

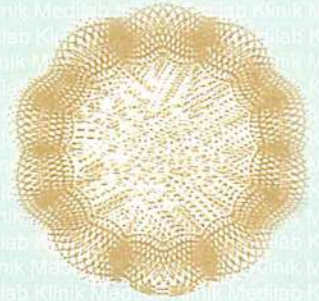


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**PUSAT PEMERIKSAAN KESEHATAN TENAGA KERJA**

Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433  
Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024  
E-mail: customercare@medilab-clinic.com, Website: www.medilab-clinic.com



**EYE EXAMINATION REPORT**

**Identification of Applicant**

**Applicant's Name** : Forsanto Tambun  
**Sex/Age** : Male/ 38 Years  
**Address** : Kav Mangsang Indah Blok E No 38  
**Company's Name** : INSPEKTINDO SINERGI PERSADA, PT



FORSANTO TAMBUN

<b>Distant vision acuity ( Snellen Chart )</b>		<b>Near vision acuity ( Jaeger Test )</b>	
Right Eye	: 6/6 Without Glasses	Both Eyes	: J1 Without Glasses
Left Eye	: 6/6 Without Glasses		
<b>Colour Vision ( Ishihara Test )</b>		: Normal	
<b>dr. Rezga Agnela Valbetri</b>			
<b>Examiner's Name</b>		<b>Examiner's Signature</b>	
<b>Batam, May 08<sup>th</sup>, 2019</b>			
<b>Place, Date of eye examination</b>		<b>Official Stamp of Medical Practitioner</b>	





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### HEALTH SCREENING REPORT

Periodic Health Examination

#### CONFIDENTIAL

No. Medical Record :   
00013/005/V/ISP/19

87

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 Father's Name : BERNAD  
 Address : KAV MANGSANG INDAH BLOK E NO 38, BATAM  
 Occupation : NDT  
 Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT  
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FOR SANTO TAMB

#### MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Allergic Rhinitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Bronchial Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	5. Peptic Ulcer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Echolalia	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Bloody Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

#### CLINICAL EXAMINATION

Weight : 79 Kg	Height : 163 Cm	3. Cardiovascular System	Yes/Abnormal	No/Normal
BMI : 29.73		a. Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>
1. Vision	Yes/Abnormal	Systolic / Diastolic : 130 / 70 mm Hg		
a. Distant Vision	<input type="checkbox"/>	Pulse : 85 / min		
( Should be at least 6/12 in both eyes with or without glasses )	<input checked="" type="checkbox"/>	b. Heart Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
b. Near Vision	<input type="checkbox"/>	c. Varicose Veins	<input type="checkbox"/>	<input checked="" type="checkbox"/>
( Should be at least J2 in both eyes with or without glasses )	<input checked="" type="checkbox"/>	4. Respiratory System	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Colour Vision	<input type="checkbox"/>	5. Skin-Chronic Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
d. Any Organic Eye Disease	<input type="checkbox"/>	6. Abdomen	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Hearing	<input type="checkbox"/>	7. Locomotor/Neurological	<input type="checkbox"/>	<input checked="" type="checkbox"/>
( Unable to hear ordinary conversation at 2 m )	<input checked="" type="checkbox"/>	8. Endocrine disorders	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		9. Mental State	<input type="checkbox"/>	<input checked="" type="checkbox"/>

#### LABORATORY TEST

( Report Enclosed )

	Yes/Abnormal	No/Normal
1. Blood Count	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Urine Feme	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Other Laboratory Test	<input checked="" type="checkbox"/>	<input type="checkbox"/>

#### OTHER TEST

( Report Enclosed )

	Yes/Abnormal	No/Normal
1. Audiometri	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Spirometri	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. ECG ( if indicated )	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Chest X-Ray	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Remarks:** Overweight E66, Waist Circumference: 93 cm, Lab: Alkaline Phosphatase R74.9 128 U/L MIE, SGPT R74.9 76 U/L MIE, GGT R74.9 128 U/L MOE, Total Cholesterol E78.0 207 mg/dl BHR, HDL E78.4 36 mg/dl BHR, Triglyceride E78.1 214 mg/dl HR, Cholesterol Ratio E78 5.8 AR, Nuchter: Pre-Diabetes R73.01 102 mg/dl, Blood Count: ESR R70.0 26 mm/hr MIE, Monocytosis D72.821 11.3%

#### CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is **FIT WITH NOTE** for duties mentioned above.

#### ADVICE :

Regular Exercise and Reduce Weight, Take Enough Rest & Consume Curcuma, Consultation to Company Doctor, Low Fat & Sugar Diet

Authentic Signature

Date of Exam : 8 May 2019



DR. REZGA AGNFI A VAI RFRTR



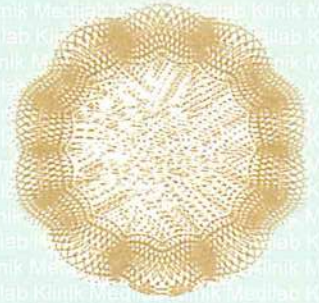


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87

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FOR SANTO TAMB

### LABORATORY REPORT

#### BLOOD COUNT

Test Name	Result	Unit	Reference Range	
HGB	16.2	gr/dl	M: 13.2 - 17.3	F: 11.7 - 15.5
WBC	8.8	10 <sup>3</sup> /mm <sup>3</sup>	M: 3.8 - 10.6	F: 3.6 - 11.0
RBC	5.38	10 <sup>6</sup> /mm <sup>3</sup>	M: 4.4 - 5.9	F: 3.8 - 5.2
ESR	*	26 mm/hr	M: 0 - 10	F: 0 - 20
HCT	47.9	%	M: 40 - 52	F: 35 - 47
PLT	222	10 <sup>3</sup> /mm <sup>3</sup>	150 - 440	
Differential Count				
- LYM	27.0	%	25 - 40	
- MON	*	11.3 %	2 - 8	
- GRA	61.7	%	43 - 76	

#### URINE FEME

Macroscopy	Result	Microscopy	Result
- pH	5	- WBC/HPF	Occ/HPF
- Specific Gravity	1.015	- RBC/HPF	Nil/HPF
- Glucososa	Negative	- Epithel Cell	Nil
- Protein	Negative	- Crystals	Nil
- Ketones	Negative	- Cast	Nil/HPF
- Bilirubin	Negative		
- Urobilinogen	Normal		
- Nitrit	Negative		
- Blood	Negative		
- Leucocytes	Negative		

### X-RAY REPORT

Chest PA:

Show no Abnormalities.

There is no evidence of pulmonary tuberculosis or other pulmonary,pleural or mediastinal lesions.

The size,shape and position of the heart are within limits of normal variations.

Bony structures of the thorax show no abnormalities.

Date of Exam : 8 May 2019



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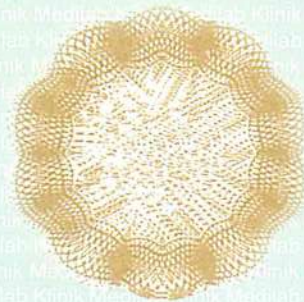
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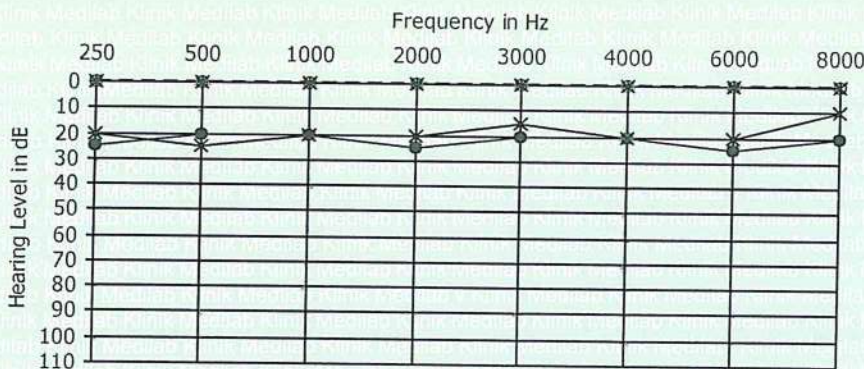
### AUDIOMETRY REPORT

