



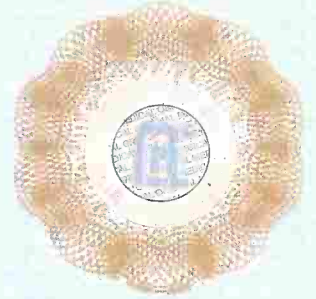
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M•KLINIK MEDILAB

PUSAT PEMERIKSAAN KESEHATAN TENAGA KERJA


Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433
Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024
E-mail: customercare@medilab-clinic.com, Website: www.medilab-clinic.com



HEALTH SCREENING REPORT

Preemployment Physical Examination

CONFIDENTIAL

No. Medical Record : 
00031/002/X/TSP/19

105



NUGRAHA NOVYYA

PERSONAL DATA

Name : NUGRAHA NOVYARSHAH PUTRA
 Birthday/Gender/Emp. ID : 27 November 1975 / Male /
 Father's Name : AMRUN
 Address : BOTANIA GARDEN BLOK B4 NO 26, BATAM
 Occupation :
 Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT
 Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM

MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Allergic Rhinitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Bronchial Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	5. Peptic Ulcer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Echolalia	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Bloody Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

CLINICAL EXAMINATION

Weight : 83 Kg	Height : 170 Cm	3. Cardiovascular System	Yes/Abnormal	No/Normal
BMI : 28.71		a. Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Systolic / Diastolic : 125 / 86 mm Hg		
		Pulse : 78 / min		
1. Vision	Yes/Abnormal	No/Normal		
a. Distant Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	b. Heart Disease	<input type="checkbox"/>
(Should be at least 6/12 in both eyes with or without glasses)			c. Varicose Veins	<input checked="" type="checkbox"/>
b. Near Vision	<input type="checkbox"/>	<input type="checkbox"/>	4. Respiratory System	<input checked="" type="checkbox"/>
(Should be at least J2 in both eyes with or without glasses)			5. Skin-Chronic Disease	<input checked="" type="checkbox"/>
c. Colour Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Abdomen	<input checked="" type="checkbox"/>
d. Any Organic Eye Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Locomotor/Neurological	<input checked="" type="checkbox"/>
2. Hearing	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Endocrine disorders	<input checked="" type="checkbox"/>
(Unable to hear ordinary conversation at 2 m)			9. Mental State	<input checked="" type="checkbox"/>

LABORATORY TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Blood Count	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Urine Feme	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Other Laboratory Test	<input checked="" type="checkbox"/>	<input type="checkbox"/>

OTHER TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Audiometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Spirometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. ECG (if indicated)	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Chest X-Ray	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Remarks: Overweight E66, Bilateral Varicose Grade 1 I83.9, Whisper Test: Normal, Lab: HDL E78.4 42 mg/dl BHR, Cholesterol Ratio E78 4.6 AR

CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is FIT for duties mentioned above.

ADVICE :

Regular Exercise and Reduce Weight, Legs Exercise, Diet to Raise HDL Cholesterol

Authentic Signature



DR. REZGA AGNELA VALBETRI

Date of Exam : 16 October 2019





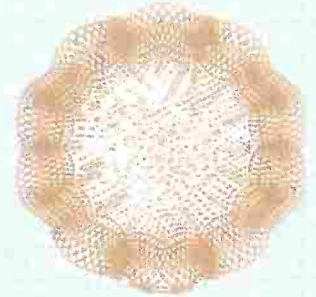
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Preemployment Physical Examination

CONFIDENTIAL

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00031/002/X/ISP/19

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 Occupation :
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NUGRAHA NOVYA

LABORATORY REPORT

BLOOD COUNT

Test Name	Result	Unit	Reference Range	
HGB	14.6	gr/dl	M: 13.2 - 17.3	F: 11.7 - 15.5
WBC	5.9	10 ³ /mm ³	M: 3.8 - 10.6	F: 3.6 - 11.0
RBC	5.11	10 ⁶ /mm ³	M: 4.4 - 5.9	F: 3.8 - 5.2
ESR	4	mm/hr	M: 0 - 10	F: 0 - 20
HCT	44.7	%	M: 40 - 52	F: 35 - 47
PLT	289	10 ³ /mm ³	150 - 440	
Differential Count				
- LYM	35.5	%	25	- 40
- MON	6.5	%	2	- 8
- GRA	58.0	%	43	- 76

URINE FEME

Macroscopy	Result
- pH	6
- Specific Gravity	1.015
- Glucossa	Negative
- Protein	Negative
- Ketones	Negative
- Bilirubin	Negative
- Urobilinogen	Normal
- Nitrit	Negative
- Blood	Negative
- Leucocytes	Negative

X-RAY REPORT

Chest PA:
 Show no Abnormalities.
 There is no evidence of pulmonary tuberculosis or other pulmonary,pleural or mediastinal lesions.
 The size,shape and position of the heart are within limits of normal variations.
 Bony structures of the thorax show no abnormalities.

