

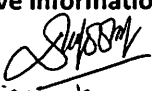
## Medical Screening Questionnaire And Examination Record

Surname: <u>Rizal Ferdiansyah</u>		Forenames:	
Address: <u>Perumahan Taman Ciburas Jl. Ciliwung I No 51, Cikarang</u>		Tel No: <u>0821 21 88 66 00</u>	
Date of Birth: <u>26 Mei 1988</u>		<u>Pusat</u>	
GP's Name:			
GP's Address:			
Date of Last Offshore Medical: <u>Feb 2019</u>		Offshore Occupation/Job Title: <u>Lefting Inspector</u>	
Emergency Response Role :			
<b>Social / Occupational History</b>			
		<b>Yes</b>	<b>No</b>
		<b>Comments</b>	
(1)	Do you smoke? If so, how many per day?	✓	
(2)	If an ex-smoker, when did you give up?		
(3)	Average weekly alcohol consumption: state quantity and type.		✓
(4)	Have you been exposed to any known occupational hazard such as noise, radiation, dusts, asbestos, chemicals or lead?	✓	
(5)	Do you use protective clothing, safety glasses or hearing protection?	✓	
(6)	Have you ever developed any medical condition in connection with your occupation? If so, please give details eg hearing loss/skin condition/wheeze/backache/muscle strain/blood disease?		✓
(7)	Have you suffered any industrial injury? If so, please give details:		✓
(8)	Have you ever had any previous audiometric screening? Was this normal? State when and where.	✓	
(9)	Have you ever had any previous lung function screening? Was this normal? State when and where.	✓	
(10)	Have you ever been rejected from employment on medical ground?		✓
(11)	Have you ever received compensation, or is there any industrial claim pending?		✓
(12)	Have you ever been medivaced from an offshore installation?		✓
Examining Physician's comments :			

\* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

## Medical Screening Questionnaire And Examination Record (cont'd)

<b>Do you have, or have you been diagnosed as suffering from any of the following?</b> <i>(Please circle and elaborate)</i>			
Please circle and elaborate			
(1) Chest pain/heart pain	Yes	<input checked="" type="radio"/> No	
(2) High blood pressure / stroke	Yes	<input checked="" type="radio"/> No	
(3) Asthma / Epilepsy/Diabetes	Yes	<input checked="" type="radio"/> No	
(4) Peptic ulcer disease	Yes	<input checked="" type="radio"/> No	
(5) Kidney disease (eg stones)	Yes	<input checked="" type="radio"/> No	
(6) Psychiatric disorder (eg anxiety, depression)	Yes	<input checked="" type="radio"/> No	
(7) Tuberculosis	Yes	<input checked="" type="radio"/> No	
(8) Cancer	Yes	<input checked="" type="radio"/> No	
<b>Do any of your immediate family (parents/brothers/sisters) have a history of any of the above conditions? Please specify :</b>			

<b>Do you currently have any of the following?</b>			
(1) Backache/joint or muscular pain	Yes	<input checked="" type="radio"/> No	
(2) Hernia/rupture	Yes	<input checked="" type="radio"/> No	
(3) Visual impairment	Yes	<input checked="" type="radio"/> No	
(4) Perforated eardrum / discharge from ear	Yes	<input checked="" type="radio"/> No	
(5) Recurrent indigestion	Yes	<input checked="" type="radio"/> No	
(6) Jaundice/hepatitis/gall bladder disease	Yes	<input checked="" type="radio"/> No	
(7) Change in bowel habit/diarrhoea	Yes	<input checked="" type="radio"/> No	
(8) Blood in stools/piles/haemorrhoids	Yes	<input checked="" type="radio"/> No	
(9) Shortness of breath/coughing up blood	Yes	<input checked="" type="radio"/> No	
(10) Recurrent bronchitis/pneumonia	Yes	<input checked="" type="radio"/> No	
(11) Blood in urine/kidney complications/stones	Yes	<input checked="" type="radio"/> No	
(12) Headaches/migraine/dizziness	Yes	<input checked="" type="radio"/> No	
<b>Physician's comments :</b>			
<b>I certify that the above information is correct :</b>			
 Signed : Rizal Ferdiansyah ..... [ Employee ]			

\* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

## Medical Screening Questionnaire And Examination Record (cont'd)

### Medical Examination

*To Be Completed By Examining Physician*

<b>Photographic ID :</b>	Passport number :	
	Driver's license number :	
	Other :	

Height	Weight	BMI	BP	Pulse	FEV <sub>1</sub>	FVC	FEV <sub>1</sub> / FVC	Urinalysis		
								Protein	Blood	Glucose
175	87.6	28.6	120/80	70x	3,26L	3,71L	87,87%	neg	neg	neg

Vision Distance			Vision Near			Colour		VDU
L	Aided L	Both	L	Aided L	Both	Normal	Abnormal	
	20/20			J <sub>1</sub>		✓		
R	Aided R		R	Aided R		✓		
	20/20			J <sub>1</sub>				

	Normal	Abnormal	Comments
Audiometric Screening	✓		
Substance Abuse Screening	✓		
Stool Culture (Catering Crew)	✓		
<b>Further investigations</b>			
Blood tests		✓	Hyperkalemia, ↑ chest lat
Chest X-Ray	✓		
Electrocardiograph (ECG) / Treadmill	✓		
Spirometry	✓		
USG	✓		

\* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

### Medical Screening Questionnaire And Examination Record (cont'd)

	Normal	Abnormal	Comments
1. Eyes/pupils	✓		
2. Ear, nose and throat		✓	
3. Teeth		✓	
4. Lungs/chest	/		
5. Cardiovascular	/		
6. Abdomen	/		
7. Hernial orifices	✓		
8. Genitourinary	/		
9. Musculoskeletal	/		
10. Skin	/		
11. Varicose veins	/		
12. Neurological	/		
<b>Physician to comment on any abnormalities :</b>			

Certification	Comment/Reason
Fit for offshore work as per Oil & Gas UK guidelines	✓
Fit for restricted offshore work following discussion with operating company's medical adviser	
Temporarily unfit for offshore work	
Permanently unfit for offshore work	

Physician's signature :  **dr. SHEZA ANNA PRATITA**  
 Print name : General Practitioner  
 SIP. NO.02.04.0211004429/5233/11.2023  
 Date of examination : 6/3/20



\* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

## Unrestricted Offshore Work Certificate

### Medical Certificate of Fitness for Offshore Work

( Issued in accordance with Oil and gas UK Guidelines )

<b>Name :</b>	RIZAL FERDEIANSYAH
<b>Date of Birth :</b>	26 May 1988
<b>Employing Company Name :</b>	INSPEKTINDO SINERGI PERSADA
<b>Occupation :</b>	LIFTING INSPECTOR ENGINEER
<p>This individual has been examined in accordance with Oil &amp; Gas UK Guidelines and is <b>Medical Fit for Unrestricted To The Job Described At Offshore Work</b></p>	
<b>Examining Physician Name :</b>	dr. Frans Denis Martogi
<b>Oil &amp; Gas UK PIN No. :</b>	OGUK/2017/2465
<b>Date of Examination :</b>	05 March 2020
<b>Date of Expiry of Certificate :</b>	05 March 2022
<b>Signed :</b>	

RT. KARTIKA BINA MEDIKATAMA

HEAD OFFICE : BELTWAY OFFICE PARK, TOWER C, 2<sup>nd</sup> Floor, Jl. TB. Simatupang Kav 41. Jakarta Selatan 12550, Phone : +62 21 808 66 088, Fax : +62 21 808 66 089

BELTWAY CLINIC : BELTWAY OFFICE PARK, ANNEX BUILDING, Ground Floor, Jl. TB. Simatupang Kav 41. Jakarta Selatan 12550, Phone : +62 21 808 66 099, Fax : +62 21 808 66 098

WTC 2 CLINIC : World Trade Center 2, Lower Ground Floor, Jl. Jend. Sudirman Kav 29. Jakarta Selatan 12920, Phone : +62 21 295 22 611, Fax : +62 21 295 22 610

www.medikaplaza.com

## TO WHOM IT MAY CONCERN

### *Kepada yang berkepentingan*

This is certify that today Thursday, 05 March 2020 Medika Plaza Clinic has performed urine drug screening and/or breath alcohol test to :

*Dengan ini menyatakan bahwa, pada hari ini Kamis, 05 Maret 2020 Medika Plaza Clinic telah melakukan urine drug screening dan/atau breath alcohol test kepada :*


## **RIZAL FERDEIANSYAH**

With the results are as follows :

*Dengan hasil sebagai berikut :*

<u>Drugs Test</u> <i>Uji Obat</i>	<u>Result</u> <i>Hasil</i>		
<b>URINE DRUGS SCREENING</b>			
- Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Met-Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Cocain	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- THC/Canabis/Marijuana	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Morphine/Opiates	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- P C P/Phencyclidine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Barbiturate	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Benzodiazepin	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Methadone	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Propoxyphene	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Oxycodone	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- MDMA	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- 6-MAM	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
<b>BREATH ALCOHOL TEST</b>			
- Alcohol	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A

