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HEALTH SCREENING REPORT

Periodic Health Examination

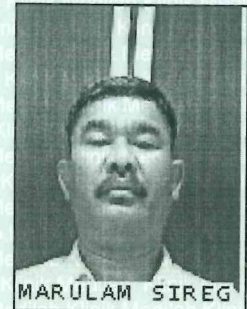
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No. Medical Record : 
 00002/001/III/19/19

166

PERSONAL DATA

Name : MARULAM SIREGAR
 Birthday/Gender/Emp. ID : 8 May 1978 / Male /
 Father's Name : ROPINUS
 Address : KAV SAGULUNG BARU BLOK T NO 134, BATAM
 Occupation : RIGGER
 Name of Employer / Recruitment Agency : RIGSPEK PERKASA .PT
 Address of Employer / Recruitment Agency : KOMPLEK KAWASAN SEKUPANG KAV. NO.13 BATAM, BATAM



MEDICAL HISTORY

| | Yes | No | | Yes | No | | Yes | No |
|---------------------|--------------------------|-------------------------------------|----------------------|-------------------------------------|-------------------------------------|--------------|--------------------------|-------------------------------------|
| 1. Hypertension | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 4. Allergic Rhinitis | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 7. Surgery | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Bronchial Asthma | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 5. Peptic Ulcer | <input checked="" type="checkbox"/> | <input type="checkbox"/> | 8. Echolalia | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 3. Bloody Cough | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 6. Epilepsy | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 9. Others | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

CLINICAL EXAMINATION

| | | | | |
|--|-------------------------------------|---------------------------------------|---------------------------|-------------------------------------|
| Weight : 79 Kg | Height : 166 Cm | 3. Cardiovascular System | Yes/Abnormal | No/Normal |
| BMI : 28.66 | | a. Blood Pressure | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| | | Systolic / Diastolic : 139 / 89 mm Hg | | |
| 1. Vision | Yes/Abnormal | No/Normal | | |
| a. Distant Vision | <input checked="" type="checkbox"/> | <input type="checkbox"/> | b. Heart Disease | <input type="checkbox"/> |
| (Should be at least 6/12 in both eyes with or without glasses) | | | c. Varicose Veins | <input checked="" type="checkbox"/> |
| b. Near Vision | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | 4. Respiratory System | <input type="checkbox"/> |
| (Should be at least J2 in both eyes with or without glasses) | | | 5. Skin-Chronic Disease | <input checked="" type="checkbox"/> |
| c. Colour Vision | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 6. Abdomen | <input type="checkbox"/> |
| d. Any Organic Eye Disease | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 7. Locomotor/Neurological | <input type="checkbox"/> |
| 2. Hearing | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 8. Endocrine disorders | <input type="checkbox"/> |
| (Unable to hear ordinary conversation at 2 m) | | | 9. Mental State | <input type="checkbox"/> |
| | | | | |

LABORATORY TEST

(Report Enclosed)

| | Yes/Abnormal | No/Normal |
|--------------------------|-------------------------------------|-------------------------------------|
| 1. Blood Count | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 2. Urine Feme | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 3. Other Laboratory Test | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

OTHER TEST

(Report Enclosed)

| | Yes/Abnormal | No/Normal |
|-------------------------|--------------------------|-------------------------------------|
| 1. Audiometri | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Spirometri | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 3. ECG (if indicated) | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 4. Chest X-Ray | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Remarks: Medical History: Chronic Gastritis K29.5

Overweight E66, Myopia H52.1 R:6/15, L:6/6 MOM, Bilateral Pterygium Grade 1 H11.003, Lab: SGPT R74.9 48 U/L MIE, HDL E78.4 32 mg/dl VHR, Triglyceride E78.1 222 mg/dl HR, Cholesterol Ratio E78 6.2 AR, Blood Count: Leucocytosis D72.829 10.9*10³/mm³ MIE, ESR R70.0 30 mm/hr MIE

CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is FIT for duties mentioned above.