Date of Exam : 16 October 2019



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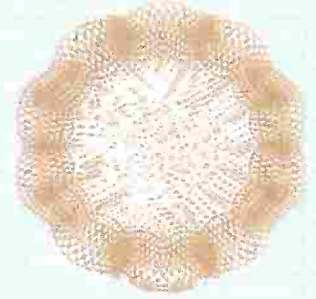
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Occupation :



NUGRAHA NOVYA

Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT
Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM

AUDIOMETRY REPORT

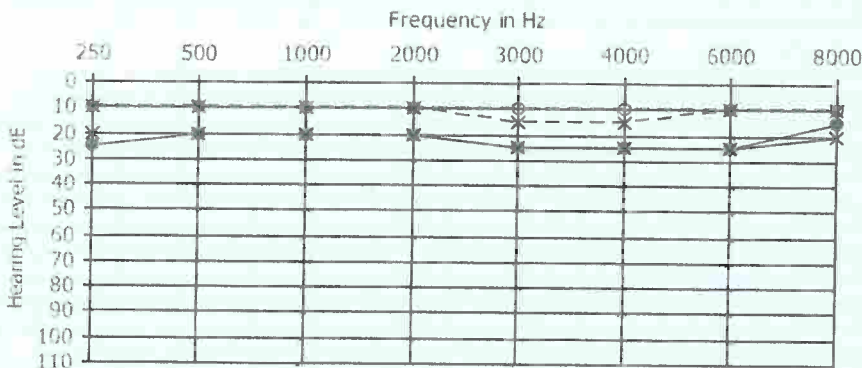
Occupational History

- Noisy Working Environment	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
- Present/use of Hearing Protector	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
- Period of Working	0.0 years	

Medical History/Examination

- Ear Surgery	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
- Head/Ear Injury	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
- Ears Infection	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
- Ear Drum Perforation	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
- Ear Cerumen	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>

If Yes, which ear		Left	Right
Yes	No	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



● REAC
× LEAC
○ REBC
× LEBC

Conclusion :

- Audiogram : Normal
- Hearing Impairment : Monaural : R : -7.88 %
L : -7.88 %
Hearing Handicap : -7.875 %
- Not a Noise Induced Hearing Loss

Date of Exam : 16 October 2019



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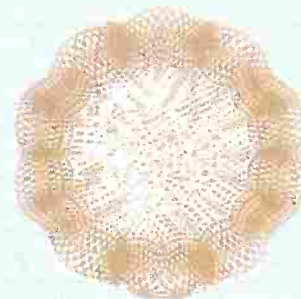
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HEALTH SCREENING REPORT

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105



NUGRAHA NOVYA

PULMONARY FUNCTION TEST

Occupation History

	Yes	No
- Dusty Working Environment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
- Present/use of Protective Equipment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
- Period of Working	2.0 years	

Medical History

	Yes	No	If Yes, when
- Lung Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Breathlessness/Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Coughed Up Blood	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

BEST VALUES

	Pred.	Measured	%Pred.
FVC	4.33	3.84	89
FEV1	3.57	3.21	90
FEV1/FVC	79.5	83.5	105
PEF	8.74	9.89	113
FEF25-75	4.15	3.36	81

PARAMETER		Pred.	PRE#1	%Pred.	PRE#2	PRE#3
*FVC	L	4.33	3.84	89	3.84	3.84
*FEV1	L	3.57	3.21	90	3.21	3.21
*PEF	L/s	8.74	9.89	113	9.89	9.89
FVC	L	4.33	3.84	89	3.75	3.58
FEV1	L	3.57	3.21	90	3.19	3.12
FEV1/FVC	%	79.5	83.6	105	85.1	87.2

FVC Normal Value : 3.716
 FEV1 Normal Value : 3.001
 FEV1/FVC % Normal Value : 81 %
 FVC % Predicted Value : 103 %
 FEV1 % Predicted Value : 106 %
 FEV1/FVC % Predicted Value : 103 %

Interpretation : Normal Spirometri

Date of Exam : 16 October 2019



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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993



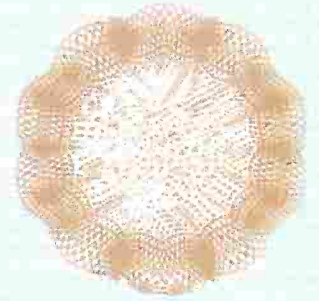
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Occupation :
Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT
Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM

105



LABORATORY REPORT

Test Name	Result Unit	Reference Range
LIPID PROFILE TEST		
Total Cholesterol	194 mg/dl	<= 200
HDL - Cholesterol	42 mg/dl	M: > 35 F: > 45
LDL - Cholesterol	128 mg/dl	50 - 140
Triglycerida	121 mg/dl	<= 204
Ratio Cholesterol (Total Chol : HDL)	4.6	M: < 3.4 F: < 3.3
BLOOD SUGAR TEST		
Nuchter	88 mg/dl	< 100
URINE		
Methamphetamine	Negative	Negative
Cocain	Negative	Negative
Amphetamine	Negative	Negative
OTHERS		
Morphine	Negative	Negative
THC	Negative	Negative
Cholinesterase	12,403 U/L	5,320 - 12,920

Date of Exam : 16 October 2019



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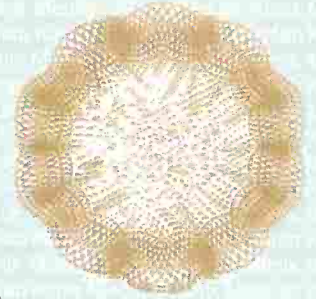
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TREADMILL (EXERCISE STRESS TEST REPORT)

