



**GRAND MEDICA
INDONESIA**

Make SMILE and Be HEALTHY

PERSONAL DATA

No. MCU : 1931/GMI-MCU/VIII/2020
No. Badge : -
N a m a : **MUHAMMAD DIPO DUANTORO, Tn.**
U m u r : 32 tahun
Perusahaan : **PT. INSPEKTINDO SINERGI PERSADA**
Jabatan : Inspector
Tgl Pemeriksaan : 28/08/2020
Alamat : Jl. Gunung 4 RT 19 No.5 Kel. Margo Mulyo Kec. Balikpapan Barat



PT. INSPEKTINDO SINERGI PERSADA

HEALTH AND MEDICAL SURVEILLANCE
TAHUN 2020



NAMA : Muhammad Ripo Puantoro
TANGGAL LAHIR : 25 Juni 1988
JENIS KELAMIN : laki - laki
S/N :
IGG :
DEPT/SERVICE : Inspection
LOKASI KERJA : Schlumberger
JENIS PEMERIKSAAN : Pre-employment
 Annual
 Pre-retirement

Medical Department

HEALTH SURVEILLANCE

Isilah formulir ini dengan sebenarnya dan selengkap-lengkapnnya. Apabila ada hal-hal yang kurang dipahami segera hubungi dokter atau perawat.

IDENTITAS PEGAWAI

- 1. Posisi : Inspector
- 2. Golongan Darah : A / B / AB / Rhesus : + / -
- 3. Status : (1) Belum kawin (2) Kawin (3) Janda (4) Duda (5) Cerai
- 4. Jumlah anak : Anak laki-laki Orang, Anak Perempuan orang
- 5. Alamat sekarang : Jln. Gn 4 RT 19 No. 5 Kel. Margo Mulyo
Kec. Balikpapan Barat
- 6. No. Extension Telpon. : Kantor : Telpon/HP 085249274980
Kamar (untuk lapangan)

HANYA UNTUK CALON KARYAWAN : RIWAYAT PEKERJAAN

No.	Posisi	Lama Kerja	Perusahaan	Lama paparan dalam jam/hari					
				Bising	Debu	Kimia	Radiasi	Ergonomi	lain-lain

HANYA UNTUK KARYAWAN : RIWAYAT PEKERJAAN

Tuliskan lama kerja pada masing-masing tempat kerja yang sesuai dengan posisi anda. Jumlah jam harus sesuai dengan lama kerja dalam sehari.

- 1. Office : 8 jam/hari
- 2. Warehouse : 8 jam/hari
- 3. Workshop : 8 jam/hari
- 4. Process area : 12 jam/hari
- 5. Well/Offshore : 12 jam/hari

PETUNJUK PENGISIAN : ISILAH NOMOR YANG SESUAI DENGAN JAWABAN ANDA PADA KOTAK JAWABAN YANG TELAH TERSEDIA DI SAMPING KANAN. JANGAN MELINGKARI ATAU MENCORET PILIHAN JAWABAN

RIWAYAT KESEHATAN

1. Selama 1 tahun terakhir ini, apakah anda pernah sakit :

- a. Tekanan darah tinggi 1. Ya 2. Tidak
- b. Tekanan darah rendah 1. Ya 2. Tidak
- c. Jantung 1. Ya 2. Tidak
- d. Stroke 1. Ya 2. Tidak
- e. Kencing Manis 1. Ya 2. Tidak

- | | | | |
|---------------------------|-------|----------|-------------------------------------|
| f. Timbul benjolan/tumor | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| g. Ayan / Gangguan syaraf | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| h. Asma | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| i. Batu ginjal | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| j. Alergi | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| k. Thypus | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| l. TBC | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| m. Malaria | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| n. Penyakit kelamin | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| o. Kuning / Hepatitis | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| p. Gangguan jiwa | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| q. Takut pada ketinggian | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| r. Mata | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| s. Hidung | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| t. Telinga | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| u. Gigi / mulut | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| v. Lambung | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| w. Wasir | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| x. Kulit | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| y. Sendi - sendi | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| z. Kandungan | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |

RIWAYAT KECELAKAAN KERJA DAN PERAWATAN DI RUMAH SAKIT

- Dalam satu tahun terakhir apakah Anda pernah mengalami kecelakaan akibat kerja ?
1. Ya 2. Tidak
Bila tidak, langsung ke no. 6
- Bila YA, berapa kali dalam setahun terakhir Anda mengalami kecelakaan ?
- Apakah Anda perlu mendapatkan perawatan di rumah sakit karena kecelakaan tersebut ?
1. Ya 2. Tidak
- Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan akibat kecelakaan tersebut ?
- Apakah timbul gangguan fungsi maupun kecacatan setelah sembuh ?
1. Ya 2. Tidak
- Dalam satu tahun terakhir apakah Anda pernah dirawat di rumah sakit ?
1. Ya 2. Tidak
Bila tidak, langsung ke no. 8
- Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan dalam satu tahun terakhir ?
- Apakah Anda menderita penyakit yang dikontrol terus menerus selama satu tahun terakhir ?
1. Ya 2. Tidak

KEBIASAAN MEROKOK

1. Apakah anda pernah merokok ?
2. Sejak umur berapa Anda mulai merokok untuk pertama kalinya ?
3. Apakah saat ini Anda merokok ?
4. Berapa banyak rokok yang Anda isap setiap harinya ?
5. Jenis rokok apa yang Anda isap ? (DITULIS MEREK)
6. Seberapa sering Anda menghisap dalam-dalam asap rokok ?
7. Berapa menit sehabis bangun tidur Anda mulai merokok?
8. Apakah Anda iebih banyak merokok dalam jam pertama di pagi hari ?
9. Apakah sulit untuk tidak merokok di tempat yang dilarang merokok ?
10. Apakah Anda tetap merokok di saat Anda sedang sakit ?
11. Dalam satu hari, rokok manakah yang sulit di lewatkan ?
Dari no. 11 langsung ke pertanyaan alkohol
12. Apakah anda ingin berhenti merokok?
13. Bila Ya, apakah Anda bersedia untuk mengikuti program Berhenti Merokok?
14. Sudah berapa lama Anda berhenti merokok ? (tahun)

1. Ya 2. Tidak

Bila tidak, langsung ke alkohol

1. Ya, setiap hari

2. Ya, tidak setiap hari

3. Tidak - bila tidak langsung ke no. 14

1. Kadar nikotin rendah

2. Kadar nikotin sedang

3. Kadar nikotin tinggi

1. Tidak pernah

2. Kadang-kadang

3. Selalu

1. Ya 2. Tidak

1. Ya 2. Tidak

1. Ya 2. Tidak

1. Rokok pertama di pagi

2. Rokok lainnya

1. Ya 2. Tidak

1. Ya 2. Tidak

Langsung ke pertanyaan alkohol

KONSUMSI ALKOHOL

1. Apakah Anda pernah minum minuman beralkohol ?
2. Apakah Anda minum minuman beralkohol dalam 12 bulan terakhir ?
3. Apakah Anda minum minuman beralkohol dalam 4 minggu terakhir ?
4. Berapa kali Anda minum minuman beralkohol dalam sebulan ?
5. Berapa banyak minuman beralkohol yang Anda habiskan tiap kalinya ? (diperkirakan dalam satuan cc)

1. Ya 2. Tidak

Bila tidak, langsung ke olahraga

1. Ya 2. Tidak

Bila tidak, langsung ke olahraga

1. Ya 2. Tidak

Bila tidak, langsung ke olahraga

AKTIFITAS FISIK DAN OLAHRAGA

1. Berapa banyak waktu yang Anda habiskan untuk duduk setiap harinya ? (dalam menit, dan termasuk waktu yang dihabiskan untuk duduk di tempat kerja maupun di waktu luang)
2. Berapa kali Anda berolahraga dalam sebulan ?
3. Berapa lama waktu yang Anda habiskan untuk berolahraga tiap kalinya ? (dalam menit)
4. Bagaimana intensitas olahraga yang Anda lakukan ?

1. Ringan 4. Berat

2. Sedang 5. Sangat berat

3. Cukup berat

POLA KONSUMSI BAHAN MAKANAN

1. Berapa hari dalam seminggu biasanya Anda makan buah-buahan ?
2. Berapa hari dalam seminggu biasanya Anda makan sayur-sayuran ?

5
5

RIWAYAT PENYAKIT KELUARGA

1. Apakah ada diantara Ayah/Ibu Anda menderita penyakit berikut
 - a. Tekanan darah tinggi
 - b. Penyakit jantung
 - c. Stroke
 - d. Kencing manis
 - e. Kanker
 - f. Alergi
 - g. Asma
2. Apakah ada saudara kandung Anda menderita penyakit berikut
 - a. Tekanan darah tinggi
 - b. Penyakit jantung
 - c. Stroke
 - d. Kencing manis
 - e. Kanker
 - f. Alergi
 - g. Asma
3. Di antara Ayah/Ibu/Saudara Kandung Anda, apakah ada yang meninggal karena penyakit-penyakit di atas pada usia kurang dari 45 tahun untuk laki-laki dan 55 tahun untuk perempuan ?

1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak

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1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak
1. Ya 2. Tidak

2
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2

UNTUK KARYAWAN WANITA

1. Apakah saat ini Anda sedang hamil ?
2. Berapa bulan umur kehamilan Anda saat ini ?
3. Berapa jumlah kehamilan yang pernah Anda alami (termasuk kehamilan kali ini) ?
4. Berapa jumlah keguguran yang pernah Anda alami ?
5. Kapan hari pertyama haid terakhir Anda ?
6. Berapa umur Anda pada saat haid pertama ?
7. Berapa banyak pada saat Anda haid ?
8. Apakah dalam satu tahun terakhir pola haid Anda teratur ?
9. Apakah ada rasa sakit yang berhubungan dengan haid ?
10. Apakah Anda sering menderita keputihan ?

1. Ya 2. Tidak

Bila tidak, langsung ke no. 3

/

1. Banyak 2. Sedikit

1. Ya 2. Tidak

1. Ya 2. Tidak

1. Ya 2. Tidak

KELUARGA BERENCANA

1. Apakah keluarga Anda mengikuti keluarga berencana ?

1. Ya 2. Tidak

Bila tidak langsung ke Vaksinasi

2. Bila YA, metode KB apa yang Anda gunakan ?

1. Kondom 5. IUD

2. Pil 6. Vasektomi

3. Suntik 7. Tubektomi

4. Susuk 8. Lainnya

RIWAYAT VAKSINASI

1. Apakah anda pernah mendapatkan vaksinasi tetanus ?

1. Ya 3. Tidak tahu

2. Tidak

2. Apakah Anda pernah mendapatkn vaksinasi hepatitis ?

1. Ya 3. Tidak tahu

2. Tidak

DONOR DARAH

1. Bersediakah Anda mendonorkan darah bila dibutuhkan ?

1. Ya 2. Tidak

2. Kapan Anda melakukan donor darah terakhir ?

- / - / -

Formulir tersebut di atas telah saya isi dengan benar dan sesungguhnya.

Balikpapan, 28 Agustus 2020

Nama dan tanda tangan karyawan

(M. Djo Puantoro)

MEDICAL CHECK UP –2020

PHYSICAL EXAMINATION

NAME	MUHAMMAD DIPO DUANTORO, Tn.	S/N	-	DEPT	-
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I. VITAL SIGN

Blood Pressure (supine)	120/70	mmHg	Pulse	50	x/m	Respiration	20	x/m	Temp.	36	°C
Weight (W)	65	kg	Height (H)	170	cm	BMI	22,49	Waist	76	cm	

(*) BMI = W / H² (Underweight = <18, Normal 18-25, Overweight 25-30, Obese > 30)

II. PHYSICAL EXAMINATION

No	PHYSICAL	A = ABNORMAL; N = NORMAL	A	N	Describe abnormalities in detail (circle words of importance and explain)	
1	GENERAL APPEARANCE	Appearance age/ Nutritional/ Development/ Mental & emotional status/Posture/Gait/Speech		✓		
2	HEAD / SCALP	Size/Shape/Tender over sinuses/ Hair/ Eruption/ Masses/Bruit		✓		
3	EYES	Conjunctiva /Sclera/ Cornea/ Pupils/ Ptosis/ Tension/ Eye lid/Bruit/Reflex/ Range of Movement		✓		
4	EARS	Ext. canal/Membran perforation/ Discharge/ Tophi/ Hearing problem/ Mastoids		✓		
5	NOSE / SINUSES	Septum/obstruction/ Turbinate /Discharges		✓		
6	MOUTH / THROAT	Odor/Lips/Tongue/Tonsils/ Gums/ Pharynx		✓		
7	TEETH	Caries ☉, Filling(F), Missing (M), Radix☉	✓		Filling, Missing	
8	NECK	Adenopathi/Thyroid/Carotids/ Trachea/ Veins/ Mass/ Spine/ Motion/ Bruit		✓		
9	BACK / SPINE	Kyphosis/Scoliosis/ Lordosis/ Mobility/ CVA/ Bone/ Tenderness/ Other deformities		✓		
10	THORAX	Symmetry/Movement/Contour / Tender		✓		
11	BREAST	Size/Consistency/ Nipples/ Areola / Discharge/ Palpable mass/ enderness/ Nodes/ Scars		✓		
12	HEART	Rate/Rhythm/Apical/Impulse/Trills/ Quality of sound/Intensity/Splitting/Extra sound/Murmurs		✓		
13	CHEST / LUNG	Excursion/Dullness or Hyper-resonance of percussion/ Quality of breath sound/ Rales/ Wheezing/Ronchi/ Bruit		✓		
14	ABDOMEN	Bowel sounds/ Appearance/ Liver/ Spleen/ Masses/ Hernias/ Murmur/ Contour/ Tenderness/ Bruit/ Nodes		✓		
15	GROIN	Hernia/Inguinal nodes/Femoral pulses		✓		
16	GENITAL	MALE	Penis/Testis/Scrotum epididymis/ Varicocele/ Scars/ Discharge/ Circumcised/ Piercing		✓	
		FEMALE	Vulva/Vagina/ Cervix/ Uterus/ Adnexae/ Rectocele/ Bartholini gland/ Urethra/ Discharge			
17	EXTREMITIES	Deformity/Clubbing/Cyanosis/Edema/Nail/ Peripheral pulses/ Calf tenderness/Joints for swelling/ ROM		✓		
18	JOINTS	ROM/ Swelling / Inflammation /Deformity		✓		
19	SKIN	Color/Birthmark/Scars/ Tattoos /Texture/Rash/ Eczema / ulcers/Piercing		✓		
20	NEUROLOGICAL	Reflexes/Cranial nerve/Tremor/Paralysis/Motoric/ Sensor (touch,prick,vibrate)/ Coordination/ Romberg		✓	Romberg Test : Negative	
21	MUSCULAR SYSTEM	Strength/Wasting/Development		✓		
22	RECTAL EXAM.	Sphincter tonus/ Hemorrhoids/ Fissure/ Masses /Prostate		✓		