ADVICE :

Regular Exercise and Reduce Weight, Wear Glasses, Avoid Sun Light & Wear Protection Glasses, Take Enough Rest & Consume Curcuma, Low Fat Diet

Authentic Signature

DR. EBIET YUDI SANTOKO

Date of Exam : 1 March 2019





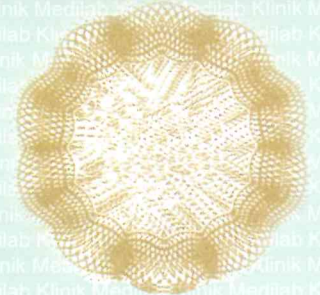
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Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024
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MARULAM SIREGAR

LABORATORY REPORT

BLOOD COUNT

| Test Name | Result | Unit | Reference Range |
|--------------------|--------|----------------------------------|-------------------------------|
| HGB | 16.6 | gr/dl | M: 13.2 - 17.3 F: 11.7 - 15.5 |
| WBC | * 10.9 | 10 ³ /mm ³ | M: 3.8 - 10.6 F: 3.6 - 11.0 |
| RBC | 5.13 | 10 ⁶ /mm ³ | M: 4.4 - 5.9 F: 3.8 - 5.2 |
| ESR | * 30 | mm/hr | M: 0 - 10 F: 0 - 20 |
| HCT | 47.7 | % | M: 40 - 52 F: 35 - 47 |
| PLT | 286 | 10 ³ /mm ³ | 150 - 440 |
| Differential Count | | | |
| - LYM | 29.6 | % | 25 - 40 |
| - MON | 6.7 | % | 2 - 8 |
| - GRA | 63.7 | % | 43 - 76 |

URINE FEME

| Macroscopy | Result |
|--------------------|----------|
| - pH | 5 |
| - Specific Gravity | 1.015 |
| - Glucossa | Negative |
| - Protein | Negative |
| - Ketones | Negative |
| - Bilirubin | Negative |
| - Urobilinogen | Normal |
| - Nitrit | Negative |
| - Blood | Negative |
| - Leucocytes | Negative |

X-RAY REPORT

Chest PA:
Show no Abnormalities.
There is no evidence of pulmonary tuberculosis or other pulmonary,pleural or mediastinal lesions.
The size,shape and position of the heart are within limits of normal variations.
Bony structures of the thorax show no abnormalities.

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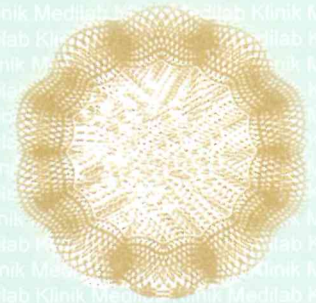


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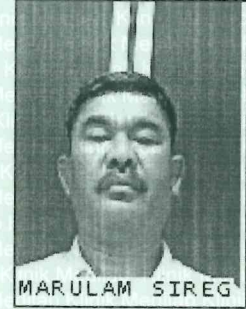
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AUDIOMETRY REPORT

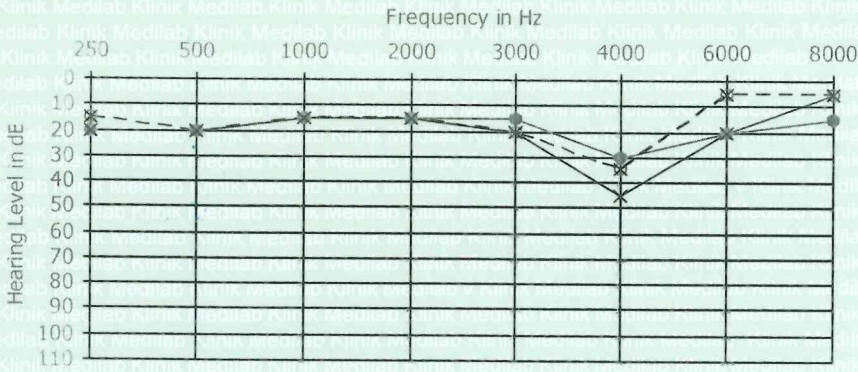
Occupational History

| | Yes | No |
|------------------------------------|-------------------------------------|--------------------------|
| - Noisy Working Environment | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| - Present/use of Hearing Protector | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| - Period of Working | 12.0 years | |