CONFIDENTIAL

No. Medical Record : 
00031/002/X/ISP/19

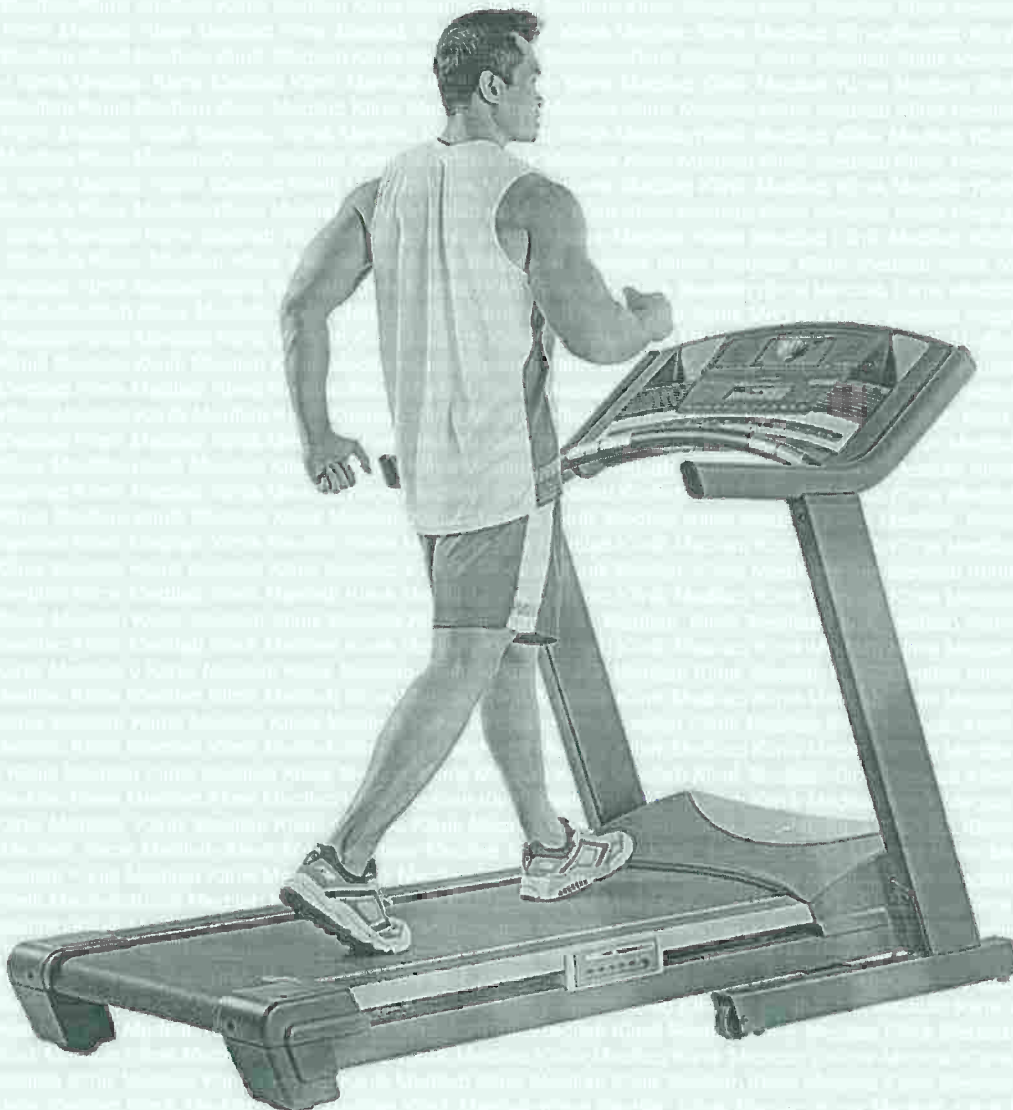
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PERSONAL DATA

Name : NUGRAHA NOVYARSHAH PUTRA
Age/Sex/Employee ID : 43 years / Male /
Father's Name : AMRUN
Address : BOTANIA GARDEN BLOK B4 NO 26, BATAM
Occupation :
Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT
Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM



NUGRAHA NOVYA



MEDILAB
KOMPLEKS RUKO TAMAN NIAGA SUKA JADI
BATAM

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: NUGRAHA NOVYARSHAH PUTRA, TN DOB: 27.11.1975
Patient ID: 001 ISP Age: 43yrs
Height: 170 cm Gender: Male
Weight: 83 kg Race: Asian

Study Date: 16.10.2019 Referring Physician: --
Test Type: -- Attending Physician: --
Protocol: BRUCE Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:41	0.00	0.00	75	132/87	
	STANDING	00:13	0.00	0.00	81		
	HYPERV.	00:02	0.00	0.00	82		
	WARM-UP	00:19	1.60	0.00	107		
EXERCISE	STAGE 1	03:00	2.70	10.00	133	171/82	
	STAGE 2	03:00	4.00	12.00	155	176/80	
	STAGE 3	03:00	5.40	14.00	176	170/80	
	STAGE 4	01:01	6.70	16.00	187		
RECOVERY		01:01	2.40	0.00	160		

The patient exercised according to the BRUCE for 10:01 min:s, achieving a work level of Max. METS: 13.30. The resting heart rate of 76 bpm rose to a maximal heart rate of 190 bpm. This value represents 107 % of the maximal, age-predicted heart rate. The resting blood pressure of 132/87 mmHg, rose to a maximum blood pressure of 176/80 mmHg. The exercise test was stopped due to --.