SUPPORTIVE INVESTIGATIONS

I. VISION

Vision	Unaided		With Spectacles		Depth Perception	Colour Blindness	
	Left	Right	Left	Right			
Distant	20/30	20/30				✓	Normal
Near	20/20	20/20					Red – Green Absent
Visual fields (Normal > 70°)			Left	85°	Right	85°	Colour Blind

II. LABORATORIUM SUMMARY

	Normal	COMMENT: Cholesterol 268 mg/dl (Tinggi), LDL 192 mg/dl (Tinggi).	<i>See attached result</i>
✓	Abnormal		

III. CHEST X-RAY

Pneumoconiosis	Yes	No	✓	<i>See attached result</i>
If Yes – ILO Classification				
Evidence of TB	Yes	No	✓	
Other Abnormalities				
COMMENT	Foto Thorax Normal			

IV. ECG (Optional for over 35 years of age)

Normal	✓	Abnormal	(specify) : Sinus Bradycardia, HR : 50 bpm	<i>See attached result</i>
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V. TREADMILL (Optional for over 35 years of age)

Normal	✓	Abnormal	(specify) : Negative Ischemic Response, 13 Mets.	<i>See attached result</i>
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VI. SPIROMETRY (Optional for dust exposure, respiratory chronic disease,)

Test	Observed	Predicted	% Prediction	
VC				%
FVC				%
FEV 1				%
FEV/FVC				%

VII. AUDIOMETRY (Optional for noise exposure, previous hearing problem,)

CONCLUSION		Change since last audiometric examination	<i>See attached result</i>
✓	Normal	If Yes, what change :	Yes
	Abnormal	Recommended Action:	No
		Refer to safety department: <input type="checkbox"/> Yes / <input type="checkbox"/> No	

RECEIVED <small>(reserved for International SOS)</small>
REVIEWED <small>(reserved for International SOS)</small>
PROCESSED <small>(reserved for International SOS)</small>

Med-Track
SCHLUMBERGER PHYSICAL
Confidential Medical

PRE-EMPLOYMENT	<input type="checkbox"/>
Name of recruiter.....
Job proposed :	Office <input type="checkbox"/>
	Field <input type="checkbox"/>
PERIODIC CHECK-UP	<input type="checkbox"/>

Dear Schlumberger Employee,

Your Med-Track physical will be handled only by trained and competent health professionals. The information contained in this medical report can be essential in saving your life when you are living or working abroad. In order to process your medical data, we now require that you sign a Consent Form authorizing International SOS and the Schlumberger Medical Department to access your information.

You do, however, have the possibility of not releasing this medical data.

- If you have chosen not to authorize the release of your medical data, please fill in only pages 1 and 2, dated and signed, and return to International SOS.
- If you have chosen to authorize the release of your medical data, please fill in the appropriate pages as indicated and return the entire Med-Track report to International SOS.

Do not forget to select and to sign the appropriate consent form depending on whether you have performed your Med-Track physical in an International SOS center or another center of your choice.

Thank you for cooperation.

Schlumberger Medical Department and International SOS

TO BE COMPLETED BY THE EMPLOYEE

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH

LAST NAME (as appears in LDAP) Quantoro FIRST NAME Mhammad Dipo
 SEX man BIRTH DATE (day/month/year) 25 / 06 / 1988
 HOME PHONE 0852 47274988 NATIONALITY Indonesia
 HOME ADDRESS Jln. Gn. 4 RT 19/No. 5
 Email address: dipo@inspek.kindo.com

CLEARLY INDICATE YOUR COMPANY INFORMATION - PUT AN "X" IN THE CORRESPONDING BOX BELOW:

Business segment: (ex: WS, WG, etc.)	Country of assignment
<input type="checkbox"/> MEA <input type="checkbox"/> EAF	International commuter <input type="checkbox"/>
<input type="checkbox"/> LAM <input type="checkbox"/> SLR	International mobile <input type="checkbox"/>
<input type="checkbox"/> NAM	Home country mobile <input type="checkbox"/>
GIN /EMPLOYEE NUMBER	GeoMobile <input type="checkbox"/>
POSITION / Job Title	Other (CCR, HCC, etc.) :

PLEASE ANSWER ALL THE QUESTIONS ON THIS PAGE

TO BE COMPLETED BY THE EMPLOYEE

In order to process your Med-Track report and to upload it in the confidential eMed-Track web site, we require your authorization. If you are attending an International SOS recommended medical center, please fill in Option 1. If you are attending another medical center of your choice, please fill in Option 2.

IN ALL CASES PLEASE DATE AND SIGN AT THE BOTTOM OF THE PAGE.

• **Option 1: Medical examination performed by an SOS recommended medical center**

(For list of recommended medical centers, see: <http://www.internationalsos.com/private/schlumberger/Medtrack/>)

I do authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to International SOS and the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached Consent Form Option 1. (Please fill in pages 3 and 4. The examining physician will fill in pages 6 and 7.)

I do not authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to any third party, including International SOS and the Schlumberger Medical Department. Please fill in below.

Medical center : Name of doctor :

Medical exam date :

And return only page 1 and 2 to :

International SOS
Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

• **Option 2: Medical examination performed by a medical center of your choice. And not on the list of centers recommended by International SOS**

I agree to send my confidential medical data to International SOS and I agree to the subsequent transfer to the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached Consent Form Option 2. (Please fill in pages 4 and 5. The examining physician will fill in pages 6 and 7.)

For rapid processing please ensure that the entire Med-Track report is sent as rapidly as possible to International SOS

Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

I do not agree to send my confidential medical data to International SOS (and I do not agree to the subsequent transfer to the Schlumberger Medical Department). Please fill in below.

Medical center: Name of doctor:

Medical exam date :

And return only page 1 and 2 to:

International SOS
Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

IMPORTANT: MUST BE FILLED IN BEFORE RETURNING TO INTERNATIONAL SOS

TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 1 :

Medical examination performed by an International SOS recommended medical center

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS and its contractors (the licensed physician(s) and medical staff who perform this medical examination) may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with, and cause its contractors (the licensed physician(s) and medical staff who perform this medical examination) to comply with, EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) I acknowledge and expressly agree that without prejudice to paragraph (f), International SOS shall not be liable for the accuracy or medical conclusions of the medical examination carried out by its contractors (the licensed physician(s) and medical staff who perform this medical examination).
- (h) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (i) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (j) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (k) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination will be sent by the licensed physician(s) and medical staff who perform this medical examination to Schlumberger Medical Department, and International SOS, and processed by said parties.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name:

Date (day/month/year): Employee's signature:

TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 2:

Medical examination performed by a medical center of your choice, and not on the list of centers recommended by International SOS

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data. Such processing will start once I will have transferred the questionnaire attached, filled in by the licensed physician that I have selected for the performance of my medical examination, and the results of the medical tests carried out by such licensed physician, to SOS which will transfer my personal data to Schlumberger Medical Department.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS will collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner, as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS. My personal data will not be transferred to any other recipients.
- (g) My personal data for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (h) Pursuant to EU personal data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection and processing of my personal data, by contacting International SOS (Attention Med-Track Department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92000 Nanterre-Paris Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (i) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (j) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination that I will send to International SOS will be processed by Schlumberger Medical Department and International SOS.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name:

Date (day/month/year) Employee's signature:

LAST NAME Dantoro FIRST NAME Muhammad Ripo

TO BE COMPLETED BY THE EMPLOYEE

BLOOD TYPE :
(If known) O

PAST MEDICAL HISTORY
DO YOU HAVE OR HAVE YOU HAD

(Check "yes" or "no" column or put a ? if uncertain)

- | | Yes | No | | Yes | No | HAVE YOU EVER BEEN | Yes | No |
|--------------------------------------|--------------------------|-------------------------------------|------------------------------|--------------------------|-------------------------------------|-----------------------------------|--------------------------|-------------------------------------|
| 1. sinus trouble | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 21. cancer | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 41. rejected for employment | | |
| 2. neck swelling/glands | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 22. heart disease | <input type="checkbox"/> | <input checked="" type="checkbox"/> | or insurance for medical | | |
| 3. difficulty in vision | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 23. rheumatic fever | <input type="checkbox"/> | <input checked="" type="checkbox"/> | reasons | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 4. any ear discharge | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 24. abnormal heartbeat | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 42. awarded benefits for | | |
| 5. asthma/bronchitis | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 25. high blood pressure | <input type="checkbox"/> | <input checked="" type="checkbox"/> | industrial injury | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 6. hayfever/other allergy | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 26. stroke | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 43. treated for a mental | | |
| 7. any skin trouble | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 27. serious chest pain | <input type="checkbox"/> | <input checked="" type="checkbox"/> | condition | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 8. tuberculosis | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 28. any blood disease | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 44. treated for drinking problem/ | | |
| 9. shortness of breath | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 29. kidney disease | <input type="checkbox"/> | <input checked="" type="checkbox"/> | drug abuse | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 10. coughed blood | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 30. painful passage of urine | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 45. exposed to : | | |
| 11. abdominal pain | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 31. blood in urine | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Mercury | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 12. stomach ulcer | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 32. diabetes | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Radioactivity | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 13. recurrent indigestion | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 33. headaches/migraine | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Toxic chemicals | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 14. jaundice/hepatitis | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 34. dizziness/fainting | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Excess noise | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 15. gall bladder disease | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 35. epilepsy | <input type="checkbox"/> | <input checked="" type="checkbox"/> | | | |
| 16. marked change in
bowel habits | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 36. joints/spinal trouble | <input type="checkbox"/> | <input checked="" type="checkbox"/> | FOR WOMEN ONLY | | |
| 17. blood in stool | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 37. surgical operation | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Have you ever had | | |
| 18. change in weight | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 38. accident/fracture | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 46. an abnormal smear | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. varicose veins | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 39. tropical disease | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 47. a gynecological | | |
| 20. lump in breast | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 40. fear of heights | <input type="checkbox"/> | <input checked="" type="checkbox"/> | treatment | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | | | | 48. are you pregnant ? | <input type="checkbox"/> | <input type="checkbox"/> |

If you have answered "yes" to questions 37, 38 or 39 or if you have or had an illness not mentioned above please detail in **ENGLISH** and in clear capital letters:

.....
.....

Medication taken regularly :

Do you take preventive malaria medication when in high malaria risk areas ? YES NO
If yes, which medication ?

Allergies to medication:

DATES OF LAST VACCINATIONS: (day/month/year)
 polio / / hepatitis B / / hepatitis A / /
 tetanus / / yellow fever / / typhoid / /
 other: date: / / Other: date: / /

Alcohol consumption: Number of glasses per day: Tobacco: Number of cigarettes per day:

LAST NAME Duantoro FIRST NAME Muhammed Dipo

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH OR TYPE WHENEVER POSSIBLE. NO ABBREVIATIONS PLEASE

DRUG TESTING: for pre-employment medicals only:
 Not performed Performed Positive Negative

PLEASE UP DATE VACCINATIONS: Indicate ONLY vaccinations performed during this examination
 POLIO TETANUS HEPATITIS B YELLOW FEVER HEPATITIS A TYPHOID

OTHER VACCINATIONS PERFORMED:

Please make sure patient has correct malaria protection when travelling to high malaria risk areas

MEDICAL EXAMINATION IF ABNORMAL, PLEASE DETAIL

- | | normal | abnormal |
|-------------------------------------|-------------------------------------|--------------------------|
| 1. eyes and pupils | <input checked="" type="checkbox"/> | a |
| 2. ear/nose/throat | <input checked="" type="checkbox"/> | a |
| 3. teeth and mouth | <input type="checkbox"/> | a <u>(no)</u> <u>(F)</u> |
| 4. lungs and chest | <input checked="" type="checkbox"/> | a |
| 5. cardiovascular | <input checked="" type="checkbox"/> | a |
| 6. abdo. viscera | <input checked="" type="checkbox"/> | a |
| 7. hernial orifices | <input checked="" type="checkbox"/> | a |
| 8. anus and rectum | <input checked="" type="checkbox"/> | a |
| 9. genito-urinary | <input checked="" type="checkbox"/> | a |
| 10. extremities | <input checked="" type="checkbox"/> | a |
| 11. musculo-skeletal | <input checked="" type="checkbox"/> | a |
| 12. skin/varicose vns | <input checked="" type="checkbox"/> | a |
| 13. neurological/
mental fitness | <input checked="" type="checkbox"/> | a |
| 14. breast | <input checked="" type="checkbox"/> | a |

HEIGHT		WEIGHT		BLOOD PRESSURE		PULSE		HEARING			VISION				COLOR Vision					
cms	ft	kgs	lbs					R	a	L	a	Distant	R	L	Near	R	L	GLASSES		
170		65		100/70		50		(D)	a	(D)	a	20/20	20/20	20/20	20/20	20/20	20/20	Yes <input type="checkbox"/>		normal
																		No <input type="checkbox"/>		

LAST NAME : **DIPO DUANTORO**

FIRST NAME : **MUHAMMAD**

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PARA-CLINICAL EXAMINATION

ECG (n) a : Sinus Bradycardia, HR : 50 bpm
Treadmill (n) a : **NEGATIVE ISCHEMIC RESPONSE**
Chest X Ray (n) a : Within Normal Limits

BLOOD ANALYSIS

RBC	4.600.000	/mm3	SGOT (ASAT)	14	U/L
WBC	5800	/mm3	SGPT (ALAT)	14	U/L
NEUTROPHIL	58,9	%	GAMMA GT	35	U/L
EOSINOPHIL	2,7	%	GLYCEMIA	103	mg/dL
BASOPHIL	0,2	%	CHOLESTEROL TOTAL	268	mg/dL
LYMPHOCYTE	41,7	%	HDL	59	mg/dL
MONOCYTE	6,5	%	LDL	192	mg/dL
HEMATOCRIT	42	%	CREATININE	1,1	mg/dL
HEMOGLOBIN	14,8	g/dL	URIC ACID	6,6	mg/dL
ESR (Sedimentation Rate)	-	mm/h	TRIGLYCERIDES	87	mg/dL

**BLOOD
TYPE**

O/+

test only if not already known

URINE ANALYSYS

ALBUMIN : -

STOOL ANALYSIS

SUGAR : **Negative** BLOOD : **Negative** PARASITES : **Negative**

BLOOD : **Negative**

CONCLUSION : FIT IN ALL AREA Yes No
if you answer No. please detail your reasons)

MUST BE REASSESSED Yes No

DOCTOR'S SIGNATURE

Detail :

MEDICAL CENTER STAMP/SEAL



Date of medical examination (day/month/year) : **28/08/2020**

EXAMINING PHYSICIAN'S FULL NAME AND ADDRESS

Name : **dr. HENDRA A.Z.**
Forename : -
Street : **JL. MARSMA R. ISWAHYUDI NO. 19 GUNUNG BAKARAN**
City : **BALIKPAPAN** Country : **INDONESIA**
Tel : **0542 - 7214552** Fax : **0542- 7214553**
E-mail address : **grandmedica@gmail.com**

Please write in clear capital letters !

