



**GRAND MEDICA  
INDONESIA**

*Make SMILE and Be HEALTHY*

## PERSONAL DATA

No. MCU : 4052/GMI-MCU/VIII/2021  
No. Badge : -  
N a m a : **DHIAN ARDITAMA, Tn.**  
U m u r : 41 tahun  
Perusahaan : **PT. INSPEKTINDO SINERGI PERSADA**  
Jabatan : Lifting Equipment Inspector  
Tgl Pemeriksaan : 03/08/2021  
Alamat : Jl. Sepinggan Baru II No.79 RT 32 Balikpapan

**PT. INSPEKTINDO SINERGI PERSADA****HEALTH AND MEDICAL SURVEILLANCE  
TAHUN 2021**

NAMA : Dhian Arditama  
TANGGAL LAHIR : 07 November 1979  
JENIS KELAMIN : Laki-Laki  
S/N : .....  
IGG : .....  
DEPT/SERVICE : Inspection  
LOKASI KERJA : Offshore & Onshore  
JENIS PEMERIKSAAN :  Pre-employment  
 Annual  
 Pre-retirement

**Medical Department**

**HEALTH SURVEILLANCE**

Isilah formulir ini dengan sebenarnya dan selengkap-lengkapnyanya. Apabila ada hal-hal yang kurang dipahami segera hubungi dokter atau perawat.

**IDENTITAS PEGAWAI**

1. Posisi : Lifting Equipment Inspector  
 2. Golongan Darah : A / B / AB / **O** Rhesus : + / -  
 3. Status : (1) Belum kawin (2) **Kawin** (3) Janda (4) Duda (5) Cerai  
 4. Jumlah anak : Anak laki-laki 1 Orang, Anak Perempuan .....orang  
 5. Alamat sekarang : Jl. Sepinggan Baru II No. 79 RT. 32  
Balikpapan, KALTIM  
 ..... Telpon/HP 081350502518  
 6. No. Extension Telpon. : Kantor : ..... Kamar (untuk lapangan) .....

**HANYA UNTUK CALON KARYAWAN : RIWAYAT PEKERJAAN**

No.	Posisi	Lama Kerja	Perusahaan	Lama paparan dalam jam/hari					
				Bising	Debu	Kimia	Radiasi	Ergonomi	lain-lain

**HANYA UNTUK KARYAWAN ..... RIWAYAT PEKERJAAN**

Tuliskan lama kerja pada masing-masing tempat kerja yang sesuai dengan posisi anda. Jumlah jam harus sesuai dengan lama kerja dalam sehari.

1. Office : \_\_\_\_\_ jam/hari  
 2. Warehouse : \_\_\_\_\_ jam/hari  
 3. Workshop : 8 jam/hari  
 4. Process area : 8 jam/hari  
 5. Well/Offshore : 12 jam/hari

**PETUNJUK PENGISIAN : ISILAH NOMOR YANG SESUAI DENGAN JAWABAN ANDA PADA KOTAK JAWABAN YANG TELAH TERSEDIA DI SAMPING KANAN. JANGAN MELINGKARI ATAU MENCORET PILIHAN JAWABAN**

**RIWAYAT KESEHATAN**

1. Selama 1 tahun terakhir ini, apakah anda pernah sakit :

a. Tekanan darah tinggi	1. Ya	2. Tidak	<input type="checkbox"/> 2
b. Tekanan darah rendah	1. Ya	2. Tidak	<input type="checkbox"/> 2
c. Jantung	1. Ya	2. Tidak	<input type="checkbox"/> 2
d. Stroke	1. Ya	2. Tidak	<input type="checkbox"/> 2
e. Kencing Manis	1. Ya	2. Tidak	<input type="checkbox"/> 2



- |                           |       |          |                                     |
|---------------------------|-------|----------|-------------------------------------|
| f. Timbul benjolan/tumor  | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| g. Ayan / Gangguan syaraf | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| h. Asma                   | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| i. Batu ginjal            | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| j. Alergi                 | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| k. Thypus                 | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| l. TBC                    | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| m. Malaria                | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| n. Penyakit kelamin       | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| o. Kuning / Hepatitis     | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| p. Gangguan jiwa          | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| q. Takut pada ketinggian  | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| r. Mata                   | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| s. Hidung                 | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| t. Telinga                | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| u. Gigi / mulut           | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| v. Lambung                | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| w. Wasir                  | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| x. Kulit                  | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| y. Sendi - sendi          | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |
| z. Kandungan              | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/> |

### RIWAYAT KECELAKAAN KERJA DAN PERAWATAN DI RUMAH SAKIT

- |   |       |          |  |
|---|-------|----------|--|
| 1. Dalam satu tahun terakhir apakah Anda pernah mengalami kecelakaan akibat kerja ?               | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/>  |
|   |       |          | <i>Bila tidak, langsung ke no. 6</i>                                       |
| 2. Bila YA, berapa kali dalam setahun terakhir Anda mengalami kecelakaan ?                        |       |          | <input type="checkbox"/> <input type="checkbox"/>                          |
| 3. Apakah Anda perlu mendapatkan perawatan di rumah sakit karena kecelakaan tersebut ?            | 1. Ya | 2. Tidak | <input type="checkbox"/>   |
| 4. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan akibat kecelakaan tersebut ? |       |          | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 5. Apakah timbul gangguan fungsi maupun kecacatan setelah sembuh ?                                | 1. Ya | 2. Tidak | <input type="checkbox"/>   |
| 6. Dalam satu tahun terakhir apakah Anda pernah dirawat di rumah sakit ?                          | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/>  |
|   |       |          | <i>Bila tidak, langsung ke no. 8</i>                                       |
| 7. Berapa jumlah hari Anda dirawat di rumah sakit secara keseluruhan dalam satu tahun terakhir ?  |       |          | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 8. Apakah Anda menderita penyakit yang dikontrol terus menerus selama satu tahun terakhir ?       | 1. Ya | 2. Tidak | <input checked="" type="checkbox"/>  |



## KEBIASAAN MEROKOK

1. Apakah anda pernah merokok ?
2. Sejak umur berapa Anda mulai merokok untuk pertama kalinya ?
3. Apakah saat ini Anda merokok ?
4. Berapa banyak rokok yang Anda isap setiap harinya ?
5. Jenis rokok apa yang Anda isap ? (DITULIS MEREK)
6. Seberapa sering Anda menghisap dalam-dalam asap rokok ?
7. Berapa menit sehabis bangun tidur Anda mulai merokok?
8. Apakah Anda lebih banyak merokok dalam jam pertama di pagi hari ?
9. Apakah sulit untuk tidak merokok di tempat yang dilarang merokok ?
10. Apakah Anda tetap merokok di saat Anda sedang sakit ?
11. Dalam satu hari, rokok manakah yang sulit di lewatkan ?  
*Dari no. 11 langsung ke pertanyaan alkohol*
12. Apakah anda ingin berhenti merokok?
13. Bila Ya, apakah Anda bersedia untuk mengikuti program Berhenti Merokok?
14. Sudah berapa lama Anda berhenti merokok ? (tahun)

1. Ya 2. Tidak  1  
*Bila tidak, langsung ke alkohol*

1  5

1. Ya, setiap hari  3  
2. Ya, tidak setiap hari  
3. Tidak - bila tidak langsung ke no. 14

1. Kadar nikotin rendah   
2. Kadar nikotin sedang  
3. Kadar nikotin tinggi

1. Tidak pernah   
2. Kadang-kadang  
3. Selalu

1. Ya 2. Tidak

1. Ya 2. Tidak

1. Ya 2. Tidak

1. Rokok pertama di pagi   
2. Rokok lainnya

1. Ya 2. Tidak

1. Ya 2. Tidak

*Langsung ke pertanyaan alkohol*

0  7

## KONSUMSI ALKOHOL

1. Apakah Anda pernah minum minuman beralkohol ?
2. Apakah Anda minum minuman beralkohol dalam 12 bulan terakhir ?
3. Apakah Anda minum minuman beralkohol dalam 4 minggu terakhir ?
4. Berapa kali Anda minum minuman beralkohol dalam sebulan ?
5. Berapa banyak minuman beralkohol yang Anda habiskan tiap kalinya ? (diperkirakan dalam satuan cc)

1. Ya 2. Tidak  1  
*Bila tidak, langsung ke olahraga*

1. Ya 2. Tidak  2  
*Bila tidak, langsung ke olahraga*

1. Ya 2. Tidak   
*Bila tidak, langsung ke olahraga*

## AKTIFITAS FISIK DAN OLAHRAGA

1. Berapa banyak waktu yang Anda habiskan untuk duduk setiap harinya ? (dalam menit, dan termasuk waktu yang dihabiskan untuk duduk di tempat kerja maupun di waktu luang)
2. Berapa kali Anda berolahraga dalam sebulan ?
3. Berapa lama waktu yang Anda habiskan untuk berolahraga tiap kalinya ? (dalam menit)
4. Bagaimana intensitas olahraga yang Anda lakukan ?

3  0  0

1. Ringan 4. Berat  -  
2. Sedang 5. Sangat berat  
3. Cukup berat

### POLA KONSUMSI BAHAN MAKANAN

1. Berapa hari dalam seminggu biasanya Anda makan buah-buahan ?
2. Berapa hari dalam seminggu biasanya Anda makan sayur-sayuran ?

### RIWAYAT PENYAKIT KELUARGA

1. Apakah ada diantara Ayah/Ibu Anda menderita penyakit berikut
- a. Tekanan darah tinggi 1. Ya 2. Tidak
  - b. Penyakit jantung 1. Ya 2. Tidak
  - c. Stroke 1. Ya 2. Tidak
  - d. Kencing manis 1. Ya 2. Tidak
  - e. Kanker 1. Ya 2. Tidak
  - f. Alergi 1. Ya 2. Tidak
  - g. Asma 1. Ya 2. Tidak
2. Apakah ada saudara kandung Anda menderita penyakit berikut
- a. Tekanan darah tinggi 1. Ya 2. Tidak
  - b. Penyakit jantung 1. Ya 2. Tidak
  - c. Stroke 1. Ya 2. Tidak
  - d. Kencing manis 1. Ya 2. Tidak
  - e. Kanker 1. Ya 2. Tidak
  - f. Alergi 1. Ya 2. Tidak
  - g. Asma 1. Ya 2. Tidak
3. Di antara Ayah/Ibu/Saudara Kandung Anda, apakah ada yang meninggal karena penyakit-penyakit di atas pada usia kurang dari 45 tahun untuk laki-laki dan 55 tahun untuk perempuan ? 1. Ya 2. Tidak

### UNTUK KARYAWAN WANITA

1. Apakah saat ini Anda sedang hamil ? 1. Ya 2. Tidak
- Bila tidak, langsung ke no. 3*
2. Berapa bulan umur kehamilan Anda saat ini ?
3. Berapa jumlah kehamilan yang pernah Anda alami (termasuk kehamilan kali ini) ?
4. Berapa jumlah keguguran yang pernah Anda alami ?
5. Kapan hari pertama haid terakhir Anda ?  /  /
6. Berapa umur Anda pada saat haid pertama ?
7. Berapa banyak pada saat Anda haid ? 1. Banyak 2. Sedikit
8. Apakah dalam satu tahun terakhir pola haid Anda teratur ? 1. Ya 2. Tidak
9. Apakah ada rasa sakit yang berhubungan dengan haid ? 1. Ya 2. Tidak
10. Apakah Anda sering menderita keputihan ? 1. Ya 2. Tidak



### KELUARGA BERENCANA

1. Apakah keluarga Anda mengikut keluarga berencana ?
2. Bila YA, metode KB apa yang Anda gunakan ?

1. Ya    2. Tidak     2

*Bila tidak langsung ke Vaksinasi*

1. Kondom    5. IUD
2. Pii    6. Vasektomi
3. Suntik    7. Tubektomi
4. Susuk    8. Lainnya

### RIWAYAT VAKSINASI

1. Apakah anda pernah mendapatkan vaksinasi tetanus ?
2. Apakah Anda pernah mendapatkn vaksinasi hepatitis ?

1. Ya    3. Tidak tahu     3

2. Tidak

1. Ya    3. Tidak tahu     3

2. Tidak

### DONOR DARAH

1. Bersediakah Anda mendonorkan darah bila dibutuhkan ?
2. Kapan Anda melakukan donor darah terakhir ?

1. Ya    2. Tidak     1

-  /  -  /  -

Formulir tersebut di atas telah saya isi dengan benar dan sesungguhnya.