#### Occupational History

- Noisy Working Environment	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
- Present/use of Hearing Protector	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
- Period of Working	17.0 years	

#### Medical History/Examination

- Ear Surgery	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>	If Yes, which ear	Left	Right
- Head/Ear Injury	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ears Infection	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Drum Perforation	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Cerumen	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>



#### Conclusion :

- Audiogram : Normal
- Hearing Impairment : Monaural : R : -5.63 %  
L : -5.63 %  
Hearing Handicap : -5.625 %
- Not a Noise Induced Hearing Loss

Date of Exam : 8 May 2019

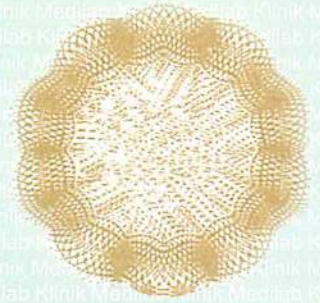


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### HEALTH SCREENING REPORT

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### PULMONARY FUNCTION TEST

#### Occupation History

	Yes	No
- Dusty Working Environment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Present/use of Protective Equipment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
- Period of Working	17.0 years	

#### Medical History

	Yes	No	If Yes, when
- Lung Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Breathlessness/Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Coughed Up Blood	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

#### BEST VALUES

	Pred.	MEASURED	%Pred
FVC	4.06	3.65	90
FEV1	3.42	3.20	94
FEV1/FVC	80.4	87.6	109
PEF	8.52	10.23	120
FEF2575	4.23	4.13	98

FVC Normal Value : 3.459  
 FEV1 Normal Value : 2.854  
 FEV1/FVC % Normal Value : 83 %  
 FVC % Predicted Value : 105 %  
 FEV1 % Predicted Value : 112 %  
 FEV1/FVC % Predicted Value : 105 %

**Interpretation : Normal Spirometri**

Date of Exam : 8 May 2019



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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993





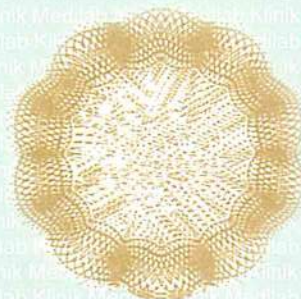
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87

FOR SANTO TAMB

### LABORATORY REPORT

Test Name	Result	Unit	Reference Range
<b>LIVER FUNCTION TEST</b>			
Total Bilirubin	0.8	mg/dl	0.3 - 1.1
Direct Bilirubin	0.2	mg/dl	0.1 - 0.4
Indirect Bilirubin	0.6	mg/dl	0.2 - 0.7
Alkaline Phosphatase	128	U/L	30 - 120
SGOT	34	U/L	M: <= 35 F: <= 31
SGPT	76	U/L	M: <= 45 F: <= 34
Gamma GT	128	U/L	M: <= 49 F: <= 32
<b>LIPID PROFILE TEST</b>			
Total Cholesterol	207	mg/dl	<= 200
HDL - Cholesterol	36	mg/dl	M: > 35 F: > 45
LDL - Cholesterol	128	mg/dl	50 - 140
Triglycerida	214	mg/dl	<= 204
Ratio Cholesterol ( Total Chol : HDL )	5.8		M: < 3.4 F: < 3.3
<b>BLOOD SUGAR TEST</b>			
Nuchter	102	mg/dl	< 100
<b>RENAL FUNCTION TEST</b>			
Ureum	26	mg/dl	17 - 43
<b>SEROLOGI</b>			
TPHA	Non Reactive		Non Reactive
HBsAg	Negative		Negative
Anti HBs	Negative		
<b>URINE</b>			
Cannabinoid	Negative		Negative
Methamphetamine	Negative		Negative
Opiates	Negative		Negative
Cocain	Negative		Negative
Amphetamine	Negative		Negative
Benzodiazepine	Negative		Negative
<b>OTHERS</b>			
Breath Alcohol Test	0.000	%BAC	< 0.02 %BAC is negative >= 0.02-0.039 %BAC: cannot perform safety sensitive function

