


## Medical Screening Questionnaire And Examination Record

Surname: <b>TAMBOK PN</b>		Forenames:		
Address: <b>JAKARTA.</b>		Tel No: <b>0813-644-30-275</b>		
Date of Birth: <b>27 - JULY - 1974</b>				
GP's Name:				
GP's Address:				
Date of Last Offshore Medical:		Offshore Occupation/Job Title :		
Emergency Response Role :				
Social / Occupational History		Yes	No	Comments
(1)	Do you smoke? If so, how many per day?	✓		1 pack
(2)	If an ex-smoker, when did you give up?			
(3)	Average weekly alcohol consumption: state quantity and type.		✓	
(4)	Have you been exposed to any known occupational hazard such as noise, radiation, dusts, asbestos, chemicals or lead?	✓		
(5)	Do you use protective clothing, safety glasses or hearing protection?	✓		
(6)	Have you ever developed any medical condition in connection with your occupation? If so, please give details eg hearing loss/skin condition/wheeze/backache/muscle strain/blood disease?		✓	
(7)	Have you suffered any industrial injury? If so, please give details:		✓	
(8)	Have you ever had any previous audiometric screening? Was this normal? State when and where.		✓	
(9)	Have you ever had any previous lung function screening? Was this normal? State when and where.		✓	
(10)	Have you ever been rejected from employment on medical ground?		✓	
(11)	Have you ever received compensation, or is there any industrial claim pending?		✓	
(12)	Have you ever been medivaced from an offshore installation?		✓	
Examining Physician's comments :				

**Medical Screening Questionnaire And  
 Examination Record (cont'd)**

<b>Do you have, or have you been diagnosed as suffering from any of the following?</b> <i>(Please circle and elaborate)</i>		
Please circle and elaborate		
(1) Chest pain/heart pain	Yes	No ✓
(2) High blood pressure / stroke	Yes	No ✓
(3) Asthma / Epilepsy/Diabetes	Yes	No ✓
(4) Peptic ulcer disease	Yes	No ✓
(5) Kidney disease (eg stones)	Yes	No ✓
(6) Psychiatric disorder (eg anxiety, depression)	Yes	No ✓
(7) Tuberculosis	Yes	No ✓
(8) Cancer	Yes	No ✓
<b>Do any of your immediate family (parents/brothers/sisters) have a history of any of the above conditions? Please specify :</b>		

<b>Do you currently have any of the following?</b>		
(1) Backache/joint or muscular pain	Yes	No ✓
(2) Hernia/rupture	Yes	No ✓
(3) Visual impairment	Yes	No
(4) Perforated eardrum / discharge from ear	Yes	No ✓
(5) Recurrent indigestion	Yes	No ✓
(6) Jaundice/hepatitis/gall bladder disease	Yes	No ✓
(7) Change in bowel habit/diarrhoea	Yes	No ✓
(8) Blood in stools/piles/haemorrhoids	Yes	No ✓
(9) Shortness of breath/coughing up blood	Yes	No ✓
(10) Recurrent bronchitis/pneumonia	Yes	No ✓
(11) Blood in urine/kidney complications/stones	Yes	No ✓
(12) Headaches/migraine/dizziness	Yes	No ✓
<b>Physician's comments :</b>		
<b>I certify that the above information is correct :</b>		
Signed : .....		Tambak PN. [ Employee ]

*\* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008*

**Medical Screening Questionnaire And  
 Examination Record (cont'd)**

**Medical Examination**

*To Be Completed By Examining Physician*

<b>Photographic ID :</b>	Passport number :	
	Driver's license number :	
	Other :	

Height	Weight	BMI	BP	Pulse	FEV <sub>1</sub>	FVC	FEV <sub>1</sub> / FVC	Urinalysis		
								Protein	Blood	Glucose
172cm	79,3 kg	26,8	130/90	90x				trace	Neg	Neg

Vision Distance			Vision Near			Colour		VDU
L	Aided L	Both	L	Aided L	Both	Normal	Abnormal	
20/50			33			✓		
R	Aided R		R	Aided R				
20/50			33			✓		

	Normal	Abnormal	Comments
Audiometric Screening		✓	Decrease of hearing acuity on high freq of left ear
Substance Abuse Screening	✓		
Stool Culture (Catering Crew)			N/A
<b>Further investigations</b>			
Blood tests		✓	Hypertglycaemia, Hyperuricaemia, Gamma GT ↑
Chest X-Ray	✓		
Electrocardiograph (ECG) / Treadmill	✓		
Spirometry			N/A
USG	✓		

\* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

**Medical Screening Questionnaire And  
 Examination Record (cont'd)**

	Normal	Abnormal	Comments
1. Eyes/pupils	✓		NA
2. Ear, nose and throat			
3. Teeth	✓		
4. Lungs/chest	✓		
5. Cardiovascular	✓		
6. Abdomen	✓		
7. Hernial orifices	✓		
8. Genitourinary	✓		
9. Musculoskeletal	✓		
10. Skin	✓		
11. Varicose veins	✓		
12. Neurological	✓		
<b>Physician to comment on any abnormalities :</b>			

Certification	Comment/Reason
Fit for offshore work as per Oil & Gas UK guidelines	✓
Fit for restricted offshore work following discussion with operating company's medical adviser	
Temporarily unfit for offshore work	
Permanently unfit for offshore work	

Physician's signature : 

Print name : **dr. BEZIKHA AMALIA**

Date of examination : **31/01/2018**


  
**SIP. 5418/15/31.74.04.1004/1.779.31e/2018**  
**PT. KARTIKA BINA MEDIKATAMA**

\* Source : Medical Aspects of Fitness for Work Offshore Guidance for Examining Physicians Oil & Gas UK, March 2008

## Unrestricted Offshore Work Certificate

### Medical Certificate of Fitness for Offshore Work

( Issued in accordance with Oil and gas UK Guidelines )

<b>Name :</b>	TAMBOK P NAPITUPULU
<b>Date of Birth :</b>	27 July 1974
<b>Employing Company Name :</b>	INSPEKTINDO SINERGI PERSADA, PT
<b>Occupation :</b>	INSPECTOR
<p>This individual has been examined in accordance          with Oil &amp; Gas UK Guidelines and is  <b>Medical Fit for Unrestricted To The Job Described At Offshore Work</b></p>	
<b>Examining Physician Name :</b>	dr. Frans Denis Martogi
<b>Oil &amp; Gas UK PIN No. :</b>	OGUK/2017/2465
<b>Date of Examination :</b>	31 January 2022
<b>Date of Expiry of Certificate :</b>	31 January 2024
<b>Signed :</b>	