Balikpapan, 03 - 08 - 2021  
Nama dan tanda tangan karyawan

  
( Dhian Ardiana )



## MEDICAL CHECK UP –2021

## PHYSICAL EXAMINATION

NAME	DHIAN ARDITAMA, Tn.	S/N	-	DEPT	Inspection
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## I. VITAL SIGN

Blood Pressure (supine)	120/80	mmHg	Pulse	71	x/m	Respiration	20	x/m	Temp.	36,5	°C
Weight (W)	78	kg	Height (H)	162	cm	BMI	29,72	Waist	88	cm	

(\*) BMI = W / H<sup>2</sup> (Underweight = <18, Normal 18-25, Overweight 25-30, Obese > 30)

## II. PHYSICAL EXAMINATION

No	PHYSICAL	A = ABNORMAL; N = NORMAL	A	N	Describe abnormalities in detail (circle words of importance and explain)
1	GENERAL APPEARANCE	Appearance age/ Nutritional/ Development/ Mental & emotional status/Posture/Gait/Speech		✓	
2	HEAD / SCALP	Size/Shape/Tender over sinuses/ Hair/ Eruption/ Masses/Bruit		✓	
3	EYES	Conjunctiva /Sclera/ Cornea/ Pupils/ Ptosis/ Tension/ Eye lid/Bruit/Reflex/ Range of Movement		✓	
4	EARS	Ext. canal/Membran perforation/ Discharge/ Tophi/ Hearing problem/ Mastoids		✓	
5	NOSE / SINUSES	Septum/obstruction/ Turbinate /Discharges		✓	
6	MOUTH / THROAT	Odor/Lips/Tongue/Tonsils/ Gums/ Pharynx		✓	
7	TEETH	Caries ☉, Filling(F), Missing (M), Radix☉	✓		Caries
8	NECK	Adenopathi/Thyroid/Carotids/ Trachea/ Veins/ Mass/ Spine/ Motion/ Bruit		✓	
9	BACK / SPINE	Kyphosis/Scoliosis/ Lordosis/ Mobility/ CVA/ Bone/ Tenderness/ Other deformities		✓	
10	THORAX	Symmetry/Movement/Contour / Tender		✓	
11	BREAST	Size/Consistency/ Nipples/ Areola / Discharge/ Palpable mass/ enderness/ Nodes/ Scars		✓	
12	HEART	Rate/Rhythm/Apical/Impulse/Trills/ Quality of sound/Intensity/Splitting/Extra sound/Murmurs		✓	
13	CHEST / LUNG	Excursion/Dullness or Hyper-resonance of percussion/ Quality of breath sound/ Rales/ Wheezing/Ronchi/ Bruit		✓	
14	ABDOMEN	Bowel sounds/ Appearance/ Liver/ Spleen/ Masses/ Hernias/ Murmur/ Contour/ Tenderness/ Bruit/ Nodes		✓	
15	GROIN	Hernia/Inguinal nodes/Femoral pulses		✓	
16	GENITAL	MALE		✓	
		FEMALE			
17	EXTREMITIES	Deformity/Clubbing/Cyanosis/Edema/Nail/ Peripheral pulses/ Calf tenderness/Joints for swelling/ ROM		✓	
18	JOINTS	ROM/ Swelling / Inflammation /Deformity		✓	
19	SKIN	Color/Birthmark/Scars/ Tattoos /Texture/Rash/ Eczema / ulcers/Piercing		✓	
20	NEUROLOGICAL	Reflexes/Cranial nerve/Tremor/Paralysis/Motoric/ Sensor (touch,prick,vibrate)/ Coordination/ Romberg		✓	Romberg Test : Negative
21	MUSCULAR SYSTEM	Strength/Wasting/Development		✓	
22	RECTAL EXAM.	Sphincter tonus/ Hemorrhoids/ Fissure/ Masses /Prostate		✓	

## SUPPORTIVE INVESTIGATIONS

### I. VISION

Vision	Unaided		With Spectacles		Depth Perception	Colour Blindness	
	Left	Right	Left	Right			
Distant	20/20	20/20				✓	Normal
Near	20/20	20/40					Red – Green Absent
Visual fields (Normal > 70°)			Left	85°	Right	85°	Colour Blind

### II. LABORATORIUM SUMMARY

See attached result

	Normal	<b>COMMENT:</b> Cholesterol : 232 mg/dL (Meningkat), LDL : 162 mg/dL (Tinggi).
✓	Abnormal	

### III. CHEST X-RAY

See attached result

Pneumoconiosis	Yes	No ✓
If Yes – ILO Classification		
Evidence of TB	Yes	No ✓
Other Abnormalities		
<b>COMMENT</b>	<b>Foto Thorax Normal</b>	

### IV. ECG (Optional for over 35 years of age)

See attached result

Normal ✓	Abnormal	(specify) : <b>Sinus Rhythm</b>
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### V. TREADMILL (Optional for over 35 years of age)

See attached result

Normal ✓	Abnormal	(specify) : <b>Negative Ischemic Response, 12 Mets.</b>
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### VI. SPIROMETRY (Optional for dust exposure, respiratory chronic disease, ....)

See attached result

Test	Observed	Predicted	% Prediction
VC			%
FVC			%
FEV 1			%
FEV/FVC			%

### VII. AUDIOMETRY (Optional for noise exposure, previous hearing problem, ....)

See attached result

<b>CONCLUSION</b>		Change since last audiometric examination	Yes
✓	Normal	If Yes, what change :	No
	Abnormal	Recommended Action:	
		Refer to safety department: <input type="checkbox"/> Yes / <input type="checkbox"/> No	



RECEIVED <small>(reserved for International SOS)</small>
REVIEWED <small>(reserved for International SOS)</small>
PROCESSED <small>(reserved for International SOS)</small>

## Med-Track

### SCHLUMBERGER PHYSICAL

### Confidential Medical

PRE-EMPLOYMENT	<input type="checkbox"/>
Name of recruiter.....	.....
Job proposed :	Office <input type="checkbox"/>
	Field <input type="checkbox"/>
PERIODIC CHECK-UP	<input type="checkbox"/>

Dear Schlumberger Employee,

Your Med-Track physical will be handled only by trained and competent health professionals. The information contained in this medical report can be essential in saving your life when you are living or working abroad. In order to process your medical data, we now require that you sign a Consent Form authorizing International SOS and the Schlumberger Medical Department to access your information.

You do, however, have the possibility of not releasing this medical data.

- If you have chosen not to authorize the release of your medical data, please fill in only pages 1 and 2, dated and signed, and return to International SOS.
- If you have chosen to authorize the release of your medical data, please fill in the appropriate pages as indicated and return the entire Med-Track report to International SOS.

Do not forget to select and to sign the appropriate consent form depending on whether you have performed your Med-Track physical in an International SOS center or another center of your choice.

Thank you for cooperation.

Schlumberger Medical Department and International SOS

## TO BE COMPLETED BY THE EMPLOYEE

*PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH*

LAST NAME (as appears in LDAP) ..... FIRST NAME .....

SEX ..... BIRTH DATE (day/month/year)..... / ..... / .....

HOME PHONE ..... NATIONALITY .....

HOME ADDRESS .....

.....

Email address: .....

**CLEARLY INDICATE YOUR COMPANY INFORMATION – PUT AN "X" IN THE CORRESPONDING BOX BELOW:**

Business segment: .....

(ex: WS, WG, etc.)

- MEA       EAF
- LAM       SLR
- NAM

Country of assignment .....

International commuter

International mobile

Home country mobile

GeoMobile

Other (HCR, HCC, etc.): .....

GIN /EMPLOYEE NUMBER .....

POSITION / Job Title .....

**PLEASE ANSWER ALL THE QUESTIONS ON THIS PAGE**



# TO BE COMPLETED BY THE EMPLOYEE

In order to process your Med-Track report and to upload it in the confidential eMed-Track web site, we require your authorization. If you are attending an International SOS recommended medical center, please fill in Option 1. If you are attending another medical center of your choice, please fill in Option 2.

**IN ALL CASES PLEASE DATE AND SIGN AT THE BOTTOM OF THE PAGE.**

• **Option 1: Medical examination performed by an SOS recommended medical center**

(For list of recommended medical centers, see: <http://www.internationalsos.com/private/schlumberger/Medtrack/>)

I do authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to International SOS and the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 1**. (Please fill in pages 3 and 5. The examining physician will fill in pages 6 and 7.)

I do not authorize the licensed physician(s) and medical staff who perform this physical examination to transfer my data to any third party, including International SOS and the Schlumberger Medical Department. Please fill in below.

Medical center: ..... Name of doctor: .....

Medical exam date: .....

And return only page 1 and 2 to:

International SOS  
Med-Track Department  
12/14 rue d'Alsace  
92300 Levallois Perret, France  
Fax : +33 1 55 63 32 42  
[emedtrack@internationalsos.com](mailto:emedtrack@internationalsos.com)

• **Option 2: Medical examination performed by a medical center of your choice, And not on the list of centers recommended by International SOS**

I agree to send my confidential medical data to International SOS and I agree to the subsequent transfer to the Schlumberger Medical Department, and I hereby acknowledge that I have read, understood and signed the attached **Consent Form Option 2**. (Please fill in pages 4 and 5. The examining physician will fill in pages 6 and 7.)

For rapid processing please ensure that the entire Med-Track report is sent as rapidly as possible to:

International SOS  
Med-Track Department  
12/14 rue d'Alsace  
92300 Levallois Perret, France  
Fax : +33 1 55 63 32 42  
[emedtrack@internationalsos.com](mailto:emedtrack@internationalsos.com)

I do not agree to send my confidential medical data to International SOS (and I do not agree to the subsequent transfer to the Schlumberger Medical Department). Please fill in below.

Medical center: ..... Name of doctor: .....

Medical exam date: .....

And return only page 1 and 2 to:

International SOS  
Med-Track Department  
12/14 rue d'Alsace  
92300 Levallois Perret, France  
Fax : +33 1 55 63 32 42  
[emedtrack@internationalsos.com](mailto:emedtrack@internationalsos.com)

**IMPORTANT: MUST BE FILLED IN BEFORE RETURNING TO INTERNATIONAL SOS**



# TO BE COMPLETED BY THE EMPLOYEE

## CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

### OPTION 1 :

#### Medical examination performed by an International SOS recommended medical center

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination), and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

#### INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program and its contractors (the licensed physician(s) and medical staff who perform this medical examination) will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS and its contractors (the licensed physician(s) and medical staff who perform this medical examination) may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with, and cause its contractors (the licensed physician(s) and medical staff who perform this medical examination) to comply with, EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) I acknowledge and expressly agree that without prejudice to paragraph (f), International SOS shall not be liable for the accuracy or medical conclusions of the medical examination carried out by its contractors (the licensed physician(s) and medical staff who perform this medical examination).
- (h) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (i) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois-Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (j) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (k) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination will be sent by the licensed physician(s) and medical staff who perform this medical examination to Schlumberger Medical Department, and International SOS, and processed by said parties.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name: .....

Date (day/month/year) .....

Employee's signature: .....



# TO BE COMPLETED BY THE EMPLOYEE

CONSENT FORM – CONSENT TO THE PROCESSING AND TRANSFER OF SENSITIVE PERSONAL DATA OUTSIDE THE EUROPEAN UNION

## OPTION 2:

### Medical examination performed by a medical center of your choice, and not on the list of centers recommended by International SOS

In relation to the high mobility which applies to many jobs in the company and the unequal/inconsistent level of protection provided by local labor regulations and local medical facilities in the large number of countries concerned, SCHLUMBERGER has implemented the eMed-Track program and is carrying out personal data processing related to its employees' and their family's medical examination under this program, to reduce its employee's and their family's medical risks. In addition, the eMed-Track program provides employees and their family with online access to their (or part of their) medical information. SCHLUMBERGER will not have access to the personal data resulting from the medical examination. Only the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, and are subject to ethical/confidentiality rules of the medical profession, will have access to such personal data. The data processing mentioned earlier in this introductory paragraph may only be carried out with your consent, and therefore, SCHLUMBERGER wishes to inform you of the data processing, and obtain your consent to such processing and to the resulting transfer of such data outside the EU.