Jakarta, March 05, 2020



**( dr. Vivi Surjaningsih, Sp.PK )**  
Clinical Patologist

**PT. KARTIKA BINA MEDIKATAMA**

# **HEALTH ASSESSMENT REPORT**

*Of*

**RIZAL FERDEIANSYAH**

**01048812**

**Thursday, 05 March 2020**

## **MP WTC 2 CLINIC**

World Trade Centre 2, Lower Ground Floor  
Jl. Jend. Sudirman, Kav. 29 Jakarta Selatan 12920  
Tlp : (62-21) 295 22 610, Fax : (62-21) 295 22 611  
[www.medikaplaza.com](http://www.medikaplaza.com)

## MP WTC 2 CLINIC

World Trade Centre 2, Lower Ground Floor  
Jl. Jend. Sudirman, Kav. 29 Jakarta Selatan 12920  
Tlp : (62-21) 295 22 610, Fax : (62-21) 295 22 611  
www.medikapla.com

### PATIENT DATA

MedRec.	: 01048812	EMPLOY. STATUS	: Employee
NAME	: RIZAL FERDEIANSYAH	BIRTHDATE	: 26 May 1988
EMPLOYEE No.	: -	SEX	: Male
JOB TITLE	: LIFTING INSPECTOR ENGINEER	STATUS	: Married
COMP. NAME	: INSPEKTINDO SINERGI PERSADA	NASIONALITY	: Indonesia

### SUMMARY

#### MEDICAL FINDING :

1. Hypercholesterolemia
2. Increased direct bilirubin
3. Non reactive Anti HBs
4. Overweight
5. Cerumen obstructant at left ear
6. Calculus teeth

#### PERCEPTIONS OF EXPOSURE BY WORKERS :

- Administration work (Engineer)

Your fitness status is fit for unrestricted to the job described at offshore work

#### SUGGESTION :

1. Low fat diet and exercise regularly minimal 3 times a week
2. Take enough rest minimal 8 hours/day. Repeat liver function examination 1 month later and consult to an Internist if still increase
3. Need to get Hepatitis B vaccination
4. Reduce body weight gradually 0.5 Kgs/week, by doing regular exercise (aerobic/jogging), 3-4x/week, 30-45 minutes and reduce high calorie diet until maximal body weight is 76.56 Kgs (present body weight is 87.6 Kgs). Consultation with a Nutritionist for evaluation of overweight
5. Consultation with an ENT specialist for cerumen extraction
6. Consultation with a Dentist for dental care, minimal once a year or better once in six month

#### Responsible Doctor



Shezarina Plautin MD

#### Notes:

If you need the further information or consultation, please contact us via :

Email : - dr.yosephine@medikapla.com

- dr.yunianti@medikapla.com

Telepon Klinik : (62-21) 295 22 610



## CLINICAL EVALUATION

Name : RIZAL FERDEIANSYAH	Sex : Male	MR : 01048812	Visit : 05/03/2020
Comp.: INSPEKTINDO SINERGI PERSADA		DOB : 26 May 1988	

EXAMINATION	RESULT	NOTES
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### ANAMNESA

#### PRESENT COMPLAINT AND HISTORY OF PRESENT

#### ILLNESS

Present complaint

No complaint

#### MEDICAL HISTORY

Alergy	No
Imunisasi	Yes
Surgery	No
Hospitalization	No
Disease	No

#### LIFE STYLE

Alcohol intake	No	
Smoking	Yes	Mild smoker
Exercise	Yes	1x/week, running

#### FAMILY MEDICAL HISTORY

Diabetes Melitus	No
Hypertension	No
Heart disease	No
Lung TB	No
Kidney disease	No
Astma	No
Mental disease	No
Epilepsy	No
Cancer	No
Color blind	No
Stroke	No
Liver disease	No
Bone & joint	No
Others disease	No

#### WORK EXPOSURE

Noise	No
Heat Stress	No
Cold Stress	No
Vibration	No
Involving height	No
Radiation	No
Dust	No

## CLINICAL EVALUATION

Name : RIZAL FERDEIANSYAH	Sex : Male	MR : 01048812	Visit : 05/03/2020
Comp. : INSPEKTINDO SINERGI PERSADA		DOB : 26 May 1988	

EXAMINATION	RESULT	NOTES
Toxic chemical	No	
Iritating fluid	No	
Smoke	No	
Bacterium/Virus/Parasite	No	
Blood	No	
Animal	No	
Operating heavy mobile equipment	No	
Manual Handling	No	
Sitting continuously over 4 hours	No	
Stand continuously over 4 hours	No	
Using monitor screen more than 4 hours per day	No	
Exposure	No	
Unergonomic body positions	No	
Shift work	No	
Work is not accordance with skills and knowledge	No	
Workload does not accordance with time	No	
Work conflict	No	
Inappropriate task	No	
Career barriers	No	
Family conflict	No	
Working arround rotating machinery	No	
Administration work	Yes	Engineer
Handling food product	No	
Others	No	
<b>PHYSICAL EXAMINATION</b>		
General Appearance	Good	
Body shape	Picnicus	
<b>VITAL SIGN</b>		
Body Weight	87.6 Kg	
Body Height	175 Cm	
BMI	28.6 Kg/m <sup>2</sup>	
Normal Weight	56.66 - 76.56 Kg	
BMI Conclusion	Overweight	
Blood Pressure	120/80 mmHg	
Pulse	74 x/minute	
Body Temperature	36 °C	
RR	18	

## CLINICAL EVALUATION

Name : RIZAL FERDEIANSYAH	Sex : Male	MR : 01048812	Visit : 05/03/2020
Comp.: INSPEKTINDO SINERGI PERSADA		DOB : 26 May 1988	

EXAMINATION	RESULT	NOTES
Neck Circumference	36 Cm	
Arm Circumference	32 Cm	
Chest size	106 Cm	
Abdominal Circumference	92 Cm	
<b>SKIN</b>		
Skin	Normal	
<b>EYE</b>		
Left	Normal	
Right	Normal	
<b>ENT</b>		
Auricle	Normal	
Ear canal	Abnormal	Cerumen obstruant at left ear
Drums	Normal	
Septum/Conchae	Normal	
Sinuses	Normal	
Pharynx	Normal	
Tonsil	Normal	
<b>MOUTH</b>		
Gum	Normal	
Dental	Abnormal	Calculus teeth
<b>NECK</b>		
General	Normal	
Thyroid Gland	Normal	
<b>CHEST</b>		
Form	Normal	
Lung	Normal	
Heart	Normal	
Breast	Normal	
<b>ABDOMEN</b>		
Form	Flat	
Palpation	Supple	
Liver	Not Palpable	
Spleen	Not Palpable	
Kidney	No Ballotment	
-	No	
Hernia inguinal	No	
<b>EXTRIMITIES</b>		

## CLINICAL EVALUATION

Name : RIZAL FERDEIANSYAH

Sex : Male

MR : 01048812

Visit : 05/03/2020

Comp.: INSPEKTINDO SINERGI PERSADA

DOB : 26 May 1988

EXAMINATION	RESULT	NOTES
Bones,joint	Normal	
Muscles,tonus	Normal	
Fingernails	Normal	
Hand	Normal	
Foot	Normal	
<b>RECTAL EXAMINATION</b>		
Hemorrhoid	Negative	
Rectum	Normal	
<b>SENSORIK EXAMINATION</b>		
Tes Raba	Normal	
<b>MOTORIK EXAMINATION</b>		
Tes Grip	Normal	
<b>REFLEX EXAMINATION</b>		
Physiologic reflex	Normal	
Patologic reflex	Normal	
<b>OTHERS EXAMINATION</b>		
Coordination	Normal	
<b>LYMPHE SYSTEM</b>		
Submandibula	Normal	
Neck Gland	Normal	
Armpit gland	Normal	
Inguinal	Normal	

## OPHTHALMOLOGY DIAGNOSTIC

Name : RIZAL FERDEIANSYAH      Sex : Male      MR : 01048812      Visit : 05/03/2020

Comp. : INSPEKTINDO SINERGI PERSADA      DOB : 26 May 1988

EXAMINATION		Right	Left
Reading		-	-
Previous Glasses		-	-
Without Glasses	Distant	20/20	20/20
	Near	J1	J1
Correction	Distant	-	-
	Near	-	-
		-	-
Tonometry		17.0 mmHg	18.0 mmHg
Funduscopy		NORMAL	NORMAL
Visual Fields		Normal	
Colour Blind Test		Normal	

Impression :

## RADIOLOGY DIAGNOSTIC

Name : RIZAL FERDEIANSYAH

Sex : Male

MR : 01048812

Visit : 05/03/2020

Comp.: INSPEKTINDO SINERGI PERSADA

DOB : 26 May 1988

### EXAMINATION

### RESULT

THORAX PA

No abnormality seen in both lungs.  
Normal bronchovascular markings in both hili.  
The heart is normal in size and shape.  
The mediastinum is not widened.  
Both sinuses and diaphragms are good.  
No evidence of pleural effusion.  
No abnormality of chest skeletal.

Impression

Normal Chest x-ray

## RADIOLOGY DIAGNOSTIC

Name : RIZAL FERDEIANSYAH

Sex : Male

MR : 01048812

Visit : 05/03/2020

Comp.: INSPEKTINDO SINERGI PERSADA

DOB : 26 May 1988

### EXAMINATION

### RESULT

USG ABDOMEN

LIVER:

Normal in size and contour, smooth surface. Normal echoes structure parenchymal which are homogeneous. No sign of SOL.

