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MEDICAL FITNESS CERTIFICATE

issued in accordance with Oil & Gas UK Guidelines, Saipem Corporate Standards opr-cor-hr-HLT-001-E, STD-COR-HLTCLI-001-I, IMO and STCW Guidelines on medical examination

Full name	e (in block letters	5)	Date of Birth	Occupation
ANTOC	FAMAS	papuliah c	03/07/1992	Inspector
	Т	his Health Ce	ertificate is valid unt	:il:07/10/2021
Fit				e 🗹 onshore
		iptions and/or r	estrictions 🗆 permaner	nt □ temporary for months
Unfit			□ permaner	t 🗆 temporary for months
			FIT TO	WORK
		(2)		• KLINIK
Applicar	nt's signature	in the Doctor's prese	nce	ALMEDILAL
BRTRM Place	l	09 (0) 203 Day, Month, Year		Kompiek Taman Niaga Suka Jam Blok J No. 3A-6 Batam Tel: 0778 - 7372022 (372023 Jay: 0778 - 7372024
				Doctor's stamp and signature

Employer must provide the personal protective equipment specific to the activity

dr. Rezga Agnela
Examining Physician



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Name in full	TOSUA SAKAT	PAPULAN (INAGA)	Data of Dist	
Occupation		4(1)20-)	Date of Birth 63.07,9	2 Sex
occupation	03.07, to	32. INSPECTION	Badge No.	Blood Group F
	Please tick box	YesNo	Deta	ails if "yes"
	at present under medical care of		(including dates and duration	and any other relevant informat
naving in	currently taking medication, pre jection, using an inhaler or have gyou on a special diet?	scribed or not, e you recently done		
Have you eve a) Fits, fainti	er suffered from: ing. giddiness or any mental or	nervous disorder?		
	pronchitis, pneumonia or any o		1	
c) Rheumatis of joints a	sm, rheumatic fever, arthritis ound muscle?	any other disorder	.	
d) Chest pair pressure (n. shortness of breath, palpitati or other disorders of the heart (on, high blood Dr circulation?		
intestinal o	n, peptic ulcer, diarrhoea, cons complaint, hepatitis or other live	er disorders, diabetes		
f) Kidney, bl	adder o other genito-urinary di	sorders?		
g) Any injury.	operation, physical defect or o	eformity?		
h) Any other i	illness not mentioned above?			
a) Have you e or special o	ever been a patient at a hospita clinic?	al, nursing home		
b) Have you ε	ever had any medical investiga	tion carried out?		
lave you ever or is there anyt	had any form of sexually transi hing about your lifestyle which of AIDS or AIDS related condit	mitted disease		
	ave you ever had any gynaeco			
ave you ever t octor?	taken drugs other than prescrib	ed by any		
i) Non-smoker	: Have you smoked in the past	?		
	ow much do you smoke per da			,
	average daily consumption of a		Cigarettes Cigars Pipes	Number smoked
AMILY ME	DICAL ANAMNESIS			
	If living, age	State of health	If dead, age at death	Cause of death
er	57		and, ago at acath	Cause of death
er	53			
er Sister	29			
er / Sister	26			
er / Sister	w			

Applicant's Signature
Ito be signed in the presence of Medical Examiner

DATE 00/(6/2020



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SAHAT 3. SUMMARY OF MEDICAL HISTORY OF MR. MRS. Josuph PARULIAH SIMMER