Interpretation

Resting ECG :
Conclusions

Normal Resting ECG

Treadmill Exercise Test :

NEGATIVE ISCHEMIC RESPONSE
NORMAL RESPONSE HEMODYNAMIC
NO ARRHYTHMIA

Physician

Technician

Dr. Afellolan Hakim, Sp. J
Sp. Jantung & Pembuluh Darah
(Cardiologist)

NUGRAHA NOVVARSHAH PUTRA, TN

Patient ID 001 ISP

16.10.2019 Male 170 cm 83 kg

12:27:48 43yrs Asian

Meds:

Test Reason:
Medical History:

BRUCE: Total Exercise Time 10:01
 Max HR: 190 bpm 107% of max predicted 177 bpm HR at rest: 76
 Max BP: 176/80 mmHg BP at rest: 132/87 Max RPP: 28730 mmHg*bpm
 Maximum Workload: 13.30 METS
 Max. ST: -0.19 mV, 0.00 mV/s in III, EXERCISE STAGE 4 09:30
 ST/HR index: 1.16 μ V/bpm

Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

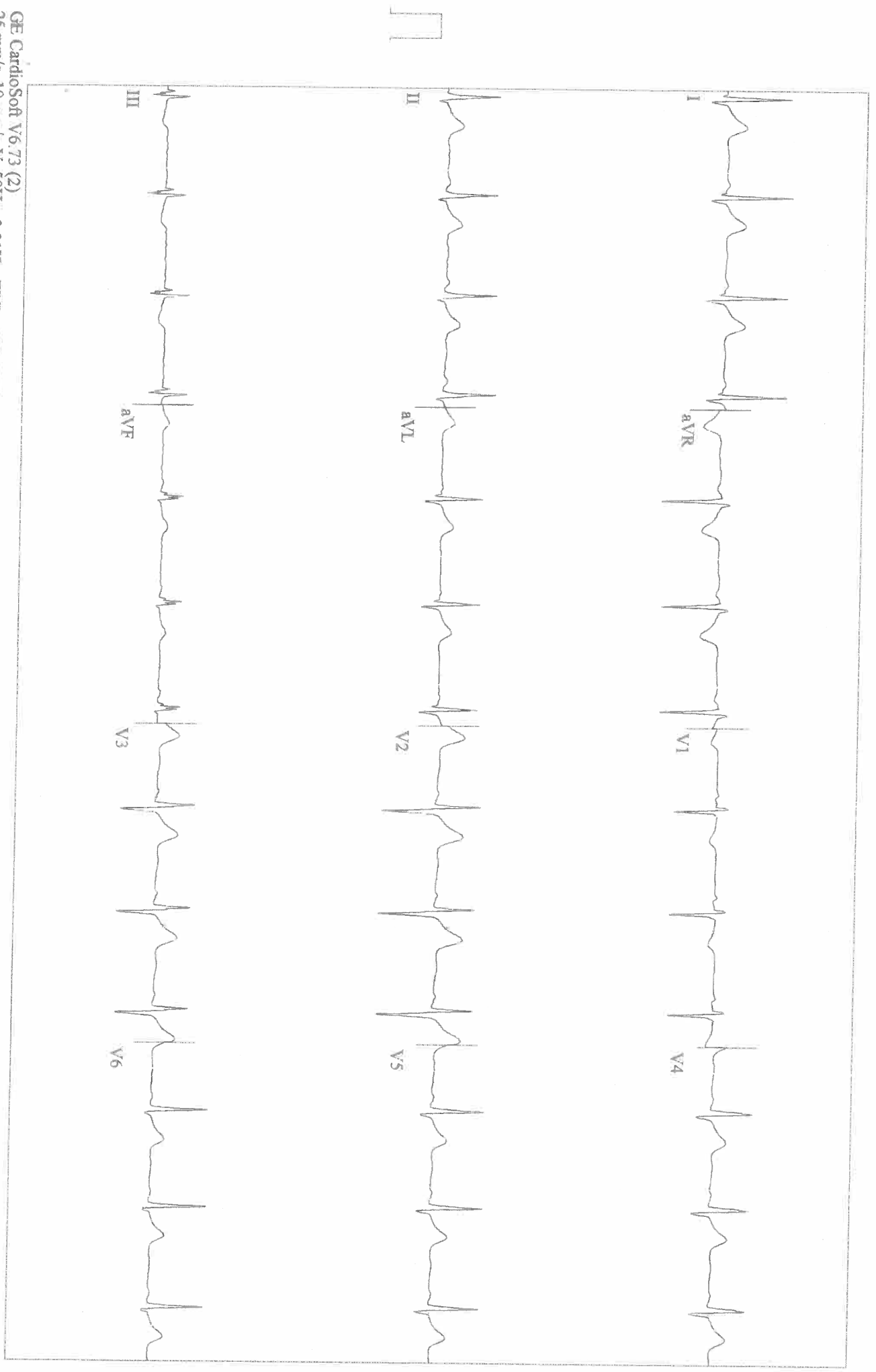
Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (III mV)	Comment
PRETEST	SUPINE	01:41	0.00	0.00	1.0	75	132/87	9900	0	-0.03	
	STANDING	00:13	0.00	0.00	1.0	81			0	-0.03	
	HYPERV.	00:02	0.00	0.00	1.0	82			0	-0.03	
	WARM-UP	00:19	1.60	0.00	1.2	107			0	-0.04	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	133	171/82	22743	0	-0.07	
	STAGE 2	03:00	4.00	12.00	7.0	155	176/80	27280	0	-0.07	
	STAGE 3	03:00	5.40	14.00	10.0	176	170/80	29920	0	-0.13	
	STAGE 4	01:01	6.70	16.00	13.3	187			0	-0.16	
RECOVERY		01:01	2.40	0.00	2.1	160			0	-0.03	