#### INFORMATION AND CONSENT

I am informed of, and agree to, the following:

- (a) SCHLUMBERGER will transfer to International SOS my personal non-sensitive data required by SOS to organize this medical examination (i.e. name, date of birth, gender, employee number, nationality, job description/title, country of assignment and contact details).
- (b) SCHLUMBERGER via the Schlumberger Medical Department, and International SOS which provides the eMed-Track program, will collect, process and record my personal data required for the eMed-Track program needs, to provide access to authorized physicians or medical staff to the data related to my medical examination, including health data. Such processing will start once I will have transferred the questionnaire attached, filled in by the licensed physician that I have selected for the performance of my medical examination, and the results of the medical tests carried out by such licensed physician, to SOS which will transfer my personal data to Schlumberger Medical Department.
- (c) The personal data collected and processed are necessary for SCHLUMBERGER to achieve the purposes stated in the introductory paragraph above. For these purposes, relevant and adequate data are collected. These data are mostly sensitive data and their collection and processing requires my prior express consent.
- (d) I undertake to provide complete and accurate data.
- (e) SCHLUMBERGER (Schlumberger Limited, the ultimate parent company with a principal office at 42 rue Saint Dominique, 75007 Paris, France) is the data controller of the data processing related to the eMed-Track program.
- (f) International SOS may collect, process and record my personal data, on behalf of SCHLUMBERGER. International SOS entered into an agreement with SCHLUMBERGER (or its representative) under which it undertakes to comply with EU personal data protection laws and national laws adopted pursuant thereto, and applicable medical and health regulations. It also undertakes to implement adequate confidentiality and security measures in order to protect and maintain my personal data in a secured manner. Except as required by law or legal authorities or upon expiry or termination of the agreement between SCHLUMBERGER (or its representative) and International SOS, my personal data will not be transferred to any other recipients.
- (g) My personal data, for the sole purposes herein mentioned (which includes technical and organizational purposes, such as data storage on a server located in a country outside the EU), may be transferred outside the EU to third countries that do not have or may not have the same level of protection as the one in the EU. Such transfer of my personal data outside the EU requires my prior express consent.
- (h) Pursuant to EU data protection laws and national laws adopted pursuant thereto, I have the right to require access to, correction of, or deletion of, my personal data, and oppose the collection or processing of my personal data, by contacting International SOS (Attention Med-Track Department, Medical Director, 12-14 rue d'Alsace, P.O. Box 322, 92306 Levallois Perret Cedex, France, tel: 00 33 1 55 63 32 32). Note that your request must be executed and accompanied by an executed copy of your ID card or passport.
- (i) SCHLUMBERGER has complied with its notification obligation under the Directive 95/46/EC of 24 October 1995.
- (j) SCHLUMBERGER will record my personal data via International SOS. Except as provided to the contrary by law or legal authorities, SCHLUMBERGER will record my personal data for the time necessary to perform the operations related to the eMed-Track program, which duration is of 10 years.

I declare that all information that I provided in this questionnaire is true to the best of my knowledge, and I agree that the results of this medical examination that I will send to International SOS will be processed by Schlumberger Medical Department and International SOS.

I agree to the collection, processing and storage of my personal data as described above, which includes sensitive data (e.g. health data) and to the transfer of my personal data outside the EU.

I agree to have online my personal data (or part of it) on the dedicated and secured International SOS website accessible to myself and the Schlumberger Medical Department (<http://www.internationalsos.com/private/schlumberger/Medtrack/>).

Full name .....

Date (day/month/year): ..... Employee's signature: .....



LAST NAME ..... FIRST NAME .....

**TO BE COMPLETED BY THE EMPLOYEE**

**BLOOD TYPE :**  
(If known)

**PAST MEDICAL HISTORY**  
**DO YOU HAVE OR HAVE YOU HAD**  
(Check "yes" or "no" column or put a ? if uncertain)

- |                                      | Yes                      | No                       |                              | Yes                      | No                       | <b>HAVE YOU EVER BEEN</b>         | Yes                      | No                       |
|--------------------------------------|--------------------------|--------------------------|------------------------------|--------------------------|--------------------------|-----------------------------------|--------------------------|--------------------------|
| 1. sinus trouble                     | <input type="checkbox"/> | <input type="checkbox"/> | 21. cancer                   | <input type="checkbox"/> | <input type="checkbox"/> | 41. rejected for employment       |                          |                          |
| 2. neck swelling/glands              | <input type="checkbox"/> | <input type="checkbox"/> | 22. heart disease            | <input type="checkbox"/> | <input type="checkbox"/> | or insurance for medical          |                          |                          |
| 3. difficulty in vision              | <input type="checkbox"/> | <input type="checkbox"/> | 23. rheumatic fever          | <input type="checkbox"/> | <input type="checkbox"/> | reasons                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. any ear discharge                 | <input type="checkbox"/> | <input type="checkbox"/> | 24. abnormal heartbeat       | <input type="checkbox"/> | <input type="checkbox"/> | 42. awarded benefits for          |                          |                          |
| 5. asthma/bronchitis                 | <input type="checkbox"/> | <input type="checkbox"/> | 25. high blood pressure      | <input type="checkbox"/> | <input type="checkbox"/> | industrial injury                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. hayfever/other allergy            | <input type="checkbox"/> | <input type="checkbox"/> | 26. stroke                   | <input type="checkbox"/> | <input type="checkbox"/> | 43. treated for a mental          |                          |                          |
| 7. any skin trouble                  | <input type="checkbox"/> | <input type="checkbox"/> | 27. serious chest pain       | <input type="checkbox"/> | <input type="checkbox"/> | condition                         | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. tuberculosis                      | <input type="checkbox"/> | <input type="checkbox"/> | 28. any blood disease        | <input type="checkbox"/> | <input type="checkbox"/> | 44. treated for drinking problem/ |                          |                          |
| 9. shortness of breath               | <input type="checkbox"/> | <input type="checkbox"/> | 29. kidney disease           | <input type="checkbox"/> | <input type="checkbox"/> | drug abuse                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. coughed blood                    | <input type="checkbox"/> | <input type="checkbox"/> | 30. painful passage of urine | <input type="checkbox"/> | <input type="checkbox"/> | 45. exposed to :                  |                          |                          |
| 11. abdominal pain                   | <input type="checkbox"/> | <input type="checkbox"/> | 31. blood in urine           | <input type="checkbox"/> | <input type="checkbox"/> | Mercury                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. stomach ulcer                    | <input type="checkbox"/> | <input type="checkbox"/> | 32. diabetes                 | <input type="checkbox"/> | <input type="checkbox"/> | Radioactivity                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. recurrent indigestion            | <input type="checkbox"/> | <input type="checkbox"/> | 33. headaches/migraine       | <input type="checkbox"/> | <input type="checkbox"/> | Toxic chemicals                   | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. jaundice/hepatitis               | <input type="checkbox"/> | <input type="checkbox"/> | 34. dizziness/fainting       | <input type="checkbox"/> | <input type="checkbox"/> | Excess noise                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. gall bladder disease             | <input type="checkbox"/> | <input type="checkbox"/> | 35. epilepsy                 | <input type="checkbox"/> | <input type="checkbox"/> |                                   |                          |                          |
| 16. marked change in<br>bowel habits | <input type="checkbox"/> | <input type="checkbox"/> | 36. joints/spinal trouble    | <input type="checkbox"/> | <input type="checkbox"/> | <b>FOR WOMEN ONLY</b>             |                          |                          |
| 17. blood in stool                   | <input type="checkbox"/> | <input type="checkbox"/> | 37. surgical operation       | <input type="checkbox"/> | <input type="checkbox"/> | <b>Have you ever had</b>          |                          |                          |
| 18. change in weight                 | <input type="checkbox"/> | <input type="checkbox"/> | 38. accident/fracture        | <input type="checkbox"/> | <input type="checkbox"/> | 46. an abnormal smear             | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. varicose veins                   | <input type="checkbox"/> | <input type="checkbox"/> | 39. tropical disease         | <input type="checkbox"/> | <input type="checkbox"/> | 47. a gynecological               |                          |                          |
| 20. lump in breast                   | <input type="checkbox"/> | <input type="checkbox"/> | 40. fear of heights          | <input type="checkbox"/> | <input type="checkbox"/> | treatment                         | <input type="checkbox"/> | <input type="checkbox"/> |
|                                      |                          |                          |                              |                          |                          | 48. are you pregnant ?            | <input type="checkbox"/> | <input type="checkbox"/> |

If you have answered "yes" to questions 37, 38 or 39 or if you have or had an illness not mentioned above please detail in **ENGLISH** and in clear capital letters:

.....  
.....

Medication taken regularly : .....

Do you take preventive malaria medication when in high malaria risk areas ? YES  NO   
If yes, which medication ? .....

Allergies to medication: .....

**DATES OF LAST VACCINATIONS:** (day/month/year)

polio ..... / ..... / .....      hepatitis B ..... / ..... / .....      hepatitis A ..... / ..... / .....  
tetanus ..... / ..... / .....      yellow fever ..... / ..... / .....      typhoid ..... / ..... / .....  
other: ..... , date: ..... / ..... / .....      Other: ..... , date: ..... / ..... / .....

Alcohol consumption: Number of glasses per day: ..... Tobacco: Number of cigarettes per day: .....

LAST NAME AROTAMA

FIRST NAME DHAN

### TO BE COMPLETED BY THE EXAMINING PHYSICIAN

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH OR TYPE WHENEVER POSSIBLE. NO ABBREVIATIONS PLEASE

DRUG TESTING: for pre-employment medicals only:

Not performed

Performed

Positive

Negative

PLEASE UP DATE VACCINATIONS: Indicate ONLY vaccinations performed during this examination

POLIO  TETANUS  HEPATITIS B  YELLOW FEVER  HEPATITIS A  TYPHOID

OTHER VACCINATIONS PERFORMED: .....

Please make sure patient has correct malaria protection when travelling to high malaria risk areas

#### MEDICAL EXAMINATION

IF ABNORMAL, PLEASE DETAIL

	normal	abnormal
1. eyes and pupils	(n)	a .....
2. ear/nose/throat	(n)	a .....
3. teeth and mouth	n	(a) (c) .....
4. lungs and chest	(n)	a .....
5. cardiovascular	(n)	a .....
6. abdo. viscera	(n)	a .....
7. hernial orifices	(n)	a .....
8. anus and rectum	(n)	a .....
9. genito-urinary	(n)	a .....
10. extremities	(n)	a .....
11. musculo-skeletal	(n)	a .....
12. skin/varicose vns	(n)	a .....
13. neurological/ mental fitness	(n)	a .....
14. breast	(n)	a .....

HEIGHT	
cms	ft
162	

WEIGHT	
kgs	lbs
70	

BLOOD PRESSURE
120/80

PULSE
71

HEARING		
	n	a
R	(n)	a
L	(n)	a

VISION		n	a	WITH GLASSES	COLOR Vision
Distant	R	20/20		Yes <input type="checkbox"/>	NORMAL
	L	20/20			
Near	R	20/40		No <input checked="" type="checkbox"/>	
	L	20/40			



LAST NAME : **ARDITAMA**

FIRST NAME : **DHIAN**

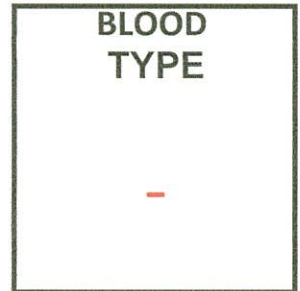
**TO BE COMPLETED BY THE EXAMINING PHYSICIAN**

**PARA-CLINICAL EXAMINATION**

ECG (n) a : Normal Sinus Rhythm  
Treadmill (n) a : Negatif Ischemic Response, 12 Mets.  
Chest X Ray (n) a : Within Normal Limits

**BLOOD ANALYSIS**

RBC	4.600.000	/mm <sup>3</sup>	SGOT (ASAT)	14	U/L
WBC	8200	/mm <sup>3</sup>	SGPT (ALAT)	33	U/L
NEUTROPHIL	68,0	%	GAMMA GT	31	U/L
EOSINOPHIL	1,5	%	GLYCEMIA	80	mg/dL
BASOPHIL	0,1	%	CHOLESTEROL TOTAL	232	mg/dL
LYMPHOCYTE	20,4	%	HDL	56	mg/dL
MONOCYTE	8,6	%	LDL	162	mg/dL
HEMATOCRIT	43,2	%	CREATININE	1,2	mg/dL
HEMOGLOBIN	15,0	g/dL	URIC ACID	4,1	mg/dL
ESR (Sedimentation Rate)	-	mm/h	TRIGLYCERIDES	70	mg/dL



test only if not already known

**URINE ANALYSYS**

ALBUMIN : -

**STOOL ANALYSIS**

SUGAR : Negative BLOOD : Negative PARASITES : Negative

BLOOD : Negative

**CONCLUSION : FIT IN ALL AREA** Yes  No

if you answer No. please detail your reasons)

**MUST BE REASSESSSED** Yes  No

Detail : .....

