

PERSONAL DATA

No. MCU	:	8170/GMI-MCU/XII/2021
No. Badge	:	-
Nama	:	MUHAMMAD ANNUR RAHMAN, Tn.
Umur	:	30 tahun
Perusahaan	:	PT. INSPEKTINDO SINERGI PERSADA
Jabatan	:	Asst. Inspector
Tgl Pemeriksaan	:	29/12/2021
Alamat	:	Jl. Pasar, Gunung Tembak RT 17



8170
PT. INSPEKTINDO SINERGI PERSADA

HEALTH AND MEDICAL SURVEILLANCE TAHUN 2021



NAMA	:	Muhammad Annur Rahman
TANGGAL LAHIR	:	11 Maret 1991
JENIS KELAMIN	:	Laki-Laki
S/N	:	
IGG	:	
DEPT/SERVICE	:	Inspection & Testing
LOKASI KERJA	:	Schlumberger Pantai Pasir (Manggar)
JENIS PEMERIKSAAN	:	<input type="checkbox"/> Pre-employment <input checked="" type="checkbox"/> Annual <input type="checkbox"/> Pre-retirement

Medical Department

HEALTH SURVEILLANCE

Isilah formulir ini dengan sebenarnya dan lengkap-lengkapnya. Apabila ada hal-hal yang kurang dipahami segera hubungi dokter atau perawat.

IDENTITAS PEGAWAI

1. Posisi : Asst... Inspector.....
 2. Golongan Darah : A / B / AB / O Rhesus : + / -
 3. Status : (1) Belum kawin (2) Kawin (3) Janda (4) Duda (5) Cerai
 4. Jumlah anak : Anak laki-laki Orang, Anak Perempuan orang
 5. Alamat sekarang : Jl. pasar gunung tembak RT.17.....
 Telpon/HP 08/2.95.11.79.5.6
 6. No. Extension Telpon. : Kantor : 0.5.6.2.4.4.8.90! Kamar (untuk lapangan)

HANYA UNTUK CALON KARYAWAN : RIWAYAT PEKERJAAN

No.	Posisi	Lama Kerja	Perusahaan	Lama kerja dalam jam/hari					
				Minggu	Bulan	Thnbln	Harian	Ringan	Berat

HANYA UNTUK KARYAWAN : RIWAYAT PEKERJAAN

Tuliskan lama kerja pada masing-masing tempat kerja yang sesuai dengan posisi anda. Jumlah jam harus sesuai dengan lama kerja dalam sehari.

1. Office : jam/hari
 2. Warehouse : jam/hari
 3. Workshop : jam/hari
 4. Process area : jam/hari
 5. Well/Offshore : jam/hari

PETUNJUK PENGISIAN : ISILAH NOMOR YANG SESUAI DENGAN JAWABAN ANDA PADA KOTAK JAWABAN YANG TELAH TERSEDIA DI SAMPING KANAN. JANGAN MELINGKARI ATAU MENCORET PILIHAN JAWABAN

RIWAYAT KESEHATAN

1. Selama 1 tahun terakhir ini, apakah anda pernah sakit :

- | | | | |
|-------------------------|-------|----------|---------------------------------------|
| a. Tekanan darah tinggi | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> 2 |
| b. Tekanan darah rendah | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> 2 |
| c. Jantung | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> 2 |
| d. Stroke | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> 2 |
| e. Kencing Manis | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> 2 |

f. Timbul benjolan/tumor	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
g. Ayan / Gangguan syaraf	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
h. Asma	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
i. Batu ginjal	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
j. Alergi	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
k. Thypus	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
l. TBC	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
m. Malaria	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
n. Penyakit kelamin	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
o. Kuning / Hepatitis	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
p. Gangguan jiwa	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
q. Takut pada ketinggian	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
r. Mata	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
s. Hidung	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
t. Telinga	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
u. Gigi / mulut	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
v. Lambung	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
w. Wasir	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
x. Kulit	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
y. Sendi - sendi	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
z. Kandungan	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2

RIWAYAT KECELAKAAN KERJA DAN PERAWATAN DI RUMAH SAKIT

1. Dalam satu tahun terakhir apakah Anda pernah mengalami kecelakaan akibat kerja ? 1. Ya 2. Tidak 2
Bila tidak, langsung ke no. 6
2. Bila YA, berapa kali dalam setahun terakhir Anda mengalami kecelakaan ?
3. Apakah Anda perlu mendapatkan perawatan di rumah sakit karena kecelakaan tersebut ? 1. Ya 2. Tidak
4. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan akibat kecelakaan tersebut ?
5. Apakah timbul gangguan fungsi maupun kecacatan setelah sembuh ? 1. Ya 2. Tidak
6. Dalam satu tahun terakhir apakah Anda pernah dirawat di rumah sakit ? 1. Ya 2. Tidak 2
Bila tidak, langsung ke no. 8
7. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan dalam satu tahun terakhir ?
8. Apakah Anda menderita penyakit yang dikontrol terus menerus selama satu tahun terakhir ? 1. Ya 2. Tidak 2

KEBIASAAN MEROKOK

1. Apakah anda pernah merokok ? 1. Ya 2. Tidak
Bila tidak, lanjung ke alkohol
2. Sejak umur berapa Anda mulai merokok untuk pertama kalinya ?
25
3. Apakah saat ini Anda merokok ? 1. Ya, setiap hari 2. Ya, tidak setiap hari
3. Tidak - bila tidak lanjut ke no. 14
4. Berapa banyak rokok yang Anda isap setiap harinya ?
2
5. Jenis rokok apa yang Anda isap ? (DITULIS MEREK) 1. Kadar nikotin rendah
2. Kadar nikotin sedang
3. Kadar nikotin tinggi
6. Seberapa sering Anda menghisap dalam-dalam asap rokok ? 1. Tidak pernah 2. Kadang-kadang
3. Selalu
607
7. Berapa menit sehabis bangun tidur Anda mulai merokok ? 1. Ya 2. Tidak
2
8. Apakah Anda lebih banyak merokok dalam jam pertama di pagi hari ? 1. Ya 2. Tidak
2
9. Apakah sulit untuk tidak merokok di tempat yang dilarang merokok ? 1. Ya 2. Tidak
2
10. Apakah Anda tetap merokok di saat Anda sedang sakit ? 1. Ya 2. Tidak
2
11. Dalam satu hari, rokok manakah yang sulit di lewatkan ?
Dari no. 11 langsung ke pertanyaan alkohol 1. Rokok pertama di pagi
2. Rokok lainnya
12. Apakah anda ingin berhenti merokok ? 1. Ya 2. Tidak
1
13. Bila Ya, apakah Anda bersedia untuk mengikuti program Berhenti Merokok ? 1. Ya 2. Tidak
Langsung ke pertanyaan alkohol
14. Sudah berapa lama Anda berhenti merokok ? (tahun)

KONSUMSI ALKOHOL

1. Apakah Anda pernah minum minuman beralkohol ? 1. Ya 2. Tidak
Bila tidak, lanjutkan ke olahraga
2. Apakah Anda minum minuman beralkohol dalam 12 bulan terakhir ? 1. Ya 2. Tidak
Bila tidak, lanjutkan ke olahraga
3. Apakah Anda minum minuman beralkohol dalam 4 minggu terakhir ? 1. Ya 2. Tidak
Bila tidak, lanjutkan ke olahraga
4. Berapa kali Anda minum minuman beralkohol dalam sebulan ?
5. Berapa banyak minuman beralkohol yang Anda habiskan tiap kalinya ? (diperkirakan dalam satuan cc)

AKTIVITAS FISIK DAN OLAHRAGA

1. Berapa banyak waktu yang Anda habiskan untuk duduk setiap harinya ? (dalam menit, dan termasuk waktu yang dihabiskan untuk duduk di tempat kerja maupun di waktu luang)
60
2. Berapa kali Anda berolahraga dalam sebulan ?
20
3. Berapa lama waktu yang Anda habiskan untuk berolahraga tiap kalinya ? (dalam menit)

60
4. Bagaimana intensitas olahraga yang Anda lakukan ? 1. Ringan 4. Berat
2. Sedang 5. Sangat berat
3. Cukup berat

POLA KONSUMSI BAHAN MAKANAN

1. Berapa hari dalam seminggu biasanya Anda makan buah-buhan ?
2. Berapa hari dalam seminggu biasanya Anda makan sayur-sayuran ?

3
 5

RIWAYAT PENYAKIT KELUARGA

1. Apakah ada diantara Ayah/Ibu Anda menderita penyakit berikut
- | | | | |
|-------------------------|-------|----------|----------------------------|
| a. Tekanan darah tinggi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| b. Penyakit jantung | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| c. Stroke | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| d. Kencing manis | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| e. Kanker | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| f. Alergi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| g. Asma | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
2. Apakah ada saudara kandung Anda menderita penyakit berikut
- | | | | |
|-------------------------|-------|----------|----------------------------|
| a. Tekanan darah tinggi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| b. Penyakit jantung | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| c. Stroke | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| d. Kencing manis | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| e. Kanker | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| f. Alergi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| g. Asma | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
3. Di antara Ayah/Ibu/Saudara Kandung Anda, apakah ada yang meninggal karena penyakit-penyakit di atas pada usia kurang dari 45 tahun untuk laki-laki dan 55 tahun untuk perempuan ?
- | | | |
|-------|----------|--------------------------|
| 1. Ya | 2. Tidak | <input type="checkbox"/> |
|-------|----------|--------------------------|