PT. KARTIKA BINA MEDIKATAMA

**PT. KARTIKA BINA MEDIKATAMA**



## TO WHOM IT MAY CONCERN

### *Kepada yang berkepentingan*

This is certify that today Monday, 31 January 2022 Medika Plaza Clinic has performed urine drug screening and/or breath alcohol test to :

Dengan ini menyatakan bahwa, pada hari ini Senin, 31 Januari 2022 Medika Plaza Clinic telah melakukan urine drug screening dan/atau breath alcohol test kepada :

## TAMBOK P NAPITUPULU

With the results are as follows :  
 Dengan hasil sebagai berikut :

<u>Drugs Test</u> <i>Uji Obat</i>	<u>Result</u> <i>Hasil</i>		
<b>URINE DRUGS SCREENING</b>			
- Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Met-Amphetamine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Cocain	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- THC/Canabis/Marijuana	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Morphine/Opiates	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- P C P/Phencyclidine	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Barbiturate	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Benzodiazepin	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Methadone	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A
- Propoxyphene	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- Oxycodone	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- MDMA	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
- 6-MAM	<input type="checkbox"/> Non-Negative	<input type="checkbox"/> Negative	<input checked="" type="checkbox"/> N/A
<b>BREATH ALCOHOL TEST</b>			
- Alcohol	<input type="checkbox"/> Non-Negative	<input checked="" type="checkbox"/> Negative	<input type="checkbox"/> N/A

Jakarta, January 31, 2022

  
 ( dr. Petty Atmadja, Sp.PK )

Clinical Patologist

**PT. KARTIKA BINA MEDIKATAMA**

# **HEALTH ASSESSMENT REPORT**

*Of*

**TAMBOK P NAPITUPULU**

**01022516**

**Monday, 31 January 2022**

## **MP BELTWAY CLINIC**

Beltway Office Park, Annex Building, Ground Floor

Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550

Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098

[www.medikaplaza.com](http://www.medikaplaza.com)

## MP BELTWAY CLINIC

Beltway Office Park, Annex Building, Ground Floor  
Jl. TB. Simatupang Kav.41, Jakarta Selatan 12550  
Tlp : (62-21) 808 66 099, Fax : (62-21) 808 66 098  
www.medikapla.com

### PATIENT DATA

MedRec.	: 01022516	EMPLOY. STATUS	: Employee
NAME	: TAMBOK P NAPITUPULU	BIRTHDATE	: 27 July 1974
EMPLOYEE No.	: -	SEX	: Male
JOB TITLE	: INSPECTOR	STATUS	: Married
COMP. NAME	: INSPEKTINDO SINERGI PERSADA, PT	NASIONALITY	: Indonesia

### SUMMARY

#### MEDICAL FINDING :

1. Hypertriglyceridemia
2. Hyperuricemia
3. Increase Gamma GT level
4. Proteinuria (trace)
5. Decreasing of visual acuity of both eyes
6. Decreasing of hearing acuity on high frequency of left ear
7. Overweight
8. Prehypertension

#### PERCEPTIONS OF EXPOSURE BY WORKERS :

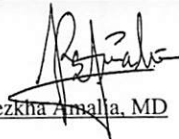
- Noise (Ear Plug (+))
- Working around rotating machinery (8 years)
- Involving height (Harness (+))
- Stand continuously over 4 hours
- Unergonomic body positions (Awkward position, repetitive movement)

Your fitness status is fit for unrestricted to the job described at offshore work

#### SUGGESTION :

1. Low fat and carbohydrate diet, exercise regularly minimal 3 times a week
2. Low purine diet such as meats including organ meats, alcoholic beverages, beans, shrimp, scallops, some vegetables in limited amount such as: spinach, cauliflower, asparagus and mushroom
3. Take enough rest minimal 8 hours/day. Repeat Gamma GT level examination 1 month later and consult to an Internist if still increase
4. Drink more water at least 2lt/day (8-10 glasses/day). Repeat urinalysis after 2 weeks
5. You need to wear the glasses for both vision
6. Avoid noisy environment and use earplug properly while working at noisy work environment to prevent further hearing impairment
7. Reduce body weight gradually 0.5 Kgs/week, by doing regular exercise (aerobic/jogging), 3-4x/week, 30-45 minutes and reduce high calorie diet until maximal body weight is 73.96 Kgs (present body weight is 79.3 Kgs). Consultation with a Nutritionist for evaluation of overweight
8. Low salt diet and monitor your blood pressure regularly minimal once in two weeks. Consultation with a Cardiologist, if your blood pressure tends to increase

#### Responsible Doctor



Rezkha Amalia, MD

#### Notes:

If you need the further information or consultation, please contact us via :

Email : - enjelita@medikapla.com  
- Rezkha.Amalia@medikapla.com  
- Puteri.Melati@medikapla.com

Telepon Klinik : (62-21) 8086 6099

PRIVATE

Printed by : nurhasanah



**CLINICAL EVALUATION**

Name : TAMBOK P NAPITUPULU

Sex : Male

MR : 01022516

Visit : 31/01/2022

Comp.: INSPEKTINDO SINERGI PERSADA, PT

DOB : 27 July 1974

**EXAMINATION****RESULT****NOTES****ANAMNESA****PRESENT COMPLAINT AND HISTORY OF PRESENT****ILLNESS**

Present complaint

No complaint

**MEDICAL HISTORY**

Alergy No

Imunisasi Yes

Surgery No

Hospitalization No

Disease No

**LIFE STYLE**

Alcohol intake No

Smoking Yes Mild Smoker

Exercise No

**FAMILY MEDICAL HISTORY**

Diabetes Melitus No

Hypertension No

Heart disease No

Lung TB No

Kidney disease No

Astma No

Mental disease No

Epilepsy No

Cancer No

Color blind No

Stroke No

Liver disease No

Bone &amp; joint No

Others disease No

**WORK EXPOSURE**

Noise Yes Ear Plug (+)

Heat Stress No

Cold Stress No

Vibration No

Involving height Yes Harness (+)

