

PERSONAL DATA

No. MCU	:	5043/GMI-MCU/IX/2021
No. Badge	:	-
Nama	:	TRI TANTO, Tn.
Umur	:	39 tahun
Perusahaan	:	PT. INSPEKTINDO SINERGI PERSADA
Jabatan	:	Asst. Inspector
Tgl Pemeriksaan	:	14/09/2021
Alamat	:	Jl. Pemuda Perum Bukit Batakan Permai Blok D6 No.10 Manggar



PT. INSPEKTINDO SINERGI PERSADA

HEALTH AND MEDICAL SURVEILLANCE TAHUN 2021

|||

NAMA : TRI TANTO.....
TANGGAL LAHIR : 23 MARET 1982.....
JENIS KELAMIN : Laki - Laki.....
S/N :
IGG :
DEPT/SERVICE : INSPECTION SERVICES.....
LOKASI KERJA : SCHLUMBERGER.....

JENIS PEMERIKSAAN : Pre-employment
 Annual
 Pre-retirement

Medical Department

HEALTH SURVEILLANCE

Isilah formulir ini dengan sebenarnya dan selengkap-lengkapnya. Apabila ada hal-hal yang kurang dipahami segera hubungi dokter atau perawat.

IDENTITAS PEGAWAI

1. Posisi : ASSISTANT INSPECTOR
 2. Golongan Darah : A / B / AB / O Rhesus : + / -
 3. Status : (1) Belum kawin (2) Kawin (3) Janda (4) Duda (5) Cerai
 4. Jumlah anak : Anak laki-laki Orang, Anak Perempuan orang
 5. Alamat sekarang : 2. PEMUDA PERUM. BUMI BATIKAN PERMATA Blok. D6. No.10
 6. No. Extension Telpon. : Telp/HP 021 24638664 Kantor : Kamar (untuk kapangan)

HANYA UNTUK CALON KARYAWAN : RIWAYAT PEKERJAAN

No.	Pendidikan	Lama Kerja	Penempatan	Lama kerja dalam jam/hari					
				Banding	Dekat	Kita	Rasional	Organisasi	Out-side
1	ASSISTANT INSPECTOR S	15yrs			✓	✓			

HANYA UNTUK KARYAWAN RIWAYAT PEKERJAAN

Tuliskan lama kerja pada masing-masing tempat kerja yang sesuai dengan posisi anda. Jumlah jam harus sesuai dengan lama kerja dalam sehari.

1. Office : 3 jam/hari
 2. Warehouse : jam/hari
 3. Workshop : 5 jam/hari
 4. Process area : jam/hari
 5. Well/Offshore : jam/hari

**PETUNJUK PENGISIAN : ISILAH NOMOR YANG SESUAI DENGAN JAWABAN ANDA
PADA KOTAK JAWABAN YANG TELAH TERSEDIA DI SAMPING KANAN. JANGAN
MELINGKARI ATAU MENCORET PILIHAN JAWABAN**

RIWAYAT KESEHATAN

1. Selama 1 tahun terakhir ini, apakah anda pernah sakit :

- | | | | |
|-------------------------|-------|----------|-------------------------------------|
| a. Tekanan darah tinggi | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| b. Tekanan darah rendah | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| c. Jantung | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| d. Stroke | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| e. Kencing Manis | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |

f. Timbul benjolan/tumor	1. Ya	2. Tidak	<input type="checkbox"/> 2
g. Ayan / Gangguan syaraf	1. Ya	2. Tidak	<input type="checkbox"/> 2
h. Asma	1. Ya	2. Tidak	<input type="checkbox"/> 2
i. Batu ginjal	1. Ya	2. Tidak	<input type="checkbox"/> 2
j. Alergi	1. Ya	2. Tidak	<input type="checkbox"/> 2
k. Thypus	1. Ya	2. Tidak	<input type="checkbox"/> 2
l. TBC	1. Ya	2. Tidak	<input type="checkbox"/> 2
m. Malaria	1. Ya	2. Tidak	<input type="checkbox"/> 2
n. Penyakit kelamin	1. Ya	2. Tidak	<input type="checkbox"/> 2
o. Kuning / Hepatitis	1. Ya	2. Tidak	<input type="checkbox"/> 2
p. Gangguan jiwa	1. Ya	2. Tidak	<input type="checkbox"/> 2
q. Takut pada ketinggian	1. Ya	2. Tidak	<input type="checkbox"/> 2
r. Mata	1. Ya	2. Tidak	<input type="checkbox"/> 2
s. Hidung	1. Ya	2. Tidak	<input type="checkbox"/> 2
t. Telinga	1. Ya	2. Tidak	<input type="checkbox"/> 2
u. Gigi / mulut	1. Ya	2. Tidak	<input type="checkbox"/> 2
v. Lambung	1. Ya	2. Tidak	<input type="checkbox"/> 2
w. Wasir	1. Ya	2. Tidak	<input type="checkbox"/> 2
x. Kulit	1. Ya	2. Tidak	<input type="checkbox"/> 2
y. Sendi - sendi	1. Ya	2. Tidak	<input type="checkbox"/> 2
z. Kandungan	1. Ya	2. Tidak	<input type="checkbox"/> 2

RIWAYAT KECELAKAAN KERJA DAN PERAWATAN DI RUMAH SAKIT

1. Dalam satu tahun terakhir apakah Anda pernah mengalami kecelakaan akibat kerja ? 1. Ya 2. Tidak 2
Bila tidak, lanjutkan ke no. 6
2. Bila YA, berapa kali dalam setahun terakhir Anda mengalami kecelakaan ?
3. Apakah Anda perlu mendapatkan perawatan di rumah sakit karena kecelakaan tersebut ? 1. Ya 2. Tidak 2
4. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan akibat kecelakaan tersebut ?
5. Apakah timbul gangguan fungsi maupun kacauan setelah sembuh ? 1. Ya 2. Tidak 2
6. Dalam satu tahun terakhir apakah Anda pernah dirawat di rumah sakit ? 1. Ya 2. Tidak 2
Bila tidak, lanjutkan ke no. 8
7. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan dalam satu tahun terakhir ?
8. Apakah Anda menderita penyakit yang dikontrol terus menerus selama satu tahun terakhir ? 1. Ya 2. Tidak 2

KEBIASAAN MEROKOK

1. Apakah anda pernah merokok ? 1
Bila tidak, langsung ke soal selanjutnya
2. Sejak umur berapa Anda mulai merokok untuk pertama kalinya ? 1 2
3. Apakah saat ini Anda merokok ? 1
2
3. Tidak - bila tidak langsung ke no. 14
4. Berapa banyak rokok yang Anda isap setiap harinya ? 1 2
5. Jenis rokok apa yang Anda isap ? (DITULIS MEREK) 1
2
3. Kadar nikotin rendah
2. Kadar nikotin sedang
3. Kadar nikotin tinggi
6. Seberapa sering Anda menghisap dalam-dalam asap rokok ? 1
2
3. Selalu
4. 6 0
7. Berapa menit sehabis bangun tidur Anda mulai merokok ? 1
2
8. Apakah Anda lebih banyak merokok dalam jam pertama di pagi hari ? 1
2
9. Apakah sulit untuk tidak merokok di tempat yang dilarang merokok ? 1
2
10. Apakah Anda tetap merokok di saat Anda sedang sakit ? 1
2
11. Dalam satu hari, rokok manakah yang sulit di lewatkan ? 1
2. Rokok pertama di pagi
2. Rokok lainnya
Dari no. 11 langsung ke pertanyaan alkohol
12. Apakah anda ingin berhenti merokok ? 1 Ya ✓ 2. Tidak
13. Bila Ya, apakah Anda bersedia untuk mengikuti program Berhenti Merokok ? 1 Ya ✓ 2. Tidak
Langsung ke pertanyaan alkohol
14. Sudah berapa lama Anda berhenti merokok ? (tahun) 1 1

KONSUMSI ALKOHOL

1. Apakah Anda pernah minum minuman beralkohol ? 1
Bila tidak, langsung ke olahraga
2. Apakah Anda minum minuman beralkohol dalam 12 bulan terakhir ? 1
Bila tidak, langsung ke olahraga
3. Apakah Anda minum minuman beralkohol dalam 4 minggu terakhir ? 1
Bila tidak, langsung ke olahraga
4. Berapa kali Anda minum minuman beralkohol dalam sebulan ? 1 2
5. Berapa banyak minuman beralkohol yang Anda habiskan tiap kalinya ? (diperkirakan dalam satuan cc) 1 2 3

AKTIVITAS FISIK DAN OLAHRAGA

1. Berapa banyak waktu yang Anda habiskan untuk duduk setiap harinya ? (dalam menit, dan termasuk waktu yang dihabiskan untuk duduk di tempat kerja maupun di waktu luang) 1 8 0
2. Berapa kali Anda berolahraga dalam sebulan ? 1 4
3. Berapa lama waktu yang Anda habiskan untuk berolahraga tiap kalinya ? (dalam menit) 1 5
4. Bagaimana intensitas olahraga yang Anda lakukan ? 1. Ringan
2. Sedang
3. Cukup berat
4. Berat
5. Sangat berat

POLA KONSUMSI BAHAN MAKANAN

1. Berapa hari dalam seminggu biasanya Anda makan buah-buahan ?
2. Berapa hari dalam seminggu biasanya Anda makan sayur-sayuran ?

4

5

RWAYAT PENYAKIT KELUARGA

1. Apakah ada diantara Ayah/Ibu Anda menderita penyakit berikut

a. Tekanan darah tinggi

1. Ya 2. Tidak

2

b. Penyakit jantung

1. Ya 2. Tidak

2

c. Stroke

1. Ya 2. Tidak

2

d. Kencing manis

1. Ya 2. Tidak

2

e. Kanker

1. Ya 2. Tidak

2

f. Alergi

1. Ya 2. Tidak

2

g. Asma

1. Ya 2. Tidak

2

2. Apakah ada saudara kandung Anda menderita penyakit berikut

a. Tekanan darah tinggi

1. Ya 2. Tidak

2

b. Penyakit jantung

1. Ya 2. Tidak

2

c. Stroke

1. Ya 2. Tidak

2

d. Kencing manis

1. Ya 2. Tidak

2

e. Kanker

1. Ya 2. Tidak

2

f. Alergi

1. Ya 2. Tidak

2

g. Asma

1. Ya 2. Tidak

2

3. Di antara Ayah/Ibu/Saudara Kandung Anda, apakah ada yang meninggal karena penyakit-penyakit di atas pada usia kurang dari 45 tahun untuk laki-laki dan 55 tahun untuk perempuan ?