UNTUK KARYAWAN WANITA

1. Apakah saat ini Anda sedang hamil ?
- | | | |
|-------|----------|--------------------------|
| 1. Ya | 2. Tidak | <input type="checkbox"/> |
|-------|----------|--------------------------|
- Bila tidak, lanjutkan ke no. 3
2. Berapa bulan umur kehamilan Anda saat ini ?
- | | |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
|--------------------------|--------------------------|
3. Berapa jumlah kehamilan yang pernah Anda alami (termasuk kehamilan kali ini) ?
- | | |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
|--------------------------|--------------------------|
4. Berapa jumlah keguguran yang pernah Anda alami ?
- | |
|--------------------------|
| <input type="checkbox"/> |
|--------------------------|
5. Kapan hari pertama haid terakhir Anda ?
- | | | | | | |
|--------------------------|--------------------------|---|--------------------------|---|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | / | <input type="checkbox"/> | / | <input type="checkbox"/> |
|--------------------------|--------------------------|---|--------------------------|---|--------------------------|
6. Berapa umur Anda pada saat haid pertama ?
- | |
|--------------------------|
| <input type="checkbox"/> |
|--------------------------|
7. Berapa banyak pada saat Anda haid ?
- | | | |
|-----------|------------|--------------------------|
| 1. Banyak | 2. Sedikit | <input type="checkbox"/> |
|-----------|------------|--------------------------|
8. Apakah dalam satu tahun terakhir pola haid Anda teratur ?
- | | | |
|-------|----------|--------------------------|
| 1. Ya | 2. Tidak | <input type="checkbox"/> |
|-------|----------|--------------------------|
9. Apakah ada rasa sakit yang berhubungan dengan haid ?
- | | | |
|-------|----------|--------------------------|
| 1. Ya | 2. Tidak | <input type="checkbox"/> |
|-------|----------|--------------------------|
10. Apakah Anda sering menderita keputhinan ?
- | | | |
|-------|----------|--------------------------|
| 1. Ya | 2. Tidak | <input type="checkbox"/> |
|-------|----------|--------------------------|

KELUARGA BERENCANA

1. Apakah keluarga Anda mengikuti keluarga berencana ? 1. Ya 2. Tidak 2
Bila tidak lengkap ke Vaksinal
2. Bila YA, metode KB apa yang Anda gunakan ?
- | | | |
|-----------|--------------|--------------------------|
| 1. Kondom | 5. IUD | <input type="checkbox"/> |
| 2. Pil | 6. Vasektomi | <input type="checkbox"/> |
| 3. Suntik | 7. Tubektomi | <input type="checkbox"/> |
| 4. Susuk | 8. Lainnya | <input type="checkbox"/> |

RIWAYAT VAKSINASI

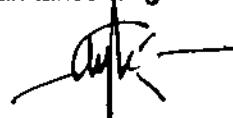
1. Apakah anda pernah mendapatkan vaksinasi tetanus ? 1. Ya 3. Tidak tahu
2. Tidak
2. Apakah Anda pernah mendapatkan vaksinasi hepatitis ? 1. Ya 3. Tidak tahu
2. Tidak

DONOR DARAH

1. Bersediakah Anda mendonorkan darah bila dibutuhkan ? 1. Ya 2. Tidak 1
2. Kapan Anda melakukan donor darah terakhir ?
04/07/19

Formulir tersebut di atas telah saya isi dengan benar dan sesungguhnya.

Balikpapan, 29.....12.....2021.
Nama dan tanda tangan karyawan



(Muhammad Anwars Padiyam)

CONFIDENTIAL

UNTUK DIISI DOKTER

MEDICAL CHECK UP -2021

PHYSICAL EXAMINATION

NAME	MUHAMMAD ANNUR RAHMAN, Tn.	S/N	-	DEPT	Inspection & Testing
I. VITAL SIGN					
Blood Pressure (supine)	108/65 mmHg	Pulse	42 x/m	Respiration	20 x/m Temp. 36,7 °C
Weight (W)	72 kg	Height (H)	173 cm	BMI	24,06 Waist 82 cm

(*) BMI = W / H² (Underweight = <18, Normal 18-25, Overweight 25-30, Obese > 30)

II. PHYSICAL EXAMINATION

No	PHYSICAL		A = ABNORMAL; N = NORMAL	A	N	Describe abnormalities in detail (circle words of importance and explain)
1	GENERAL APPEARANCE		Appearance age/ Nutritional/ Development/ Mental & emotional status/Posture/Gait/Speech		✓	
2	HEAD / SCALP		Size/Shape/Tender over sinuses/ Hair/ Eruption/ Masses/Bruit		✓	
3	EYES		Conjunctiva /Sclera/ Cornea/ Pupils/ Ptosis/ Tension/ Eye lid/Bruit/Reflex/ Range of Movement		✓	
4	EARS		Ext. canal/Membran perforation/ Discharge/ Tophi/ Hearing problem/ Mastoids		✓	
5	NOSE / SINUSES		Septum/obstruction/ Turbinates /Discharges		✓	
6	MOUTH / THROAT		Odor/Lips/Tongue/Tonsils/ Gums/ Pharynx		✓	
7	TEETH		Caries Ø, Filling(F), Missing (M), RadixØ		✓	
8	NECK		Adenopathy/Thyroid/Carotids/ Tracheal/ Veins/ Mass/ Spine/ Motion/ Bruit		✓	
9	BACK / SPINE		Kyphosis/Scoliosis/ Lordosis/ Mobility/ CVA/ Bone/ Tenderness/ Other deformities		✓	
10	THORAX		Symmetry/Movement/Contour / Tender		✓	
11	BREAST		Size/Consistency/ Nipples/ Areola / Discharge/ Palpable mass/ tenderness/ Nodes/ Scars		✓	
12	HEART		Rate/Rhythm/Apical/Impulse/Trills/ Quality of sound/Intensity/Splitting/Extra sound/Murmurs		✓	
13	CHEST / LUNG		Excursion/Dullness or Hyper-resonance of percussion/ Quality of breath sound/ Rales/ Wheezing/Ronchi/ Bruit		✓	
14	ABDOMEN		Bowel sounds/ Appearance/ Liver/ Spleen/ Masses/ Hernias/ Murmur/ Contour/ Tenderness/ Bruit/ Nodes		✓	
15	GROIN		Hernia/Inguinal nodes/Femoral pulses		✓	
16	GENITAL	MALE	Penis/Testis/Scrotum epididymis/ Varicocele/ Scars/ Discharge/ Circumcised/ Piercing		✓	
		FEMALE	Vulva/Vagina/ Cervix/ Uterus/ Adnexae/ Rectocele/ Bartholini gland/ Urethral Discharge			
17	EXTREMITIES		Deformity/Clubbing/Cyanosis/Edema/Nail/ Peripheral pulses/ Calf tenderness/Joints for swelling/ ROM		✓	
18	JOINTS		ROM/ Swelling / Inflammation /Deformity		✓	
19	SKIN		Color/Birthmark/Scars/ Tattoos /Texture/Rash/ Eczema / ulcers/Piercing		✓	
20	NEUROLOGICAL		Reflexes/Cranial nerve/Tremor/Paralysis/Motoric/ Sensor (touch,prick,vibrate)/ Coordination/ Romberg		✓	Romberg Test : Negative
21	MUSCULAR SYSTEM		Strength/Wasting/Development		✓	
22	RECTAL EXAM.		Sphincter tonus/ Hemorrhoids/ Fissure/ Masses /Prostate		✓	

SUPPORTIVE INVESTIGATIONS

I. VISION

Vision	Unaided		With Spectacles		Depth Perception	Colour Blindness	
	Left	Right	Left	Right			
Distant	20/20	20/20				✓	Normal
Near	20/20	20/20					Red – Green Absent
Visual fields (Normal > 70°)		Left	85°	Right	85°		Colour Blind

II. LABORATORIUM SUMMARY

See attached result

✓	Normal	COMMENT:
	Abnormal	

III. CHEST X-RAY

See attached result

Pneumoconiosis	Yes	No	✓
If Yes – ILO Classification			
Evidence of TB	Yes	No	✓
Other Abnormalities			
COMMENT	Foto Thorax Normal		

IV. ECG (Optional for over 35 years of age)

See attached result

Normal	✓	Abnormal	(specify) : Sinus Bradycardia, HR : 42 bpm.
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V. TREADMILL (Optional for over 35 years of age)

See attached result

Normal	✓	Abnormal	(specify) : Negative Ischemic Response, 12 Mets.
--------	---	----------	--

VI. SPIROMETRY (Optional for dust exposure, respiratory chronic disease,)

See attached result

Test	Observed	Predicted	% Prediction
VC			%
FVC			%
FEV 1			%
FEV/FVC			%

VII. AUDIOMETRY (Optional for noise exposure, previous hearing problem,)

See attached result

CONCLUSION		Change since last audiometric examination	Yes
✓	Normal	If Yes, what change :	No
Abnormal		Recommended Action:	
Refer to safety department: <input type="checkbox"/> Yes / <input type="checkbox"/> No			

PRE-EMPLOYMENT

Medical Form

Ted Track

SCHLUMBERGER PHYSICAL

Medical Information

PERIODIC EXAMINATIONS

We are pleased to offer you a complete and comprehensive health program to help you stay healthy while you are being pre-qualified for employment with our company. Your medical information will be held in strict confidence and will not be released to anyone without your written permission.

- Please indicate below if you are currently following this medical data:
- If you do not wish to authorize the release of your medical data, please fill in only pages 1 and 2, dated and signed by your physician or International SOS.
 - If you do wish to authorize the release of your medical data, please fill in the appropriate pages, as indicated below, and sign them and return them to International SOS.
- Please attach the appropriate consent form depending on whether you have performed your medical exam at another center of your choice.

Schlumberger Medical Department and International SOS

IMPLETED BY THE EMPLOYEE

PRINT AND WRITE IN - FEAR CAPITAL LETTERS IN ENGLISH

NAME
Last name _____
First name _____
MIDDLE name _____
NAME of wife _____

FIRST NAME _____

BIRTH DATE (day/month/year) _____

NATIONALITY _____

CROSS EACH BOX WHICH CORRESPONDS WITH COMPANY INFORMATION - PUT AN "X" IN THE CORRESPONDING BOX BELOW

Business location (if applicable)

(ex: WES, WES-C, etc.)

Country of assignment _____

EUROPE

International commuter

ASIA

International mobile

LATAM

Home country mobile

NA

GeoMobile

Other (HCR, HCC, etc.) _____

PLEASE ANSWER ONLY THE QUESTIONS ON THIS PAGE

TO BE COMPLETED BY THE EMPLOYEE

In order to process your Med-Track report and to upload it in the confidential eMed-Track web site, we ask you to choose one of the following options:

If you are attending an International SOS recommended medical center, please fill in Option 1.

If you are attending another medical center of your choice, please fill in Option 2.

IN ALL CASES PLEASE DATE AND SIGN AT THE BOTTOM OF THE PAGE.

