



Management System  
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Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433  
Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024  
E-mail: customercare@medilab-clinic.com, Website: www.medilab-clinic.com




### HEALTH SCREENING REPORT

Periodic Health Examination

78

#### CONFIDENTIAL

No. Medical Record :   
00004/002/III/ISP/19

#### PERSONAL DATA

Name : DARMENDRA  
 Birthday/Gender/Emp. ID : 18 December 1983 / Male /  
 Father's Name : DARMAINI  
 Address : KAV NONGSA RT 04 RW 03 SAMBAU NONGSA, BATAM  
 Occupation : ASS INSPECTOR  
 Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT  
 Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM



#### MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Allergic Rhinitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Bronchial Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	5. Peptic Ulcer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Echolalia	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Bloody Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

#### CLINICAL EXAMINATION

Weight : 76 Kg	Height : 168 Cm	3. Cardiovascular System	Yes/Abnormal	No/Normal
BMI : 26.92		a. Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Systolic / Diastolic : 138 / 87 mm Hg		
		Pulse : 72 / min		
1. Vision	Yes/Abnormal	No/Normal		
a. Distant Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	b. Heart Disease	<input type="checkbox"/>
(Should be at least 6/12 in both eyes with or without glasses)			c. Varicose Veins	<input type="checkbox"/>
b. Near Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Respiratory System	<input type="checkbox"/>
(Should be at least J2 in both eyes with or without glasses)			5. Skin-Chronic Disease	<input type="checkbox"/>
c. Colour Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Abdomen	<input type="checkbox"/>
d. Any Organic Eye Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Locomotor/Neurological	<input type="checkbox"/>
2. Hearing	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Endocrine disorders	<input type="checkbox"/>
(Unable to hear ordinary conversation at 2 m)			9. Mental State	<input type="checkbox"/>

#### LABORATORY TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Blood Count	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Urine Feme	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Other Laboratory Test	<input checked="" type="checkbox"/>	<input type="checkbox"/>

#### OTHER TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Audiometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Spirometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. ECG (if indicated)	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Chest X-Ray	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Remarks:** Overweight E66, Lab: Total Cholesterol E78.0 271 mg/dl VHR, HDL E78.4 55 mg/dl BHR, LDL E78.4 180 mg/dl HR, Cholesterol Ratio E78 4.9 AR, Nuchter: Pre-Diabetes R73.01 102 mg/dl, Blood Count: ESR R70.0 15 mm/hr MIE, Lymphocytosis D72.820 42.4%, Monocytosis D72.821 8.3%

#### CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is FIT for duties mentioned above.

#### ADVICE :

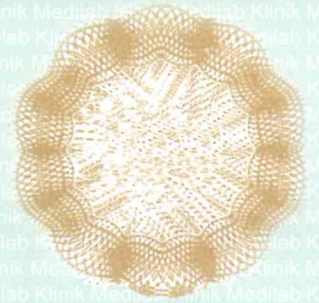
Regular Exercise and Reduce Weight, Low Fat & Sugar Diet

Authentic Signature

Date of Exam : 20 March 2019



  
DR. EBIET YUDI SANTOKO



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DARMENDRA

### LABORATORY REPORT

#### BLOOD COUNT

Test Name	Result	Unit	Reference Range
HGB	15.3	gr/dl	M: 13.2 - 17.3 F: 11.7 - 15.5
WBC	6.5	10 <sup>3</sup> /mm <sup>3</sup>	M: 3.8 - 10.6 F: 3.6 - 11.0
RBC	5.09	10 <sup>6</sup> /mm <sup>3</sup>	M: 4.4 - 5.9 F: 3.8 - 5.2
ESR	*	15 mm/hr	M: 0 - 10 F: 0 - 20
HCT	47.0	%	M: 40 - 52 F: 35 - 47
PLT	309	10 <sup>3</sup> /mm <sup>3</sup>	150 - 440
Differential Count			
- LYM	*	42.4 %	25 - 40
- MON	*	8.3 %	2 - 8
- GRA		49.3 %	43 - 76

#### URINE FEME

Macroscopy	Result
- pH	6
- Specific Gravity	1.010
- Glucosaa	Negative
- Protein	Negative
- Ketones	Negative
- Bilirubin	Negative
- Urobilinogen	Normal
- Nitrit	Negative
- Blood	Negative
- Leucocytes	Negative

#### X-RAY REPORT

Chest PA:  
Show no Abnormalities.  
There is no evidence of pulmonary tuberculosis or other pulmonary, pleural or mediastinal lesions.  
The size, shape and position of the heart are within limits of normal variations.  
Bony structures of the thorax show no abnormalities.

