



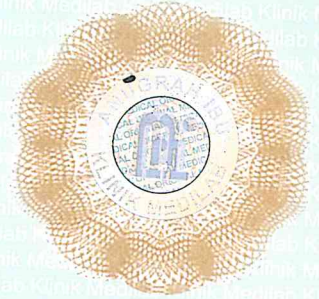
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PUSAT PEMERIKSAAN KESEHATAN TENAGA KERJA


Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433
Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024
E-mail: customercare@medilab-clinic.com, Website: www.medilab-clinic.com



HEALTH SCREENING REPORT

Preemployment Physical Examination

CONFIDENTIAL

No. Medical Record : 
00016/001/XII/RP/19

180

PERSONAL DATA

Name : ARIS RITONGA
 Birthday/Gender/Emp. ID : 18 June 1989 / Male /
 Father's Name : UMITAR RITONGA
 Address : TEMBESI CENTRE BLOK C4 NO 5, BATAM
 Occupation : RIGGER
 Name of Employer / Recruitment Agency : RIGSPEK PERKASA .PT
 Address of Employer / Recruitment Agency : KOMPLEK KAWASAN SEKUPANG KAV. NO.13 BATAM, BATAM



ARIS RITONGA

MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Allergic Rhinitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Bronchial Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	5. Peptic Ulcer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Echolalia	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Bloody Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

CLINICAL EXAMINATION

Weight : 78 Kg	Height : 167 Cm	3. Cardiovascular System	Yes/Abnormal	No/Normal
BMI : 27.96		a. Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Systolic / Diastolic : 137 / 87 mm Hg		
		Pulse : 78 / min		
1. Vision	Yes/Abnormal	No/Normal		
a. Distant Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	b. Heart Disease	<input type="checkbox"/>
(Should be at least 6/12 in both eyes with or without glasses)			c. Varicose Veins	<input checked="" type="checkbox"/>
b. Near Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Respiratory System	<input checked="" type="checkbox"/>
(Should be at least J2 in both eyes with or without glasses)			5. Skin-Chronic Disease	<input checked="" type="checkbox"/>
c. Colour Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Abdomen	<input checked="" type="checkbox"/>
d. Any Organic Eye Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Locomotor/Neurological	<input checked="" type="checkbox"/>
2. Hearing	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Endocrine disorders	<input checked="" type="checkbox"/>
(Unable to hear ordinary conversation at 2 m)			9. Mental State	<input checked="" type="checkbox"/>

LABORATORY TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Blood Count	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Urine Feme	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Other Laboratory Test	<input checked="" type="checkbox"/>	<input type="checkbox"/>

OTHER TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Audiometry	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Spirometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. ECG (if indicated)	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Chest X-Ray	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Remarks: Overweight E66, E.N.T: Right Ear Cerumen H61.21, Lab: SGOT R74.9 44 U/L MIE, SGPT R74.9 53 U/L MIE, Total Cholesterol E78.0 257 mg/dl VHR, HDL E78.4 46 mg/dl BHR, LDL E78.4 166 mg/dl HR, Triglyceride E78.1 226 mg/dl HR, Cholesterol Ratio E78 5.6 AR, Uric Acid E79.0 9.6 mg/dl MIE, Audiometry: Left Ear Conductive Mild Hearing Loss H90.2

CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is FIT for duties mentioned above.