NUGRAHA NOVYARSHAH PUTRA, TN
Patient ID 001 ISP
16.10.2019
12:28:37

12-Lead Report
PRETEST
SUPINE
00:43

BRUCE
0.0 km/h
0.0 %

MEDLAB



GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(Q, V2)

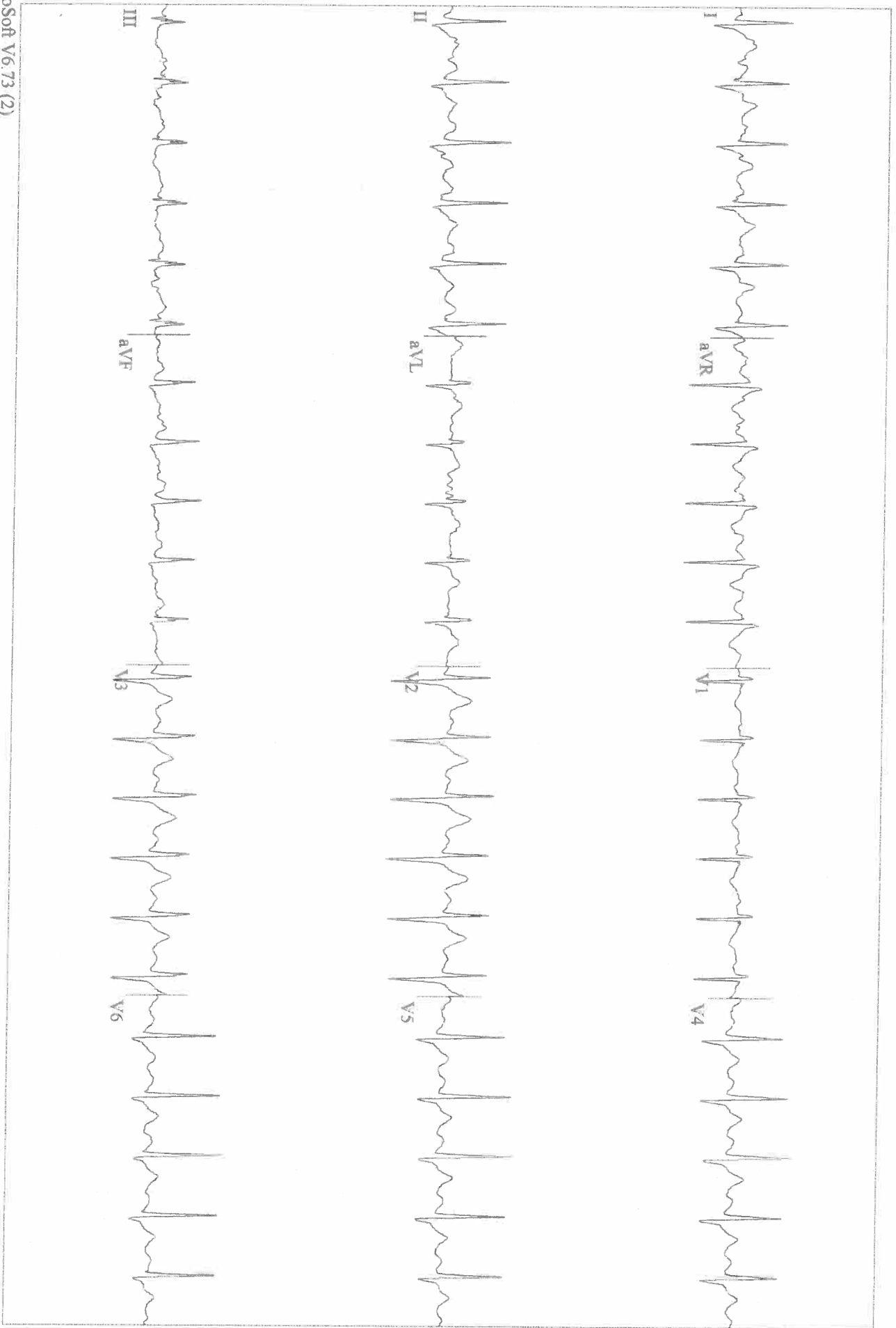
Start of Test: 12:27:48

12-Lead Report
Patient ID 001 ISP
16.10.2019
12:32:56

131 bpm
171/82 mmHg
EXERCISE
STAGE 1
02:50

BRUCE
2.7 km/h
10.0 %

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GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(Q, V2)