• **Option 1: Medical examination performed by an SOS recommended medical center**

For further information on recommended medical centers see : <http://www.internationalsos.com/private/schlumberger/MedTrack>

I agree with the examining physician(s) and medical staff who perform this physical examination to transfer my data to International SOS and the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 1**. (Please fill in pages 7 and 8. The examining physician will fill in pages 6 and 7)

I do not authorize the examining physician(s) and medical staff who perform this physical examination to transfer my data to any third party, including International SOS and the Schlumberger Medical Department. Please fill in below.

Medical center: Name of doctor:

Medical exam date:

And return only page 1 and 2 to:

International SOS

Med-Track Department

2/14 rue d'Alsace

92300 Levallois Perret, France

Fax : +33 1 55 63 32 42

emedtrack@internationalsos.com

• **Option 2: Medical examination performed by a medical center of your choice, And not on the list of centers recommended by International SOS**

I agree to send my confidential medical data to International SOS and I agree to the subsequent transfer to the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 2**. (Please fill in pages 4 and 5. The examining physician will fill in pages 6 and 7.)

For rapid processing please ensure that the entire Med-Track report is sent as rapidly as possible to :
International SOS

Med-Track Department

2/14 rue d'Alsace

92300 Levallois Perret, France

Fax : +33 1 55 63 32 42

emedtrack@internationalsos.com

I do not agree to send my confidential medical data to International SOS (and I do not agree to the subsequent transfer to the Schlumberger Medical Department).
Please fill in below.

Medical center: Name of doctor:

Medical exam date:

And return only page 1 and 2 to:

International SOS

Med-Track Department

2/14 rue d'Alsace

92300 Levallois Perret, France

Fax : +33 1 55 63 32 42

emedtrack@internationalsos.com

IMPORTANT : MUST BE FILLED IN BEFORE RETURNING TO INTERNATIONAL SOS

TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM - CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 1:

Medical examination performed by an International SOS recommended medical center

In relation to the high mobility which applies to employees in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees and their family members participation under the program to reduce its employee's and their family's medical risks. In addition, the eMed-Track program involves contractors and third parties who have access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination, only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processor involved in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER requests you to indicate below whether you give your consent to such processing and to the resulting transfer of such data outside the EU.

INFORMATION AND CONSENT

(a) I, a member of an employee, declare that I consent to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, telephone number, country of assignment and contact details).

(b) SCHLUMBERGER via the Schlumberger Medical Department and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data.

(c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.

(d) I undertake to provide complete and accurate data.

(e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.

(f) International SOS and its contractors (the licensed physician(s) and medical staff who perform this medical examination) may collect, process and record my personal data on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with and implement the requirements of the concerned physician(s) and medical staff who perform this medical examination to comply with, EU personal data protection laws (including the GDPR), to be adopted by the concerned physician(s) and medical staff in medical and health regulations. It also undertakes to implement adequate confidentiality and security measures to protect and minimize my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.

(g) I acknowledge and expressly agree that without prejudice to paragraph (f), International SOS shall not be liable for the accuracy or medical conclusions of the medical examination carried out by its contractors (the licensed physician(s) and medical staff who perform this medical examination).

(h) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU) may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.

(i) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322 92306 Levallois-Perret Cedex, France. Tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.

(j) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.

(k) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is 10 years.

I declare that all information that I provide in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination will be sent by the licensed physician(s) and medical staff who perform this medical examination to Schlumberger Medical Department, and International SOS, and processed by said parties.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack>).

Full name
.....
.....
.....

Date (day/month/year) Employee's signature:

OPTION 2: COMPLETED BY THE EMPLOYER

CONSENT FORM - CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 2:

Medical examination performed by a medical center of your choice, and not on the list of centers recommended by International SOS

In relation to the fact that I work in one or several jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities, the following consent form is being proposed. SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to medical examinations performed by a medical center of my choice, under the program, to reduce its employees' and the family's medical risks related to the online track program, which allows me to have access to the results of their medical information. SCHLUMBERGER will then transfer to the personal data resulting from the medical examination to the medical center concerned, Schlumberger Medical Department and International SOS which provides the eMed-Track program, and are responsible for the processing of such personal data. The data processing will be carried out in accordance with the applicable EU law, and therefore, SCHLUMBERGER wishes to inform you of the data processing conditions set out below.

INFORMATION AND CONSENT

(i) **I consent to the collection, processing and transfer of my personal non-sensitive data required by SOS to organize this medical examination outside the EU, including my assignment and contact details**

(ii) **SCHLUMBERGER, via its Schlumberger Medical Department and International SOS which provides the eMed-Track program, will collect, process and secure my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data. Such processing will start once I will have transferred the questionnaire attached, filled in by the licensed physician that I have selected for the performance of my medical examination, and the results of the medical tests carried out by such licensed physician, to SOS which will transfer my medical data to Schlumberger Medical Department.**

(iii) **The personal data collected are considered as necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.**

(iv) **I consent to the collection, processing and transfer of my personal data**

(v) **SCHLUMBERGER (Schlumberger SA, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program**

(vi) **International SOS S.A.S may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER, as its representative, under which it undertakes to comply with EU personal data protection laws and national laws adopted pursuant thereto, among other things. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data. The duration of the data retention is required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS. My personal data will not be transferred to any other recipients**

(vii) **My personal data, for the sole purpose herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.**

(viii) **Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track Department, Medical Director, 12-14 rue de l'Alouette, F-92300 Levallois-Perret Cedex, France, tel: 00 33 1 65 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport**

(ix) **SCHLUMBERGER has nominated with its notification obligation under the Directive 95/46/EC of 24 October 1995**

(x) **SCHLUMBERGER will use of my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will retain my personal data for 10 years, unless, to perform the operations related to the eMed-Track program, which duration is of 10 years.**

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination that I will send to International SOS will be processed by Schlumberger Medical Department and International SOS.

I agree to the collection, processing and storage of my personal data as described above, which include sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name

Date (dd/mm/yyyy)

Employee's signature

Form No. 9
COMPLETED BY THE EMPLOYEE

Please answer all questions.

PAST MEDICAL HISTORY

DO YOU HAVE OR HAVE YOU EVER HAD

ANY OF THE FOLLOWING DISEASES?

		Yes	No	HAVE YOU EVER BEEN EXPOSED TO
1. colds or influenza	□ □	31. acne	□ □	41. exposure to smoke
2. sore throat	□ □	32. heart disease	□ □	42. organic solvents
3. earache	□ □	33. abdominal or lower back pain	□ □	43. radioactive materials
4. sinus trouble	□ □	34. tobacco or breathing at work	□ □	44. treated for a mental condition
5. asthma	□ □	35. high blood pressure	□ □	45. exposed to:
6. hay fever	□ □	36. stroke	□ □	Mercury □ □
7. ulcers	□ □	37. chest pain	□ □	Radioactivity □ □
8. tuberculosis	□ □	38. kidney disease	□ □	Toxic chemicals □ □
9. hepatitis	□ □	39. painful passage of urine	□ □	Excess noise □ □
10. appendicitis	□ □	40. diarrhea	□ □	
11. constipation	□ □	41. blood in urine	□ □	
12. piles	□ □	42. cramps	□ □	
13. varicose veins	□ □	43. moderate to severe migraine	□ □	
14. gall bladder disease	□ □	44. difficulty in breathing	□ □	
15. marked change in bowel habits	□ □	45. epilepsy	□ □	
16. blood in stool	□ □	36. joints/pinal trouble	□ □	FOR WOMEN ONLY
17. change in weight	□ □	37. surgical operation	□ □	46. have you ever had:
18. varicose veins	□ □	38. accident/fracture	□ □	47. an abortion or cancer
19. Enlarged prostate	□ □	39. tropical disease	□ □	48. a gynecological treatment
		40. fear of heights	□ □	49. are you pregnant? □ □
		41. Other		

If you do not know the answers to questions 37, 38 or 39 or if you have or had an illness not mentioned above, write "NOT KNOWN" or "NOT APPLICABLE" and in clear capital letters:

Medication taken during trip:

- 1. Quinine or chloroquine
- 2. Malaria tablets
- 3. Typhoid vaccine

medication when in high malaria risk areas? YES NO

After arrival home, did you:

DATES OF LAST VACCINE: (check off if you've had any)

polio

hepatitis B / /

hepatitis A /

tetanus

yellow fever / /

typhoid

measles

Other /

cholera

Alcohol consumption: Number of glasses per day

Tobacco: Number of cigarettes per day

ANNUR RAHMAN

FIRST NAME MUHAMMAD

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PRINT IN ENGLISH OR TYPE WHENEVER POSSIBLE AND LEGIBLY

positive [] Positive [] Negative []

1791 E **YELLOW FEVER** **HEPATITIS A** **1392**

Please make sure patient has correct malaria protection when travelling to high malaria risk areas

Digitized by srujanika@gmail.com

(E ABNORMAL) PI EASE DETAIL

◎ 亂世之亂

1440

Figure 1. The effect of the number of nodes.

173

72

108/65 42
running x/m

✓				20/20		<input type="checkbox"/>		COLOR
✓				20/20		<input checked="" type="checkbox"/>		Vision
✓				20/20		<input checked="" type="checkbox"/>		N

LAST NAME : ANNUR RAHMAN

FIRST NAME : MUHAMMAD

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PARA-CLINICAL EXAMINATION

- ECG a : Sinus Bradycardia, HR : 42 bpm
 Treadmill a : Negatif Ischemic Response, 12 Mets.
 Chest X Ray a : Within Normal Limits

BLOOD ANALYSIS

RBC	4.700.000	/mm3	SGOT (ASAT)	13	U/L	BLOOD TYPE - test only if not already known
WBC	8400	/mm3	SGPT (ALAT)	15	U/L	
NEUTROPHIL	66	%	GAMMA GT	33	U/L	
EOSINOPHIL	1,6	%	GLYCEMIA	93	mg/dL	
BASOPHIL	0	%	CHOLESTEROL TOTAL	185	mg/dL	
LYMPHOCYTE	26	%	HDL	60	mg/dL	
MONOCYTE	6,7	%	LDL	111	mg/dL	
HEMATOCRIT	42,0	%	CREATININE	0,8	mg/dL	
HEMOGLOBIN	14,9	g/dL	URIC ACID	5,5	mg/dL	
ESR (Sedimentation Rate)	-	mm/h	TRIGLYCERIDES	70	mg/dL	

URINE ANALYSYS

ALBUMIN : - SUGAR : Negative BLOOD : Negative PARASITES : Negative BLOOD : Negative

STOOL ANALYSIS

CONCLUSION : FIT IN ALL AREA Yes No MUST BE REASSESSED Yes No
 if you answer No. please detail your reasons)

Detail :

DOCTOR'S SIGNATURE

Date of medical examination (day/month/year) : 29/12/2021

MEDICAL CENTER STAMP/SEAL



EXAMINING PHYSICIAN'S FULL NAME AND ADDRESS

Name : dr. HENDRA A.Z.
 Forename : -
 Street : JL. MARSMA R. ISWAHYUDI NO. 19 GUNUNG BAKARAN
 City : BALIKPAPAN Country : INDONESIA
 Tel : 0542 - 7214552 Fax : 0542- 7214553
 E-mail address : grandmedica@gmail.com

Please write in clear capital letters !

