




Management System
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 ID 9105042627



HEALTH SCREENING REPORT

Periodic Health Examination

CONFIDENTIAL

No. Medical Record : 
 00003/001/III/ISP/19

PERSONAL DATA

Name : SIHAR PANDAPOTAN SIHOMBING
 Birthday/Gender/Emp. ID : 11 November 1986 / Male /
 Father's Name : RAMLI SIHOMBING
 Address : BATAM
 Occupation : ASST INSPECTOR
 Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT
 Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM



MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	4. Allergic Rhinitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7. Surgery	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Bronchial Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	5. Peptic Ulcer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8. Echolalia	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Bloody Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	6. Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	9. Others	<input checked="" type="checkbox"/>	<input type="checkbox"/>

CLINICAL EXAMINATION

		Yes/Abnormal	No/Normal			Yes/Abnormal	No/Normal
Weight	: 77 Kg			3. Cardiovascular System			
BMI	: 29.70			a. Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
				Systolic / Diastolic	: 117 / 77 mm Hg		
				Pulse	: 80 / min		
1. Vision				b. Heart Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
a. Distant Vision	<input checked="" type="checkbox"/>	<input type="checkbox"/>		c. Varicose Veins	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
(Should be at least 6/12 in both eyes with or without glasses)				4. Respiratory System	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
b. Near Vision	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		5. Skin-Chronic Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
(Should be at least J2 in both eyes with or without glasses)				6. Abdomen	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
c. Colour Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>		7. Locomotor/Neurological	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
d. Any Organic Eye Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>		8. Endocrine disorders	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
2. Hearing	<input type="checkbox"/>	<input checked="" type="checkbox"/>		9. Mental State	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
(Unable to hear ordinary conversation at 2 m)							

LABORATORY TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Blood Count	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Urine Feme	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Other Laboratory Test	<input checked="" type="checkbox"/>	<input type="checkbox"/>

OTHER TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Audiometri	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Spirometri	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. ECG (if indicated)	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Chest X-Ray	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Remarks: Medical History: Haemorrhoid K64.4

Overweight E66, Myopia H52.1 R:6/18, L:6/12 MOM, E.N.T: Bilateral Ears Cerumen H61.23, Lab: Total Cholesterol E78.0 230 mg/dl BHR, HDL E78.4 42 mg/dl BHR, Triglyceride E78.1 280 mg/dl HR, Cholesterol Ratio E78 5.5 AR, Blood Count: Leucocytosis D72.829 10.8*10³/mm³ MIE, Monocytosis D72.821 10.3%, Audiometri: Left Ear Conductive Mild Hearing Loss H90.2

CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is FIT for duties mentioned above.

ADVICE :

Regular Exercise and Reduce Weight, Wear Glasses, Ear Hygiene, Low Fat Diet, Wear Ear Plug While Working

Date of Exam : 11 March 2019



Authentic Signature



DR. EBIET YUDI SANTOKO

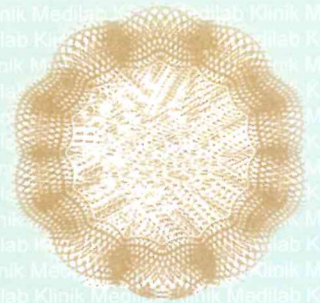


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KLINIK MEDILAB

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Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433
Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024
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SIHAR PANDAPO

LABORATORY REPORT

BLOOD COUNT

Test Name	Result	Unit	Reference Range
HGB	14.8	gr/dl	M: 13.2 - 17.3 F: 11.7 - 15.5
WBC	* 10.8	10 ³ /mm ³	M: 3.8 - 10.6 F: 3.6 - 11.0
RBC	4.73	10 ⁶ /mm ³	M: 4.4 - 5.9 F: 3.8 - 5.2
ESR	10	mm/hr	M: 0 - 10 F: 0 - 20
HCT	45.7	%	M: 40 - 52 F: 35 - 47
PLT	246	10 ³ /mm ³	150 - 440
Differential Count			
- LYM	27.7	%	25 - 40
- MON	* 10.3	%	2 - 8
- GRA	62.0	%	43 - 76

URINE FEME

Macroscopy	Result
- pH	5
- Specific Gravity	1.015
- Glucossa	Negative
- Protein	Negative
- Ketones	Negative
- Bilirubin	Negative
- Urobilinogen	Normal
- Nitrit	Negative
- Blood	Negative
- Leucocytes	Negative

X-RAY REPORT

Chest PA:

Show no Abnormalities.

There is no evidence of pulmonary tuberculosis or other pulmonary, pleural or mediastinal lesions.

The size, shape and position of the heart are within limits of normal variations.

Bony structures of the thorax show no abnormalities.