Date of Exam : 8 May 2019



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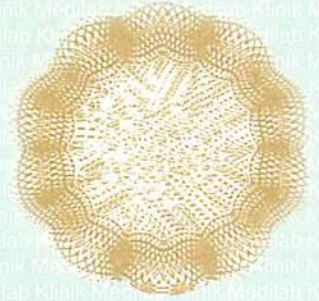
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### LABORATORY REPORT

Test Name	Result Unit	Reference Range
BUN	12.1 mg/dl	>= 0.04 %BAC is a violation of rule 8 - 20

Date of Exam : 8 May 2019



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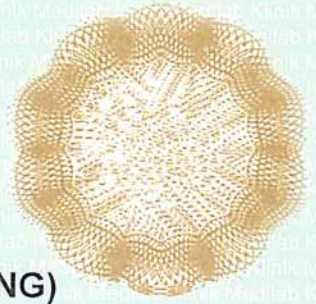
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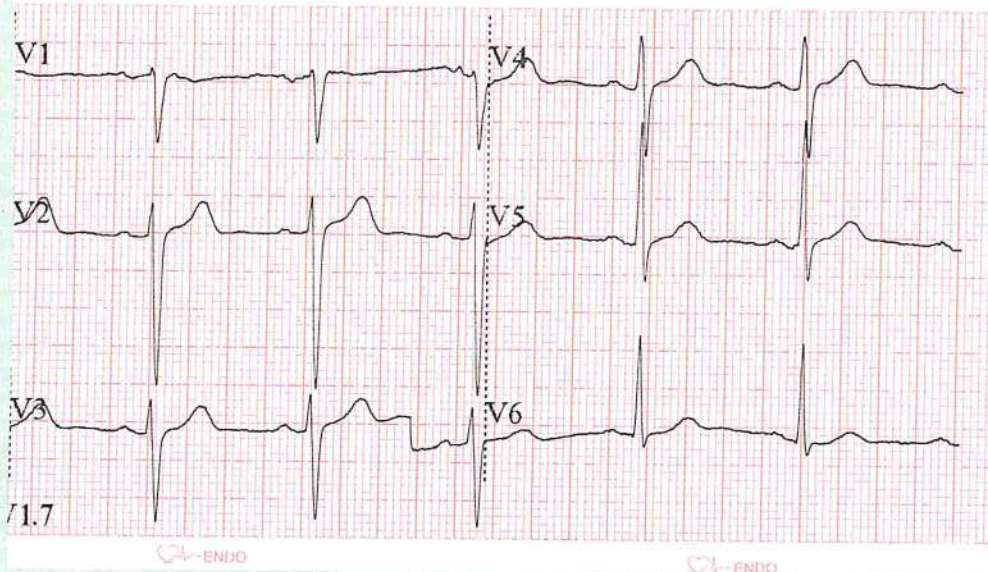
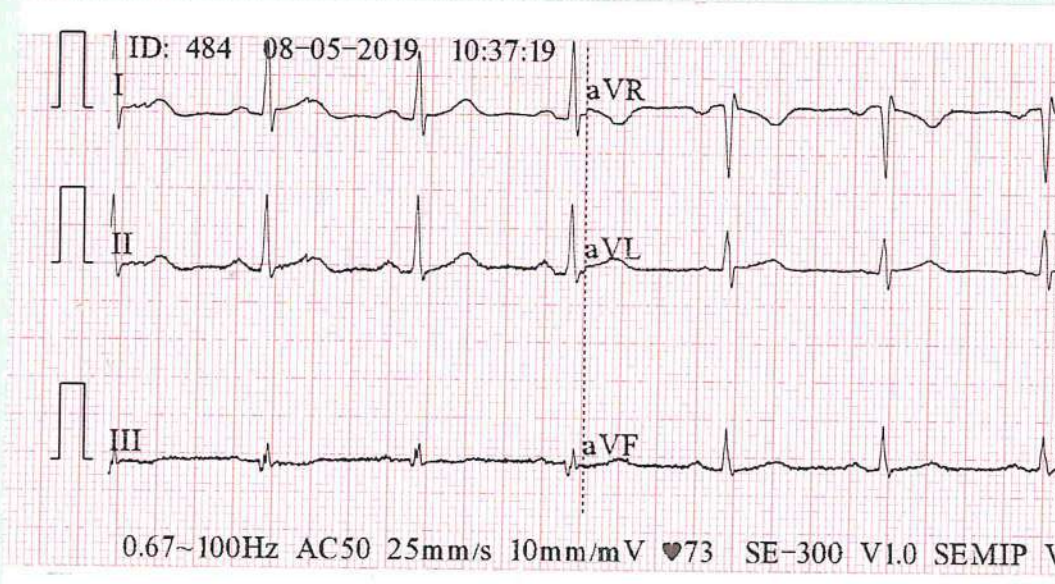
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**ELECTROCARDIOGRAM INTERPRETATION (RESTING)**