Medical History/Examination

| | Yes | No |
|------------------------|--------------------------|-------------------------------------|
| - Ear Surgery | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| - Head/Ear Injury | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| - Ears Infection | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| - Ear Drum Perforation | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| - Ear Cerumen | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

| | If Yes, which ear | | Left | Right |
|------------------------|--------------------------|-------------------------------------|--------------------------|--------------------------|
| | Left | Right | | |
| - Ear Surgery | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| - Head/Ear Injury | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| - Ears Infection | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| - Ear Drum Perforation | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| - Ear Cerumen | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |



Conclusion :

- Audiogram : Normal
- Hearing Impairment : Monaural : R : -7.50 %
L : -1.88 %
Hearing Handicap : -6.563 %
- Not a Noise Induced Hearing Loss

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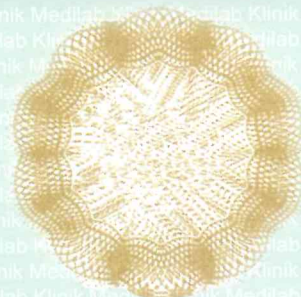


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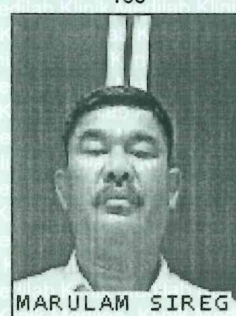
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PULMONARY FUNCTION TEST

Occupation History

| | | |
|---------------------------------------|-------------------------------------|--------------------------|
| | Yes | No |
| - Dusty Working Environment | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| - Present/use of Protective Equipment | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| - Period of Working | 12.0 years | |

Medical History

| | | | |
|-------------------------|--------------------------|-------------------------------------|--------------|
| | Yes | No | If Yes, when |
| - Lung Disease | <input type="checkbox"/> | <input checked="" type="checkbox"/> | |
| - Breathlessness/Asthma | <input type="checkbox"/> | <input checked="" type="checkbox"/> | |
| - Coughed Up Blood | <input type="checkbox"/> | <input checked="" type="checkbox"/> | |

| | BEST VALUES | | |
|----------|-------------|----------|-------|
| | Pred. | MEASURED | %Pred |
| FVC | 4.18 | 3.40 | 81 |
| FEV1 | 3.49 | 2.78 | 80 |
| FEV1/FVC | 80.0 | 81.7 | 102 |
| PEF | 8.62 | 8.82 | 102 |
| FEF2575 | 4.20 | 2.89 | 69 |



FVC Normal Value : 3.572
 FEV1 Normal Value : 2.921
 FEV1/FVC % Normal Value : 82 %
 FVC % Predicted Value : 95 %
 FEV1 % Predicted Value : 95 %
 FEV1/FVC % Predicted Value : 99 %

| PARAMETER | | Pred. | PRE#1 | %Pred | PRE#2 | PRE#3 |
|-----------|---|-------|-------|-------|-------|-------|
| FVC | L | 4.18 | 3.40 | 81 | 3.34 | 3.33 |
| FEV1 | L | 3.49 | 2.78 | 80 | 2.74 | 2.70 |
| FEV1/FVC | % | 80.0 | 81.8 | 102 | 82.0 | 81.1 |

Interpretation : Normal Spirometri

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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993

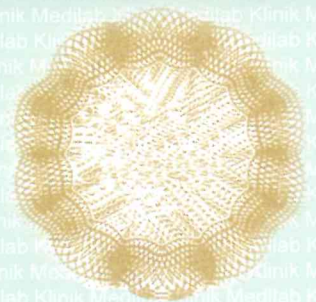


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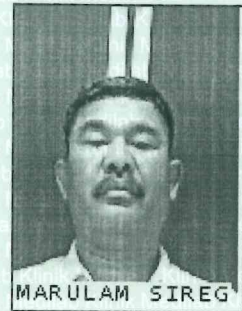
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MARULAM SIREG