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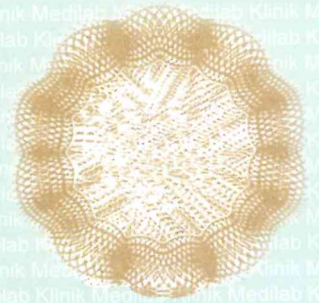


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AUDIOMETRY REPORT

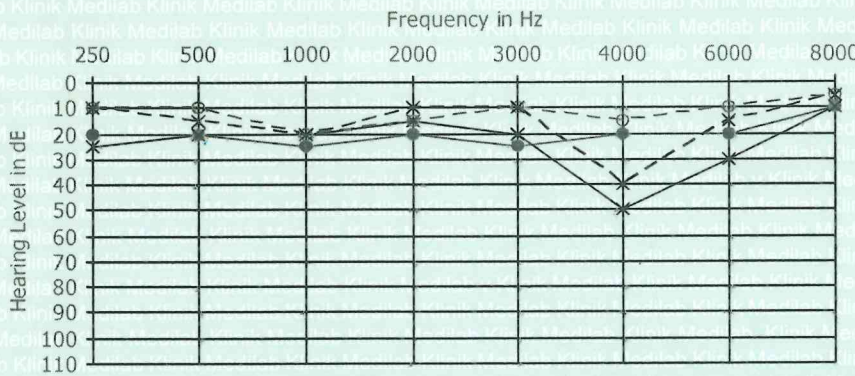
Occupational History

- Noisy Working Environment Yes No
- Present/use of Hearing Protector Yes No
- Period of Working 6.0 years

Medical History/Examination

- Ear Surgery Yes No
- Head/Ear Injury Yes No
- Ears Infection Yes No
- Ear Drum Perforation Yes No
- Ear Cerumen Yes No

Yes	No	If Yes, which ear	Left	Right
<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>



Conclusion :

- Audiogram : Abnormal : Left Ear Conductive Mild Hearing Loss
- Hearing Impairment : Monaural : R : -3.75 %
L : 1.88 %
Hearing Handicap : -2.813 %
- Not a Noise Induced Hearing Loss

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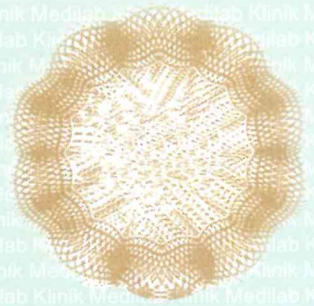


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SIHAR PANDAPO

PULMONARY FUNCTION TEST

Occupation History

	Yes	No
- Dusty Working Environment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
- Present/use of Protective Equipment	<input checked="" type="checkbox"/>	<input type="checkbox"/>
- Period of Working	6.0 years	

Medical History

	Yes	No	If Yes, when
- Lung Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Breathlessness/Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
- Coughed Up Blood	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

	BEST VALUES		
	Pred.	MEASURED	%Pred
FVC	4.10	3.65	89
FEV1	3.51	3.07	87
FEV1/FVC	81.5	84.1	103
PEF	8.66	8.68	100
FEF2575	4.45	3.72	84

PARAMETER		Pred.	PRE#1	%Pred	PRE#2	PRE#3
FVC	L	4.10	3.65	89	3.47	3.36
FEV1	L	3.51	3.07	87	2.97	2.81
FEV1/FVC	%	81.5	84.1	103	85.6	83.6

FVC Normal Value : 3.461
FEV1 Normal Value : 2.929
FEV1/FVC % Normal Value : 85 %
FVC % Predicted Value : 105 %
FEV1 % Predicted Value : 104 %
FEV1/FVC % Predicted Value : 99 %

Interpretation : Normal Spirometri

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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993

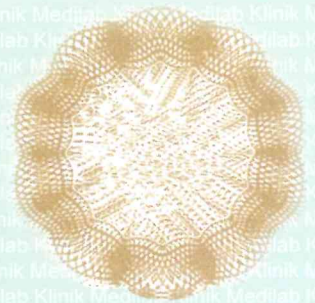


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SIHAR PANDAPO

LABORATORY REPORT

Test Name	Result Unit	Reference Range
LIVER FUNCTION TEST		
SGOT	22 U/L	M: <= 35 F: <= 31
SGPT	35 U/L	M: <= 45 F: <= 34
Gamma GT	24 U/L	M: <= 49 F: <= 32
LIPID PROFILE TEST		
Total Cholesterol	230 mg/dl	<= 200
HDL - Cholesterol	42 mg/dl	M: > 35 F: > 45
LDL - Cholesterol	132 mg/dl	50 - 140
Triglycerida	280 mg/dl	<= 204
Ratio Cholesterol (Total Chol : HDL)	5.5	M: < 3.4 F: < 3.3
BLOOD SUGAR TEST		
Nuchter	87 mg/dl	< 100
RENAL FUNCTION TEST		
Ureum	20 mg/dl	17 - 43
Creatinine	1.1 mg/dl	M: 0.8 - 1.3 F: 0.5 - 0.9
Uric Acid	6.3 mg/dl	M: 3.6 - 8.2 F: 2.3 - 6.1