Name : Forsanto Tambun  
Age : 38 years  
Sex : Male  
Place/Date : Batam, May 08<sup>th</sup> 2019  
Company's name : INSPEKTINDO SINERGI PERSADA, PT



CONCLUSION : **Normal Resting ECG**  
EXAMINER :



**dr. REZGA AGNELA VALBETRI**  
Examining Physician



## OVERWEIGHT DAN OBESE

Kemendes RI

### CEGAH DENGAN MELAKUKAN POLA HIDUP SEHAT

**Overweight** adalah berat badan yang melebihi berat badan normal.

Body Mass Index (BMI)  $\geq 25$  Kg/m<sup>2</sup>



**Obese** adalah kelebihan akumulasi lemak dalam tubuh.

Body Mass Index (BMI)  $\geq 30$  Kg/m<sup>2</sup>

World Health Organization (WHO)

#### Cara Mengatasi :

1. Mengurangi porsi makan dari biasanya, perbanyak makan buah dan sayur serta kacang-kacangan.
2. Mengurangi penggunaan minyak dan santan, dianjurkan masak dengan cara dikukus, direbus atau dipanggang.
3. Mengurangi makanan dan minuman yang manis.
4. Mengurangi penggunaan garam dan makanan yang diawetkan, diasinkan dan dikemas dalam kaleng.
5. Hindari susu tinggi lemak, minumlah susu yang rendah lemak.
6. Meningkatkan konsumsi makan ikan segar.
7. Melakukan aktivitas fisik minimal 30 menit setiap hari. Kegiatan ini dapat dilakukan dimana saja dan kapan saja seperti berjalan kaki, bersepeda, membersihkan rumah dan kebun, mencuci motor/mobil.

#### Cara Mencegah :

1. Makan dengan gizi seimbang  
\*Jumlah dan jenis makanan sesuai kebutuhan  
\*Jadwal makan teratur
2. Aktifitas Fisik minimal 30 menit setiap hari
3. Timbang berat badan secara teratur

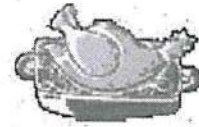






## CHOLESTEROL DARAH

Dr. Mariaman Tjendera, M.Kes



Total kolesterol darah dibagi dalam 3 kategori :

1. **Layak** : < 200 mg/dl
2. **Resiko Sedang** : 200-239 mg/dl (memiliki resiko serangan jantung 2 kali lebih besar dari nilai kolesterol < 200 mg/dl)
3. **Resiko Tinggi** : > 240 mg/dl (Resiko yang lebih tinggi untuk mendapat serangan jantung dan stroke)

Jenis – jenis Kolesterol

### 1. **LDL-Cholesterol : Kolesterol "Jahat"**

LDL-Cholesterol yang terlalu banyak beredar di darah dapat membentuk plaque, penebalan dan pengerasan yang menyebabkan penyempitan bahkan penyumbatan pembuluh darah. Kondisi tersebut dapat menyebabkan penyakit jantung dan stroke.