Has the applicant ever had or has now any of the following? If yes, give details in the summary description. Please, tick box, whether normal or not Yes No Yes No 1. Ear infection / Sinusitis / Vertigo 8. Endocrine disorder 2. Nose, mouth or throat trouble 9. Hernia / Hydrocele / Piles / Fissures 3. Color blindness / Loss of vision 10. Fistula / Appendicitis / Varicocele 4. Frequent headaches / Fainting 11. Malaria / Tropical Disease 5. Epilepsy / Mental illness 12. Skin disease 6. Hypertension 13. Cancer or tumor 7. Diabetes mellitus 14. Allergy to foods / drugs Remarks: 4. MEDICAL EXAMINER'S REPORT If you answer Yes to any of the following questions, please give full details with any ascertainable cause as applicable Please tick box Yes No 8. Measurement & Physical Description a) Measurements (to be taken in indoor clothing) Weight: 72-Kg b) Please describe general appearance and build W aist Circumference: 94cm c) Are there any signs of past or present over-indulgence in alcohol, tobacco, or irregular lifestyle d) Is there any enlargement of lymph nodes or thyroid gland? e) Are there any scars of material significance? Cardio-vascular System & Blood pressure a) Does the heart appear to be enlarged? If "yes", do you consider this to be slight, moderate or marked? b) Is there any irregularity of rhythm? c) Is there any abnormality in the arterial pulse? d) Are there any varicose veins? Pulse Rate: 63/Min e) Blood Pressure (please record opposite) Systolic / Diastolic 10. Respiratory System a) Is there any abnormality in the shape and development of the chest? b) Are there any abnormal physical signs in the lungs? 1 11. Genito / Urinary & Digestive System a) Is the urine test abnormal? b) Is there any abnormal tenderness, enlargement or other palpable abnormality in abdomen? c) Is a hernia present d) Is there any dental problem such as caries, recurrent gum and mouth infections, abscess etc.? 1 12. Nervous System a) Is there any sign of disease in the central nervous system? b) Is there anything to suggest a tendency to psychiatric disorder? Sense Organs a) Is there any affection of the eyes, ears, nose or tongue Vision Far Vision Near Vision Color Vision 616

os 31

OS

Adequate

Defective

OD

OD

3,

Remarks:

Uncorrected

Corrected

OD

OD

OS

OS



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5. EXAMINATION RESULTS AND REPORT

dr. Rezga Agnela

Examining Physician

X-Ray, ECG, Audiogram and Blood Urine Laboratory Examination Report

All examination results are to be attached. Please, indicate your remarks in case of abnormal results

1.	Chest X-Ray Report (****)	H MHmw	ormal	LLMIT	
2.	ECG Report	HORMAL	Pest Ing	616	
3.	Audiogram Report	HOPMAL			
4.	Spirometry Report	Ha			
			~		
5.	Blood Examination Report (F	Please, attach the res	ults of the following	ng examinations or indi	cate here below the results):
	1) Hemoglobin	10)	MCV (*)	/	19) HDL Cholesterol
	2) RBC	11)	MCM (*)	E ATTACHME	20) LDL Cholesterol
	3) ESR	12)	MCHC (*)	HIM	21) Triglycerides
	4) WBC	13)	Platelet	(AD)	22) Total Bilirubin
	5) Neutrophils	14)	Reticulocyte (*)		23) Direct Bilirubin
	6) Lymphocytes				24) Alkaline Phosphatase
	7) Monocytes	16)	Glycemia 6		25) AST (SGOT)
	8) Eosinophils		Blood Urea		26) ALT (SGPT)
	9) Basophils	18)	Total Cholesterol		27) Gamma GT
6.	Urine Examination Report (Phindicate here below the results	ysical, Chemical and). Please indicate abi	Microscopy test r	esults: Please attach tr ATTACHW	ne results of the following examinations or
7.					aminations or indicate here below the results)
	1) Amphetamines	3) Cocaine	SEE	5) Methamphetamine	7) Alcohol
	2) Benzodiazepine	4) Marijuana	Lapane and the same and the sam	6) Opiates	accessor to accessor to
8.	HIV Test (*)				
9.	Tine (Tuberculin test) (*)				
10.	HBsAg (**) HBsAb (*	**) HBcAb (**)	THReAD	/**\\ HRoAb (**	10\\0\\0\\0\\0\\0\\0\\0\\0\\0\\0\\0\\0\\
11.	TPHA	/	SEE	ATTACHN	HCVAb(**) HCVAb(**)
12.	Stool examination (*)				Il Lores U VI U
13.	Pharyngeal plug test (*)				
(*)Onl	ly if required (**) Only to the per	sonnel who have no	or boon vessiont	ad bafasa as if www.	
Safety	ompulsory on pre-employment r y Sensitive Positions (SSP). For	all other employees	and periodical ex depend on circum	camination for OFFSH(estances, national and	ORE and employees involve in international legal requirements.
(****) based	Chest X-ray is required on the firm on physical examination, laborated to the control of the con	rst examination. After atory results, epidemi	wards, the exami	ning physician has the and local laws and req	discretion whether to perform it or not, ulation in the country of origin or assignment.
	VERALL SUMMARY,				and the search of engineer assignment.
	OMMENDATIONS The			te is valid until	07/10/2021
	Control of the Contro	į i i i i i i i i i i i i i i i i i i i		to 15 valla alltil	1 10 2024
l hav	ve examined Mr./Mrs.	Josup Sai	uat p.s	and found h	im/ her -(tick the box)
CIT.	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				1
Ė	for (offshore/onshore) omplek Tamal) jga kyka Jadi Blok J No el: 0778 - 732-224 73 2023 Fax: 0778 - 73	o. 3A-6 Batam	UNFI	T for duty	Pending
					091.1
	nining Doctor's Signatur p. Signature, Name and address			Date:	00/10/2020





