

PERSONAL DATA

No. MCU	:	1868/GMI-MCU/VIII/2020
No. Badge	:	-
Nama	:	SAFTIADI, Tn.
Umur	:	27 tahun
Perusahaan	:	PT. INSPEKTINDO SINERGI PERSADA
Jabatan	:	Assistant Inspector
Tgl Pemeriksaan	:	22/08/2020
Alamat	:	Jl. Blora 2 RT 25 No.12 Klandasan Ilir Balikpapan Kota



PT. INSPEKTINDO SINERGI PERSADA

HEALTH AND MEDICAL SURVEILLANCE TAHUN 2020



NAMA	:	Sapardi
TANGGAL LAHIR	:	23 Desember 1992
JENIS KELAMIN	:	Laki - Laki
S/N	:	ISP / ADM / 1068
IGG	:	-
DEPT/SERVICE	:	Inspection
LOKASI KERJA	:	Balikpapan
JENIS PEMERIKSAAN	:	<input checked="" type="checkbox"/> Pre-employment <input type="checkbox"/> Annual <input type="checkbox"/> Pre-retirement

Medical Department

HEALTH SURVEILLANCE

Isilah firmulir ini dengan sebenarnya dan selengkap-lengkapnya. Apabila ada hal-hal yang kurang dipahami segera hubungi dokter atau perawat.

IDENTITAS PEGAWAI

1. Posisi : Assistant Inspector
 2. Golongan Darah : A / B / AB / O Rhesus : + / -
 3. Status : (1) Belum kawin (2) Kawin (3) Janda (4) Duda (5) Cerai
 4. Jumlah anak : Anak laki-laki Orang, Anak Perempuan orang
 5. Alamat sekarang : Jl. Blora 2 RT 25 RB 12 Kalandasan 1117 Baligepan
 Kota
 6. No. Extension Telpon. : Telpon/HP Kantor : Kamar (untuk lapangan)

HANYA UNTUK CALON KARYAWAN : RIWAYAT PEKERJAAN

No.	Posisi	Lama Kerja	Perusahaan	Lama paparan dalam jam/hari					
				Bising	Debu	Kimia	Radiasi	Ergonomi	Iain-lain
1.	Assistant Inspector (ISP)			✓	✓				

HANYA UNTUK KARYAWAN RIWAYAT PEKERJAAN

Tuliskan lama kerja pada masing-masing tempat kerja yang sesuai dengan posisi anda. Jumlah jam harus sesuai dengan lama kerja dalam sehari.

1. Office : jam/hari
 2. Warehouse : jam/hari
 3. Workshop : 12 jam/hari
 4. Process area : jam/hari
 5. Well/Offshore : jam/hari

PETUNJUK PENGISIAN : ISILAH NOMOR YANG SESUAI DENGAN JAWABAN ANDA PADA KOTAK JAWABAN YANG TELAH TERSEDIA DI SAMPING KANAN. JANGAN MELINGKARI ATAU MENCORET PILIHAN JAWABAN

RIWAYAT KESEHATAN

1. Selama 1 tahun terakhir ini, apakah anda pernah sakit :

- | | | | |
|-------------------------|-------|----------|-------------------------------------|
| a. Tekanan darah tinggi | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| b. Tekanan darah rendah | 1. Ya | 2. Tidak | <input type="checkbox"/> |
| c. Jantung | 1. Ya | 2. Tidak | <input type="checkbox"/> |
| d. Stroke | 1. Ya | 2. Tidak | <input type="checkbox"/> |
| e. Kencing Manis | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |

f. Timbul benjolan/tumor	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
g. Ayan / Gangguan syaraf	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
h. Asma	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
i. Batu ginjal	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
j. Alergi	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
k. Thypus	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
l. TBC	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
m. Malaria	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
n. Penyakit kelamin	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
o. Kuning / Hepatitis	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
p. Gangguan jiwa	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
q. Takut pada ketinggian	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
r. Mata	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
s. Hidung	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
t. Telinga	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
u. Gigi / mulut	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
v. Lambung	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
w. Wasir	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
x. Kulit	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
y. Sendi - sendi	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2
z. Kandungan	1. Ya	2. Tidak	<input checked="" type="checkbox"/> 2

RIWAYAT KECELAKAAN KERJA DAN PERAWATAN DI RUMAH SAKIT

1. Dalam satu tahun terakhir apakah Anda pernah mengalami kecelakaan akibat kerja ? 1. Ya 2. Tidak 2
Bila tidak, langsung ke no. 6
2. Bila YA, berapa kali dalam setahun terakhir Anda mengalami kecelakaan ?
3. Apakah Anda perlu mendapatkan perawatan di rumah sakit karena kecelakaan tersebut ? 1. Ya 2. Tidak 2
4. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan akibat kecelakaan tersebut ?
5. Apakah timbul gangguan fungsi maupun kecacatan setelah sembuh ? 1. Ya 2. Tidak ~
Bila tidak, langsung ke no. 8
6. Dalam satu tahun terakhir apakah Anda pernah dirawat di rumah sakit ? 1. Ya 2. Tidak 2
Bila tidak, langsung ke no. 8
7. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan dalam satu tahun terakhir ?
8. Apakah Anda menderita penyakit yang dikontrol terus menerus selama satu tahun terakhir ? 1. Ya 2. Tidak 2

KEBIASAAN MEROKOK

1. Apakah anda pernah merokok ? 1. Ya 2. Tidak
 Bila tidak, langsung ke alkohol
2. Sejak umur berapa Anda mulai merokok untuk pertama kalinya ?
3. Apakah saat ini Anda merokok ?
 1. Ya, setiap hari
 2. Ya, tidak setiap hari
 3. Tidak - bila tidak langsung ke no. 14
4. Berapa banyak rokok yang Anda isap setiap harinya ?
5. Jenis rokok apa yang Anda isap ? (DITULIS MEREK)
6. Seberapa sering Anda menghisap dalam-dalam asap rokok ?
 1. Tidak pernah
 2. Kadang-kadang
 3. Selalu
7. Berapa menit sehabis bangun tidur Anda mulai merokok ?
8. Apakah Anda lebih banyak merokok dalam jam pertama di pagi hari ?
 1. Ya 2. Tidak
 Dari no. 11 langsung ke pertanyaan alkohol
9. Apakah sulit untuk tidak merokok di tempat yang dilarang merokok ?
 1. Ya 2. Tidak
10. Apakah Anda tetap merokok di saat Anda sedang sakit ?
 1. Ya 2. Tidak
11. Dalam satu hari, rokok manakah yang sulit di lewatkan ?
 1. Rokok pertama di pagi
 2. Rokok lainnya
12. Apakah anda ingin berhenti merokok?
13. Bila Ya, apakah Anda bersedia untuk mengikuti program Berhenti Merokok?
Langsung ke pertanyaan alkohol
14. Sudah berapa lama Anda berhenti merokok ? (tahun)

KONSUMSI ALKOHOL

1. Apakah Anda pernah minum minuman beralkohol ?
 1. Ya 2. Tidak
 Bila tidak, langsung ke olahraga
2. Apakah Anda minum minuman beralkohol dalam 12 bulan terakhir ?
 1. Ya 2. Tidak
 Bila tidak, langsung ke olahraga
3. Apakah Anda minum minuman beralkohol dalam 4 minggu terakhir ?
 1. Ya 2. Tidak
 Bila tidak, langsung ke olahraga
4. Berapa kali Anda minum minuman beralkohol dalam sebulan ?
5. Berapa banyak minuman beralkohol yang Anda habiskan tiap kalinya ? (diperkirakan dalam satuan cc)

AKTIFITAS FISIK DAN OLAHRAGA

1. Berapa banyak waktu yang Anda habiskan untuk duduk setiap harinya ? (dalam menit, dan termasuk waktu yang dihabiskan untuk duduk di tempat kerja maupun di waktu luang)
 240
2. Berapa kali Anda berolahraga dalam sebulan ?
 05
3. Berapa lama waktu yang Anda habiskan untuk berolahraga tiap kalinya ? (dalam menit)

 060
4. Bagaimana intensitas olahraga yang Anda lakukan ?
 1. Ringan 4. Berat
 2. Sedang 5. Sangat berat
 3. Cukup berat

POLA KONSUMSI BAHAN MAKANAN

1. Berapa hari dalam seminggu biasanya Anda makan buah-buahan ? 7
2. Berapa hari dalam seminggu biasanya Anda makan sayur-sayuran ? 4

RIWAYAT PENYAKIT KELUARGA

1. Apakah ada diantara Ayah/Ibu Anda menderita penyakit berikut
- | | | | |
|-------------------------|-------|----------|----------------------------|
| a. Tekanan darah tinggi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| b. Penyakit jantung | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| c. Stroke | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| d. Kencing manis | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| e. Kanker | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| f. Alergi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| g. Asma | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
2. Apakah ada saudara kandung Anda menderita penyakit berikut
- | | | | |
|-------------------------|-------|----------|----------------------------|
| a. Tekanan darah tinggi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| b. Penyakit jantung | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| c. Stroke | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| d. Kencing manis | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| e. Kanker | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| f. Alergi | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
| g. Asma | 1. Ya | 2. Tidak | <input type="checkbox"/> 2 |
3. Di antara Ayah/Ibu/Saudara Kandung Anda, apakah ada yang meninggal karena penyakit-penyakit di atas pada usia kurang dari 45 tahun untuk laki-laki dan 55 tahun untuk perempuan ? 2

UNTUK KARYAWAN WANITA

1. Apakah saat ini Anda sedang hamil ? 1. Ya 2. Tidak
Bila tidak, langsung ke no. 3
2. Berapa bulan umur kehamilan Anda saat ini ?
3. Berapa jumlah kehamilan yang pernah Anda alami (termasuk kehamilan kali ini) ?
4. Berapa jumlah keguguran yang pernah Anda alami ?
5. Kapan hari pertama haid terakhir Anda ? / /
6. Berapa umur Anda pada saat haid pertama ?
7. Berapa banyak pada saat Anda haid ? 1. Banyak 2. Sedikit
8. Apakah dalam satu tahun terakhir pola haid Anda teratur ? 1. Ya 2. Tidak
9. Apakah ada rasa sakit yang berhubungan dengan haid ? 1. Ya 2. Tidak
10. Apakah Anda sering menderita keputihan ? 1. Ya 2. Tidak

KELUARGA BERENCANA

1. Apakah keluarga Anda mengikut keluarga berencana ? 1. Ya 2. Tidak
Bila tidak langsung ke Vaksinasi
2. Bila YA, metode KB apa yang Anda gunakan ?
- | | | |
|-----------|--------------|-------------------------------------|
| 1. Kondom | 5. IUD | <input checked="" type="checkbox"/> |
| 2. Pil | 6. Vasektomi | <input type="checkbox"/> |
| 3. Suntik | 7. Tubektomi | <input type="checkbox"/> |
| 4. Susuk | 8. Lainnya | <input type="checkbox"/> |

RIWAYAT VAKSINASI

1. Apakah anda pernah mendapatkan vaksinasi tetanus ? 1. Ya 3. Tidak tahu
2. Tidak
2. Apakah Anda pernah mendapatkan vaksinasi hepatitis ? 1. Ya 3. Tidak tahu
2. Tidak

DONOR DARAH

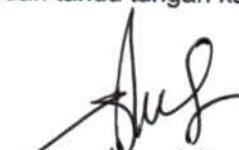
1. Bersediakah Anda mendonorkan darah bila dibutuhkan ? 1. Ya 2. Tidak

2. Kapan Anda melakukan donor darah terakhir ? 08 / 02 / 19

Formulir tersebut di atas telah saya isi dengan benar dan sesungguhnya.