Radiation No

Dust No

## CLINICAL EVALUATION

Name : TAMBOK P NAPITUPULU	Sex : Male	MR : 01022516	Visit : 31/01/2022
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Comp. : INSPEKTINDO SINERGI PERSADA, PT	DOB : 27 July 1974
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EXAMINATION	RESULT	NOTES
Toxic chemical	No	
Iritating fluid	No	
Smoke	No	
Bacterium/Virus/Parasite	No	
Blood	No	
Animal	No	
Operating heavy mobile equipment	No	
Manual Handling	No	
Sitting continuously over 4 hours	No	
Stand continuously over 4 hours	Yes	
Using monitor screen more than 4 hours per day	No	
Exposure	No	
Unergonomic body positions	Yes	Awkward position, repetitive movement
Shift work	No	
Work is not accordance with skills and knowledge	No	
Workload does not accordance with time	No	
Work conflict	No	
Inappropriate task	No	
Career barriers	No	
Family conflict	No	
Working arround rotating machinery	Yes	8 years
Administration work	No	
Handling food product	No	
Others	No	
<b>PHYSICAL EXAMINATION</b>		
General Appearance	Good	
Body shape	Picnicus	
<b>VITAL SIGN</b>		
Body Weight	79.3 Kg	
Body Height	172 Cm	
BMI	26.8 Kg/m <sup>2</sup>	
Normal Weight	54.73 - 73.96 Kg	
BMI Conclusion	Overweight	
Blood Pressure	130/80 mmHg	
Pulse	98 x/minute	
Body Temperature	36.1 °C	
RR	21	

**CLINICAL EVALUATION**

Name : TAMBOK P NAPITUPULU

Sex : Male

MR : 01022516

Visit : 31/01/2022

Comp. : INSPEKTINDO SINERGI PERSADA, PT

DOB : 27 July 1974

EXAMINATION	RESULT	NOTES
Neck Circumference	40 Cm	
Arm Circumference	35 Cm	
Chest size	93 Cm	
Abdominal Circumference	93 Cm	
<b>SKIN</b>		
Skin	Normal	
<b>EYE</b>		
Left	Normal	
Right	Normal	
<b>ENT</b>		
Auricle	Normal	
Ear canal	Normal	
Drums	Normal	
Septum/Conchae	Not Examined	
Sinuses	Not Examined	
Pharynx	Not Examined	
Tonsil	Not Examined	
<b>MOUTH</b>		
Gum	Normal	
Dental	Normal	
<b>NECK</b>		
General	Normal	
Thyroid Gland	Normal	
<b>CHEST</b>		
Form	Normal	
Lung	Normal	
Heart	Normal	
Breast	Normal	
<b>ABDOMEN</b>		
Form	Flat	
Palpation	Supple	
Liver	Not Palpable	
Spleen	Not Palpable	
Kidney	No Ballotment	
Nyeri Ketok (CVA)	No	
Hernia inguinal	No	
<b>EXTRIMITIES</b>		

**CLINICAL EVALUATION**

Name : TAMBOK P NAPITUPULU

Sex : Male

MR : 01022516

Visit : 31/01/2022

Comp.: INSPEKTINDO SINERGI PERSADA, PT

DOB : 27 July 1974

EXAMINATION	RESULT	NOTES
Bones, joint	Normal	
Muscles, tonus	Normal	
Fingernails	Normal	
Hand	Normal	
Foot	Normal	
<b>RECTAL EXAMINATION</b>		
Hemorrhoid	Negative	
Rectum	Normal	
<b>SENSORIK EXAMINATION</b>		
Tes Raba	Normal	
<b>MOTORIK EXAMINATION</b>		
Tes Grip	Normal	
<b>REFLEX EXAMINATION</b>		
Physiologic reflex	Normal	
Patologic reflex	Normal	
<b>OTHERS EXAMINATION</b>		
Coordination	Normal	
<b>LYMPHE SYSTEM</b>		
Submandibula	Normal	
Neck Gland	Normal	
Armpit gland	Normal	
Inguinal	Normal	
<b>MUSKULOSKLETAL EXAMINATION</b>		
Lhermitte Test	Negative	
Spurling Test	Negative	
Neers Test	Negative	
Yergason Test	Negative	
Phalen Test	Negative	
Tinel Test	Negative	
Finkelstein Test	Negative	
Straight Leg Raise Test	Negative	

## OPHTHALMOLOGY DIAGNOSTIC

Name : TAMBOK P NAPITUPULU	Sex : Male	MR : 01022516	Visit : 31/01/2022
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Comp. : INSPEKTINDO SINERGI PERSADA, PT	DOB : 27 July 1974
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EXAMINATION		Right	Left
Reading		-	
Previous Glasses		-	-
Without Glasses	Distant	20/30	20/30
	Near	J3	J3
Correction	Distant	S-0.75 20/20	S-0.75 20/20
	Near	S+1.75 J1	S+1.75 J1
Depth Perception		-	
Tonometry		20.0 mmHg	19.0 mmHg
Funduscopy		NORMAL	NORMAL
Visual Fields		Normal	
Colour Blind Test		Normal	

Impression : Myopia simplex ODS  
Presbyopia

**RADIOLOGY DIAGNOSTIC**

Name : TAMBOK P NAPITUPULU

Sex : Male

MR : 01022516

Visit : 31/01/2022

Comp. : INSPEKTINDO SINERGI PERSADA, PT

DOB : 27 July 1974

**EXAMINATION****RESULT**

THORAX PA

No abnormality seen in both lungs.  
Normal bronchovascular markings in both hili.  
The heart is normal in size and shape.  
The mediastinum is not widened.  
Both sinus and diaphragms are good.  
No evidence of pleural effusion.

Impression

Normal heart and lungs.



