



MEDIKA PLAZA
INDONESIA

MEDIKA PLAZA HEALTH & MEDICAL SERVICES

Medical Screening Questionnaire And Examination Record

Surname: <u>SIHAR HARUEL HUTASOIT</u>		Forenames: <u>SIHAR</u>		
Address: <u>Perum. Koperpi Bekasi Timur.</u>		Tel No: <u>082114056324</u>		
Date of Birth: <u>06. august 1990</u>				
GP's Name:				
GP's Address:				
Date of Last Offshore Medical: <u>20 okt 2019</u>		Offshore Occupation/Job Title :		
Emergency Response Role :				
Social / Occupational History		Yes	No	Comments
(1)	Do you smoke? If so, how many per day?	✓		<u>1 Bungkus / day</u>
(2)	If an ex-smoker, when did you give up?			
(3)	Average weekly alcohol consumption: state quantity and type.		✓	
(4)	Have you been exposed to any known occupational hazard such as noise, radiation, dusts, asbestos, chemicals or lead?		✓	
(5)	Do you use protective clothing, safety glasses or hearing protection?		✓	
(6)	Have you ever developed any medical condition in connection with your occupation? If so, please give details eg hearing loss/skin condition/wheeze/backache/muscle strain/blood disease?		✓	
(7)	Have you suffered any industrial injury? If so, please give details:		✓	
(8)	Have you ever had any previous audiometric screening? Was this normal? State when and where.		✓	
(9)	Have you ever had any previous lung function screening? Was this normal? State when and where.		✓	
(10)	Have you ever been rejected from employment on medical ground?		✓	
(11)	Have you ever received compensation, or is there any industrial claim pending?		✓	
(12)	Have you ever been medivaced from an offshore installation?		✓	
Examining Physician's comments :				

* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

Medical Screening Questionnaire And Examination Record (cont'd)

Do you have, or have you been diagnosed as suffering from any of the following? (Please circle and elaborate)			
Please circle and elaborate			
(1) Chest pain/heart pain	Yes	No	
(2) High blood pressure / stroke	Yes	No	
(3) Asthma / Epilepsy/Diabetes	Yes	No	
(4) Peptic ulcer disease	Yes	No	
(5) Kidney disease (eg stones)	Yes	No	
(6) Psychiatric disorder (eg anxiety, depression)	Yes	No	
(7) Tuberculosis	Yes	No	
(8) Cancer	Yes	No	
Do any of your immediate family (parents/brothers/sisters) have a history of any of the above conditions? Please specify :			

Do you currently have any of the following?			
(1) Backache/joint or muscular pain	Yes	No	
(2) Hernia/rupture	Yes	No	
(3) Visual impairment	Yes	No	
(4) Perforated eardrum / discharge from ear	Yes	No	
(5) Recurrent indigestion	Yes	No	
(6) Jaundice/hepatitis/gall bladder disease	Yes	No	
(7) Change in bowel habit/diarrhoea	Yes	No	
(8) Blood in stools/piles/haemorrhoids	Yes	No	
(9) Shortness of breath/coughing up blood	Yes	No	
(10) Recurrent bronchitis/pneumonia	Yes	No	
(11) Blood in urine/kidney complications/stones	Yes	No	
(12) Headaches/migraine/dizziness	Yes	No	
Physician's comments :			
I certify that the above information is correct :			
Signed : [Employee]			

Medical Screening Questionnaire And Examination Record (cont'd)

Medical Examination

To Be Completed By Examining Physician

Photographic ID :	Passport number :	
	Driver's license number :	
	Other :	

Height	Weight	BMI	BP	Pulse	FEV ₁	FVC	FEV ₁ / FVC	Urinalysis		
								Protein	Blood	Glucose
175cm	91.9	30kg/m ²	120/80 mmHg	70x/ min	3.58L	4.56L	78.5%	NEG	Positive 1	NEG

Vision Distance			Vision Near			Colour		VDU
L	Aided L	Both	L	Aided L	Both	Normal	Abnormal	
L	20/20		L	J1		✓		
R	20/20		R	J1		✓		

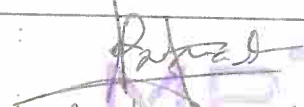
	Normal	Abnormal	Comments
Audiometric Screening	✓		
Substance Abuse Screening	✓		
Stool Culture (Catering Crew)			
Further investigations			
Blood tests		✓	Increase SGOT & SGPT level
Chest X-Ray	✓		
Electrocardiograph (ECG) / Treadmill	✓		
Spirometry	✓		
USG			

Medical Screening Questionnaire And Examination Record (cont'd)

	Normal	Abnormal	Comments
1. Eyes/pupils	✓		Roux, decayed, impacted, calculus teeth.
2. Ear, nose and throat	✓		
3. Teeth			
4. Lungs/chest	✓	✓	
5. Cardiovascular	✓		
6. Abdomen	✓		
7. Hernial orifices	✓		
8. Genitourinary	✓		
9. Musculoskeletal	✓		
10. Skin	✓		
11. Varicose veins	✓		
12. Neurological	✓		

Physician to comment on any abnormalities:
 Increase SGOT & SGPT level, Hematuria (+1), Obesity, Roux-decayed-impacted-calculus teeth.

Certification	Comment/Reason
Fit for offshore work as per Oil & Gas UK guidelines	✓
Fit for restricted offshore work following discussion with operating company's medical adviser	
Temporarily unfit for offshore work	
Permanently unfit for offshore work	

Physician's signature : 

Print name : Dr. Iwan B. Hayman

Date of examination : 30/10/2018

* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

TO WHOM IT MAY CONCERN

Kepada yang berkepentingan

This is certify that today Tuesday, 30 October 2018 Medika Plaza Clinic has performed urine drug screening and/or breath alcohol test to :

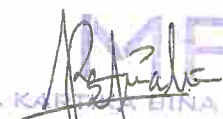
Dengan ini menyatakan bahwa, pada hari ini Selasa, 30 Oktober 2018 Medika Plaza Clinic telah melakukan urine drug screening dan/atau breath alcohol test kepada :

SIHAR HALLEL HUTASOIT

With the results are as follows :
Dengan hasil sebagai berikut :

<u>Drugs Test</u> <i>Uji Obat</i>	<u>Result</u> <i>Hasil</i>		
URINE DRUGS SCREENING			
- Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Met-Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Cocain	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- THC/Canabis/Marijuana	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Morphine/Opiates	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- P C P/Phencyclidine	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Barbiturate	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Benzodiazepin	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Methadone	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Propoxyphene	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Oxycodone	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- MDMA	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- 6-MAM	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
BREATH ALCOHOL TEST			
- Alcohol	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A

Jakarta, October 30, 2018



PT. KARTIKA BINA MEDIKATAMA


(dr. Esther Poerwanto, Sp.PK)

Clinical Patologist

Unrestricted Offshore Work Certificate

Medical Certificate of Fitness for Offshore Work

(Issued in accordance with Oil and gas UK Guidelines)

Name :	SIHAR HALLEL HUTASOIT
Date of Birth :	06 August 1990
Employing Company Name :	INSPEKTINDO SINERGI PERSADA
Occupation :	ASSISTANT INSPECTOR
<p>This individual has been examined in accordance with Oil & Gas UK Guidelines and is Medical Fit for Unrestricted To The Job Described At Offshore Work</p>	
Examining Physician Name :	dr. Irwan B. Hasyim
Oil & Gas UK PIN No. :	OGUK/2010/1598
Date of Examination :	30 October 2018
Date of Expiry of Certificate :	30 October 2020
Signed :	

HEALTH ASSESSMENT REPORT

Of

SIHAR HALLEL HUTASOIT
01052510

Tuesday, 30 October 2018

MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor
Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550
Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098
www.medikaplaza.com

MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor
Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550
Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098
www.medikaplaza.com

PATIENT DATA

MedRec.	: 01052510	EMPLOY. STATUS	: Employee
NAME	: SIHAR HALLEL HUTASOIT	BIRTHDATE	: 06 August 1990
EMPLOYEE No.	: -	SEX	: Male
JOB TITLE	: ASSISTANT INSPECTOR	STATUS	: Single
COMP. NAME	: INSPEKTINDO SINERGI PERSADA	NASIONALITY	: INDONESIA

SUMMARY

MEDICAL FINDING :

1. Increase SGOT and SGPT level
 2. Hematuria (+1)
 3. Obesity
 4. Radix, decayed, impacted, calculus teeth
- Your fitness status is fit for work to the job described.