Balikpapan, 22 Agustus 2020

Nama dan tanda tangan karyawan


(..... Sofieeli)

CONFIDENTIAL

UNTUK DIISI DOKTER

MEDICAL CHECK UP –2020

PHYSICAL EXAMINATION

NAME	SAFTIADI, Tn.	S/N	-	DEPT	-
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I. VITAL SIGN

Blood Pressure (supine)	100/60	mmHg	Pulse	75	x/m	Respiration	20	x/m	Temp.	36	°C
Weight (W)	62	kg	Height (H)	158	cm	BMI	24,84	Waist		82	cm

(*) BMI = W / H² (Underweight = <18, Normal 18-25, Overweight 25-30, Obese > 30)

II. PHYSICAL EXAMINATION

No	PHYSICAL		A = ABNORMAL; N = NORMAL	A	N	Describe abnormalities in detail (circle words of importance and explain)
1	GENERAL APPEARANCE		Appearance age/ Nutritional/ Development/ Mental & emotional status/Posture/Gait/Speech		✓	
2	HEAD / SCALP		Size/Shape/Tender over sinuses/ Hair/ Eruption/ Masses/Bruit		✓	
3	EYES		Conjunctiva /Sclera/ Cornea/ Pupils/ Ptosis/ Tension/ Eye lid/Bruit/Reflex/ Range of Movement		✓	
4	EARS		Ext. canal/Membran perforation/ Discharge/ Tophi/ Hearing problem/ Mastoids		✓	
5	NOSE / SINUSES		Septum/obstruction/ Turbinate /Discharges		✓	
6	MOUTH / THROAT		Odor/Lips/Tongue/Tonsils/ Gums/ Pharynx		✓	
7	TEETH		Caries ©, Filling(F), Missing (M), Radix®	✓		Caries, Missing
8	NECK		Adenopathi/Thyroid/Carotids/ Trachea/ Veins/ Mass/ Spine/ Motion/ Bruit		✓	
9	BACK / SPINE		Kyphosis/Scoliosis/ Lordosis/ Mobility/ CVA/ Bone/ Tenderness/ Other deformities		✓	
10	THORAX		Symmetry/Movement/Contour / Tender		✓	
11	BREAST		Size/Consistency/ Nipples/ Areola / Discharge/ Palpable mass/ enderness/ Nodes/ Scars		✓	
12	HEART		Rate/Rhythm/Apical/Impulse/Trills/ Quality of sound/Intensity/Splitting/Extra sound/Murmurs		✓	
13	CHEST / LUNG		Excursion/Dullness or Hyper-resonance of percussion/ Quality of breath sound/ Rales/ Wheezing/Ronchi/ Bruit		✓	
14	ABDOMEN		Bowel sounds/ Appearance/ Liver/ Spleen/ Masses/ Hemias/ Murmur/ Contour/ Tenderness/ Bruit/ Nodes		✓	
15	GROIN		Hernia/Inguinal nodes/Femoral pulses		✓	
16	GENITAL	MALE	Penis/Testis/Scrotum epididymis/ Varicocele/ Scars/ Discharge/ Circumcised/ Piercing		✓	
		FEMALE	Vulva/Vagina/ Cervix/ Uterus/ Adnexae/ Rectocele/ Bartholini gland/ Urethral/ Discharge			
17	EXTREMITIES		Deformity/Clubbing/Cyanosis/Edema/Nail/ Peripheral pulses/ Calf tenderness/Joints for swelling/ ROM		✓	
18	JOINTS		ROM/ Swelling / Inflammation /Deformity		✓	
19	SKIN		Color/Birthmark/Scars/ Tattoos /Texture/Rash/ Eczema / ulcers/Piercing		✓	
20	NEUROLOGICAL		Reflexes/Cranial nerve/Tremor/Paralysis/Motoric/ Sensor (touch,prick,vibrate)/ Coordination/ Romberg		✓	Romberg Test : Negative
21	MUSCULAR SYSTEM		Strength/Wasting/Development		✓	
22	RECTAL EXAM.		Sphincter tonus/ Hemorrhoids/ Fissure/ Masses /Prostate		✓	

SUPPORTIVE INVESTIGATIONS

I. VISION

Vision	Unaided		With Spectacles		Depth Perception	Colour Blindness	
	Left	Right	Left	Right			
Distant	20/20	20/30				✓	Normal
Near	20/20	20/20					Red - Green Absent
Visual fields (Normal > 70°)		Left	85°	Right	85°		Colour Blind

II. LABORATORIUM SUMMARY

	Normal	COMMENT: Cholesterol 200 mg/dl (Meningkat).	See attached result
✓	Abnormal		

III. CHEST X-RAY

Pneumoconiosis	Yes	No	✓	See attached result
If Yes - ILO Classification				
Evidence of TB	Yes	No	✓	
Other Abnormalities				
COMMENT	Foto Thorax Normal			

IV. ECG (Optional for over 35 years of age)

Normal	✓	Abnormal	(specify) : Sinus Rhythm	See attached result
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V. TREADMILL (Optional for over 35 years of age)

Normal	✓	Abnormal	(specify) : Negative Ischemic Response, 13 Mets.	See attached result
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VI. SPIROMETRY (Optional for dust exposure, respiratory chronic disease,)

Test	Observed	Predicted	% Prediction	See attached result
VC				%
FVC				%
FEV 1				%
FEV/FVC				%

VII. AUDIOMETRY (Optional for noise exposure, previous hearing problem,)

CONCLUSION		Change since last audiometric examination	Yes	See attached result
✓ Normal		If Yes, what change :	No	
Abnormal		Recommended Action:		
		Refer to safety department: <input type="checkbox"/> Yes / <input type="checkbox"/> No		

RECEIVED (reserved for International SOS)

REVIEWED (reserved for International SOS)

PROCESSED (reserved for International SOS)

Med-Track

SCHLUMBERGER PHYSICAL

Confidential Medical

PRE-EMPLOYMENT

Name of recruiter.....

PT. Inspeksi Indosimera Persebaya

Job proposed :

Office

Field

PERIODIC CHECK-UP

Dear Schlumberger Employee,

Your Med-Track physical will be handled only by trained and competent health professionals. The information contained in this medical report can be essential in saving your life when you are living or working abroad. In order to process your medical data, we now require that you sign a Consent Form authorizing International SOS and the Schlumberger Medical Department to access your information.

You do, however, have the possibility of not releasing this medical data.

- If you have chosen not to authorize the release of your medical data, please fill in only pages 1 and 2, dated and signed, and return to International SOS.
- If you have chosen to authorize the release of your medical data, please fill in the appropriate pages as indicated and return the entire Med-Track report to International SOS.

Do not forget to select and to sign the appropriate consent form depending on whether you have performed your Med-Track physical in an International SOS center or another center of your choice.

Thank you for cooperation.

Schlumberger Medical Department and International SOS

TO BE COMPLETED BY THE EMPLOYEE

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH

LAST NAME
(as appears in LDAP) SAFTIADI

FIRST NAME

SEX Male

BIRTH DATE (day/month/year) 27 / 12 / 1992

HOME PHONE 021.1249.4565

NATIONALITY Indonesia

HOME ADDRESS

Jl. Blok 2 RT 25 No 12 Kebondalem 1115 Palembang Lautan

Email address: Asaptadi92@gmail.com

CLEARLY INDICATE YOUR COMPANY INFORMATION – PUT AN “X” IN THE CORRESPONDING BOX BELOW:

Business segment: Inspection

(ex: WS, WG, etc.)

Country of assignment

MEA EAF

International commuter

LAM SLR

International mobile

NAM

Home country mobile

GIN /EMPLOYEE NUMBER

GeoMobile

POSITION / Job Title Assistant Inspector

Other (HCR, HCC, etc.):

PLEASE ANSWER ALL THE QUESTIONS ON THIS PAGE

TO BE COMPLETED BY THE EMPLOYEE

In order to process your Med-Track report and to upload it in the confidential eMed-Track web site, we require your authorization. If you are attending an International SOS recommended medical center, please fill in Option 1. If you are attending another medical center of your choice, please fill in Option 2.

IN ALL CASES PLEASE DATE AND SIGN AT THE BOTTOM OF THE PAGE.

• **Option 1: Medical examination performed by an SOS recommended medical center**

(For list of recommended medical centers, see: <http://www.internationalsos.com/private/schlumberger/Medtrack/>)

- I do authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to International SOS and the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 1**. (Please fill in pages 3 and 5. The examining physician will fill in pages 6 and 7.)
- I do not authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to any third party, including International SOS and the Schlumberger Medical Department. Please fill in below.

Medical center : Name of doctor :

Medical exam date :

And return only page 1 and 2 to :
International SOS
Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

• **Option 2: Medical examination performed by a medical center of your choice, And not on the list of centers recommended by International SOS**

- I agree to send my confidential medical data to International SOS and I agree to the subsequent transfer to the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 2**. (Please fill in pages 4 and 5. The examining physician will fill in pages 6 and 7.)

For rapid processing please ensure that the entire Med-Track report is sent as rapidly as possible to :
International SOS

Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

- I do not agree to send my confidential medical data to International SOS (and I do not agree to the subsequent transfer to the Schlumberger Medical Department).
Please fill in below.

Medical center: Name of doctor:

Medical exam date :

And return only page 1 and 2 to :
International SOS
Med-Track Department
12/14 rue d'Alsace
92300 Levallois Perret, France
Fax : +33 1 55 63 32 42
emedtrack@internationalsos.com

IMPORTANT: MUST BE FILLED IN BEFORE RETURNING TO INTERNATIONAL SOS

TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 1 :

Medical examination performed by an International SOS recommended medical center

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS and its contractors (the licensed physician(s) and medical staff who perform this medical examination) may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with, and cause its contractors (the licensed physician(s) and medical staff who perform this medical examination) to comply with, EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) I acknowledge and expressly agree that without prejudice to paragraph (f), International SOS shall not be liable for the accuracy or medical conclusions of the medical examination carried out by its contractors (the licensed physician(s) and medical staff who perform this medical examination).
- (h) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (i) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (j) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (k) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination will be sent by the licensed physician(s) and medical staff who perform this medical examination to Schlumberger Medical Department, and International SOS, and processed by said parties.