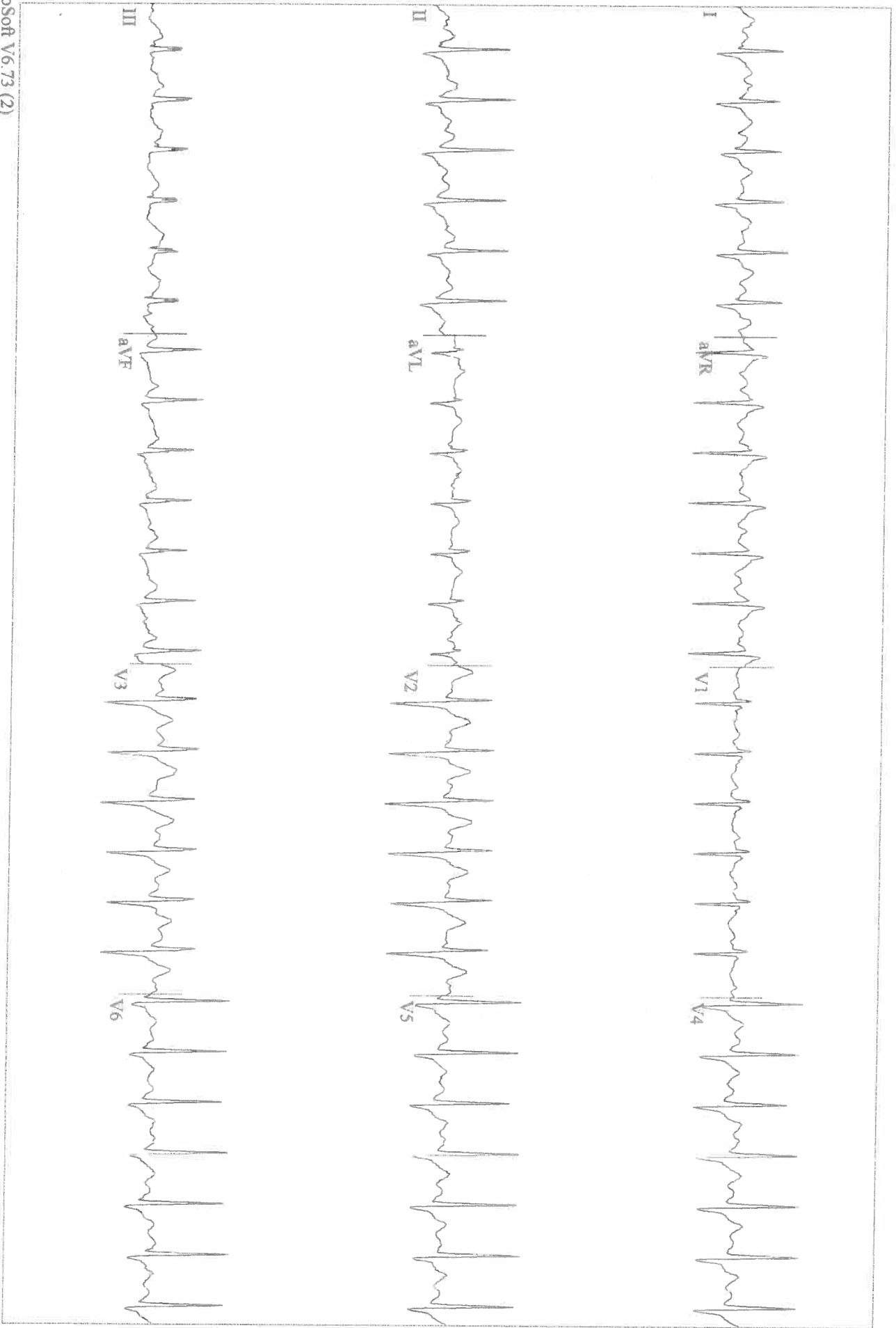
Start of Test: 12.27.48

NIUGRAHA NOVYARSHAH PUTRA, TN
Patient ID 001 ISP
16.10.2019
12:35:56

12-Lead Report
EXERCISE
STAGE 2
157 bpm
176/80 mmHg

BRUCE
4.0 km/h
12.0 %

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GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(LV2)