.....

.....

.....

.....

.....

Date of medical examination (day/month/year) : **03/08/2021**

**DOCTOR'S SIGNATURE**



**EXAMINING PHYSICIAN'S FULL NAME AND ADDRESS**

Name : **dr. HENDRA A.Z.**  
Forename : -  
Street : **JL. MARSMA R. ISWAHYUDI NO. 19 GUNUNG BAKARAN**  
City : **BALIKPAPAN** Country : **INDONESIA**  
Tel : **0542 - 7214552** Fax : **0542- 7214553**  
E-mail address : **grandmedica@gmail.com**

Please write in clear capital letters !



LAST NAME ARDITANA FIRST NAME DIAN

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

**Med Track Plus Exam**  
**Only for high mobility employees (IM, IC, GM, HCM) over 40 years of age**

If you are over 40 years of age, Schlumberger offers you the possibility of performing a more in-depth health assessment every 3 years in order to check your general wellness. Med Track Plus should be performed at the same time as your usual Med Track exam.

The Med Track Plus health assessment targets in particular the increased cancer and cardiovascular risks inherent to people over 40 years of age. Tests designated below in Med-Track Plus are only **recommended and not mandatory**.

**EYES :**

Tonometry Right eye (Glaucoma testing) .....mmHG

Tonometry Left eye (Glaucoma testing) .....mmHG

**ADDITIONAL BLOOD TESTS :**

PSA .....ng/ml TSH.....UI

CEA ..... µg/l Alkaline phosphatase .....UI

**IF ABNORMAL, PLEASE DETAIL**

LUNGS/ Functional Respiratory testing n a.....

ABDOMINAL AND PELVIC ECHOGRAPHY n a.....

**CARDIOVASCULAR RISK FACTORS :**

Stress test n a.....

Carotid Echo-Doppler n a.....

Cardiac Echography n a.....

**FOR MEN ONLY :**

Prostate Echography n a.....

**FOR WOMEN ONLY :**

Mammogram n a.....

PAP Smear n a.....

**Doctor's additional comments or conclusions:**

.....  
.....  
.....







**Patient Data**

ID Number :	4052/GMI-MCU/VIII/2021			Company :	PT. INSPEKTINDO SINERGI PERSADA
Name :	<b>DHIAN ARDITAMA, Tn.</b>			Occupation :	Lifting Equipment Inspector
Gender :	Laki-Laki			Test Date :	03/08/2021
DOB / Age :	07/11/1979	/	41 Yo.	Height (cm)	162
Weight (kg) :	78			BMI :	29,72

**Jakarta Cardiovascular Risk Table**

Risk Factor		Score	Result	Poin	Determine the 10-year CVD risk (%)		
<b>Sex</b>	Female	0	Male	1	Total Points	10-year CVD risk (%)	
	Male	1				-4	Low Risk
<b>Age</b>	25-34	-4	41	-2	-3	Low Risk	2,6
	35-39	-3			-2	Low Risk	4,2
	40-44	-2			-1	Low Risk	5,8
	45-49	0			0	Low Risk	7,4
	50-54	1			1	Low Risk	9
	55-59	2			2	Moderate Risk	10,0
	60-64	3			3	Moderate Risk	13,1
<b>Blood Pressure</b>	Normal	0	120/80	0	4	Moderate Risk	17,2
	High Normal	1			5	High Risk	20,0
	Grade 1 Hypertension	2			6	High Risk	21,2
	Grade 2 Hypertension	3			7	High Risk	22,5
	Grade 3 Hypertension	4			8	High Risk	23,7
<b>BMI (Kg/m2)</b>	13,79 - 25,99	0	29,72	1	9	High Risk	25
	26,00 - 29,99	1			10	High Risk	26,2
	30,00 - 35,58	2			11	High Risk	27,5
<b>Smoke</b>	Never	0	Ex Smoker	3	12	High Risk	28,7
	Ex Smoker	3			13	High Risk	>30
	Smoker	4					
<b>Diabetes Mellitus</b>	No	0	No	0	<b>Result</b>		
	Yes	2			Estimated 10-year CVD Risk		
<b>Physical Exercise/Activity</b>	No	2	No	2	<b>20,0%</b>		
	Low	1			Risk Category		
	Medium	0			<b>High Risk</b>		
	High	-3					
<b>Total Point</b>				<b>5</b>			

**Advice**

Patients with **HIGH RISK** scores should be counseled aggressively about social factors contributing to their risk (smoking, exercise, weight, diet, etc) and also managed with blood pressure and lipid evaluation.

**References**

Kusmana. Dede. *The Jakarta Cardiovascular Score, A Modified Framingham Score, Is A Simple Method For Cardiovascular Risk Stratification In Developing Countries. 21st Scientific Meeting of the International Society of Hypertension, 2006; 201.*



**HASIL PEMERIKSAAN LABORATORIUM**

*Result of Laboratorium Analysis*

**Nomor Lab.** : 4052 /GMI-MCU/VIII/2021  
*(Lab. Number)*

Dokter Konsulen  
dr. Novita Indayani, Sp. PK

**Data Pasien (Patient Detail)**

<b>Nama</b> <i>(Name)</i>	: DHIAN ARDITAMA, Tn. / Laki-Laki	<b>Umur</b> <i>(Age)</i>	: 41 Tahun <i>(Years old)</i>
<b>Pekerjaan</b> <i>(Job Position)</i>	: LIFTING EQUIPMENT INSPECTOR	<b>Dokter</b> <i>(Doctor)</i>	: Dr. Hendra AZ
<b>Perusahaan</b> <i>(Company)</i>	: PT. INSPEKTINDO SINERGI PERSADA	<b>Tgl Pemeriksaan</b> <i>(Date of Analysis)</i>	: 3 Agustus 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
<b>HEMATOLOGI</b>			
<b>HEMATOLOGI RUTIN</b>			
Hemoglobine ( Hgb )	15,0	Laki-laki dewasa : 13,0-18,0 Perempuan dewasa : 12,0-16,0	g/dL
Hematocrit ( Hct )	43,2	Laki-laki dewasa : 40,0 - 50,0 Perempuan dewasa : 35 ,0- 45,0	%
Erythrocyt (RBC)	4,6	Laki-laki dewasa : 4,4-5,6 Perempuan dewasa : 3,8-5,5	10 <sup>6</sup> sel/mm <sup>3</sup>
Leucocyt (WBC)	8,2	Dewasa : 4,0 - 10,0	10 <sup>3</sup> / $\mu$ L
<b>Differential Count</b>			
Basophile	0,1	0 - 2	%
Eosinophile	1,5	0 - 3	%
Neutrofil	68,0	50 - 70	%
Lymphocyte	20,4	20 - 40	%
Monocyte	8,6	3 - 12	%
MCV	97	80 - 100	fL
MCH	28	27 - 34	pg/cell
MCHC	35	32 - 36	g/dL
RDW- CV	12,8	11 - 16	%
RDW-SD	44,2	35 - 56	fL
Thrombocyt	291	140 - 440	10 <sup>3</sup> /mm <sup>3</sup>
<b>KIMIA KLINIK</b>			
<b>METABOLISME GLUKOSA/DIABETES</b>			
Glucose Fasting	80	Normal : 70 - 110	mg/dL
Glucose 2h pp	90	Normal : < 140 Gangguan toleransi glukosa : 140 - 199 Diabetes melitus : > 200	mg/dL
<b>PROFIL LEMAK</b>			
Cholesterol total	<b>232</b>	Yang diinginkan : < 200 Batas tinggi : 200 - 240 Tinggi : $\geq$ 240	mg/dL
Triglycerides	70	Normal : < 150 Batas tinggi : 150 - 199 Tinggi : 200 - 499 Sangat tinggi : $\geq$ 500	mg/dL
HDL Cholesterol	56	Rendah : < 40	mg/dL







**HASIL PEMERIKSAAN LABORATORIUM**

*Result of Laboratorium Analysis*

**Nomor Lab.** : 4052 /GMI-MCU/VIII/2021  
*(Lab. Number)*

Dokter Konsulen  
dr. Novita Indayani, Sp. PK

**Data Pasien (Patient Detail)**

**Nama** : DHIAN ARDITAMA, Tn. / Laki-Laki  
*(Name)*  
**Umur** : 41 Tahun  
*(Age)*  
**Pekerjaan** : LIFTING EQUIPMENT INSPECTOR  
*(Job Position)*  
**Dokter** : Dr. Hendra AZ  
*(Doctor)*  
**Perusahaan** : PT. INSPEKTINDO SINERGI PERSADA  
*(Company)*  
**Tgl Pemeriksaan** : 3 Agustus 2021  
*(Date of Analysis)*

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
LDL Cholesterol	162	Tinggi : >= 60 Optimal : < 100 Mendekati optimal : 100 - 129 Batas tinggi : 130 - 159 Tinggi : 160 - 189 Sangat tinggi : > 190	mg/dL
Rasio LDL/HDL	2,9	CARDIO RISK INDEX (CRI) < 3 : Low risk 3 - 5 : Moderate risk > 5 : High risk	
<b>FUNGSI HATI</b>			
SGOT / AST	14	0 - 37	U/L
SGPT / ALT	33	0 - 40	U/L
Gamma GT	31	11 - 51	U/L
<b>FUNGSI GINJAL</b>			
Uric Acid	4,1	Laki-laki dewasa : 3,5 - 7,2 Perempuan dewasa : 2,6 - 6,0	mg/dL
Creatinine	1,2	0,8 - 1,4	mg/dL
Ureum	29	10 - 50	mg/dL
<b>IMMUNOLOGI</b>			
<b>HEPATITIS</b>			
HBs Ag	Negatif	Negatif	
<b>URINALISA</b>			
<b>MAKROSKOPIS URIN</b>			
Warna	Kuning		
Kejernihan	Jernih		
<b>KIMIA</b>			
Berat jenis	1,025	Normal : 1,003 - 1,035	
pH	6,5	Normal : 4,5 - 8	
Protein	Negatif	Normal : < 7,5 (Negatif)	mg/dL
Glucose	Negatif	Normal : < 0,018 (Negatif)	mg/dL
Leukosit esterase	Negatif	Normal : < 9 (Negatif)	Leu/ $\mu$ L
Ketone	Negatif	Normal : < 2,5 (Negatif)	mg/dL
Urobilin	Negatif	Normal : < 0,2 (Negatif)	mg/dL
Bilirubin	Negatif	Normal : < 0,4 (Negatif)	mg/dL
Nitrite	Negatif	Normal : < 0,05 (Negatif)	mg/dL





**HASIL PEMERIKSAAN LABORATORIUM**

*Result of Laboratorium Analysis*

**Nomor Lab.**  
(Lab. Number) : 4052 /GMI-MCU/VIII/2021

Dokter Konsulen  
dr. Novita Indayani, Sp. PK

**Data Pasien (Patient Detail)**

<b>Nama</b> (Name)	: DHIAN ARDITAMA, Tn. / Laki-Laki	<b>Umur</b> (Age)	: 41 Tahun (Years old)
<b>Pekerjaan</b> (Job Position)	: LIFTING EQUIPMENT INSPECTOR	<b>Dokter</b> (Doctor)	: Dr. Hendra AZ
<b>Perusahaan</b> (Company)	: PT. INSPEKTINDO SINERGI PERSADA	<b>Tgl Pemeriksaan</b> (Date of Analysis)	: 3 Agustus 2021

