

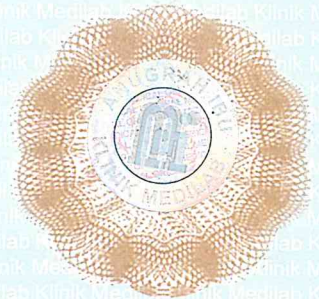


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PUSAT PEMERIKSAAN KESEHATAN TENAGA KERJA

Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433
Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024
E-mail: customercare@medilab-clinic.com, Website: www.medilab-clinic.com



HEALTH SCREENING REPORT

Periodic Health Examination

CONFIDENTIAL

No. Medical Record : 
00010/002/VII/RP/19

174

PERSONAL DATA

Name : RIO SINTONG IMMANUEL
 Birthday/Gender/Emp. ID : 13 October 1991 / Male / 14098
 Father's Name : DONAL
 Address : BIDA ASRI 1 BLOK A1 NO 52, BATAM
 Occupation : INSPECTION ENGINEER
 Name of Employer / Recruitment Agency : RIGSPEK PERKASA .PT
 Address of Employer / Recruitment Agency : KOMPLEK KAWASAN SEKUPANG KAV. NO.13 BATAM, BATAM



RIO SINTONG I

MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Allergic Rhinitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Bronchial Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	5. Peptic Ulcer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Echolalia	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Bloody Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

CLINICAL EXAMINATION

Weight : 83 Kg	Height : 169 Cm	3. Cardiovascular System	Yes/Abnormal	No/Normal
BMI : 29.06		a. Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Systolic / Diastolic : 132 / 87 mm Hg		
1. Vision	Yes/Abnormal	No/Normal		
a. Distant Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	b. Heart Disease	<input type="checkbox"/>
(Should be at least 6/12 in both eyes with or without glasses)			c. Varicose Veins	<input type="checkbox"/>
b. Near Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Respiratory System	<input type="checkbox"/>
(Should be at least J2 in both eyes with or without glasses)			5. Skin-Chronic Disease	<input type="checkbox"/>
c. Colour Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Abdomen	<input type="checkbox"/>
d. Any Organic Eye Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Locomotor/Neurological	<input type="checkbox"/>
2. Hearing	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Endocrine disorders	<input type="checkbox"/>
(Unable to hear ordinary conversation at 2 m)			9. Mental State	<input type="checkbox"/>
				<input checked="" type="checkbox"/>

LABORATORY TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Blood Count	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Urine Feme	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Other Laboratory Test	<input checked="" type="checkbox"/>	<input type="checkbox"/>

OTHER TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Audiometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Spirometry	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. ECG (if indicated)	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Chest X-Ray	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Remarks: Overweight E66, Lab: GGT R74.9 50 U/L MIE, HDL E78.4 38 mg/dl BHR, Cholesterol Ratio E78 4.3 AR, Uric Acid E79.0 9.5 mg/dl MIE, Blood Count: Anaemia D64 11.0 gr/dl MIA, Erythrocytopenia D75.9 3.88 * 10⁶/mm³ MID, ESR R70.0 13 mm/hr MIE, HCT R71.0 34.5% MID

CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is FIT for duties mentioned above.

ADVICE :

Regular Exercise and Reduce Weight, Take Enough Rest & Consume Curcuma, Diet to Raise HDL Cholesterol, Low Purin Diet

Authentic Signature



Date of Exam : 26 July 2019



DR. EBIET YUDI SANTOKO



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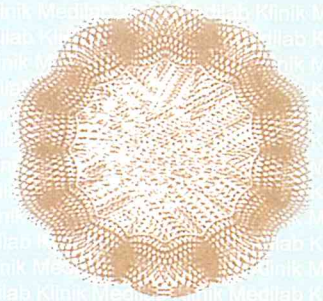
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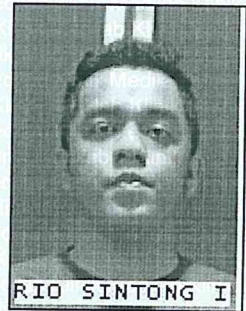
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LABORATORY REPORT