SUGGESTION :

1. Take enough rest minimal 8 hours/day.
2. Drink more water at least 2lt/day (8-10 glasses/day). Repeat urinalysis after 2 weeks
3. Reduce body weight gradually 0.5 Kgs/week, by doing regular exercise (aerobic/jogging), 3-4x/week, 30-45 minutes and reduce high calorie diet until maximal body weight is 76.56Kgs (present body weight is 91.9Kgs). See a Clinical Nutrition Specialist for evaluation of Obesity
4. See a dentist for dental care, minimal once a year or better once in six month

Responsible Doctor



Rezkha Amalia, MD

Notes:

If you need the further information or consultation, please contact us via :

Email : - beltway.doctor@medikaplaza.com
- beltway.doctor2@medikaplaza.com
Telepon Klinik : (62-21) 8086 6000

PRIVATE

Printed by : rusly

CLINICAL EVALUATION

Name : SIHAR HALLEL HUTASOIT	Sex : Male	MR : 01052510	Visit : 30/10/2018
Comp. : INSPEKTINDO SINERGI PERSADA		DOB : 06 August 1990	
EXAMINATION	RESULT	NOTES	

ANAMNESA**PRESENT COMPLAINT AND HISTORY OF PRESENT****ILLNESS**

Present complaint

No complaint

MEDICAL HISTORY

Alergy	No
Imunisasi	Yes
Surgery	No
Hospitalization	No
Disease	Yes

Dyspepsia

LIFE STYLE

Alcohol intake	No
Smoking	Yes
Exercise	Yes

Mild smoker

Swimming, 1x/week

FAMILY MEDICAL HISTORY

Diabetes Melitus	No
Hypertension	No
Heart disease	No
Lung TB	No
Kidney disease	No
Astma	No
Mental disease	No
Epilepsy	No
Cancer	No
Color blind	No
Stroke	No
Liver disease	No
Bone & joint	No
Others disease	No

WORK EXPOSURE

Noise	No
Heat Stress	No
Cold Stress	No
Vibration	No
Involving height	Yes
Radiation	No
Dust	No

CLINICAL EVALUATION

Name : SIHAR HALLEL HUTASOIT	Sex : Male	MR : 01052510	Visit : 30/10/2018
Comp. : INSPEKTINDO SINERGI PERSADA		DOB : 06 August 1990	

EXAMINATION	RESULT	NOTES
Toxic chemical	Yes	
Irritating fluid	No	
Smoke	No	
Bacterium/Virus/Parasite	No	
Blood	No	
Animal	No	
Operating heavy mobile equipment	No	
Manual Handling	No	
Sitting continuously over 4 hours	No	
Stand continuously over 4 hours	No	
Using monitor screen more than 4 hours per day	No	
Exposure	No	
Unergonomic body positions	No	
Shift work	No	
Work is not accordance with skills and knowledge	No	
Workload does not accordance with time	No	
Work conflict	No	
Inappropriate task	No	
Career barriers	No	
Family conflict	No	
Working arround rotating machinery	No	
Administration work	No	
Handling food product	No	
Others	Yes	Offshore/Onshore
PHYSICAL EXAMINATION		
General Appearance	Good	
Body shape	Athleticus	
VITAL SIGN		
Body Weight	91.9 Kg	
Body Height	175 Cm	
BMI	30 Kg/m2	
Normal Weight	56.66 - 76.56 Kg	
BMI Conclusion	Obesity	
Blood Pressure	120/80 mmHg	
Pulse	76 x/minute	
Body Temperature	36.2 °C	
RR	18	

CLINICAL EVALUATION

Name : SIHAR HALLEL HUTASOIT	Sex : Male	MR : 01052510	Visit : 30/10/2018
Comp.: INSPEKTINDO SINERGI PERSADA		DOB : 06 August 1990	

EXAMINATION	RESULT	NOTES
Neck Circumference	36 Cm	
Arm Circumference	32 Cm	
Chest size	103 Cm	
Abdominal Circumference	104 Cm	
SKIN		
Skin	Normal	
EYE		
Left	Normal	
Right	Normal	
ENT		
Auricle	Normal	
Ear canal	Normal	
Drums	Normal	
Septum/Conchae	Normal	
Sinuses	Normal	
Pharynx	Normal	
Tonsil	Normal	
MOUTH		
Gum	Normal	
Dental	Abnormal	Radix, decayed, impacted, calculus teeth
NECK		
General	Normal	
Thyroid Gland	Normal	
CHEST		
Form	Normal	
Lung	Normal	
Heart	Normal	
Breast	Normal	
ABDOMEN		
Form	Flat	
Palpation	Supple	
Liver	Not Palpable	
Spleen	Not Palpable	
Kidney	No Ballotment	
-	No	
Hernia inguinal	No	
EXTRIMITIES		

CLINICAL EVALUATION

Name : SIHAR HALLEL HUTASOIT	Sex : Male	MR : 01052510	Visit : 30/10/2018
Comp. : INSPEKTINDO SINERGI PERSADA		DOB : 06 August 1990	

EXAMINATION	RESULT	NOTES
Bones, joint	Normal	
Muscles, tonus	Normal	
Fingernails	Normal	
Hand	Normal	
Foot	Normal	
RECTAL EXAMINATION		
Hemorrhoid	Negative	
Rectum	Normal	
SENSORIK EXAMINATION		
Tes Raba	Normal	
MOTORIK EXAMINATION		
Tes Grip	Normal	
REFLEX EXAMINATION		
Physiologic reflex	Normal	
Patologic reflex	Normal	
OTHERS EXAMINATION		
Coordination	Normal	
LYMPHE SYSTEM		
Submandibula	Normal	
Neck Gland	Normal	
Armpit gland	Normal	
Inguinal	Normal	

OPHTHALMOLOGY DIAGNOSTIC

Name : SIHAR HALLEL HUTASOIT Sex : Male MR : 01052510 Visit : 30/10/2018

Comp. : INSPEKTINDO SINERGI PERSADA DOB : 06 August 1990

EXAMINATION		Right	Left
Reading		-	-
Previous Glasses		-	-
Without Glasses	Distant	20/20	20/20
	Near	J1	J1
Correction	Distant	-	-
	Near	-	-
		-	-
Tonometry		-	-
Funduscopy		-	-
Visual Fields		-	-
Colour Blind Test		Normal	

IOP : IOP :

RADIOLOGY DIAGNOSTIC

Name : SIHAR HALLEL HUTASOIT

Sex : Male

MR : 01052510

Visit : 30/10/2018

Comp. : INSPEKTINDO SINERGI PERSADA

DOB : 06 August 1990

EXAMINATION

RESULT

THORAX PA

No abnormality seen in both lungs.
Normal bronchovascular markings in both hili.
The heart is normal in size and shape.
The mediastinum is not widened.
Both sinus and diaphragms are good.
No evidence of pleural effusion.