## RADIOLOGY DIAGNOSTIC

Name : TAMBOK P NAPITUPULU	Sex : Male	MR : 01022516	Visit : 31/01/2022
Comp. : INSPEKTINDO SINERGI PERSADA, PT	DOB : 27 July 1974		

EXAMINATION	RESULT
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USG ABDOMEN	<p><b>LIVER:</b> Normal in size and contour, smooth surface, echoes structure parenchyme which are homogenous. No sign of SOL. Intrahepatic vascularity and billiary tract are normal.</p> <p><b>GALL BLADDER:</b> Normal in size, contour and surface. No sign of SOL/ sludge/ stone.</p> <p><b>BOTH KIDNEYS:</b> Normal in size, contour and surface. No sign of obstruction/ stone/ SOL.</p> <p><b>PANCREAS:</b> Normal in size, contour and surface. No sign of SOL.</p> <p><b>LIEN:</b> Normal in size and contour, the echoes are homogenous. No sign of SOL.</p> <p><b>URINARY BLADDER:</b> Normal in contour and surface. No sign of stone/ SOL.</p> <p><b>PROSTATE AND VESICULA SEMINALIS:</b> Normal in size and contour which are homogenous echoes and no sign of focal lesion/ SOL.</p>
Impression	Normal Sonography.

## LABORATORY RESULT

Name : TAMBOK P NAPITUPULU	MR : 01022516	Visit : 31/01/2022	#Lab : IN770131184003
Comp.: INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 27 July 1974	

### EXAMINATION

### RESULT

### NORMAL RANGE

## HEMATOLOGI

ABO/Rh Typing

"B" Rh(+) positive

### Automated Blood Count

White Blood Cell (WBC)	7.4	3.8 - 11.0
Erythrocyte (RBC)	4.6	4.4 - 5.9
Haemoglobin	14.8	13.2 - 17.3
Hematocrit	42	40 - 52
Thrombocytes	256	150 - 440

### MCV, MCH, MCHC

MCV	92	80 - 100
MCH	32	26 - 34
MCHC	35.0	32 - 36
ESR	25 *	0 - 10

### Differential Count

Basophils	0	0 - 1
Eosinophil	3	2 - 4
Bands / Stab	5	3 - 5
Neutrophils	48 *	50 - 70
Lymphocytes	36	25 - 40
Monocytes	8	2 - 8

## BLD CHEMISTRY/LIPID PROFILE

Total Cholesterol	163	Normal/Desireable: <200 Borderline High: 200-239 High: >=240
HDL Cholesterol	34.1 *	Normal : >40 - <60 Low HDL : <40 Desireable : >=60
LDL Cholesterol	90	Optimal: <100 Near/Above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: >=190
Triglycerides	193 *	Normal : <150 Borderline High: 150-199 High : 200-499 Very High : >=500

## BLD CHEMISTRY/KIDNEY FUNCTION

**LABORATORY RESULT**

Name : TAMBOK P NAPITUPULU	MR : 01022516	Visit : 31/01/2022	#Lab : IN770131184003
Comp. : INSPEKTINDO SINERGI PERSADA, PT	Sex : Male	DOB : 27 July 1974	

EXAMINATION	RESULT	NORMAL RANGE
Ureum	26.7	10.0 - 50.0
Creatinine	1.12	0.60 - 1.30
Uric Acid	7.35 *	3.50 - 7.20

**BLD CHEMISTRY/LIVER FUNCTION**

Total Bilirubin	0.70	0.1 - 1.0
Direct Bilirubin	0.04	0.0 - 0.2
Indirect Bilirubin	0.66	0.0 - 0.8
SGOT(AST)	26	13 - 45
SGPT (ALT)	37	13 - 50
Alkaline Phosphatase	90	30 - 120
Gamma GT	88 *	0 - 50
Albumin	4.4	3.5 - 5.5
Globulin	3.00	2.3 - 3.5
Total Protein	7.4	6.6 - 8.7

**BLD CHEMISTRY/DIABETES**

Glucose Fasting	91	< 100
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**Blood Glucose 2 PP**

Blood Sugar 2 Hours PP	94	< 140
Glucose Urine	Negative	Negative
Keton Urine	Negative	Negative

**SEROLOGI / IMUNOLOGI**

HBsAg (Quantitative)	0.00	0.00 - 0.03
Anti Hbs (Quantitative)	11.2	>= 5.0

**TOXICOLOGY - DRUGS SCREENING**

Methadone	Negative	Negative
Phencyclidine	Negative	Negative
THC/Marijuana	Negative	Negative
Amphetamine	Negative	Negative
Benzodiazepines	Negative	Negative
Opiat	Negative	Negative
Cocain	Negative	Negative
Metamphetamine	Negative	Negative
Alcohol	Negative	Negative

**URINALYSIS****Complete Urine Analysis**

## LABORATORY RESULT

Name : TAMBOK P NAPITUPULU      MR : 01022516      Visit : 31/01/2022      #Lab : IN770131184003

Comp. : INSPEKTINDO SINERGI PERSADA, PT      Sex : Male      DOB : 27 July 1974

EXAMINATION	RESULT	NORMAL RANGE
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### Macroscopic

Color	Yellow	
Turbidity	Clear	Clear
Specific Gravity	1.022	1.000 - 1.030
pH	5.0	4.5 - 8.0
Leucocyte	Negative	Negative
Glucose	Negative	Negative
Nitrit	Negative	Negative
Bilirubin	Negative	Negative
Blood	Negative	Negative
Urobilinogen	Normal	Normal
Protein	Trace	Negative
Keton	Negative	Negative

### Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 4
Cylinder	Negative	
Epithels Squamous	0-3	5 - 15
Crystals	Negative	
Bacteria	Negative	Negative
Others	Negative	

## STOOL / RECTAL SWAP

### Faeces Complete

#### Macroscopic

Color	Brown	
Consistency	Smooth	
Mucus	Negative	Negative
Blood	Negative	Negative
Pus	Negative	Negative
Parasit	Negative	Negative
Lipid	Negative	Negative

#### Microscopic

RBC	0-1	0 - 1
WBC	0-1	0 - 5
Amoeba	Negative	
Ephitels	Positive	Positive
Worm Eggs	Negative	Negative

## LABORATORY RESULT

Name : TAMBOK P NAPITUPULU      MR : 01022516      Visit : 31/01/2022      #Lab : IN770131184003

Comp. : INSPEKTINDO SINERGI PERSADA, PT      Sex : Male      DOB : 27 July 1974

EXAMINATION	RESULT	NORMAL RANGE
Yeast	Negative	Negative
Muscle Fiber	Negative	Negative
Others	Negative	Negative
<b>Digestive</b>		
Amylum	Negative	Negative
Fat	Negative	
Fibers	Positive	Positive