Intrahepatic vascularity and billiary tract are normal.

GALL BLADDER:

Normal in size, contour and surface. No sign of SOL/ sludge/ stone.

RIGHT KIDNEY :

Normal in size, contour and surface. No sign of obstruction/ stone/ SOL.

LEFT KIDNEY:

Normal in size, contour and surface. No sign of obstruction/ stone/ SOL.

PANCREAS:

Normal in size, contour and surface. No sign of SOL.

LIEN:

Normal in size and contour, the echoes are homogeneous. No sign of SOL.

URINARY BLADDER:

Normal in size, contour and surface. No sign of stone/ SOL.

PROSTATE AND VESICULA SEMINALIS:

Normal in size and contour which are homogeneous echoes and no sign of focal lesion/ SOL.

Impression

Normal Sonography.

## LABORATORY RESULT

Name : RIZAL FERDEIANSYAH	MR : 01048812	Visit : 05/03/2020	#Lab : IN6975277900
Comp. : INSPEKTINDO SINERGI PERSADA	Sex : Male	DOB : 26 May 1988	

EXAMINATION	RESULT	NORMAL RANGE
-------------	--------	--------------

### HEMATOLOGI

ABO/Rh Typing "O" Rh(+) positive

#### Automated Blood Count

White Blood Cell (WBC)	6.2	3.8 - 11.0
Erythrocyte (RBC)	5.3	4.4 - 5.9
Haemoglobin	14.7	13.2 - 17.3
Hematocrit	45	40 - 52
Thrombocytes	325	150 - 440

#### MCV, MCH, MCHC

MCV	86	80 - 100
MCH	28	26 - 34
MCHC	32.4	32 - 36
ESR	10	0 - 10

#### Differential Count

Granulosit	58.0	50.0 - 70.0
Limfosit	32	20 - 40
Mid Cell	10	3 - 15

### BLD CHEMISTRY/LIPID PROFILE

Total Cholesterol	210 *	Normal/Desireable: <200 Borderline High: 200-239 High: >=240
HDL Cholesterol	56.4	Normal : >40 - <60 Low HDL : <40 Desireable : >=60
LDL Cholesterol	132 *	Optimal: <100 Near/Above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: >=190
Triglycerides	108	Normal : <150 Borderline High: 150-199 High : 200-499 Very High : >=500

### BLD CHEMISTRY/KIDNEY FUNCTION

Ureum	30.6	10.0 - 50.0
Creatinine	0.8	0.6 - 1.3
Uric Acid	6.72	3.50 - 7.20



**LABORATORY RESULT**

Name : RIZAL FERDEIANSYAH MR : 01048812 Visit : 05/03/2020 #Lab : IN6975277900

Comp. : INSPEKTINDO SINERGI PERSADA Sex : Male DOB : 26 May 1988

**EXAMINATION****RESULT****NORMAL RANGE****BLD CHEMISTRY/LIVER FUNCTION**

Total Bilirubin	0.61	0.1 - 1.0
Direct Bilirubin	0.23 *	0.0 - 0.2
Indirect Bilirubin	0.38	0.0 - 0.8
SGOT(AST)	16	13 - 45
SGPT (ALT)	21	13 - 50
Alkaline Phosphatase	81	30 - 120
Gamma GT	27	0 - 50
Albumin	4.7	3.5 - 5.5
Globulin	2.90	2.3 - 3.5
Total Protein	7.6	6.6 - 8.7

**BLD CHEMISTRY/DIABETES**

Glucose Fasting	92	< 100
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**Blood Glucose 2 PP**

Blood Sugar 2 Hours PP	77	< 140
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**SEROLOGI / IMUNOLOGI**

HBsAg (Quantitative)	0.00	0.00 - 0.03
Anti Hbs (Quantitative)	0.5 *	>= 5.0

**TOXICOLOGY - DRUGS SCREENING**

Methadone	Negative	Negative
Phencyclidine	Negative	Negative
THC/Marijuana	Negative	Negative
Amphetamine	Negative	Negative
Benzodiazepines	Negative	Negative
Opiat	Negative	Negative
Cocain	Negative	Negative
Metamphetamine	Negative	Negative
Alcohol	Negative	Negative

**URINALYSIS****Complete Urine Analysis****Macroscopic**

Color	Yellow	
Turbidity	Clear	Clear

## LABORATORY RESULT

Name : RIZAL FERDEIANSYAH	MR : 01048812	Visit : 05/03/2020	#Lab : IN6975277900
Comp. : INSPEKTINDO SINERGI PERSADA	Sex : Male	DOB : 26 May 1988	

EXAMINATION	RESULT	NORMAL RANGE
Specific Gravity	1.025	1.000 - 1.030
pH	6.0	4.5 - 8.0
Leucocyte	Negative	Negative
Glucose	Negative	Negative
Nitrit	Negative	Negative
Bilirubin	Negative	Negative
Blood	Negative	Negative
Urobilinogen	Normal	Normal
Protein	Negative	Negative
Keton	Negative	Negative

### Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 4
Cylinder	Negative	
Epithels Squamous	0-1	5 - 15
Crystals	Negative	
Bacteria	Negative	Negative
Others	Negative	

## STOOL / RECTAL SWAP

### Faeces Complete

#### Macroscopic

Color	Brown	
Consistency	Smooth	
Mucus	Negative	Negative
Blood	Negative	Negative
Pus	Negative	Negative
Parasitologi Faeces	Negative	Negative
Lipid	Negative	Negative

#### Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 5
Amoeba	Negative	
Ephitels	Positive	Positive
Worm Eggs	Negative	Negative
Yeast	Negative	Negative
Muscle Fiber	Negative	Negative
Others	Negative	Negative

## LABORATORY RESULT

Name : RIZAL FERDEIANSYAH	MR : 01048812	Visit : 05/03/2020	#Lab : IN6975277900
Comp.: INSPEKTINDO SINERGI PERSADA	Sex : Male	DOB : 26 May 1988	

EXAMINATION	RESULT	NORMAL RANGE
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### Digestive

Amylum	Negative	Negative
Fat	Negative	
Fibers	Positive	Positive

## SPIROMETRY DIAGNOSTIC

Name : RIZAL FERDEIANSYAH

Sex : Male

MR : 01048812

Visit : 05/03/2020

Comp.: INSPEKTINDO SINERGI PERSADA

DOB : 26 May 1988

EXAMINATION	RESULT
FVC Result	: 3.71 L---> 87.7 %
FEV1 Result	: 3.26 L---> 81.5 %
FEV1/FVC Result	: 87.87 %---> 109.5 %
PEF Result	: 7.86 L/S---> 74.3 %
Indonesian Standart Result	:
Index	:
Spirometry Result	: Normal

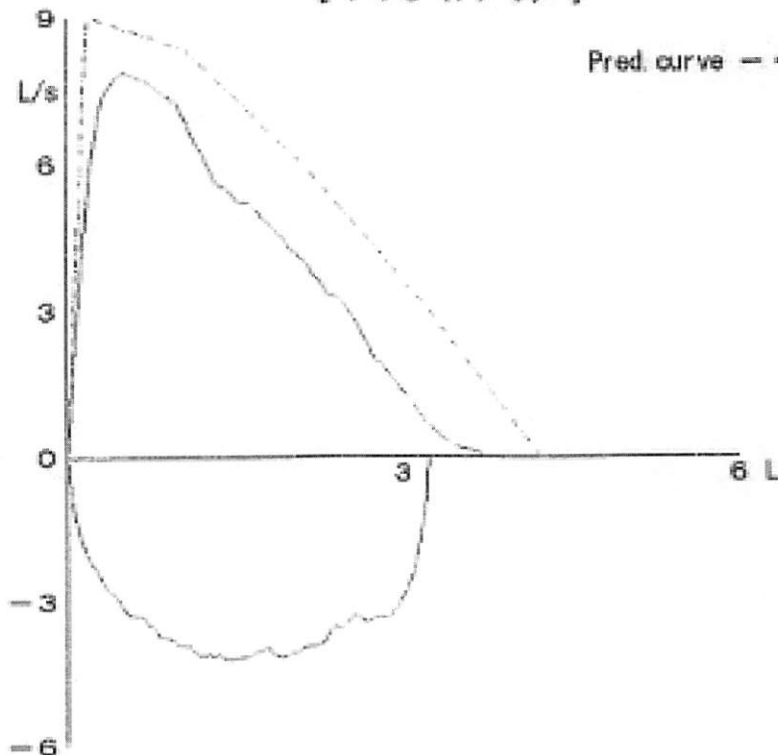
Impression : Normal Spirometric Functions

### [ COPD CLASSIFICATION ]

FEV1/FVC : 87.87 %  
 %FEV1.0 : 81.50 %  
 Stage : Normal  
 Recommended treatment by GOLD:

RIZAL

### [ FVC (F/V) ]



# AUDIOMETRY DIAGNOSTIC

Name : RIZAL FERDEIANSYAH

Sex : Male

MR : 01048812

Visit : 05/03/2020

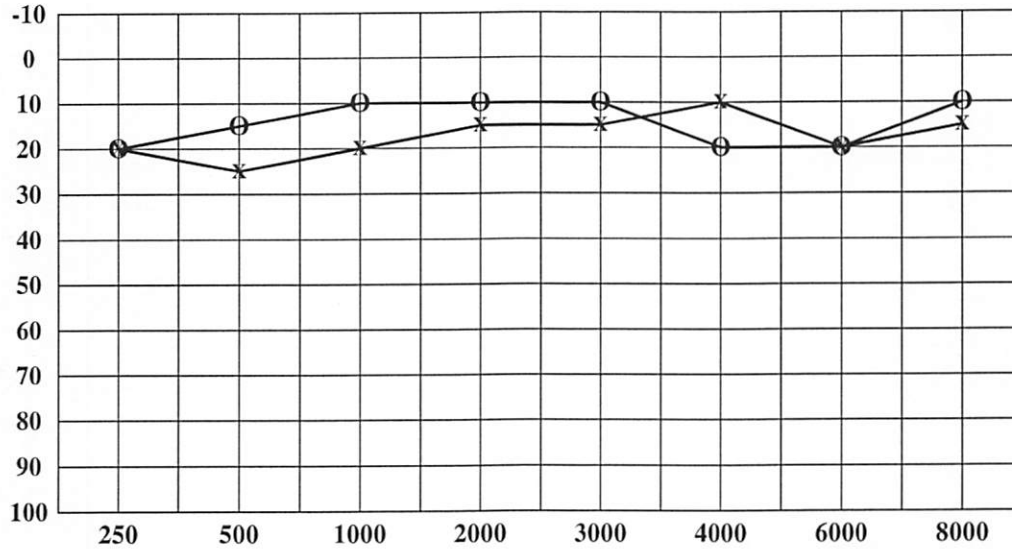
Comp. : INSPEKTINDO SINERGI PERSADA

DOB : 26 May 1988

## RESULT

Left Ear	250	500	1000	2000	3000	4000	6000	8000
AC	20	25	20	15	15	10	20	15
BC	-	-	-	-	-	-	-	-

Right Ear	250	500	1000	2000	3000	4000	6000	8000
AC	20	15	10	10	10	20	20	10
BC	-	-	-	-	-	-	-	-



< : Right Ear (BC)  
 > : Left Ear (BC)  
  
 O : Right Ear (AC)  
 X : Left Ear (AC)

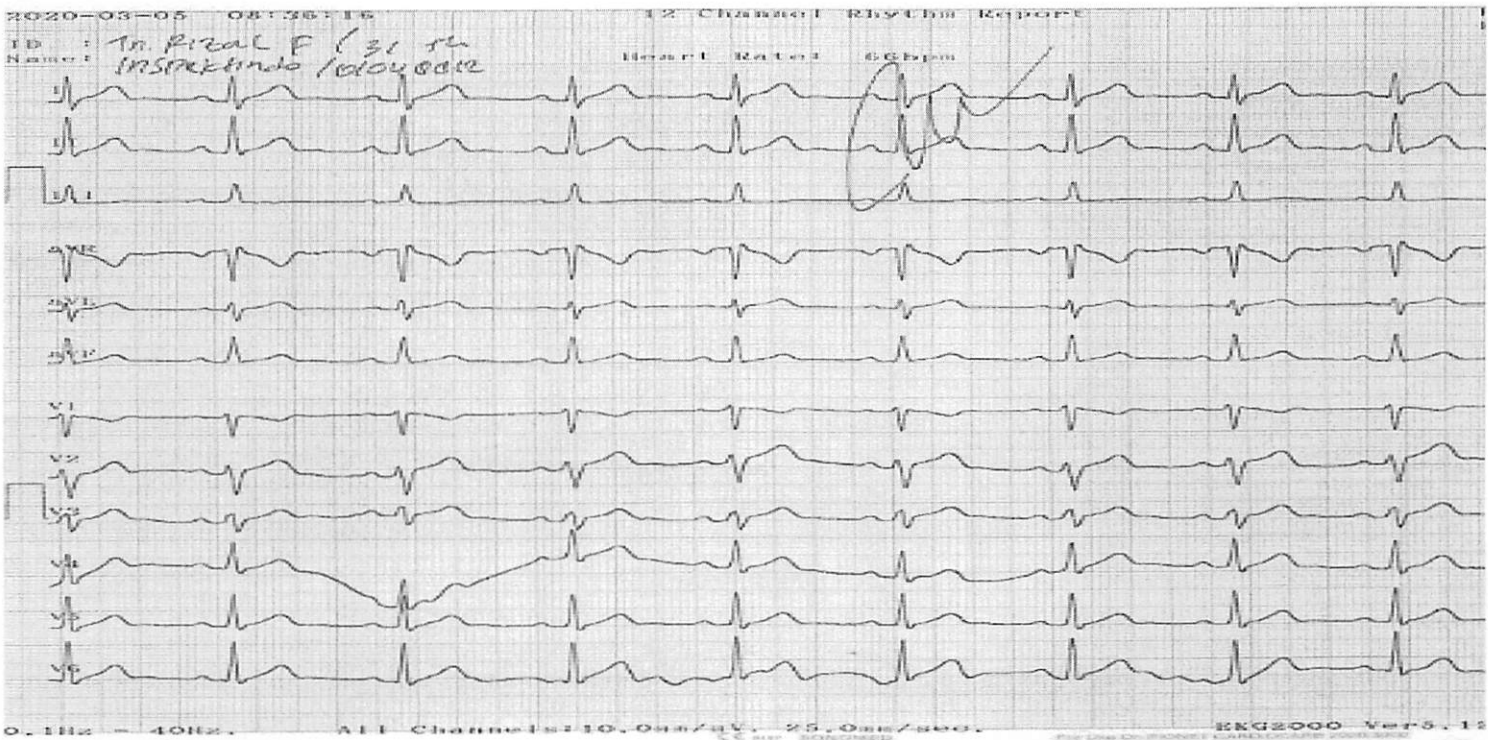
Conclusion Right Ear : Hearing threshold = 13.75 dB  
 (Within normal limit)

Conclusion Left Ear : Hearing threshold = 17.5 dB  
 (Within normal limit)

## CARDIOLOGY DIAGNOSTIC

Name : RIZAL FERDEIANSYAH	Sex : Male	MR : 01048812	Visit : 05/03/2020
Comp.: INSPEKTINDO SINERGI PERSADA		DOB : 26 May 1988	

EXAMINATION	RESULT	Comments :
ELECTROCARDIOGRAPHY	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Normal ECG
TREADMILL	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Treadmill Exercise Test : Negative Cardiopulmonary Fitness Classification : Good METs : 13.4





# RIZAL FERDEIANSYAH MR,

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

### Patient info

Born: 5/26/1988  
Age: 31  
Sex: Male  
Weight: 87.6 kg  
Height: 175 cm  
Smoker:  
Pacemaker:

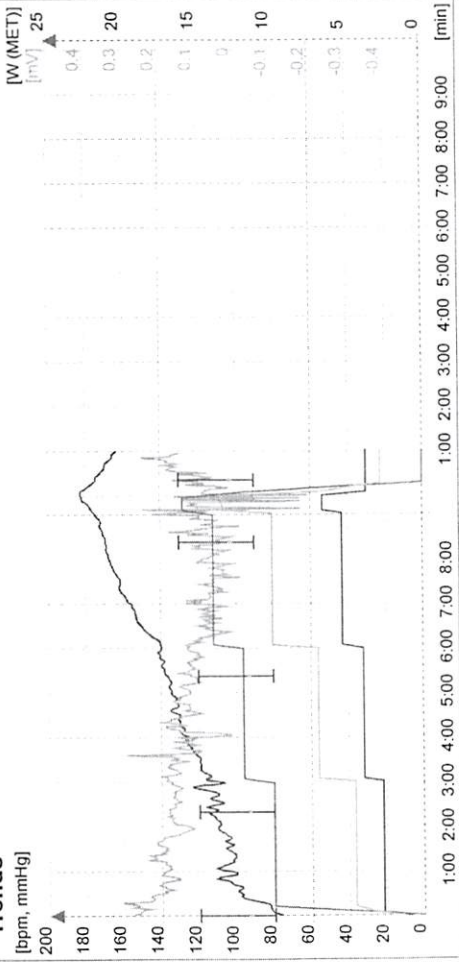
### Medical history

### Medications

### Reason for admission

### Reason for Stop

### Trends



### Conclusion

*[Handwritten signature]*  
**MP-T**  
 MARTINA SINA MEDIKATAMA

### Staff

Physician:  
Technician:

MEDIKA PLAZA WTC 2 CLINIC  
MEDIKA PLAZA WTC 2 CLINIC

### Test info

Test date: 3/5/2020  
Test time: 9:50 AM  
Stress device: BTL Treadmill  
Protocol: Bruce  
Total duration: 09:25  
Stress achieved: 6.7km/h, 16.0% (~13.4MET) = 100% predicted (~13.4MET) - for 22 sec  
HR rest: 88  
HR peak: 182 = 97% predicted (188) --- 09:26 Exercise (13.4MET)  
Handgrip test: 120/80  
BP rest: 130/90  
BP peak: 10560  
BP recovery: 21972 = 2.1x DP at rest  
DP rest: 10560  
DP peak: 21972 = 2.1x DP at rest  
ST depression max: V1 -0.37mV 04:31 Exercise 7.0MET  
ST elevation max: V2 0.59mV 09:06 Exercise 13.4MET  
ST/HR index: 2.7  $\mu$ V/bpm (abnormal)