1. Ya 2. Tidak

2

UNTUK KARYAWAN WANITA

1. Apakah saat ini Anda sedang hamil ?

1. Ya 2. Tidak

Bila iya, lengkapilah no. 3

2. Berapa bulan umur kehamilan Anda saat ini ?

3. Berapa jumlah kehamilan yang pernah Anda alami (termasuk kehamilan kali ini) ?

4. Berapa jumlah keguguran yang pernah Anda alami ?

5. Kapan hari pertama haid terakhir Anda ?

_____ / _____ / _____

6. Berapa umur Anda pada saat haid pertama ?

7. Berapa banyak peda saat Anda haid ?

1. Banyak 2. Sedikit

8. Apakah dalam satu tahun terakhir pola haid Anda teratur ?

1. Ya 2. Tidak

9. Apakah ada rasa sakit yang berhubungan dengan haid ?

1. Ya 2. Tidak

10. Apakah Anda sering menderita keputihan ?

1. Ya 2. Tidak

KELUARGA BERENCANA

1. Apakah keluarga Anda mengikuti keluarga berencana ? 1. Ya 2. Tidak
Bila tidak lengkap isi Vakansel
2. Bila YA, metode KB apa yang Anda gunakan ?
- | | | |
|-----------|--------------|---------------------------------------|
| 1. Kondom | 5. IUD | <input checked="" type="checkbox"/> 1 |
| 2. Pil | 6. Vasektomi | <input type="checkbox"/> 3 |
| 3. Suntik | 7. Tubektomi | <input type="checkbox"/> |
| 4. Susuk | 8. Lainnya | <input type="checkbox"/> |

RIWAYAT VAKSINASI

1. Apakah anda pernah mendapatkan vaksinasi tetanus ?
- | | | |
|----------|---------------|---------------------------------------|
| 1. Ya | 3. Tidak tahu | <input checked="" type="checkbox"/> 1 |
| 2. Tidak | | <input type="checkbox"/> |
2. Apakah Anda pernah mendapatkan vaksinasi hepatitis ?
- | | | |
|----------|---------------|--------------------------|
| 1. Ya | 3. Tidak tahu | <input type="checkbox"/> |
| 2. Tidak | | <input type="checkbox"/> |

DONOR DARAH

1. Bersediakah Anda mendonorkan darah bila dibutuhkan ? 1. Ya 2. Tidak 1
2. Kapan Anda melakukan donor darah terakhir ?
- | | | | | |
|--------------------------|---|--------------------------|---|--------------------------|
| <input type="checkbox"/> | / | <input type="checkbox"/> | / | <input type="checkbox"/> |
|--------------------------|---|--------------------------|---|--------------------------|

Formulir tersebut di atas telah saya isi dengan benar dan sesungguhnya.

Balikpapan, (19.....10.1.....2021).
Nama dan tanda tangan karyawan

(.....TP.1...TJIPTO.....)

MEDICAL CHECK UP -2021

PHYSICAL EXAMINATION

NAME	TRI TANTO, Tn.	S/N	-	DEPT	Inspection Services
------	----------------	-----	---	------	---------------------

I. VITAL SIGN

Blood Pressure (supine)	100/70 mmHg	Pulse	62 x/m	Respiration	20 x/m	Temp.	36,5 °C
Weight (W)	52 kg	Height (H)	166 cm	BMI	18,87	Waist	55 cm

(*) BMI = W / H² (Underweight = <18, Normal 18-25, Overweight 25-30, Obese > 30)

II. PHYSICAL EXAMINATION

No	PHYSICAL		A = ABNORMAL; N = NORMAL	A	N	Describe abnormalities in detail (circle words of importance and explain)
1	GENERAL APPEARANCE		Appearance age/ Nutritional/ Development/ Mental & emotional status/Posture/Gait/Speech		✓	
2	HEAD / SCALP		Size/Shape/Tender over sinuses/ Hair/ Eruption/ Masses/Bruit		✓	
3	EYES		Conjunctiva /Sclera/ Cornea/ Pupils/ Ptosis/ Tension/ Eye lid/Bruit/Reflex/ Range of Movement		✓	
4	EARS		Ext. canal/Membran perforation/ Discharge/ Tophi/ Hearing problem/ Mastoids		✓	
5	NOSE / SINUSES		Septum/obstruction/ Turbinate /Discharges		✓	
6	MOUTH / THROAT		Odor/Lips/Tongue/Tonsils/ Gums/ Pharynx		✓	
7	TEETH		Caries C, Filling(F), Missing (M), Radix®	✓		Caries
8	NECK		Adenopathi/Thyroid/Carotids/ Tracheal Veins/ Mass/ Spine/ Motion/ Bruit		✓	
9	BACK / SPINE		Kyphosis/Scoliosis/ Lordosis/ Mobility/ CVA/ Bone/ Tenderness/ Other deformities		✓	
10	THORAX		Symmetry/Movement/Contour / Tender		✓	
11	BREAST		Size/Consistency/ Nipples/ Areola / Discharge/ Palpable mass/ enderness/ Nodes/ Scars		✓	
12	HEART		Rate/Rhythm/Apical/Impulse/Trills/ Quality of sound/Intensity/Splitting/Extra sound/Murmurs		✓	
13	CHEST / LUNG		Excursion/Dullness or Hyper-resonance of percussion/ Quality of breath sound/ Rales/ Wheezing/Ronchi/ Bruit		✓	
14	ABDOMEN		Bowel sounds/ Appearance/ Liver/ Spleen/ Masses/ Hernias/ Murmur/ Contour/ Tenderness/ Bruit/ Nodes		✓	
15	GROIN		Hernia/Inguinal nodes/Femoral pulses		✓	
16	GENITAL	MALE	Penis/Testis/Scrotum epididymis/ Varicocele/ Scars/ Discharge/ Circumcised/ Piercing		✓	
		FEMALE	Vulva/Vagina/ Cervix/ Uterus/ Adnexae/ Rectocele/ Bartholini gland/ Urethra/ Discharge			
17	EXTREMITIES		Deformity/Clubbing/Cyanosis/Edema/Nail/ Peripheral pulses/ Calf tenderness/Joints for swelling/ ROM		✓	
18	JOINTS		ROM/ Swelling / Inflammation /Deformity		✓	
19	SKIN		Color/Birthmark/Scars/ Tattoos /Texture/Rash/ Eczema / ulcers/Piercing		✓	
20	NEUROLOGICAL		Reflexes/Cranial nerve/Tremor/Paralysis/Motoric/ Sensor (touch,prick,vibrate)/ Coordination/ Romberg		✓	Romberg Test : Negative
21	MUSCULAR SYSTEM		Strength/Wasting/Development		✓	
22	RECTAL EXAM.		Sphincter tonus/ Hemorrhoids/ Fissure/ Masses /Prostate		✓	

SUPPORTIVE INVESTIGATIONS

I. VISION

Vision	Unaided		With Spectacles		Depth Perception	Colour Blindness	
	Left	Right	Left	Right			
Distant			20/30	20/30		✓	Normal
Near			20/20	20/20			Red - Green Absent
Visual fields (Normal > 70°)		Left	85°	Right	85°		Colour Blind

II. LABORATORIUM SUMMARY

See attached result

Normal	COMMENT:			
✓ Abnormal		Triglicerida 182 mg/dl (Meningkat).		

III. CHEST X-RAY

See attached result

Pneumoconiosis	Yes	No	✓
If Yes – ILO Classification			
Evidence of TB	Yes	No	✓
Other Abnormalities			
COMMENT	Foto Thorax Normal		

IV. ECG (Optional for over 35 years of age)

See attached result

Normal ✓	Abnormal	(specify) : Sinus Rhythm
----------	----------	--------------------------

V. TREADMILL (Optional for over 35 years of age)

See attached result

Normal ✓	Abnormal	(specify) : Negative Ischemic Response, 12 Mets.
----------	----------	--

VI. SPIROMETRY (Optional for dust exposure, respiratory chronic disease,)

See attached result

Test	Observed	Predicted	% Prediction
VC			%
FVC			%
FEV 1			%
FEV/FVC			%

VII. AUDIOMETRY (Optional for noise exposure, previous hearing problem,)

See attached result

CONCLUSION		Change since last audiometric examination	Yes
✓	Normal	If Yes, what change :	No
Abnormal		Recommended Action:	
		Refer to safety department:	<input type="checkbox"/> Yes / <input type="checkbox"/> No

RECEIVED (reserved for International SOS)

REVIEWED (reserved for International SOS)

PROCESSED (reserved for International SOS)

Med-Track

SCHLUMBERGER PHYSICAL

Confidential Medical

PRE-EMPLOYMENT

Name of recruiter.....
.....

Job proposed : Office
Field

PERIODIC CHECK-UP

Dear Schlumberger Employee,

Your Med-Track physical will be handled only by trained and competent health professionals. The information contained in this medical report can be essential in saving your life when you are living or working abroad. In order to process your medical data, we now require that you sign a Consent Form authorizing International SOS and the Schlumberger Medical Department to access your information.

You do, however, have the possibility of not releasing this medical data.

- If you have chosen not to authorize the release of your medical data, please fill in only pages 1 and 2, dated and signed, and return to International SOS.
- If you have chosen to authorize the release of your medical data, please fill in the appropriate pages as indicated and return the entire Med-Track report to International SOS.

Do not forget to select and to sign the appropriate consent form depending on whether you have performed your Med-Track physical in an International SOS center or another center of your choice.

Thank you for cooperation.

Schlumberger Medical Department and International SOS

TO BE COMPLETED BY THE EMPLOYEE

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH

LAST NAME
(as appears in LDAP) Tanto

FIRST NAME The

SEX Male

BIRTH DATE (day/month/year) 23 / 03 / 82

HOME PHONE 0813 4638 1664

NATIONALITY Indonesia

HOME ADDRESS Jln Perwira Permai Bantul Bantaran Permai blok D6 No.10

Email address:

CLEARLY INDICATE YOUR COMPANY INFORMATION – PUT AN “X” IN THE CORRESPONDING BOX BELOW:

Business segment:

(ex: WS, WG, etc.)

Country of assignment

MEA EAF

International commuter

LAM SLR

International mobile

NAM

Home country mobile

GIN /EMPLOYEE NUMBER

GeoMobile

POSITION / Job Title

Other (HCR, HCC, etc.):

PLEASE ANSWER ALL THE QUESTIONS ON THIS PAGE

TO BE COMPLETED BY THE EMPLOYEE

In order to process your Med-Track report and to upload it in the confidential eMed-Track web site, we require your authorization. If you are attending an International SOS recommended medical center, please fill in Option 1. If you are attending another medical center of your choice, please fill in Option 2.

IN ALL CASES PLEASE DATE AND SIGN AT THE BOTTOM OF THE PAGE.

- **Option 1: Medical examination performed by an SOS recommended medical center**

(For list of recommended medical centers, see: <http://www.internationalsos.com/private/schlumberger/Medtrack/>)

- I do authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to International SOS and the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 1**. (Please fill in pages 3 and 5. The examining physician will fill in pages 6 and 7.)
- I do not authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to any third party, including International SOS and the Schlumberger Medical Department. Please fill in below.

Medical center : Name of doctor :

Medical exam date :

And return only page 1 and 2 to :
International SOS
Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

- **Option 2: Medical examination performed by a medical center of your choice, And not on the list of centers recommended by International SOS**

- I agree to send my confidential medical data to International SOS and I agree to the subsequent transfer to the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 2**. (Please fill in pages 4 and 5. The examining physician will fill in pages 6 and 7.)

For rapid processing please ensure that the entire Med-Track report is sent as rapidly as possible to :
International SOS

Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

- I do not agree to send my confidential medical data to International SOS (and I do not agree to the subsequent transfer to the Schlumberger Medical Department).
Please fill in below.

Medical center: Name of doctor:

Medical exam date :

And return only page 1 and 2 to :
International SOS
Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

IMPORTANT: MUST BE FILLED IN BEFORE RETURNING TO INTERNATIONAL SOS

TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 1 :

Medical examination performed by an International SOS recommended medical center

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS and its contractors (the licensed physician(s) and medical staff who perform this medical examination) may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with, and cause its contractors (the licensed physician(s) and medical staff who perform this medical examination) to comply with, EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) I acknowledge and expressly agree that without prejudice to paragraph (f), International SOS shall not be liable for the accuracy or medical conclusions of the medical examination carried out by its contractors (the licensed physician(s) and medical staff who perform this medical examination).
- (h) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (i) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (j) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (k) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination will be sent by the licensed physician(s) and medical staff who perform this medical examination to Schlumberger Medical Department, and International SOS, and processed by said parties.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name:.....

Date (day/month/year):..... Employee's signature:.....

TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 2:

Medical examination performed by a medical center of your choice, and not on the list of centers recommended by International SOS

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data. Such processing will start once I will have transferred the questionnaire attached, filled in by the licensed physician that I have selected for the performance of my medical examination, and the results of the medical tests carried out by such licensed physician, to SOS which will transfer my personal data to Schlumberger Medical Department.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (h) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track Department, Medical Director, 12-14 rue d'Aisace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (i) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (j) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination that I will send to International SOS will be processed by Schlumberger Medical Department and International SOS.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name:

Date (day/month/year): Employee's signature:

LAST NAME TontoFIRST NAME Teri

TO BE COMPLETED BY THE EMPLOYEE

BLOOD TYPE :

(If known)

PAST MEDICAL HISTORY

DO YOU HAVE OR HAVE YOU HAD

(Check "yes" or "no" column or put a ? if uncertain)

	Yes No		Yes No	HAVE YOU EVER BEEN	Yes No
1. sinus trouble	<input checked="" type="checkbox"/>	21. cancer	<input checked="" type="checkbox"/>	41. rejected for employment	
2. neck swelling/glands	<input checked="" type="checkbox"/>	22. heart disease	<input checked="" type="checkbox"/>	or insurance for medical	
3. difficulty in vision	<input checked="" type="checkbox"/>	23. rheumatic fever	<input checked="" type="checkbox"/>	reasons	<input type="checkbox"/>
4. any ear discharge	<input checked="" type="checkbox"/>	24. abnormal heartbeat	<input checked="" type="checkbox"/>	42. awarded benefits for	
5. asthma/bronchitis	<input checked="" type="checkbox"/>	25. high blood pressure	<input checked="" type="checkbox"/>	industrial injury	<input type="checkbox"/>
6. hayfever/other allergy	<input checked="" type="checkbox"/>	26. stroke	<input checked="" type="checkbox"/>	43. treated for a mental	
7. any skin trouble	<input checked="" type="checkbox"/>	27. serious chest pain	<input checked="" type="checkbox"/>	condition	<input type="checkbox"/>
8. tuberculosis	<input checked="" type="checkbox"/>	28. any blood disease	<input checked="" type="checkbox"/>	44. treated for drinking problem/	
9. shortness of breath	<input checked="" type="checkbox"/>	29. kidney disease	<input checked="" type="checkbox"/>	drug abuse	<input type="checkbox"/>
10. coughed blood	<input checked="" type="checkbox"/>	30. painful passage of urine	<input checked="" type="checkbox"/>	45. exposed to :	
11. abdominal pain	<input checked="" type="checkbox"/>	31. blood in urine	<input checked="" type="checkbox"/>	Mercury	<input type="checkbox"/>
12. stomach ulcer	<input checked="" type="checkbox"/>	32. diabetes	<input checked="" type="checkbox"/>	Radioactivity	<input type="checkbox"/>
13. recurrent indigestion	<input checked="" type="checkbox"/>	33. headaches/migraine	<input checked="" type="checkbox"/>	Toxic chemicals	<input type="checkbox"/>
14. jaundice/hepatitis	<input checked="" type="checkbox"/>	34. dizziness/fainting	<input checked="" type="checkbox"/>	Excess noise	<input type="checkbox"/>
15. gall bladder disease	<input checked="" type="checkbox"/>	35. epilepsy	<input checked="" type="checkbox"/>		
16. marked change in bowel habits		36. joints/spinal trouble	<input checked="" type="checkbox"/>	FOR WOMEN ONLY	
17. blood in stool	<input checked="" type="checkbox"/>	37. surgical operation	<input checked="" type="checkbox"/>	Have you ever had	
18. change in weight	<input checked="" type="checkbox"/>	38. accident/fracture	<input checked="" type="checkbox"/>	46. an abnormal smear	<input type="checkbox"/>
19. varicose veins	<input checked="" type="checkbox"/>	39. tropical disease	<input checked="" type="checkbox"/>	47. a gynecological	
20. lump in breast	<input checked="" type="checkbox"/>	40. fear of heights	<input checked="" type="checkbox"/>	treatment	<input type="checkbox"/>
				48. are you pregnant ?	<input type="checkbox"/>

If you have answered "yes" to questions 37, 38 or 39 or if you have or had an illness not mentioned above please detail in ENGLISH and in clear capital letters:

Medication taken regularly :

Do you take preventive malaria medication when in high malaria risk areas ? YES NO
If yes, which medication ?

Allergies to medication:

DATES OF LAST VACCINATIONS: (day/month/year)

polio / /

hepatitis B / /

hepatitis A / /

tetanus / /

yellow fever / /

typhoid / /

other: , date: / /

Other: , date: / /

Alcohol consumption: Number of glasses per day:

Tobacco: Number of cigarettes per day :

LAST NAME Tanto

FIRST NAME TRI

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH OR TYPE WHENEVER POSSIBLE. NO ABBREVIATIONS PLEASE

DRUG TESTING: for pre-employment medicals only:

Not performed Performed Positive Negative

PLEASE UP DATE VACCINATIONS: Indicate ONLY vaccinations performed during this examination

POLIO TETANUS HEPATITIS B YELLOW FEVER HEPATITIS A TYPHOID

OTHER VACCINATIONS PERFORMED: _____

Please make sure patient has correct malaria protection when travelling to high malaria risk areas

MEDICAL EXAMINATION

IF ABNORMAL, PLEASE DETAIL

	normal	abnormal
1. eyes and pupils	/	a
2. ear/nose/throat	/	a
3. teeth and mouth	n	/ <i>Caries</i>
4. lungs and chest	/	a
5. cardiovascular	/	a
6. abdo. viscera	/	a
7. hernial orifices	/	a
8. anus and rectum	/	a
9. genito-urinary	/	a
10. extremities	/	a
11. musculo-skeletal	/	a
12. skin/varicose vns	/	a
13. neurological/	/	a
mental fitness		
14. breast	/	a

HEIGHT		WEIGHT		BLOOD PRESSURE	PULSE	HEARING			VISION		n	a	WITH GLASSES	COLOR Vision
cms	ft	kgs	lbs			R	D	a	R	D	L	R	L	
166		52		100 / 70	62									

LAST NAME : TANTO

FIRST NAME : TRI

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PARA-CLINICAL EXAMINATION

- ECG a : Normal Sinus Rhythm
 Treadmill a : Negatif Ischemic Response, 12 Mets.
 Chest X Ray a : Within Normal Limits

BLOOD ANALYSIS

RBC	4.800.000	/mm3	SGOT (ASAT)	36	U/L	BLOOD TYPE -
WBC	7800	/mm3	SGPT (ALAT)	38	U/L	
NEUTROPHIL	54,5	%	GAMMA GT	38	U/L	
EOSINOPHIL	0,1	%	GLYCEMIA	95	mg/dL	
BASOPHIL	0,1	%	CHOLESTEROL TOTAL	179	mg/dL	
LYMPHOCYTE	35,6	%	HDL	55	mg/dL	
MONOCYTE	9,2	%	LDL	88	mg/dL	
HEMATOCRIT	45,0	%	CREATININE	0,9	mg/dL	
HEMOGLOBIN	15,3	g/dL	URIC ACID	3,7	mg/dL	
ESR (Sedimentation Rate)	-	mm/h	TRIGLYCERIDES	182	mg/dL	

test only if not already known

URINE ANALYSYS

ALBUMIN : - SUGAR : Negative BLOOD : Negative PARASITES : Negative BLOOD : Negative

STOOL ANALYSIS

CONCLUSION : FIT IN ALL AREA Yes No MUST BE REASSESSED Yes No
 if you answer No. please detail your reasons)

Detail :

DOCTOR'S SIGNATURE

MEDICAL CENTER STAMP/SEAL



Date of medical examination (day/month/year) : 14/09/2021

EXAMINING PHYSICIAN'S FULL NAME AND ADDRESS

Name : dr. HENDRA A.Z.
 Forename : -
 Street : JL. MARSMA R. ISWAHYUDI NO. 19 GUNUNG BAKARAN
 City : BALIKPAPAN Country : INDONESIA
 Tel : 0542 - 7214552 Fax : 0542- 7214553
 E-mail address : grandmedica@gmail.com

Please write in clear capital letters !

LAST NAME

Tourdo

FIRST NAME

T21

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Med Track Plus Exam**Only for high mobility employees (IM, IC, GM, HCM) over 40 years of age**

If you are over 40 years of age, Schlumberger offers you the possibility of performing a more in-depth health assessment every 3 years in order to check your general wellness. Med Track Plus should be performed at the same time as your usual Med Track exam.

The Med Track Plus health assessment targets in particular the increased cancer and cardiovascular risks inherent to people over 40 years of age. Tests designated below in Med-Track Plus are only **recommended and not mandatory**.

EYES :

Tonometry Right eye (Glaucoma testing) mmHG

Tonometry Left eye (Glaucoma testing) mmHG

ADDITIONAL BLOOD TESTS :

PSA ng/ml TSH UI

CEA µg/l Alkaline phosphatase UI

IF ABNORMAL, PLEASE DETAIL

LUNGS/ Functional Respiratory testing n a.....

ABDOMINAL AND PELVIC ECHOGRAPHY n a.....

CARDIOVASCULAR RISK FACTORS :Stress test a.....

Carotid Echo-Doppler n a.....

Cardiac Echography n a.....

FOR MEN ONLY :

Prostate Echography n a.....

FOR WOMEN ONLY :

Mammogram n a.....

PAP Smear n a.....

Doctor's additional comments or conclusions:

HASIL PEMERIKSAAN KESEHATAN TAHUN 2021

Balikpapan, **18/09/2021**

ANNUAL MEDICAL CHECK UP

Kepada Yth : TRI TANTO, Tn.	Umur : 39 tahun	S/N : -
Posisi : Asst. Inspector	MCU ID: 5043/GMI-MCU/IX/2021	Dept. : Inspection Services

Berikut adalah kesimpulan hasil pemeriksaan medical check up yang telah dilaksanakan pada tanggal :
14/09/2021

TEMUAN :

- * Berat Badan = 52 Kg (Normal), BMI = 18,87 ; BB Ideal = 49,60 - 68,89 Kg. Lingkar Perut : 55 cm (M : N ≤ 90 cm, F : N ≤ 80 cm).
- * Riwayat Kesehatan = Tidak ada keluhan kesehatan. MEROKOK 12 batang/hari. BEROLAHHRAGA 4x/minggu, Intensitas RINGAN.
- * Riwayat Kesehatan Keluarga = Tidak ada riwayat penyakit dalam keluarga. Riwayat Vaksinasi = Vak. Tetanus : SUDAH, Vak. Hepatitis : N/A.
- * Fisik : TD : 100/70 mmHg (Normal). Gigi : Caries. Romberg Test : Negative. Mata : VODS KM : 20/30 (Normal), VF ODS : 85° (Normal). Test Buta Warna : Normal.
- * Lab = Darah Lengkap (Hematology) : Dalam batas normal. Urine : Dalam batas normal. Faeces Lengkap : Dalam batas normal.
- * Lab = Kimia Darah : Trigliserida 182 mg/dl (Meningkat). Immunologi = HBs Ag : Negatif.
- * Rekam Jantung (EKG) = Normal sinus rhythm. Treadmill Test = Negative Ischemic Response, 12 Mets (Normal). Rontgen Dada (Thorax) = Normal.
- * USG Abdomen = Tidak ada kelainan significant pada organ abdominal. Audiometri = Fungsi pendengaran dalam batas normal.
- * Faktor Resiko Jantung Koroner berdasarkan Jakarta Cardiovascular Score = 3 -> Moderate Risk (CV10 = 10-20 %)

STATUS KESEHATAN :

Kategori	CATATAN
<input type="checkbox"/>	M-1A Tidak ditemukan problem kesehatan
<input type="checkbox"/>	M-1B Ditemukan problem kesehatan yang tidak serius
<input checked="" type="checkbox"/>	M-2 Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko rendah.
<input type="checkbox"/>	M-3A Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko sedang
<input type="checkbox"/>	M-3B Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko tinggi
<input type="checkbox"/>	M-4 Ditemukan keterbatasan fisik untuk melakukan pekerjaan secara normal, hanya cocok untuk pekerjaan ringan.
<input type="checkbox"/>	M-5 Dalam perawatan di rumah sakit atau dalam kondisi yang tidak memungkinkan untuk melakukan pekerjaan (status ijin sakit).