# AUDIOMETRY DIAGNOSTIC

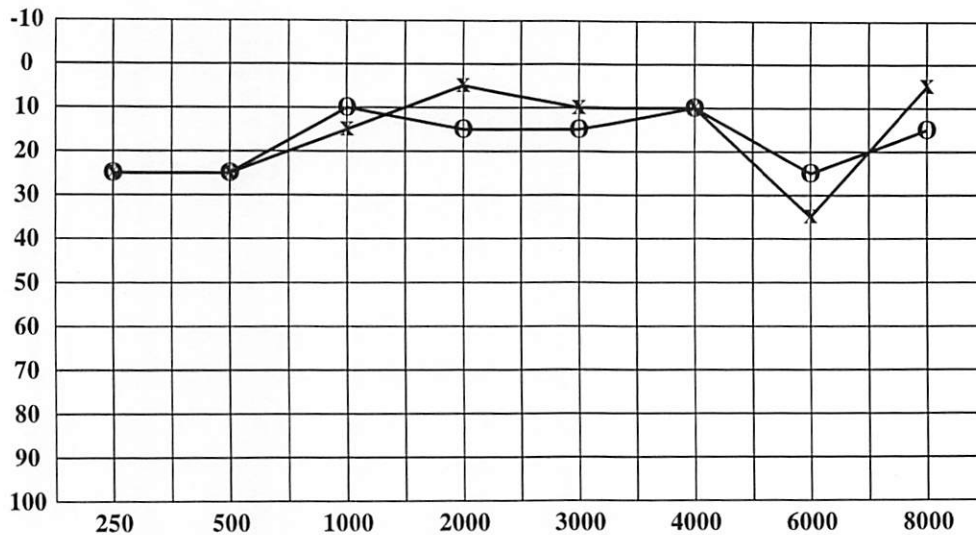
Name : TAMBOK P NAPITUPULU      Sex : Male      MR : 01022516      Visit : 31/01/2022

Comp. : INSPEKTINDO SINERGI PERSADA, PT      DOB : 27 July 1974

## RESULT

Left Ear	250	500	1000	2000	3000	4000	6000	8000
AC	25	25	15	5	10	10	35	5
BC	-	-	-	-	-	-	-	-

Right Ear	250	500	1000	2000	3000	4000	6000	8000
AC	25	25	10	15	15	10	25	15
BC	-	-	-	-	-	-	-	-



< : Right Ear (BC)

> : Left Ear (BC)

O : Right Ear (AC)

X : Left Ear (AC)

Conclusion Right Ear : Hearing threshold = 15 dB  
(Within normal limit)

Conclusion Left Ear : Hearing threshold = 13.75 dB  
(Within normal limit)  
With decreasing on frequency 6000Hz



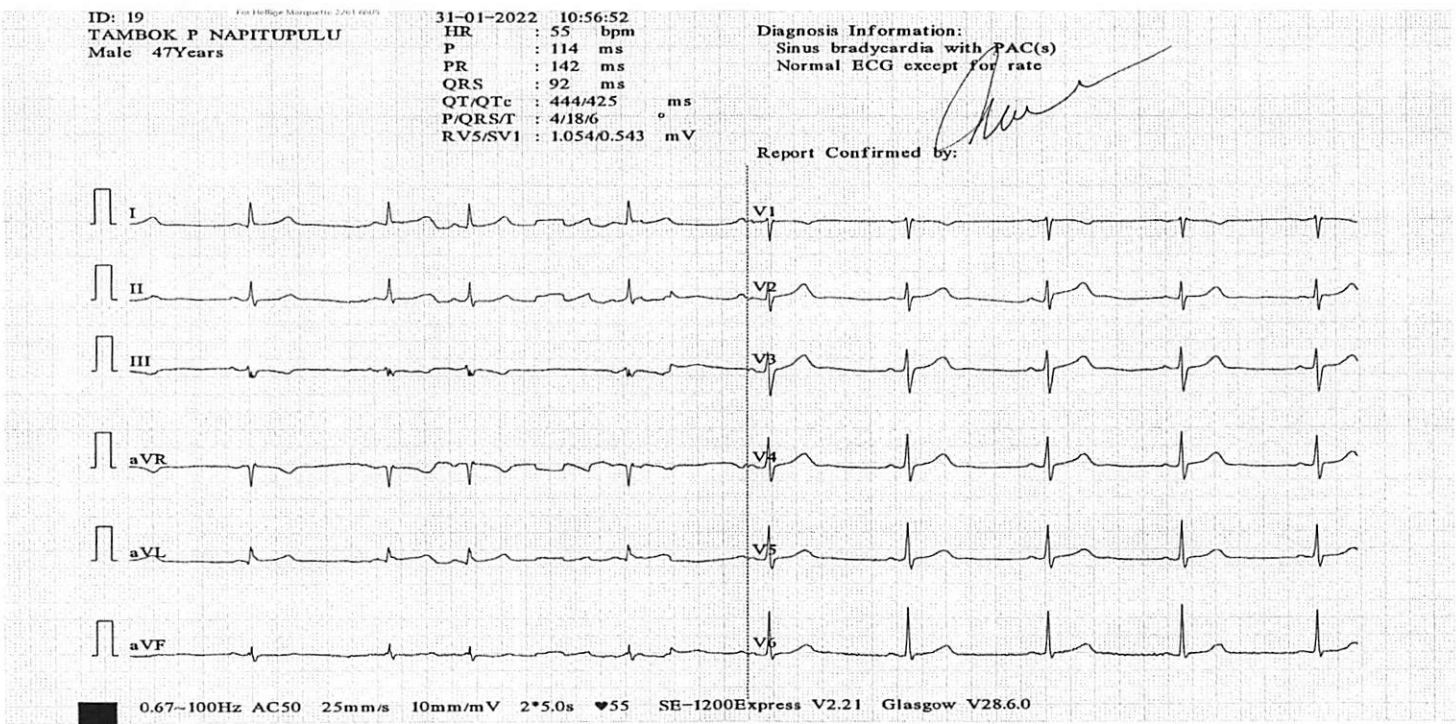
# CARDIOLOGY DIAGNOSTIC

Name : TAMBOK P NAPITUPULU	Sex : Male	MR : 01022516	Visit : 31/01/2022
----------------------------	------------	---------------	--------------------