LAST NAME DIPLO PUANTRO FIRST NAME MUHAMMAD

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Med Track Plus Exam
Only for high mobility employees (IM, IC, GM, HCM) over 40 years of age

If you are over 40 years of age, Schlumberger offers you the possibility of performing a more in-depth health assessment every 3 years in order to check your general wellness. Med Track Plus should be performed at the same time as your usual Med Track exam.

The Med Track Plus health assessment targets in particular the increased cancer and cardiovascular risks inherent to people over 40 years of age. Tests designated below in Med-Track Plus are only **recommended and not mandatory**.

EYES :

Tonometry Right eye (Glaucoma testing)mmHG

Tonometry Left eye (Glaucoma testing)mmHG

ADDITIONAL BLOOD TESTS :

PSAng/ml TSH.....UI

CEA µg/l Alkaline phosphataseUI

IF ABNORMAL, PLEASE DETAIL

LUNGS/ Functional Respiratory testing n a

ABDOMINAL AND PELVIC ECHOGRAPHY n a

CARDIOVASCULAR RISK FACTORS :

Stress test n a

Carotid Echo-Doppler n a

Cardiac Echography n a

FOR MEN ONLY :

Prostate Echography n a

FOR WOMEN ONLY :

Mammogram n a

PAP Smear n a

Doctor's additional comments or conclusions:

.....
.....
.....

Tgl. Skrining : 28/08/2020

No. : 1931

Bagian A. Identitas Pasien (diisi dengan lengkap oleh pasien yang berkunjung)

Nama Lengkap: MUHAMMAD DIPO DUANTORO, Tn.	Tgl. Lahir: 25/06/1988	Umur : 32 tahun	Jenis Kelamin : Laki-Laki
Nama Perusahaan: PT. INSPEKTINDO SINERGI PERSADA	Alamat Rumah: Jl. Gunung 4 RT 19 No.5 Kel. Margo Mulyo Kec. Balikpapan Barat	Telp./HP : HP : 0852 4727 4988	

Bagian B. Informasi Riwayat Kesehatan (diisi oleh pasien)

Berilah tanda centrang (v) pada setiap kolom pertanyaan sesuai keadaan sebenarnya:

Gejala:	Ya	Tidak
1. Apakah anda pernah mengalami demam atau riwayat demam dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Apakah anda pernah mengalami batuk/pilek/nyeri tenggorokan dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Apakah anda pernah mengalami sesak atau kesulitan bernapas (pneumonia) dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Faktor Risiko :

	Ya	Tidak
1. Apakah anda memiliki riwayat perjalanan ke wilayah/negara/kota yang termasuk kategori transmisi lokal dalam waktu 14 hari terakhir.	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/> Jakarta <input type="checkbox"/> Manado <input type="checkbox"/> Bandung <input type="checkbox"/> Pontianak <input type="checkbox"/> Yogyakarta <input type="checkbox"/> Solo <input type="checkbox"/> Depok <input type="checkbox"/> Denpasar <input type="checkbox"/> Tangerang <input type="checkbox"/> <input type="checkbox"/> Bogor <input type="checkbox"/>		
2. Memiliki riwayat paparan salah satu atau lebih:		
a. Riwayat kontak erat dengan kasus konfirmasi COVID-19 ATAU	<input type="checkbox"/>	<input checked="" type="checkbox"/>
b. Bekerja di fasilitas kesehatan yang berhubungan dengan pasien konfirmasi COVID-19 ATAU	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Memiliki riwayat kontak dengan hewan penular (jika hewan penular sudah teridentifikasi).	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Bagian C. Pemeriksaan Tanda Vital (diisi oleh petugas pemeriksa)

Pengukuran Suhu Tubuh (°C)	Laju Pernapasan (x/menit)	Laju Nadi (x/menit)
36	20	50

Bagian D. Pemeriksaan Fisik (diisi oleh dokter pemeriksa)

Suara Napas	Ronchi	Wheezing
Vesikuler +/+	-/-	-/-

Bagian E. Kategori Penilaian

	Kesimpulan
• Pasien Dalam Pengawasan (PDP) Gejala No. 1 + No. 2 + No. 3 DAN faktor risiko No. 1 ATAU Gejala No. 1 ATAU No. 2 DAN salah satu atau lebih Faktor risiko No. 2 ATAU Gejala No.3 (Berat)	<input type="checkbox"/>
• Orang Dalam Pemantauan (ODP) Gejala No. 1 ATAU No.2 DAN Faktor Risiko No.1 ATAU Gejala No.2 DAN salah satu atau lebih Faktor risiko No. 2	<input type="checkbox"/>
• Orang Tanpa Gejala (OTG) Tidak ada gejala DAN Memiliki faktor risiko No.2.	<input type="checkbox"/>
• Bukan Termasuk Salah Satunya.	<input checked="" type="checkbox"/>

Saya menyatakan bahwa jawaban dan pernyataan di atas adalah benar dan telah diisi sesuai dengan keadaan yang sesungguhnya. Saya setuju hasil pemeriksaan saya disimpan dalam bentuk dokumen tertulis maupun elektronik dan jika diperlukan informasi medis yang berhubungan dengan pekerjaan saya, dapat diberikan kepada pimpinan perusahaan tempat saya bekerja.

Pasien/Karyawan	Petugas Skrining	Dokter Pemeriksa
	 SUPARLAN	 dr. Malikinnas SIP: 449.1/2/5/P.3/DPMP/SIP-D/2018

PT. INSPEKTINDO SINERGI PERSADA

 Balikpapan, **31/08/2020**

Kepada Yth : MUHAMMAD DIPO DUANTORO, Tn.	Umur : 32 tahun	S/N : -
Posisi : Inspector	MCU ID : 1931/GMI-MCU/VIII/2020	Dept. : -

Berikut adalah kesimpulan hasil pemeriksaan medical check up yang telah dilaksanakan pada tanggal :
28/08/2020

TEMUAN :

- * Berat Badan = 65 Kg (Normal), BMI = 22,49 ; BB Ideal = 52,02 - 77,25 Kg. Lingkar Perut : 76 cm (M : N ≤ 90 cm, F : N ≤ 80 cm).
- * Riwayat Kesehatan = Tidak ada keluhan kesehatan. Berhenti MEROKOK sejak 1 tahun yll. BEROLAHRAGA 4x/bulan, Intensitas RINGAN.
- * Riwayat Kesehatan Keluarga = Tidak ada riwayat penyakit dalam keluarga. Riwayat Vaksinasi = Vak. Tetanus & Vak. Hepatitis : SUDAH
- * Fisik = TD : 120/70 mmHg (Normal). Gigi : Filling, Missing. Romberg Test : Negatif. Mata : VODS : 20/30 (Normal), VF ODS : 85°. Test Buta Warna : Normal.
- * Lab = Darah Lengkap (Hematology) : Dalam batas normal. Urine : Dalam batas normal. Faeces : Dalam batas normal.
- * Lab = Kimia Darah : Kolesterol 268 mg/dl (Tinggi), LDL 192 mg/dl (Tinggi). Serology = HbsAg : Negative. Gol. Darah : O/+.
- * Rekam Jantung (EKG) = Sinus Bradycardia, HR : 50 bpm. Treadmill Test = Negative Ischemic Response, 13 Mets (Normal). Rontgen Dada (Thorax) = Normal.
- * USG Abdomen = Tidak ada kelainan significant pada organ abdominal. Audiometri = Fungsi pendengaran dalam batas normal.
- * **Faktor Resiko Jantung Koroner berdasarkan Jakarta Cardiovascular Score = 1 -> Low Risk (CV10 < 10 %)**

STATUS KESEHATAN :

Kategori	CATATAN
<input type="checkbox"/> M-1A	Tidak ditemukan problem kesehatan
<input type="checkbox"/> M-1B	Ditemukan problem kesehatan yang tidak serius
<input checked="" type="checkbox"/> M-2	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko rendah.
<input type="checkbox"/> M-3A	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko sedang
<input type="checkbox"/> M-3B	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko tinggi
<input type="checkbox"/> M-4	Ditemukan keterbatasan fisik untuk melakukan pekerjaan secara normal, hanya cocok untuk pekerjaan ringan.
<input type="checkbox"/> M-5	Dalam perawatan di rumah sakit atau dalam kondisi yang tidak memungkinkan untuk melakukan pekerjaan (status ijin sakit).

KESIMPULAN :

- | | | | |
|--|---------|---|--------------|
| <input checked="" type="checkbox"/> FIT | Sebagai | : | Inspector |
| <input type="checkbox"/> UNFIT | Di | : | Schlumberger |
| <input type="checkbox"/> TEMPORARY UNFIT | | | |


SARAN - SARAN :

- * Pertahankan Berat Badan IDEAL, perhatikan batasan normal Berat Badan.
- * Diet RENDAH LEMAK; Batasi Makan GORENGAN; Lakukan pemeriksaan laboratorium LEMAK DARAH 3 bulan kemudian.
- * Konsul ke dokter bila timbul keluhan kesehatan. Banyak minum air putih 2-3 liter/hari.
- * OLAHRAGA secara teratur dan terukur untuk menjaga kesehatan JANTUNG dan KEBUGARAN tubuh.
- * -
- * -

Bila masih ada hal yang perlu diperjelas, mohon segera menghubungi dokter pemeriksa di 0542-7214552, 0821 5721 3030, 0852 4998 3158.

Terima kasih atas kerjasamanya.

Catatan :

* Status Medical Check Up ini berlaku sampai dengan tanggal : **28/08/2021**

Mengetahui :

dr.

 Hormat Kami,
Dokter Pemeriksa,


dr. Hendra AZ.
No. SKP : KEP.350/BINWASK3-PNK3/KK/XI/2017

Jl. Marsma R. Iswahyudi No.19 RT.08
Balikpapan. Kalimantan Timur
P: 0542-721-4552; 0823-6655-3030
F: 0542-721-4553 E: grandmedica@gmail.com





JAKARTA CARDIOVASCULAR SCORE

Name : MUHAMMAD DIPO DUANTORO, Tn. Age (Years) : 32
 MCU No. : 1931/GMI-MCU/VIII/2020 Job : Inspector
 Date : 28/08/2020 Company : PT. INSPEKTINDO SINERGI PERSADA

RISK FACTOR		SCORE	RESULT	Points
Sex	Female	0	Male	1
	Male	1		
Age	25-34	-4	32	-4
	35-39	-3		
	40-44	-2		
	45-49	0		
	50-54	1		
	55-59	2		
	60-64	3		
Blood Pressure	Normal	0	120/70	0
	High Normal	1		
	Grade 1 Hypertension	2		
	Grade 2 Hypertension	3		
	Grade 3 Hypertension	4		
BMI (Kg/m2)	13,79-25,99	0	22,49	0
	26,00-29,99	1		
	30,00-35,58	2		
Smoke	Never	0	Ex Smoker	3
	Ex Smoker	3		
	Smoker	4		
Diabetes Mellitus	No	0	No	0
	Yes	2		
Physical Exercise/Activity	No	2	Low	1
	Low	1		
	Medium	0		
	High	-3		
TOTAL SCORE				1
CONCLUSION :			LOW RISK (CV10 < 10%)	

NOTES :

Blood Pressure : Normal (<130/<85), High - Normal (130-139/85-89), Grade 1 Hypertension (140-159/90-99), Grade 2 Hypertension (160-179/100-109), Grade 3 Hypertension (>180/>110)

RISK LEVEL :

▶ -7 to 1 → Low Risk (CV10 < 10%). ▶ 2 to 4 → Moderate Risk (CV10 = 10-20%). ▶ ≥ 5 → High Risk (CV10 > 20%)





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab. : 1931 /GMI-MCU/VIII/2020
(Lab. Number)

Data Pasien (Patient Detail)

Nama (Name)	: MUHAMMAD DIPO DUANTORO, Tn. / M	Umur (Age)	: 32	Tahun (Years old)
Pekerjaan (Job Position)	: INSPECTOR	Dokter (Doctor)	: Dr. Hendra AZ	
Perusahaan (Company)	: PT. INSPEKTINDO SINERGI PERSADA	Tgl Pemeriksaan (Date of Analysis)	: 28 Agustus 2020	