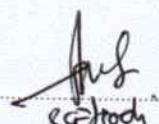
I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name: SAFIADI

Date (day/month/year): 23 - 12 - 1992

Employee's signature:



TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

OPTION 2:

Medical examination performed by a medical center of your choice, and not on the list of centers recommended by International SOS

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent; and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

INFORMATION AND CONSENT

I am informed of, and agree to, the following:

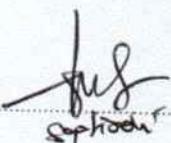
- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data. Such processing will start once I will have transferred the questionnaire attached, filled in by the licensed physician that I have selected for the performance of my medical examination, and the results of the medical tests carried out by such licensed physician, to SOS which will transfer my personal data to Schlumberger Medical Department.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with EU personal data protection laws and national laws adopted pursuant thereto, and data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (h) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track Department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (i) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (j) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination that I will send to International SOS will be processed by Schlumberger Medical Department and International SOS.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name: SATTIADI

Date (day/month/year): 27 - 12 - 1992 Employee's signature: 

LAST NAME FIRST NAME

TO BE COMPLETED BY THE EMPLOYEE

BLOOD TYPE :

(If known)

PAST MEDICAL HISTORY

DO YOU HAVE OR HAVE YOU HAD

(Check "yes" or "no" column or put a ? if uncertain)

	Yes No		Yes No	HAVE YOU EVER BEEN	Yes No
1. sinus trouble	<input type="checkbox"/> <input checked="" type="checkbox"/>	21. cancer	<input type="checkbox"/> <input checked="" type="checkbox"/>	41. rejected for employment	
2. neck swelling/glands	<input type="checkbox"/> <input checked="" type="checkbox"/>	22. heart disease	<input type="checkbox"/> <input checked="" type="checkbox"/>	or insurance for medical	
3. difficulty in vision	<input type="checkbox"/> <input checked="" type="checkbox"/>	23. rheumatic fever	<input type="checkbox"/> <input checked="" type="checkbox"/>	reasons	<input type="checkbox"/> <input checked="" type="checkbox"/>
4. any ear discharge	<input type="checkbox"/> <input checked="" type="checkbox"/>	24. abnormal heartbeat	<input type="checkbox"/> <input checked="" type="checkbox"/>	42. awarded benefits for	
5. asthma/bronchitis	<input type="checkbox"/> <input checked="" type="checkbox"/>	25. high blood pressure	<input type="checkbox"/> <input checked="" type="checkbox"/>	industrial injury	<input type="checkbox"/> <input checked="" type="checkbox"/>
6. hayfever/other allergy	<input type="checkbox"/> <input checked="" type="checkbox"/>	26. stroke	<input type="checkbox"/> <input checked="" type="checkbox"/>	43. treated for a mental	
7. any skin trouble	<input type="checkbox"/> <input checked="" type="checkbox"/>	27. serious chest pain	<input type="checkbox"/> <input checked="" type="checkbox"/>	condition	<input type="checkbox"/> <input checked="" type="checkbox"/>
8. tuberculosis	<input type="checkbox"/> <input checked="" type="checkbox"/>	28. any blood disease	<input type="checkbox"/> <input checked="" type="checkbox"/>	44. treated for drinking problem/	
9. shortness of breath	<input type="checkbox"/> <input checked="" type="checkbox"/>	29. kidney disease	<input type="checkbox"/> <input checked="" type="checkbox"/>	drug abuse	<input type="checkbox"/> <input checked="" type="checkbox"/>
10. coughed blood	<input type="checkbox"/> <input checked="" type="checkbox"/>	30. painful passage of urine	<input type="checkbox"/> <input checked="" type="checkbox"/>	45. exposed to :	
11. abdominal pain	<input type="checkbox"/> <input checked="" type="checkbox"/>	31. blood in urine	<input type="checkbox"/> <input checked="" type="checkbox"/>	Mercury	<input type="checkbox"/> <input checked="" type="checkbox"/>
12. stomach ulcer	<input type="checkbox"/> <input checked="" type="checkbox"/>	32. diabetes	<input type="checkbox"/> <input checked="" type="checkbox"/>	Radioactivity	<input type="checkbox"/> <input checked="" type="checkbox"/>
13. recurrent indigestion	<input type="checkbox"/> <input checked="" type="checkbox"/>	33. headaches/migraine	<input type="checkbox"/> <input checked="" type="checkbox"/>	Toxic chemicals	<input type="checkbox"/> <input checked="" type="checkbox"/>
14. jaundice/hepatitis	<input type="checkbox"/> <input checked="" type="checkbox"/>	34. dizziness/fainting	<input type="checkbox"/> <input checked="" type="checkbox"/>	Excess noise	<input checked="" type="checkbox"/> <input type="checkbox"/>
15. gall bladder disease	<input type="checkbox"/> <input checked="" type="checkbox"/>	35. epilepsy	<input type="checkbox"/> <input checked="" type="checkbox"/>		
16. marked change in bowel habits	<input type="checkbox"/> <input checked="" type="checkbox"/>	36. joints/spinal trouble	<input type="checkbox"/> <input checked="" type="checkbox"/>	FOR WOMEN ONLY	
17. blood in stool	<input type="checkbox"/> <input checked="" type="checkbox"/>	37. surgical operation	<input type="checkbox"/> <input checked="" type="checkbox"/>	Have you ever had	
18. change in weight	<input type="checkbox"/> <input checked="" type="checkbox"/>	38. accident/fracture	<input type="checkbox"/> <input checked="" type="checkbox"/>	46. an abnormal smear	<input type="checkbox"/> <input checked="" type="checkbox"/>
19. varicose veins	<input type="checkbox"/> <input checked="" type="checkbox"/>	39. tropical disease	<input type="checkbox"/> <input checked="" type="checkbox"/>	47. a gynecological	
20. lump in breast	<input type="checkbox"/> <input checked="" type="checkbox"/>	40. fear of heights	<input type="checkbox"/> <input checked="" type="checkbox"/>	treatment	<input type="checkbox"/> <input checked="" type="checkbox"/>
				48. are you pregnant ?	<input type="checkbox"/> <input checked="" type="checkbox"/>

If you have answered "yes" to questions 37, 38 or 39 or if you have or had an illness not mentioned above please detail in ENGLISH and in clear capital letters:

.....

.....

Medication taken regularly :

.....

.....

Do you take preventive malaria medication when in high malaria risk areas ? YES NO
If yes, which medication ?

Allergies to medication:

DATES OF LAST VACCINATIONS: (day/month/year)

polio / /

hepatitis B / /

hepatitis A / /

tetanus / /

yellow fever / /

typhoid / /

other: , date: / /

Other: , date: / /

Alcohol consumption: Number of glasses per day: Tobacco: Number of cigarettes per day:

LAST NAME FIRST NAME SAFIADI

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH OR TYPE WHENEVER POSSIBLE. NO ABBREVIATIONS PLEASE

DRUG TESTING: for pre-employment medicals only:

Not performed Performed Positive Negative

PLEASE UP DATE VACCINATIONS: Indicate ONLY vaccinations performed during this examination

POLIO TETANUS HEPATITIS B YELLOW FEVER HEPATITIS A TYPHOID

OTHER VACCINATIONS PERFORMED:

Please make sure patient has correct malaria protection when travelling to high malaria risk areas

MEDICAL EXAMINATION

IF ABNORMAL, PLEASE DETAIL

- | | normal | abnormal | |
|-----------------------|--------|----------|---------|
| 1. eyes and pupils | (n) | a | |
| 2. ear/nose/throat | (n) | a | |
| 3. teeth and mouth | (x) | a | (m) (c) |
| 4. lungs and chest | (n) | a | |
| 5. cardiovascular | (n) | a | |
| 6. abdo. viscera | (n) | a | |
| 7. hernal orifices | (n) | a | |
| 8. anus and rectum | (n) | a | |
| 9. genito-urinary | (n) | a | |
| 10. extremities | (n) | a | |
| 11. musculo-skeletal | (n) | a | |
| 12. skin/varicose vns | (n) | a | |
| 13. neurological/ | (n) | a | |
| mental fitness | | | |
| 14. breast | (n) | a | |

HEIGHT		WEIGHT		BLOOD PRESSURE	PULSE	HEARING		VISION		n	a	WITH GLASSES	COLOR Vision
cms	ft	kgs	lbs	100/60	75	R	L	R	L	R	L	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
180		62				0	0	20/30	20/20				
								20/20	20/20				

LAST NAME : -

FIRST NAME : SAFTIADI

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PARA-CLINICAL EXAMINATION

- ECG n a : Normal Sinus Rhythm
 Treadmill n a : NEGATIVE ISCHEMIC RESPONSE
 Chest X Ray n a : Within Normal Limits

BLOOD ANALYSIS

RBC	5.100.000	/mm3	SGOT (ASAT)	12	U/L
WBC	8100	/mm3	SGPT (ALAT)	27	U/L
NEUTROPHIL	56	%	GAMMA GT	45	U/L
EOSINOPHIL	2,1	%	GLYCEMIA	108	mg/dL
BASOPHIL	0,1	%	CHOLESTEROL TOTAL	200	mg/dL
LYMPHOCYTE	34	%	HDL	59	mg/dL
MONOCYTE	7,8	%	LDL	124	mg/dL
HEMATOCRIT	44	%	CREATININE	0,7	mg/dL
HEMOGLOBIN	15,3	g/dL	URIC ACID	6,1	mg/dL
ESR (Sedimentation Rate)	-	mm/h	TRIGLYCERIDES	85	mg/dL

BLOOD TYPE

-

test only if not already known

URINE ANALYSYS

STOOL ANALYSIS

ALBUMIN : - SUGAR : Negative BLOOD : Negative PARASITES : Negative BLOOD : Negative

CONCLUSION : FIT IN ALL AREA Yes No
 if you answer No. please detail your reasons)

MUST BE REASSESSED Yes No

Detail :

.....

.....

.....

.....

DOCTOR'S SIGNATURE

MEDICAL CENTER STAMP/SEAL



Date of medical examination (day/month/year) : 22/08/2020

EXAMINING PHYSICIAN'S FULL NAME AND ADDRESS

Name : dr. HENDRA A.Z.
 Forename : -
 Street : JL. MARSMA R. ISWAHYUDI NO. 19 GUNUNG BAKARAN
 City : BALIKPAPAN Country : INDONESIA
 Tel : 0542 - 7214552 Fax : 0542- 7214553
 E-mail address : grandmedica@gmail.com

Please write in clear capital letters !

LAST NAME FIRST NAME

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Med Track Plus Exam

Only for high mobility employees (IM, IC, GM, HCM) over 40 years of age

If you are over 40 years of age, Schlumberger offers you the possibility of performing a more in-depth health assessment every 3 years in order to check your general wellness. Med Track Plus should be performed at the same time as your usual Med Track exam.

The Med Track Plus health assessment targets in particular the increased cancer and cardiovascular risks inherent to people over 40 years of age. Tests designated below in Med-Track Plus are only **recommended and not mandatory**.