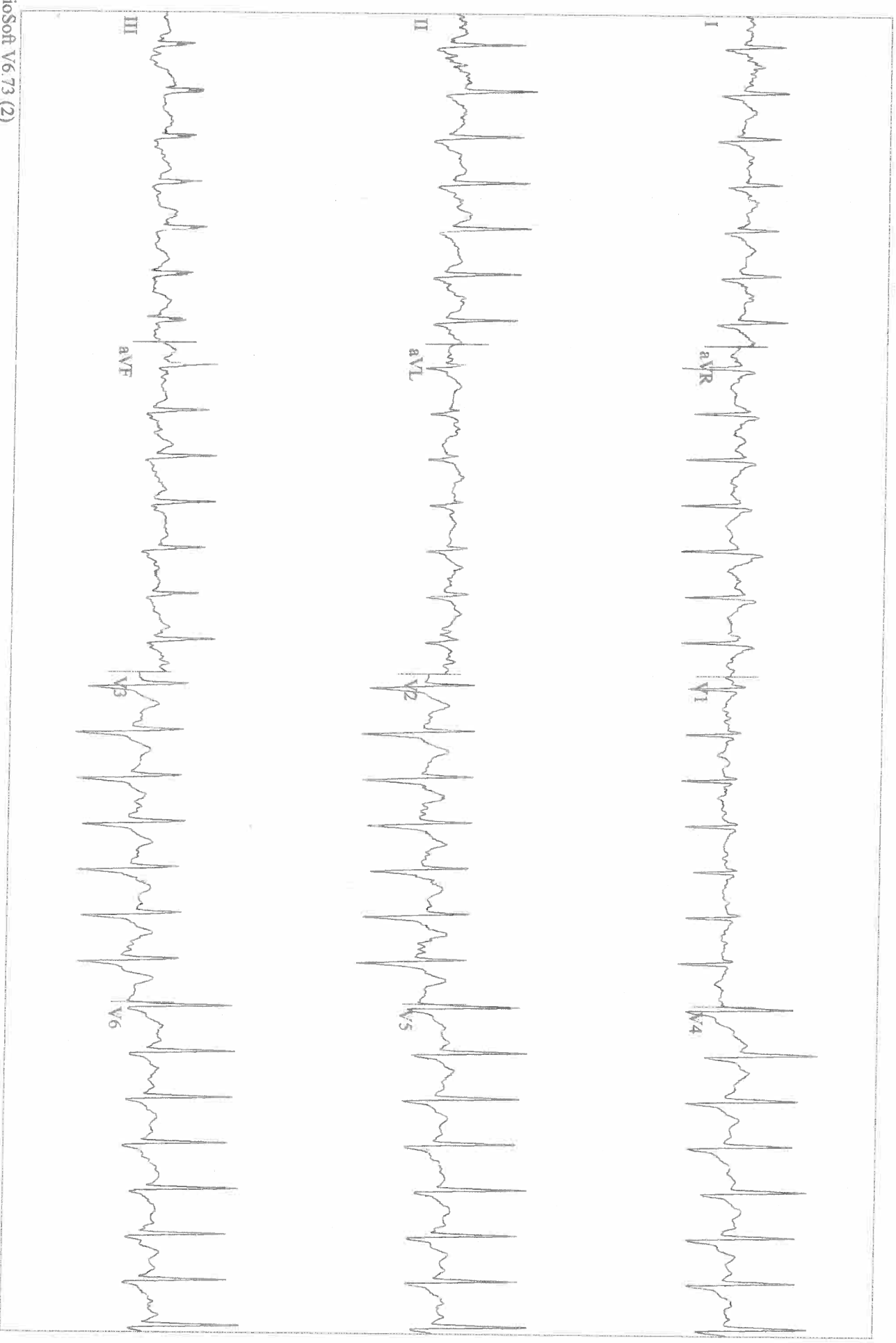
Start of Test: 12:27:48

NUGRAHA NOVYARSHAH PUTRA, TN
Patient ID 001 ISP
16.10.2019
12:38:56

12-Lead Report
EXERCISE
STAGE 3
173 bpm
170/80 mmHg
08:50

BRUCE
5.4 km/h
14.0%

MEDLAB



GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(Q, V2)

Start of Test: 12:27:48

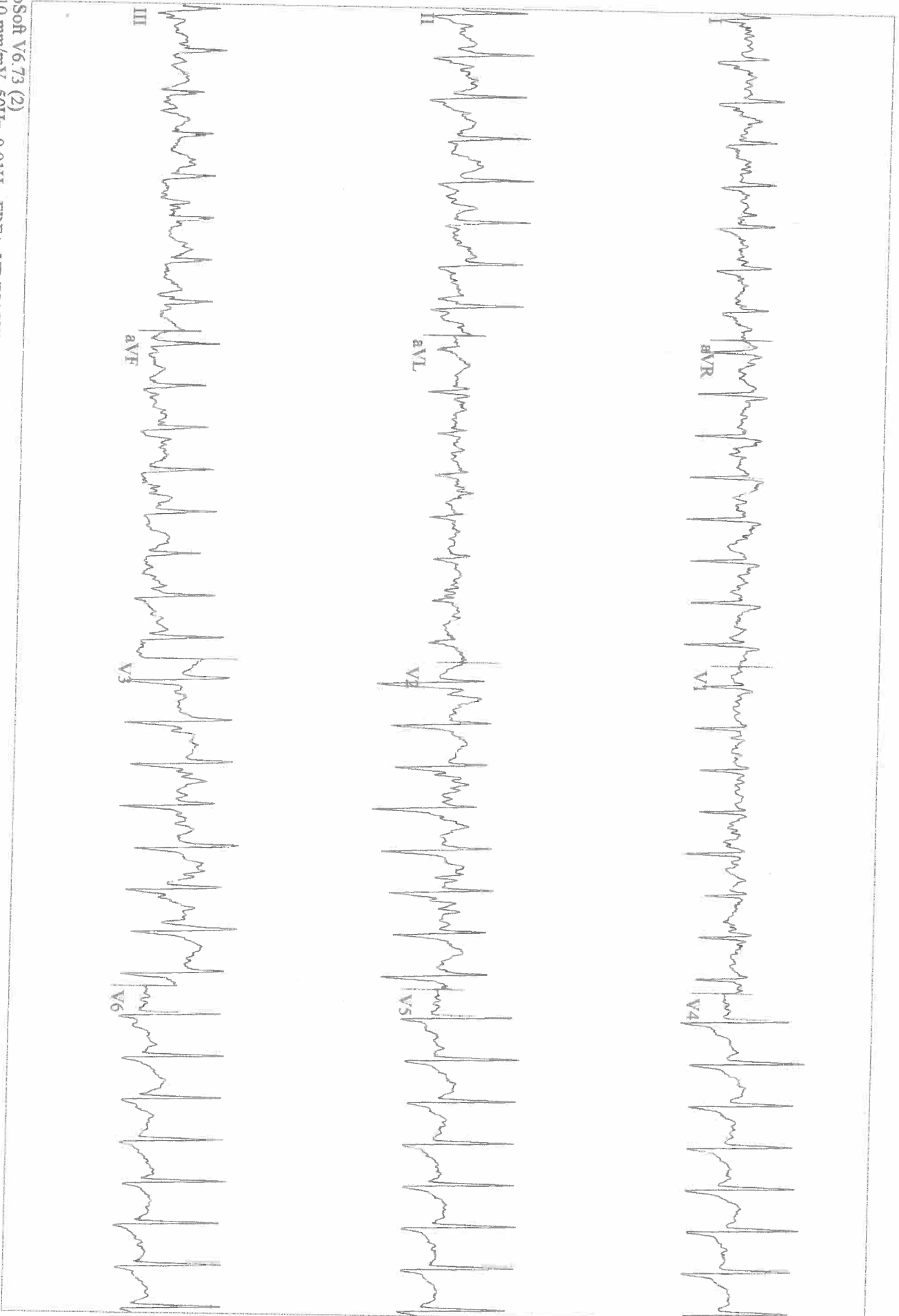
NUGRAHA NOVYARSHAH PUTRA, TN
Patient ID 001 ISP
16.10.2019
12:40:07