HEMATOLOGY	Hasil / Result	Nilai Normal / Normal Value
Hemoglobine (Hgb)	14,8	(F:12,0-16,0 g/dL, M:13,0-18,0 g/dL)
Hematocrit (Hct)	42	(F: 35 - 45%, M: 40 - 50 %)
Erythrocyt (RBC)	4,6	(F:3,8-5,5x10 ⁶ sel/mm3, M:4,4-5,6x10 ⁶ sel/mm3)
Leucocyt (WBC)	5,8	(4,0 - 10,0/mm3)
Differential Count		
Basophile	0,2	0,0 - 2,0%
Eosinophile	2,7	0,5 - 6,0%
Neutrofil	58,9	50,0 - 70,0%
Lymphocyte	41,7	20,0% - 40,0%
Monocyte	6,5	3,0 - 12,0%
MCV	91	80 - 100 fl
MCH	29	27-34 pg/sel
MCHC	36	32-36 g/dL
RDW- CV	12,5	11,0 - 16,0 %
RDW- SD	42,3	35,0 - 56,0 fl
Thrombocyt	222	(140 - 440 x 10 ³ /mm3)
Blood Group / Rhesus	O/+	A B O + / -

BLOOD CHEMISTRY	Hasil / Result	Nilai Normal / Normal Value
Glucose Fasting	103	70- 110 mg/dl
Glucose 2h pp	120	< 180 mg/dl
Cholesterol total	268	Normal : <200mg/dL Borderline :200-240 Tinggi > 240 mg/dl
HDL Cholesterol	59	M:Normal > 55 mg/dl Boorderline 35 - 55 mg/dl Abnormal < 35 mg/dl F : Normal > 65 mg/dl Borderline 45 - 65 mg/dl Abnormal : < 45 mg/dl
LDL Cholesterol	192	Normal < 130 mg/dl Borderline 130-159 mg/dl Tinggi > 160 mg/dl
Triglycerides	87	Normal < 150 mg/dL Borderline 150 -199 mg/dl Tinggi 200 -499 mg/dL
Uric Acid	6,6	(Dewasa M :3,5 - 7,2 mg/dL) (Dewasa F : 2,6 6,0 mg/ dL)
Creatinine	1,1	0.8 - 1.4 mg/dL
Ureum	27	10 - 50 mg/ dL
Gamma GT	35	M: 11 - 51 U/L, F: 7 - 33 U/L
SGOT / AST	14	M : s/d 37 U/L F : s/d31 U/ L
SGPT / ALT	14	M : s/d 40 U/L F : s/d 35 U/ L

SEROLOGY	Hasil / Result	Nilai Normal / Normal Value
HBs Ag	Negative	Negative





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab. : 1931 /GMI-MCU/VIII/2020
(Lab. Number)

Data Pasien (Patient Detail)

Nama <i>(Name)</i>	: MUHAMMAD DIPO DUANTORO, Tn. / M	Umur <i>(Age)</i>	: 32	Tahun <i>(Years old)</i>
Pekerjaan <i>(Job Position)</i>	: INSPECTOR	Dokter <i>(Doctor)</i>	: Dr. Hendra AZ	
Perusahaan <i>(Company)</i>	: PT. INSPEKTINDO SINERGI PERSADA	Tgl Pemeriksaan <i>(Date of Analysis)</i>	: 28 Agustus 2020	

URINALYSIS	Hasil / Result	Nilai Normal / Normal Value
MACROS		
Colour	Kuning Jernih	Jernih
Spec.Grav	1,025	1,003 - 1,035
pH	6,5	4,5 - 8
Protein	Negative	< 7,5 mg/dl, 0,075 g/l
Glucose	Negative	< 0,018 mg/dl, < 5 mmol/l
Leucocyt	Negative	< 9 Leu/μ L
Ketone	Negative	< 2,5 mg/dl, 0,25 mmol /dl
Urobilin	Negative	<0,2 mg/dl, <3,5 μmol/dl
Bilirubin	Negative	<0,4 mg/dl , <2,5 μmol/L
Nitrite	Negative	< 0,05 mg/dl
Blood	Negative	< 0,018 mg/dl, < 5 ery/μl

FAECES	Hasil / Result	Nilai Normal / Normal Value
MACROS		
Colour	Kecoklatan	
Consistency	Lunak	
MICROS		
Mucus	Negative	Negative
Red Blood Cell	Negative	Negative
White Blood Cell	Negative	Negative
Ova	Negative	Negative
Amoeba	Negative	Negative
Others	Negative	Negative

Penanggung Jawab
Laboratorium,

Laboratorium
Dr. Hendra AZ
GRAND Medica

Analisis Laboratorium

Syamsiat Am. Ak





Nomor Pasien
(Patient Number) : 1931

Pemeriksaan
Examination : **USG WHOLE ABDOMEN**

Data Pasien (Patient Detail)

Nama
(Name) : **M. DIPO DUANTORO ,TN**

Perusahaan
(Company) : **INSPECTOR**

Umur
(Age) : **32** **Tahun**
(Years old)

Pekerjaan
(Occupation) : **PT. INSPEKTINDO SINERGI PERSADA**

Jenis Kelamin
(Gender) : **LAKI-LAKI**

Tgl Pemeriksaan
(Date of Analysis) : **8/28/2020**

Interpretasi Foto oleh Spesialis Radiologi
(Interpretation by the Radiologist)

USG Abdomen:

Liver : *Bentuk, ukuran dan echotexture normal, bile duct dan vaskulatur dalam batas normal*

GB : *Dinding normal, batu (-), SOL (-)*

Pancreas : *Normal*

Lien : *Normal*

Kidney dextra - sinistra : *Bentuk, ukuran dan echotexture normal. Sistem Pelvocalyceal normal, tidak tampak batu maupun massa*

Bladder : *Dinding normal, batu (-)*

Prostat : *Ukuran normal, tidak tampak tanda pembesaran*

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Tidak tampak kelainan significant pada organ abdominal di atas.


dr. ABDUL HARISS, Sp.R
(Radiologist signature)
Spesialis Radiologi

Grand
MEDICA INDONESIA

mindray
ULTRASOUND



**GRAND MEDICA
INDONESIA**

Radiological Analysis
Radiological Examination

Nomor Pasien : **1931**
(Patient Number)

Tgl Pemeriksaan : **8/28/2020**
(Date of Analysis)

Pemeriksaan : **USG WHOLE ABDOMEN**
Examination

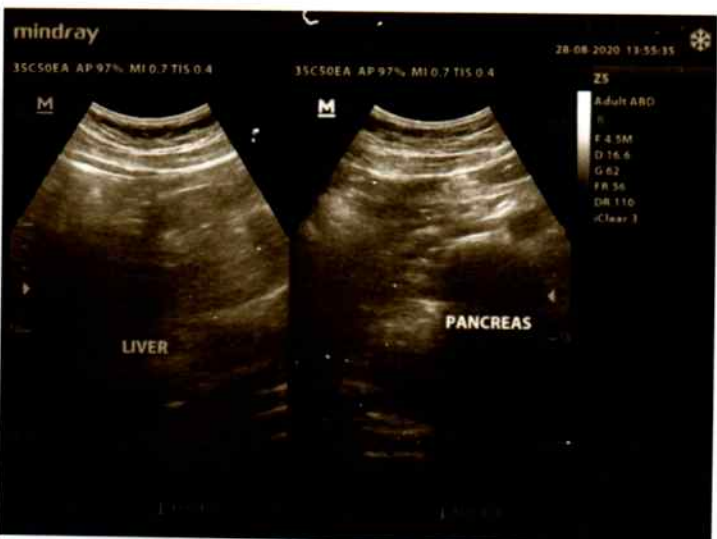
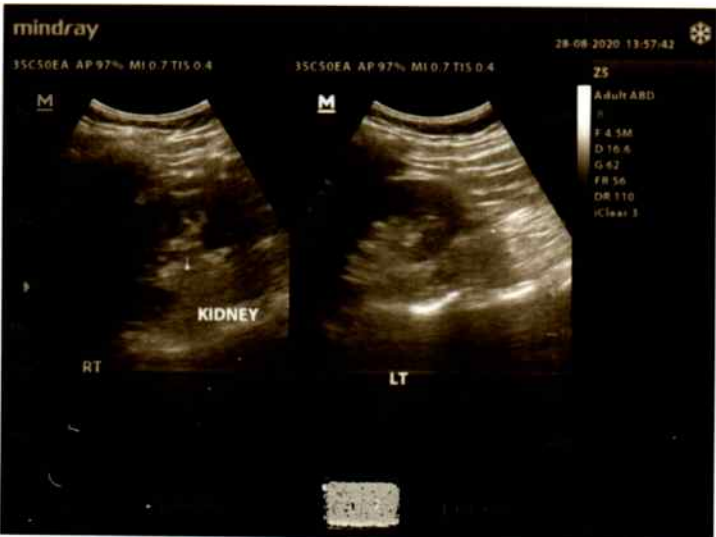
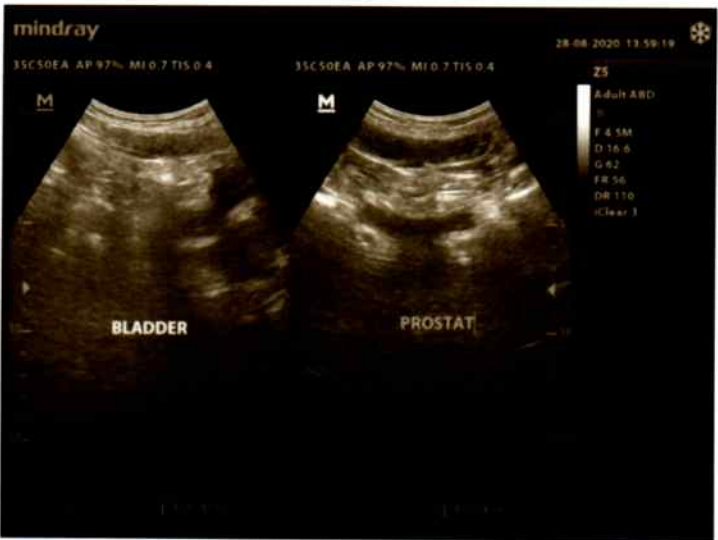
Data Pasien (Patient Detail)

Nama : **M. DIPO DUANTORO, TN**
(Name)
Umur : **32**
(Age) **Tahun**
(Years old) **Jenis**
(Gender)

LAKI-LAKI

Perusahaan:
(Company)
Pekerjaan
(Occupation)

PT. INSPEKTINDO SINERGI PERSADA
INSPECTOR





Nomor Pasien
(Patient Number) :

Nomor Film
(Film Number) : 1931

Data Pasien (Patient Detail)

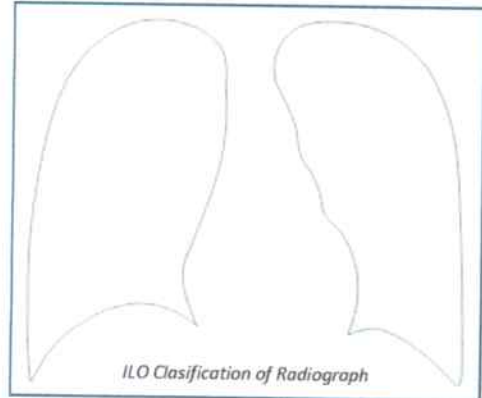
<u>Nama</u> (Name)	: MUHAMMAD DIPO DUANTORO, Tn.	<u>Perusahaan</u> (Company)	: PT. INSPEKTINDO SINERGI PERSADA
<u>Umur</u> (Age)	: 32 Tahun (years old)	<u>Pekerjaan</u> (Occupation)	: INSPECTOR
<u>Jenis Kelamin</u> (Gender)	: Male	<u>Tgl Pemeriksaan</u> (Date of Analysis)	: 28 Agustus 2020

Rincian Pemeriksaan (Examination Detail)

Jenis Pemeriksaan
(Type of Examination) : Thorax

Posisi Penyinaran
(Exposure Position) : PA

Kondisi Penyinaran
(Exposure Condition) : kV : -
mAs : -



Interpretasi Foto Thorax oleh Spesialis Radiologi
(Chest X-ray Interpretation by the Radiologist)

Penjelasan Keadaan Abnormal
(Comment on Abnormalities)

- Kelainan Tulang dan/atau Jaringan Lunak?
(Skeleton and/or Soft Tissue Abnormalities)
- Kelainan Bayangan Jantung?
(Abnormal heart shadows)
- Kelainan Hilus dan/atau Kelenjar Limfa?
(Abnormal hilar and/or lymphatic gland)
- Kelainan Diafragma dan Sudut Costophrenic?
(Abnormal Diaphragms and Costophrenic angles)
- Kelainan Paru-paru?
(Abnormal Lung Fields)
- Gambaran Lainnya dari Lesi TBC?
(Any evidence of tubercular lesions)
- Gambaran Abnormal Lainnya?
(Detail of Other Abnormalities)