KESIMPULAN :

- | | |
|--|---------------------------|
| <input checked="" type="checkbox"/> FIT | Sebagai : Asst. Inspector |
| <input type="checkbox"/> UNFIT | Di : Schlumberger |
| <input type="checkbox"/> TEMPORARY UNFIT | |



SARAN - SARAN :

- * Pertahankan Berat Badan IDEAL, perhatikan batasan normal Berat Badan.
- * Hentikan SEGERA kebiasaan merokok, Pelajari EFEK BURUK merokok jangka panjang.
- * Diet RENDAH LEMAK; Batasi Makan GORENGAN; Lakukan pemeriksaan laboratorium LEMAK DARAH 3 bulan kemudian.
- * Konsul ke dokter bila timbul keluhan kesehatan. Banyak minum air putih 2-3 liter/hari. Lakukan perawatan gigi ke dokter GIGI.
- * OLAHRAGA secara teratur dan terukur untuk menjaga kesehatan JANTUNG dan KEBUGARAN tubuh.
- * -

Bila masih ada hal yang perlu diperjelas, mohon segera menghubungi dokter pemeriksa di 0542-7214552, 0821 5721 3030, 0852 4998 3158.
Terima kasih atas kerjasamanya.

Catatan :

* Status Medical Check Up ini berlaku sampai dengan tanggal :

14/09/2022

Mengetahui :

dr.

Hormat Kami,
Dokter Pemeriksa,



dr. Hendra AZ.

No. SKP : KEP.350/BINWASK3-PNK3/KK/X/2017



Patient Data

ID Number :	5043/GMI-MCU/IX/2021	Company :	PT. INSPEKTINDO SINERGI PERSADA
Name :	TRI TANTO, Tn.	Occupation :	Asst. Inspector
Gender :	Laki-Laki	Test Date :	14/09/2021
DOB / Age :	23/03/1982 / 39 Yo.	BMI :	18,87
Height (cm)	166	Weight (kg) :	52

Jakarta Cardiovascular Risk Table

Risk Factor		Score	Result	Poin
Sex	Female	0	Male	1
	Male	1		
Age	25-34	-4	39	-3
	35-39	-3		
	40-44	-2		
	45-49	0		
	50-54	1		
	55-59	2		
	60-64	3		
	Normal	0		
Blood Pressure	High Normal	1	100/70	0
	Grade 1 Hypertension	2		
	Grade 2 Hypertension	3		
	Grade 3 Hypertension	4		
BMI (Kg/m2)	13,79 - 25,99	0	18,87	0
	26,00 - 29,99	1		
	30,00 - 35,58	2		
Smoke	Never	0	Smoker	4
	Ex Smoker	3		
	Smoker	4		
Diabetes Mellitus	No	0	No	0
	Yes	2		
Physical Exercise/Activity	No	2	Low	1
	Low	1		
	Medium	0		
	High	-3		
Total Point				3

Determine the 10-year CVD risk (%)		
Total Points	10-year CVD risk (%)	
-4	Low Risk	<1
-3	Low Risk	2,6
-2	Low Risk	4,2
-1	Low Risk	5,8
0	Low Risk	7,4
1	Low Risk	9
2	Moderate Risk	10,0
3	Moderate Risk	13,1
4	Moderate Risk	17,2
5	High Risk	20,0
6	High Risk	21,2
7	High Risk	22,5
8	High Risk	23,7
9	High Risk	25
10	High Risk	26,2
11	High Risk	27,5
12	High Risk	28,7
13	High Risk	>30

Result
Estimated 10-year CVD Risk
13,1%
Risk Category
Moderate Risk

Advice

Patients with **HIGH RISK** scores should be counseled aggressively about social factors contributing to their risk (smoking, exercise, weight, diet, etc) and also managed with blood pressure and lipid evaluation.

References

Kusmana. Dede. The Jakarta Cardiovascular Score, A Modified Framingham Score, Is A Simple Method For Cardiovascular Risk Stratification In Developing Countries. 21st Scientific Meeting of the International Society of Hypertension, 2006; 201.



HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.
(Lab. Number) : 5043 /GMI-MCU/IX/2021

Dokter Konsulen
dr. Novita Indayani, Sp. PK

Data Pasien (Patient Detail)

Nama <i>(Name)</i>	: TRI TANTO, Ta.	/ Laki-Laki	Umur <i>(Age)</i>	: 39 Tahun <i>(Years old)</i>
Pekerjaan <i>(Job Position)</i>	: ASST. INSPECTOR		Dokter <i>(Doctor)</i>	: Dr. Hendra AZ
Perusahaan <i>(Company)</i>	: PT. INSPEKTINDO SINERGI PERSADA		Tgl Pemeriksaan <i>(Date of Analysis)</i>	: 14 September 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
HEMATOLOGI			
HEMATOLOGI RUTIN			
Hemoglobine (Hgb)	15,3	Laki-laki dewasa : 13,0-18,0 Perempuan dewasa : 12,0-16,0	g/dL
Hematocrit (Hct)	45,0	Laki-laki dewasa : 40,0 - 50,0 Perempuan dewasa : 35,0-45,0	%
Erythrocyt (RBC)	4,8	Laki-laki dewasa : 4,4-5,6 Perempuan dewasa : 3,8-5,5	10^6 sel/mm ³
Leucocyt (WBC)	7,8	Dewasa : 4,0 - 10,0	10^3 / μ L
Differential Count			
Basophile	0,1	0 - 2	%
Eosinophile	0,1	0 - 3	%
Neutrofil	54,5	50 - 70	%
Lymphocyte	35,6	20 - 40	%
Monocyte	9,2	3 - 12	%
MCV	93	80 - 100	fL
MCH	31	27 - 34	pg/cell
MCHC	35	32 - 36	g/dL
RDW- CV	12,6	11 - 16	%
RDW-SD	41,9	35 - 56	fL
Thrombocyt	349	140 - 440	10^3 /mm ³
KIMIA KLINIK			
METABOLISME GLUKOSA/DIABETES			
Glucose Fasting	95	Normal : 70 - 110	mg/dL
Glucose 2h pp	110	Normal : < 140 Gangguan toleransi glukosa : 140 - 199 Diabetes melitus : > 200	mg/dL
PROFIL LEMAK			
Cholesterol total	179	Yang diinginkan : < 200 Batas tinggi : 200 - 240 Tinggi : >= 240	mg/dL
Triglycerides	182	Normal : < 150 Batas tinggi : 150 - 199 Tinggi : 200 - 499 Sangat tinggi : >= 500	mg/dL
HDL Cholesterol	55	Rendah : < 40 Tinggi : >= 50	mg/dL





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.
(Lab. Number) : 5043 /GMI-MCU/DX/2021

Dokter Konsulen
dr. Novita Indayani, Sp. PK

Data Pasien (Patient Detail)

Nama (Name)	: TRI TANTO, Tr.	/ Laki-Laki	Umur (Age)	: 39	Tahun (Years old)
Pekerjaan (Job Position)	: ASST. INSPECTOR			Dokter (Doctor)	: Dr. Hendra AZ
Perusahaan (Company)	: PT. INSPEKTINDO SINERGI PERSADA			Tgl Pemeriksaan (Date of Analysis)	: 14 September 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
LDL Cholesterol	88	Optimal : < 100 Mendekati optimal : 100 - 129 Batas tinggi : 130 - 159 Tinggi : 160 - 189 Sangat tinggi : > 190	mg/dL
Rasio LDL/HDL	1,6	CARDIO RISK INDEX (CRI) < 3 : Low risk 3 - 5 : Moderate risk > 5 : High risk	
FUNGSI HATI			
SGOT / AST	36	0 - 37	U/L
SGPT / ALT	38	0 - 40	U/L
Gamma GT	36	11 - 51	U/L
FUNGSI GINJAL			
Uric Acid	3,7	Laki-laki dewasa : 3,5 - 7,2 Perempuan dewasa : 2,6 - 6,0	mg/dL
Creatininine	0,9	0,8 - 1,4	mg/dL
Ureum	10	10 - 50	mg/dL
IMMUNOLOGI			
HEPATITIS			
HBs Ag	Negatif	Negatif	
URINALUSA			
MAKROSKOPIS URIN			
Warna	Kuning		
Kejernihan	Jernih		
KIMIA			
Berat jenis	1,025	Normal : 1,003 - 1,035	
pH	7,0	Normal : 4,5 - 8	
Protein	Negatif	Normal : < 7,5 (Negatif)	mg/dL
Glucose	Negatif	Normal : < 0,018 (Negatif)	mg/dL
Leukosit esterase	Negatif	Normal : < 9 (Negatif)	Leu/ μ L
Ketone	Negatif	Normal : < 2,5 (Negatif)	mg/dL
Urobilin	Negatif	Normal : < 0,2 (Negatif)	mg/dL
Bilirubin	Negatif	Normal : < 0,4 (Negatif)	mg/dL
Nitrite	Negatif	Normal : < 0,05 (Negatif)	mg/dL
Blood	Negatif	Normal : 1< 0,018 (Negatif)	mg/dL
MIKROSKOPIS URIN			
Epithel	2-3		
WBC	1-2		





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.
(Lab. Number) : 5043 /GMI-MCU/IX/2021

Dokter Konsulen
dr. Novita Indayani, Sp. PK

Data Pasien (Patient Detail)

<u>Nama</u> (Name)	: TRI TANTO, Tr.	/ Laki-Laki	<u>Umur</u> (Age)	: 39 Tahun (Years old)
<u>Pekerjaan</u> (Job Position)	: ASST. INSPECTOR		<u>Dokter</u> (Doctor)	: Dr. Hendra AZ
<u>Perusahaan</u> (Company)	: PT. INSPEKTINDO SINERGI PERSADA		<u>Tgl Pemeriksaan</u> (Date of Analysis)	: 14 September 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
RBC	1-2		
Cast	Negatif		
Crystal	Negatif		
Bakterie	Negatif		
Others	Negatif		
FAECES			
FAECES RUTIN			
MAKROSKOPIS			
Warna	Kecoklatan		
Konsistensi	Lunak		
Darah	Negatif	Negatif	
Lendir	Negatif	Negatif	
MIKROSKOPIS			
Leukosit	Negatif	Negatif	
Eritrosit	Negatif	Negatif	
Telur cacing	Negatif	Negatif	
Amoeba	Negatif	Negatif	
Lainnya	Negatif	Negatif	

Tanggal pengambilan sampel : 14 September 2021

Penanggung Jawab
Laboratorium,


Dr. Hendra Agus Z
GRAND Medica

Analis Laboratorium

Syamsiar Am. Ak





Nomor Pasien
(Patient Number)

Nomor Film
(Film Number)