LAST NAME

FIRST NAME

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Med Track Plus Exam

Only for high mobility employees (IM, IC, GM, HCM) over 40 years of age

If you are over 40 years of age, UnumBerger offers you the possibility of performing a more in-depth health assessment that can help you check your general wellness. Med Track Plus should be performed at the same time as your annual physical examination.

The Med Track Plus health assessment targets in particular the increased cancer and cardiovascular risks inherent to people over 40 years of age. Tests designated below in Med-Track Plus are only recommended and not mandatory.

EYES :

Tonometry Right eye (Glaucoma testing) mmHG

Tonometry Left eye (Glaucoma testing) mmHG

ADDITIONAL BLOOD TESTS :

PSA ng/ml TSH UI

CEA µg/l Alkaline phosphatase UI

IF ABNORMAL, PLEASE DETAIL

LUNGS: Functional Respiratory testing n a

APPENDIX AND COLONIC ECHOGRAPHY n a

CARDIOVASCULAR RISK FACTORS :

Stress test n a

Carotid Echo-Doppler n a

Cardiac Echography n a

FOR MEN ONLY :

Prostate Echography n a

FOR WOMEN ONLY :

Mammogram n a

PAP Smear n a

Doctor's additional comments or conclusions:



HASIL PEMERIKSAAN KESEHATAN TAHUN 2021

Balikpapan,

03/01/2022

ANNUAL MEDICAL CHECK UP

Kepada Yth : MUHAMMAD ANNUR RAHMAN, Tn.	Umur : 30 tahun	S/N : -
Posisi : Asst. Inspector	MCU ID : 8170/GMI-MCU/XII/2021	Dept. : Inspection & Testing

Berikut adalah kesimpulan hasil pemeriksaan medical check up yang telah dilaksanakan pada tanggal :

29/12/2021

TEMUAN :

- * Berat Badan = 72 Kg (Normal), BMI = 24,06 ; BB Ideal = 53,87 - 74,82 Kg. Lingkar Perut : 82 cm (M : N ≤ 90 cm, F : N ≤ 80 cm).
- * Riwayat Kesehatan = Tidak ada keluhan kesehatan. MEROKOK 2 batang/hari. BEROLAHHRAGA 20x/bulan, Intensitas BERAT.
- * Riwayat Kesehatan Keluarga = Tidak ada riwayat penyakit dalam keluarga. Riwayat Vaksinasi = Vak. Tetanus & Vak. Hepatitis : SUDAH.
- * Fisik : TD : 108/65 mmHg (Normal). Romberg test : Negative. Mata : VODS : 20/20 (Normal). VF ODS : 85° (Normal). Test Buta Warna : Normal.
- * Lab = Darah Lengkap (Hematology) : Normal. Urine : Normal. Kimia Darah : Normal. Faeces Lengkap : Normal. Immunologi = HBs Ag : Negatif.
- * Rekam Jantung (EKG) = Sinus Bradycardia, HR : 42 bpm. Treadmill Test = Negative Ischemic Response, 12 Mets (Normal), VO2 Max 42,84 ml/kg/min.
- * Rontgen Dada (Thorax) = Dalam batas normal. Audiometri = Fungsi pendengaran dalam batas normal.
- * USG Abdomen = Cholitiasis Kecil (Batu Kolesterol), Organ solid abdomen lainnya normal.
- * Faktor Resiko Jantung Koroner berdasarkan Jakarta Cardiovascular Score = -2 -> Low Risk (CV10 < 10 %)

STATUS KESEHATAN :

Kategori	CATATAN
<input type="checkbox"/> M-1A	Tidak ditemukan problem kesehatan
<input type="checkbox"/> M-1B	Ditemukan problem kesehatan yang tidak serius
<input checked="" type="checkbox"/> M-2	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko rendah.
<input type="checkbox"/> M-3A	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko sedang
<input type="checkbox"/> M-3B	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko tinggi
<input type="checkbox"/> M-4	Ditemukan keterbatasan fisik untuk melakukan pekerjaan secara normal, hanya cocok untuk pekerjaan ringan.
<input type="checkbox"/> M-5	Dalam perawatan di rumah sakit atau dalam kondisi yang tidak memungkinkan untuk melakukan pekerjaan (status ijin sakit).

KESIMPULAN :

- | | |
|--|--|
| <input checked="" type="checkbox"/> FIT | Sebagai : Asst. Inspector |
| <input type="checkbox"/> UNFIT | Di : Schlumberger Balikpapan (Manggar) |
| <input type="checkbox"/> TEMPORARY UNFIT | |



SARAN - SARAN :

- * Pertahankan Berat Badan IDEAL, perhatikan batasan normal Berat Badan.
- * Hentikan SEGERA kebiasaan merokok, Pelajari EFEK BURUK merokok jangka panjang.
- * Konsultasi ke dokter spesialis Penyakit Dalam untuk evaluasi hasil pemeriksaan USG Abdomen (Cholitiasis Kecil (Batu Kolesterol)).
- * Konsul ke dokter bila timbul keluhan kesehatan. Banyak minum air putih 2-3 liter/hari.
- * OLAHRAGA secara teratur dan terukur untuk menjaga kesehatan JANTUNG dan KEBUGARAN tubuh.

Bila masih ada hal yang perlu diperjelas, mohon segera menghubungi dokter pemeriksa di 0542-7214552, 0821 5721 3030, 0852 4998 3158.
Terima kasih atas kerjasamanya.

Catatan :

* Status Medical Check Up ini berlaku sampai dengan tanggal : **29/12/2022**

Mengetahui :

dr.....



Hormat Kami,
Dokter Pemeriksa,



dr. Hendra AZ.

No. SKP : KEP.350/BINWASK3-PNK3/KK/X/2017

Jl. Marsma R. Iswahyudi No.19 RT.08
Balikpapan, Kalimantan Timur
P: 0542-721-4552; 0823-6655-3030
F: 0542-721-4553 E: grandmedica@gmail.com

Patient Data

ID Number :	8170/GMI-MCU/XII/2021	Company :	PT. INSPEKTINDO SINERGI PERSADA
Name :	MUHAMMAD ANNUR RAHMAN, Tn.	Occupation :	Asst. Inspector
Gender :	Laki-Laki	Test Date :	29/12/2021
DOB / Age :	11/03/1991 / 30 Yo.	BMI :	24,06
Height (cm)	173	Weight (kg) :	72

Jakarta Cardiovascular Risk Table

Risk Factor		Score	Result	Poin	Determine the 10-year CVD risk (%)		
Sex	Female	0	Male	1	-4	Low Risk	<1
	Male	1					
Age	25-34	-4	30	-4	-3	Low Risk	2,6
	35-39	-3					
Age	40-44	-2	30	-4	-2	Low Risk	4,2
	45-49	0					
Blood Pressure	50-54	1	108/65	0	-1	Low Risk	5,8
	55-59	2					
Blood Pressure	60-64	3	108/65	0	0	Low Risk	7,4
	Normal	0					
Blood Pressure	High Normal	1	108/65	0	1	Low Risk	9
	Grade 1 Hypertension	2					
BMI (Kg/m2)	Grade 2 Hypertension	3	24,06	0	2	Moderate Risk	10,0
	Grade 3 Hypertension	4					
BMI (Kg/m2)	13,79 - 25,99	0	24,06	0	3	Moderate Risk	13,1
	26,00 - 29,99	1					
BMI (Kg/m2)	30,00 - 35,58	2	24,06	0	4	Moderate Risk	17,2
	Never	0					
Smoke	Ex Smoker	3	Smoker	4	5	High Risk	20,0
	Smoker	4					
Diabetes Mellitus	No	0	No	0	6	High Risk	21,2
	Yes	2					
Physical Exercise/Activity	No	2	High	-3	7	High Risk	22,5
	Low	1					
Physical Exercise/Activity	Medium	0					
	High	-3					
Total Point				-2			

Result

Estimated 10-year CVD Risk

4,2%

Risk Category
Low Risk
Advice

Patients with **HIGH RISK** scores should be counseled aggressively about social factors contributing to their risk (smoking, exercise, weight, diet, etc) and also managed with blood pressure and lipid evaluation.

References

Kusmana. Dede. The Jakarta Cardiovascular Score, A Modified Framingham Score, Is A Simple Method For Cardiovascular Risk Stratification In Developing Countries. 21st Scientific Meeting of the International Society of Hypertension, 2006, 201.



HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab. : 8170 /GMI-MCU/XII/2021
(Lab. Number)

Data Pasien (Patient Detail)

Nama (Name)	: MUHAMMAD ANNUR RAHMAN / Laki-Laki	Umur (Age)	: 30 Tahun (Years old)
Pekerjaan (Job Position)	: ASST INSPECTOR	Dokter (Doctor)	: Dr. Hendra AZ.
Perusahaan (Company)	: PT. INSPEKTINDO SINERGI PERSADA	Tgl Pemeriksaan (Date of Analysis)	: 29 Desember 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
HEMATOLOGI			
HEMATOLOGI RUTIN			
Hemoglobine (Hgb)	14,9	Laki-laki dewasa : 13,0-18,0 Perempuan dewasa : 12,0-16,0	g/dL
Hematocrit (Hct)	42,0	Laki-laki dewasa : 40,0-50,0 Perempuan dewasa : 35,0-45,0	%
Erythrocyt (RBC)	4,7	Laki-laki dewasa : 4,4-5,6 Perempuan dewasa : 3,8-5,5	10 ¹² sel/mm ³
Leucocyt (WBC)	8,4	Dewasa : 4,0 - 10,0	10 ³ /µL
Differential Count			
Basophile	0	0 - 2	%
Eosinophile	1,6	0 - 3	%
Neutrofil	66	50 - 70	%
Lymphocyte	26	20 - 40	%
Monocyte	6,7	3 - 12	%
MCV	88	80 - 100	fL
MCH	31	27 - 34	pg/cell
MCHC	35	32 - 36	g/dL
RDW- CV	13	11 - 16	%
RDW-SD	41	35 - 56	fL
Thrombocyt	410	140 - 440	10 ³ /mm ³
KIMIA KLINIK			
METABOLISME GLUKOSA/DIABETES			
Glucose Fasting	93	Normal : 70 - 110	mg/dL
Glucose 2h pp	122	Normal : < 140 Gangguan toleransi glukosa : 140 - 199 Diabetes melitus : > 200	mg/dL
PROFIL LEMAK			
Cholesterol total	185	Yang diinginkan : < 200 Batas tinggi : 200 - 240 Tinggi : >= 240	mg/dL
Triglycerides	70	Normal : < 150 Batas tinggi : 150 - 199 Tinggi : 200 - 499 Sangat tinggi : >= 500	mg/dL
HDL Cholesterol	60	Rendah : < 40	mg/dL





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.
(Lab. Number) : 8170 /GMI-MCU/XII/2021

Data Pasien (Patient Detail)

Nama (Name)	: MUHAMMAD ANNUR RAHMAA / Laki-Laki	Umur (Age)	: 30 Tahun (Years old)
Pekerjaan (Job Position)	: ASST INSPECTOR	Dokter (Doctor)	: Dr. Hendra AZ
Perusahaan (Company)	: PT. INSPEKTINDO SINERGI PERSADA	Tgl Pemeriksaan (Date of Analysis)	: 29 Desember 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
LDL Cholesterol	111	Tinggi : >= 60 Optimal : < 100 Mendekati optimal : 100 - 129 Batas tinggi : 130 - 159 Tinggi : 160 - 189 Sangat tinggi : > 190	mg/dL
Rasio LDL/HDL	1,9	CARDIO RISK INDEX (CRI) < 3 : Low risk 3 - 5 : Moderate risk > 5 : High risk	
FUNGSI HATI			
SGOT / AST	13	0 - 37	U/L
SGPT / ALT	15	0 - 40	U/L
Gamma GT	33	11 - 51	U/L
FUNGSI GINJAL			
Uric Acid	5,5	Laki-laki dewasa : 3,5 - 7,2 Perempuan dewasa : 2,6 - 6,0	mg/dL
Creatinine	0,8	0,8 - 1,4	mg/dL
Ureum	23	10 - 50	mg/dL
IMMUNOLOGI			
HEPATITIS			
HBs Ag	Negatif	Negatif	
URINALISA			
MAKROSKOPIS URIN			
Warna	Kuning		
Kejernihan	Jernih		
KIMIA			
Berat jenis	1,025	Normal : 1,003 - 1,035	
pH	6,5	Normal : 4,5 - 8	
Protein	Negatif	Normal : < 7,5 (Negatif)	mg/dL
Glucose	Negatif	Normal : < 0,018 (Negatif)	mg/dL
Leukosit esterase	Negatif	Normal : < 9 (Negatif)	Leu/ μ L
Ketone	Negatif	Normal : < 2,5 (Negatif)	mg/dL
Urobilin	Negatif	Normal : < 0,2 (Negatif)	mg/dL
Bilirubin	Negatif	Normal : < 0,4 (Negatif)	mg/dL
Nitrite	Negatif	Normal < 0,05 (Negatif)	mg/dL
Blood	Negatif	Normal : < 0,018 (Negatif)	mg/dL





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.
(Lab. Number) : 8170 /GMI-MCU/XII/2021

Data Pasien (Patient Detail)

Nama (Name)	: MUHAMMAD ANNUR RAHMAN / Laki-Laki	Umur (Age)	: 30 Tahun (Years old)
Pekerjaan (Job Position)	: ASST INSPECTOR	Dokter (Doctor)	: Dr. Hendra AZ
Perusahaan (Company)	: PT. INSPEKTINDO SINERGI PERSADA	Tgl Pemeriksaan (Date of Analysis)	: 29 Desember 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
MIKROSKOPIS URIN			
Epithel	1-2		
WBC	2-3		
RBC	1-2		
Cast	Negatif		
Crystal	Negatif		
Bakterie	Negatif		
Others	Negatif		
FAECES			
FAECES RUTIN			
MAKROSKOPIS			
Warna	Kecoklatan		
Konsistensi	Lunak		
Darah	Negatif	Negatif	
Lendir	Negatif	Negatif	
MIKROSKOPIS			
Leukosit	Negatif	Negatif	
Eritrosit	Negatif	Negatif	
Telur cacing	Negatif	Negatif	
Amoeba	Negatif	Negatif	
Lainnya	Negatif	Negatif	

Tanggal pengambilan sampel : 29 Desember 2021

Penanggung Jawab

Laboratorium,

Laboratorium

Dr. Hendra Agus Z.



GRAND Medica

Analis Laboratorium

Syamsiar Am. Ak





Nomor Pasien
(Patient Number) :

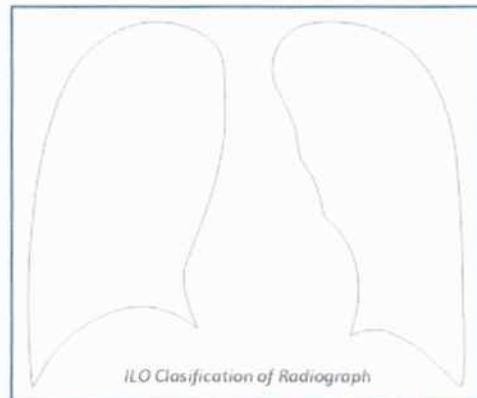
Nomor Film
(Film Number) : 8170

Data Pasien (Patient Detail)

<u>Nama (Name)</u>	: MUHAMMAD ANNUR RAHMAN, Tn.	<u>Perusahaan (Company)</u>	: PT. INSPEKTINDO SINERGI PERSADA
<u>Umur (Age)</u>	: 30 Tahun (years old)	<u>Pekerjaan (Occupation)</u>	: ASST INSPECTOR
<u>Jenis Kelamin (Gender)</u>	: Male	<u>Tgl Pemeriksaan (Date of Analysis)</u>	: 29 Desember 2021

Rincian Pemeriksaan (Examination Detail)

<u>Jenis Pemeriksaan (Type of Examination)</u>	: Foto thorax
<u>Posisi Penyinaran (Exposure Position)</u>	: PA
<u>Kondisi Penyinaran (Exposure Condition)</u>	: kV : 58 mAs : 0,30



ILO Classification of Radiograph

**Interpretasi Foto Thorak oleh Spesialis Radiologi
(Chest X-ray Interpretation by the Radiologist)**

1. Kelainan Tulang dan/atau Jaringan Lunak?
(Skeleton and/or Soft Tissue Abnormalities)
2. Kelainan Bayangan Jantung?
(Abnormal heart shadows)
3. Kelainan Hilus dan/atau Kelenjar Limfa?
(Abnormal hilar and/or lymphatic gland)
4. Kelainan Diafragma dan Sudut Costophrenic?
(Abnormal Diaphragms and Costophrenic angles)
5. Kelainan Paru-paru?
(Abnormal Lung Fields)
6. Gambaran Lainnya dari Lesi TBC?
(Any evidence of tubercular lesions)
7. Gambaran Abnormal Lainnya?
(Detail of Other Abnormalities)

**Penjelasan Keadaan Abnormal
(Comment on Abnormalities)**

<input type="radio"/> No	Yes →

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Foto thorax Normal

dr. ABDUL HARIS, Sp.Rad

Spesialis Radiologi

Allengers

Passion for excellence

Patient Data

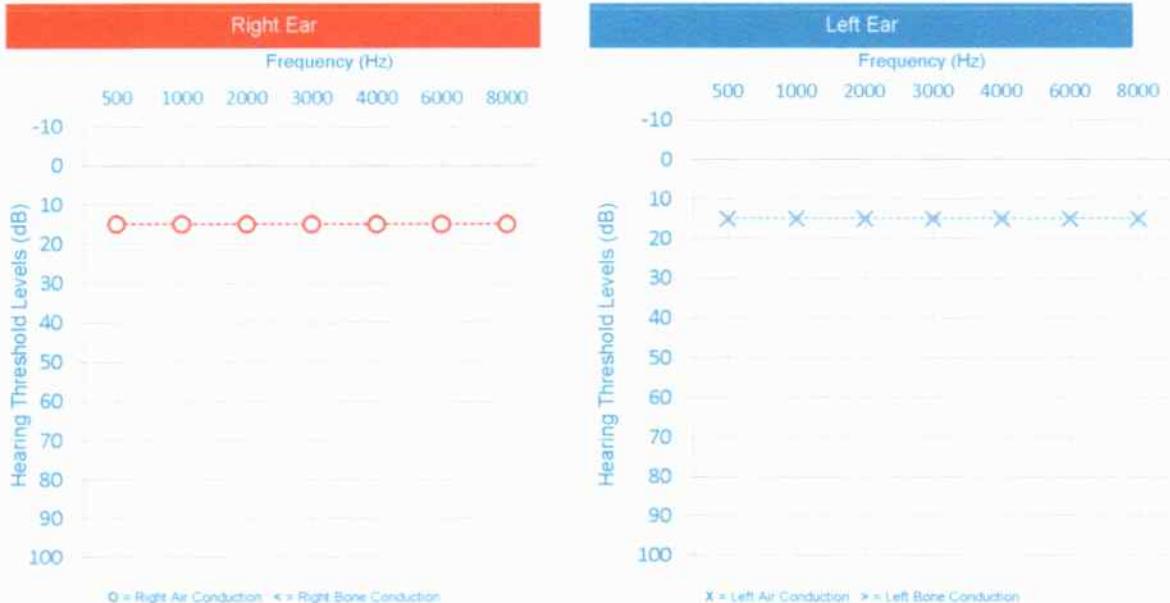
ID Number	8170	Gender	Laki-laki
First Name	MUHAMMAD	Occupation	Asst. Inspector
Last Name	ANNUR.R	Company	PT. Inspektindo Sinergi Persada
Age	30 Yo.	Test Date	29 Desember 2021