Comp. : INSPEKTINDO SINERGI PERSADA, PT	DOB : 27 July 1974
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EXAMINATION	RESULT	Comments :
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ELECTROCARDIOGRAPHY	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Normal ECG
TREADMILL	Sinus Rythm axis ( N ), P wave ( N ), PR int 0.16" ST - T segment ( N ), aritmia (-)	Treadmill Exercise Test : Negative Cardiopulmonary Fitness Classification : Good METs : 13.4





# TAMBOK P NAPITUPULU, MR

ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

**Patient info**

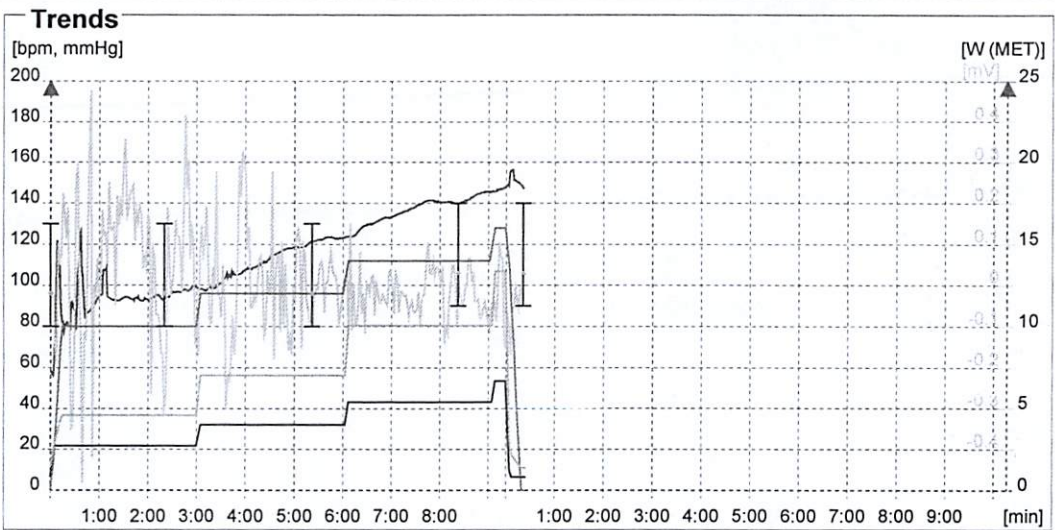
Born: 7/27/1974  
 Age: 47  
 Sex: Male  
 Weight: 79 kg  
 Height: 172 cm  
 Smoker:  
 Pacemaker:

**Medical history**

**Medications**

**Reason for admission**

**Reason for Stop**



**Conclusion**

*[Handwritten signature]*

*[Handwritten signature]*

PT. KARTIKA BINA MEDIKATAMA

**Staff**

Physician: user  
 Technician:

**Test info**

Test date: 1/31/2022  
 Test time: 10:08 AM

Stress device: BTL Treadmill  
 Protocol: Bruce

Total duration: 09:21  
 Stress achieved: 6.7km/h 16.0% (~13.4MET) = 127% predicted (~11.0MET) - for 18 sec

HR rest: 60  
 HR peak: 147 = 85% predicted (172) --- 09:22 Exercise (13.4MET)

Handgrip test: ---  
 BP rest: 130/80  
 BP peak: 140/90 --- 09:22 Exercise (13.4MET)  
 BP recovery: 140/90

DP rest: 7800  
 DP peak: 19535 = 2.5x DP at rest

ST depression max: III -1.54mV 01:45 Exercise 4.6MET  
 ST elevation max: aVL 1.49mV 01:45 Exercise 4.6MET  
 ST/HR index: 4.4  $\mu$ V/bpm (abnormal)



TAMBOK P NAPITUPULU, MR

ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

Time: P 00:07 - Reference

Load: 1.4MET, HR: 60bpm, BP: 130/80



Filter: 0.07 Spline - 90 Adapt, -50 [Hz]

25.00 mm/sec 10.0 mm/mV



**TAMBOK P NAPITUPULU, MR**

ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

Time: E 02:56 - E1

Load: 4.6MET, HR: 99bpm, BP: 130/80



Filter: 0.07 Spline - 90 Adapt, -50 [Hz]