ADVICE :

Regular Exercise and Reduce Weight, Ear Hygiene, Take Enough Rest & Consume Curcuma, Low Fat & Purin Diet, Wear Ear Plug While Working

Authentic Signature

Date of Exam : 6 December 2019




DR. EBIET YUDI SANTOKO



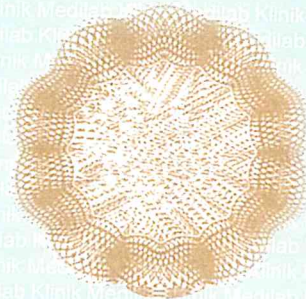
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ARIS RITONGA

LABORATORY REPORT

BLOOD COUNT

Test Name	Result Unit	Reference Range
HGB	17.1 gr/dl	M: 13.2 - 17.3 F: 11.7 - 15.5
WBC	7.5 10 ³ /mm ³	M: 3.8 - 10.6 F: 3.6 - 11.0
RBC	5.40 10 ⁶ /mm ³	M: 4.4 - 5.9 F: 3.8 - 5.2
ESR	6 mm/hr	M: 0 - 10 F: 0 - 20
HCT	51.0 %	M: 40 - 52 F: 35 - 47
PLT	286 10 ³ /mm ³	150 - 440
Differential Count		
- LYM	37.9 %	25 - 40
- MON	7.4 %	2 - 8
- GRA	54.7 %	43 - 76

URINE FEME

Macroscopy	Result
- pH	5
- Specific Gravity	1.015
- Glucossa	Negative
- Protein	Negative
- Ketones	Negative
- Bilirubin	Negative
- Urobilinogen	Normal
- Nitrit	Negative
- Blood	Negative
- Leucocytes	Negative

X-RAY REPORT

Chest PA:
 Show no Abnormalities.
 There is no evidence of pulmonary tuberculosis or other pulmonary, pleural or mediastinal lesions.
 The size, shape and position of the heart are within limits of normal variations.
 Bony structures of the thorax show no abnormalities.

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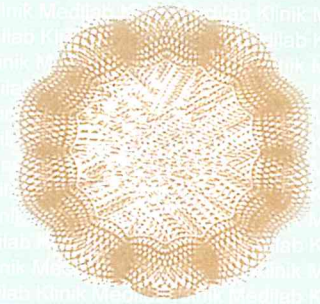


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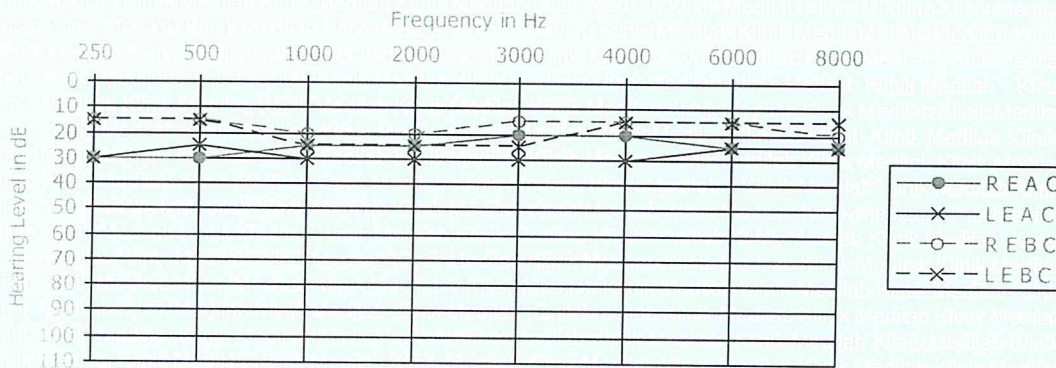
AUDIOMETRY REPORT

Occupational History

	Yes	No
- Noisy Working Environment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Present/use of Hearing Protector	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Period of Working	0.0 years	

Medical History/Examination

	Yes	No	If Yes, which ear	Left	Right
- Ear Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Head/Ear Injury	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ears Infection	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Drum Perforation	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Cerumen	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input checked="" type="checkbox"/>



Conclusion :

- Audiogram : Abnormal : Left Ear Conductive Mild Hearing Loss
- Hearing Impairment : Monaural : R : 0.00 %
L : 5.63 %
Hearing Handicap : 0.938 %
- Not a Noise Induced Hearing Loss