EYES :

Tonometry Right eye (Glaucoma testing) mmHG

Tonometry Left eye (Glaucoma testing) mmHG

ADDITIONAL BLOOD TESTS :

PSA ng/ml TSH UI

CEA µg/l Alkaline phosphatase UI

IF ABNORMAL, PLEASE DETAIL

LUNGS/ Functional Respiratory testing n a

ABDOMINAL AND PELVIC ECHOGRAPHY n a

CARDIOVASCULAR RISK FACTORS :

Stress test n a

Carotid Echo-Doppler n a

Cardiac Echography n a

FOR MEN ONLY :

Prostate Echography n a

FOR WOMEN ONLY :

Mammogram n a

PAP Smear n a

Doctor's additional comments or conclusions:



Tgl. Skrining : 22/08/2020

No. : 1868

Bagian A. Identitas Pasien (diisi dengan lengkap oleh pasien yang berkunjung)

Nama Lengkap: SAFTIADI, Tn.	Tgl. Lahir: 23/12/1992	Umur : 27 tahun	Jenis Kelamin : Laki-Laki
Nama Perusahaan: PT. INSPEKTINDO SINERGI PERSADA	Alamat Rumah: Jl. Blora 2 RT 25 No.12 Klandasan Ilir Balikpapan Kota	Telp./HP : HP : 0821 1249 4565	

Bagian B. Informasi Riwayat Kesehatan (diisi oleh pasien)

Berilah tanda centrang (v) pada setiap kolom pertanyaan sesuai keadaan sebenarnya:

Gejala:	Ya	Tidak
1. Apakah anda pernah mengalami demam atau riwayat demam dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Apakah anda pernah mengalami batuk/pilek/nyeri tenggorokan dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Apakah anda pernah mengalami sesak atau kesulitan bernapas (pneumonia) dalam 14 hari terakhir?	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Faktor Risiko :

1. Apakah anda memiliki riwayat perjalanan ke wilayah/negara/kota yang termasuk kategori transmisi lokal dalam waktu 14 hari terakhir.	Ya	Tidak
<input type="checkbox"/> Jakarta <input type="checkbox"/> Menado <input type="checkbox"/> Bandung <input type="checkbox"/> Pontianak <input type="checkbox"/> Yogyakarta <input type="checkbox"/> Solo <input type="checkbox"/> Depok <input type="checkbox"/> Denpasar <input type="checkbox"/> Tanggerang <input type="checkbox"/> <input type="checkbox"/> Bogor <input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Memiliki riwayat paparan salah satu atau lebih:		
a. Riwayat kontak erat dengan kasus konfirmasi COVID-19 ATAU	<input type="checkbox"/>	<input checked="" type="checkbox"/>
b. Bekerja di fasilitas kesehatan yang berhubungan dengan pasien konfirmasi COVID-19 ATAU	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Memiliki riwayat kontak dengan hewan penular (jika hewan penular sudah teridentifikasi).	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Bagian C. Pemeriksaan Tanda Vital (diisi oleh petugas pemeriksa)

Pengukuran Suhu Tubuh (°C)	Laju Pernapasan (x/menit)	Laju Nadi (x/menit)
36	20	75

Bagian D. Pemeriksaan Fisik (diisi oleh dokter pemeriksa)

Suara Napas	Ronchi	Wheezing
Vesikuler +/+	-/-	-/-

Bagian E. Kategori Penilaian

		Kesimpulan
• Pasien Dalam Pengawasan (PDP)	Gejala No. 1 + No. 2 + No. 3 DAN faktor risiko No. 1 ATAU Gejala No. 1 ATAU No. 2 DAN salah satu atau lebih Faktor risiko No. 2 ATAU Gejala No.3 (Berat)	<input type="checkbox"/>
• Orang Dalam Pemantauan (ODP)	Gejala No. 1 ATAU No.2 DAN Faktor Risiko No.1 ATAU Gejala No.2 DAN salah satu atau lebih Faktor risiko No. 2	<input type="checkbox"/>
• Orang Tanpa Gejala (OTG)	Tidak ada gejala DAN Memiliki faktor risiko No.2.	<input type="checkbox"/>
• Bukan Termasuk Salah Satunya.		<input checked="" type="checkbox"/>

Saya menyatakan bahwa jawaban dan pernyataan di atas adalah benar dan telah diisi sesuai dengan keadaan yang sesungguhnya. Saya setuju hasil pemeriksaan saya disimpan dalam bentuk dokumen tertulis maupun elektronik dan jika diperlukan informasi medis yang berhubungan dengan pekerjaan saya, dapat diberikan kepada pimpinan perusahaan tempat saya bekerja.

Pasien/Karyawan	Petugas Skrining	Dokter Pemeriksa
	 SUPARLAN	 dr. Malikinna Grand Medica Indonesia SIP: 449.1/2/5/P.3/DPMPT/SIP-D/2018



**GRAND MEDICA
INDONESIA**

HASIL PEMERIKSAAN KESEHATAN TAHUN 2020

PT. INSPEKTINDO SINERGI PERSADA

Balikpapan, 26/08/2020

Kepada Yth : SAFTIADI, Tn.	Umur : 27 tahun	S/N : -
Posisi : Assistant Inspector	MCU ID : 1868/GMI-MCU/VIII/2020	Dept. : -

Berikut adalah kesimpulan hasil pemeriksaan medical check up yang telah dilaksanakan pada tanggal :
22/08/2020

TEMUAN :

- * Berat Badan = 62 Kg (Normal), BMI = 24,84 ; BB Ideal = 44,94 - 62,41 Kg. Lingkar Perut : 82 cm (M : N ≤ 90 cm, F : N ≤ 80 cm).
- * Riwayat Kesehatan = Tidak ada keluhan kesehatan. Tidak MEROKOK. BEROLAHHRAGA 5x/bulan, Intensitas SEDANG
- * Riwayat Kesehatan Keluarga = Tidak ada riwayat penyakit dalam keluarga. Riwayat Vaksinasi = Vak. Tetanus & Vak. Hepatitis : SUDAH
- * Fisik = TD : 100/60 mmHg (Normal). Gigi : Caries, Missing. Romberg Test : Negatif. Mata : VOD : 20/30 (Normal), VOS : 20/20 (Normal), VF ODS : 85°. Test Buta Warna : Normal.
- * Lab = Darah Lengkap (Hematology) : Dalam batas normal. Urine : Dalam batas normal. Faeces : Dalam batas normal.
- * Lab = Kimia Darah : Cholesterol 200 mg/dl (Meningkat). Serology = HbsAg : Negative.
- * Rekam Jantung (EKG) = Normal Sinus Rhythm. Treadmill Test = Negative Ischemic Response, 13 Mets (Normal). Rontgen Dada (Thorax) = Normal.
- * USG Abdomen = Tidak ada kelainan significant pada organ abdominal. Audiometri = Fungsi pendengaran dalam batas normal.
- * **Faktor Resiko Jantung Koroner berdasarkan Jakarta Cardiovascular Score = -3 -> Low Risk (CV10 < 10 %)**

STATUS KESEHATAN :

Kategori	CATATAN
<input type="checkbox"/> M-1A	Tidak ditemukan problem kesehatan
<input type="checkbox"/> M-1B	Ditemukan problem kesehatan yang tidak serius
<input checked="" type="checkbox"/> M-2	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko rendah.
<input type="checkbox"/> M-3A	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko sedang
<input type="checkbox"/> M-3B	Ditemukan problem kesehatan yang dapat menjadi serius - Kelompok resiko tinggi
<input type="checkbox"/> M-4	Ditemukan keterbatasan fisik untuk melakukan pekerjaan secara normal, hanya cocok untuk pekerjaan ringan.
<input type="checkbox"/> M-5	Dalam perawatan di rumah sakit atau dalam kondisi yang tidak memungkinkan untuk melakukan pekerjaan (status ijin sakit).

KESIMPULAN :

- | | |
|--|-------------------------------|
| <input checked="" type="checkbox"/> FIT | Sebagai : Assistant Inspector |
| <input type="checkbox"/> UNFIT | Di : Schlumberger |
| <input type="checkbox"/> TEMPORARY UNFIT | |



SARAN - SARAN :

- * Pertahankan Berat Badan IDEAL, perhatikan batasan normal Berat Badan.
- * Diet RENDAH LEMAK; Batasi Makan GORENGAN; Lakukan pemeriksaan laboratorium LEMAK DARAH 3 bulan kemudian.
- * Konsul ke dokter bila timbul keluhan kesehatan. Banyak minum air putih 2-3 liter/hari. Lakukan perawatan gigi ke dokter GIGI.
- * OLAHRAGA secara teratur dan terukur untuk menjaga kesehatan JANTUNG dan KEBUGARAN tubuh.
- * -
- * -

Bila masih ada hal yang perlu diperjelas, mohon segera menghubungi dokter pemeriksa di 0542-7214552, 0821 5721 3030, 0852 4998 3158.
Terima kasih atas kerjasamanya.

Catatan :

* Status Medical Check Up ini berlaku sampai dengan tanggal : **22/08/2021**

Mengetahui :

dr.



Hormat Kami,
Dokter Pemeriksa,

Grand
MEDICA INDONESIA

dr. Hendra AZ.

No. SKP : KEP.350/BINWASK3-PNK3/KK/XI/2017

Jl. Marsma R. Iswahyudi No.19 RT.08
Balikpapan, Kalimantan Timur
P: 0542-721-4552; 0823-6655-3030
F: 0542-721-4553 E: grandmedica@gmail.com



JAKARTA CARDIOVASCULAR SCORE

Name : SAFTIADI, Tn.
 MCU No. : 1868/GMI-MCU/VIII/2020
 Date : 22/08/2020

Age (Years) : 27
 Job : Assistant Inspector
 Company : PT. INSPEKTINDO SINERGI PERSADA

RISK FACTOR		SCORE	RESULT	Points
Sex	Female	0	Male	1
	Male	1		
Age	25-34	-4	27	-4
	35-39	-3		
	40-44	-2		
	45-49	0		
	50-54	1		
	55-59	2		
	60-64	3		
Blood Pressure	Normal	0	100/60	0
	High Normal	1		
	Grade 1 Hypertension	2		
	Grade 2 Hypertension	3		
	Grade 3 Hypertension	4		
BMI (Kg/m ²)	13,79-25,99	0	24,84	0
	26,00-29,99	1		
	30,00-35,58	2		
Smoke	Never	0	Never	0
	Ex Smoker	3		
	Smoker	4		
Diabetes Mellitus	No	0	No	0
	Yes	2		
Physical Exercise/Activity	No	2	Medium	0
	Low	1		
	Medium	0		
	High	-3		
TOTAL SCORE				-3
CONCLUSION :		LOW RISK (CV10 < 10%)		

NOTES :

Blood Pressure : Normal (<130/<85), High - Normal (130-139/85-89), Grade 1 Hypertension (140-159/90-99), Grade 2 Hypertension (160-179/100-109), Grade 3 Hypertension (>180/>110)

RISK LEVEL :