BLOOD COUNT

Test Name	Result	Unit	Reference Range	
HGB	*	11.0 gr/dl	M: 13.2 - 17.3	F: 11.7 - 15.5
WBC		6.1 10 ³ / mm ³	M: 3.8 - 10.6	F: 3.6 - 11.0
RBC	*	3.88 10 ⁶ / mm ³	M: 4.4 - 5.9	F: 3.8 - 5.2
ESR	*	13 mm/hr	M: 0 - 10	F: 0 - 20
HCT	*	34.5 %	M: 40 - 52	F: 35 - 47
PLT		247 10 ³ /mm ³	150 - 440	
Differential Count				
- LYM		27.3 %	25 - 40	
- MON		7.3 %	2 - 8	
- GRA		65.4 %	43 - 76	

URINE FEME

Macroscopy	Result
- pH	5
- Specific Gravity	1.015
- Glucosaa	Negative
- Protein	Negative
- Ketones	Negative
- Bilirubin	Negative
- Urobilinogen	Normal
- Nitrit	Negative
- Blood	Negative
- Leucocytes	Negative

X-RAY REPORT

Chest PA:
 Show no Abnormalities.
 There is no evidence of pulmonary tuberculosis or other pulmonary,pleural or mediastinal lesions.
 The size,shape and position of the heart are within limits of normal variations.
 Bony structures of the thorax show no abnormalities.

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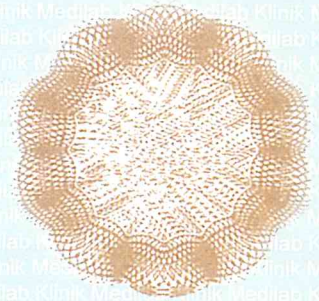


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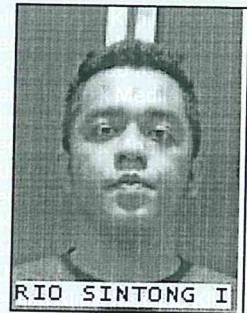
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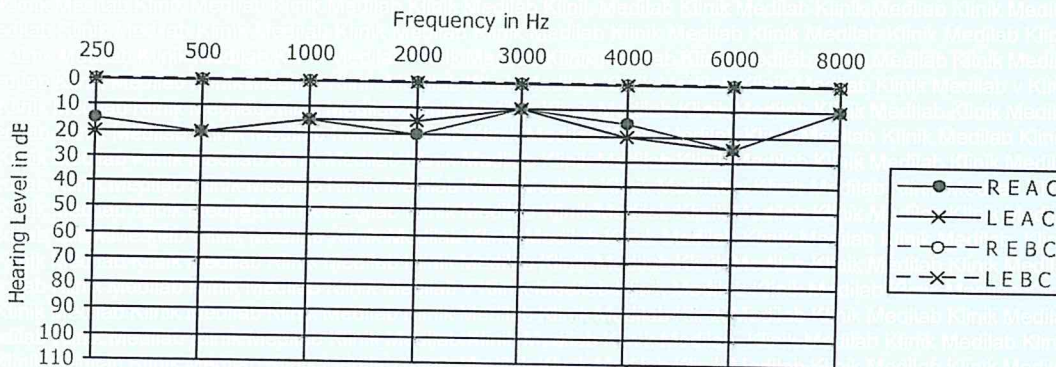
AUDIOMETRY REPORT

Occupational History

	Yes	No
- Noisy Working Environment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
- Present/use of Hearing Protector	<input checked="" type="checkbox"/>	<input type="checkbox"/>
- Period of Working	5.0 years	

Medical History/Examination

	Yes	No	If Yes, which ear	Left	Right
- Ear Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Head/Ear Injury	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ears Infection	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Drum Perforation	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
- Ear Cerumen	<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>



Conclusion :

- Audiogram : Normal
- Hearing Impairment : Monaural : R : -11.25 %
L : -11.25 %
Hearing Handicap : -11.250 %
- Not a Noise Induced Hearing Loss