Komplek Taman Niaga Sukajadi Blok J No. 3A-6 Jl. Ahmad Yani - Batam 29433 Telp: (0778) 7372022, 7372023, 0811 770 1188, 0811 770 1199. Fax: (0778) 7372024 E-mail: customercare@medilab-clinic.com, Website: www.medilab-clinic.com



EYE EXAMINATION REPORT

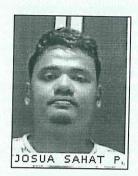
IDENTIFICATION OF APPLICANT

Apllicant's Name : JOSUA SAHAT PARULIAN SINAGA

DOB/Gender/Emp. ID: 3 July 1992 / Male / 19165

Address : CITRA BATAM BLOK C NO 194, BATAM

Company's Name : INSPEKTINDO SINERGI PERSADA, PT



Distant Vision Acuity (Snellen Chart)

Right Eye: 6/6 Without Glasses

Left Eye : 6/6 Without Glasses

Near Vision Acuity

Right Eye: J1 Without Glasses

Left Eye : J1 Without Glasses

Colour Vision (Ishihara's Test)	Normal
Visual Field Test (Confrontation Test)	- II a Koula Neurosa kontrollera Amir Median silnik Medi
Grey Test	e III- De Mark de la Made de Bume plesde e Kleik Medialo Kl
Depth Test	u selek kirilik Meshirat Arrik Meshat Mikib Meshirat Kirik Wedi

DR. REZGA AGNELA VALBETRI

Examiner's Name

BATAM, 08 October 20

Place, Date of eye examination

Examiner's Signature



Official Stamp of Medical Practitioner





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HEALTH SCREENING REPORT

Preemployment Physical Examination

	No. Medical Record:	
	MEDICAL HISTORY Yes No 1. Hypertension	Yes No Yes No X 7. Surgery X X 8. Echolalia X X 9. Others X
	CLINICAL EXAMINATION Weight: 72 Kg	3. Cardiovascular System a. Blood Pressure Systolic / Diastolic : 114 / 89 mm Hg Pulse : 63 / min b. Heart Disease c. Varicose Veins 4. Respiratory System 5. Skin-Chronic Disease 6. Abdomen 7. Locomotor/Neurological 8. Endocrine disorders 9. Mental State Yes/Abnormal No/Normal X X X X X X X X X X X X X
Teath lead to the control of the con	LABORATORY TEST (Report Enclosed) 1. Blood Count 2. Urine Feme 3. Other Laboratory Test Remarks: Overweight E66, Waist Circumference: 94 cm, Lab: Alkaline Cholesterol Ratio E78 3.6 AR, Blood Count: Monocytosis D7: CERTIFICATION I certify that I have examined the abovenamed person. In my ADVICE: Regular Exercise and Reduce Weight, Diet to Raise HDL Cholesterol	OTHER TEST (Report Enclosed) 1. Audiometry 2. Spirometry 3. ECG (if indicated) 4. Chest X-Ray Phosphatase R74.9 139 U/L MIE, HDL E78.4 49 mg/dl BHR, 2.821 8.2%
		NK MA