► -7 to 1 → Low Risk (CV10 < 10%). ► 2 to 4 → Moderate Risk (CV10 = 10-20%). ► ≥ 5 → High Risk (CV10 > 20%)





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.
(Lab. Number) : 1868 /GMI-MCU/VIII/2020

Data Pasien (Patient Detail)

Nama (Name)	: SAFTIADI, Tn.	/	Umur (Age)	: 27	Tahun (Years old)
Pekerjaan (Job Position)	: ASSISTANT INSPECTOR		Dokter (Doctor)	: Dr. Hendra AZ	
Perusahaan (Company)	: PT. INSPEKTINDO SINERGI PERSADA		Tgl Pemeriksaan (Date of Analysis)	: 22 Agustus 2020	

HEMATOLOGY		Hasil / Result	Nilai Normal / Normal Value
Hemoglobine (Hgb)		15,3	{ F:12,0-16,0 g/dL, M:13,0-18,0 g/dL }
Hematocrit (Hct)		44	{ F: 35 - 45%, M: 40 - 50 % }
Erythrocyt (RBC)		5,1	{ F:3,8-5,5x10 ¹² /mm ³ , M:4,4-5,6x10 ¹² /mm ³ }
Leucocyt (WBC)		8,1	{ 4,0 - 10,0/mm ³ }
Differential Count			
Basophile		0,1	0,0 - 2,0%
Eosinophile		2,1	0,5 - 6,0%
Neutrofil		56	50,0 - 70,0%
Lymphocyte		34	20,0% - 40,0%
Monocyte		7,8	3,0 - 12,0%
MCV		85	80 - 100 fL
MCH		29	27-34 pg/sel
MCHC		35	32-36 g/dL
RDW- CV		13,5	11,0 - 16,0 %
RDW- SD		42,9	35,0 - 56,0 fL
Thrombocyt		201	{ 140 - 440 x 10 ⁹ /mm ³ }

BLOOD CHEMISTRY		Hasil / Result	Nilai Normal / Normal Value
Glucose Fasting		108	70- 110 mg/dl
Glucose 2h pp		110	< 180 mg/dl
Cholesterol total		200	Normal : <200mg/dL Borderline :200-240 Tinggi > 240 mg/dl
HDL Cholesterol		59	M:Normal > 55 mg/dl Borderline 35 - 55 mg/dl Abnormal < 35 mg/dl
LDL Cholesterol		124	F : Normal > 65 mg/dl Borderline 45 - 65 mg/dl Abnormal < 45 mg/dl
Triglycerides		85	Normal < 130 mg/dL Borderline 130-159 mg/dL Tinggi > 160 mg/dL
Uric Acid		6,1	Normal < 150 mg/dL Bordeline 150 -199 mg/dL Tinggi 200 -499 mg/dL
Creatinine		0,7	(Dewasa M :3,5 - 7,2 mg/dL) (Dewasa F : 2,6 - 6,0 mg / dL)
Ureum		28	0,8 - 1,4 mg/dL
Gamma GT		45	10 - 50 mg / dL
SGOT / AST		12	M : 11 - 51 U/L, F : 7 - 33 U/L
SGPT / ALT		27	M : s/d 37 U/L F : s/d 31 U / L

SEROLOGY		Hasil / Result	Nilai Normal / Normal Value
HBs Ag		Negative	Negative

URINALYSIS		Hasil / Result	Nilai Normal / Normal Value
MACROS			
Colour		Kuning Jernih	Jernih
Spec.Grav		1,010	1,003 - 1,035
pH		6,5	4,5 - 8
Protein		Negative	< 7,5 mg/dL, 0,075 g/l
Glucose		Negative	< 0,018 mg/dL, < 5 mmol/L
Leucocyt		Negative	< 9 Leuw/ μ L
Ketone		Negative	< 2,5 mg/dL, 0,25 mmol / dL
Urobilin		Negative	<0,2 mg/dL, <3,5 μ mol/dL
Bilirubin		Negative	<0,4 mg/dL, <2,5 μ mol/L
Nitrite		Negative	< 0,05 mg/dL
Blood		Negative	< 0,018 mg/dL, < 5 ery/ μ L





HASIL PEMERIKSAAN LABORATORIUM

Result of Laboratorium Analysis

Nomor Lab.
(Lab. Number) : 1868 /GMI-MCU/VIII/2020

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Nama (Name)	: SAFTIADI, Tn.	/	M	Umur (Age)	: 27	Tahun (Years old)
Pekerjaan (Job Position)	: ASSISTANT INSPECTOR			Dokter (Doctor)	: Dr. Hendra AZ	
Perusahaan (Company)	: PT. INSPEKTINDO SINERGI PERSADA			Tgl Pemeriksaan (Date of Analysis)	: 22 Agustus 2020	

MICROS			
Epithel		2-3	< 10 / LPK
WBC		2-3	0 - 5 / LPK
RBC		2-3	0 - 3 / LPK
Cast		Negative	Negative
Crystal		Negative	Negative
Bacterie		Negative	<2/hpf atau < 1000mL
Others		Negative	Negative

FAECES	Hasil / Result	Nilai Normal / Normal Value
MACROS		
Colour	Kecoklatan	
Consistency	Lunak	
MICROS		
Mucus	Negative	Negative
Red Blood Cell	Negative	Negative
White Blood Cell	Negative	Negative
Ova	Negative	Negative
Amoeba	Negative	Negative
Others	Negative	Negative

Penanggung Jawab
Laboratorium,

 **Grand Medica**
Dr. Hendra AZ

Analis Laboratorium

Syamsiar Am. Ak





Nomor Pasien
(Patient Number)

Nomor Film
(Film Number)

: 1868

Data Pasien (Patient Detail)

Nama
(Name) : SAFTIADI, Tn.

Umur
(Age) : 27 Tahun
(years old)

Jenis Kelamin
(Gender) : Male

Perusahaan
(Company) : PT. INSPEKTINDO SINERGI PERSADA

Pekerjaan
(Occupation) : ASSISTANT INSPECTOR

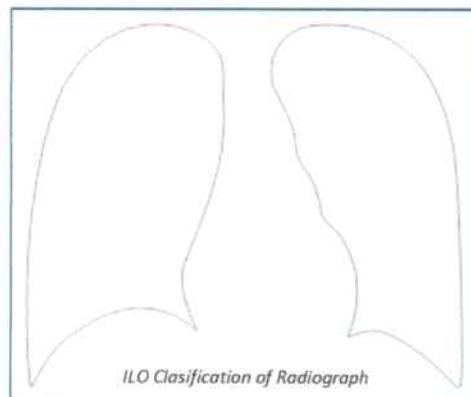
Tgl Pemeriksaan
(Date of Analysis) : 22 Agustus 2020

Rincian Pemeriksaan (Examination Detail)

Jenis Pemeriksaan
(Type of Examination) : Thorax

Posisi Penyinaran
(Exposure Position) : PA

Kondisi Penyinaran
(Exposure Condition) : kV : -
mAs : -



ILO Classification of Radiograph

Interpretasi Foto Thorak oleh Spesialis Radiologi
(Chest X-ray Interpretation by the Radiologist)

Penjelasan Keadaan Abnormal
(Comment on Abnormalities)

- Kelainan Tulang dan/atau Jaringan Lunak?**
(Skeleton and/or Soft Tissue Abnormalities)
- Kelainan Bayangan Jantung?**
(Abnormal heart shadows)
- Kelainan Hilus dan/atau Kelenjar Limfa?**
(Abnormal hilar and/or lymphatic gland)
- Kelainan Diafragma dan Sudut Costophrenic?**
(Abnormal Diaphragms and Costophrenic angles)
- Kelainan Paru-paru?**
(Abnormal Lung Fields)
- Gambaran Lainnya dari Lesi TBC?**
(Any evidence of tubercular lesions)
- Gambaran Abnormal Lainnya?**
(Detail of Other Abnormalities)

No	Yes →

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Foto Thorax Normal

dr. ABDUR RAHIM, Sp.RD
(Radiologist signature)

Spesialis Radiologi



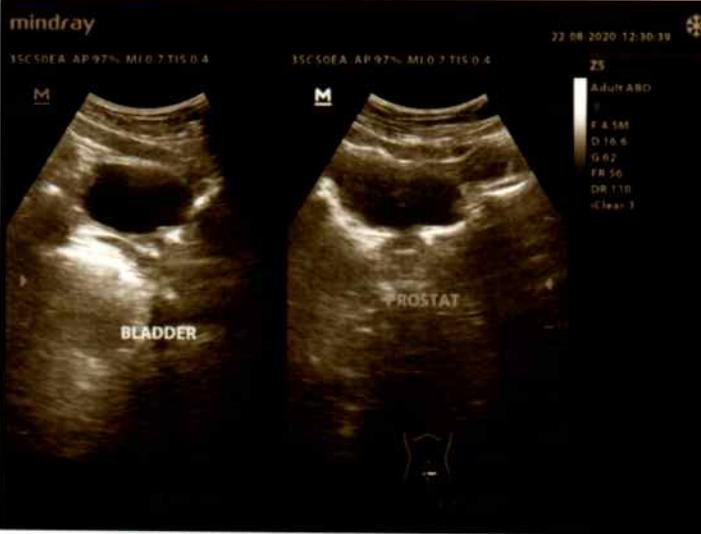
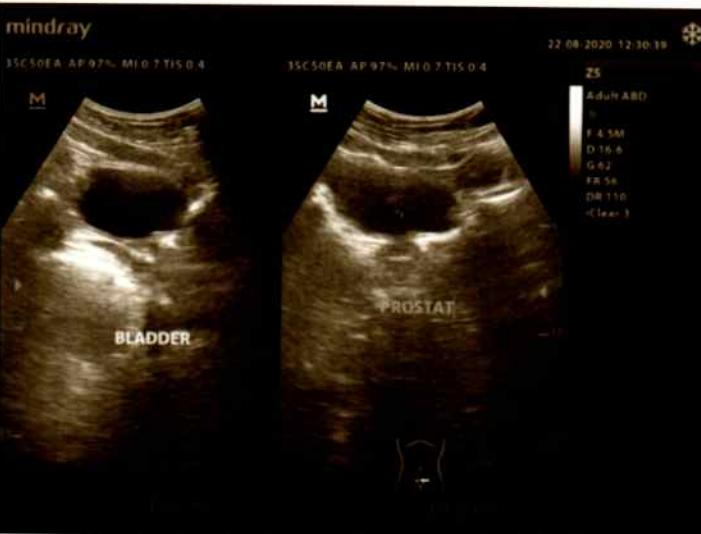
<u>Nomor Pasien</u> (Patient Number)	: 1868	<u>Pemeriksaan</u> Examination	: USG WHOLE ABDOMEN
Data Pasien (Patient Detail)			
<u>Nama</u> (Name)	: SAFTIADI, Tn	<u>Perusahaan</u> (Company)	: ASSISTANT INSPECTOR
<u>Umur</u> (Age)	: 27	<u>Tahun</u> (Years old)	: PT. INSPEKTINDO SINERGI PERSADA
<u>Jenis Kelamin</u> (Gender)	: LAKI-LAKI	<u>Tgl Pemeriksaan</u> (Date of Analysis)	: 8/22/2020

Interpretasi Foto oleh Spesialis Radiologi
(Interpretation by the Radiologist)
USG Abdomen:

Liver :	Bentuk, ukuran dan echotexture normal, bile duct dan vaskulatur dalam batas normal
GB :	Dinding normal, batu (-), SOL (-)
Pancreas :	Normal
Lien :	Normal
Kidney dextra - sinistra :	Bentuk, ukuran dan echotexture normal. Sistem Pelvocalyceal normal, tidak tampak batu maupun massa
Bladder :	Dinding normal, batu (-)
Prostat :	Ukuran normal, tidak tampak tanda pembesaran

Kesimpulan Spesialis Radiologi (Radiologist Conclusion)

Tidak tampak kelainan significant pada organ abdominal di atas.