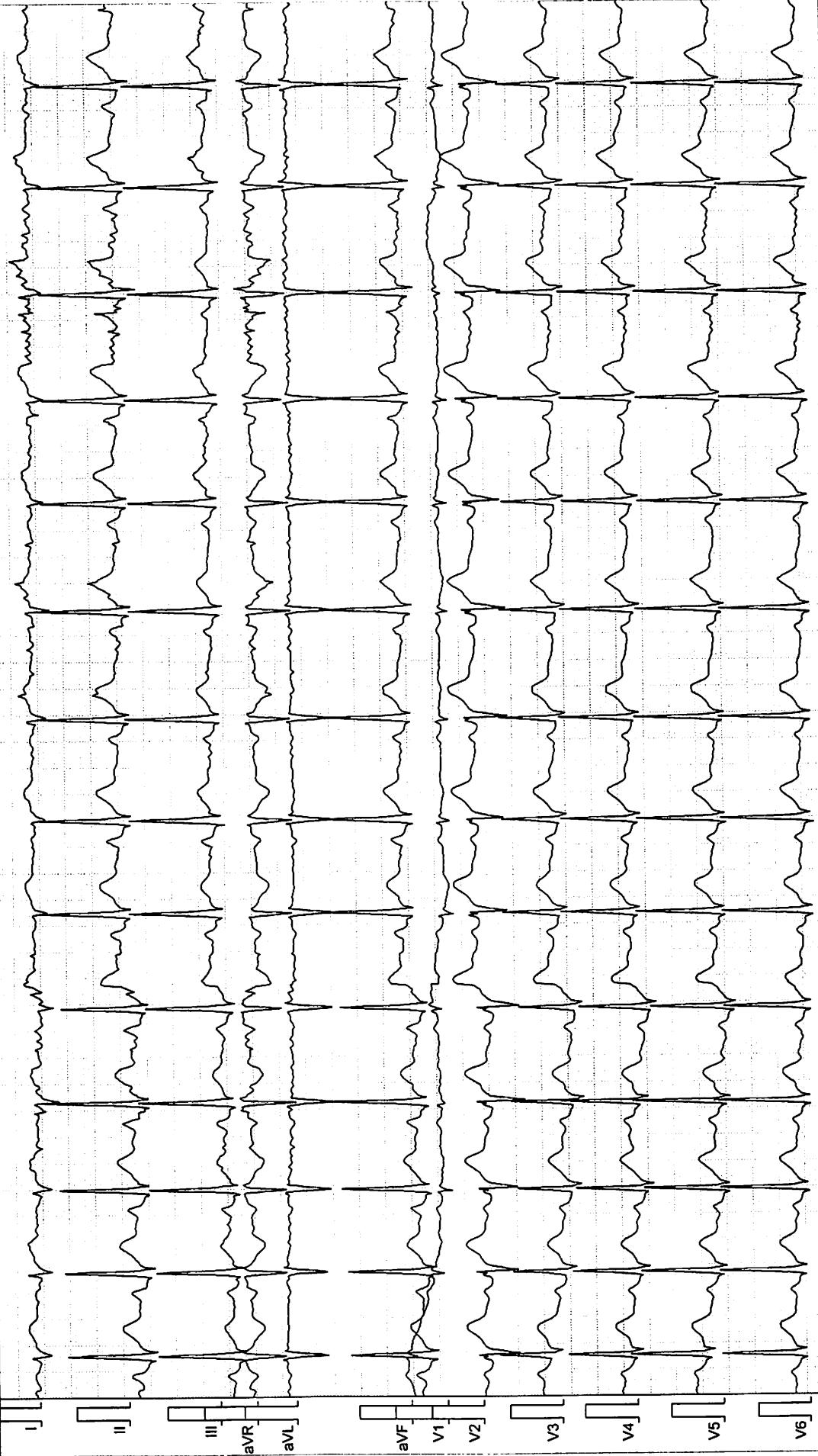
**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Time: P 00:05 - Reference

Load: 1.4MET, HR: 88bpm, BP: 120/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV

MEDIKA PLAZA

BTL CardioPoint 2.30.33006.0, DIAG: 2.0.2.0; ECG: BTL-08 ECG, SN: 071D-B-02697

BTL CardioPoint - Stress Test

Page: 2





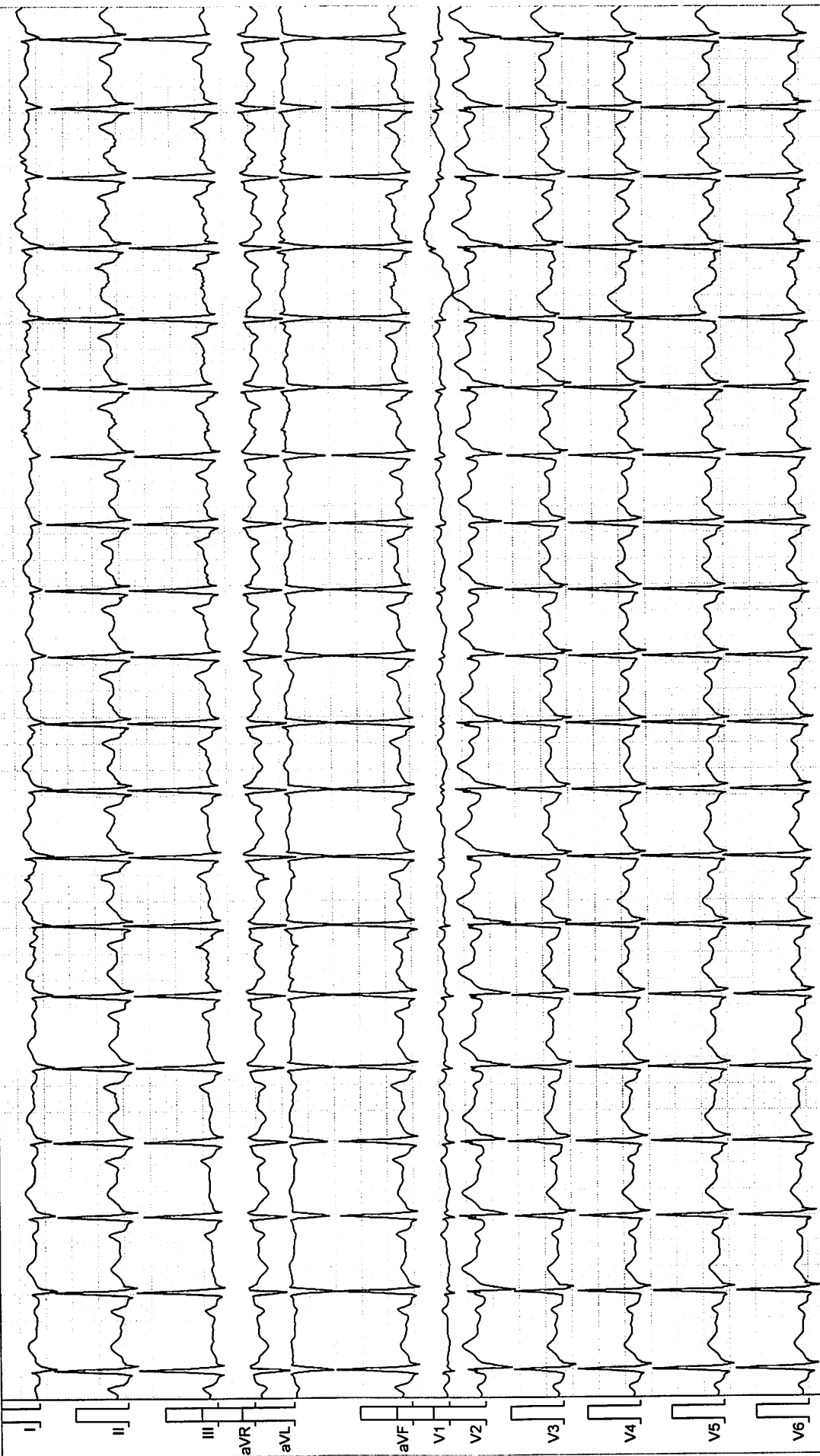
**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Time: E 02:56 - E1

Load: 4.6MET, HR: 110bpm, BP: 120/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV

MEDIKA PLAZA

BTL CardioPoint 2.30.33006.0, DIAG: 2.0.2.0; ECG: BTL-08 ECG, SN: 071D-B-02697

BTL CardioPoint - Stress Test

Page: 3



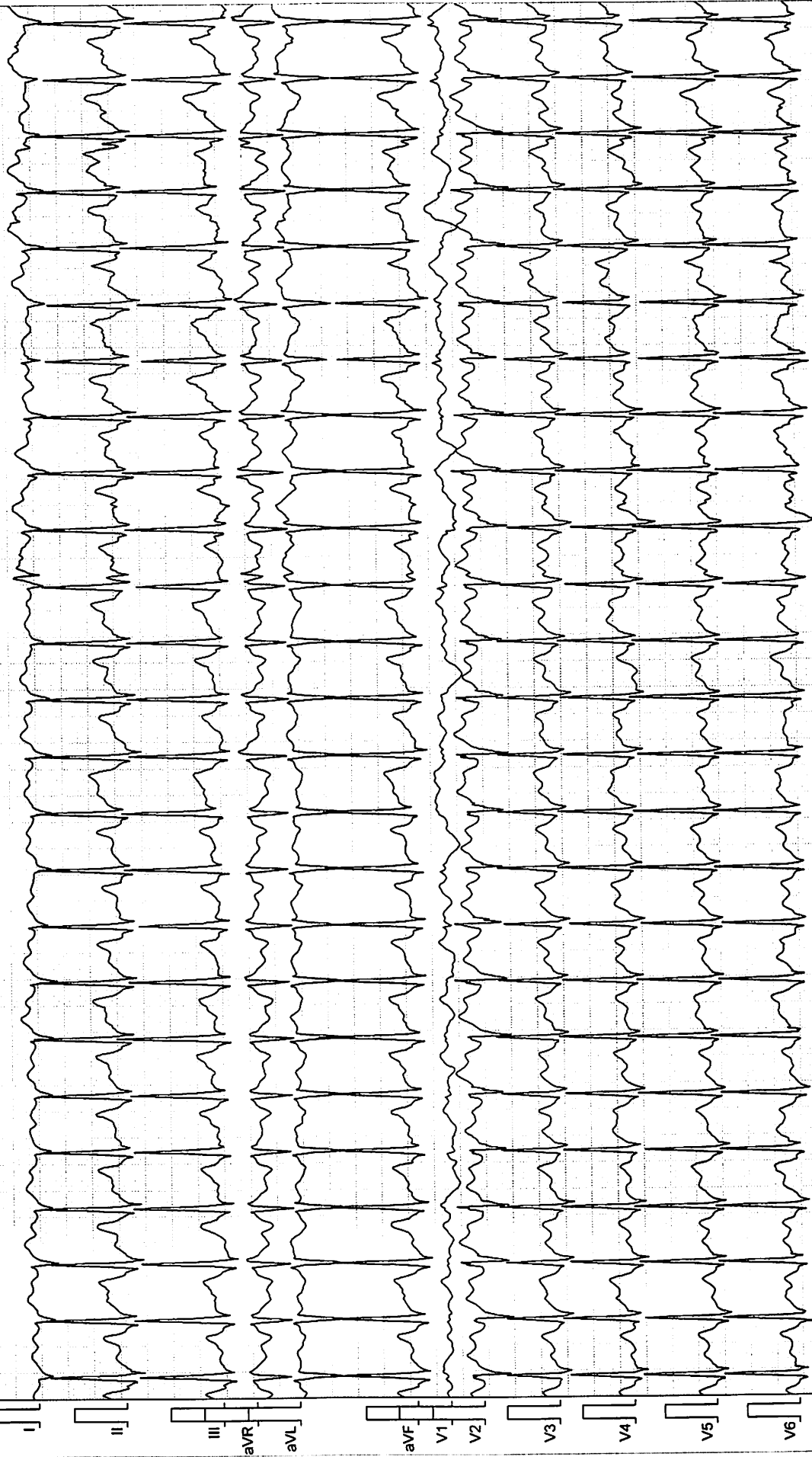
**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Load: 7.0MET, HR: 140bpm, BP: 120/80

Time: E 05:57 - E2



Filter: 0.07 Spine - 90 Adap, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV

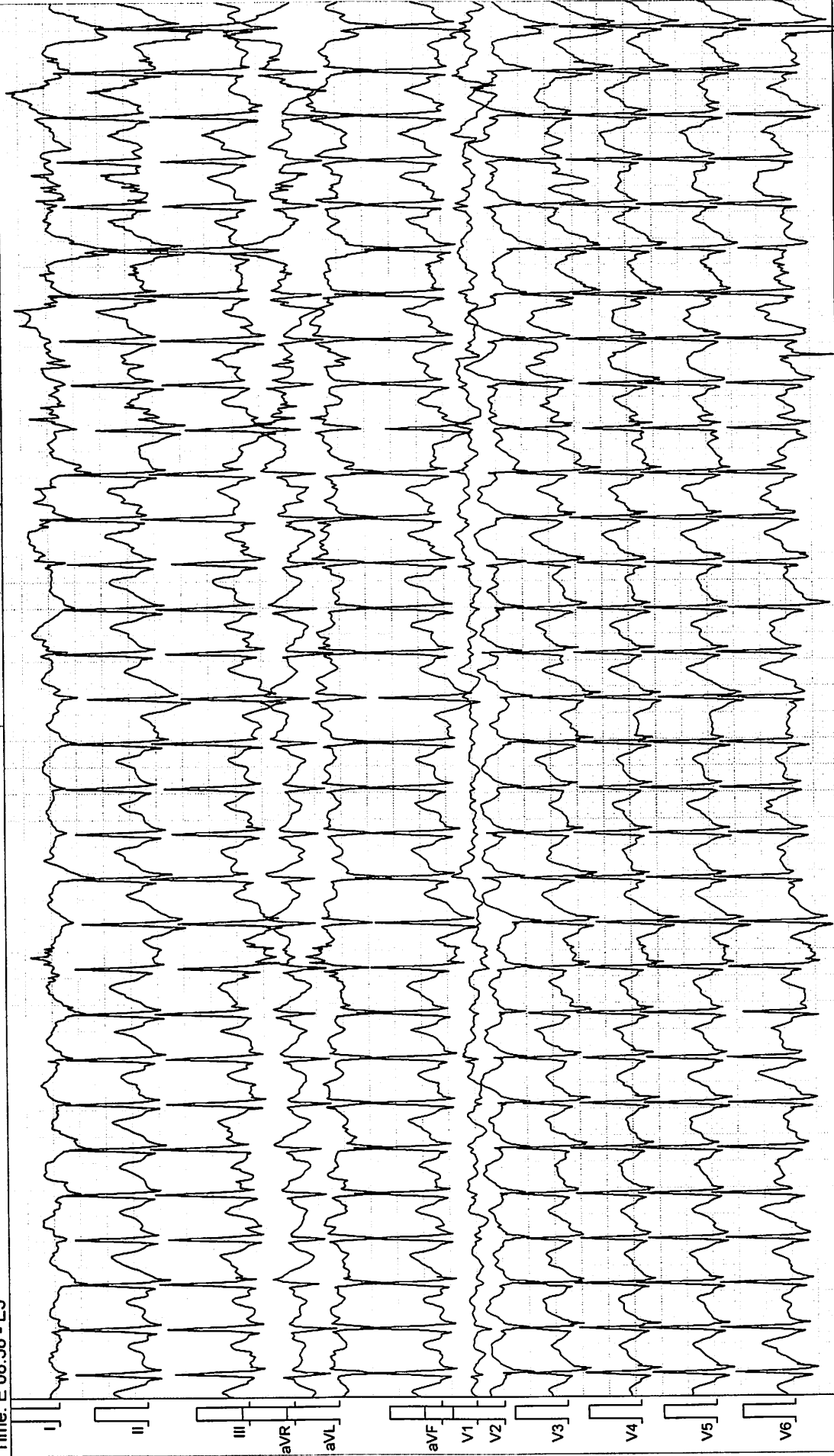


**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Time: E 08:58 - E3  
Load: 10.1MET, HR: 175bpm, BP: 130/90



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



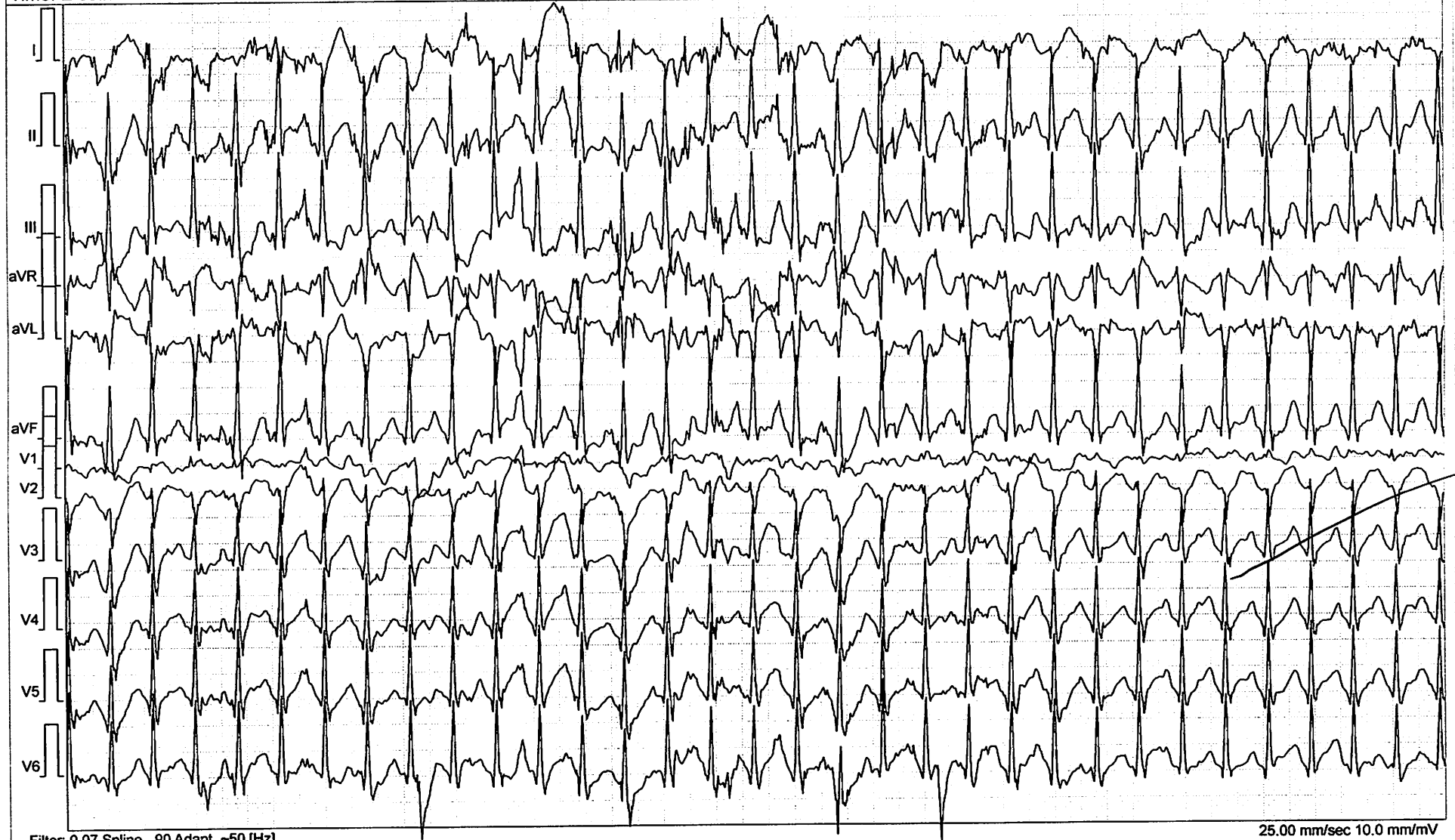
**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Time: E 09:21 - Peak