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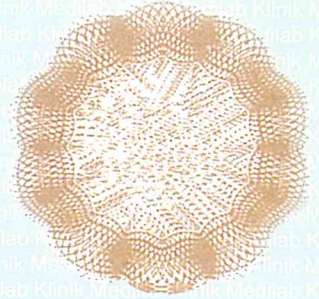


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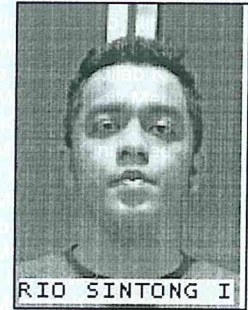
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LABORATORY REPORT

Test Name	Result Unit	Reference Range
LIVER FUNCTION TEST		
SGOT	: 21 U/L	M: <= 35 F: <= 31
SGPT	: 31 U/L	M: <= 45 F: <= 34
Gamma GT	:* 50 U/L	M: <= 49 F: <= 32
LIPID PROFILE TEST		
Total Cholesterol	: 162 mg/dl	<= 200
HDL - Cholesterol	: 38 mg/dl	M: > 35 F: > 45
LDL - Cholesterol	: 93 mg/dl	50 - 140
Triglycerida	: 155 mg/dl	<= 204
Ratio Cholesterol (Total Chol : HDL)	:* 4.3	M: < 3.4 F: < 3.3
BLOOD SUGAR TEST		
Nuchter	: 84 mg/dl	< 100
RENAL FUNCTION TEST		
Ureum	: 22 mg/dl	17 - 43
Creatinine	: 1.0 mg/dl	M: 0.8 - 1.3 F: 0.5 - 0.9
Uric Acid	:* 9.5 mg/dl	M: 3.6 - 8.2 F: 2.3 - 6.1

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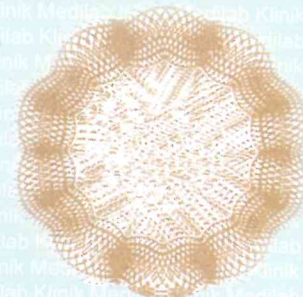


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PULMONARY FUNCTION TEST

Occupation History

	Yes	No
- Dusty Working Environment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Present/use of Protective Equipment	<input type="checkbox"/>	<input checked="" type="checkbox"/>
- Period of Working	0.0 years	

Medical History

	Yes	No	If Yes, when
- Lung Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Breathlessness/Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Coughed Up Blood	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

	BEST VALUES		
	Pred.	Measured	%Pred.
FVC	4.69	3.65	78
FEV1	3.99	3.19	80
FEV1/FVC	82.4	87.3	106
PEF	9.37	9.27	99
FEF25-75	4.82	3.78	78

FVC Normal Value : 3.932
 FEV1 Normal Value : 3.373
 FEV1/FVC % Normal Value : 87%
 FVC % Predicted Value : 92%
 FEV1 % Predicted Value : 94%
 FEV1/FVC % Predicted Value : 100%

Interpretation : Normal Spirometri

PARAMETER		Pred.	PRE#1	%Pred.	PRE#2	PRE#3
*FVC	L	4.69	3.65	78	3.65	3.65
*FEV1	L	3.99	3.19	80	3.19	3.19
*PEF	L/s	9.37	9.27	99	9.27	9.27
FVC	L	4.69	3.65	78	3.52	3.44
FEV1	L	3.99	3.19	80	2.99	3.01
FEV1/FVC	%	82.4	87.4	106	84.9	87.5

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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993