Date of Exam : 8 October 2020

DR. REZGA AGNELA VALBETRI



ISO 9001:2015

www.tuv.com ID 9105042627



PUSAT PEMERIKSAAN KESEHATAN TENAGA KERJA

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HEALTH SCREENING REPORT

Preemployment Physical Examination

CONFIDENTIAL

No. Medical Record:

00021/002/X/ISP/20

PERSONAL DATA

Name : JOSUA SAHAT PARULIAN SINAGA

Birthday/Gender/Emp. ID : 3 July 1992 / Male / 19165

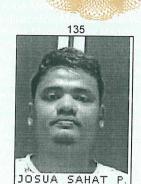
Father's Name : SIHAR SINAGA

Address : CITRA BATAM BLOK C NO 194, BATAM

Occupation : INSPECTOR

Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT

Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM



LABORATORY REPORT

BLOOD COUNT

Test Name	Result	Unit	Reference	Range	
HGB	14.3	gr/dl	M: 13.2 - 17.3	F: 11.7 - 15.5	
WBC	9.6	10 ³ / mm ³	M: 3.8 - 10.6	F: 3.6 - 11.0	
RBC	4.75	10 ⁶ / mm ³	M: 4.4 - 5.9	F: 3.8 - 5.2	
ESR	8	mm/hr	M: 0 - 10	F: 0 - 20	
HCT	42.0	%	M: 40 - 52	F: 35 - 47	
PLT	323	10 ³ /mm ³	150 -		
Differential Count					
- LYM	30.6	%	25 -	40	
- MON	* 8.2	%	2 -	8	
- GRA	61.2	%	43 -	76	
Indicator of Infection				nik Madiah Kupik Mar	
- Neutrofil Lymphocyte Ratio (NLR)	2	%	> 3.13 Cautious	6 - 9 Suspicious	> 9 Perilous
- Absolute Lymphocyte Count (ALC)	2938	%		< 1100 Suspicious	< 500 Perilous

URINE FEME			
Macroscopy	Result	Microscopy	Result
- pH	5	- WBC/HPF	Occ/HPF
- Specific Gravity	1.010	- RBC/HPF	Nil/HPF
- Glucossa	Negative	- Epithel Cell	Nil
- Protein	Negative	- Crystals	Nil
- Ketones	Negative	- Cast	Nil/HPF
- Bilirubin	Negative		
- Urobilinogen	Normal		
- Nitrit	Negative		

X-RAY REPORT

Chest PA:

- Leucocytes

- Blood

Show no Abnormalitis.

There is no evidence of pulmonary tuberculosis or other pulmonary, pleural or mediastinal lesions.

The size, shape and position of the heart are within limits of normal variations.

Negative

Negative

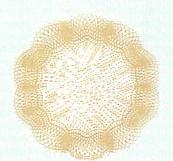
Bony structures of the thorax show no abnormalities.

Date of Exam: 8 October 2020





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HEALTH SCREENING REPORT

Preemployment Physical Examination

CONFIDENTIAL

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00021/002/X/ISP/20

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Occupation : INSPECTOR

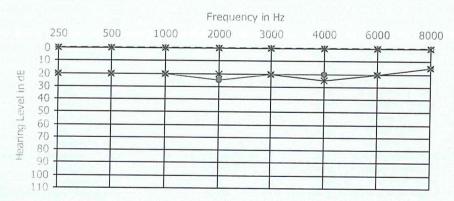
Name of Employer / Recruitment Agency : INSPEKTINDO SINERGI PERSADA, PT

Address of Employer / Recruitment Agency : KAWASAN INDUSTRI SEKUPANG KAVLING.13, BATAM



AUDIOMETRY REPORT

		THE PERSON NAMED IN COLUMN NAM					
Occupational History	Yes No	Medical History/Examination	Yes	No	If Yes, which ear	Left	Right
- Noisy Working Environment	X	- Ear Surgery		X			
- Present/use of Hearing Protector	X	- Head/Ear Injury	KII	X		DIE (l ulual
- Period of Working	0.0 years	- Ears Infection		X			
		- Ear Drum Perforation		X		UE	SUDI
		- Ear Cerumen		X			Alleni