: 5043

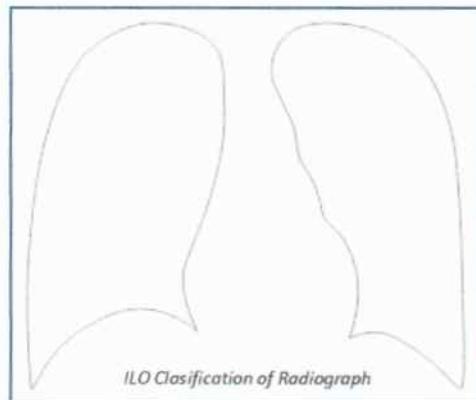
Data Pasien (Patient Detail)

Nama
(Name) : TRI TANTO, Tn.
Umur
(Age) : 39 Tahun
(years old)
Jenis Kelamin
(Gender) : Male

Perusahaan
(Company) : PT. INSPEKTINDO SINERGI PERSADA
Pekerjaan
(Occupation) : ASST. INSPECTOR
Tgl Pemeriksaan
(Date of Analysis) : 14 September 2021

Rincian Pemeriksaan (Examination Detail)

Jenis Pemeriksaan
(Type of Examination) : Foto thorax
Posisi Penyinaran
(Exposure Position) : PA
Kondisi Penyinaran
(Exposure Condition) : kV : 58
mAs : 0,30



ILO Classification of Radiograph

Interpretasi Foto Thorak oleh Spesialis Radiologi
(Chest X-ray Interpretation by the Radiologist)

Penjelasan Keadaan Abnormal
(Comment on Abnormalities)

1. Kelainan Tulang dan/atau Jaringan Lunak?
(Skeleton and/or Soft Tissue Abnormalities)
2. Kelainan Bayangan Jantung?
(Abnormal heart shadows)
3. Kelainan Hilus dan/atau Kelenjar Limfa?
(Abnormal hilar and/or lymphatic gland)
4. Kelainan Diafragma dan Sudut Costophrenic?
(Abnormal Diaphragms and Costophrenic angles)
5. Kelainan Paru-paru?
(Abnormal Lung Fields)
6. Gambaran Lainnya dari Lesi TBC?
(Any evidence of tubercular lesions)
7. Gambaran Abnormal Lainnya?
(Detail of Other Abnormalities)

<input type="radio"/> No	Yes →	
<input type="radio"/> No	Yes →	
<input type="radio"/> No	Yes →	
<input type="radio"/> No	Yes →	
<input type="radio"/> No	Yes →	
<input type="radio"/> No	Yes →	
<input type="radio"/> No	Yes →	

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Foto thorax Normal

dr. ABDUL HARIS, Sp.Rad
Spesialis Radiologi

Allengers
Passion for excellence



Nomor Pasien
(Patient Number) : 5043

Pemeriksaan
Examination : **USG WHOLE ABDOMEN**

Data Pasien (Patient Detail)

<u>Nama</u> (Name)	: TRI TANTO, Tn.	<u>Perusahaan</u> (Company)	: PT. INSPEKTINDO SINERGI PERSADA	
<u>Umur</u> (Age)	: 39	<u>Tahun</u> (Years old)	<u>Pekerjaan</u> (Occupation)	: ASST.INSPECTOR
<u>Jenis Kelamin</u> (Gender)	: Laki-Laki		<u>Tgl Pemeriksaan</u> (Date of Analysis)	: 14/09/2021

Interpretasi Foto oleh Spesialis Radiologi
(*Interpretation by the Radiologist*)

USG Abdomen:

Liver : Bentuk , ukuran normal, echoparenkim superficialis meningkat, bile duct normal ,tidak ada fokal noduler .

GB : Dinding normal, tidak tampak batu .

Pancreas : Normal

Lien : normal

Kidney dextra - sinistra : Bentuk, ukuran dalam batas normal, tidak tampak batu maupun massa, sistem pelvocalyceal normal.

Bladder : Dinding normal, batu (-)

Prostat : normal

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Tidak tampak kelainan significans pada USG abdomen ini


dr. ABDUL HARIS, Sp.Rad
(Radiologist signature)
Spesialis Radiologi

Grand
MEDICA INDONESIA

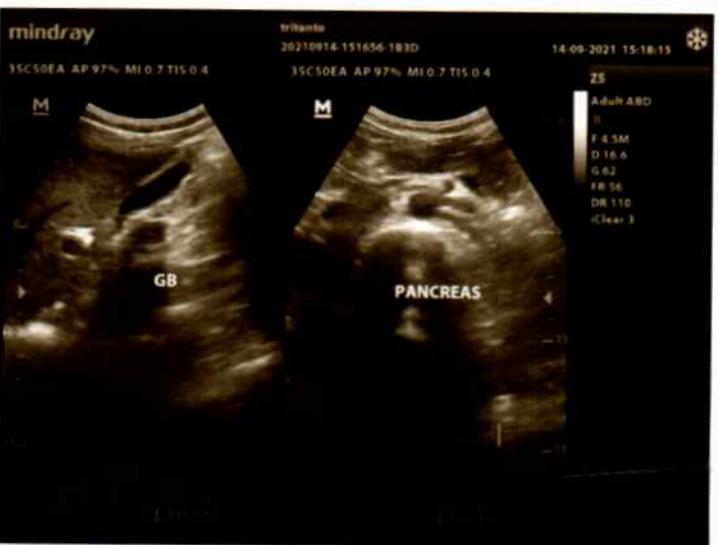
mindray
ULTRASOUND



<u>Nomor Pasien (Patient Number)</u>	: 5043
<u>Data Pasien (Patient Detail)</u>	
<u>Nama (Name)</u>	: TRI TANTO, Tri.
<u>Umur (Age)</u>	: 39 <u>Tahun (Years old)</u>



<u>Tgl Pemeriksaan (Date of Analysis)</u>	: 14/09/2021
<u>Perusahaan: (Company)</u>	
<u>Pekerjaan (Occupation)</u>	: PT. INSPEKTINDO SINERGI PERSADA
<u>Asst. ASST.INSPECTOR</u>	



<u>Pemeriksaan Examination</u>	: ASST.INSPECTOR
<u>Perusahaan: (Company)</u>	

Patient Data

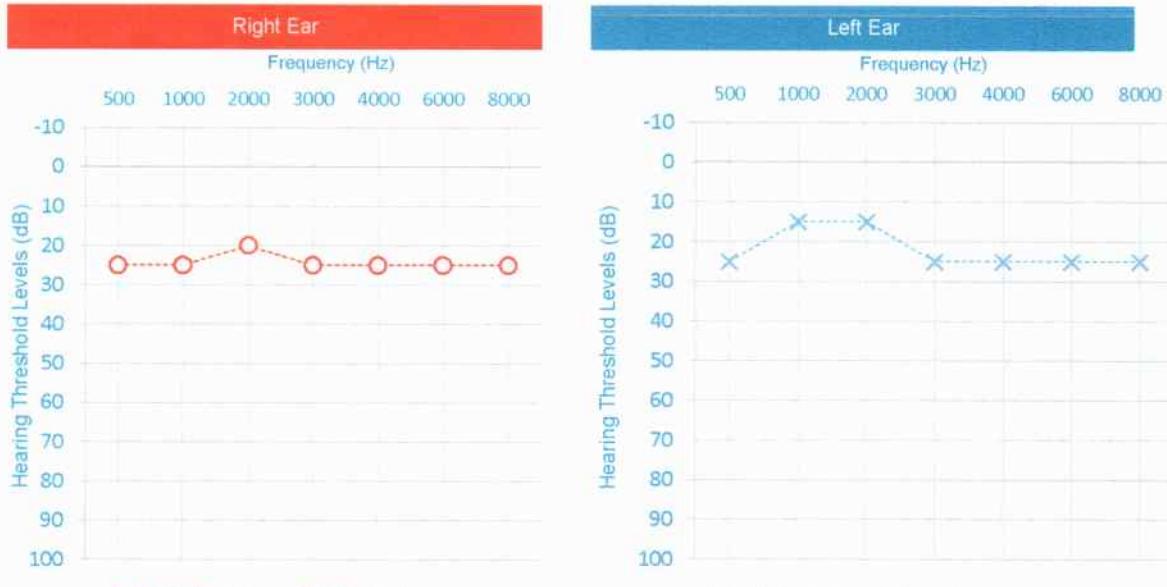
ID Number	5043	Gender	Laki-laki
First Name	TRI	Occupation	Asst. Inspector
Last Name	TANTO	Company	PT. Inspektindo Sinergi Persada
Age	39 Yo.	Test Date	14 September 2021

Occupational Noise Exposure

	Type of work	Period of work	Hearing Protection Worn:
Present	Asst. Inspector	-	No
Previous	1) - 2) -	-	-
Military Services	-	-	-

Test Detail

Test Location	<input checked="" type="checkbox"/> Sound Booth	<input type="checkbox"/> Other	Hours Away from Noise
Technician	Eka Wanda A.Md. Kep		<input type="checkbox"/> < 14 hours <input type="checkbox"/> 14 - 24 hours <input type="checkbox"/> > 24 hours


Right Ear Observation and Test Result

Canal	Normal							HTL	Canal	Normal							HTL
Ear Drum	Normal							RIGHT	Ear Drum	Normal							LEFT
Conduction	Frequency (Hz)							EAR	Conduction	Frequency (Hz)							EAR
	500	1000	2000	3000	4000	6000	8000			500	1000	2000	3000	4000	6000	8000	
Air	25	25	20	25	25	25	25	23,3	Air	25	15	15	25	25	25	25	21,7
Bone								29,2	Bone								0,0

Conclusion / Medical Report

Right Ear : Fungsi pendengaran dalam batas normal.
 Left Ear : Fungsi pendengaran dalam batas normal.

Signature


 Instrument used
 SIBEL SOUND 427

 Standard
 OSHA


Patient Data

ID Number	5043	Company	PT. Inspektindo Sinergi
Name	TRI TANTO, Tn	Occupation	Asst. Inspector
Gender	Male	Test Date	14 September 2021
DOB / Age	23 Maret 1982	/ 39 Yo.	
Height (cm)	166	Weight (kg)	52
		BMI	18,87

Pre-exercise Test

Indication	Medical Check Up	
Pre-exercise BP	100/70	mmHg
Heart Rate	62	bpm
Respiration	16	x/mnt
Resting ECG	NCF	

Exercise Test Summary

Exercise Time	12:11	mm:ss	End Stage	4
Max Heart Rate	158	bpm	Target Heart Rate	154 bpm
Max Blood Pressure	110/70	mmHg	Max Heart Rate	102,6 %
Aerobic Capacity	12	METs.	VO2 Max	43,20 ml/kg/min

Reason Of End

- Fatigue Dyspnoe Angina Dizziness
 ST-T segment changes Maximum HR reach

ST- T segment changes

- No changes ST-segment depression 0,5 - 1 mm
 Upsloping Significant changes (ST-segment depression > 1 mm)

Abnormal Lead :
Classification of Physical Fitness

- Low Fair Average Good High

Blood Pressure Response

- Normal Response Hypertensive Response

Functional Classification

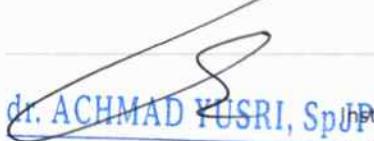
- Clas I Clas II Clas III

Conclusion / Medical Report

*Negative Ischemic Response
 fit to work at Remote Area*

Recommendation :