Impression

Normal chest.
No evidence of specific process in both lungs.

LABORATORY RESULT

Name : SIHAR HALLEL HUTASOIT	MR : 01052510	Visit : 30/10/2018	#Lab : IN648227880463
Comp. : INSPEKTINDO SINERGI PERSADA	Sex : Male	DOB : 06 August 1990	

EXAMINATION	RESULT	NORMAL RANGE
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HEMATOLOGI

ABO/Rh Typing "A" Rh(+) positive

Automated Blood Count

White Blood Cell (WBC)	9.8	3.8 - 11.0
Erythrocyte (RBC)	5.1	4.4 - 5.9
Haemoglobin	15.8	13.2 - 17.3
Hematocrit	47	40 - 52
Thrombocytes	279	150 - 440

MCV, MCH, MCHC

MCV	91	80 - 100
MCH	31	26 - 34
MCHC	33.9	32 - 36
ESR	5	0 - 10

Differential Count

Basophils	0	0 - 1
Eosinophil	2	2 - 4
Bands / Stab	3	3 - 5
Neutrophils	54	50 - 70
Lymphocytes	31	25 - 40
Monocytes	10 *	2 - 8

BLD CHEMISTRY/LIPID PROFILE

Total Cholesterol	184	Normal/Desireable: <200 Borderline High: 200-239 High: >=240
HDL Cholesterol	68.5 *	Normal : >40 - <60 Low HDL : <40 Desireable : >=60
LDL Cholesterol	91	Optimal: <100 Near/Above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: >=190
Tryglicerides	122	Normal : <150 Borderline High: 150-199 High : 200-499 Very High : >=500

BLD CHEMISTRY/KIDNEY FUNCTION

LABORATORY RESULT

Name : SIHAR HALLEL HUTASOIT	MR : 01052510	Visit : 30/10/2018	#Lab : IN648227880463
Comp. : INSPEKTINDO SINERGI PERSADA	Sex : Male	DOB : 06 August 1990	

EXAMINATION	RESULT	NORMAL RANGE
Ureum	19.8	10.0 - 50.0
Creatinine	0.9	0.6- 1.3
Uric Acid	4.2	3.5 - 7.2

BLD CHEMISTRY/LIVER FUNCTION

SGOT(AST)	53 *	13 - 45
SGPT (ALT)	92 *	13 - 50
Alkaline Phosphatase	51	30 - 120
Gamma GT	19	0 - 50

BLD CHEMISTRY/DIABETES

Glucose Fasting	76	< 100
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

Blood Glucose 2 PP

Blood Sugar 2 Hours PP	85	< 140
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

TOXICOLOGY - DRUGS SCREENING

Methadone	Negative	Negative
THC/Marijuana	Negative	Negative
Amphetamine	Negative	Negative
Benzodiazepines	Negative	Negative
Opiat	Negative	Negative
Cocain	Negative	Negative
Metamphetamine	Negative	Negative
Alcohol	Negative	Negative

URINALYSIS

Complete Urine Analysis

Macroscopic

Color	Light Yellow	
Turbidity	Clear	Clear
Specific Gravity	1.012	1.000 - 1.030
pH	6.0	4.5 - 8.0
Leucocyte	Negative	Negative
Glucose	Negative	Negative
Nitrit	Negative	Negative
Bilirubin	Negative	Negative
Blood	Positive 1	Negative

LABORATORY RESULT

Name : SIHAR HALLEL HUTASOIT

MR : 01052510

Visit : 30/10/2018

#Lab : IN648227880463

Comp. : INSPEKTINDO SINERGI PERSADA

Sex : Male

DOB : 06 August 1990

EXAMINATION	RESULT	NORMAL RANGE
Urobilinogen	Normal	Normal
Protein	Negative	Negative
Keton	Negative	Negative
Microscopic		
RBC	1-2	0 - 1
WBC	0-1	0 - 4
Cylinder	Negative	
Epithels Squamous	0-1	5 - 15
Crystals	Negative	
Bacteria	Negative	Negative
Others	Negative	

STOOL / RECTAL SWAP

Faeces Complete

Macroscopic

Color	Brown	
Consistency	Smooth	
Mucus	Negative	Negative
Blood	Negative	Negative
Pus	Negative	Negative
Parasitologi Faeces	Negative	Negative
Lipid	Negative	Negative

Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 5
Amoeba	Negative	
Ephitels	Positive	Positive
Worm Eggs	Negative	Negative
Yeast	Negative	Negative
Muscle Fiber	Negative	Negative
Others	Negative	Negative

Digestive

Amylum	Negative	Negative
Fat	Negative	
Fibers	Positive	Positive

SPIROMETRY DIAGNOSTIC

Name : SIHAR HALLEL HUTASOIT	Sex : Male	MR : 01052510	Visit : 30/10/2018
Comp. : INSPEKTINDO SINERGI PERSADA		DOB : 06 August 1990	

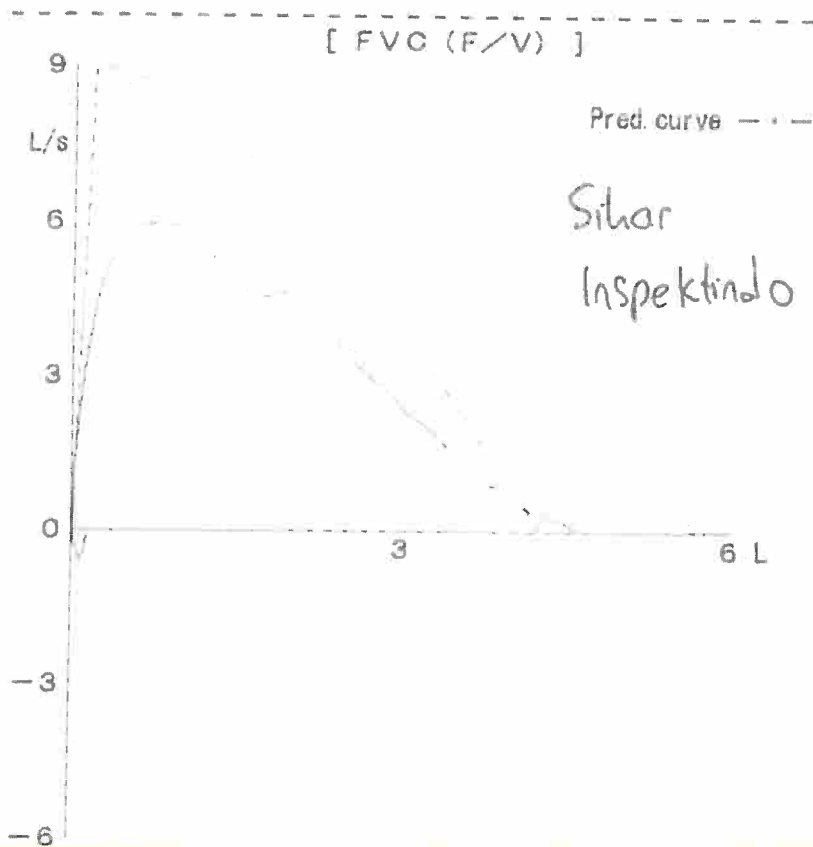
EXAMINATION	RESULT
FVC Result	: 4.56 L---> 106.3 %
FEV1 Result	: 3.58 L---> 87.3 %
FEV1/FVC Result	: 78.51 %---> 96.5 %
PEF Result	: 5.95 L/S---> 56.8 %
Indonesian Standart Result	:
Index	:
Spirometry Result	: Normal