No	Yes →
No	Yes →
No	Yes →
No	Yes →
No	Yes →
No	Yes →
No	Yes →

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Foto thorax normal

dr. ABDUL HARIS, Sp.R.
(Radiologist signature)
Spesialis Radiologi





Patient Data

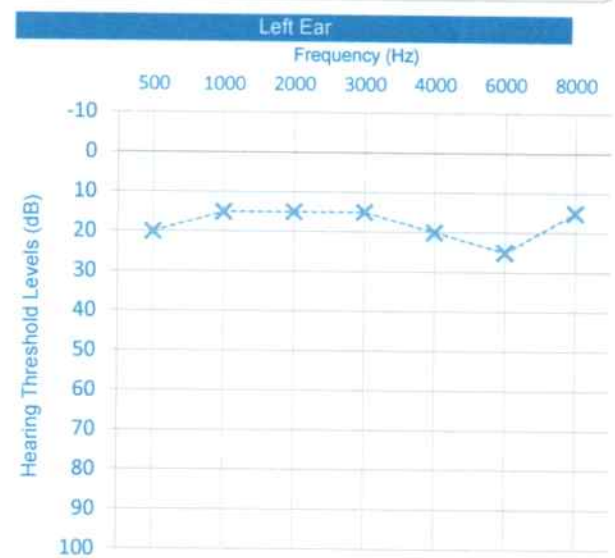
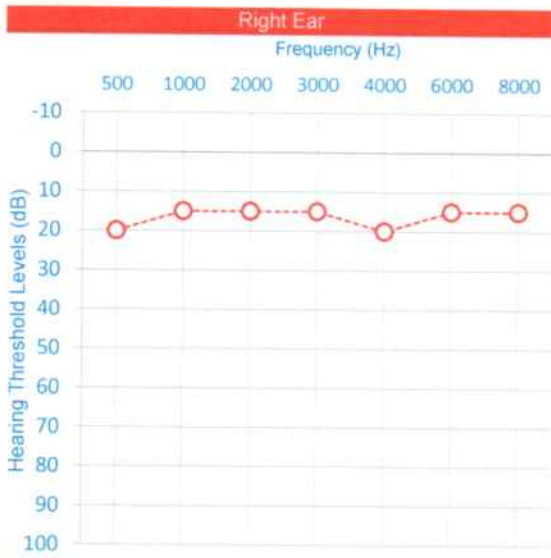
ID Number 1931 Gender Laki-laki
 First Name M. DIPO Occupation Inspector
 Last Name DUANTORO Company PT. Inspektindo Sinergi Persada
 Age 32 Yo. Test Date 28 Agustus 2020

Occupational Noise Exposure

Type of work: Present Inspector
 Period of work: 7 Years
 Hearing Protection Worn: Yes
 Previous 1) -
 2) -
 Military Services

Otological History / Symptoms

Serious Head Injury
 Broken Ear Drum
 Ear Surgery
 Ear Infection
 Decrease Hearing
 Discharge
 Bleeding
 Pressure/Fullness
 Pain
 Tinnitus
 Exposure to Loud Blast
 Medication
 Detail:



O = Right Air Conduction; <= Right Bone Conduction

X = Left Air Conduction; >= Left Bone Conduction

Test Detail

Test Location Sound Booth Other
 Technician Susi Rindayani, A.Md.Kep
 Hours Away from Noise < 14 hours 14 - 24 hours > 24 hours

Right Ear Observation and Test Result

Left Ear Observation and Test Result

Canal	Normal							HTL	Canal	Normal							HTL
Ear Drum	Normal							RIGHT	Ear Drum	Normal							LEFT
Conduction	Frequency (Hz)							EAR	Conduction	Frequency (Hz)							EAR
	500	1000	2000	3000	4000	6000	8000			500	1000	2000	3000	4000	6000	8000	
Air	20	15	15	15	20	15	15	16.7	Air	20	15	15	15	20	25	15	16.7
Bone								0.0	Bone								0.0

Conclusion / Medical Report

Right Ear : Fungsi pendengaran dalam batas normal.
 Left Ear : Fungsi pendengaran dalam batas normal.

Signature Grand Medica Indonesia
 dr. Hendra A.Z.

Instrument used
 SIBEL SOUND 400

Standard
 OSHA





Patient Data

ID Number	1931				
Name	M. DIPO DUANTORO, Tn		Company	PT. Inspektindo Sinergi	
Gender	Male		Occupation	Inspector	
DOB / Age	25 June 1988	/ / 32 Yo.	Test Date	28 August 2020	
Height (cm)	170	Weight (kg)	65	BMI	22.49

Pre-exercise Test

Indication	Medical Check Up		
Pre-exercise BP	120/70	mmHg	
Heart Rate	50	bpm	
Respiration	16	x/mnt	
Resting ECG	Bodycard's		

Exercise Test Summary

Exercise Time	12:19	mm:ss	End Stage	4
Max Heart Rate	203	bpm	Target Heart Rate	160 bpm
Max Blood Pressure	130/70	mmHg	Max Heart Rate	126,9 %
Aerobic Capacity	13	METs.	VO2 Max	43.77 ml/kg/min

Reason Of End

Fatigue Dyspnoe Angina Dizziness
 ST- T segment changes Maximum HR reach

ST- T segment changes

No changes ST-segment depression 0,5 - 1 mm
 Upsloping Significant changes (ST-segment depression > 1 mm)

Abnormal Lead :

Classification of Physical Fitness

Low Fair Average Good High

Blood Pressure Response

Normal Response Hipertensive Response

Functional Classification

Clas I Clas II Clas III

Conclusion / Medical Report

Negative Ischemic Response.
Fit to work at present Age.

Recommendation :

Cardiologist Signature

dr. ACHMAD YUSRI, SpJP
SPESIALIS JANTOR & DAN PEMBULUH DARAH

Instrument Used

CONTEC 8000S S/N 140203027



ID : 1931
Name : Muhammad Dipo Diantoro
Age : 32 Years Gender : Male
Department: PT. Inspektindo Sinergi Persad

HR : 50 BPM
P Dur : 115 ms
PR int : 179 ms
QRS Dur : 89 ms
QT/QTc int : 384/352 ms
P/QRS/T axis : 25/48/29 °
RV5/SV1 amp : 1.802/0.464 mV
RV5+SV1 amp : 2.266 mV
RV6/SV2 amp : 1.473/1.677 mV

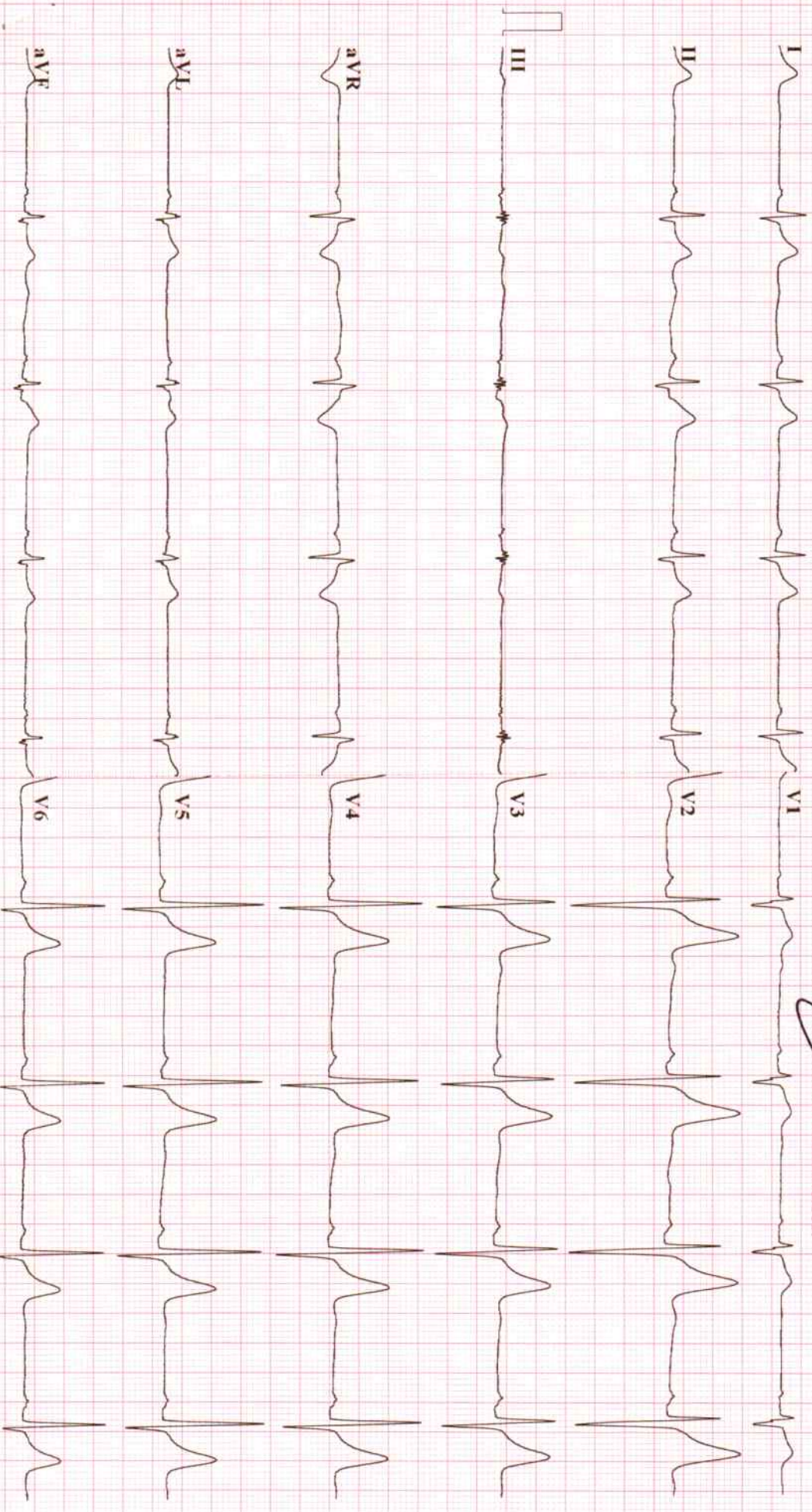
Technician : Rinda AmdKep
Report Confirmed by:

Diagnosis Information:
811: Sinus Bradycardia
Normal ECG

Handwritten signature

Dr. Achmad Yusri, SpJP

Spesialis Jantung dan Pembuluh Darah



Grand Medica Indonesia Stress Exercise Report

ID:1931

Section:

Name: M. Dipo Diantoro

Sex: Male

Age: 32

Exam Time: 28-08-2020 10:58

Information

DOB: 1988-06-25
Height: 170.00 cm

Race: Oriental Race
Weight: 65.00 kg

Indications: MCU

Smoking
 Hypertension

Diabetic
 Hyperlipidemia
 History of MI
 Family History

Medications:

Address:
Telephone:

Result

Stage Name HR(bpm) BP(mmHg)
PRE-EXE 117 120/70
EXE1 169 120/70
EXE2 182 ---/---
EXE3 174 ---/---
EXE4 168 130/70
REC1 195 ---/---

Summary
Protocol Name: BRUCE

Target HR: 160 bpm
Exercise Time: 12:19 mm:ss
Max Speed: 6.8 km/h
Max Grade: 16.0 %
Exceed +/-100uV Leads:
I II III aVL aVR aVF
V1 V2 V3 V4 V5 V6
DUKE Score: ---

Max Values

HR: 203 bpm
Target HR: 126.9 %
METs: 13.5 METs
HR*BP: 19285.0 bpm*mmHg
SYS: 130.0 mmHg
DIA: 70.0 mmHg

ST Segment

Max Elevation: 3.57 mV 11:00 aVR
Max Depression: -4.57 mV 11:00 III
Max Elevation Change: 3.61 mV 11:00 aVR
Max Depression Change: -4.75 mV 11:00 III

Arrhythmia

Total Beats: 2173
Total V: 329
V Pairs: 4
V Run: 6
V bigeminal: 0
V trigeminal: 0
Total Long: 0

Abnormal Beats: 911
Total S: 582
S Pairs: 13
S Run: 29
S bigeminal: 8
S trigeminal: 2

Reason for End:

Symptoms:

Conclusions:

Negative Ischemic Response

Operator:

dr. ACCIMAD YUSRI, SpJP
SPECIALIS JANTUNG DAN PEMBULUH DARAH
Reviewing Physician:



Grand Medica Indonesia Stress Exercise Report

Average QRS

ID:1931

Section:

Name: M. Dipo Duantoro Sex: Male

Age: 32

Exam Time: 28-08-2020 10:58

Time: 00:20	Time: 03:20	Time: 06:20	Time: 09:20	Time: 11:50	Time: 12:00
HR: 129 bpm BP: 120/70 mmHg	HR: 169 bpm BP: 120/70 mmHg	HR: 173 bpm BP: 120/70 mmHg	HR: 192 bpm BP: 120/70 mmHg	HR: 175 bpm BP: 120/70 mmHg	HR: 195 bpm BP: 130/70 mmHg
0.03 70.86	0.05 72.86	-0.26 75.15	-0.13 71.95	-0.00 73.32	-0.04 73.03
0.00 72.01	0.36 78.15	1.03 74.38	-0.58 83.60	0.29 79.50	-0.14 79.33
-0.03 71.30	0.30 73.36	1.48 87.71	-0.46 77.45	0.28 79.25	0.05 74.48
-0.02 71.73	-0.21 76.00	0.39 83.78	0.35 80.51	-0.14 89.89	0.09 81.55
0.03 71.02	-0.13 71.51	-0.77 87.28	0.16 84.44	-0.15 89.30	0.03 79.78
-0.01 75.15	0.34 77.22	1.16 73.34	-0.52 82.28	0.29 79.48	-0.12 79.23
0.02 79.67	-0.09 82.35	-0.21 82.44	0.21 72.00	-0.09 86.48	0.05 72.01
-0.14 73.97	-0.23 83.17	-0.14 86.62	0.18 73.78	-0.06 85.74	-0.15 73.37
-0.04 73.68	-0.17 82.43	-0.21 84.72	0.17 78.53	-0.01 82.25	-0.14 74.26
-0.01 81.71	-0.17 85.37	-0.23 88.48	0.18 76.61	0.01 87.41	-0.04 83.70
-0.01 82.66	-0.14 82.23	-0.20 86.70	0.19 76.21	-0.04 89.86	0.00 85.77
0.06 53.89	-0.16 68.87	-0.20 17.36	0.21 74.99	-0.07 55.60	-0.03 75.25

Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID: 1931

Section:

Name: M. Dipo Duantoro

Sex: Male

Age: 32

Exam Time: 28-08-2020 10:58

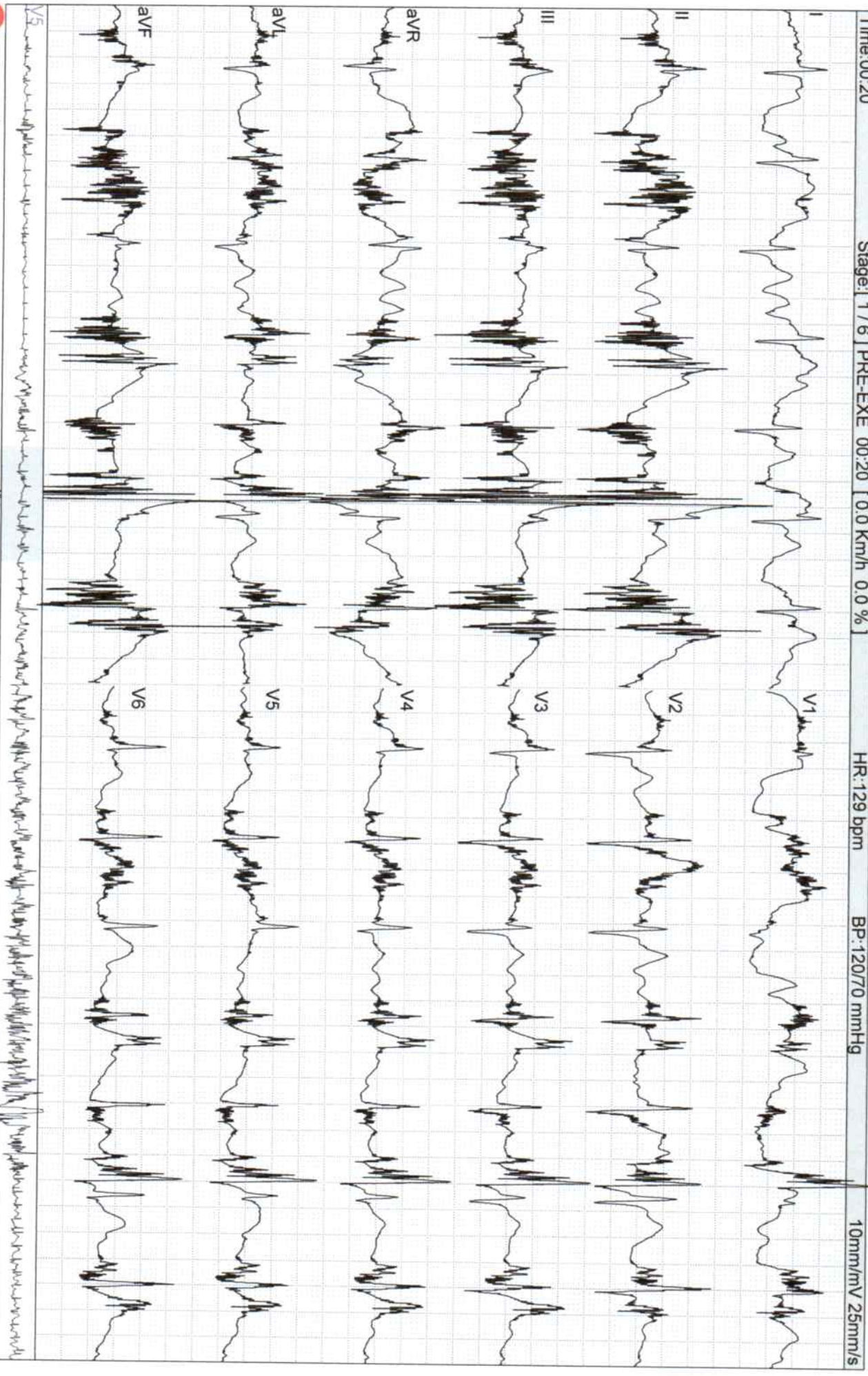
Time: 00:20

Stage: 1 / 6 | PRE-EXE 00:20 [0.0 Km/h 0.0 %]

HR: 129 bpm

BP: 120/70 mmHg

10mm/mV 25mm/s

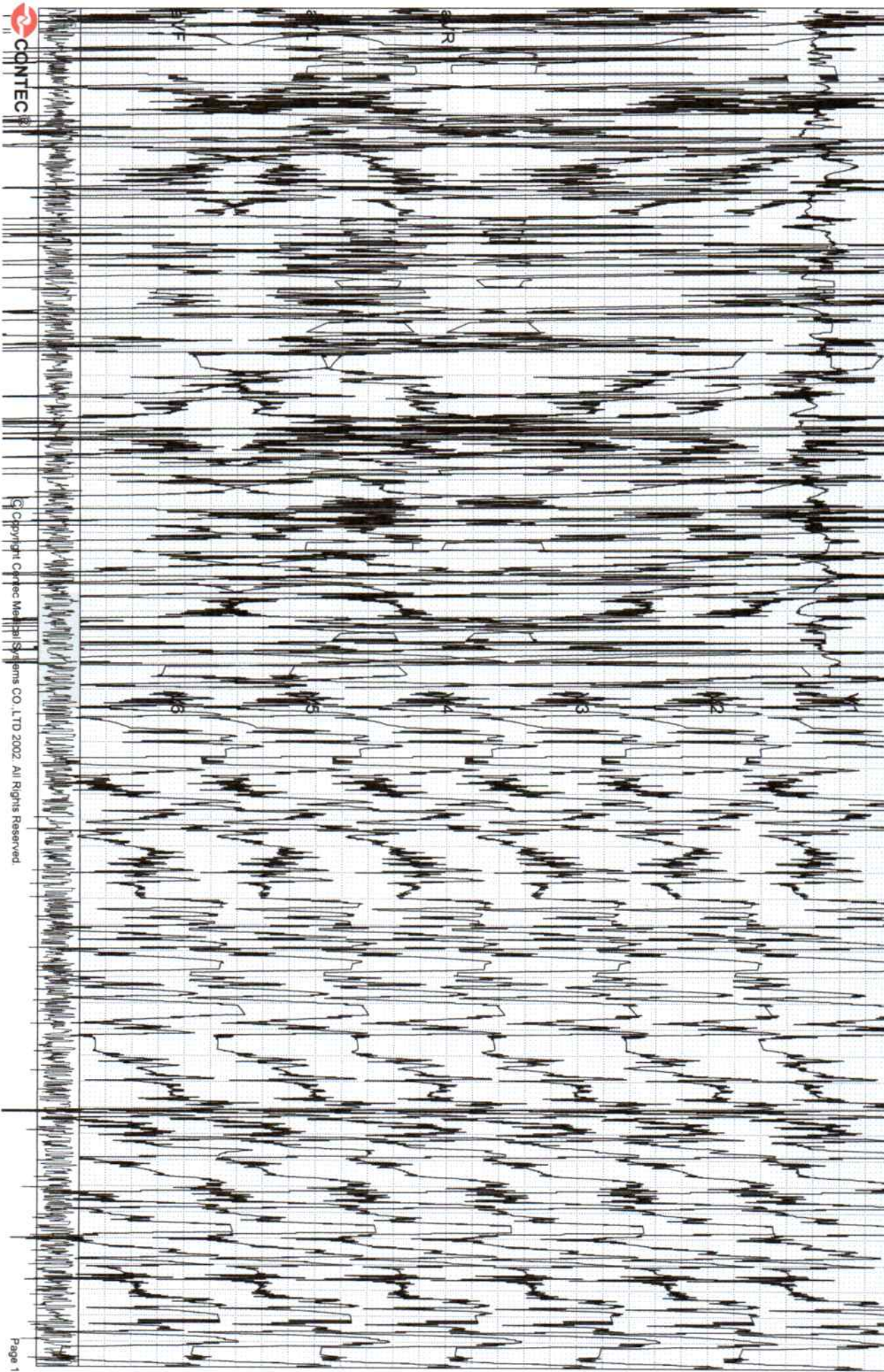


Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID: 1931 Section: Name: M Dipo Duandiro Sex: Male Age: 32 Exam Time: 28-08-2020 10:58

Time: 03:13 Stage: 2.6 EXE1 02:48 2.7 Km/h 100% HR: 168 bpm BP: 120/70 mmHg 10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID: 1931

Section:

Name: Dipo Dwartoro

Sex: Male

Age: 32

Exam Time: 28-08-2020 10:53

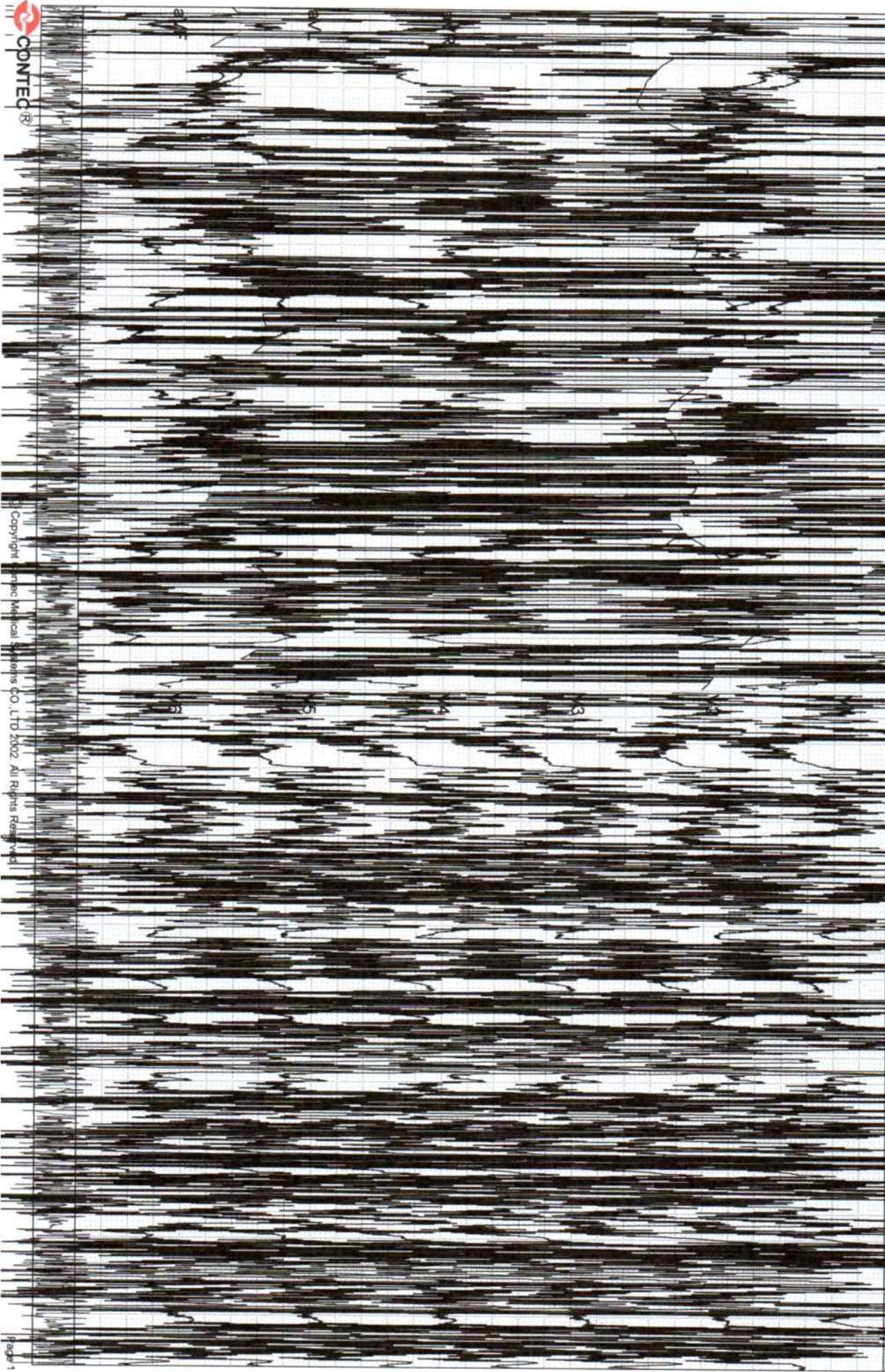
Time: 06:06

Stage: 3 / 8 EXERCISE 03:36 (140 Kcal/12.0 %)

HR: 124 bpm

EP: 120/70 mmHg

10mV /mV 25I/m/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID: 1931

Section:

Name: M Dipol Diantoro

Sex: Male

Age: 32

Exam Time: 28-08-2020 10:58

Time: 09:16

Stage: 4 / 6

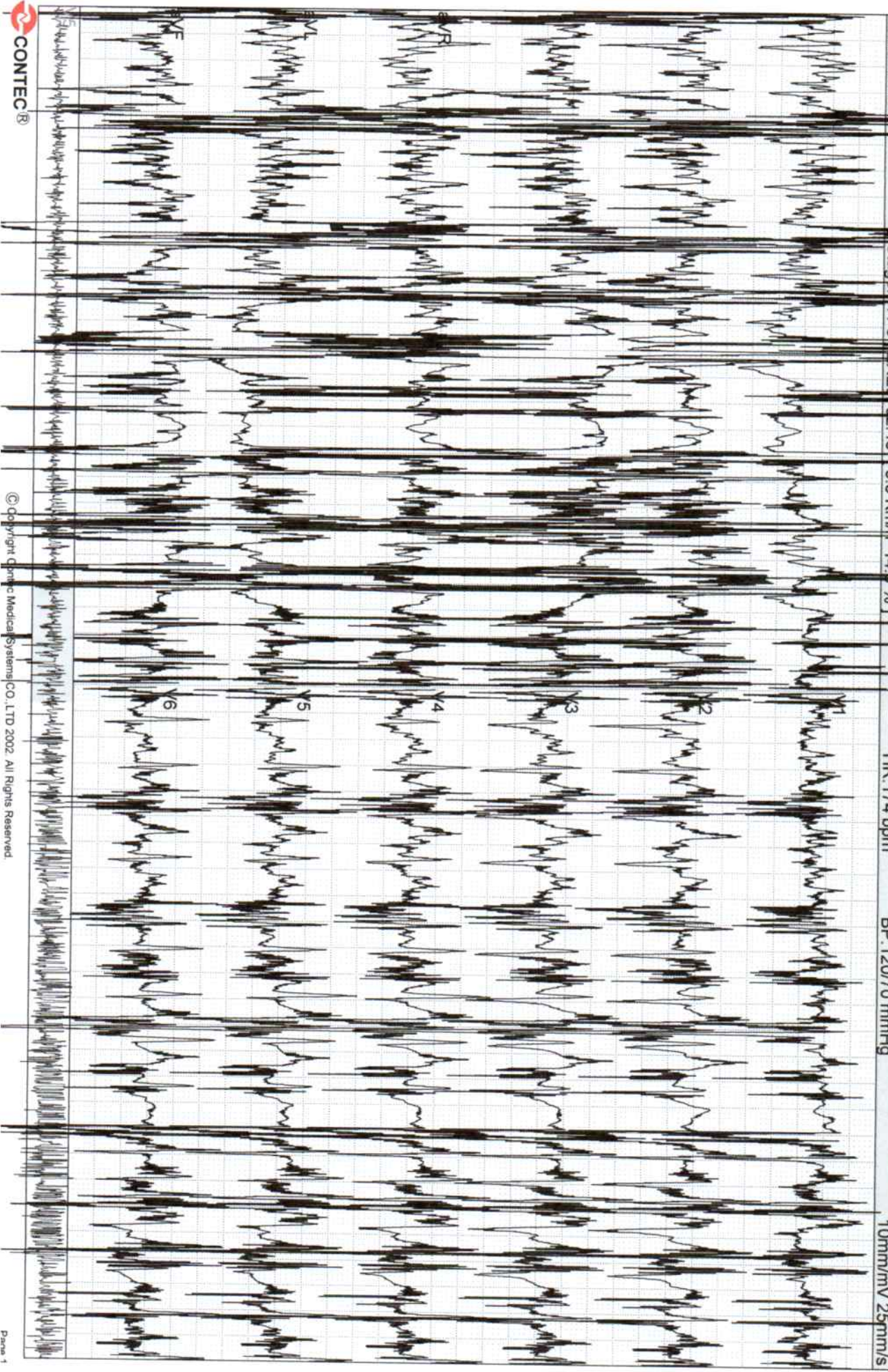
EXE3 (2:46

5.5 Km/h 14.0 %]

HR: 174 bpm

BP: 120/70 mmHg

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID: 1931

Section:

Name: M. Dipo Diantoro

Sex: Male

Age: 32

Exam Time: 28-08-2020 10:58

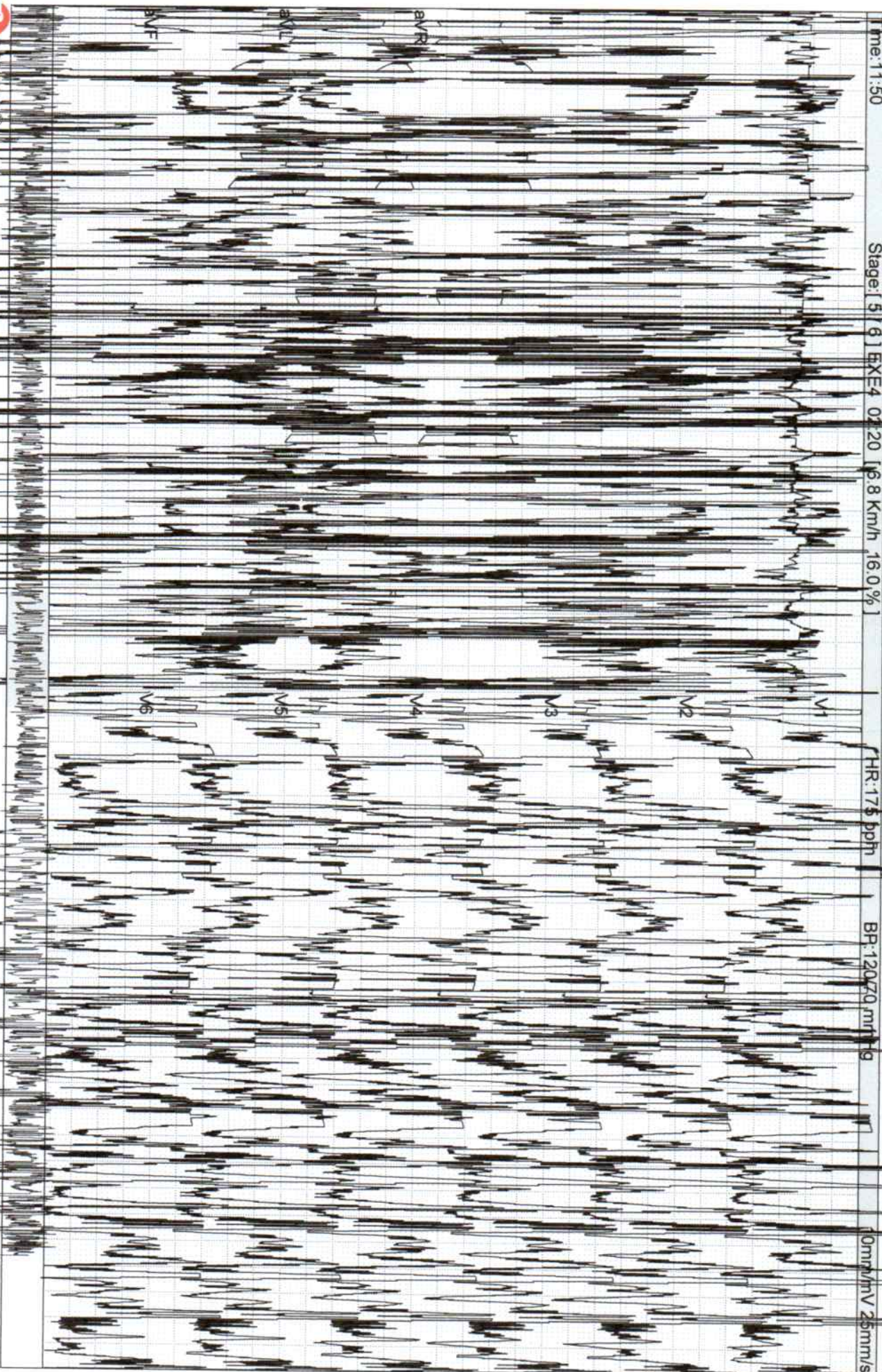
Time: 11:50

Stage: 5 [6] EXE4 02:20 [6.8 Km/h 16.0%]

HR: 175 bpm

BP: 120/70 mmHg

10mm/mV 25mm/s





Patient Data

ID Number	21072001				
Name	M. DIPO DUANTORO, Tn		Company	PT. Inspektindo Sinergi	
Gender	Male		Occupation	Inspector	
DOB / Age	25 June 1988	/ / 32 Yo.	Test Date	21 July 2020	
Height (cm)	168	Weight (kg)	65	BMI	23.03

Pre-exercise Test

Indication	Medical Check Up		
Pre-exercise BP	110/70	mmHg	
Heart Rate	80	bpm	
Respiration	18	x/mnt	
Resting ECG			

Exercise Test Summary

Exercise Time	12:15	mm:ss	End Stage	4	
Max Heart Rate	180	bpm	Target Heart Rate	157	bpm
Max Blood Pressure	120/70	mmHg	Max Heart Rate	114,6	%
Aerobic Capacity	15	METS.	VO2 Max	43.48	ml/kg/min

Reason Of End

Fatigue Dyspnoe Angina Dizziness
 ST-T segment changes Maximum HR reach

ST- T segment changes

No changes ST-segment depression 0,5 - 1 mm
 Upsloping Significant changes (ST-segment depression > 1 mm)

Abnormal Lead :

Classification of Physical Fitness

Low Fair Average Good High

Blood Pressure Response

Normal Response Hipertensive Response

Functional Classification

Clas I Clas II Clas III

Conclusion / Medical Report

*negative Ischemic response
fit to work at Benyasin Area*

Recommendation :

Cardiologist Signature **dr. ACHMAD YUSRI, SpJP**
 SPESIALIS JANTUNG DAN PEMBULUH DARAH

Instrument Used
 CONTEC 8000S S/N 140203027



Grand Medica Indonesia Stress Exercise Report

ID:21072001 Section: Name: M. Dipo Diantoro Sex: Female Age: 35 Exam Time: 21-07-2020 10:35

DOB: 1985-07-15 Race: Oriental Race Indications: MCU
 Height: 168.00 cm Weight: 65.00 kg

Smoking Diabetic History of MI
 Hypertension Hyperlipidemia Family History

Address: Medications:
 Telephone:

Stage Name	HR(bpm)	BP(mmHg)	Protocol Name:	Summary	Max Values	ST Segment
PRE-EXE	94	---/---	BRUCE			
EXE1	106	110/70	Target HR:	157 bpm	180 bpm	11:20 Max Elevation: 0.48 mV 01:20 aVR
EXE2	127	---/---	Exercise Time:	12:15 mm:ss	114.6 %	09:30 Max Depression: -0.53 mV 01:20 III
EXE3	174	---/---	Max Speed:	6.8 km/h	13.5 METs	Max Elevation Change: 0.37 mV 01:20 aVR
EXE4	179	---/---	Max Grade:	16.0 %	12870.0 bpm*mmHg	Max Depression Change: -0.45 mV 01:20 III
REC1	179	120/70	Exceed +/-100uV Leads:			

I II III aVL aVR aVF
 V1 V2 V3 V4 V5 V6
 DUKE Score: ----

Arrhythmia		Reason for End :	
Total Beats:	1727	Abnormal Beats:	39
Total V:	21	Total S:	18
V Pairs:	0	S Pairs:	0
V Run:	0	S Run:	1
V bigeminal:	0	S bigeminal:	0
V trigeminal:	0	S trigeminal:	0
Total Long:	0		

Symptoms:

Conclusions:

Negative *Ischemic* *Keppes*

Operator:

Reviewing Physician:



dr. ACHMAD YUSRI, SpJP
 SPESIALIS JANTUNG DARI PEMBULUH DARAH

Grand Medica Indonesia Stress Exercise Report

Average QRS

ID: 21072001

Section:

Name: M. Dipo Duntoro

Sex: Female

Age: 35

Exam Time: 21-07-2020 10:35

Time: 00:20 HR: 99 bpm	Time: 03:20 HR: 102 bpm BP: 110/70 mmHg	Time: 06:20 HR: 126 bpm BP: 110/70 mmHg	Time: 09:20 HR: 175 bpm BP: 110/70 mmHg	Time: 12:00 HR: 179 bpm BP: 110/70 mmHg
0.14 f1.55	0.17 f2.20	0.29 f7.92	0.21 f4.83	0.36 f9.52
0.02 f1.20	0.09 f1.02	0.16 f1.64	0.07 f1.48	0.13 f1.27
-0.11 aVR	-0.08 aVR	-0.12 aVR	-0.14 aVR	-0.23 aVR
-0.08 aVL	-0.13 aVL	-0.23 aVL	-0.13 aVL	-0.24 aVL
0.13 aVF	0.13 aVF	0.21 aVF	0.17 aVF	0.29 aVF
-0.04 V1	0.00 V1	0.02 V1	-0.04 V1	-0.05 V1
-0.02 V2	-0.02 V2	-0.06 V2	-0.06 V2	-0.05 V2
0.17 V3	0.21 V3	0.20 V3	0.21 V3	0.36 V3
0.13 V4	0.09 V4	0.07 V4	0.08 V4	0.20 V4
0.09 V5	0.08 V5	0.08 V5	0.05 V5	0.13 V5
0.06 V6	0.05 V6	0.08 V6	0.02 V6	0.05 V6
0.08 V7	0.05 V7	0.08 V7	0.02 V7	0.10 V7
20.93	18.06	34.92	37.88	49.09

Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID:21072001

Section:

Name: M. Dipo Duntoro

Sex: Female

Age: 35

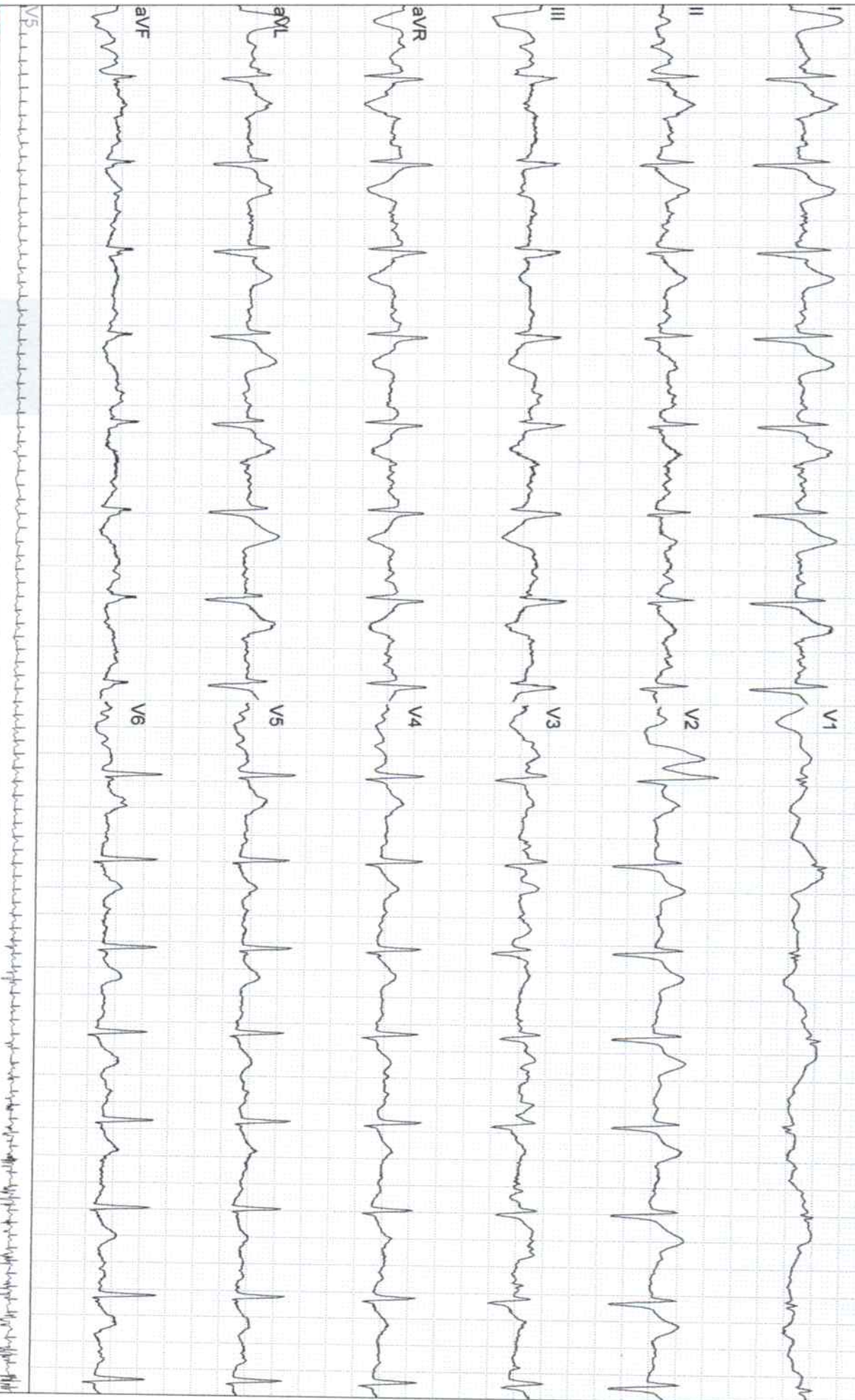
Exam Time: 21-07-2020 10:35

Time: 00:13

Stage: [1 / 8] PRE-EXE 00:13 [0.0 Km/h 0.0 %]