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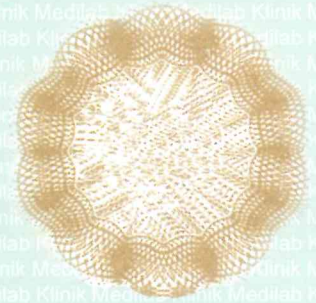


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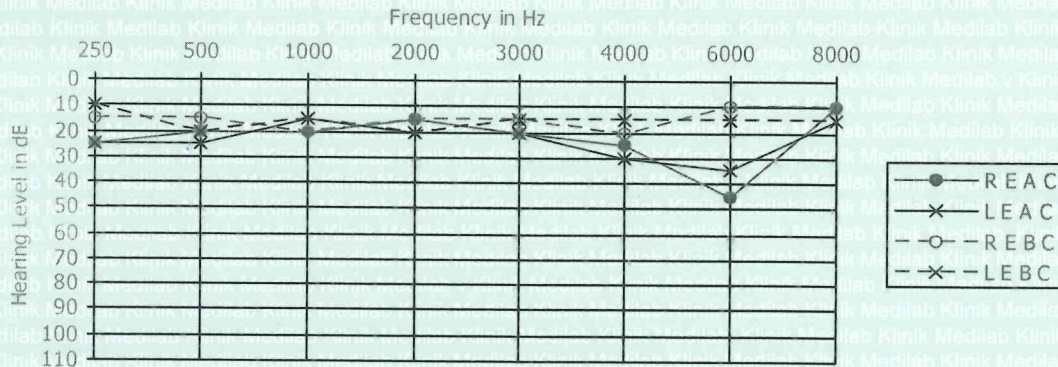
**AUDIOMETRY REPORT**

**Occupational History**

Yes No  
 - Noisy Working Environment    
 - Present/use of Hearing Protector    
 - Period of Working : 5.0 years

**Medical History/Examination**

	Yes	No	If Yes, which ear	Left	Right
- Ear Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Head/Ear Injury	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ears Infection	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Drum Perforation	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Cerumen	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>



**Conclusion :**

- Audiogram : Normal
- Hearing Impairment : Monaural : R : -7.50 %  
L : -3.75 %  
Hearing Handicap : -6.875 %
- Not a Noise Induced Hearing Loss

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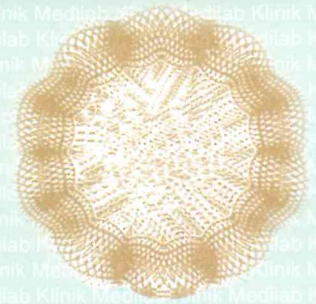


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### PULMONARY FUNCTION TEST

#### Occupation History

	Yes	No
- Dusty Working Environment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Present/use of Protective Equipment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Period of Working	5.0 years	

#### Medical History

	Yes	No	If Yes, when
- Lung Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Breathlessness/Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Coughed Up Blood	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

	BEST VALUES		
	Pred.	MEASURED	%Pred
FVC	4.43	4.13	93
FEV1	3.72	3.35	90
FEV1/FVC	80.9	81.1	100
PEF	8.96	8.80	98
FEF2575	4.45	3.26	73

FVC Normal Value : 3.751  
 FEV1 Normal Value : 3.128  
 FEV1/FVC % Normal Value : 84%  
 FVC % Predicted Value : 110%  
 FEV1 % Predicted Value : 107%  
 FEV1/FVC % Predicted Value : 96%

PARAMETER		Pred.	PRE#1	%Pred	PRE#2	PRE#3
FVC	L	4.43	4.13	93	4.08	3.91
FEV1	L	3.72	3.35	90	3.33	3.13
FEV1/FVC	%	80.9	81.1	100	81.6	80.1

**Interpretation : Normal Spirometri**

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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993

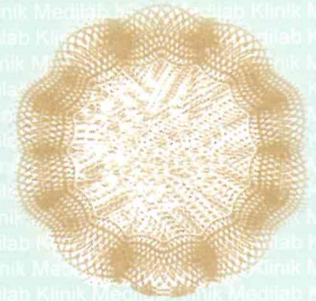


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DARMENDRA

**LABORATORY REPORT**

Test Name	Result Unit	Reference Range
<b>LIVER FUNCTION TEST</b>		
SGOT	23 U/L	M: <= 35 F: <= 31
SGPT	38 U/L	M: <= 45 F: <= 34
Gamma GT	35 U/L	M: <= 49 F: <= 32
<b>LIPID PROFILE TEST</b>		
Total Cholesterol	271 mg/dl	<= 200
HDL - Cholesterol	55 mg/dl	M: > 35 F: > 45
LDL - Cholesterol	180 mg/dl	50 - 140
Triglycerida	181 mg/dl	<= 204
Ratio Cholesterol ( Total Chol : HDL )	4.9	M: < 3.4 F: < 3.3
<b>BLOOD SUGAR TEST</b>		
Nuchter	102 mg/dl	< 100
<b>RENAL FUNCTION TEST</b>		
Ureum	20 mg/dl	17 - 43
Creatinine	1.2 mg/dl	M: 0.8 - 1.3 F: 0.5 - 0.9
Uric Acid	6.6 mg/dl	M: 3.6 - 8.2 F: 2.3 - 6.1