### 2. **HDL-Cholesterol : Kolesterol "Baik"**

HDL-Cholesterol yang banyak di sirkulasi darah dapat melindungi serangan jantung. HDL-Cholesterol memiliki kecenderungan membawa kolesterol keluar dan dapat membuang plaque dari pembuluh darah

### 3. **Trigliserida**

Merupakan salah satu jenis lemak darah yang bila tinggi dapat menyebabkan gangguan jantung

Cara menurunkan resiko serangan jantung dan stroke pada kolesterol yang tinggi :

1. Menghindari makanan berlemak jenuh yang dijumpai pada hasil hewan dan minyak tumbuhan tropis, seperti : daging lembu, domba, babi, mentega, coklat, susu lembu, keju, minyak kelapa, minyak palem, minyak kacang tanah dan snack crackers.
2. Memakan makanan berlemak tidak jenuh, seperti : minyak zaitun, minyak jagung, minyak bunga matahari, dan minyak kedelai.
3. Memakan makanan berserat seperti : cereal, buah segar dan sayur-sayuran.
4. Daging ikan yang mengandung asam lemak omega 3 dapat membantu menurunkan resiko serangan jantung.
5. Telur, ayam tanpa kulit, kacang buncis dan kacang polong dibatasi 3-4 kali seminggu.
6. Olah raga selama 30 – 60 menit, paling sedikit 3-4 kali seminggu.
7. Hentikan merokok, rokok dapat meningkatkan resiko serangan jantung
8. Mempertahankan tekanan darah tetap normal
9. Mempertahankan kadar gula darah tetap normal
10. Mempertahankan berat badan yang ideal
11. Hindari minuman beralkohol, karena dapat meningkatkan tekanan darah.
12. Periksa kadar kolesterol secara rutin.

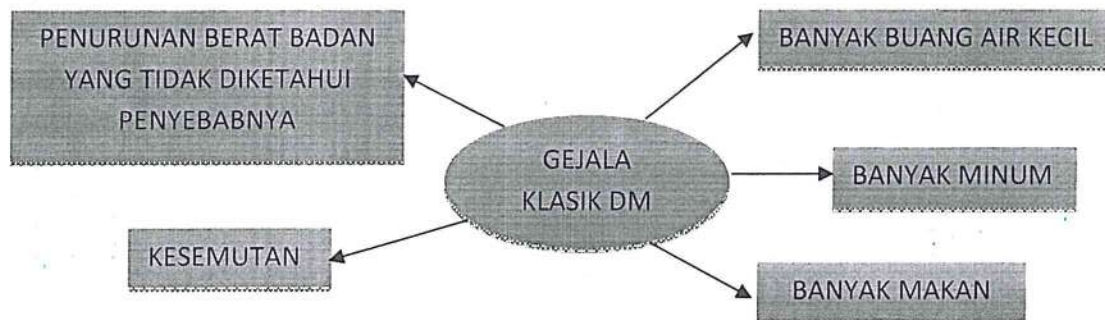
Kepustakaan :

- American Heart Association, 2002
- Indiana university health center (03/01/2003), <http://Indiana.edu/~health/choles.html>



## DIABETES MELLITUS (DM)

**Diabetes Mellitus (Kencing Manis)** adalah suatu kumpulan gejala yang timbul pada seseorang yang disebabkan oleh karena adanya peningkatan kadar glukosa darah akibat penurunan sekresi insulin yang progresif. (PERKENI 2015)



GULA DARAH PUASA	GULA DARAH SEWAKTU	GULA DARAH 2 JAM SETELAH MAKAN	HbA1c
Normal : < 100 mg/dl	Normal : < 200 mg/dl	Normal : < 140 mg/dl	Normal : < 5.7%
Pre Diabetes : 100-125 mg/dl	Diabetes : ≥ 200 mg/dl	Pre Diabetes : 140-199 mg/dl	Pre Diabetes : 5.7 - 6.4%
Diabetes : ≥ 126 mg/dl		Diabetes : ≥ 200 mg/dl	Diabetes : ≥ 6.5 %

### REKOMENDASI :

#### 1. PENGATURAN MAKANAN

**Dianjurkan** : ayam tanpa kulit, ikan, putih telur, daging tidak berlemak, tempe, tahu, kacang hijau, kacang merah, kacang kedelai, kacang tanah; sayur tinggi serat: kangkung, ketimun, tomat, sawi, terong dll; jeruk, apel, pepaya, belimbing (sesuai kebutuhan).