LABORATORY REPORT

| Test Name | Result Unit | Reference Range |
|--|-------------|---------------------------|
| LIVER FUNCTION TEST | | |
| SGOT | 26 U/L | M: <= 35 F: <= 31 |
| SGPT | 48 U/L | M: <= 45 F: <= 34 |
| Gamma GT | 37 U/L | M: <= 49 F: <= 32 |
| LIPID PROFILE TEST | | |
| Total Cholesterol | 197 mg/dl | <= 200 |
| HDL - Cholesterol | 32 mg/dl | M: > 35 F: > 45 |
| LDL - Cholesterol | 121 mg/dl | 50 - 140 |
| Triglycerida | 222 mg/dl | <= 204 |
| Ratio Cholesterol (Total Chol : HDL) | 6.2 | M: < 3.4 F: < 3.3 |
| BLOOD SUGAR TEST | | |
| Nuchter | 86 mg/dl | < 100 |
| RENAL FUNCTION TEST | | |
| Ureum | 24 mg/dl | 17 - 43 |
| Creatinine | 1.1 mg/dl | M: 0.8 - 1.3 F: 0.5 - 0.9 |
| Uric Acid | 8.0 mg/dl | M: 3.6 - 8.2 F: 2.3 - 6.1 |

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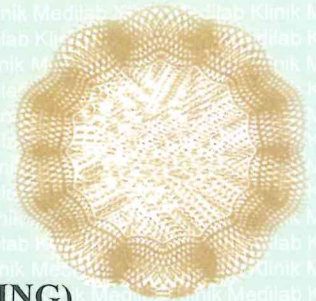
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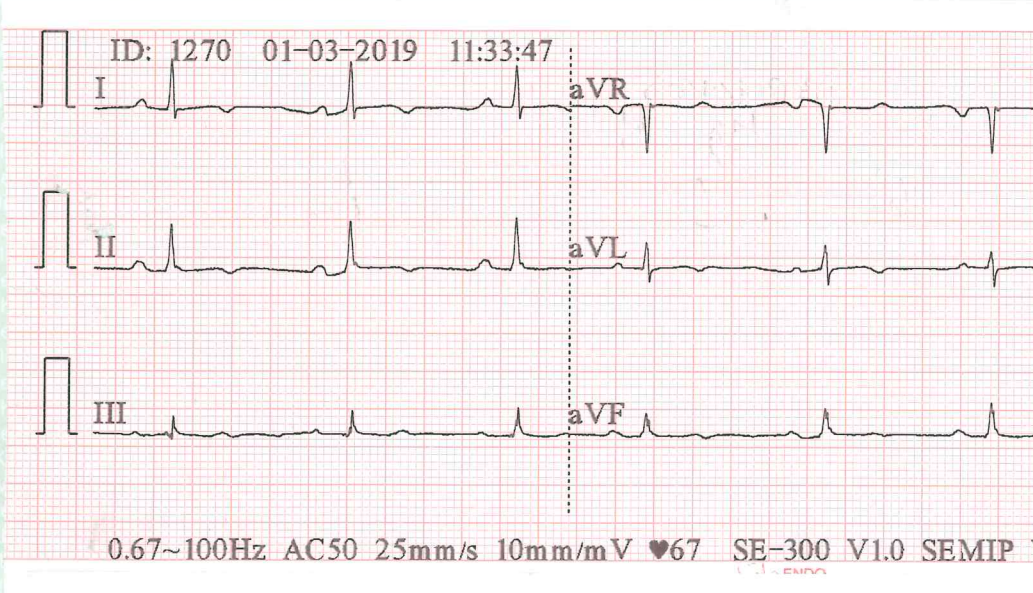
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ELECTROCARDIOGRAM INTERPRETATION (RESTING)

Name : Marulam Siregar
Age : 40 Years
Sex : Male
Place/Date : Batam, March 01st 2019
Company's name : RIGSPEK PERKASA .PT



CONCLUSION : Normal Resting ECG
EXAMINER :

dr. Ebiet Yudi Santoko
Examining Physician