Cardiologist Signature



dr. ACHMAD YUSRI, Sp.JP. Instrument Used

SPESIALIS JANTUNG DAN PEMBULUH DARAH CONTEC 8000S S/N 140203027

14-09-2021 09:37:47

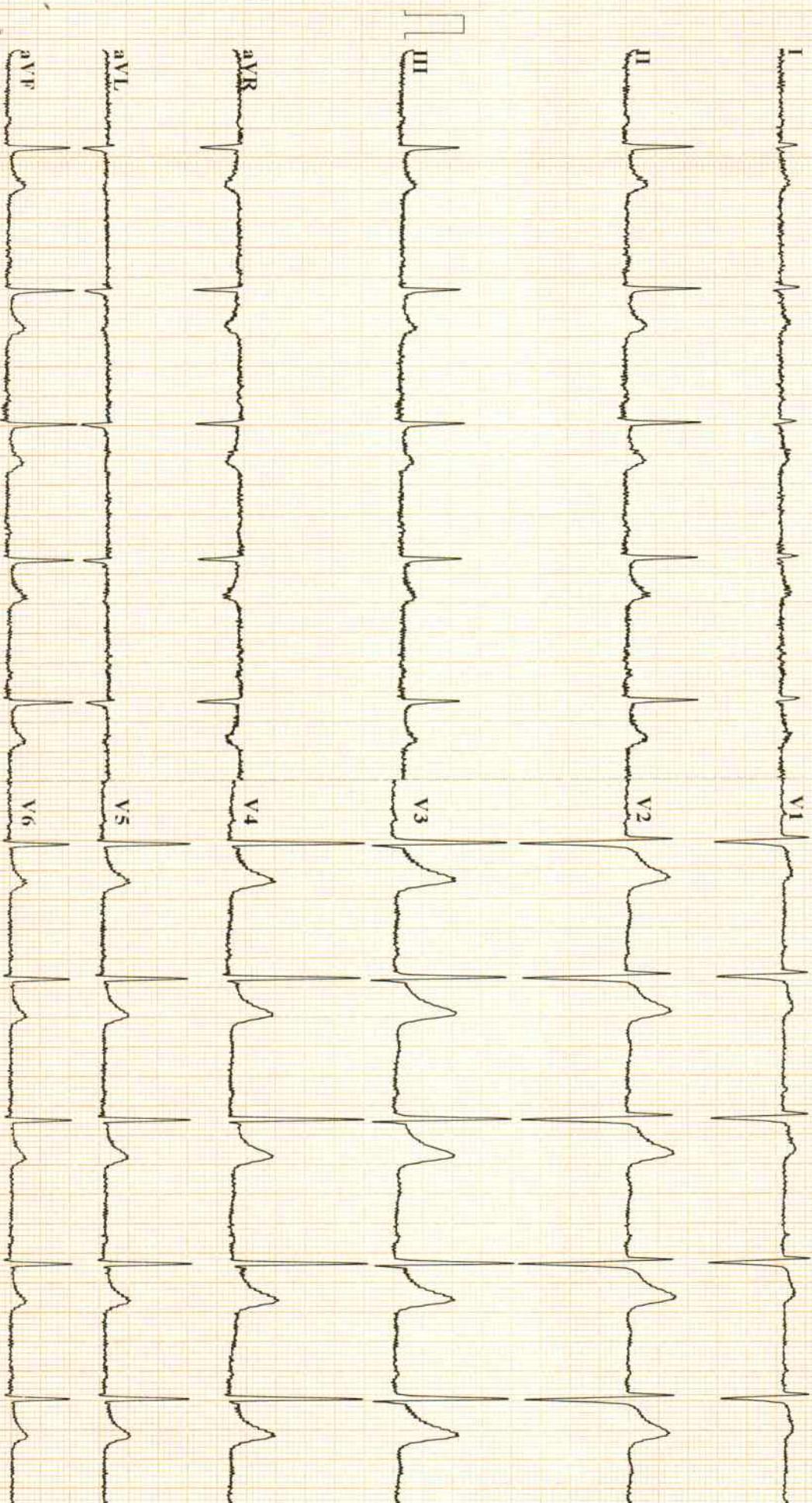
ID : 5043
Name : Tri Tanto
Age : 39 Years
Department: PT. Inspektindo Gender : Male

HR : 62 BPM
P Dur : 102 ms
PR int : 190 ms
QRS Dur : 82 ms
QT/QTC int : 383/392 ms
P/QRST axis : 62.82/69 °
RV5/SV1 amp : 1.55/1.235 mV
RV5+SV1 amp : 2.786 mV
RV6/SV2 amp : 1.07/1.881 mV

Diagnosis Information:
800: Sinus Rhythm
Normal ECG
N&P

Technician : Rinda A.Md.Kep
Report Confirmed by:

dr. ACHMAD HUFI, SpJP
SPESIALIS JANTUNG DAN PENIBULUH DARAH



Grand Medica Indonesia Stress Exercise Report

ID:5043

Section:

Name:Tri Tanto

Sex:Male

Age:39

Exam Time:14-09-2021 09:56

DOB:1982-03-23

Height:166.00 cm

Race:Oriental Race

Weight:52.00 kg

Indications:MCU

Medications:

 Smoking Hypertension

Address:

Telephone:

Name:Tri Tanto

Sex:Male

Age:39

Exam Time:14-09-2021 09:56

Information

Reason for End :

Stage	Name	HR(bpm)	BP(mmHg)	Summary	Protocol Name:	Target HR:	HR:	Max Values	ST Segment
PRE-EXE		77	100/70		BRIUCE		158	bpm	10:10
EXE1	93	100/70		Target HR:	154	bpm	102.6	%	0.53 mV
EXE2	110	---	---	Exercise Time:	12:11	mm:ss	METs:	09:30	Max Depression: -0.31 mV
EXE3	149	---	---	Max Speed:	6.8	km/h	HR*BP:		09:20
EXE4	141	---	---	Max Grade:	16.0	%	SYS:	13140.0 bpm*mmHg	Max Elevation Change: 0.30 mV
REC1	124	110/70		Exceed +/-100uV Leads:			DIA:	110.0 mmHg	09:20 aVR
				I II III aVL aVR aVF				11:06 -0.47 mV	
				V2 V3 V4 V5 V6				00:03 09:20	
				DUKE Score:	---				

Total Beats:	1378	Arrhythmia	Abnormal Beats:	73	Reason for End :
Total V:	46		Total S:	26	
V Pairs:	0		S Pairs:	0	
V Run:	0		S Run:	0	
V bigeminal:	0		S bigeminal:	0	
V trigeminal:	0		S trigeminal:	0	
Total Long:	1				

Conclusions:

Negative exercise response



dr. AQHAMAD YUSRI, SpJP
SPESIALIS JANTUNG DAN PEMBULUH DARAH

Operator:

Reviewing Physician:

Grand Medica Indonesia Stress Exercise Report

ID:5043

Section:

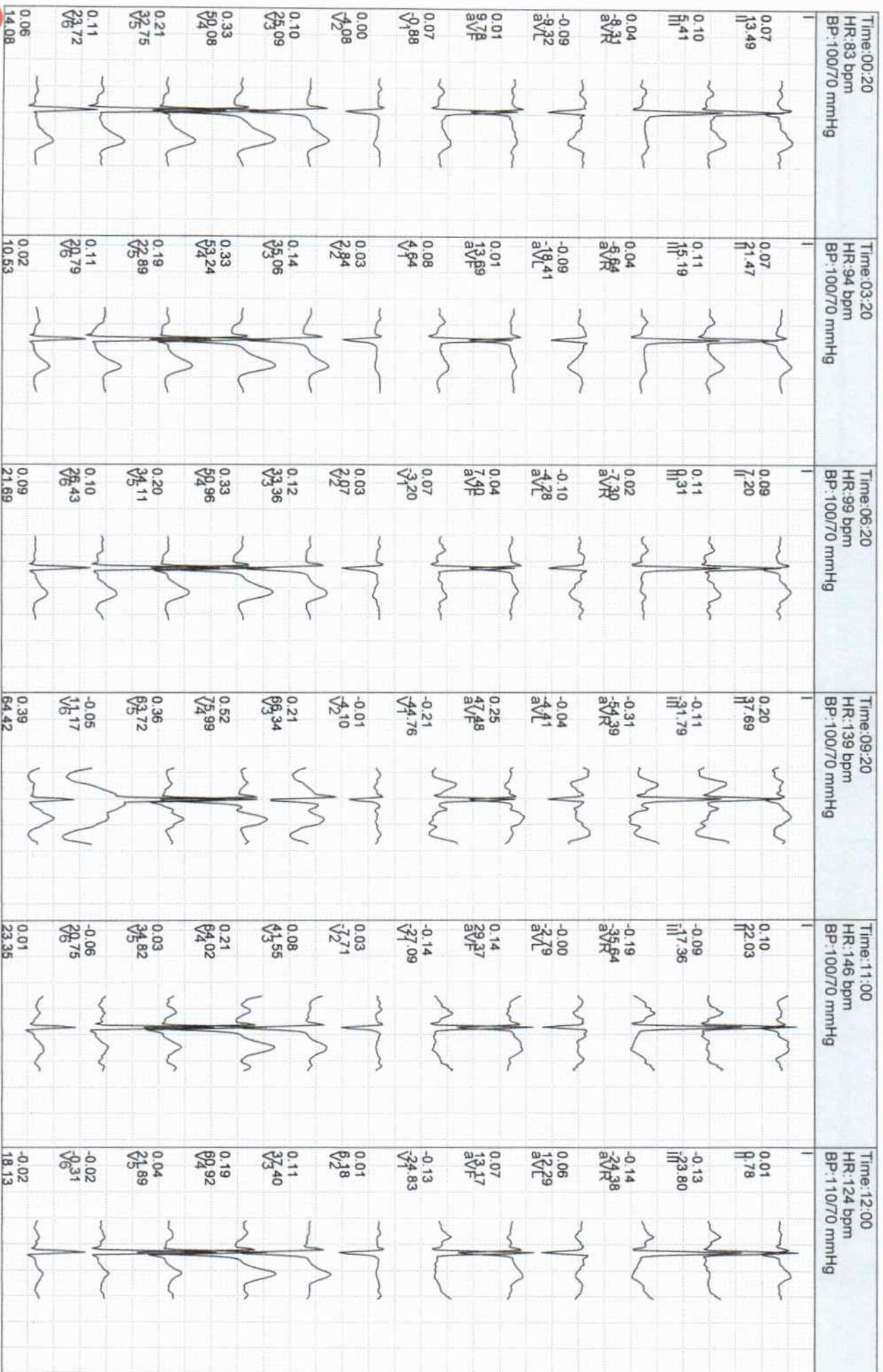
Name:Tri Tanto

Sex:Male

Age:39

Exam Time:14-09-2021 09:56

Average QRS



Grand Medica Indonesia Stress Exercise Report

ID:5043

Section:

Name:Tri Tanto

Sex:Male

Age:39

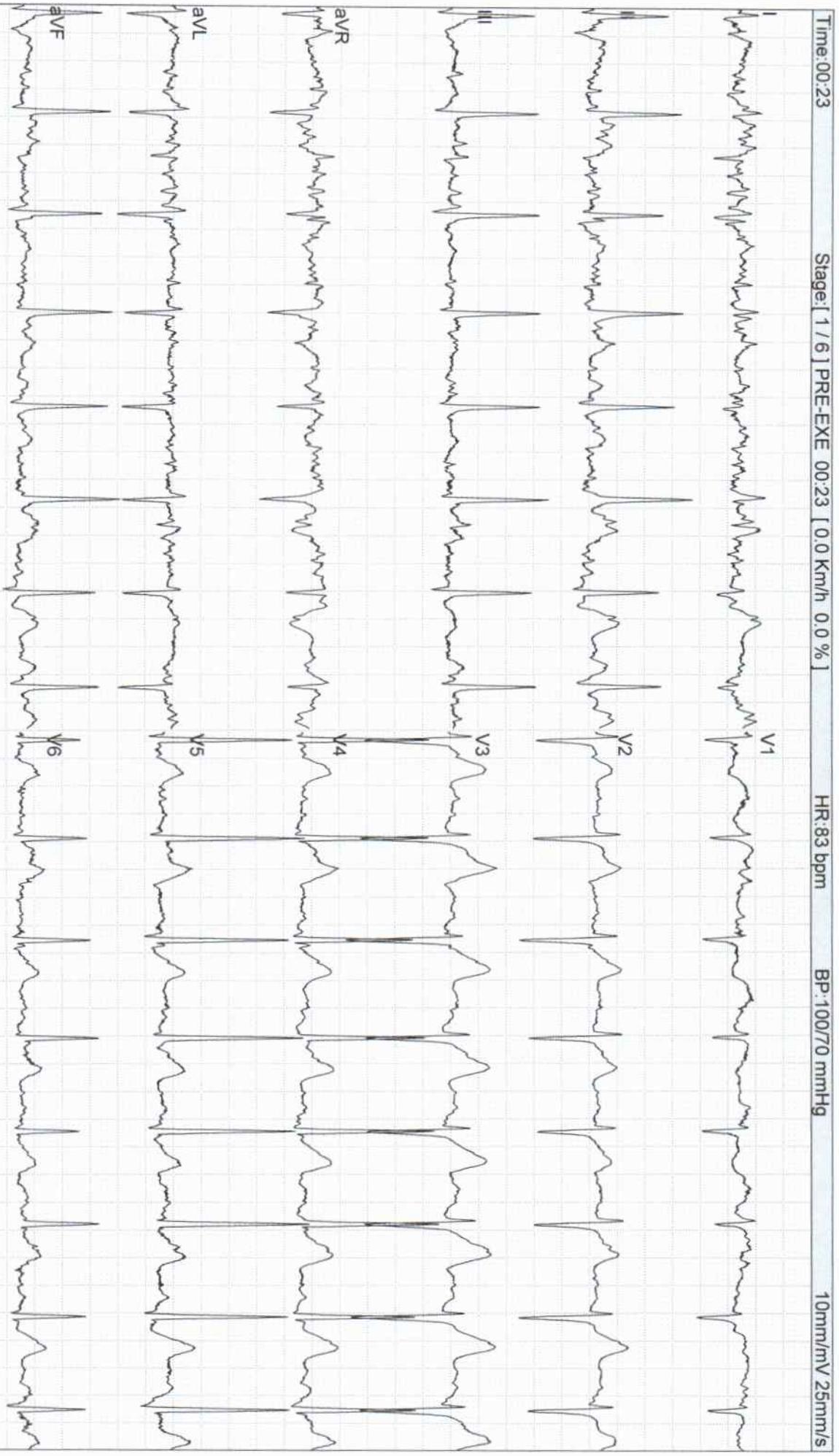
Time:00:23

Stage:[1 / 6] PRE-EXE 00:23 [0.0 Km/h 0.0 %]

HR:83 bpm

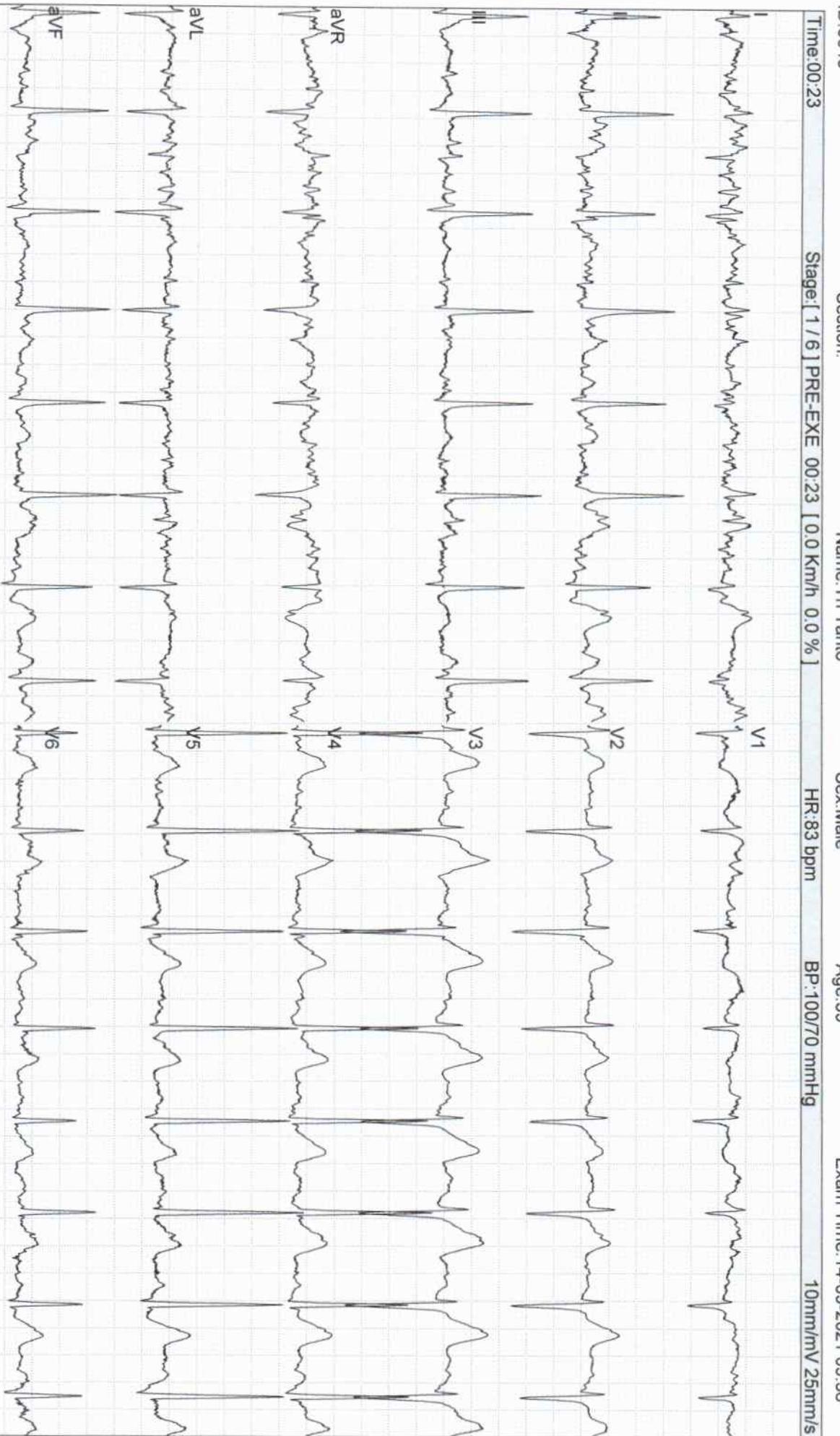
Exam Time:14-09-2021 09:56

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips



ID:5043

Time:00:23

Stage[1 / 6] PRE-EXE 00:23 [0.0 Km/h 0.0 %]

HR:83 bpm

BP:100/70 mmHg

10mm/mV 25mm/s

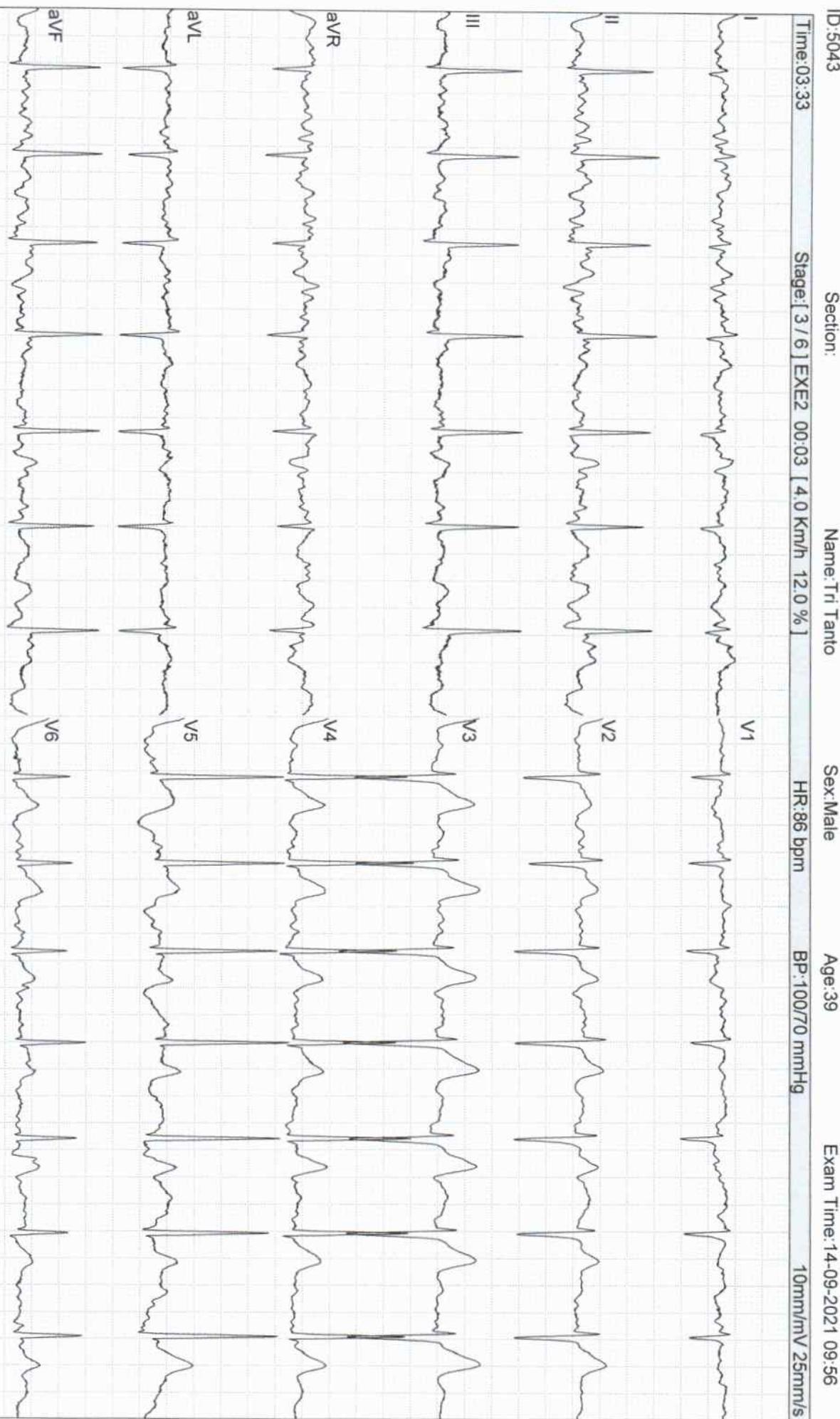
Name:Tri Tanto Sex:Male Age:39 Exam Time:14-09-2021 09:56

Section:

Name:Tri Tanto Sex:Male Age:39 Exam Time:14-09-2021 09:56

Grand Medica Indonesia Stress Exercise Report

ECG Strips



ID:5043

Section:

Name:Tri Tanto

Sex:Male

Age:39

Exam Time:14-09-2021 09:56

Time:03:33

Stage[3 / 6] EXE2 00:03 [4.0 Km/h 12.0 %]