PEMERIKSAAN / Examination	HASIL / Result	NILAI RUJUKAN / Reference Value	SATUAN
Blood	Negatif	Normal : 1 < 0,018 (Negatif)	mg/dL
<b>MIKROSKOPIS URIN</b>			
Epithel	1-2		
WBC	2-3		
RBC	1-2		
Cast	Negatif		
Crystal	Negatif		
Bacterie	Negatif		
Others	Negatif		
<b>FAECES</b>			
<b>FAECES RUTIN</b>			
<b>MAKROSKOPIS</b>			
Warna	Kecoklatan		
Konsistensi	Lunak		
Darah	Negatif	Negatif	
Lendir	Negatif	Negatif	
<b>MIKROSKOPIS</b>			
Leukosit	Negatif	Negatif	
Eritrosit	Negatif	Negatif	
Telur cacing	Negatif	Negatif	
Amoeba	Negatif	Negatif	
Lainnya	Negatif	Negatif	

Tanggal pengambilan sampel : 3 Agustus 2021

Penanggung Jawab  
Laboratorium,

Dr. Hendra Agus Z

Laboratorium  
**GRAND Medica**

Analisis Laboratorium

Syamsiar Am. Ak







**Nomor Pasien**  
(Patient Number) : 4052

**Pemeriksaan**  
Examination : **USG WHOLE ABDOMEN**

**Data Pasien (Patient Detail)**

**Nama**  
(Name) : **DHIAN ARDITAMA, Tn.**

**Perusahaan**  
(Company) : **PT. INSPEKTINDO SINERGI PERSADA**

**Umur**  
(Age) : **41** **Tahun**  
(Years old)

**Pekerjaan**  
(Occupation) : **LIFTING EQUIPMENT INSPECTOR**

**Jenis Kelamin**  
(Gender) : **Laki-Laki**

**Tgl Pemeriksaan**  
(Date of Analysis) : **03/08/2021**

**Interpretasi Foto oleh Spesialis Radiologi**  
(Interpretation by the Radiologist)

**USG Abdomen:**

**Liver :** *Bentuk , ukuran normal, echoparenkim superficialis meningkat, bile duct normal ,tidak ada fokal noduler .*

**GB :** *Dinding normal, tidak tampak batu .*

**Pancreas :** *Normal*

**Lien :** *normal*

**Kidney dextra - sinistra :** *Bentuk, ukuran dalam batas normal, tidak tampak batu maupun massa, sistem pelvocalyceal normal.*

**Bladder :** *Dinding normal, batu (-)*

**Prostat :** *normal*

**Kesimpulan Spesialis Radiologi (Radiologist Conclusion)**

*Tidak tampak kelainan significans pada USG abdomen ini*

**dr. ABDUL HARISS, Sp.Rad**  
(Radiologist signature)  
**Spesialis Radiologi**





**GRAND MEDICA**  
**INDONESIA**

**Radiological Analysis**  
Radiological Examination

Nomor Pasien : **4052**  
*(Patient Number)*

Tgl Pemeriksaan : **03/08/2021**  
*(Date of Analysis)*

Pemeriksaan  
*Examination*

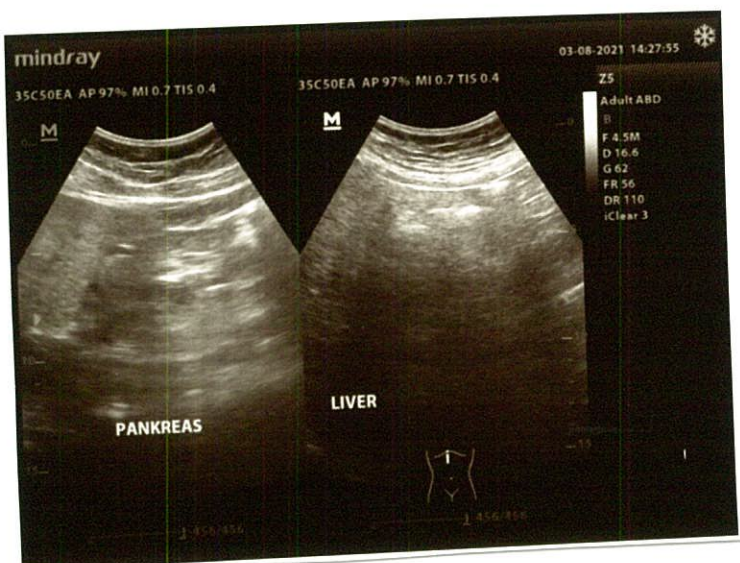
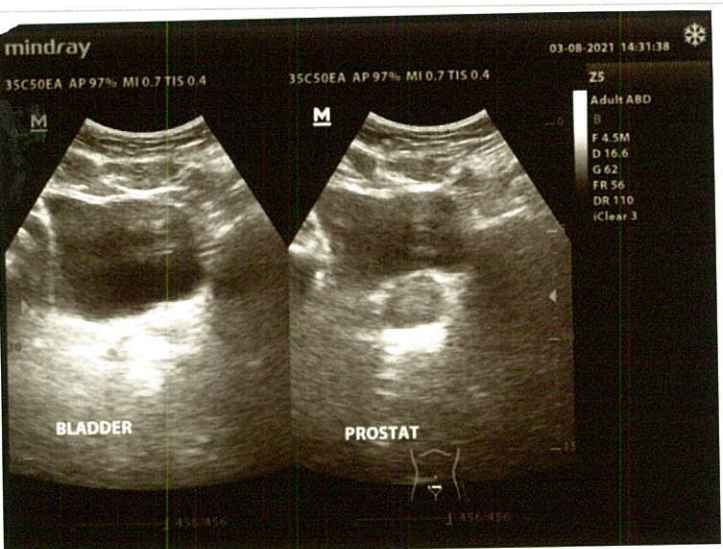
Data Pasien (Patient Detail)

Nama : **DHIAN ARDITAMA, Tn.**  
*(Name)*  
Umur : **41**  
*(Age)*

Jenis Kelamin : **Laki-Laki**  
*(Gender)*

Perusahaan :  
*(Company)*  
Pekerjaan  
*(Occupation)*

**PT. INSPEKTINDO SINERGI PERSADA**  
**LIFTING EQUIPMENT INSPECTOR**







**Nomor Pasien**  
(Patient Number) :

**Nomor Film**  
(Film Number) : 4052

**Data Pasien (Patient Detail)**

**Nama**  
(Name) : **DHIAN ARDITAMA, Tn.**

**Perusahaan**  
(Company) : **PT. INSPEKTINDO SINERGI PERSADA**

**Umur**  
(Age) : **41** Tahun  
(years old)

**Pekerjaan**  
(Occupation) : **LIFTING EQUIPMENT INSPECTOR**

**Jenis Kelamin**  
(Gender) : **Male**

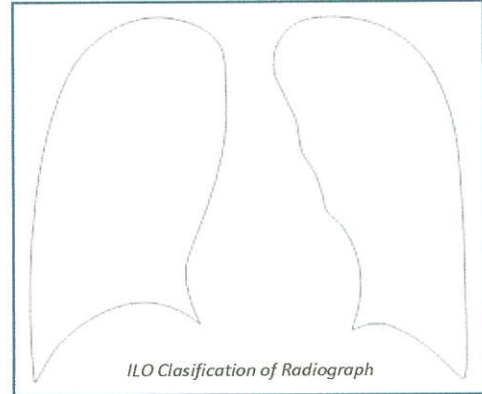
**Tgl Pemeriksaan**  
(Date of Analysis) : **03 Agustus 2021**

**Rincian Pemeriksaan (Examination Detail)**

**Jenis Pemeriksaan**  
(Type of Examination) : **Foto thorax**

**Posisi Penyinaran**  
(Exposure Position) : **PA**

**Kondisi Penyinaran**  
(Exposure Condition) : **kV : 58**  
**mAs : 0,30**



**Interpretasi Foto Thorak oleh Spesialis Radiologi**  
(Chest X-ray Interpretation by the Radiologist)

**Penjelasan Keadaan Abnormal**  
(Comment on Abnormalities)

- Kelainan Tulang dan/atau Jaringan Lunak?**  
(Skeleton and/or Soft Tissue Abnormalities)
- Kelainan Bayangan Jantung?**  
(Abnormal heart shadows)
- Kelainan Hilus dan/atau Kelenjar Limfa?**  
(Abnormal hilar and/or lymphatic gland)
- Kelainan Diafragma dan Sudut Costophrenic?**  
(Abnormal Diaphragms and Costophrenic angles)
- Kelainan Paru-paru?**  
(Abnormal Lung Fields)
- Gambaran Lainnya dari Lesi TBC?**  
(Any evidence of tubercular lesions)
- Gambaran Abnormal Lainnya?**  
(Detail of Other Abnormalities)

<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →
<input checked="" type="radio"/> No	Yes →

**Kesimpulan Spesialis Radiologi (Radiologist Conclusion)**

Foto thorax normal

**dr. ABDUL HARIS, Sp.Rad**  
Spesialis Radiologi

**Patient Data**

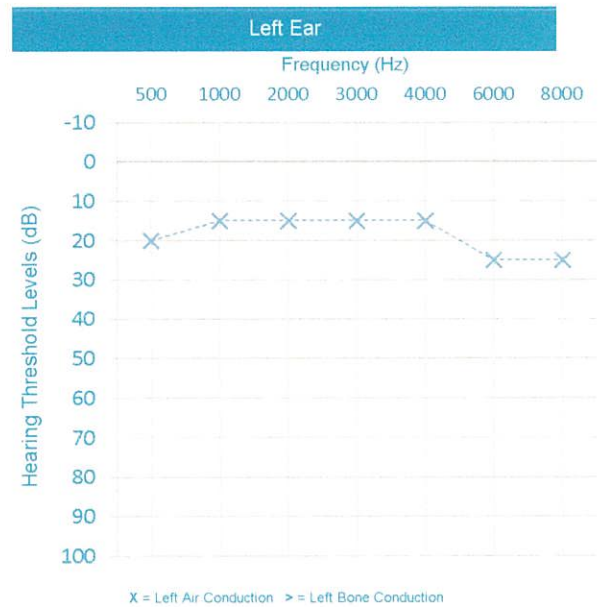
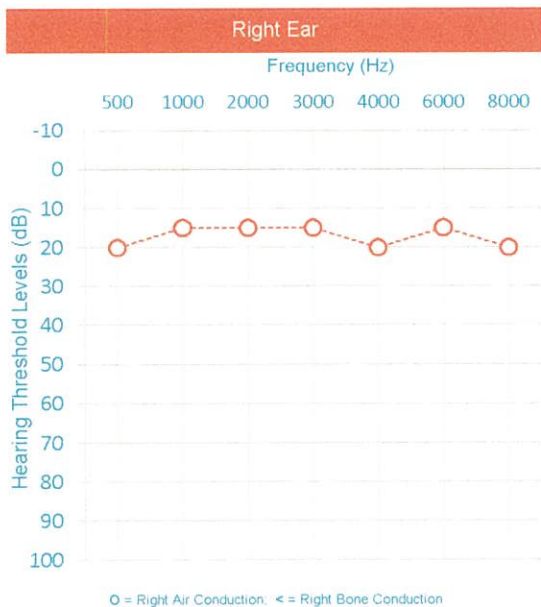
ID Number	4052	Gender	Laki-laki
First Name	DHIAN	Occupation	Lifting Equipment Inspector
Last Name	ARDITAMA	Company	PT. Inspektindo Sinergi Persada
Age	41 Yo.	Test Date	03 Agustus 2021

**Occupational Noise Exposure**

Present	Type of work Lifting Equipment Inspector	Period of work -	Hearing Protection Worn No
Previous 1)	-	-	-
2)	-	-	-
Military Services	<input type="checkbox"/>		

**Test Detail**

Test Location	<input checked="" type="checkbox"/> Sound Booth <input type="checkbox"/> Other	Hours Away from Noise	<input type="checkbox"/> < 14 hours <input type="checkbox"/> 14 - 24 hours <input type="checkbox"/> > 24 hours
Technician	Susi Rindayani A.Md. Kep		


**Right Ear Observation and Test Result**

Canal	Normal							HTL
Ear Drum	Normal							RIGHT
Conduction	Frequency (Hz)							EAR
	500	1000	2000	3000	4000	6000	8000	
	Air	20	15	15	15	20	15	
Bone								0,0

**Left Ear Observation and Test Result**

Canal	Normal							HTL
Ear Drum	Normal							LEFT
Conduction	Frequency (Hz)							EAR
	500	1000	2000	3000	4000	6000	8000	
	Air	20	15	15	15	15	25	
Bone								0,0

**Conclusion / Medical Report**

Right Ear : Fungsi pendengaran dalam batas normal.