Load: 13.4MET, HR: 182bpm, BP: -



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



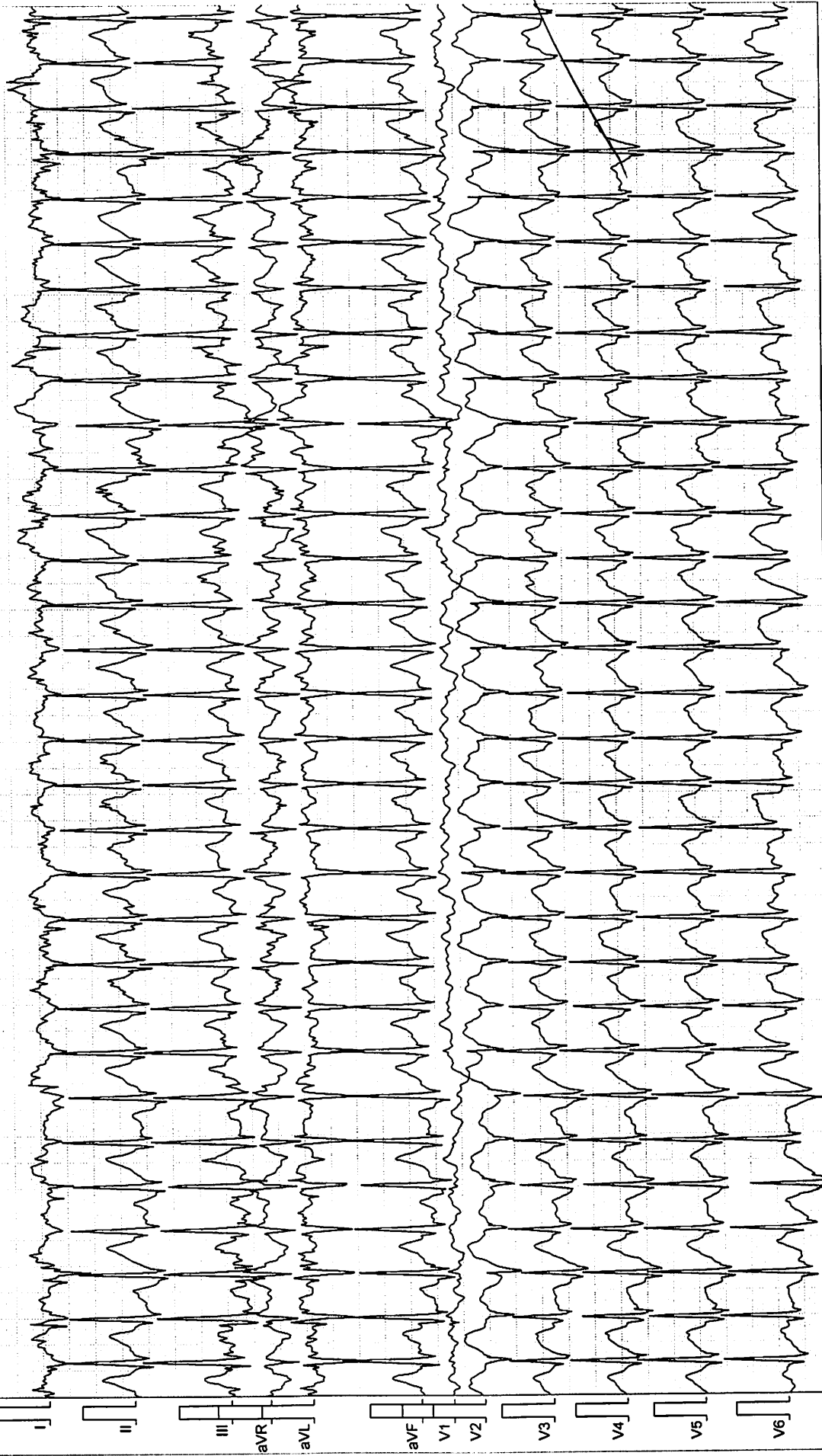
**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Time: R 00:10 - Recovery

Load: 5.3MET, HR: 177bpm, BP: 130/90



Filter: 0.07 Spline - 90 Adapt, -50 [Hz]

25.00 mm/sec 10.0 mm/mV

MEDIKA PLAZA

BTL CardioPoint 2.30.33006.0, DIAG: 2.0.2.0; ECG: BTL-08 ECG, SN: 071D-B-02697

BTL CardioPoint - Stress Test

Page: 7



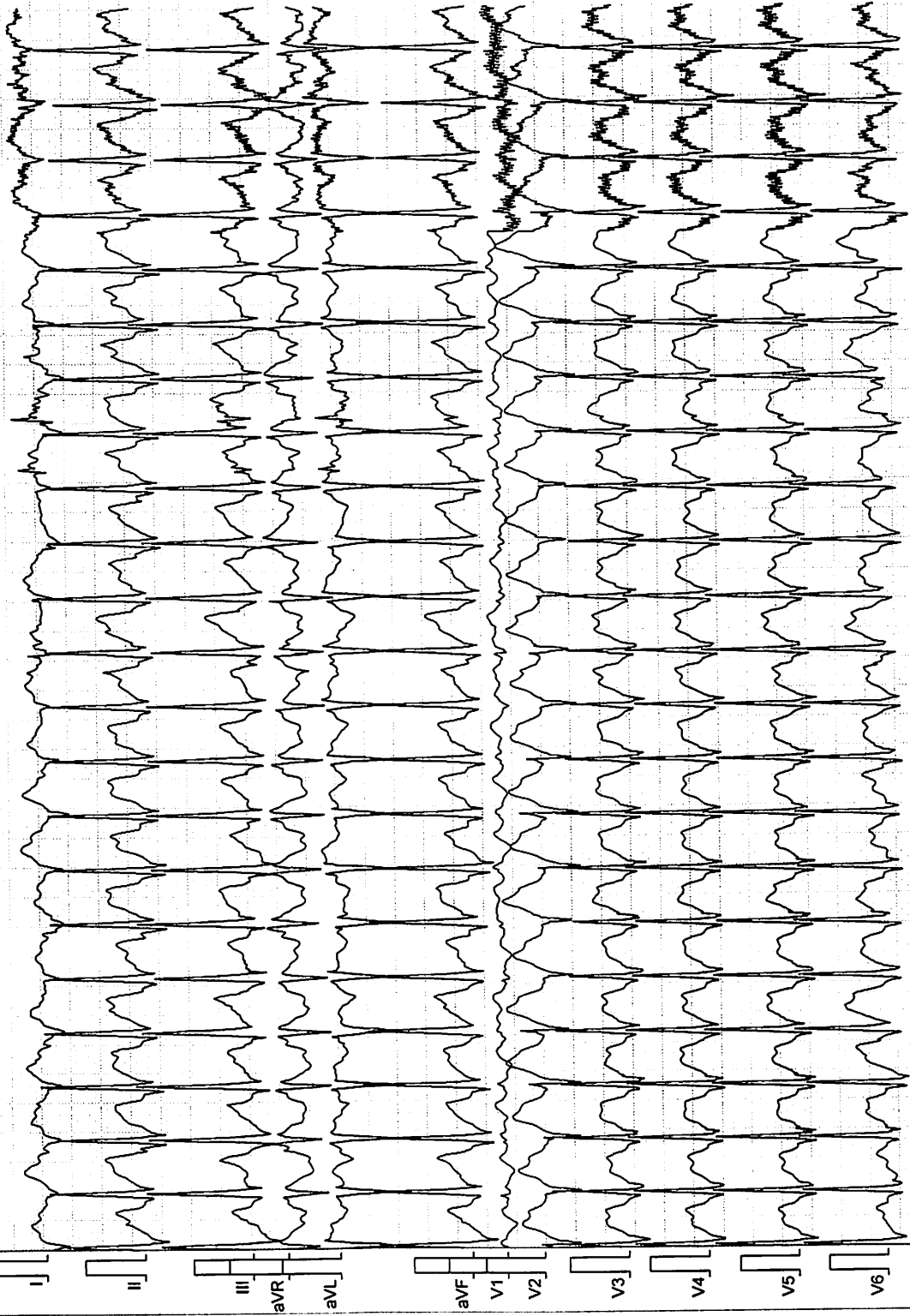
**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Time: R 00:55 - Recovery