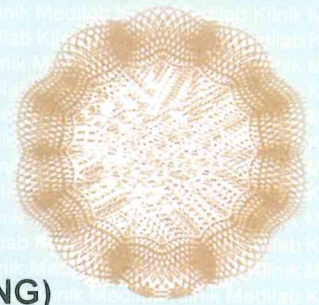
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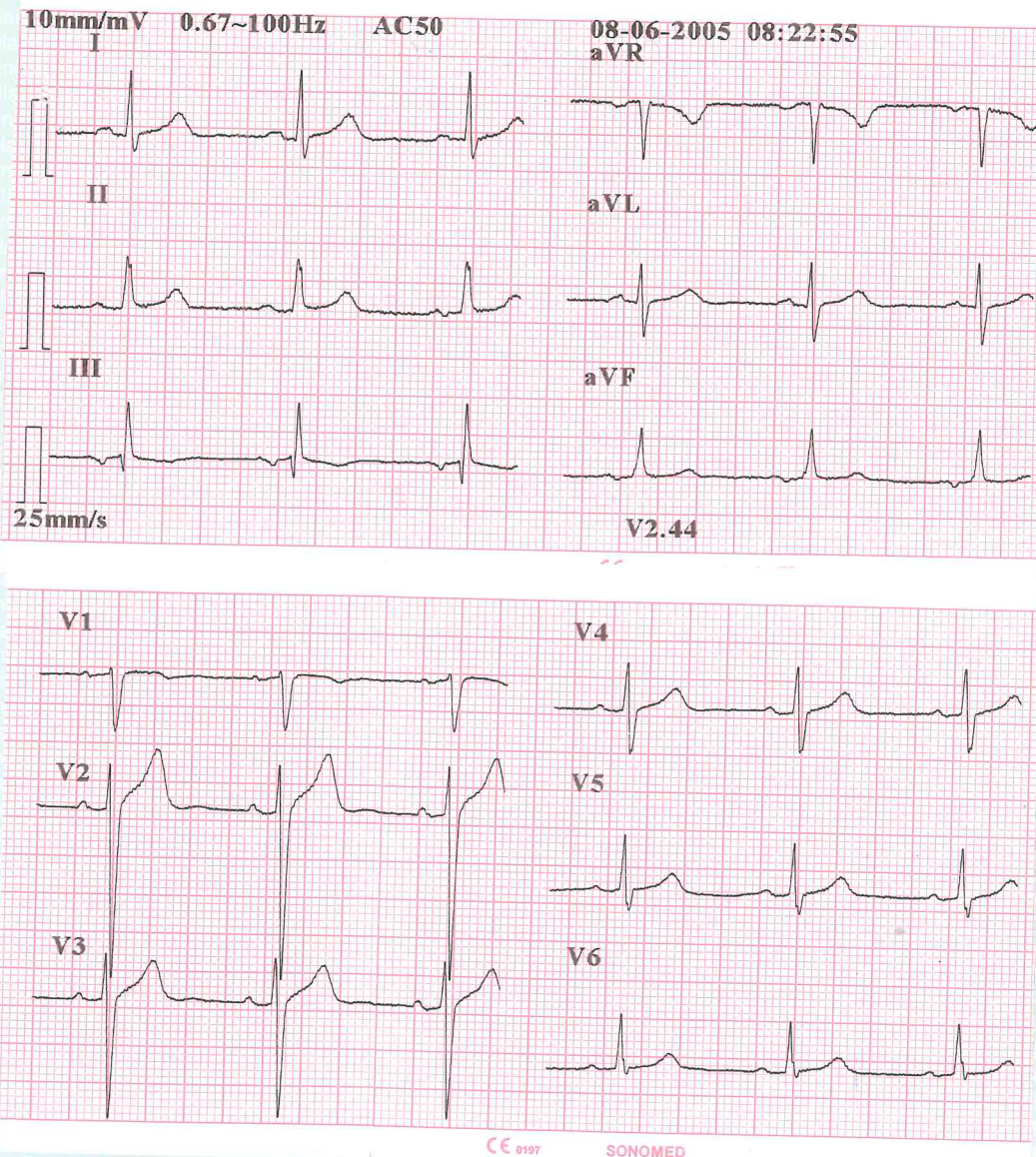
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ELECTROCARDIOGRAM INTERPRETATION (RESTING)

Name : Rio Sintong Immanuel
Age : 27 years
Sex : Male
Place/Date : Batam, July 26th 2019
Company's name : RIGSPEK PERKASA .PT



CONCLUSION : Normal Resting ECG
EXAMINER :

dr. Ebit Yudi Santoko
Examining Physician