Impression : Normal Spirometric Functions

[COPD CLASSIFICATION]

FEV1/FVC : 78 51 %
 %FEV1 0 : 87 30 %
 Stage : Normal
 Recommended treatment by GOLD:

[FVC (F/V)]



AUDIOMETRY DIAGNOSTIC

Name : SIHAR HALLEL HUTASOIT

Sex : Male

MR : 01052510

Visit : 30/10/2018

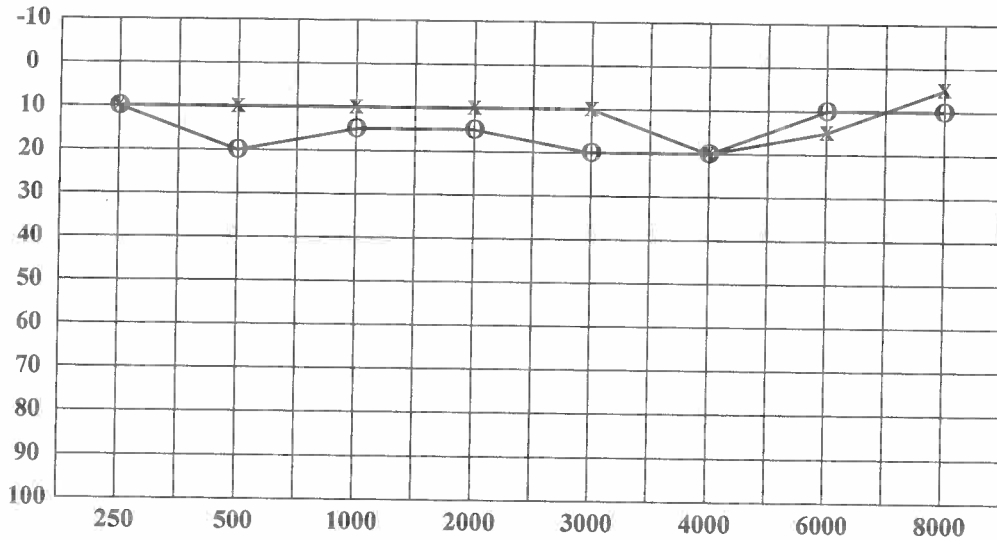
Comp. : INSPEKTINDO SINERGI PERSADA

DOB : 06 August 1990

RESULT

Left Ear	250	500	1000	2000	3000	4000	6000	8000
AC	10	10	10	10	10	20	15	5
BC	-	-	-	-	-	-	-	-

Right Ear	250	500	1000	2000	3000	4000	6000	8000
AC	10	20	15	15	20	20	10	10
BC	-	-	-	-	-	-	-	-



< : Right Ear (BC)
 > : Left Ear (BC)
 O : Right Ear (AC)
 X : Left Ear (AC)

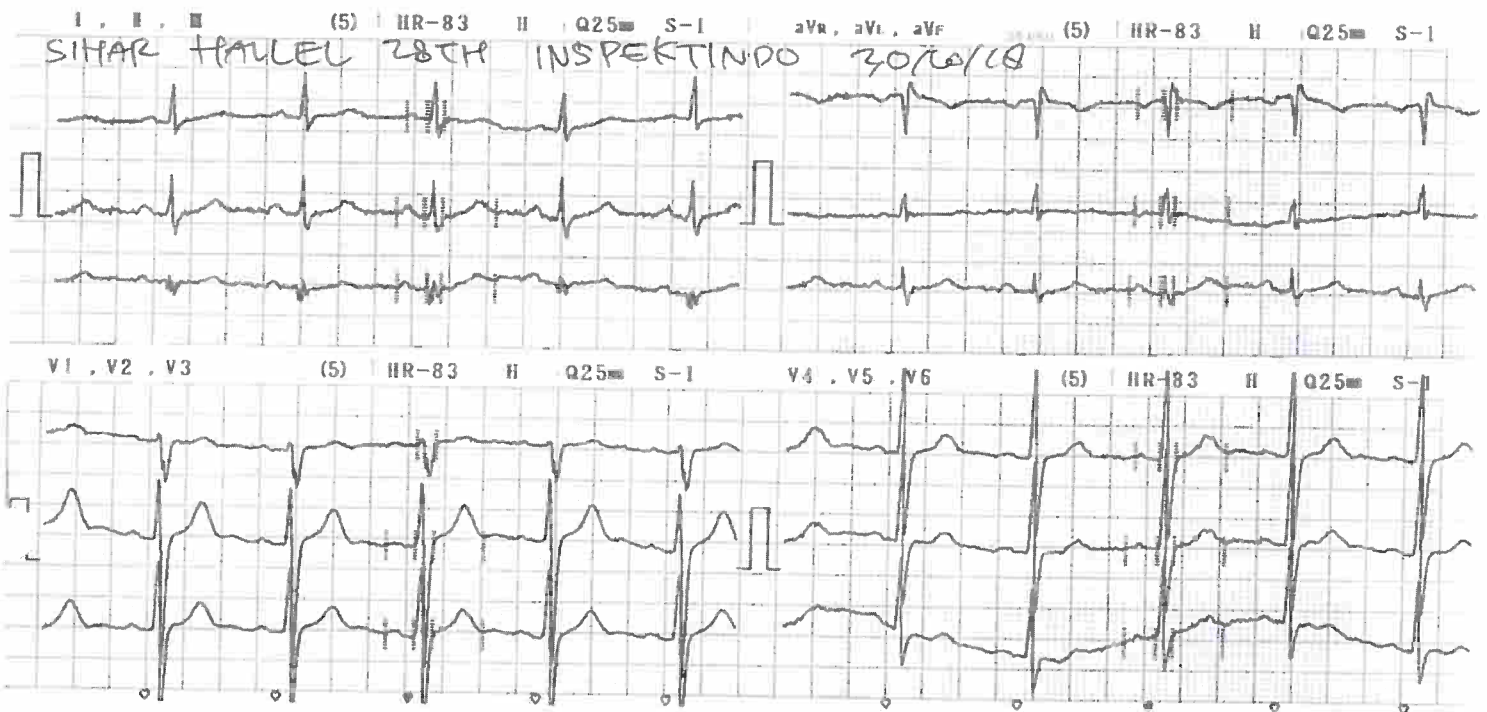
Conclusion Right Ear : Hearing threshold = 17.5 dB
 (Within normal limit)

Conclusion Left Ear : Hearing threshold = 12.5 dB
 (Within normal limit)

CARDIOLOGY DIAGNOSTIC

Name : SIHAR HALLEL HUTASOIT	Sex : Male	MR : 01052510	Visit : 30/10/2018
Comp. : INSPEKTINDO SINERGI PERSADA		DOB : 06 August 1990	