		Nomor Pasien (Patient Number) : 1868 Data Pasien (Patient Detail) Nama (Name) : SAFTIADI, Tn Umur (Age) : 27 Tahun (Years old) Jenis (Gender) : LAKI-LAKI Tgl Pemeriksaan (Date of Analysis) : 8/22/2020 Pemeriksaan Examination : USG WHOLE ABDOMEN
		Perusahaan: (Company) : PT. INSPEKTINDO SINERGI PERSADA Pekerjaan (Occupation) : ASSISTANT INSPECTOR
		Tgl Pemeriksaan (Date of Analysis) : 8/22/2020 Pemeriksaan Examination : USG WHOLE ABDOMEN



Patient Data

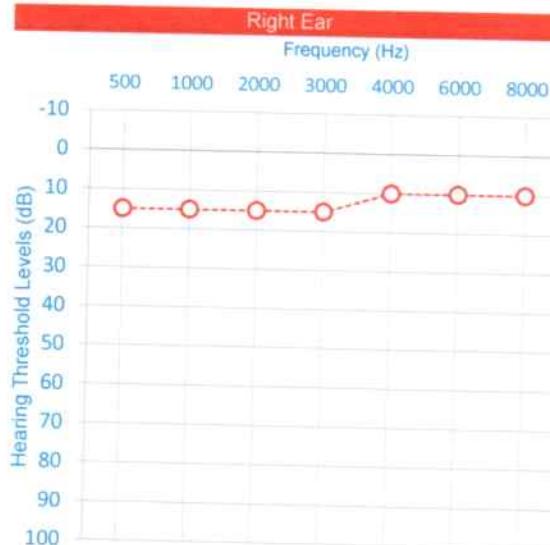
ID Number	1868	Gender	Laki-laki
First Name	SAFTIADI	Occupation	Assistant Inspector
Last Name	-	Company	PT. Inspektindo Sinergi Persada
Age	27 Yo.	Test Date	22 Agustus 2020

Occupational Noise Exposure

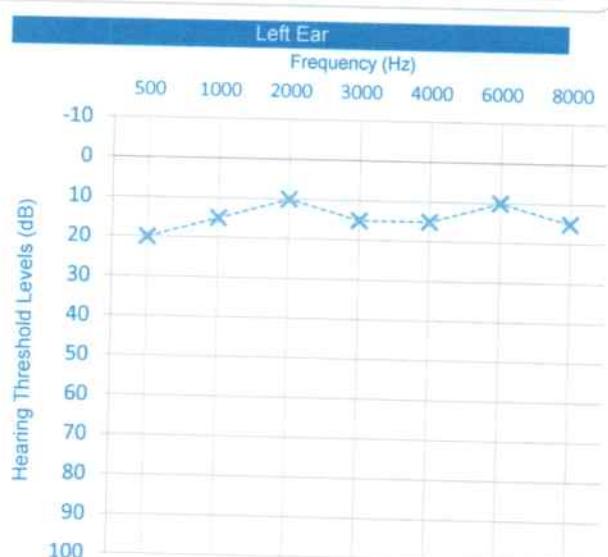
Present	Type of work Assistant Inspector	Period of work: -	Hearing Protection Worn: No
Previous	1) - 2) -	-	-
Military Services	-	-	-

Otological History / Symptoms

-	Serious Head Injury	-	Bleeding	Detail:
-	Broken Ear Drum	-	Pressure/Fullness	
-	Ear Surgery	-	Pain	
-	Ear Infection	-	Tinnitus	
-	Decrease Hearing	-	Exposure to Loud Blast	
-	Discharge	-	Medication	



O = Right Air Conduction; < = Right Bone Conduction



X = Left Air Conduction > = Left Bone Conduction

Test Detail

Test Location	<input checked="" type="checkbox"/> Sound Booth	<input type="checkbox"/> Other	Hours Away from Noise
Technician	Susi Rindayani, A.Md.Kep		<input type="checkbox"/> < 14 hours <input type="checkbox"/> 14 - 24 hours <input type="checkbox"/> > 24 hours

Right Ear Observation and Test Result

Canal	Frequency (Hz)								HTL RIGHT EAR	Canal	Frequency (Hz)								HTL LEFT EAR						
Ear Drum	Frequency (Hz)									Ear Drum	Frequency (Hz)														
Conduction	500	1000	2000	3000	4000	6000	8000	Air	20	15	10	15	15	10	15	13.3	Bone	20	15	10	15	15	10	13.3	
Air	15	15	15	15	10	10	10	Bone	20	15	10	15	15	10	15	13.3		20	15	10	15	15	10	13.3	
Bone																									

Conclusion / Medical Report

- Right Ear : Fungsi pendengaran dalam batas normal.
 Left Ear : Fungsi pendengaran dalam batas normal.

Signature



Instrument used
SIBEL SOUND 400

Standard
OSHA

Patient Data

ID Number	1868	Company	PT. Inspektindo Sinergi
Name	SAFTIADI, Tn	Occupation	Assistant Inspector
Gender	Male	Test Date	22 August 2020
DOB / Age	23 December 1992 / / 27 Yo.	BMI	24.84
Height (cm)	158	Weight (kg)	62

Pre-exercise Test

Indication	Medical Check Up		
Pre-exercise BP	100/60	mmHg	
Heart Rate	75	bpm	
Respiration	17	x/mnt	
Resting ECG	<i>N&R</i>		
Exercise Time	12:02	mm:ss	End Stage 4
Max Heart Rate	199	bpm	Target Heart Rate 163 bpm
Max Blood Pressure	110/60	mmHg	Max Heart Rate 122,1 %
Aerobic Capacity	17	METs.	VO2 Max 42.56 ml/kg/min

Reason Of End

- Fatigue Dyspnoe Angina Dizziness
 ST-T segment changes Maximum HR reach

ST-T segment changes

- No changes ST-segment depression 0,5 - 1 mm
 Upsloping Significant changes (ST-segment depression > 1 mm)

Abnormal Lead :
Classification of Physical Fitness

- Low Fair Average Good High

Blood Pressure Response

- Normal Response Hypertensive Response

Functional Classification

- Clas I Clas II Clas III

Conclusion / Medical Report

*Negative Ischemic response
fit to work at Remote Area*

Recommendation :

Cardiologist Signature

dr. ACHMAD YUSRI, Sp.P
PERILAKU JANTUNG DAN KARDIOLOGI DAURAH

Instrument Used
 CONTEC 8000S S/N 140203027



22-08-2020 09:34:36

ID : 1868
Name : Saftiadi
Age : 27 Years
Gender : Male
Department: PT. Inspektindo

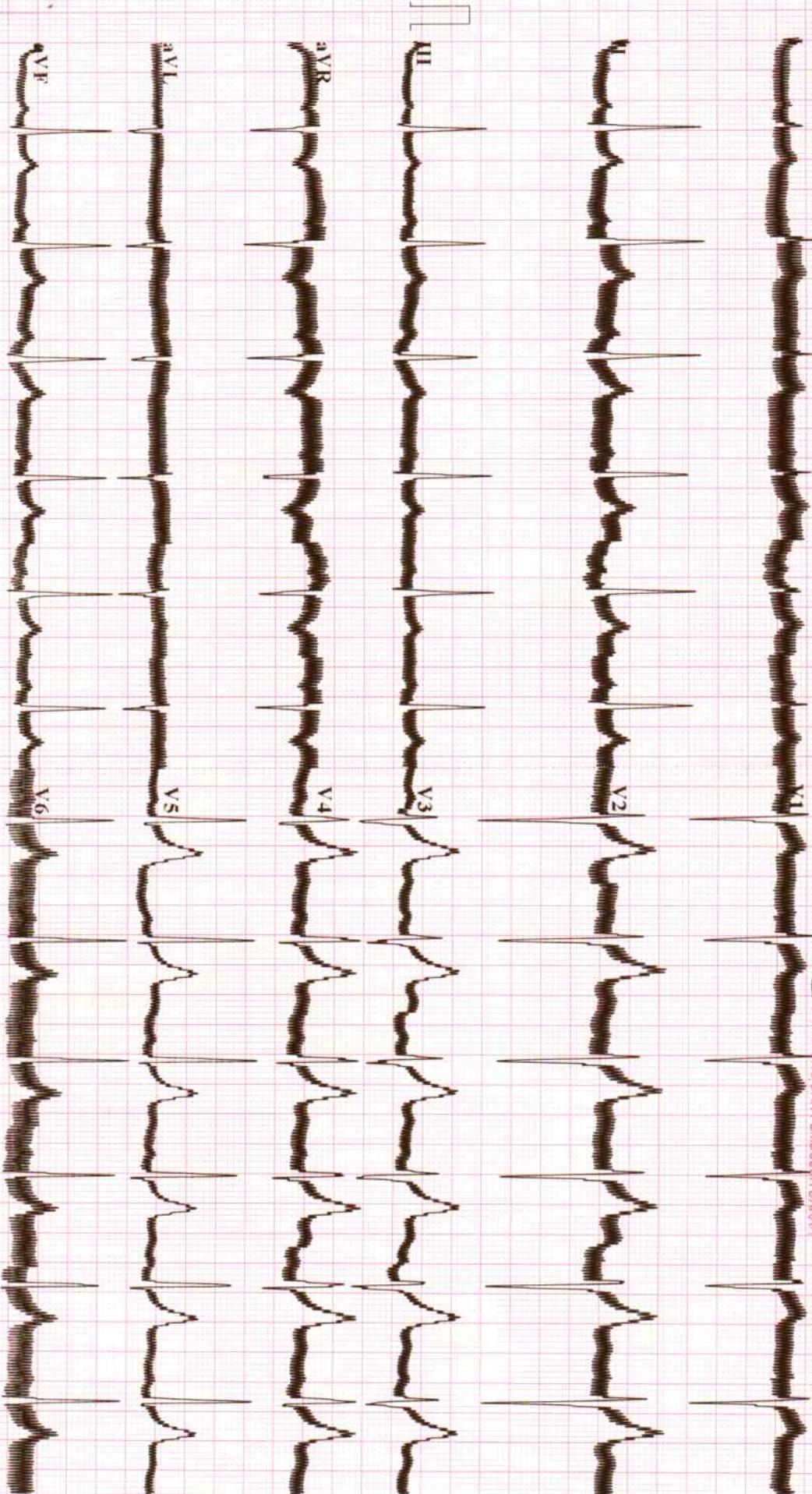
HR : 75 BPM
P Dur : 114 ms
PR int : 164 ms
QRS Dur : 85 ms
QT/QTC int : 353/395 ms
P/QRS/T axis : 80/77/58 °
RV5/SV1 amp : 1.714/1.399 mV
RV5+SV1 amp : 3.113 mV
RV6/SV2 amp : 1.661/1.898 mV