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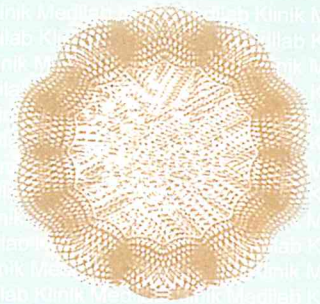
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PULMONARY FUNCTION TEST

Occupation History

	Yes	No
- Dusty Working Environment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Present/use of Protective Equipment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Period of Working	0.0 years	

Medical History

	Yes	No	If Yes, when
- Lung Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Breathlessness/Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Coughed Up Blood	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

	BEST VALUES		
	Pred.	Measured	%Pred.
FVC	4.50	4.46	99
FEV1	3.82	3.67	96
FEV1/FVC	81.8	82.2	100
PEF	9.11	10.28	113
FEF25-75	4.65	3.44	74

FVC Normal Value : 3.785
 FEV1 Normal Value : 3.217
 FEV1/FVC % Normal Value : 86 %
 FVC % Predicted Value : 117 %
 FEV1 % Predicted Value : 114 %
 FEV1/FVC % Predicted Value : 96 %



PARAMETER		Pred.	PRE#1	%Pred.	PRE#2	PRE#3
*FVC	L	4.50	4.46	99	4.46	4.46
*FEV1	L	3.82	3.67	96	3.67	3.67
*PEF	L/s	9.11	10.28	113	10.28	10.28
FVC	L	4.50	4.46	99	4.35	3.92
FEV1	L	3.82	3.61	95	3.67	3.61
FEV1/FVC	%	81.8	80.9	99	84.4	92.1

Interpretation : Normal Spirometri

Date of Exam : 6 December 2019



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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993



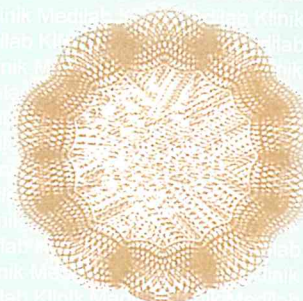
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ARIS RITONGA

LABORATORY REPORT

Test Name	Result Unit	Reference Range
LIVER FUNCTION TEST		
SGOT	:* 44 U/L	M: <= 35 F: <= 31
SGPT	:* 53 U/L	M: <= 45 F: <= 34
Gamma GT	: 47 U/L	M: <= 49 F: <= 32
LIPID PROFILE TEST		
Total Cholesterol	:* 257 mg/dl	<= 200
HDL - Cholesterol	: 46 mg/dl	M: > 35 F: > 45
LDL - Cholesterol	:* 166 mg/dl	50 - 140
Triglycerida	:* 226 mg/dl	<= 204
Ratio Cholesterol (Total Chol : HDL)	:* 5.6	M: < 3.4 F: < 3.3
BLOOD SUGAR TEST		
Nuchter	: 91 mg/dl	< 100
RENAL FUNCTION TEST		
Ureum	: 17 mg/dl	17 - 43
Creatinine	: 1.1 mg/dl	M: 0.8 - 1.3 F: 0.5 - 0.9
Jric Acid	:* 9.6 mg/dl	M: 3.6 - 8.2 F: 2.3 - 6.1