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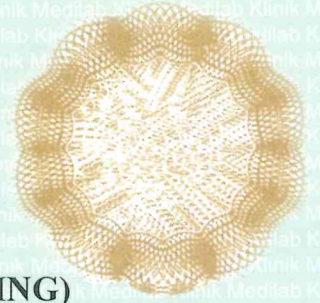


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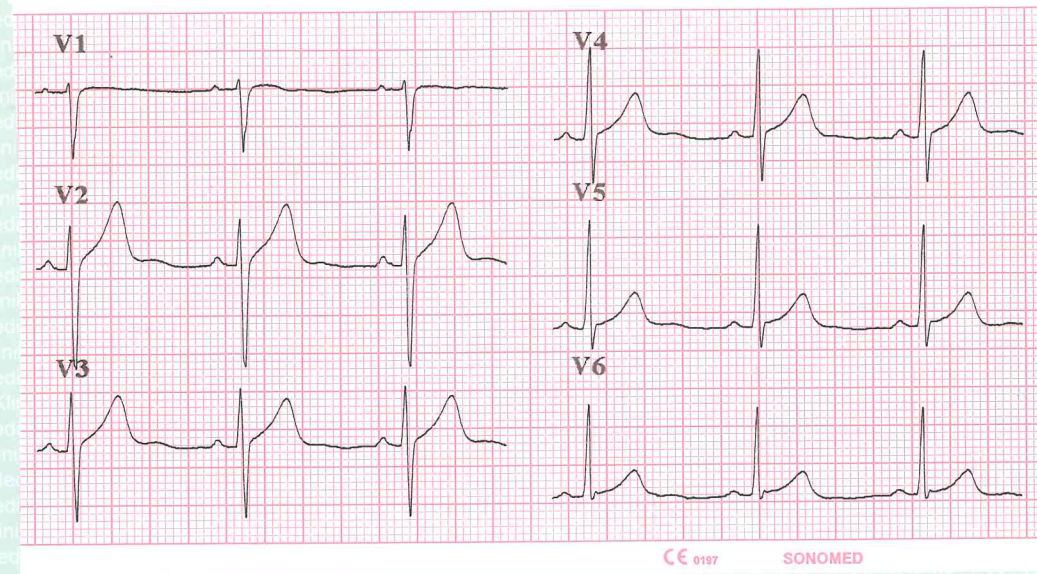
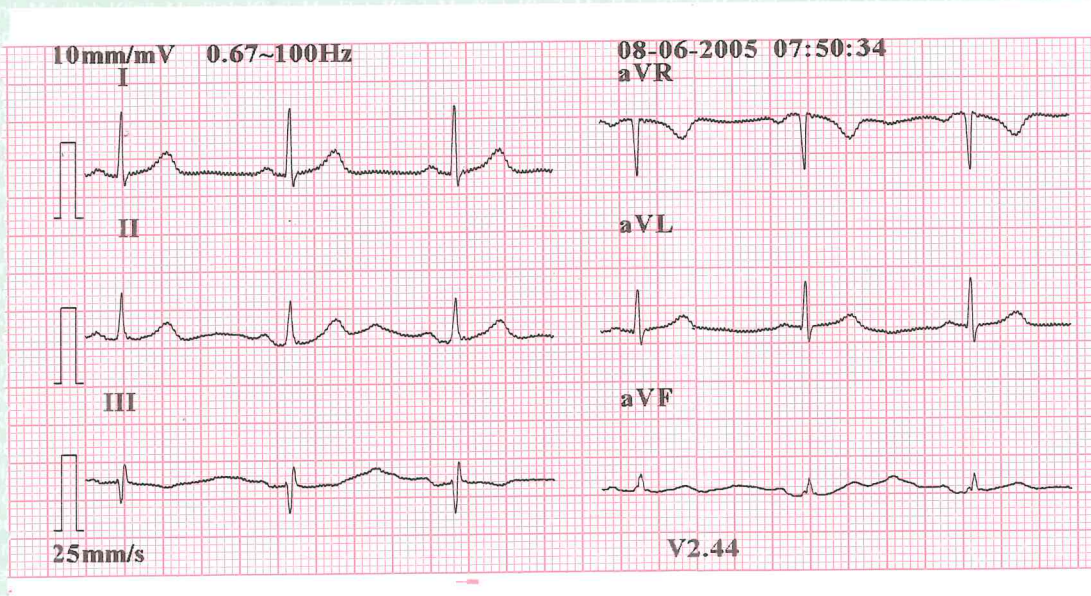
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**ELECTROCARDIOGRAM INTERPRETATION (RESTING)**

Name : Darmendra  
Age : 35 Years  
Sex : Male  
Place/Date : Batam, March 20<sup>th</sup> 2019  
Company's name : INSPEKTINDO SINERGI PERSADA, PT



CONCLUSION : **Normal Resting ECG**  
EXAMINER :

**dr. Ebiet Yudi Santolo**  
Examining Physician