EXAMINATION	RESULT	Comments :
TREADMILL	Sinus Rythm axis (N), P wave (N), PR int 0.16" ST - T segment (N), aritmia (-)	Treadmill Exercise Test : Negative Cardiopulmonary Fitness Classification : Good METs : 13.4
ELECTROCARDIOGRAPHY	Sinus Rythm axis (N), P wave (N), PR int 0.16" ST - T segment (N), aritmia (-)	Normal ECG





SIHAR HALLEL H, MR

Born: 06/08/1990 (Male 28), 91 kg, 175 cm
Test Date: 30/10/2018 8:56:17

MEDIKA PLAZA



Patient info

Born: 06/08/1990
Age: 28
Sex: Male
Weight: 91 kg
Height: 175 cm
Smoker:
Pacemaker:

Medical history

Medications

Reason for Admission

Reason for Stop

Trends



Conclusion

Alab
- Spaldy
 MEDIKA PLAZA
 ELINDA DIKATAMA

Staff

Attending doctor:
Technician:

Adolf Amahorseya, SpJP
Jeni, NR

Test info

Test date: 30/10/2018
 Test time: 8:56
 Stress device: BTL Treadmill
 Protocol: Bruce
 Total duration: 09:15
 Stress achieved: 6,7 km/h, 16,0% (~13,4MET) = 96% predicted (~13,8MET) - for 15 sec
 HR rest: 87
 HR peak: 181 = 74% predicted (191) → 09:16 Exercise (13,4MET)
 Handgrip test:
 BP rest: 120/80
 BP peak: 140/80 → 09:16 Exercise (13,4MET)
 BP recovery: 140/90
 DP rest: 9720
 DP peak: 18919 = 1,9x DP at rest

ST depression max:
 ST elevation max:
 ST/HR index:

V5 -0,48mV 03:45 Exercise 7,0MET
 II 0,67mV 04:03 Exercise 7,0MET
 3,7 µV/bpm (abnormal)



SIHAR HALLEL H, MR

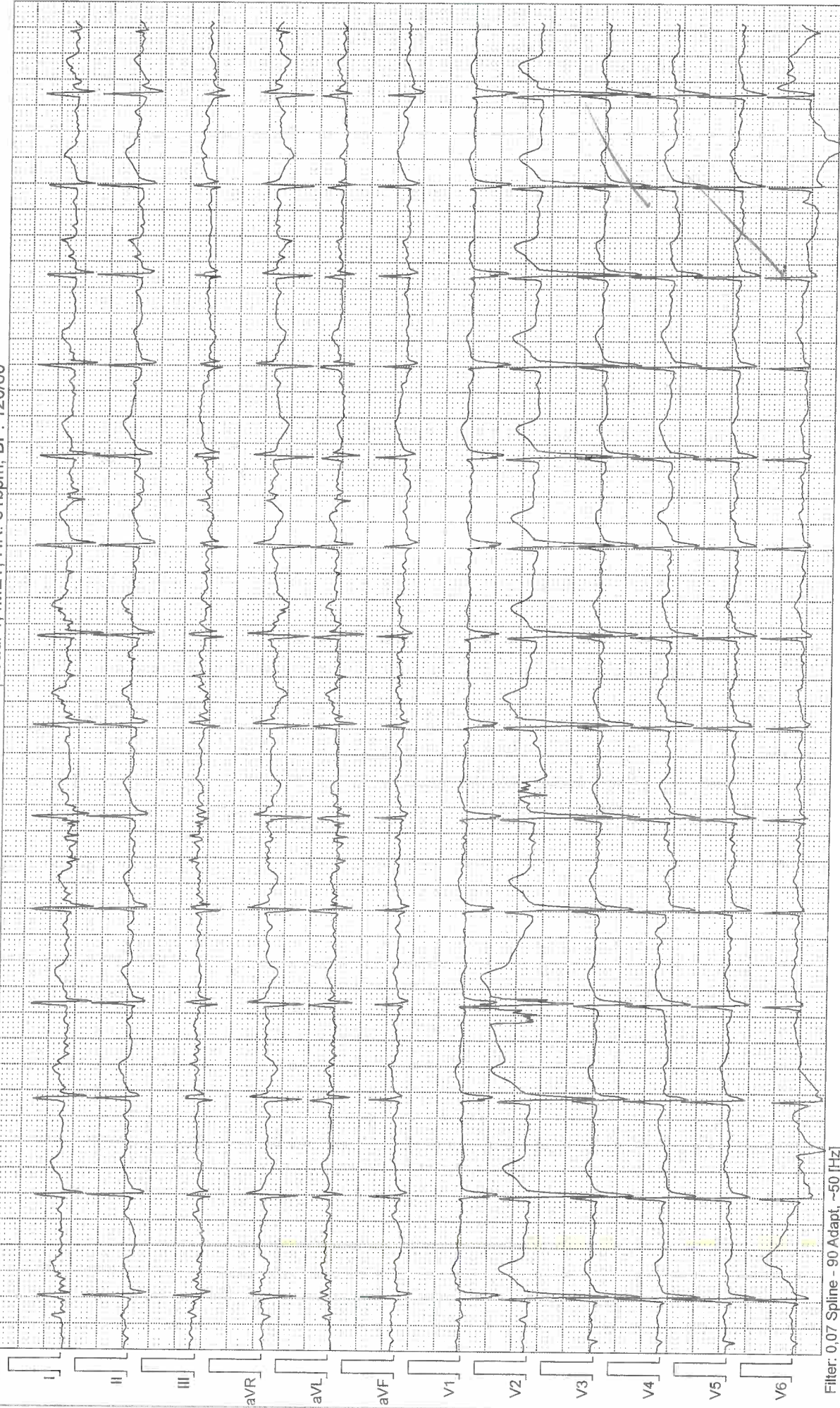
Born: 06/08/1990 (Male 28), 91 kg, 175 cm
Test Date: 30/10/2018 8:56:17

MEDIKA PLAZA



Time: P 00:07 - Reference

Load: 1,4MET, HR: 81bpm, BP: 120/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV

MEDIKA PLAZA



SIHAR HALLEL H, MR

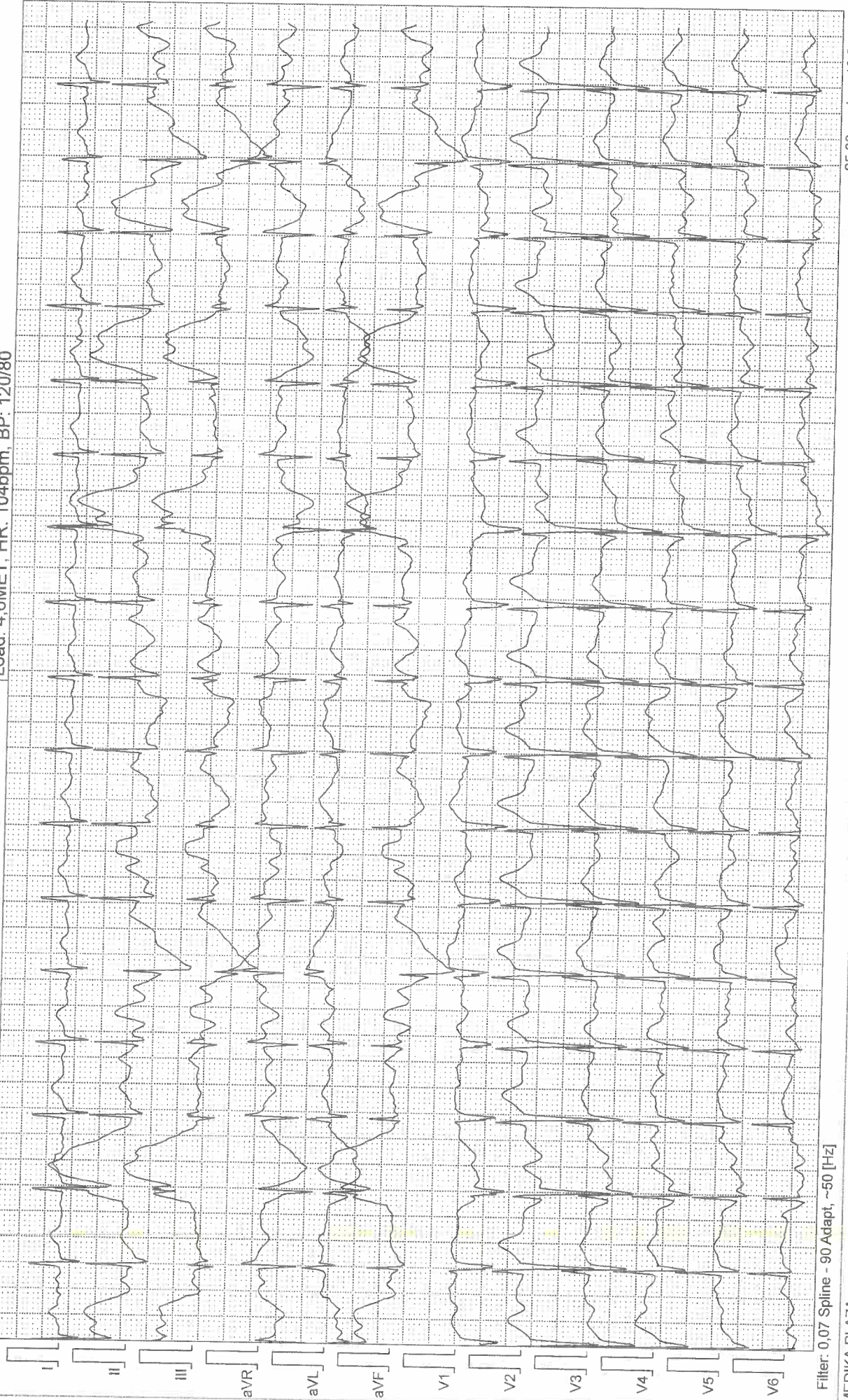
Born: 06/08/1990 (Male 28), 91 kg, 175 cm
Test Date: 30/10/2018 8:56:17

MEDIKA PLAZA

MP+
MEDIKA PLAZA

Time: E 02:55 - E1

Load: 4.6MET, HR: 104bpm, BP: 120/80



Filter: 0,07 Spine - 90 Adapt, -50 [Hz]

MEDIKA PLAZA

25,00 mm/sec 10,0 mm/mV



SIHAR HALLEL H, MR

Born: 06/08/1990 (Male 28), 91 kg, 175 cm
Test Date: 30/10/2018 8:56:17

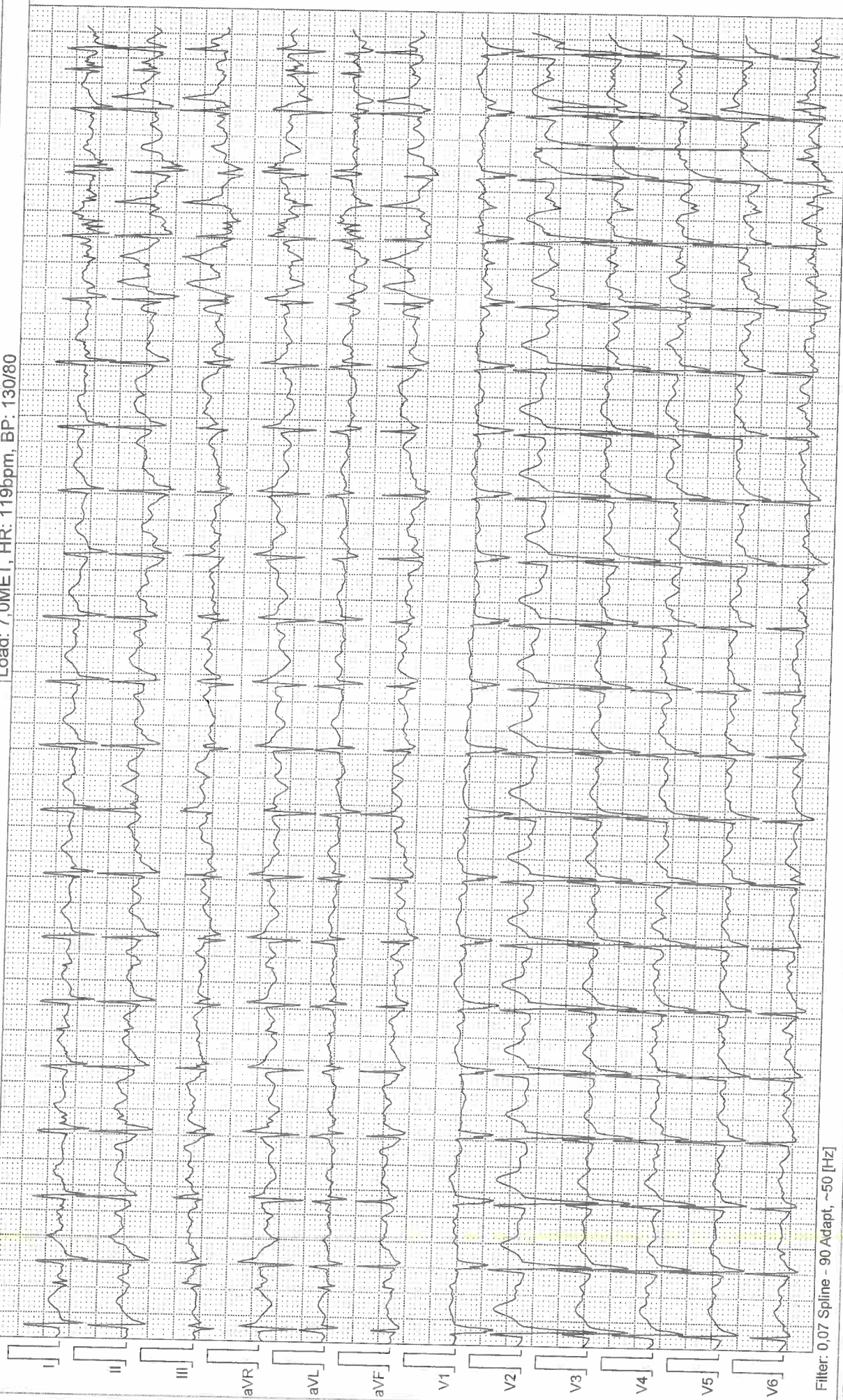
MEDIKA PLAZA

MP+

MEDIKA PLAZA

Time: E 05:56 - E2

Load: 7.0MET, HR: 119bpm, BP: 130/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