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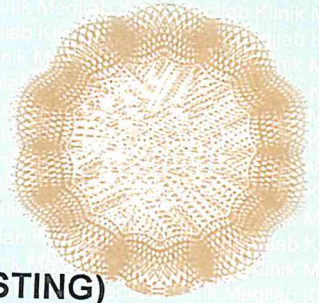
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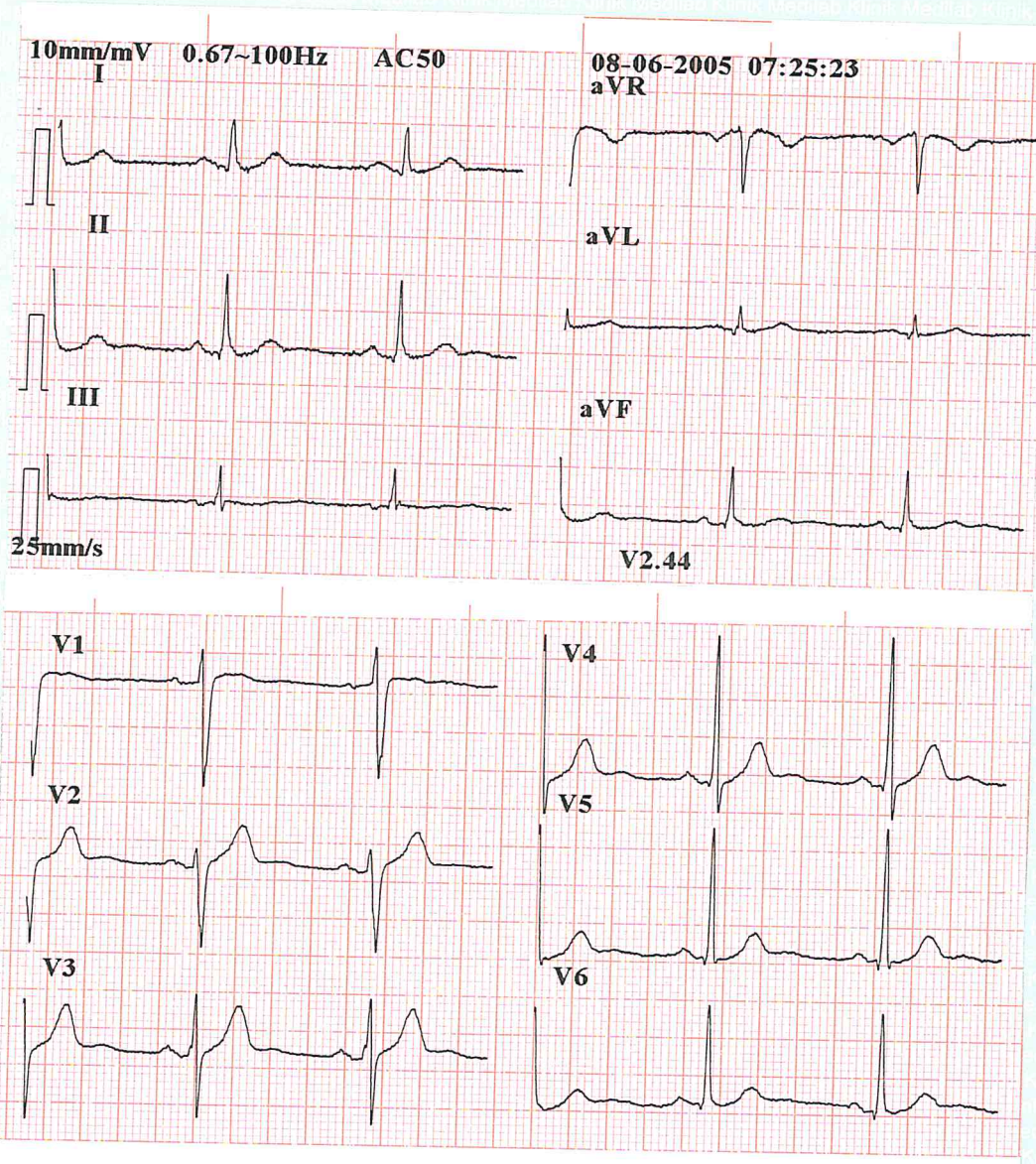
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ELECTROCARDIOGRAM INTERPRETATION (RESTING)

Name : Aris Ritonga
Age : 30 Years
Sex : Male
Place/Date : Batam, December 06th 2019
Company's name : RIGSPEK PERKASA .PT



CONCLUSION : **Normal Resting ECG**
EXAMINER :

dr. Ediet Tadi Saragih
Examining Physician