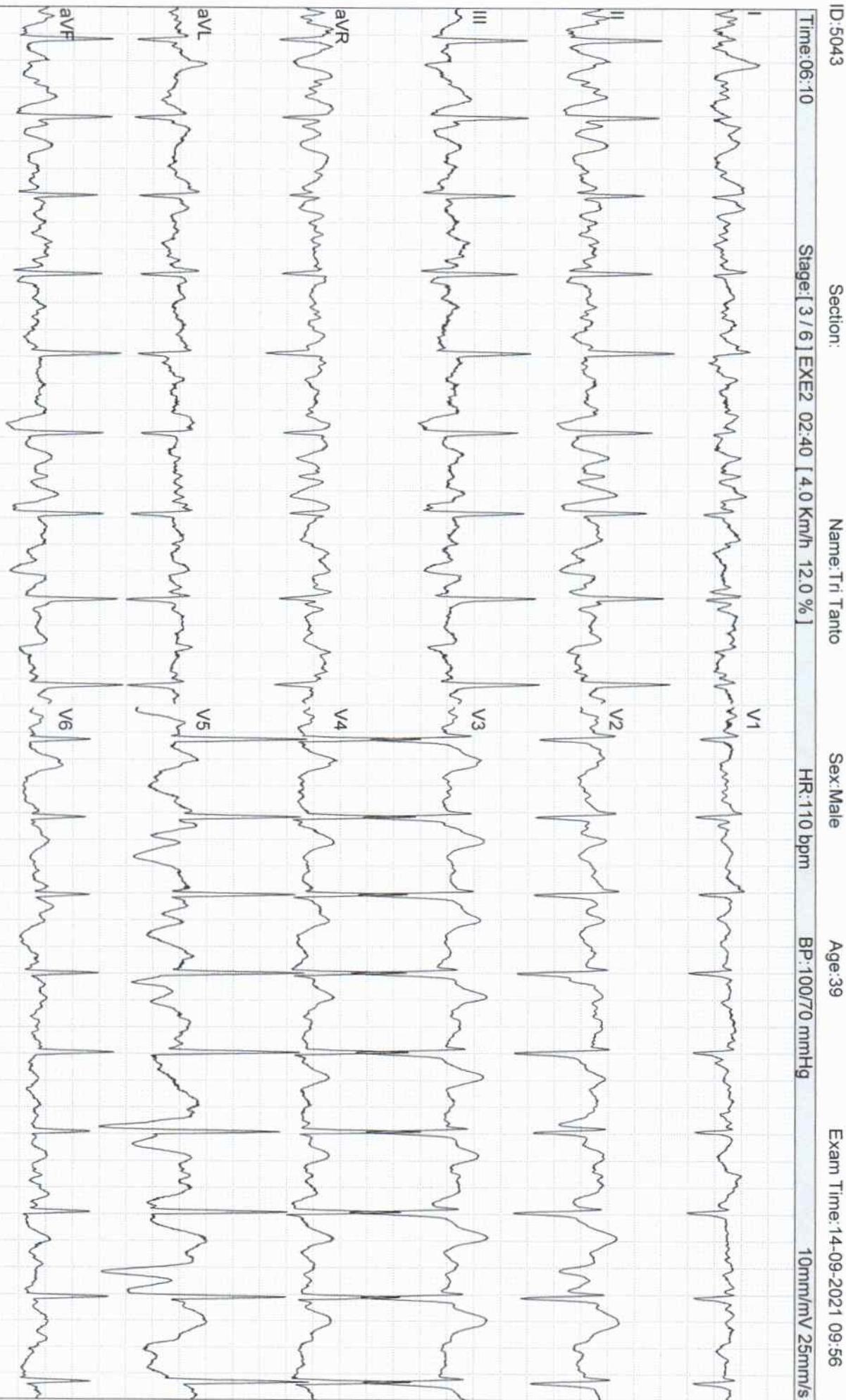
HR:86 bpm

BP:100/70 mmHg

10mm/mV 25mm/s

Grand Medica Indonesia Stress Exercise Report

ECG Strips



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID:5043

Time:09:13

Stage:[4 / 6] EXE3 02:43 [5.5 Km/h 14.0 %]

HR:149 bpm

Exam Time:14-09-2021 09:56

BP:100/70 mmHg

10mm/mV 25mm/s

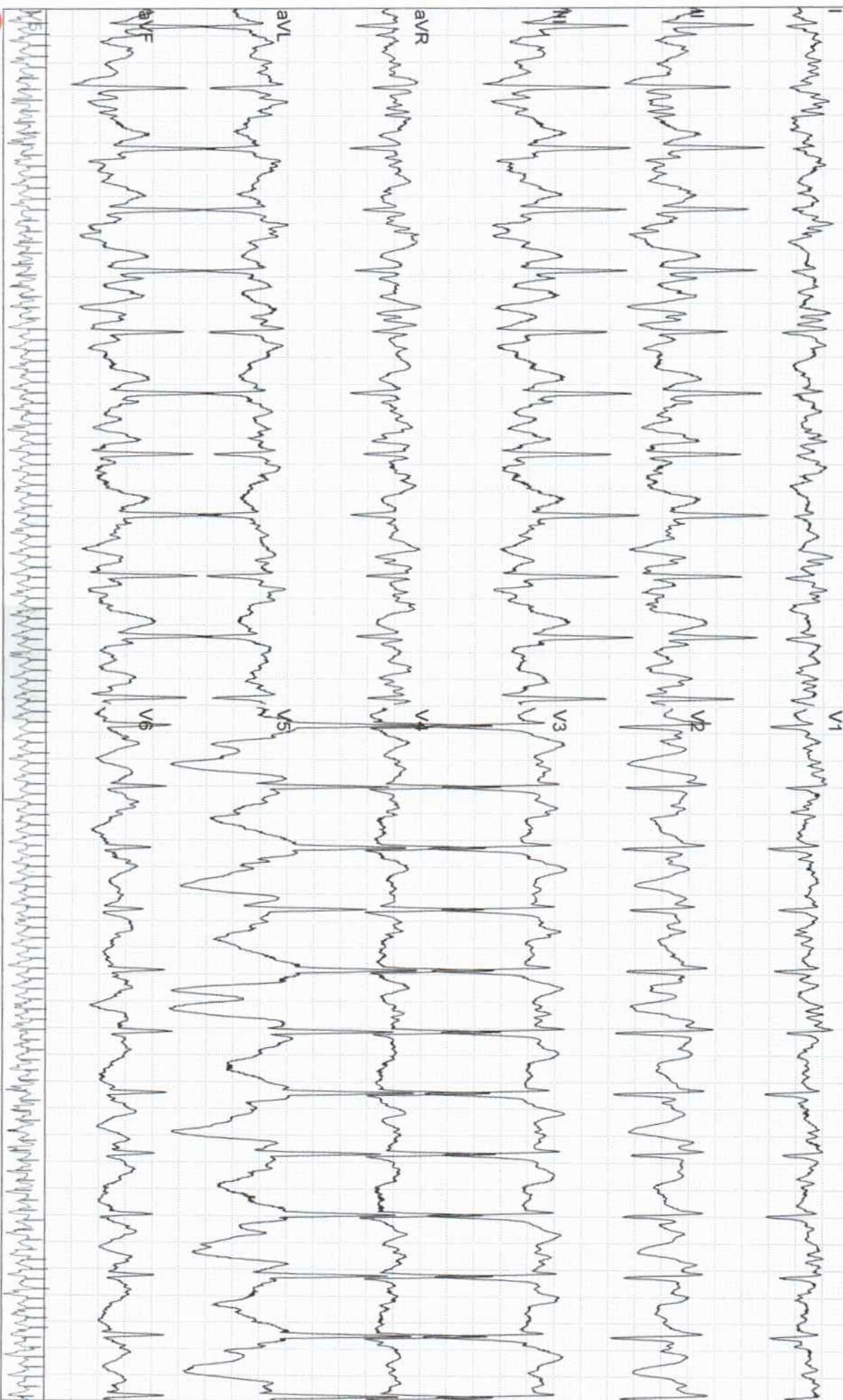
Section:

Name:Tri Tanto

Sex:Male

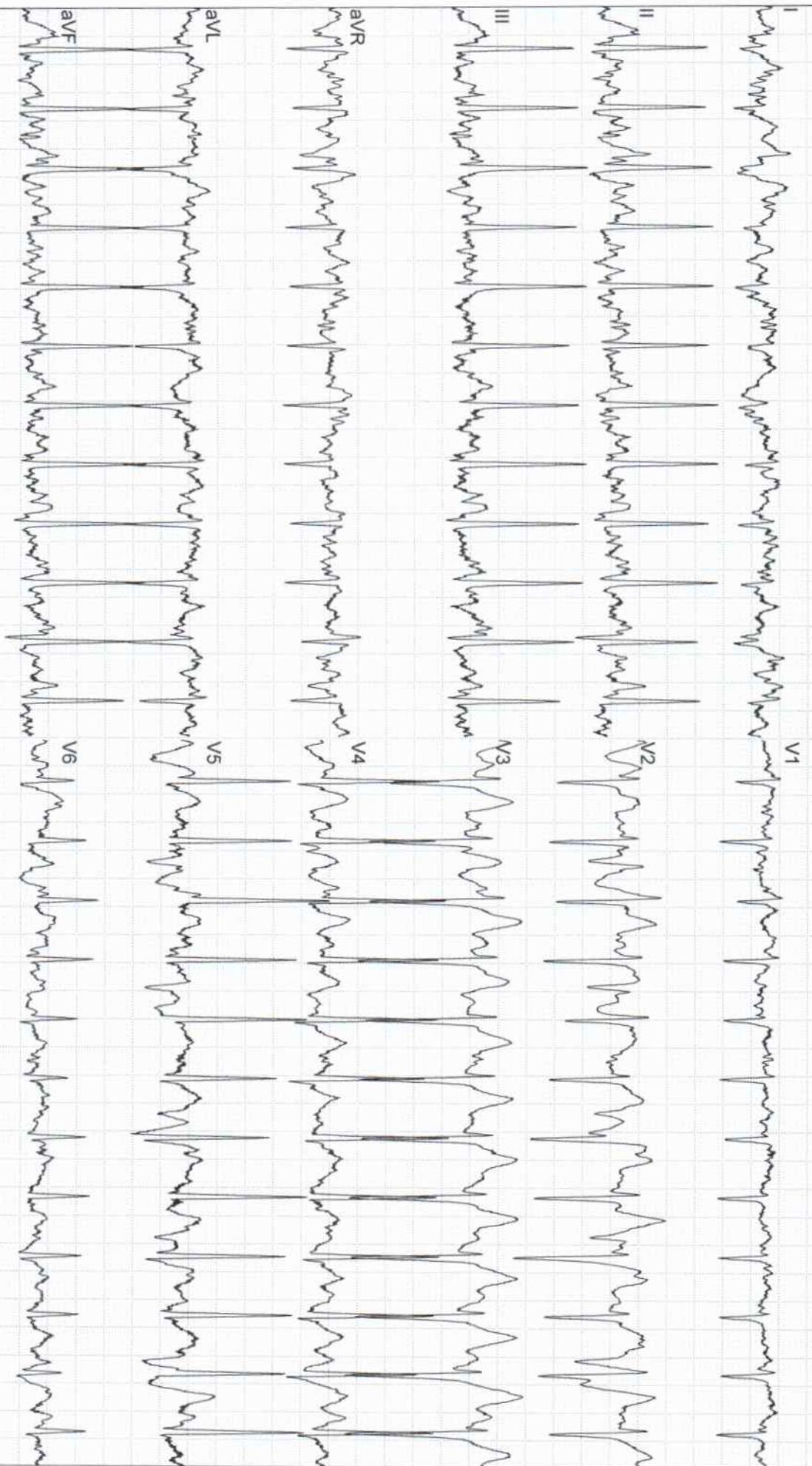
Age:39

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips



ID:5043

Time:10:56

Section:

Name:Tri Tanto

Sex:Male

Age:39

Exam Time:14-09-2021 09:56

Stage:[5 / 6] EXE4 01:26 [6.8 Km/h 16.0 %]

HR:141 bpm

BP:100/70 mmHg

10mm/mV 25mm/s