REAC
-X-LEAC
- × -LEBC

Conclusion:

1. Audiogram : Normal

2. Hearing Impairment : Monaural : R: -5.63 %

L: -5.63 %

Hearing Handicap: -5.625 %

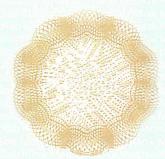
3. Not a Noise Induced Hearing Loss

Date of Exam: 8 October 2020





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Preemployment Physical Examination

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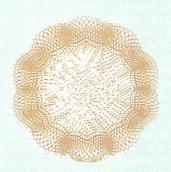
LABORATORY REPORT

est Name		Result	t Unit	Reference Range
LIVER FUNCTION TEST				
Total Bilirubin	derin tron	0.8	mg/dl	0.3 - 1.1
Direct Bilirubin		0.2	mg/dl	0.1 - 0.4
Indirect Bilirubin			mg/dl	0.2 - 0.7
Alkaline Phosphatase	*	139	U/L	30 - 120
SGOT		15	U/L	M: <= 35 F: <= 31
SGPT		30	U/L	M: <= 45 F: <= 34
Gamma GT	e miguesa da	45	U/L	M: <= 49 F: <= 32
LIPID PROFILE TEST				nk Machae Spile Nedlao Simo Mediao Ri
Total Cholesterol		174	mg/dl	<= 200
HDL - Cholesterol		49	mg/dl	M: > 35 F: > 45
LDL - Cholesterol		101	mg/dl	50 - 140
Trigycerida		120	mg/dl	<= 204
Ratio Cholesterol (Total Chol : HDL)	:*	3.6	kadijair - tro-Jyra	M: < 3.4 F: < 3.3
BLOOD SUGAR TEST				
Nuchter		91	mg/dl	< 100
NAL FUNCTION TEST				
Ureum		21	mg/dl	17 - 43
<u>SEROLOGI</u>				1936 Alleria Medicar el mila Medicar el mila Me Sile Medicar el male Medicar el Mila el 1820 1886 1886
TPHA	k i s i s	Non Reactive		Non Reactive
<u>URINE</u>				projectati filmik idealbat Kilian NedletoKih
Cannabinoid		Negative		Negative
Methamphetamine		Negative		Negative
Opiates		Negative		Negative
Cocain		Negative		Negative
Benzodiazepine		Negative		Negative

Date of Exam: 8 October 2020



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ELECTROCARDIOGRAM INTERPRETATION (RESTING)

Name

: JOSUA SAHAT PARULIAN SINAGA

Age

: 28 Years

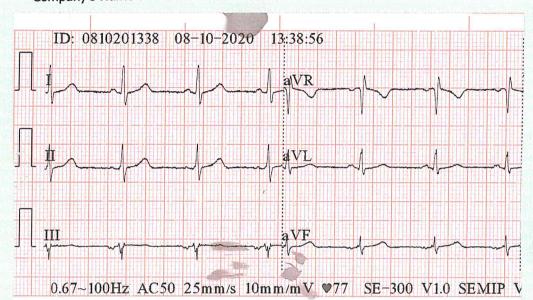
Gender

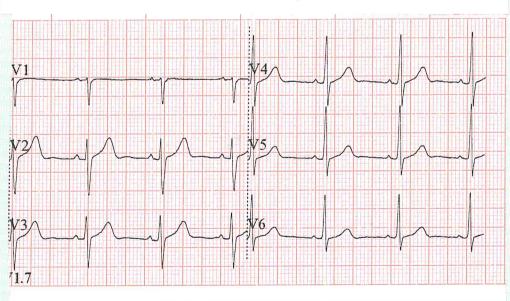
: Male

Place/Date

: BATAM/08 October 2020

Company's Name: INSPEKTINDO SINERGI PERSADA, PT





CONCLUSION

: Normal Resting ECG

ADVICE EXAMINER

dr. REZGA AGNELA VALBETRI

Examining Physician