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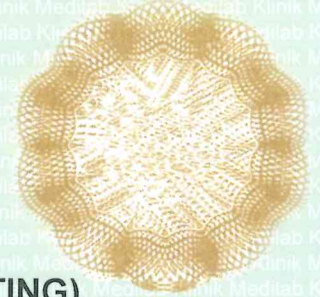


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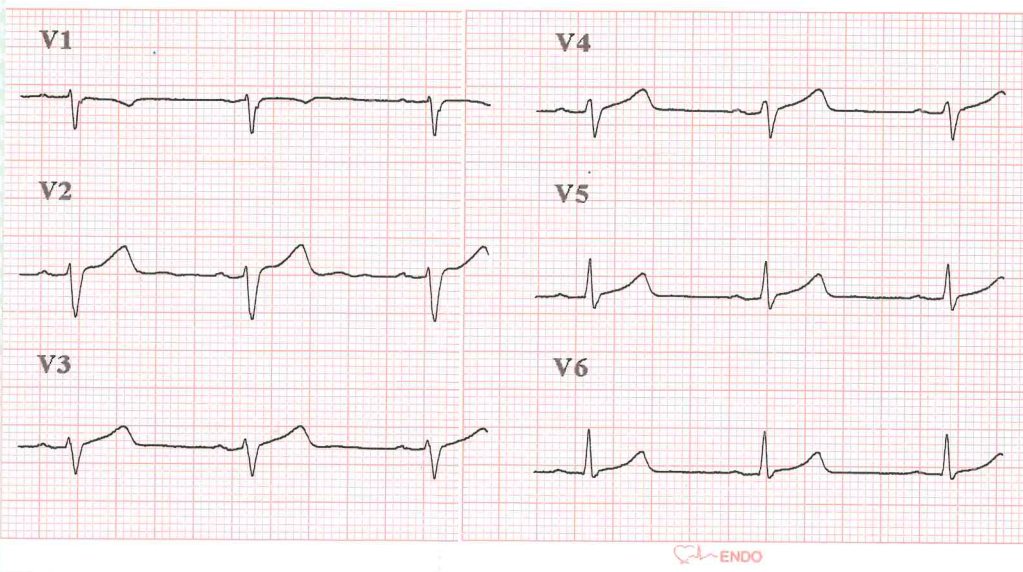
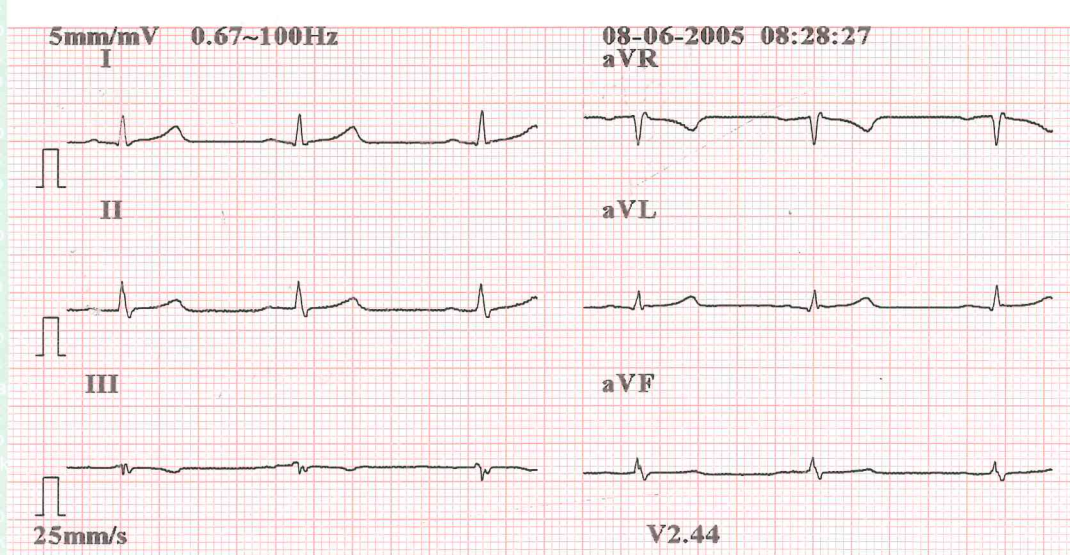
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ELECTROCARDIOGRAM INTERPRETATION (RESTING)

Name : Sihar Pandapotan Sihombing
Age : 32 years
Sex : Male
Place/Date : Batam, March 11th 2019
Company's name : INSPEKTINDO SINERGI PERSADA, PT



CONCLUSION : **Normal Resting ECG**
EXAMINER

dr. Ebiet Yudi Santoko
Examining Physician