25.00 mm/sec 10.0 mm/mV



**TAMBOK P NAPITUPULU, MR**

ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

Time: E 05:58 - E2

Load: 7.0MET, HR: 123bpm, BP: 130/80



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV





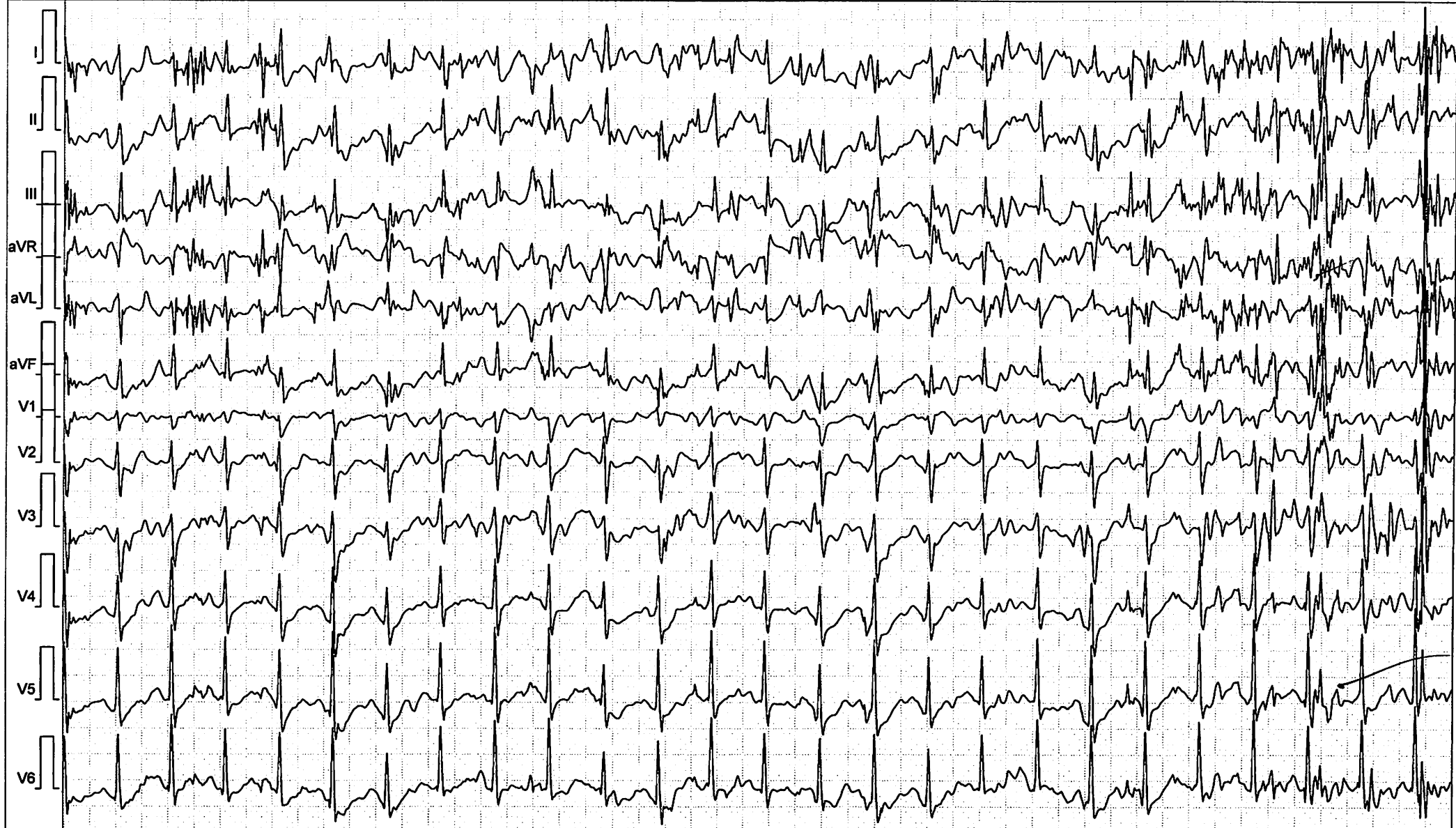
**TAMBOK P NAPITUPULU, MR**

ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

Time: E 08:59 - E3

Load: 10.1MET, HR: 146bpm, BP: 140/90



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV





**TAMBOK P NAPITUPULU, MR**

ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

Time: E 09:17 - Peak

Load: 13.4MET, HR: 148bpm, BP: -



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

25.00 mm/sec 10.0 mm/mV



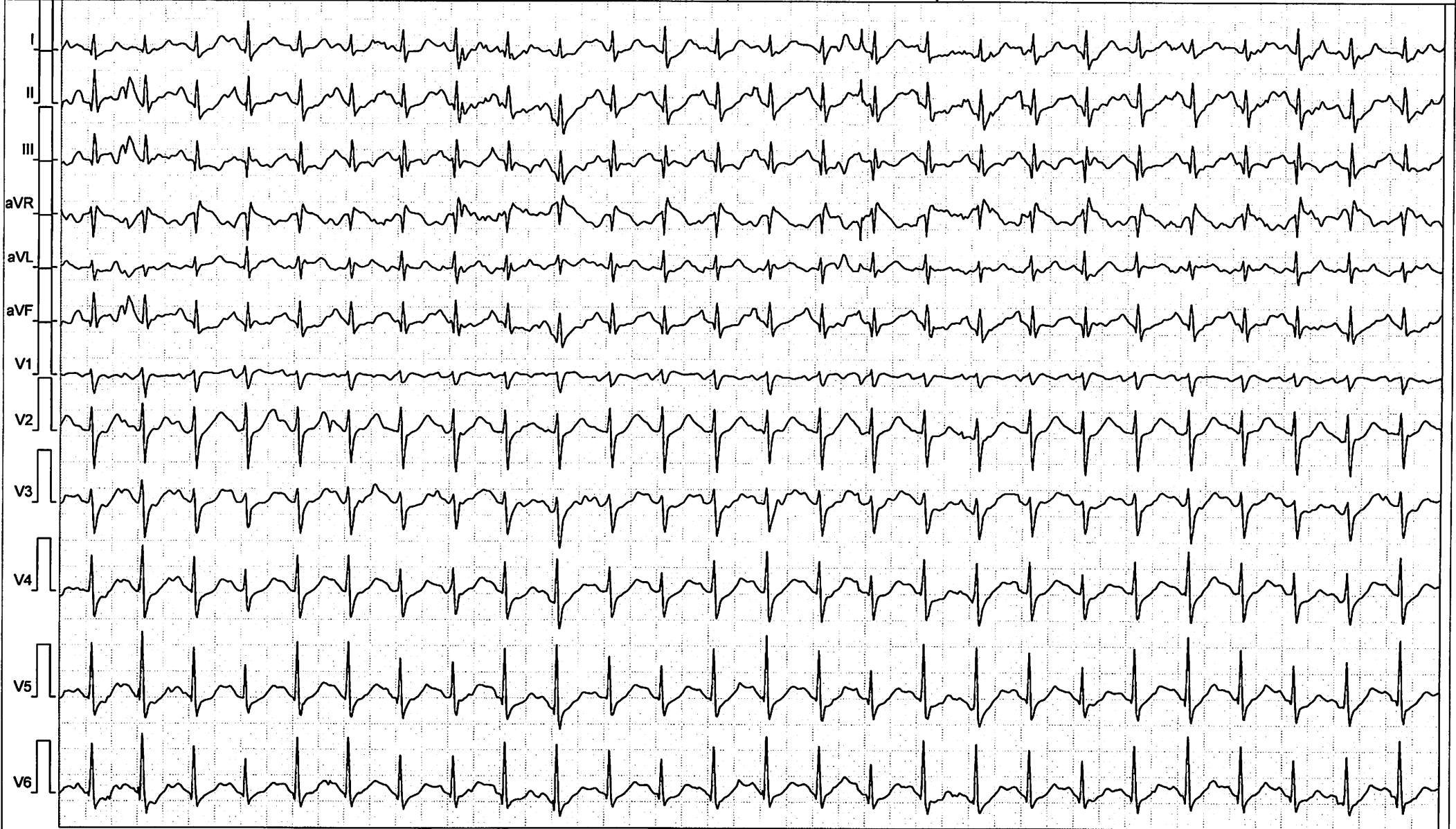
TAMBOK P NAPITUPULU, MR

ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

Time: R 00:10 - Recovery

Load: 1.8MET, HR: 150bpm, BP: 140/90



Filter: 0.07 Spline - 90 Adapt, ~50 [Hz]