Load: 2.8MET, HR: 163bpm, BP: 130/90



25.00 mm/sec 10.0 mm/mV

Filter: 0.07 Spline - 90 Adapt, -50 [Hz]

MEDIKA PLAZA

BTL CardioPoint 2.30.33006.0, DIAG: 2.0.2.0; ECG: BTL-08 ECG, SN: 071D-B-02697



### RIZAL FERDEIANSYAH MR,

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Load:	1.4MET	4.6MET	7.0MET	10.1MET	13.4MET	8.0MET
HR:	88bpm	118bpm	141bpm	174bpm	182bpm	177bpm
BP:	120/80	120/80	120/80	130/90	-	130/90
Phase:	P 00:10	E 03:00	E 04:32	E 09:03	E 09:25	R 00:19
Stage:	Reference	E 1 stage	E 2 stage	E 3 stage	E 4 peak	Recovery
Lead:	I	I	I	I	I	I
STL	0.06mV	0.11mV	0.26mV	-0.17mV	0.20mV	0.07mV
STS	-0.13mV/s	0.81mV/s	2.17mV/s	2.88mV/s	-0.40mV/s	3.32mV/s
J+	94ms	67ms	56ms	42ms	41ms	42ms
Lead:	II	II	II	II	II	II
STL	0.26mV	0.18mV	0.17mV	0.11mV	0.20mV	0.11mV
STS	1.27mV/s	1.50mV/s	1.44mV/s	5.13mV/s	3.32mV/s	2.98mV/s
J+	94ms	67ms	56ms	42ms	41ms	42ms
Lead:	III	III	III	III	III	III
STL	0.16mV	0.08mV	0.09mV	0.22mV	-0.09mV	0.06mV
STS	0.62mV/s	0.72mV/s	0.09mV/s	2.17mV/s	0.67mV/s	-0.17mV/s
J+	94ms	67ms	56ms	42ms	41ms	42ms
Lead:	aVR	aVR	aVR	aVR	aVR	aVR
STL	-0.18mV	-0.14mV	-0.12mV	0.01mV	0.22mV	-0.08mV
STS	-2.25mV/s	-1.62mV/s	-1.50mV/s	-3.85mV/s	4.51mV/s	-2.98mV/s
J+	94ms	67ms	56ms	42ms	41ms	42ms
Lead:	aVL	aVL	aVL	aVL	aVL	aVL
STL	-0.03mV	0.01mV	-0.10mV	-0.16mV	0.18mV	0.00mV
STS	-0.67mV/s	0.20mV/s	-0.44mV/s	-0.44mV/s	0.62mV/s	1.35mV/s
J+	94ms	67ms	56ms	42ms	41ms	42ms
Lead:	aVF	aVF	aVF	aVF	aVF	aVF
STL	0.21mV	0.13mV	0.15mV	0.16mV	0.05mV	0.09mV
STS	1.17mV/s	0.81mV/s	0.81mV/s	3.71mV/s	1.95mV/s	1.88mV/s
J+	94ms	67ms	56ms	42ms	41ms	42ms

25 mm/sec 10 mm/mV



**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

**MEDIKA PLAZA**

Load:	1.4MET	4.6MET	7.0MET	10.1MET	13.4MET	8.0MET
HR:	88bpm	118bpm	141bpm	174bpm	182bpm	177bpm
BP:	120/80	120/80	120/80	130/90	-	130/90
Phase:	P 00:10	E 03:00	E 04:32	E 09:03	E 09:25	R 00:19
Stage:	Reference	E 1 stage	E 2 stage	E 3 stage	E 4 peak	Recovery
V1	STL 0.06mV STS -0.59mV/s J+ 94ms	STL -0.01mV STS -0.31mV/s J+ 67ms	STL -0.37mV STS -2.02mV/s J+ 56ms	STL 0.19mV STS 0.17mV/s J+ 42ms	STL -0.04mV STS -1.44mV/s J+ 41ms	STL 0.00mV STS 0.00mV/s J+ 42ms
V2	STL 0.29mV STS 1.82mV/s J+ 94ms	STL 0.24mV STS 1.95mV/s J+ 67ms	STL 0.15mV STS 2.17mV/s J+ 56ms	STL 0.10mV STS 1.17mV/s J+ 42ms	STL 0.25mV STS 4.91mV/s J+ 41ms	STL 0.16mV STS 3.20mV/s J+ 42ms
V3	STL 0.25mV STS 1.56mV/s J+ 94ms	STL 0.18mV STS 1.69mV/s J+ 67ms	STL -0.11mV STS 1.22mV/s J+ 56ms	STL -0.01mV STS 3.32mV/s J+ 42ms	STL 0.30mV STS 4.91mV/s J+ 41ms	STL 0.11mV STS 2.78mV/s J+ 42ms
V4	STL 0.24mV STS 1.62mV/s J+ 94ms	STL 0.17mV STS 1.69mV/s J+ 67ms	STL 0.10mV STS 1.69mV/s J+ 56ms	STL 0.09mV STS 1.44mV/s J+ 42ms	STL 0.12mV STS 3.57mV/s J+ 41ms	STL 0.14mV STS 2.98mV/s J+ 42ms
V5	STL 0.24mV STS 1.56mV/s J+ 94ms	STL 0.17mV STS 1.62mV/s J+ 67ms	STL 0.09mV STS 1.50mV/s J+ 56ms	STL 0.16mV STS 2.76mV/s J+ 42ms	STL 0.16mV STS 4.00mV/s J+ 41ms	STL 0.12mV STS 2.98mV/s J+ 42ms
V6	STL 0.23mV STS 1.44mV/s J+ 94ms	STL 0.16mV STS 1.17mV/s J+ 67ms	STL -0.07mV STS 2.17mV/s J+ 56ms	STL -0.04mV STS 2.17mV/s J+ 42ms	STL -0.00mV STS -1.01mV/s J+ 41ms	STL 0.20mV STS 2.17mV/s J+ 42ms

25 mm/sec 10 mm/mV





**RIZAL FERDEIANSYAH MR,**

ID: 01048812, Born: 5/26/1988 (Male 31), 87.6 kg, 175 cm  
Test Date: 3/5/2020 9:50:24 AM

MEDIKA PLAZA

Stage	Time	Load			HR bpm	BP mmHg	SpO2 %	ST Level [ mV ], J+: 1/8RR											
		km/h	%	MET				I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Reference	E 00:00	0.8	0.0	1.4	<b>88</b>	120/80	-	0.09	0.26	0.16	-0.18	-0.03	0.21	0.00	0.29	0.25	0.24	0.24	0.23
E 1 stage	E 03:01	2.7	10.0	4.6	<b>118</b>	120/80	-	0.11	0.18	0.08	-0.14	0.01	0.13	0.01	0.24	0.18	0.17	0.17	0.16
E 2 stage	E 06:02	4.0	12.0	7.0	<b>141</b>	120/80	-	0.26	0.17	0.09	-0.12	-0.01	0.13	-0.37	0.15	0.11	0.10	0.09	0.07
E 3 stage	E 09:03	5.4	14.0	10.1	<b>174</b>	130/90	-	-0.17	0.11	0.22	0.01	-0.16	0.16	0.19	0.10	-0.01	0.09	0.16	-0.04
E 4 peak	E 09:26	6.7	16.0	13.4	<b>182</b>	-	-	0.20	0.20	-0.09	0.22	0.18	0.05	-0.04	0.25	0.30	0.12	0.16	0.00
Recovery	R 00:20	3.8	16.0	8.0	<b>177</b>	130/90	-	0.07	0.11	0.06	-0.08	0.00	0.09	0.00	0.16	0.11	0.14	0.12	0.20
Recovery	R 01:05	3.8	0.0	2.8	<b>163</b>	130/90	-	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

PATIENT NAME : Tn. Rizal F  
No. RM : 01040012  
Clinik/MCU/HCU : CO . E.N.T

To. Dokter :  
(Counsel)

Kindly please counsel for patient who has take cares of

Diagnose :  
Clinik Summary :

Counsel Request :

**COUNSEL ADVISE**

Ear: tympanum dextra Intact, Cerumen Simbu  
Nose: Conch hypertrophy, sepl deviated dextra.

Finding :

Throat: TIT, pharynx granular  
Audiometry: Heavy threshold with normal lind.

Diagnosis :

Cerumen Simbu, sepl deviated

Recomendation :

- Ear Toilet at ENT
- Stop smoking

Date : 5/4/20  
Time :  
EP :

Signature

dr. Meristiana Christiane Sp.THT

Complete Name  
E.N.T

Formulir Number : FM - DR - 008 - 02

Revisi Number : 00

Date : 07 Juli 2017