187 bpm

12-Lead Report (PEAK EXERCISE)
EXERCISE
STAGE 4
10:01

BRUCE
6.7 km/h
16.0 %

MEDLAB



GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V6,V2)

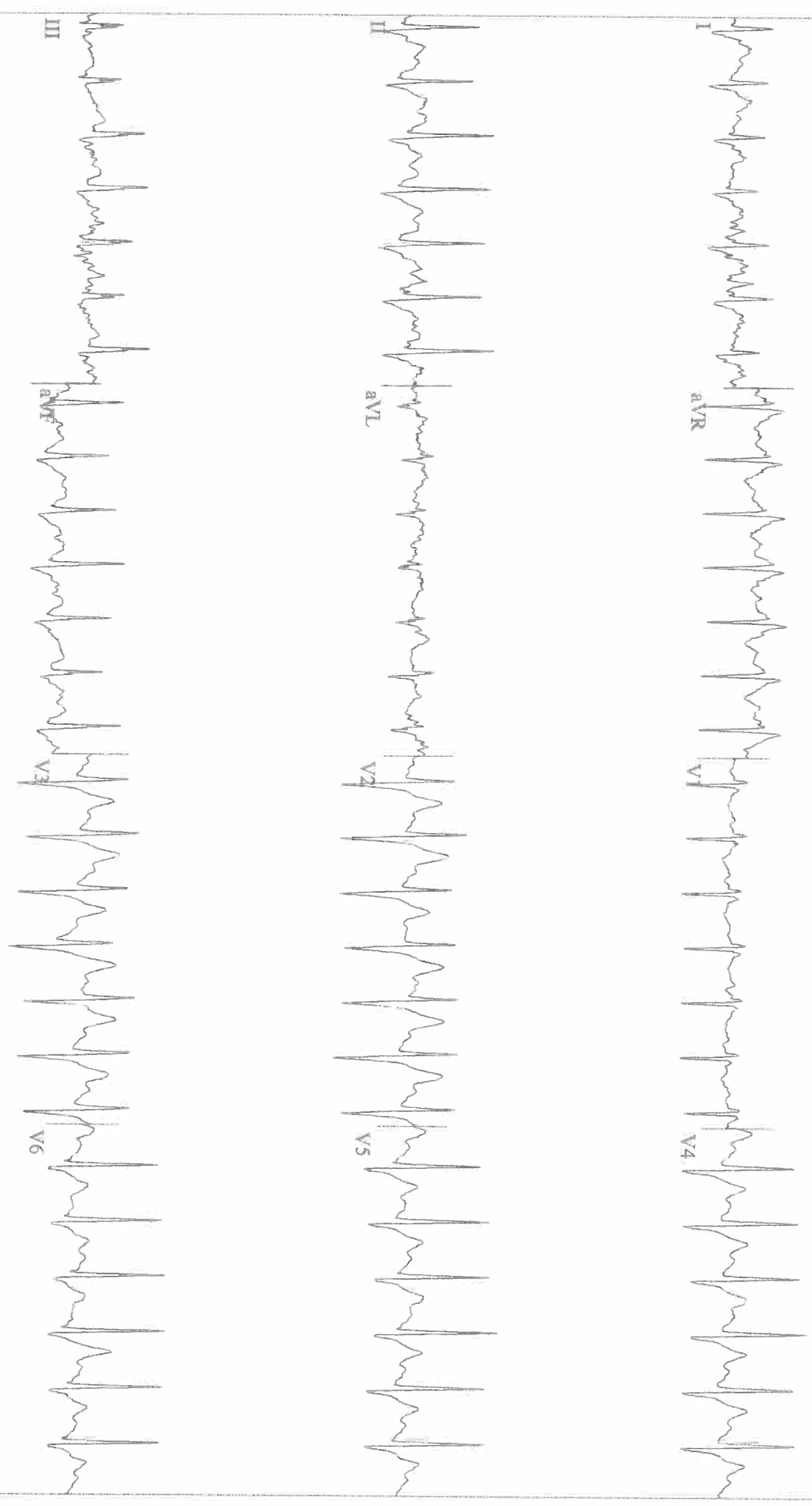
Start of Test: 12:27:48

NUGRAHA NOVYARSHAH PUTRA, TN
Patient ID 001 ISP
16.10.2019
12:40:57

12-Lead Report
RECOVERY
#1
00:50

BRUCE
2.4 km/h
0.0%

MEDLAB



GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz FRF+ HR(V6, V2)

Start of Test: 12:27:48