**Dibatasi** : semua sumber karbohidrat: nasi, bubur, roti, mie, kentang, singkong, ubi, jagung, sereal dll; lemak jenuh: kornet, sosis, sarden, otak, jeroan, kuning telur; bayam, buncis, daun melinjo, daun singkong, kacang panjang, pare, wortel; nanas, anggur, mangga, sirsak, pisang, alpukat, sawo, semangka, nangka; makanan yang digoreng dan menggunakan santan kental, kecap, saus tiram.

**Dihindari** : keju, abon, dendeng, susu full cream; buah-buahan yang manis dan diawetkan; minuman yang mengandung alkohol, susu kental manis, soft drink, es krim, yogurt, susu; gula pasir, gula merah, gula batu, madu, makanan dan minuman yang manis.

#### 2. LATIHAN JASMANI

3-4x seminggu selama 30 menit misalnya bersepeda, jogging, berenang, jalan kaki.

(KEMENKES 2011)



<b>REFERRAL LETTER</b> <i>(Surat Rujukan)</i>	<b>RL#10</b>
<b>682/MED/RL_B/V/2019</b>	<b>Rev: 00</b>

**Dear Company Doctor,**  
*(Kepada Teman Sejawat Dokter Perusahaan)*  
**INSPEKTINDO SINERGI PERSADA, PT**

**In**  
**KAWASAN INDUSTRI SEKUPANG KAVLING.13**

I am writing to refer pasien  
*( Saya rujuk pasien berikut)*

Name <i>(Nama)</i>	FORSANTO TAMBUN
Age <i>(Usia)</i>	38 YO
Gender <i>(Jenis kelamin)</i>	MALE

Occupation <i>(Pekerjaan)</i>	NDT
For <i>(Selama)</i>	----- years(tahun)
Reason for Referral <i>(Alasan Merujuk)</i>	Lab: GGT R74.9 128 U/L MOE

**Relevant Information (InformasiTerkait):**

- Attached Medical Examination Result (including laboratory result if any) (Med.Record No: 00013/005/V/ISP/19)  
*(Terlampir hasil pemeriksaan medical/termasuk hasil laboratorium jika ada/Med Record No: 00013/005/V/ISP/19)*
- The examination has been conducted on May 08<sup>th</sup>, 2019  
*(Pemeriksaan Kesehatan telah dilakukan pada tanggal 08 May 2019)*

Thank you for your cooperation.  
*(Terimakasih atas kerjasamanya)*

Batam, May 09<sup>th</sup>, 2019

Yours Sincerely,  
*(Salam Sejawat)*



**dr. Ebiet Yudi Santoko**

If any question please contact me: HP : 0852 0167 2000  
*(Jikaadapertanyaansilahkanhubungi saya HP : 085201672000)*







## HEALTH SCREENING REPORT

Periodic Health Examination

### CONFIDENTIAL

No. Medical Record :   
00013/005/V/ISP/19

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### PERSONAL DATA

Name : FORSANTO TAMBUN  
 Birthday/Gender/Emp. ID : 18 October 1980 / Male / B 8033663  
 Father's Name : BERNAD  
 Address : KAV MANGSANG INDAH BLOK E NO 38, BATAM  
 Occupation : NDT  
 Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT  
 Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM

### LABORATORY REPORT

#### BLOOD COUNT

Test Name	Result	Unit	Reference Range
HGB	16.2	gr/dl	M: 13.2 - 17.3 F: 11.7 - 15.5
WBC	8.8	10 <sup>3</sup> /mm <sup>3</sup>	M: 3.8 - 10.6 F: 3.6 - 11.0
RBC	5.38	10 <sup>6</sup> /mm <sup>3</sup>	M: 4.4 - 5.9 F: 3.8 - 5.2
ESR	*	26 mm/hr	M: 0 - 10 F: 0 - 20
HCT	47.9	%	M: 40 - 52 F: 35 - 47
PLT	222	10 <sup>3</sup> /mm <sup>3</sup>	150 - 440
Differential Count			
- LYM	27.0	%	25 - 40
- MON	*	11.3 %	2 - 8
- GRA	61.7	%	43 - 76

#### URINE FEME

Macroscopy	Result	Microscopy	Result
- pH	5	- WBC/HPF	Occ/HPF
- Specific Gravity	1.015	- RBC/HPF	Nil/HPF
- Glucossa	Negative	- Epithel Cell	Nil
- Protein	Negative	- Crystals	Nil
- Ketones	Negative	- Cast	Nil/HPF
- Bilirubin	Negative		
- Urobilinogen	Normal		
- Nitrit	Negative		
- Blood	Negative		
- Leucocytes	Negative		

### X-RAY REPORT

Chest PA:

Show no Abnormalities.

There is no evidence of pulmonary tuberculosis or other pulmonary, pleural or mediastinal lesions.

The size, shape and position of the heart are within limits of normal variations.

Bony structures of the thorax show no abnormalities.

Date of Exam : 8 May 2019



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## HEALTH SCREENING REPORT

Periodic Health Examination

### CONFIDENTIAL

No. Medical Record :   
00013/005/V/ISP/19

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## LABORATORY REPORT

Test Name	Result	Unit	Reference Range
<b>LIVER FUNCTION TEST</b>			
Total Bilirubin	:	0.8 mg/dl	0.3 - 1.1
Direct Bilirubin	:	0.2 mg/dl	0.1 - 0.4
Indirect Bilirubin	:	0.6 mg/dl	0.2 - 0.7
Alkaline Phosphatase	:*	128 U/L	30 - 120
SGOT	:	34 U/L	M: <= 35 F: <= 31
SGPT	:*	76 U/L	M: <= 45 F: <= 34
Gamma GT	:*	128 U/L	M: <= 49 F: <= 32
<b>LIPID PROFILE TEST</b>			
Total Cholesterol	:*	207 mg/dl	<= 200
HDL - Cholesterol	:	36 mg/dl	M: > 35 F: > 45
LDL - Cholesterol	:	128 mg/dl	50 - 140
Triglycerida	:*	214 mg/dl	<= 204
Ratio Cholesterol ( Total Chol : HDL )	:*	5.8	M: < 3.4 F: < 3.3
<b>BLOOD SUGAR TEST</b>			
Nuchter	:*	102 mg/dl	< 100
<b>RENAL FUNCTION TEST</b>			
Ureum	:	26 mg/dl	17 - 43
<b>SEROLOGI</b>			
TPHA	:	Non Reactive	Non Reactive
HBsAg	:	Negative	Negative
Anti HBs	:	Negative	
<b>URINE</b>			
Cannabinoid	:	Negative	Negative
Methamphetamine	:	Negative	Negative
Opiates	:	Negative	Negative
Cocain	:	Negative	Negative
Amphetamine	:	Negative	Negative
Benzodiazepine	:	Negative	Negative
<b>OTHERS</b>			
Breath Alcohol Test	:	0.000 %BAC	< 0.02 %BAC is negative >= 0.02-0.039 %BAC: cannot perform safety sensitive function

Date of Exam : 8 May 2019



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## HEALTH SCREENING REPORT

Periodic Health Examination

**CONFIDENTIAL**

No. Medical Record :   
 00013/005/V/ISP/19

**PERSONAL DATA**

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 Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM



## LABORATORY REPORT

Test Name	Result Unit	Reference Range
BUN :	12.1 mg/dl	>= 0.04 %BAC is a violation of rule 8 - 20

Date of Exam : 8 May 2019



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