MEDIKA PLAZA

25.00 mm/sec 10.0 mm/mV

CardioPoint 2.23.18524.0, DIAG 1.7.17214.0, ECG-071D-B-05775

CardioPoint - Stress Test

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SIHAR HALLEL H, MR

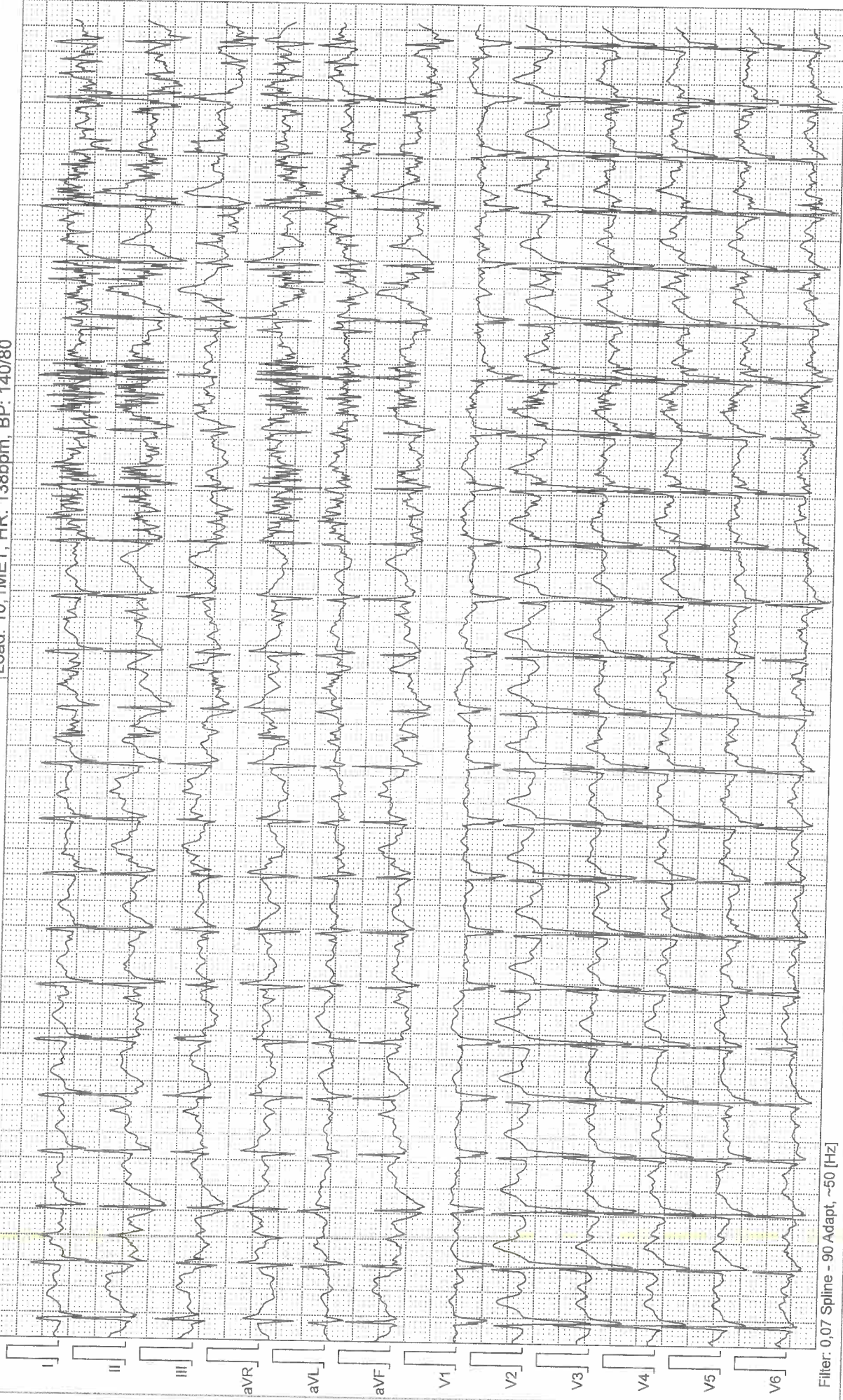
Born: 06/08/1990 (Male 28), 91 kg, 175 cm
Test Date: 30/10/2018 8:56:17

MEDIKA PLAZA

MP⁺
MEDIKA PLAZA

Time: E 08:55 - E3

Load: 10,1 MET, HR: 138bpm, BP: 140/80



Filter: 0,07 Spline - 90 Adapt, ~50 [Hz]

MEDIKA PLAZA

25,00 mm/sec 10,0 mm/mV

CardioPoint 2.23.18524.0, DIAG 1.7.17214.0, ECG:071D-B-05775

CardioPoint - Stress Test

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SIHAR HALLEL H, MR

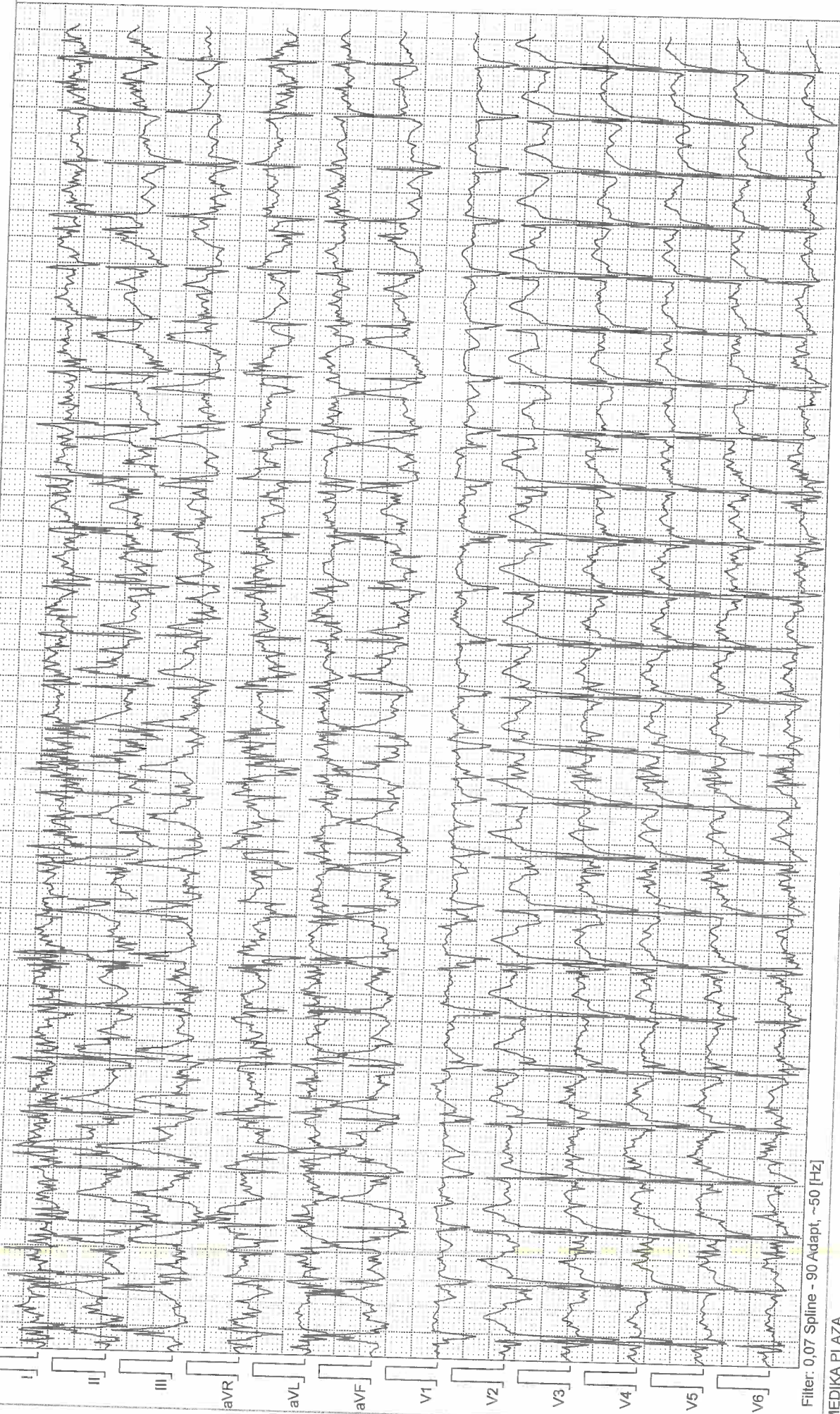
Born: 06/08/1990 (Male 28) 91 kg, 175 cm
Test Date: 30/10/2018 8:56:17

