.8	0.0	1.4	<b>109</b>	130/80	-	-0.02	0.15	0.25	-0.04	-0.13	0.22	-0.08	0.08	0.34	0.23	0.08	0.06
E 1 stage	E 03:01	2.7	10.0	4.6	<b>138</b>	130/80	-	-0.14	0.37	-0.04	0.15	0.32	-0.06	0.00	0.12	0.13	0.37	0.21	0.27
E 2 stage	E 06:03	4.0	12.0	7.0	<b>133</b>	140/90	-	-0.32	0.16	0.36	-0.16	-0.26	0.29	-0.08	0.10	0.41	0.39	0.16	0.17
E 3 stage	E 09:04	5.4	14.0	10.1	<b>155</b>	150/100	-	-0.01	0.01	0.02	0.01	-0.02	0.05	-0.10	0.05	0.40	0.31	0.10	0.08
E 4 peak	E 09:22	6.7	16.0	13.4	<b>181</b>	150/100	-	-1.34	-1.60	-0.37	1.50	-0.50	-0.87	-0.88	-0.83	-0.83	-0.49	-0.29	-0.38
Recovery	R 00:20	0.8	16.0	2.5	<b>170</b>	130/70	-	0.09	0.34	0.30	-0.21	-0.13	0.31	-0.09	0.10	0.32	0.30	0.28	0.23

DENTAL EXAMINATION			
Name : Tommie R Malonda.	Sex : M / F	MR :	Visit : 12/8 21
Comp. : Inspektindo Sinergi		DOB : .....	
ODONTOGRAM			



DIAGNOSA

- 1. Gangren Radik 43
- 2. caries : 42.

TREATMENT PLANNING

- 1. pro ekstraksi 43.
- 2. pro Filling : 42.



Verified by: drg. Ilona Amalia/ drg. Fajar Sulawati/ drg. Siti Darjah/drg. Herlina

12/8 21.

# CONSULTATION SHEET

PATIENT NAME : *Tn Tommie P. Malonda*  
No. RM : *01.0008515D*  
Klinik/MCU/HCU : *ENT*

To. Dokter :  
(Counsel)

Kindly please counsel for patient who has take cares of

Diagnose :  
Clinik Summary :

Counsel Request :

COUNSEL ADVISE

Finding :

Diagnosis :

Recomendation :

*tra: hyperemic and Intact.  
wase: Canal euhym, no seal  
Anat: TIT, no hypereme, gung pppc,  
wase proteza*

*Audimng Mildly had bilateral, because decry  
in High free both ear.*

*Mild Hng loss bilateral, gung pppc.*

Date : *12/8/21*

Time

*- Uycar protech  
wase wong in ray the*

*- Avoid Hng head sed  
for long period & High Intubal*

**MP+**  
PT. KARTIKA BINA MEDIKATAMA  
Signature

*dr. MERISTIANA CHRISTIANE, Sp.THT-KL*  
SIP: 1315/13/031.74.04/1779.3/a/2018

Complete Name