Occupational Noise Exposure

	Type of work	Period of work	Hearing Protection Worn
Present	Asst. Inspector	-	No
Previous	1) -	-	-
	2) -	-	-
Military Services	-	-	-

Test Detail

Test Location	<input checked="" type="checkbox"/> Sound Booth	<input type="checkbox"/> Other	Hours Away from Noise
Technician	Susi Rindayani A.Md. Kep	-	- < 14 hours - 14 - 24 hours - > 24 hours


Right Ear Observation and Test Result

Canal	Normal							HTL	Canal	Normal							HTL	
Ear Drum	Normal							RIGHT	Ear Drum	Normal							LEFT	
Conduction	Frequency (Hz)							RIGHT	EAR	Conduction	Frequency (Hz)							LEFT
Air	500	1000	2000	3000	4000	6000	8000	RIGHT	EAR	Air	500	1000	2000	3000	4000	6000	8000	LEFT
Air	15	15	15	15	15	15	15	15,0		Air	15	15	15	15	15	15	15,0	
Bone										Bone								

Left Ear Observation and Test Result

Canal	Normal							HTL	Canal	Normal							HTL	
Ear Drum	Normal							RIGHT	Ear Drum	Normal							LEFT	
Conduction	Frequency (Hz)							RIGHT	EAR	Conduction	Frequency (Hz)							RIGHT
Air	500	1000	2000	3000	4000	6000	8000	RIGHT	EAR	Air	500	1000	2000	3000	4000	6000	8000	RIGHT
Air	15	15	15	15	15	15	15	15,0		Air	15	15	15	15	15	15	15,0	
Bone										Bone								

Conclusion / Medical Report

Right Ear : Fungsi pendengaran dalam batas normal.

Left Ear : Fungsi pendengaran dalam batas normal.

 Signature
 dr. Hendra A.Z.

 Instrument used
 SIBEL SOUND 427

 Standard
 OSHA





Nomor Pasien
(Patient Number) : 8170

Pemeriksaan
Examination : USG WHOLE ABDOMEN

Data Pasien (Patient Detail)

<u>Nama</u> (Name)	: MUHAMMAD ANNUR RAHMAN,Tn.	<u>Perusahaan</u> (Company)	: PT.INSPEKTINDO SINERGI PERSADA	
<u>Umur</u> (Age)	: 30	<u>Tahun</u> (Years old)	<u>Pekerjaan</u> (Occupation)	: ASST INSPECTOR
<u>Jenis Kelamin</u> (Gender)	: Laki-laki	<u>Tgl Pemeriksaan</u> (Date of Analysis)	: 29/12/2022	

Interpretasi Foto oleh Spesialis Radiologi
(Interpretation by the Radiologist)

USG Abdomen:

Liver : Bentuk , ukuran normal, echoparenkim superficialis meningkat, bile duct normal ,tidak ada fokal noduler .

GB : Distensi ,Tampak Multiple echo Batu Kecil Pada Corpus .

Pancreas : Normal

Lien : normal

Kidney dextra -
sinistra : Bentuk, ukuran dalam batas normal, tidak tampak batu maupun massa, sistem pelvocalyceal normal.

Bladder : Dinding normal, batu (-)

Prostat : normal.

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Cholitiasis Kecil (Batu kolesterol),Organ solid abdomen lainnya normal

dr. ABDUL HARIS, Sp.Radiol
(radiologist signature)
Spesialis Radiologi

Grand
MEDICA INDONESIA

mindray
ULTRASOUND

Nomor Pasien
 (Patient Number) : 8170

Tgl Pemeriksaan
 (Date of Analysis) : 29/12/2022

Pemeriksaan
 Examination
PT.INSPEKTINDO SINERGI PERSADA

Nama
 (Name) : MUHAMMAD ANNUR RAHMAN,Tn.
Umur
 (Age) : 30 Tahun
 (Years old)

Jenis Kelamin
 (Gender) : Laki-Laki
Perusahaan
 (Company)
Pekerjaan
 (Occupation) : ASST INSPECTOR





Patient Data

ID Number	8170	Company	PT. Inspektindo Sinergi
Name	MUHAMMAD ANNUR	Occupation	Asst. Inspector
Gender	Male	Test Date	29 Desember 2021
DOB / Age	11 Maret 1991	/ 30 Yo.	
Height (cm)	173	Weight (kg)	72
		BMI	24,06

Pre-exercise Test

Indication	Medical Check Up	
Pre-exercise BP	108/65	mmHg
Heart Rate	55	bpm
Respiration	16	x/mnt
Resting ECG	<i>Badan sehat</i>	

Exercise Test Summary

Exercise Time	12:06	mm:ss	End Stage	4
Max Heart Rate	153	bpm	Target Heart Rate	162 bpm
Max Blood Pressure	120/80	mmHg	Max Heart Rate	94,4 %
Aerobic Capacity	12	METs.	VO2 Max	42,84 ml/kg/min

Reason Of End

- | | | | |
|--|----------------------------------|--|------------------------------------|
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Dyspnoe | <input type="checkbox"/> Angina | <input type="checkbox"/> Dizziness |
| <input type="checkbox"/> ST- T segment changes | | <input checked="" type="checkbox"/> Maximum HR reach | |

ST- T segment changes

- | | |
|--|---|
| <input checked="" type="checkbox"/> No changes | <input type="checkbox"/> ST-segment depression 0,5 - 1 mm |
| <input type="checkbox"/> Upsloping | <input type="checkbox"/> Significant changes (ST-segment depression > 1 mm) |

Abnormal Lead :

Classification of Physical Fitness

- | | | | | |
|------------------------------|-------------------------------|----------------------------------|--|-------------------------------|
| <input type="checkbox"/> Low | <input type="checkbox"/> Fair | <input type="checkbox"/> Average | <input checked="" type="checkbox"/> Good | <input type="checkbox"/> High |
|------------------------------|-------------------------------|----------------------------------|--|-------------------------------|

Blood Pressure Response

- | | |
|---|--|
| <input checked="" type="checkbox"/> Normal Response | <input type="checkbox"/> Hypertensive Response |
|---|--|

Functional Classification

- | | | |
|--|----------------------------------|-----------------------------------|
| <input checked="" type="checkbox"/> Clas I | <input type="checkbox"/> Clas II | <input type="checkbox"/> Clas III |
|--|----------------------------------|-----------------------------------|

Conclusion / Medical Report

*Negative Ischemic Response
fit to work at Remote Area*

Recommendation :

Cardiologist Signature

dr. ACHMAD YUSRI, SpJP

Instrument Used
SPECIALIS JANTUNG DAN PEMBULUH DARAH CONTEC 8000S S/N 140203027



29-12-2021 10:15:34

ID : 8170
Name : M. Annur Rahman
Age : 30 Years
Department: PT. Inspektindo

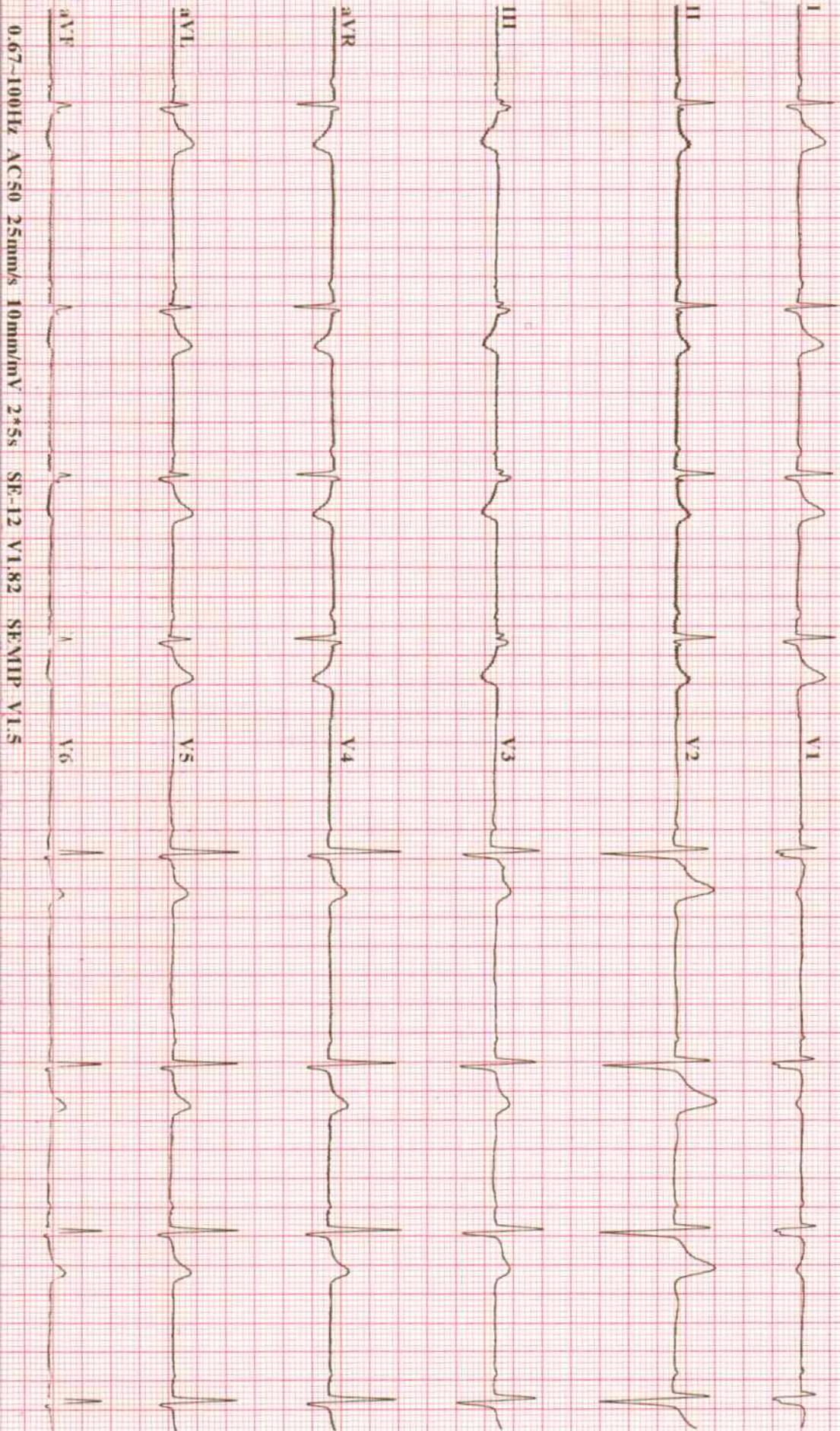
HR : 42 BPM
P Dur : 109 ms
PR int : 181 ms
QRS Dur : 92 ms
QT/QTC int : 412/346 ms
P/QRS/T axis : 30/67/0 °
RV5/SV1 amp : 1.22/1.0.506 mV
RV5+SV1 amp : 1.727 mV
RV6/SV2 amp : 0.983/1.332 mV