HR: 94 bpm

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID: 21072001

Section:

Name: M. Dipo Duntoro

Sex: Female

Age: 35

Exam Time: 21-07-2020 10:35

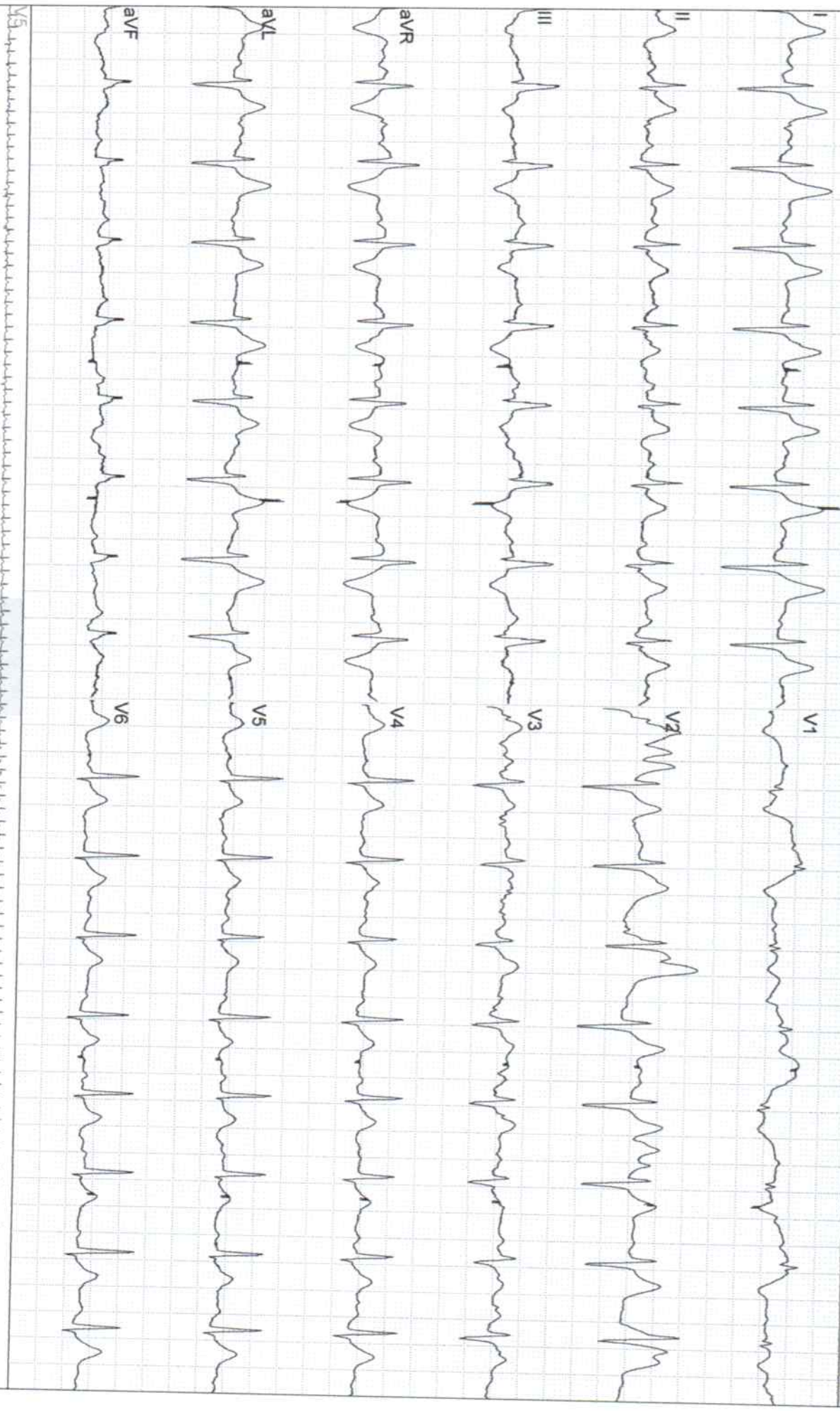
Time: 03:23

Stage: [2 / 6] EXE1 02:53 [2.7 Km/h 10.0 %]

HR: 102 bpm

BP: 110/70 mmHg

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID: 21072001

Section:

Name: M. Dipo Duntoro

Sex: Female

Age: 35

Exam Time: 21-07-2020 10:35

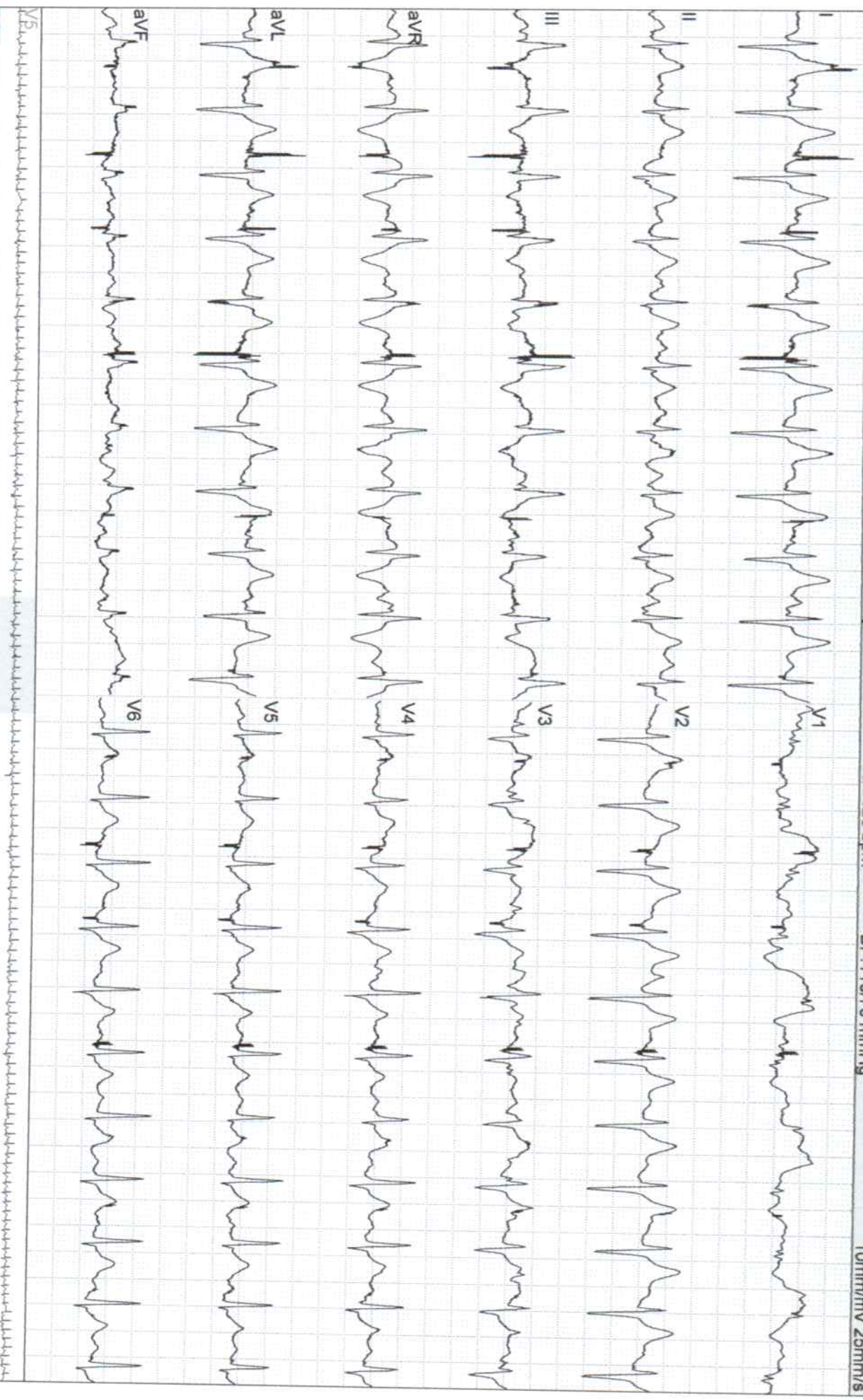
Time: 06:20

Stage: [3 / 6] EXE2 02:50 [4.0 Km/h 12.0 %]

HR: 126 bpm

BP: 110/70 mmHg

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID:21072001

Section:

Name: M. Dipo Diantoro

Sex: Female

Age: 35

Exam Time: 21-07-2020 10:35

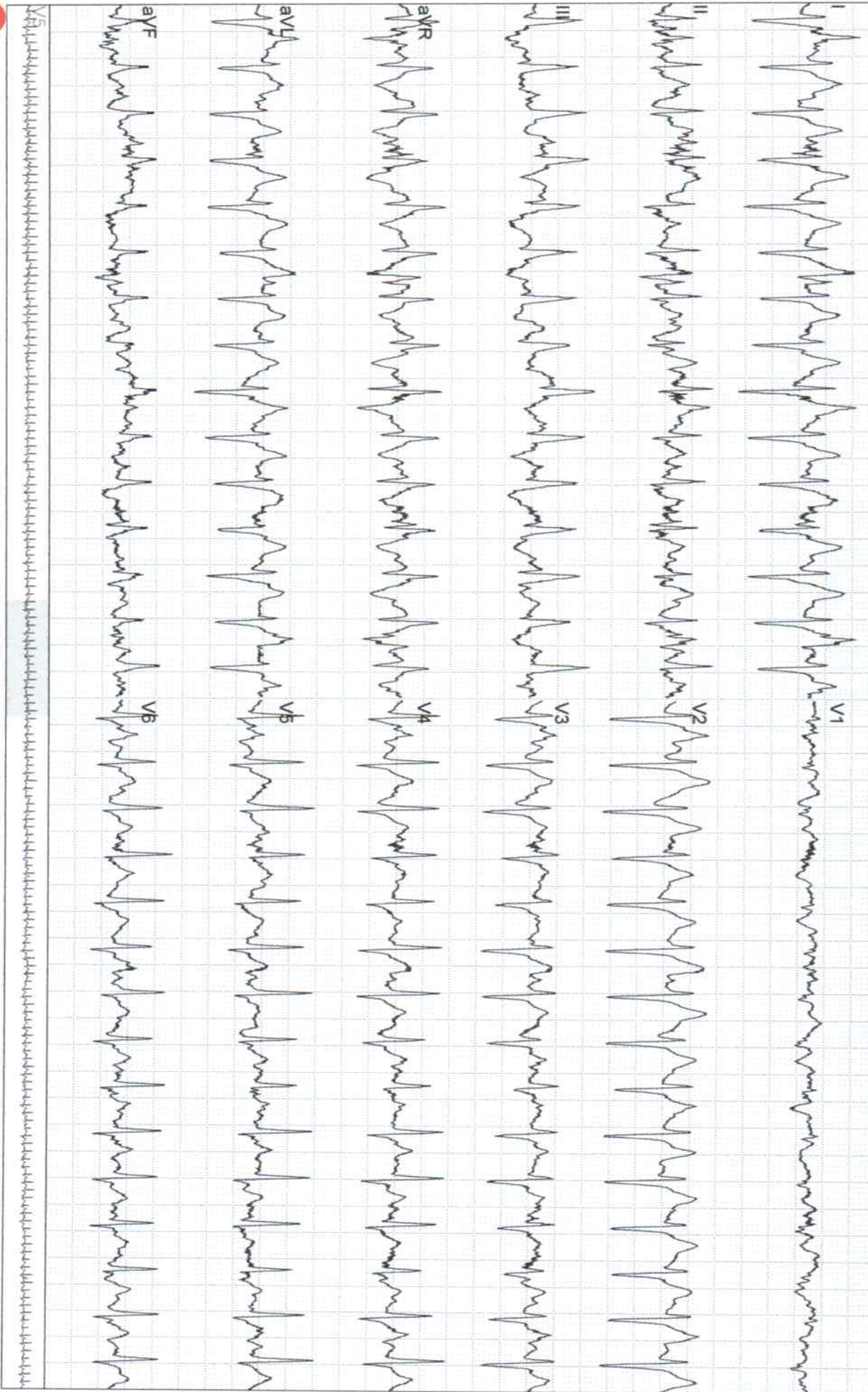
Time: 09:10

Stage: [4 / 6] EXE3 02:40 [5.5 Km/h 14.0 %]

HR: 174 bpm

BP: 110/70 mmHg

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID:21072001

Section:

Name: M. Dipo Diantoro

Sex: Female

Age: 35

Exam Time: 21-07-2020 10:35

Time: 11:50

Stage: [5 / 6] EXE4 02:20 [6.8 Km/h 16.0 %]

HR: 179 bpm

BP: 110/70 mmHg

10mm/mV 25mm/s