Diagnosis Information:
Normal ECG

Technician : Rinda And.Kep
Report Confirmed by:

dr. ACHMAD YUSRI, SpJP

SPECIALIS JANTUNG DAN PEMULIH DARAH



Grand Medica Indonesia Stress Exercise Report

ID:1868

Section:

Name: Saftiadi

Sex: Male

Age:28

Exam Time:22-08-2020 11:10

DOB:1992-02-23

Race:Oriental Rac

Indications: MCU

Smoking

—

1

Hypertension

Family History

Medications

Telephone:

	Arrhythmia	Reason for End :
Total Beats:	1888	Abnormal Beats: 467
Total V:	169	Total S: 298
V Pairs:	3	S Pairs: 7
V Run:	1	S Run: 15
V bigeminal:	0	S bigeminal: 6
V trigeminal:	0	S trigeminal: 3
Total Long:	0	

Grand

Negative ischemic response.

Operator:

Reviewing Physician:

Conclusions:

Grand Medica Indonesia Stress Exercise Report

ID:1868

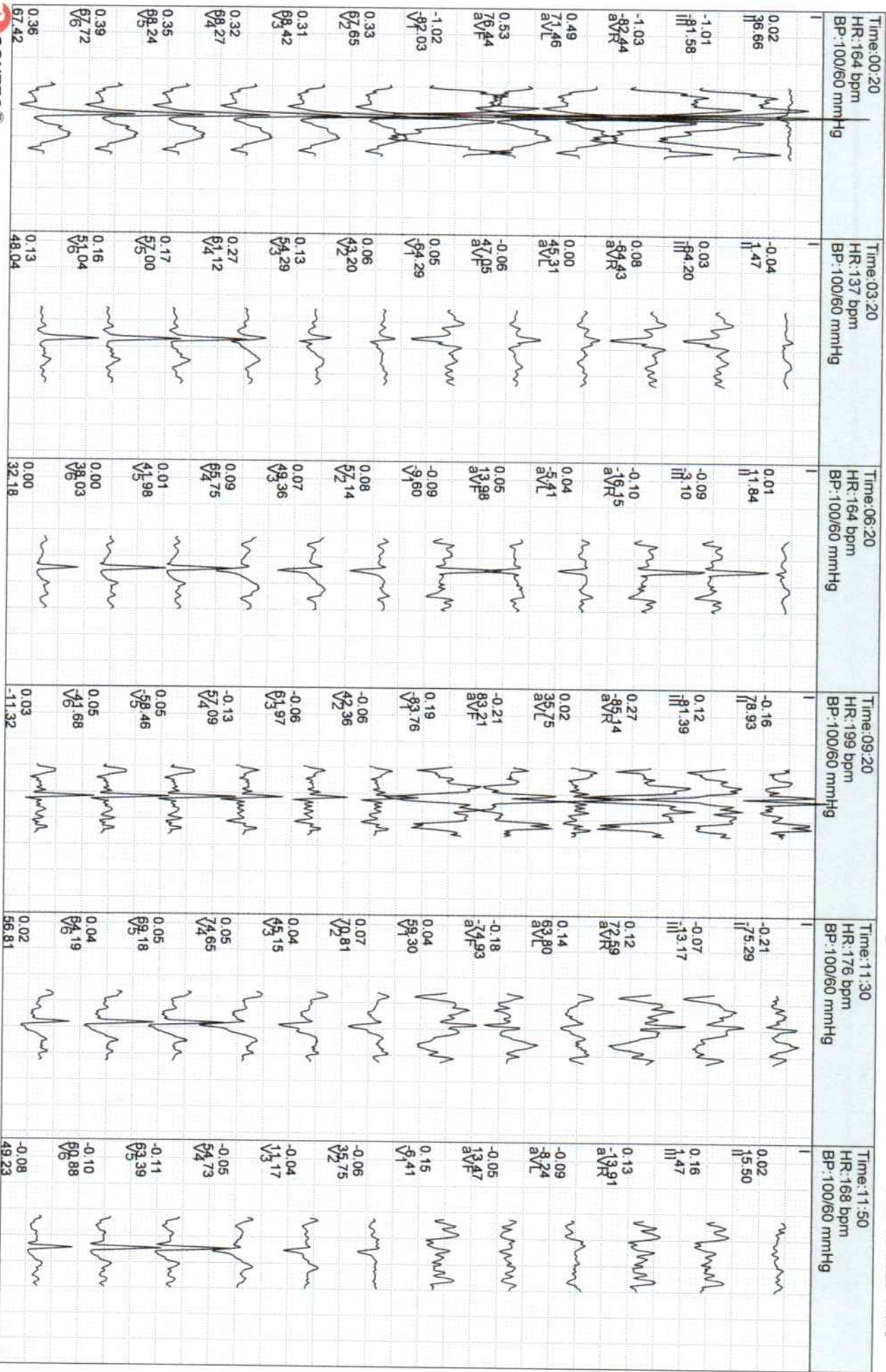
Section:

Name:Safitadi

Sex:Male

Age:28

Exam Time:22-08-2020 11:10



Grand Medica Indonesia Stress Exercise Report

ID: 1868

Time: 00:16

Stage: [1 / 6] PRE-EXE p0:16 [0.0 Km/h 0.0 %]

Section:

Name: Saftiadi

Sex: Male

Age: 28

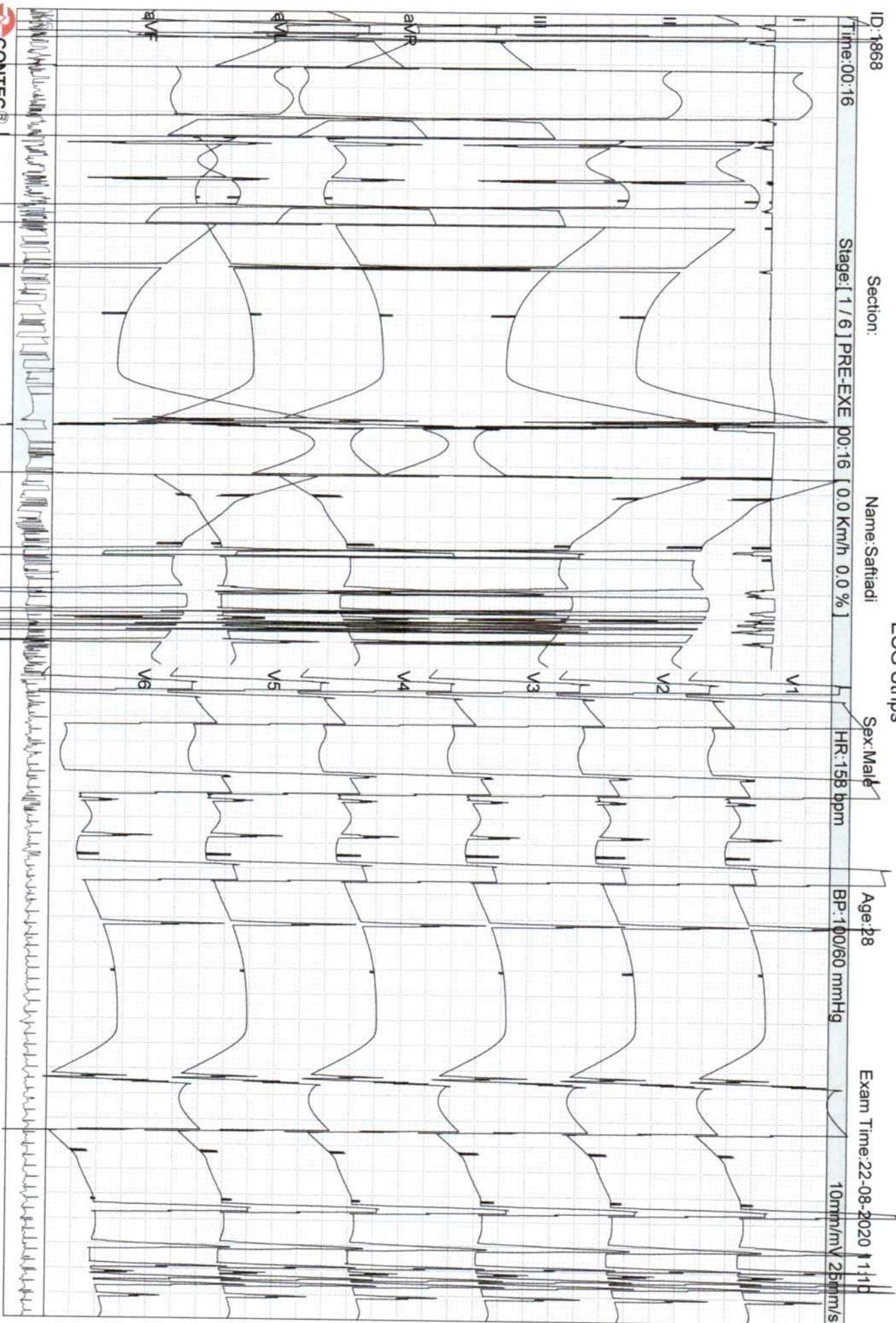
Exam Time:

22-08-2020 11:10

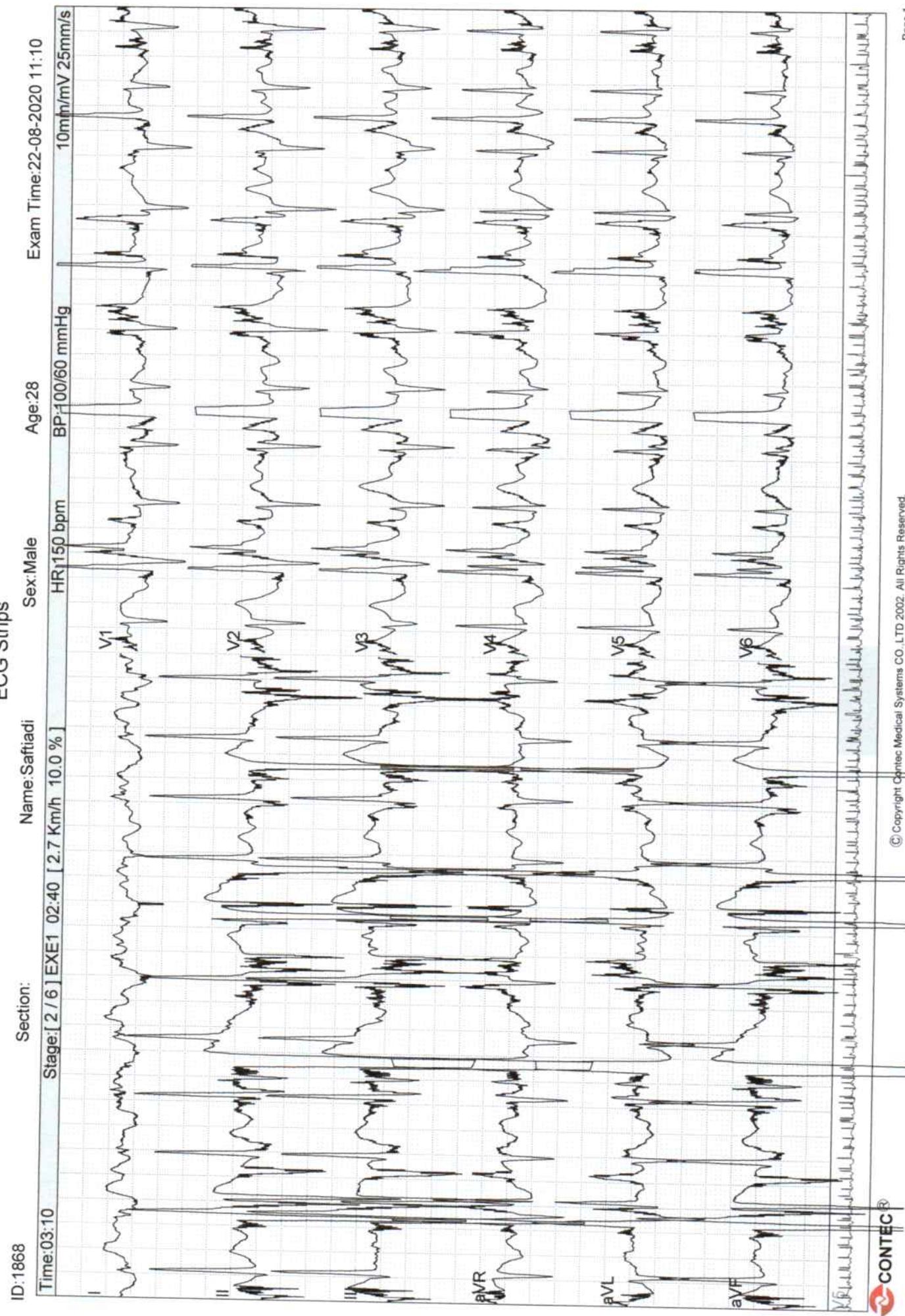
BP: 100/60 mmHg

10mm/mV 25mm/s

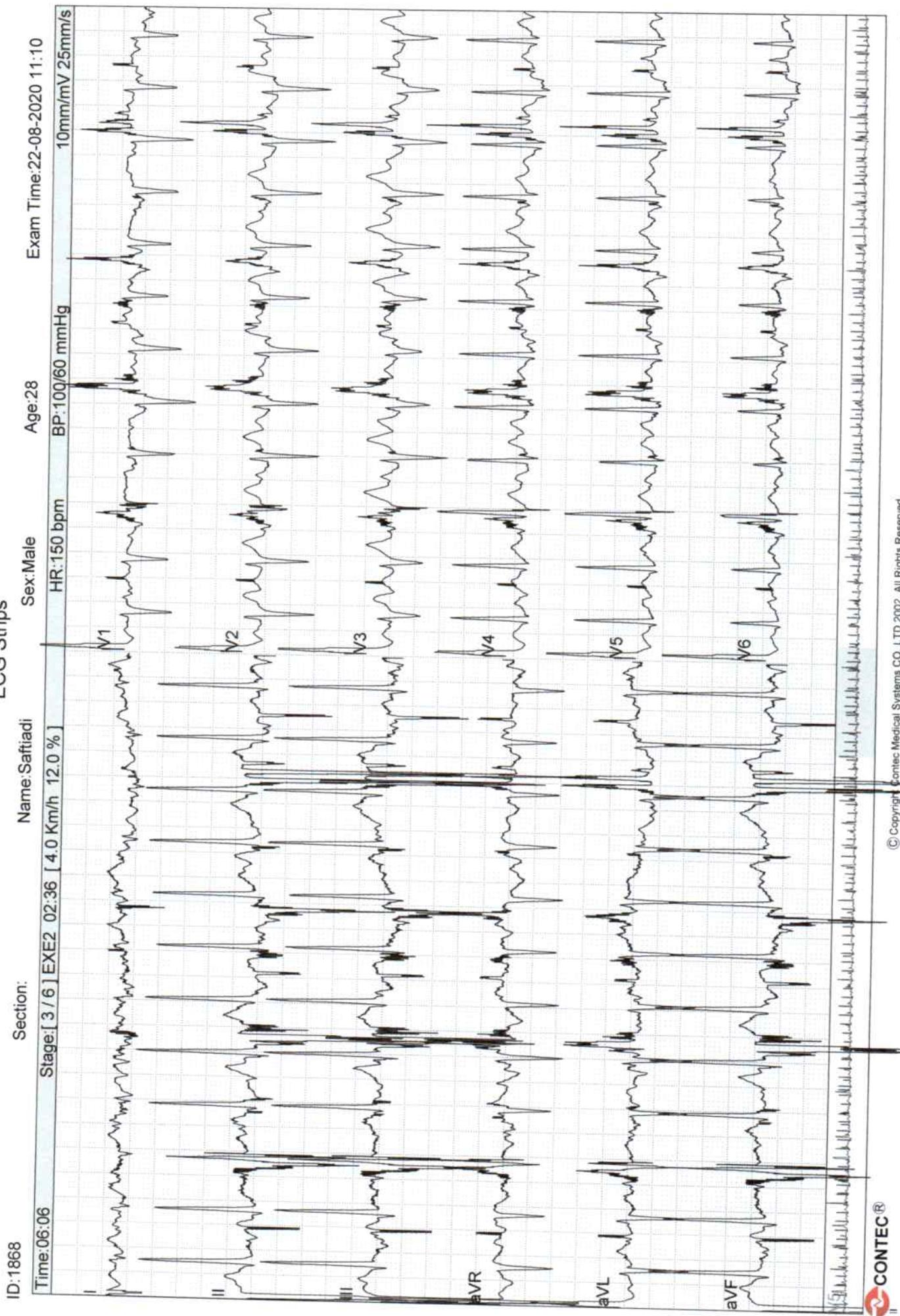
ECG Strips



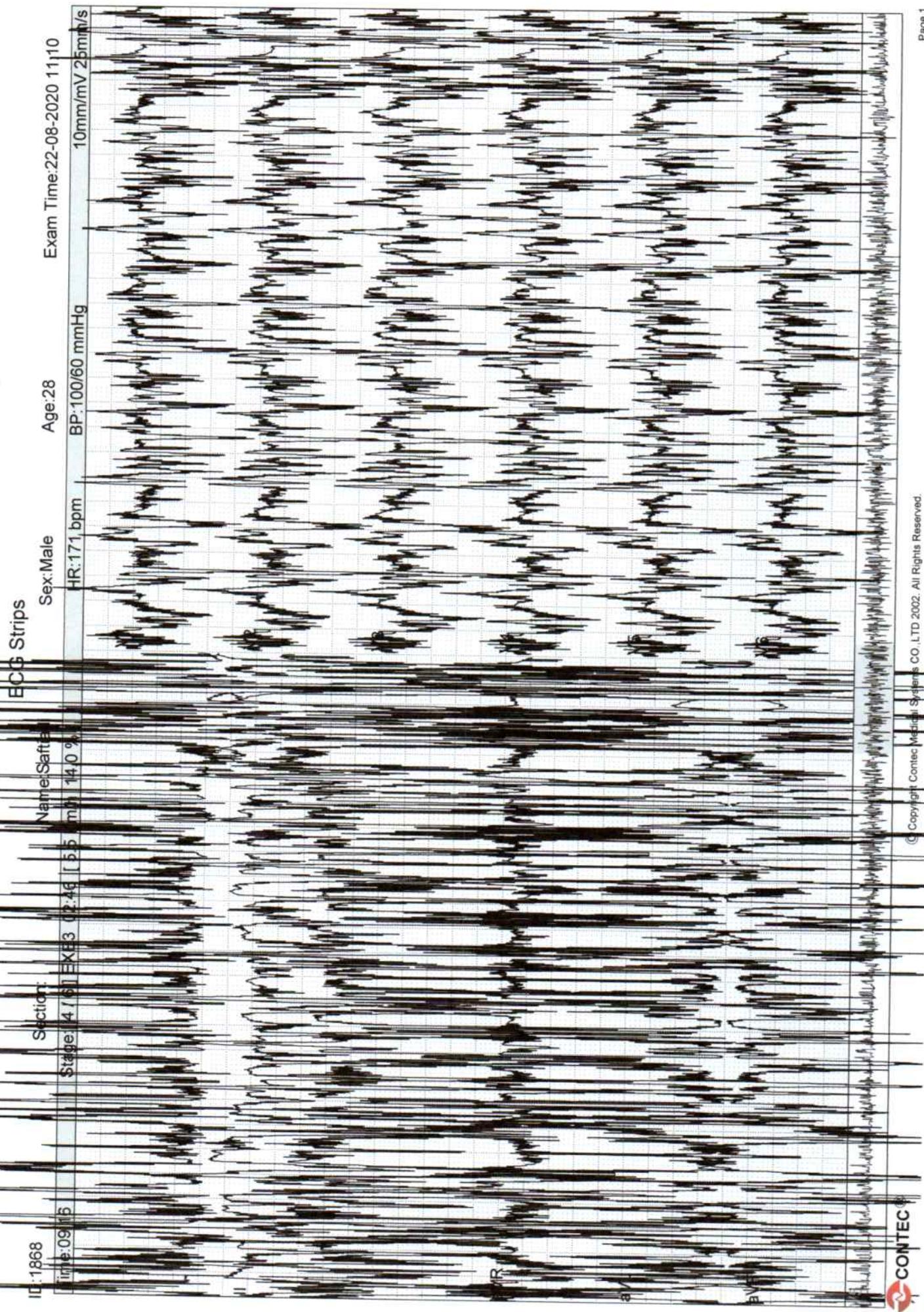
Grand Medica Indonesia Stress Exercise Report



Grand Medica Indonesia Stress Exercise Report



Grand Medica Indonesia Stress Exercise Report



Grand Medica Indonesia Stress Exercise Report

ID: 1868

Section:

Time: 11:23 Stage: [5 / 6] EXE4 01:53 [6.8 Km/h 16.0 %]

Exam Time: 22-08-2020 11:10

ECG Strips

Name: Saftiadi

Sex: Male

HR: 167 bpm

BP: 100/69 mmHg

Age: 28