Left Ear : Fungsi pendengaran dalam batas normal.

Signature   
 dr. Hendra A.Z.

Instrument used  
 SIBELSOUND 427

Standard  
 OSHA







**Patient Data**

ID Number	<b>4052</b>	Company	<b>PT. Inspektindo Sinergi</b>
Name	<b>DHIAN ARDITAMA, Tn</b>	Occupation	<b>Lifting Equipment Inspector</b>
Gender	Male	Test Date	<b>03 Agustus 2021</b>
DOB / Age	<b>07 Nopember 1979 ' / 42 Yo.</b>	Height (cm)	<b>162</b>
Weight (kg)	<b>78</b>	BMI	<b>29,72</b>

**Pre-exercise Test**

Indication	<b>Medical Check Up</b>		
Pre-exercise BP	<b>120/80</b>	mmHg	
Heart Rate	<b>79</b>	bpm	
Respiration	<b>17</b>	x/mnt	
Resting ECG	<i>reah</i>		

**Exercise Test Summary**

Exercise Time	<b>12:00</b>	mm:ss	End Stage	<b>4</b>	
Max Heart Rate	<b>163</b>	bpm	Target Heart Rate	<b>151</b>	bpm
Max Blood Pressure	<b>130/80</b>	mmHg	Max Heart Rate	<b>107,9</b>	%
Aerobic Capacity	<b>12</b>	METs.	VO2 Max	<b>42,42</b>	ml/kg/min

**Reason Of End**

- Fatigue
- Dyspnoe
- Angina
- Dizziness
- ST- T segment changes
- Maximum HR reach

**ST- T segment changes**

- No changes
- Upsloping
- ST-segment depression 0,5 - 1 mm
- Significant changes (ST-segment depression > 1 mm)

**Abnormal Lead :**

**Classification of Physical Fitness**

- Low
- Fair
- Average
- Good
- High

**Blood Pressure Response**

- Normal Response
- Hipertensive Response

**Functional Classification**

- Clas I
- Clas II
- Clas III

**Conclusion / Medical Report**

*Negative Ischemic response  
fit to work at Remote Area*

**Recommendation :**

Cardiologist Signature *dr. ACHMAD YUSRI, SpJP* Instrument Used  
**SPESIALIS JANTUNG DAN PEMBULUH DARAH** CONTEC 8000S S/N 140203027





03-08-2021 08:41:27

ID : 4052  
Name : Dhian Ardiana  
Age : 41 Years  
Department: PT. Inspektindo

Gender : Male

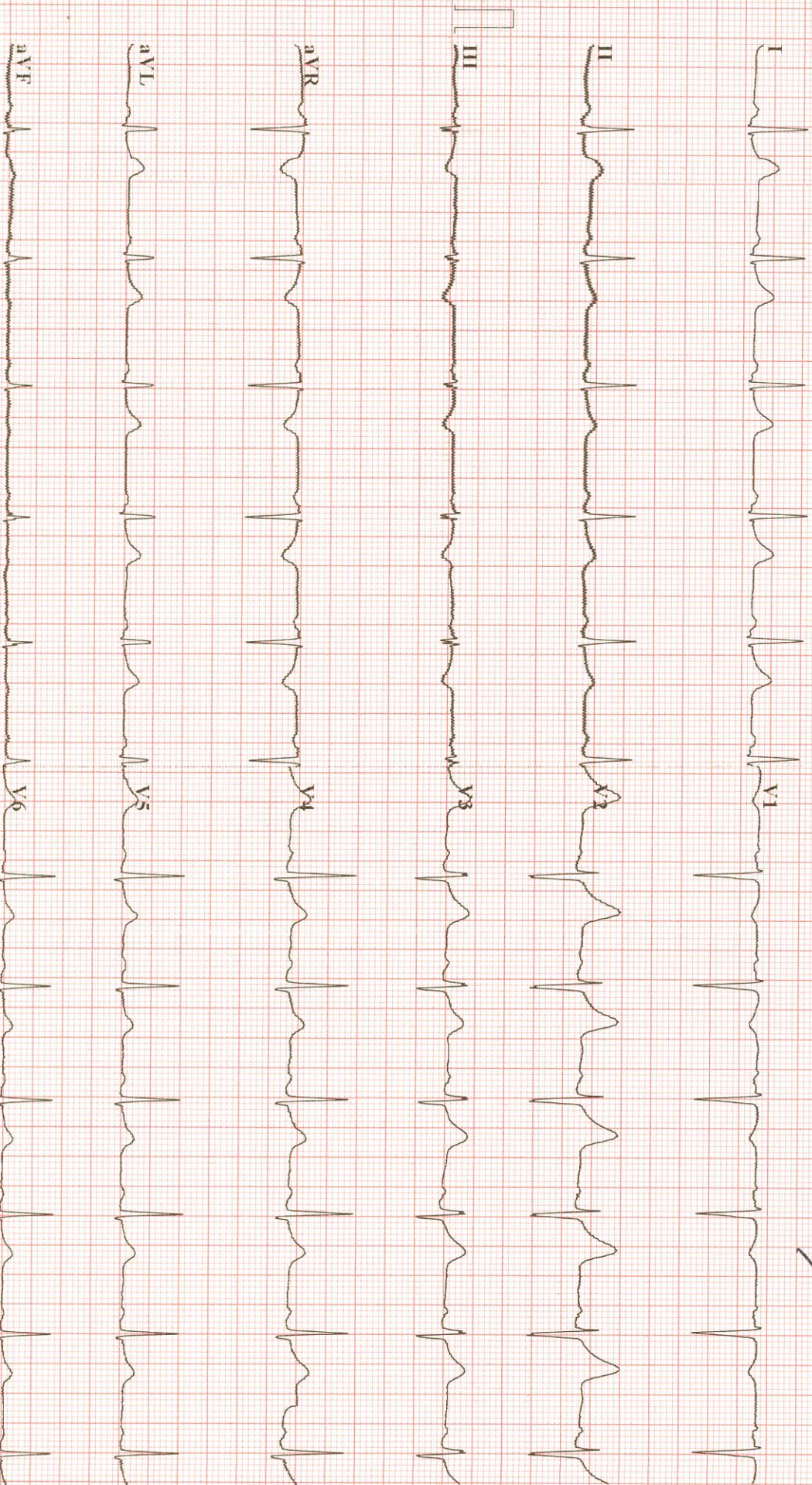
HR	:	71	BPM
P Dur	:	116	ms
PR int	:	157	ms
QRS Dur	:	85	ms
QT/QTc int	:	403/441	ms
P/QRS/T axis	:	22/23/8	°
RV5/SV1 amp	:	1.090/1.103	mV
RV5+SV1 amp	:	2.193	mV
RV6/SV2 amp	:	0.929/0.817	mV

Technician : Rinda A.MdKep  
Report Confirmed by:

Diagnosis Information:  
800: Sinus Rhythm  
\*\*\*Normal ECG\*\*\*

*TSR*

**dr. ACHMAD YUSRI, SpJP**  
SPECIALIS JANTUNG DAN PEMERIKSAH DARAH



0.67~100Hz AC50 25mm/s 10mm/mV 2\*5s SE-12 V1.82 SEMIP V1.5



# Grand Medica Indonesia Stress Exercise Report

ID:4052      Section:      Name:Dhian Ardilama      Sex:Male      Age:42      Exam Time:03-08-2021 09:13

Information

DOB:1979-11-07      Race:Oriental Race      Indications:MCU  
 Height:162.00 cm      Weight:78.00 kg  
 Smoking       Diabetic       History of MI  
 Hypertension       Hyperlipidemia       Family History  
 Address:      Medications:  
 Telephone:

Result

Stage Name	HR(bpm)	BP(mmHg)	Summary	Max Values	ST Segment
PRE-EXE	88	120/80	Protocol Name: BRUCE	HR: 163 bpm	Max Elevation: 0.17 mV 06:40 V3
EXE1	111	----/----	Target HR: 151 bpm	Target HR: 107.9 %	Max Depression: -0.19 mV 08:50 II
EXE2	128	----/----	Exercise Time: 12:00 mm:ss	METS: 13.5 METs	Max Elevation Change: 0.22 mV 07:00 III
EXE3	157	----/----	Max Speed: 6.8 km/h	HR*BP: 16905.0 bpm*mmHg	Max Depression Change: -0.23 mV 08:50 II
EXE4	163	----/----	Max Grade: 16.0 %	SYS: 130.0 mmHg	
REC1	155	130/80	Exeed +/-100uV Leads: I III III aVL aVR aVF V2 V3 V4 V5 V6 DUKE Score: ----	DIA: 80.0 mmHg	

Arrhythmia		Reason for End :		Symptoms:
Total Beats:	1553	Abnormal Beats:	0	
Total V:	0	Total S:	0	
V Pairs:	0	S Pairs:	0	
V Run:	0	S Run:	0	
V bigeminal:	0	S bigeminal:	0	
V trigeminal:	0	S trigeminal:	0	
Total Long:	0			

Conclusions:

*Negative Isometric Response*

Operator:

Reviewing Physician:

**dr. ACHMAD YUSRI, SpJP**  
 SPESIALIS JANTUNG DAN PEMBULUH DARAH



# Grand Medica Indonesia Stress ECG Exercise Report

## Average QRS

ID:4052

Section:

Name:Dhian Ardiana

Sex:Male

Age:42

Exam Time:03-08-2021 09:13

Time:00:20	Time:03:20	Time:06:20	Time:09:20	Time:11:10	Time:11:50
HR:89 bpm BP:120/80 mmHg	HR:112 bpm BP:120/80 mmHg	HR:129 bpm BP:120/80 mmHg	HR:157 bpm BP:120/80 mmHg	HR:162 bpm BP:120/80 mmHg	HR:153 bpm BP:130/80 mmHg
I 0.10	I 0.08	I 0.04	I 0.05	I -0.02	I 0.07
II 17.80	II 24.38	II 15.21	II 38.60	II 28.48	II 44.61
III 0.06	III 0.02	III -0.03	III 40.53	III 38.60	III -0.01
aVR -0.04	aVR -0.06	aVR -0.06	aVR -0.01	aVR -0.01	aVR -0.08
aVL -0.08	aVL -0.05	aVL -0.00	aVL -0.05	aVL 0.02	aVL -0.03
aVF 8.41	aVF 14.85	aVF 2.17	aVF 19.73	aVF 8.01	aVF 23.61
V1 0.01	V1 -0.02	V1 -0.05	V1 0.02	V1 -0.02	V1 -0.05
V2 -0.02	V2 -0.00	V2 0.01	V2 19.73	V2 0.05	V2 0.04
V3 0.11	V3 0.12	V3 0.08	V3 43.77	V3 0.09	V3 0.14
V4 0.09	V4 0.12	V4 0.11	V4 28.66	V4 0.13	V4 0.16
V5 0.08	V5 0.09	V5 0.03	V5 22.49	V5 0.00	V5 0.05
V6 0.05	V6 0.06	V6 0.01	V6 22.62	V6 -0.05	V6 -0.00
16.39	19.45	15.50	41.29	31.90	33.17



# Grand Medica Indonesia Stress Exercise Report

## ECG Strips

ID:4052

Section:

Name:Dhian Ardiana

Sex:Male

Age:42

Exam Time:03-08-2021 09:13

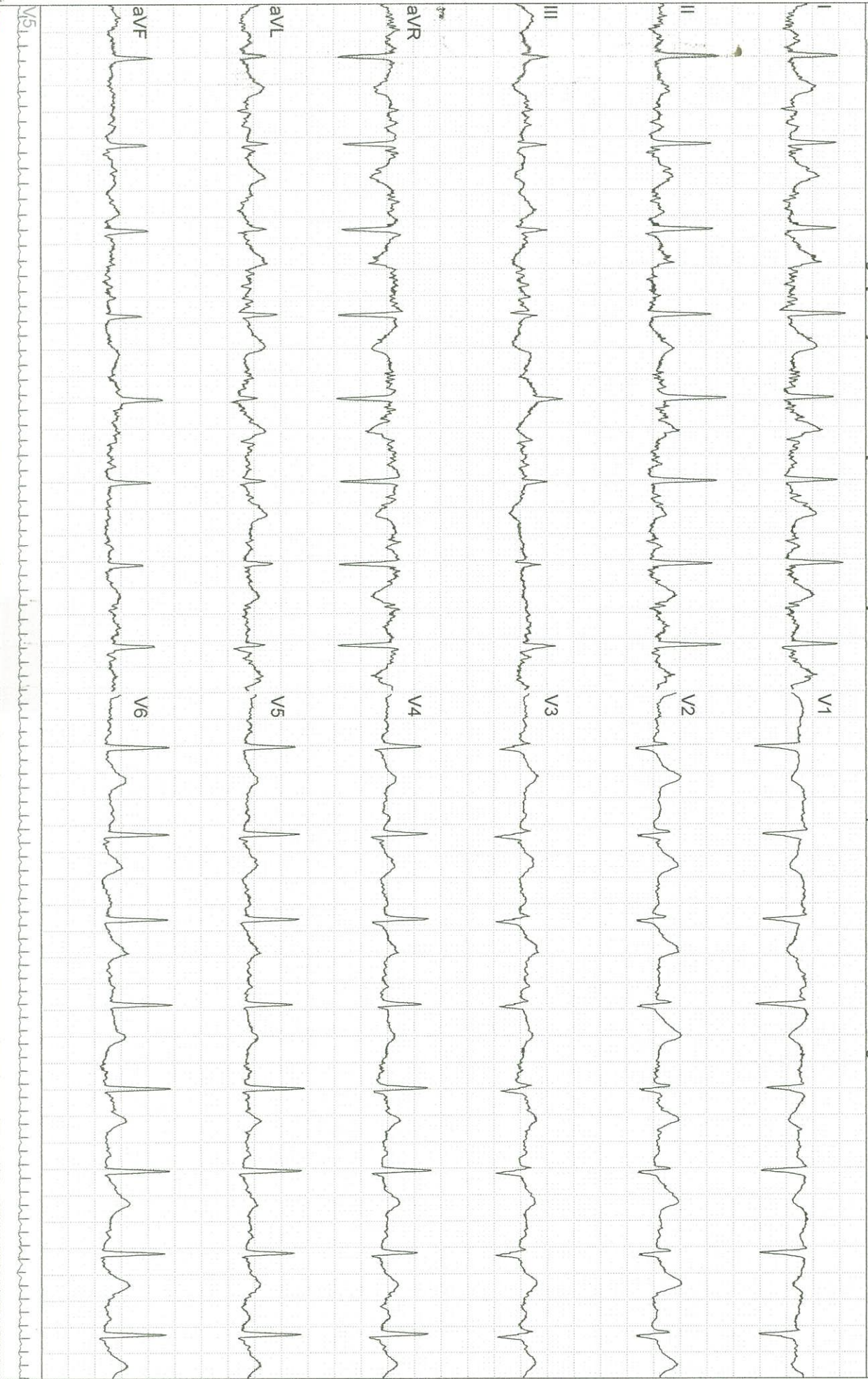
Time:00:30

Stage:[2 / 6] EXE1 00:00 [2.7 Km/h 10.0 %]

HR:94 bpm

BP:120/80 mmHg

10mm/mV 25mm/s





# Grand Medica Indonesia Stress Exercise Report

## ECG Strips

ID:4052

Section:

Name:Dhian Ardiana

Sex:Male

Age:42

Exam Time:03-08-2021 09:13

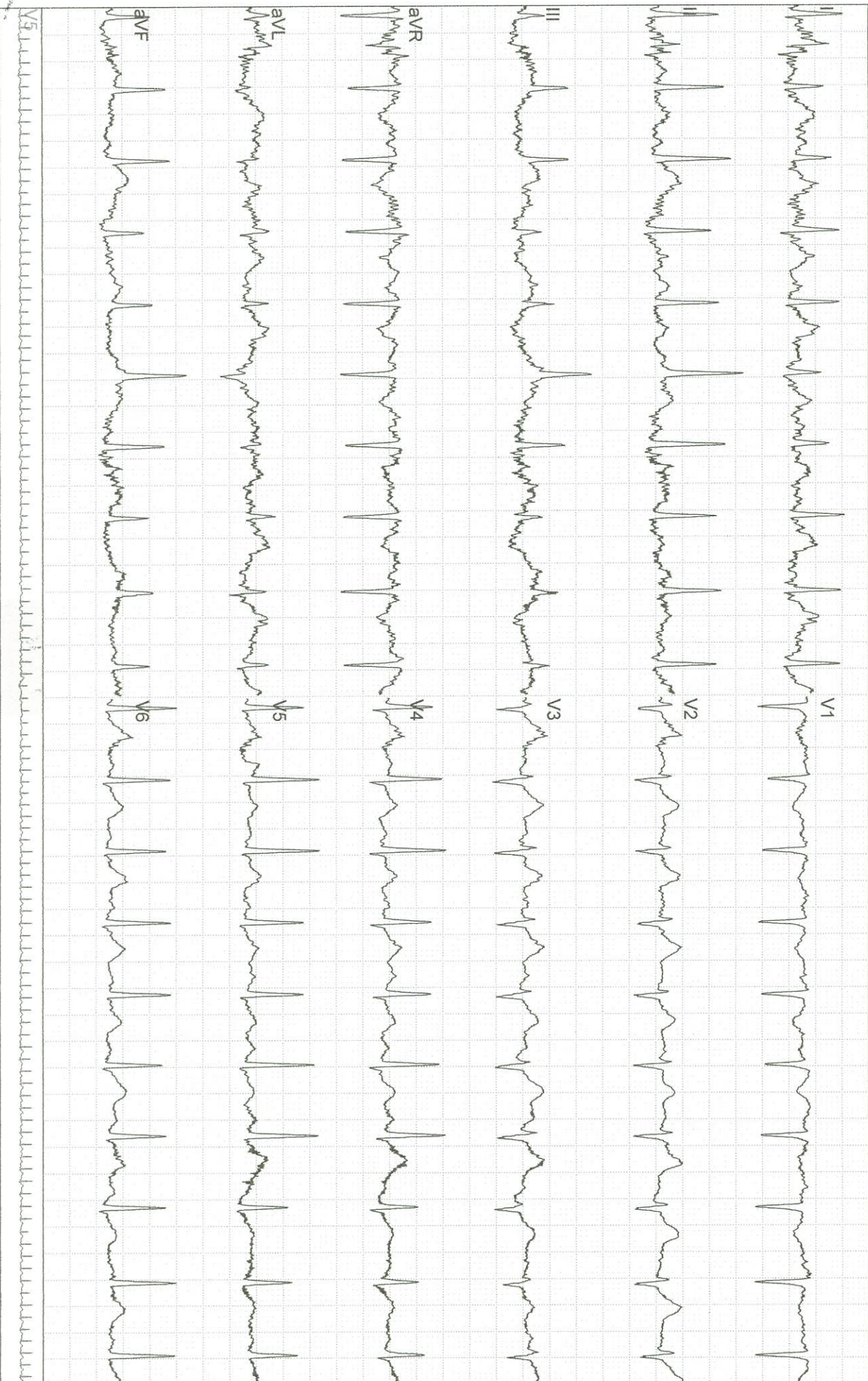
Time:03:20

Stage: [ 2 / 6 ] EXE1 02:50 [ 2.7 Km/h 10.0 % ]

HR:112 bpm

BP:120/80 mmHg

10mm/mV 25mm/s





# Grand Medica Indonesia Stress Exercise Report

## ECG Strips

ID:4052

Section:

Name:Dhian Ardiana

Sex:Male

Age:42

Exam Time:03-08-2021 09:13

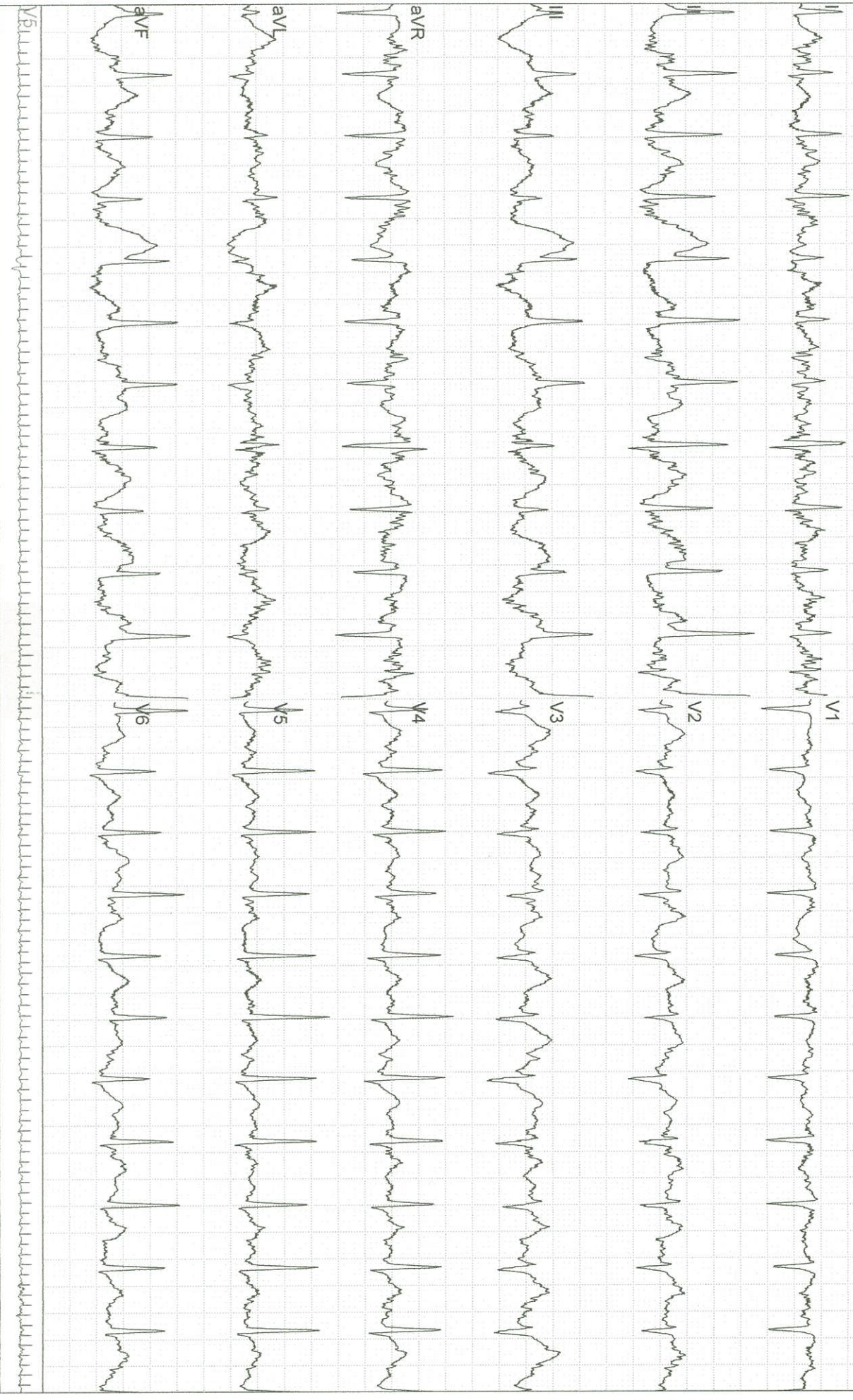
Time:06:26

Stage:[ 3 / 6 ] EXE2 02:56 [ 4.0 Km/h 12.0 % ]

HR:129 bpm

BP:120/80 mmHg

10mm/mV 25mm/s





# Grand Medica Indonesia Stress ECG Exercise Report

## ECG Strips

ID:4052

Section:

Name:Dhian Ardiana

Sex:Male

Age:42

Exam Time:03-08-2021 09:13

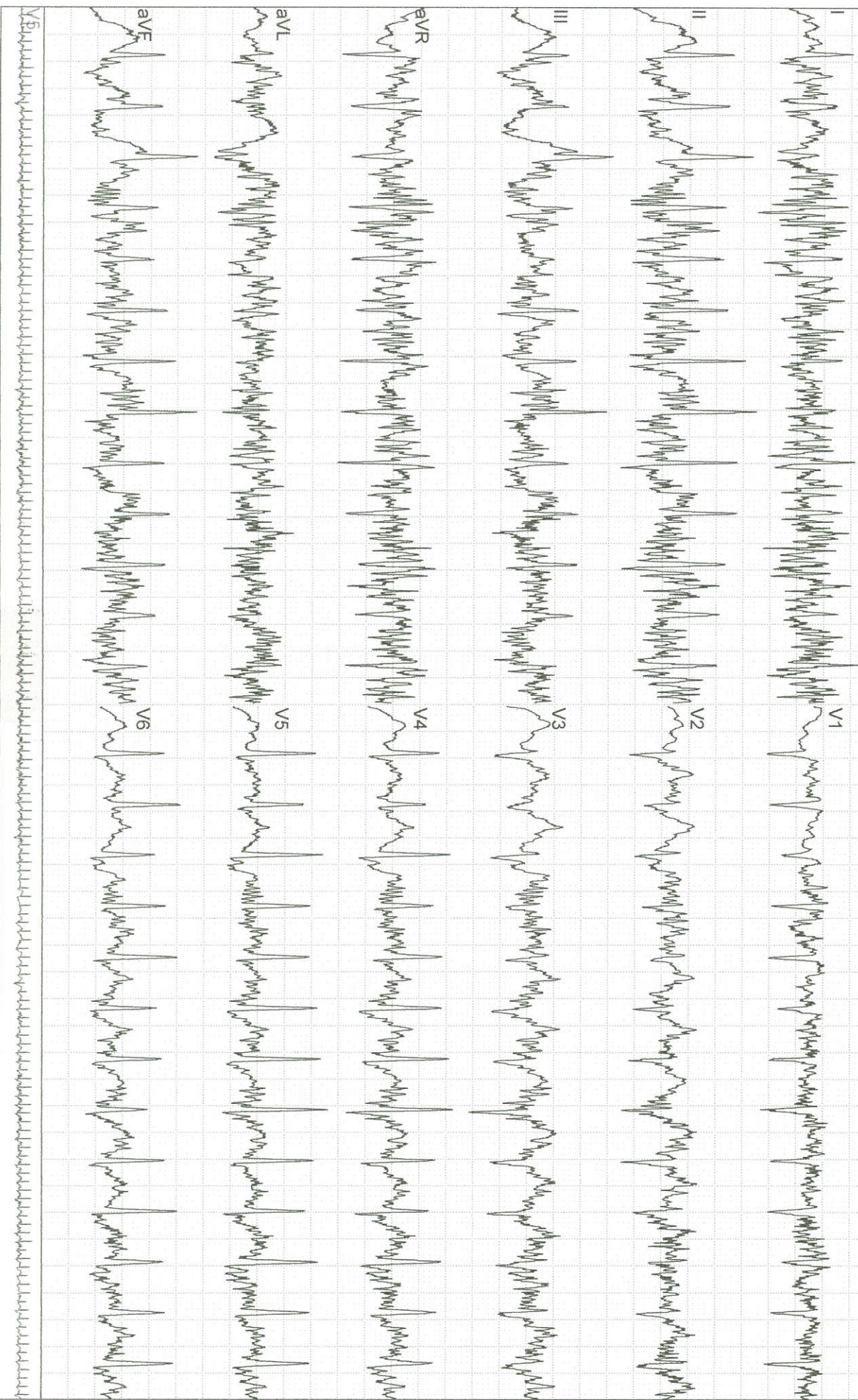
Time:09:16

Stage: [ 4 / 6 ] EXE3 02:46 [ 5.5 Km/h 14.0 % ]

HR:157 bpm

BP:120/80 mmHg

10mm/mV 25mm/s



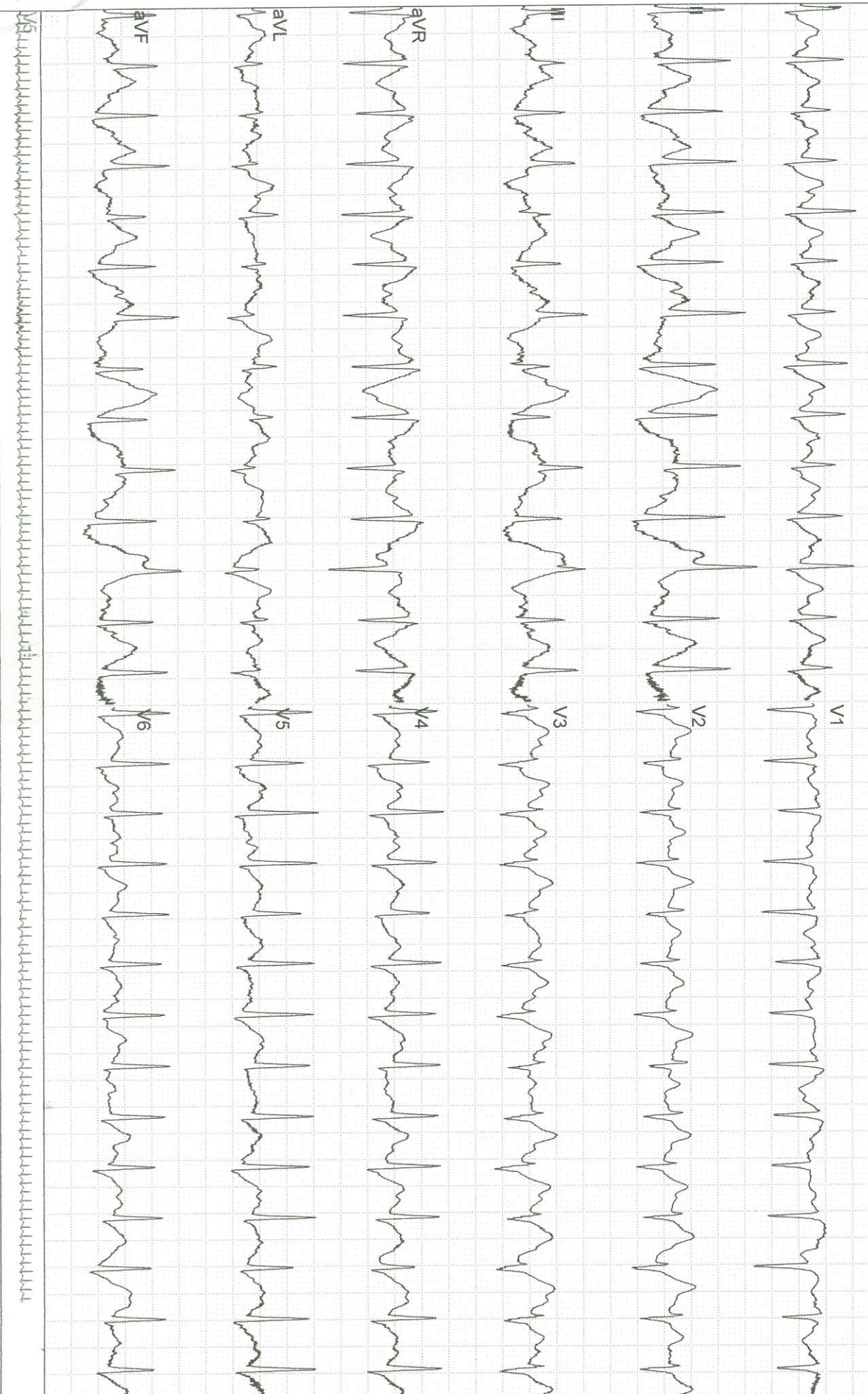


# Grand Medica Indonesia Stress Exercise Report

## ECG Strips

ID:4052      Section:      Name: Dihan Ardiana      Sex: Male      Age: 42      Exam Time: 03-08-2021 09:13

Time: 11:30      Stage: [ 6 / 6 ] Recovery 00:11 [ 0.0 Km/h 0.0 % ]      HR: 157 bpm      BP: 130/80 mmHg      10mm/mV 25mm/s

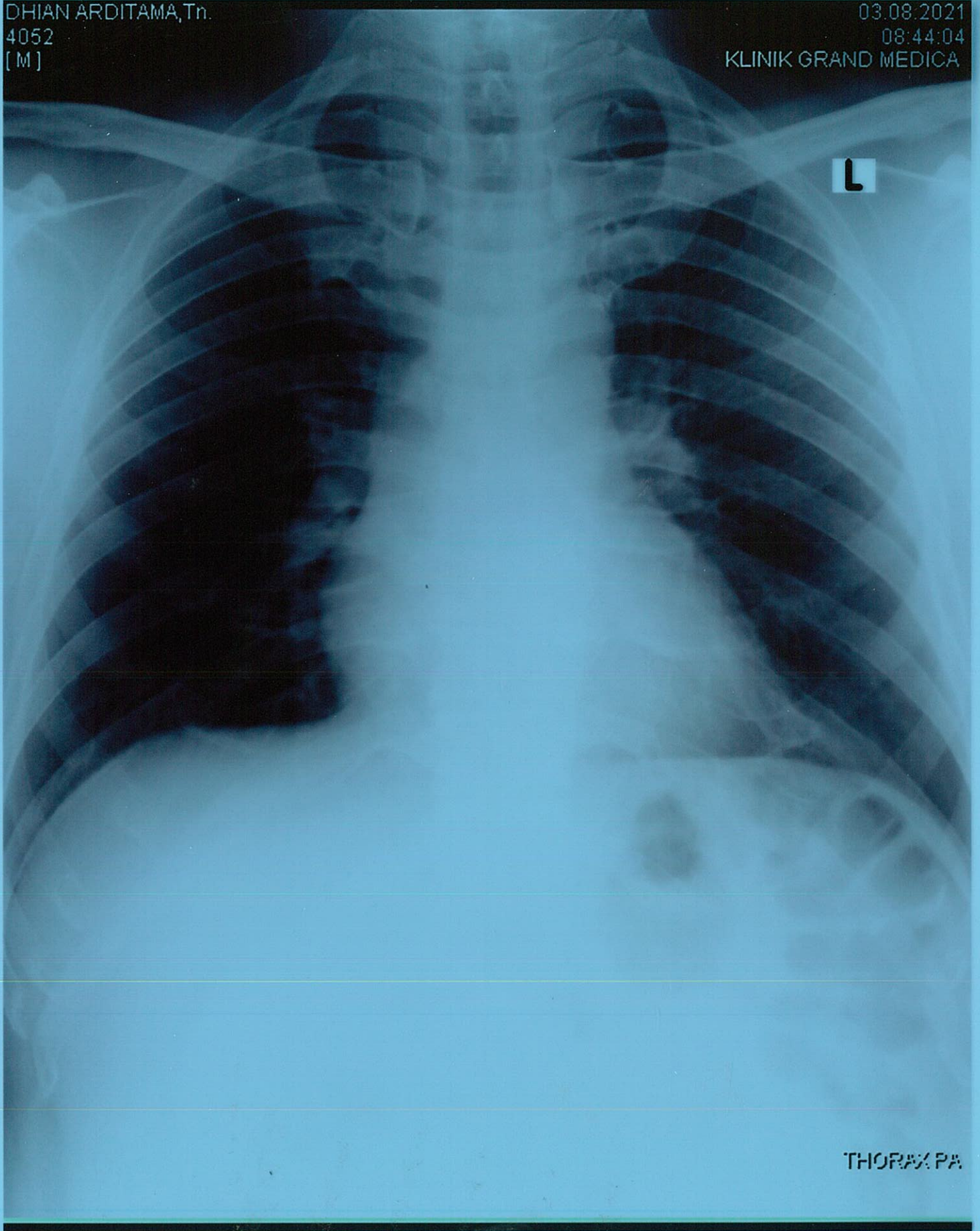




DHIAN ARDITAMA, Tn.  
4052  
[ M ]

03.08.2021  
08:44:04  
KLINIK GRAND MEDICA

L



THORAX PA