MEDIKA PLAZA



Time: E 09:11 - Peak

Load: 13,4MET, HR: 144bpm, BP: -



Filter: 0,07 Spline - 90 Adapt, ~50 [Hz]

MEDIKA PLAZA

25,00 mm/sec 10,0 mm/mV

CardioPoint 2.23.18524.0, DIAG 1.7.17214.0, ECG:071D-B-05775

CardioPoint - Stress Test

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SIHAR HALLEL H, MR

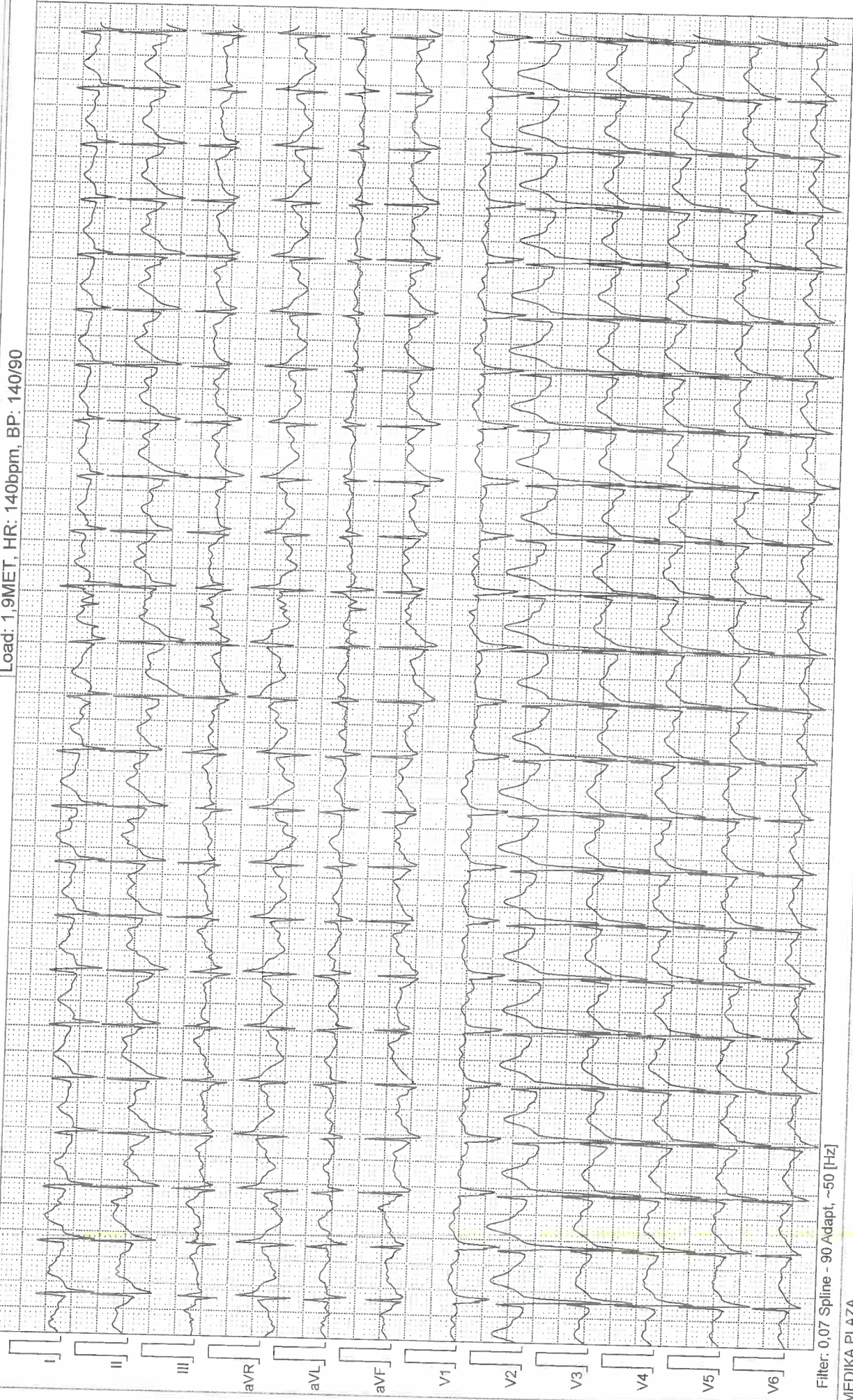
Born: 06/08/1990 (Male 28), 91 kg, 175 cm
Test Date: 30/10/2018 8:56:17

MEDIKA PLAZA



Time: R 00:10 - RECOVERY

Load: 1,9MET, HR: 140bpm, BP: 140/90



Filter: 0,07 Spline - 90 Adapt, ~50 [Hz]

MEDIKA PLAZA

25,00 mm/sec 10,0 mm/mV

CardioPoint 2.23.18524.0, DIAG 1.7.17214.0, ECG:071D-B-05775

CardioPoint - Stress Test

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SIHAR HALLEL H, MR

Born: 06/08/1990 (Male 28), 91 kg, 175 cm
 Test Date: 30/10/2018 8:56:17

MEDIKA PLAZA



Stage	Time	Load		HR bpm	BP mmhg	SpO2 %	ST Level [mV], Jt: 1/8RR												
		km/h	%				I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6	
Reference	E 00:02	0,8	0,0	81	120/80	-	0,09	0,08	-0,01	-0,09	0,05	0,04	0,07	0,30	0,09	0,00	0,05	0,05	-0,05
E 1 step	E 03:00	2,7	10,0	102	120/80	-	0,04	-0,13	-0,18	0,04	0,10	-0,15	0,17	0,28	0,18	0,12	0,15	0,15	0,05
E 2 step	E 06:01	4,0	12,0	117	130/80	-	0,03	-0,03	-0,05	0,00	0,04	-0,04	0,06	0,16	0,10	0,05	-0,48	0,05	0,05
E 3 step	E 09:00	5,4	14,0	138	140/80	-	0,02	0,00	-0,02	-0,01	0,02	-0,01	0,06	0,11	0,04	0,03	0,05	0,05	0,02
E 4 peak	E 09:16	6,7	16,0	141	140/80	-	-0,10	0,14	0,22	-0,02	-0,19	0,15	-0,02	0,09	0,11	0,06	0,03	0,03	0,04
RECOVERY	R 00:20	0,8	16,0	140	140/90	-	0,03	0,13	0,10	-0,08	-0,03	0,11	0,07	0,20	0,13	0,12	0,09	0,09	0,07