Diagnosis Information:
822: Sinus Bradycardia with Sinus Arrhythmia
Normal ECG

Technician : Rinda A.Md. Kep
Report Confirmed by:

dr. ACHMAD YUSRI, S.I.P
SPESIALIS BANTUNG DAN PEMBUKAJ DARAH

Radiant



Grand Medica Indonesia Stress Exercise Report

ID:8170

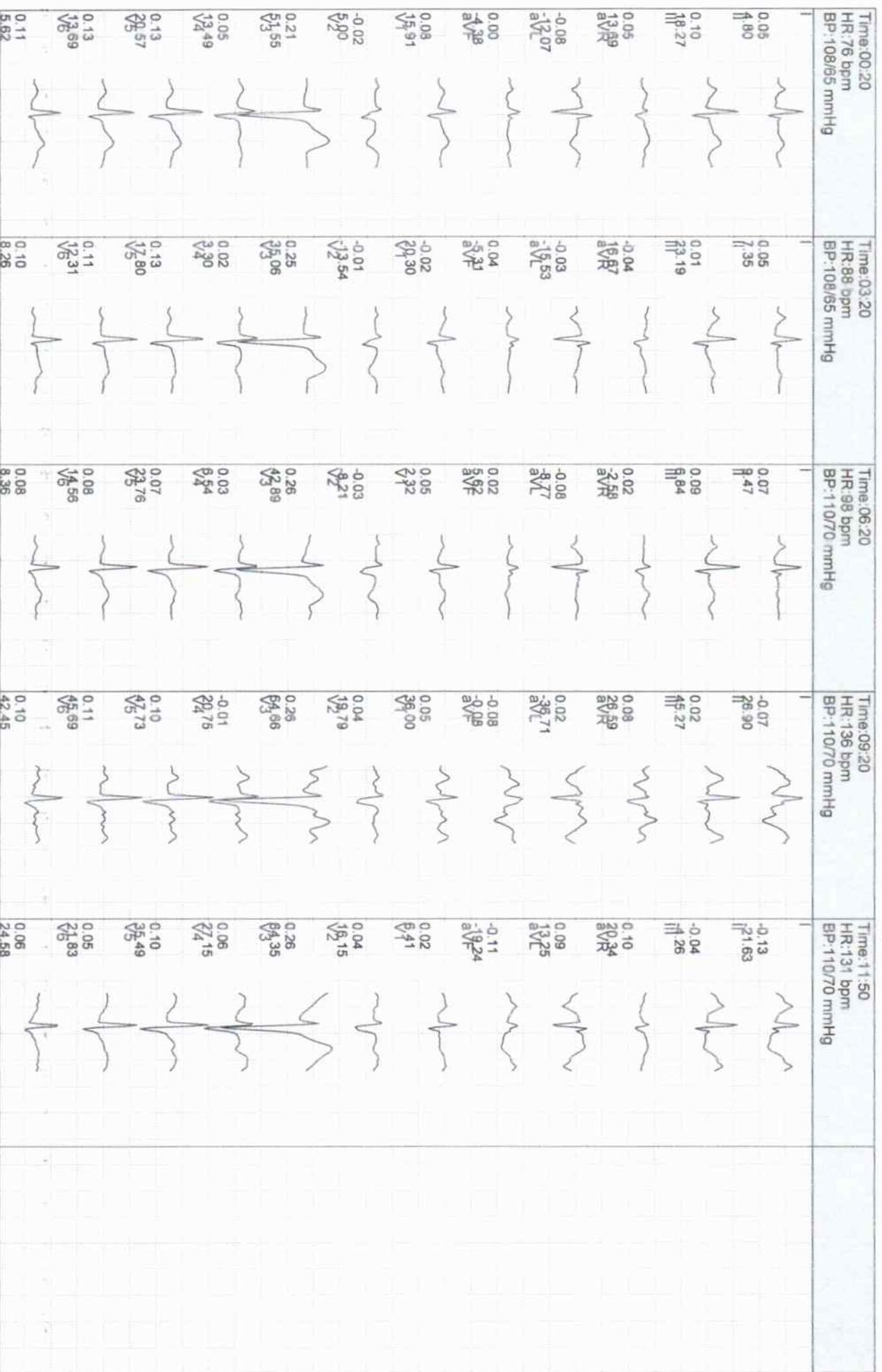
Section:

Name:M. Annur, R, Tn
Sex:Male

Age:30

Exam Time:30-12-2021 08:49

Average QRS



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID:8170

Section:

Name:M. Annur,R,Tn

Sex:Male

Age:30

Exam Time:30-12-2021 08:49

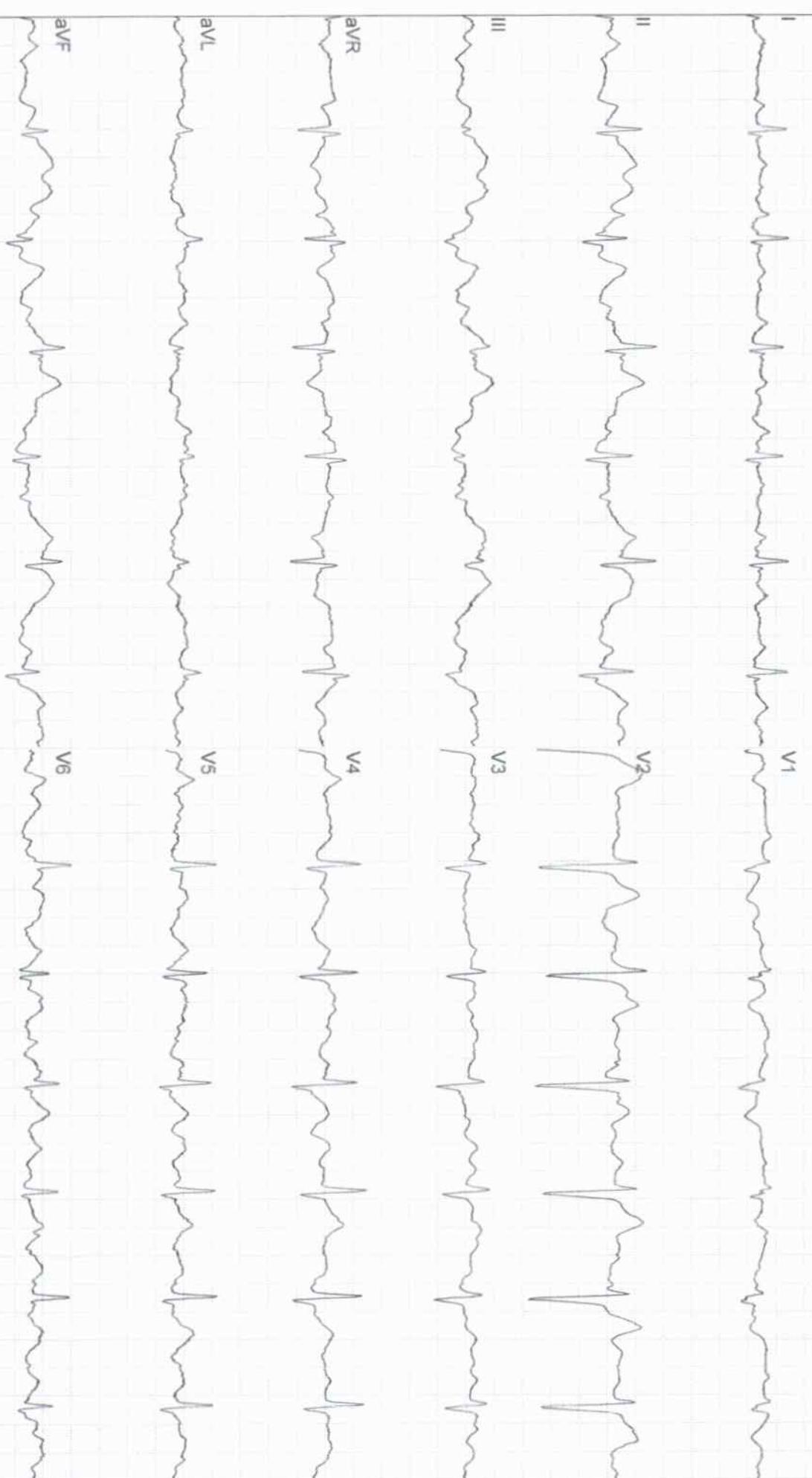
Time:00:20

Stage:[1 / 6] PRE-EXE 00:20 [0.0 Km/h 0.0 %]

HR:76 bpm

BP:108/65 mmHg

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID:8170

Section:

Name:M. Annur,R,Tn

Sex:Male

Age:30

Exam Time:30-12-2021 08:49

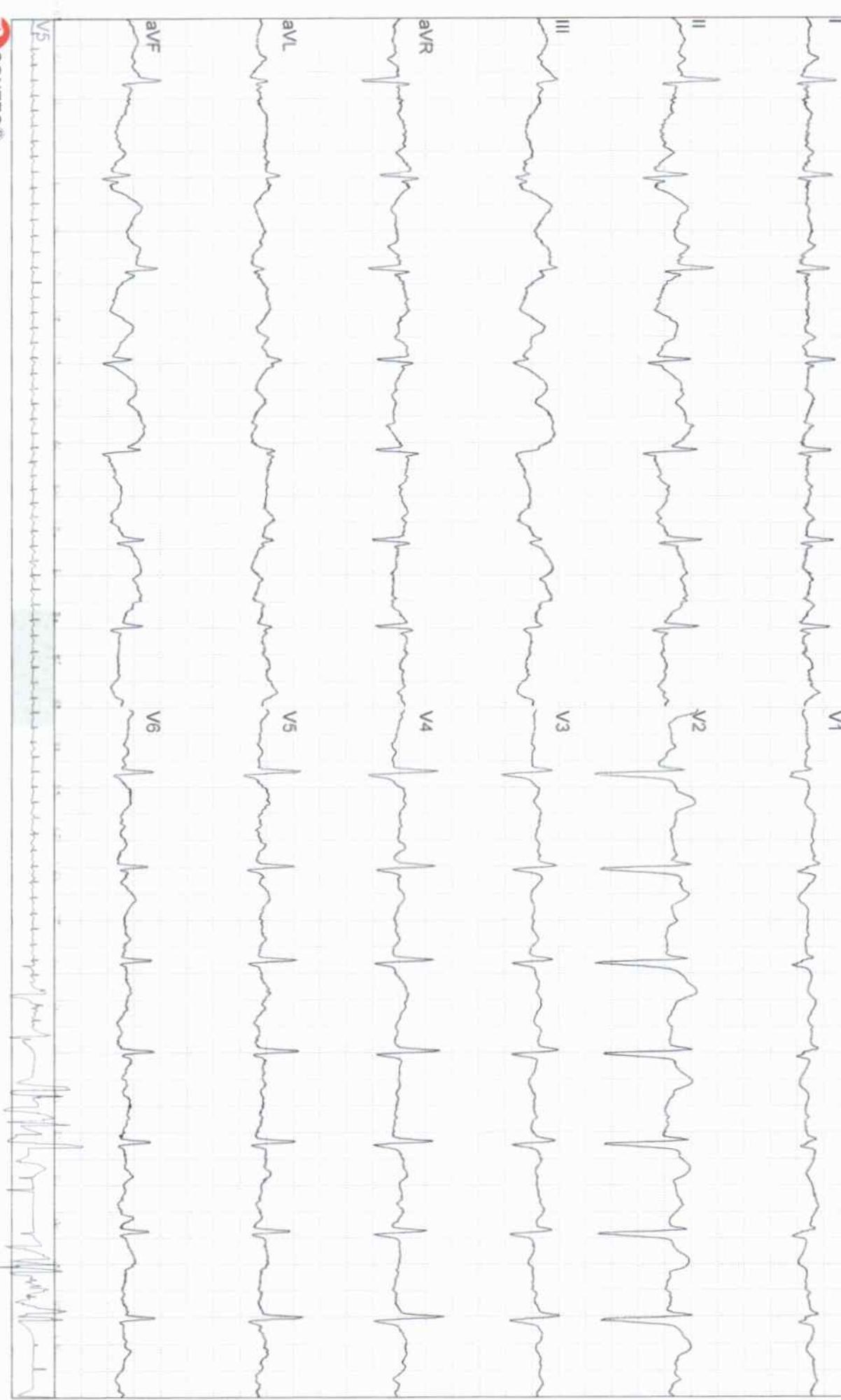
Time:03:20

Stage: [2 / 6] EXE1 02:50 [2.7 Km/h 10.0 %]

HR:88 bpm

BP:108/65 mmHg

10mm/mV 25mm/s



Grand Medica Indonesia Stress Exercise Report

ID:8170

Time:06:23

Stage:[3 / 6] EXE2 02:53 [4.0 Km/h 12.0 %]

Name:M. Annur,R,Tn

Sex:Male

Age:30

HR:98 bpm

BP:110/70 mmHg

Exam Time:30-12-2021 08:49

10mm/mV 25mm/s

ECG Strips

V1

V2

V3

V4

V5

V6

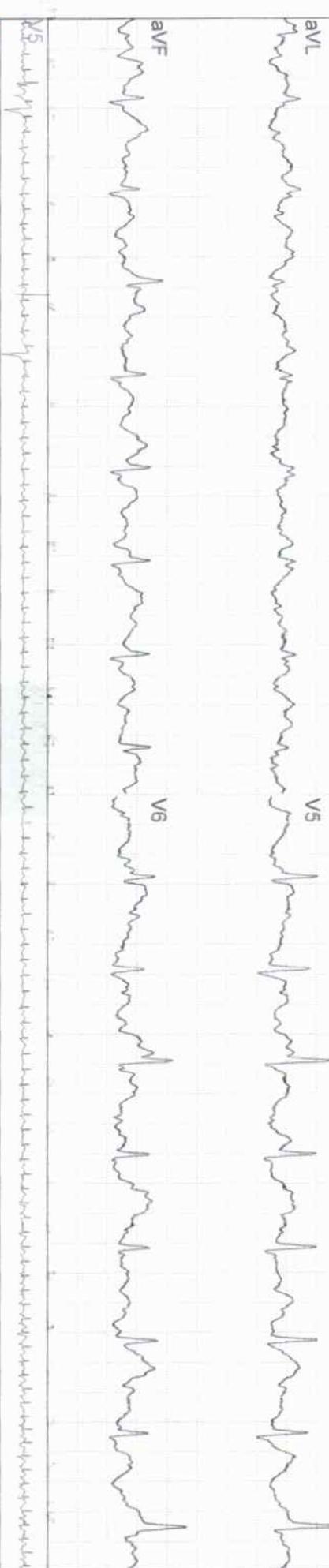
II

III

aVR

aVL

aVF



Grand Medica Indonesia Stress Exercise Report

ECG Strips

ID:8170

Time:09:26

Stage:[4 / 6] EXE3 02:56 [5.5 Km/h 14.0 %]

HR:136 bpm

BP:110/70 mmHg

Exam Time:30-12-2021 08:49

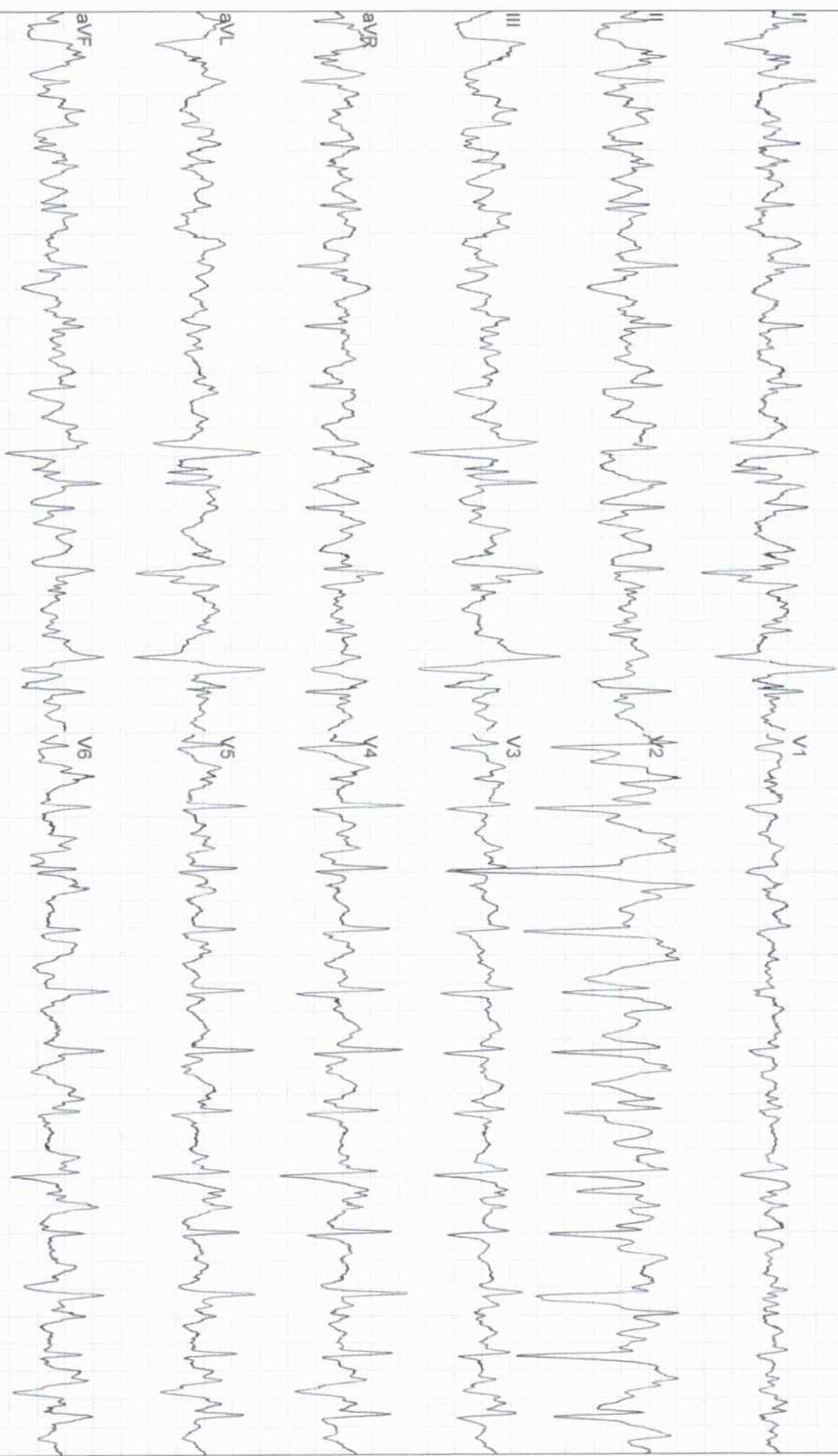
10mm/mV 25mm/s

Section:

Name:M. Annur.R.Tn Sex:Male

Age:30

Exam Time:30-12-2021 08:49



Grand Medica Indonesia Stress Exercise Report

ID:8170

Section:

Name:M. Annur.R.Tn

Sex:Male

Age:30

Exam Time:30-12-2021 08:49

Time:11:46

Stage:[5 / 6] EXE4 02:16 [6.8 Km/h 16.0 %]

HR:134 bpm

BP:110/70 mmHg

10mm/mV 25mm/s

ECG Strips