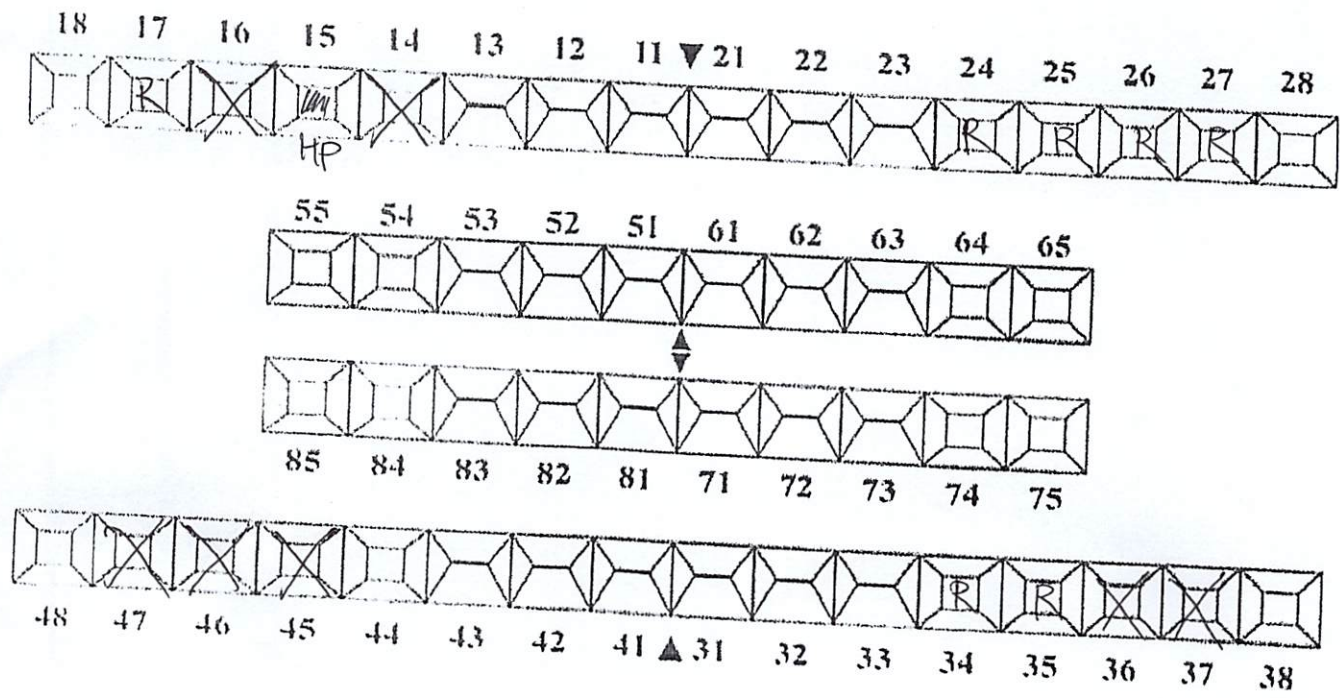
25.00 mm/sec 10.0 mm/mV

**TAMBOK P NAPITUPULU, MR**ID: 01022516, Born: 7/27/1974 (Male 47), 79 kg, 172 cm  
Test Date: 1/31/2022 10:08:19 AM

MEDIKA PLAZA

Stage	Time	Load			HR bpm	BP mmHg	SpO2 %	ST Level [ mV ], J+: 100ms User edited J position											
		km/h	%	MET				I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Reference	E 00:03	0.8	0.0	1.4	<b>60</b>	130/80	-	0.13	0.08	-0.04	-0.11	0.21	0.00	-0.02	0.08	-0.12	0.02	0.05	0.06
E 1 stage	E 03:01	2.7	10.0	4.6	<b>99</b>	130/80	-	1.45	0.17	-1.54	-0.64	1.49	0.00	0.19	0.29	0.19	0.12	0.18	0.27
E 2 stage	E 06:03	4.0	12.0	7.0	<b>123</b>	130/80	-	0.00	-0.07	0.05	0.09	-0.02	0.03	0.01	0.12	-0.01	0.01	0.02	0.02
E 3 stage	E 09:04	5.4	14.0	10.1	<b>146</b>	140/90	-	-0.06	-0.11	-0.03	0.20	0.01	-0.07	-0.02	-0.08	-0.67	-0.07	-0.05	-0.12
E 4 peak	E 09:22	6.7	16.0	13.4	<b>147</b>	140/90	-	0.08	-0.15	-0.19	0.01	0.14	-0.15	-0.40	-0.13	-0.05	-0.13	-0.16	-0.20
Recovery	R 00:20	0.8	16.0	2.5	<b>150</b>	140/90	-	0.00	-0.03	-0.05	0.01	-0.01	-0.03	0.07	0.03	-0.01	-0.04	-0.04	-0.05

DENTAL EXAMINATION			
Name: <u>Tambok P Napitupulu</u>	Sex: <u>M</u> / F	MR :	Visit : <u>3/1</u> 22
Comp.: <u>Institut Sinerji Pcsada</u>		DOB : .....	
ODONTOGRAM			



DIAGNOSA

Calculus dan stain +3  
 17, 24, 25, 26, 27, 34, 35 = radix  
 16, 14, 36, 37, 45, 46, 47 : missing  
 15 : caries

TREATMENT PLANNING

scaling all regio  
 17, 24, 25, 26, 27, 34, 35 = exo.  
 16, 14, 36, 37, 45, 46, 47 : protesa  
 15 : filling

Verified by: drg. Ilona Amalia/ drg. Fajar Sulawati /drg. Siti Darjah/drg. Herlina





PATIENT NAME : Tn- Tambok P. N.

No. RM : 01022516

Clinik/MCU/HEU : ENT

To. Dokter :  
(Counsel)

Kindly please counsel for patient who has take cares of

Diagnose :  
Clinik Summary :

Counsel Request :

**COUNSEL ADVISE**

Finding :

Diagnosis :

Recomendation :

- Stop smoke
- Any ear protection  
while

Date :

Time :

EP :

Signature

dr. MEBISTIANA CURRIANE, Sp. PLK

SIP : 13/B.135/31.74.04/1.7.9.3/2018

PT. KAROLINA MEDIKATAMA

Formulir Number : FM - DR - 008 - 02

Revisi Number : 00

Date : 07 Juli 2017